DECEMBER 2023 - FEBRUARY 2024

Centerville-Washington PARK DISTRICT NEWS & EVENTS

Winter program registration begins online Monday, November 13.

Levy information on page 4.

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WV your community's BIG backyard!

Bill Yeck Park

TABLE OF CONTENTS

Levy Information 4
Special Events 5
Winter Day Camps 6
Preschool Programs7
Children's Programs 8
Family Programs 12
Adult Programs 14
Adult Wellness 15
Park District Map 18
Registration Information 19
Events at a Glance back cover

Headquarters

Activity Center Park 221 North Main Street Centerville, Ohio 45459-4617 (937) 433-5155 Fax: (937) 433-6564 mail@cwpd.org www.cwpd.org



Office Hours

Monday – Friday 8:00 a.m. to 3:30 p.m. Office Closed on December 22 & 25, January 1 & 15

Park Addresses

For more information and each park's address, visit **www.cwpd.org**.



Dog Park Closures

www.cwpd.org/parks/oakgrove/dog-park/dog-parkclosure-status/



Athletic Field Conditions www.cwpd.org/field_status/

Area Youth Athletic Organizations

Centerville Baseball Softball League www.cbltoday.org

Centerville Recreational Soccer www.centervillesoccer.com

Centerville Wee Elks Football Association www.weeelks.org

Centerville Youth Lacrosse www.cvlax.org

FC Dayton www.fcdayton.org

Commissioners' Corner

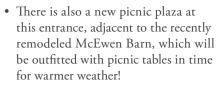


On behalf of the Board of Park Commissioners, and the CWPD staff, I would like to make sure you are aware the Centerville-Washington Park District

levy is on the November 7 voting ballot. Currently, this levy funds one-third of the Park District's budget. CWPD has been operating with the same levy funding since 2008. The replacement of this levy at 1.0 mill will provide funds to maintain the standard of care for district facilities and requested improvements. Turn to page 4 for information about what the levy has funded in the past 10 years and to learn about your Park District's community-driven plans for the next 10 years.

As you flip through this newsletter, you will find many ways for you and your loved ones to explore your community's BIG backyard. We are excited about the new Path Finder and Trail Master Challenges. These two self-guided fitness challenges will help you discover YOUR PARKS as you explore new paths and stay active this winter. In addition, there are prizes for those who finish! Our staff has created over 120 programs, 20 of which are NEW, including 'The Ugly Sweater Oh What Fun Run',' New Naturalists Club', and 'Kid's Creativity Workshop'; along with repeat favorites like the annual 'Styrofoam Recycling Event', 'Luminary Walk' and 'Winter Hiking Club'! There are also a number of enrichment camps to keep children engaged over the winter break. As you head out to enjoy the parks, take a moment to enjoy some of the newest improvements.

• The paved path at **Grant Park**'s McEwen entrance now has interpretive signage thanks to our ongoing partnership with the Centerville Rotary Club. Each sign allows the reader to connect, observe and support local wildlife.



- When you walk the paved path at **Schoolhouse Park**, you will notice several areas where the stamped asphalt has been replaced with new, accessible concrete.
- At **Yankee Park**, dugout covers were installed on two diamonds thanks to matching funds from Centerville Baseball Softball League. Baseball season is a ways off, but the shade will be welcomed during that hot sports season!
- Once again, Park District staff continued reforesting efforts by planting more than 120 trees in various parks, creating shade, habitat and cleaner air! Some of the trees are memorial trees. Did you know the Park District has a tree and bench dedication program? Visit **cwpd. org/support/dedications** to learn more.

Behind the scenes, the staff is constantly working to create innovative and inspiring programs and to implement improvements based on your feedback. We are ever so grateful to our energetic staff, dedicated volunteers, generous donors and supportive community that helps make your community's BIG backyard so exceptional!

Alex Pearl Park Board Secretary

P.S. The Centerville-Washington Park District Board of Park Commissioners holds public meetings once a month throughout the year. View the schedule on the Park District website:

cwpd.org/about/public-meeting-schedule/





SAVE A TREE

To subscribe to the CWPD monthly e-newsletter visit **cwpd.org** or scan the QR code to the left.

To stop home delivery of the printed newsletter, email your name and address to **mail@cwpd.org.**

Keep Moving This Winter!

The recent completion of the 0.6-mile paved path around **Iron Horse Park** means that all eight of your community parks now boast a paved perimeter path, providing ample opportunity for you to be active and enjoy the outdoors with family and friends!

Survey data shows residents want the Centerville-Washington Park District to continue focusing on trails and paths. Over the past 5 years, we have added or improved about 9 miles of trails. That means your park district promotes community health and wellness by providing 39 miles of trails and paths in 18 different parks!

Where can you enjoy these paved paths? Try them all! Check the map on **page 18** for park locations, or visit **cwpd.org**.



- Activity Center Park
- Bill Yeck Park
- Black Oak Park
- Forest Field Park
- Grant Park
- Hithergreen Park
- Holes Creek/Silvercreek Parks
- Iron Horse Park
- Oak Creek South
- Oak Grove
- Robert F. Mays Park
- Schoolhouse Park
- Yankee Park

Make sure to read about the Path Finder Challenge on page 16! We hope it motivates you to visit all of the paved paths in your district!

Reserve a Park Shelter for Your Next Gathering

Perfect for birthday parties, graduation parties, family reunions and more, large group shelters are available in Activity Center, Forest Field, Iron Horse, Oak Creek South, Oak Grove, Robert F. Mays, Schoolhouse and Yankee Parks. Shelters are reservable beginning the first business day in January. Reservations may be made online if your reservation will be during the months of April through November. Please contact us if you would like to reserve a shelter for use during the months of January, February, March or December.



You may also reserve a shelter in person with cash, check or credit card during regular office hours. Shelters are available for use on a first come, first served basis when not reserved.

Grant Park's Kennard Nature Nook is also available for reservation on Saturdays and Sundays. To learn more about reserving the Kennard Nature Nook, please visit the Park District website:

cwpd.org/parks/grant/kennard-nature-nook/



Tools to Trek

Look for the Tools to Trek symbol throughout this guide! Attend Tools to Trek programs to earn a free Trek Pack! Print your Tools to Trek tracking sheet on **cwpd.org**. Bring your tracking sheet to Tools to Trek programs to collect stamps. Once your sheet is full, turn it in to collect your prize!

Volunteer Spotlight



MEENA SONNYCALB

Meena started volunteering as a freshman going into her sophomore year at Centerville High School. Now, in her junior year, she has continued volunteering with the parks. She has always spent a lot of her time outdoors. Whether that was going to the creek with friends or going for a hike with her family, she has always loved being in nature.

In the third grade, she went backpacking with her dad for the first time in the Smoky Mountains. She went a second time in Colorado in the fifth grade. Even with friends, she finds much of her free time being spent outside. Aside from spending time outdoors, she has danced for 11 years and played the viola for five years.

Meena says, "Living so close to a park made choosing to volunteer with the Centerville-Washington Park District an easy decision. Being able to interact with kids while also spending time outdoors has been the best part about volunteering. Although the camps are focused on teaching the kids about nature, I'm also learning new things about our environment with them!"

The Centerville-Washington Park District would like to thank Meena, and all volunteers for giving their time and talents to our community! If you are interested in becoming a volunteer, please contact Community Engagement Coordinator Ginger Clark at 937-433-5155 x234 or gclark@cwpd.org.

Find the volunteer application on cwpd.org/support/volunteer/.

Centerville-Washington PARK DISTRICT LEVY INFORMATION

Issue 19 is on the ballot November 7! The Park Board wishes to share some facts about the levy.

The 1.0 mill levy will replace the current 0.9 mill levy that originated in 2004 and was renewed by voters in 2014. It will provide funds to maintain the standard of care for district facilities and requested park improvements for another 10 years.

How much is it?

For each \$100,000 of assessed home value, a homeowner pays \$35.00/year. Therefore, a homeowner with a house valued at \$200,000 would pay \$70.00/year, or \$0.19/day.

Because the election is in November, the levy cost will be based on your assessed home value *before* the 2023 property revaluations.

What does the levy fund?

In general, this levy provides one-third of the day-to-day operational costs for 51 parks, including upkeep of athletic facilities, trails, shelters, playgrounds, sprayground, dog park and support amenities, as well as some programs, such as outdoor recreation and nature study. Your parks are what keeps Centerville and Washington Township open, green and livable. This levy will ensure these services continue at the current high standard without interruption.

This levy will provide:

- Repair of aging hardscape areas, such as paved trails and courts.
- Conservation and habitat management of natural areas.
- Implementation of the Grant Park Master Plan.
- Replacement of aging equipment and park amenities, such as playgrounds.
- Continuation of CWPD's ADA Transition Plan.
- Continuation of award-winning program offerings.
- Retention of highly qualified staff.

In recent years, the Centerville-Washington Park District has...

- Groomed fields daily, allowing more than 4,000 young athletes to play baseball, football, lacrosse, soccer and softball each year.
- Planted more than 1,000 trees.
- Added 6 miles of new hiking trails and 3 miles of paved multiuse trails.
- Offered 100% more community special events over the past two years.
- Opened flush restrooms at Oak Grove Park.
- Expanded camp offerings by 40% since 2021, providing over 550 additional children the opportunity to have a nature or recreation camp experience.
- Enhanced the archery range, as well as added opportunities for archery instruction.
- Partnered with youth athletic organizations to make parks safer with outdoor AEDs.
- Added shade structures at several community parks.
- Installed a new wayfinding system at Bill Yeck Park.
- Added a picnic shelter to the Smith Entrance of **Bill Yeck Park**.
- Planted nearly 120 acres of pollinator habitat around the District.
- Expanded access to the Grant Park, McEwen Road entrance with increased parking, restoration of the bank barn, addition of a picnic area, and installation of an ADA paved path.
- Worked with many volunteers and volunteer groups to provide park improvements and programs. In 2022, volunteers donated 4,558 hours, with an estimated value of \$145,000!
- Secured more than **\$2.9 million in grant money** for park improvements since 2016 money that is 100% invested in your parks. With that grant money we were able to...
 - Save one of the largest remaining natural habitats in the center of the community with the 32-acre extension of **Pleasant Hill Park**.
 - Purchase the **Hithergreen** property and, with the help of park neighbors, create a brand new neighborhood park that includes a playground, shelter, paved path and nature trail.
 - Redevelop **Forest Field Park** to include restrooms, a playground and a nature play area.
 - Stabilize critical streambank along **Hole's Creek** and construct a stormwater wetland.
 - Add 33 acres of green space to **Grant Park**, expanding recreation opportunities for the community.
 - Install a new, inclusive playground at Schoolhouse Park.

Contact us at 937-433-5155 or mail@cwpd.org!

Ouestions?

Levy stories are for information and are not intended to support or promote the levy.

SPECIAL EVENTS

Luminary Walk

All ages **Friday, December 1** 6:30 – 8:30 p.m. Bill Yeck and Forest Field Parks Parking at 2100 E. Centerville Station Rd. (Forest Field Park)

Enjoy a candlelit stroll through Bill Yeck Park. There will be a half-mile paved route, a one-mile route along the purple trail and a new half-mile loop on crushed gravel along the Forest Field tree line. Warm up by the Smith House fire circle and enjoy the sounds of the season with carols from Centerville High School's symphonic choir! Free hot chocolate at the Forest Field shelter while supplies last!

Registration is requested but not required. Registered participants will receive a weather cancellation email in the event of inclement weather. Weather updates will also be posted on **cwpd.org**. (AB)

Help us give back to our community by bringing a donation for Dayton Diaper Depot! Please bring donations of diapers to support Dayton Diaper Depot's mission: To improve the community's social, economic, and health outcomes by providing access to basic hygiene products for those who need them most.

Dayton Diaper Depot collects all sizes of diapers, pull-ups/training pants and wipes. Diaper packages can be opened and unopened packages, they repackage when putting together the diaper bundles to distribute.





**

Saturday, December 16 11:00 a.m. – 12:30 p.m. Forest Field Park 2100 E. Centerville Station Rd.

December 16 is National Ugly Sweater Day! Join us for a fun run inspired by one of the most "fashionable" parts of the holiday season! Wear your ugliest sweater (or make one yourself!) and be ready to learn about some of the ugly "sweaters" we can find in the natural world. Vote on the "ugliest sweater" in nature to enter a raffle!

The 100-meter dash will begin promptly at 11:30 am. For the one-mile course, you have the option to take a photo of your ugly sweater on our "green carpet " and share to the Facebook event page or email to **mail@cwpd.org**. Staff will vote on the ugliest sweater of the event and the winner will receive a prize! This is a Tools to Trek program.

This event is sponsored by Dayton Children's Hospital. (AS)



Styrofoam Recycling Event All ages

Saturday, January 6 9:00 a.m. – 1:00 p.m. Activity Center Park 221 N. Main St.

Hate to throw away all the Styrofoam you open over the holidays? According to reports from the Society of Environmental Journalists, Styrofoam can take up 30 percent of the space in some landfills! Bring your Styrofoam to Activity Center Park. Volunteers will unload your vehicle — you won't even need to get out of your car! This event is open to the public, regardless of where you live.

If you are interested in dropping off Styrofoam, please make sure you are following the guidelines listed below:

- Styrofoam must be clean
- No food containers
- No stickers or tape

Collected Styrofoam will be transported to the ECO Development facility in Mason and recycled into products like surfboards, picture frames and coat hangers.

Registration is not required. (KL)

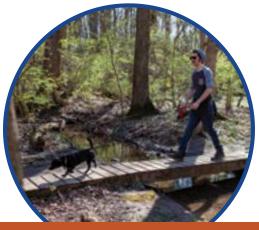
I Wuff You Valentine Hike

All ages **Sunday, February 11** Noon – 3:00 p.m. *Bill Yeck Park, Smith House Entrance* 2230 E. Centerville-Station Rd.

Happy Valentine's Day to our favorite pups! Join us for a self-guided afternoon hike through the trails of Bill Yeck Park. You and your pup will be pampered with special treats along the way!

Participants are welcome to come anytime during the program. The final time to start the hike is 2:30 p.m.

Registration is not required. (KT)



WINTER DAY CAMPS

Arctic Exploration Camp

Ages 5 – 12 December 21, 22, 27, 28 & 29, January 2 & 3 9:00 a.m. – 4:00 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee/day: \$25 residents, \$33 nonresidents Before/after care fee/day: \$6 (8:00 a.m. drop off and/or 5:00 p.m. pickup) Registration deadlines: Friday, December 15 for December 21 & 22 Wednesday, December 20 for December 27, 28, & 29 Wednesday, December 27 for January 2 & 3

A winter break camp experience to keep your children active while school is out! Much like our summer day camp, campers will explore the park, but this time for all things winter! Children will warm up in the Smith House with games, crafts and nature programs. (KT)

Attend all Arctic Exploration Camp days, or register for the individual days that best fit your schedule!

Superheroes Assemble! with Stemily

Ages 7 – 10 **Thursday, December 21 – Friday, December 22** 9:00 a.m. – noon *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee:** \$50 residents, \$65 nonresidents **Registration deadline:** Friday, December 15

Calling all superheroes! Join us for two action-packed days of superhero-themed fun! You'll harness your incredible abilities through exciting games and unleash your creative side with crafts inspired by Captain America and Iron Man! (KT)

Recyclemania with Stemily

Ages 7 – 10 **Tuesday, January 2 – Wednesday, January 3** 9:00 a.m. – noon *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee:** \$50 residents, \$65 nonresidents **Registration deadline:** Friday, December 22



We are going recycling crazy! Campers will learn the importance of recycling and how to reutilize everyday objects, turning them into STEM and art creations. Pieces will be displayed in an art gallery for all grown-ups to enjoy at the end of camp. (KT)

Wizards and Magic Mini Camp with Stemily

Ages 8 – 12 Wednesday, December 27 – Friday, December 29 9:00 a.m. – noon *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. Fee: \$75 residents, \$95 nonresidents Registration deadline: Monday, December 18

Young wizards and witches get ready to enter a world where things are not as they seem! Learn the secret arts of herbology, potions, astronomy, mysterious creatures and more. Craft your own wand, play games and prepare for a wild ride of fantasy nature adventures while exploring our magical world. (KT)



Ages 5 – 12 Friday, February 16 AND/OR Monday, February 19 9:00 a.m. – 4:00 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee/day: \$25 residents, \$33 nonresidents Registration deadline: Monday, February 12

Calling all kids that love camp! Join us on your day off school for a camp full of all our favorite fun camp activities, but in the winter! Campers will enjoy hikes and games outside, gather around the fire circle for s'mores, then warm up in the Smith House with games and crafts. (KT)

Attend both Winter Woods Camp days, or register for the individual days that best fit your schedule!

Teen Drawing Camp Ages 11 – 15 **Wednesday, December 27 – Friday, December 29** 1:00 – 3:00 p.m. *Activity Center Park, Community Room 221 N. Main St.* **Fee:** \$62 residents, \$78 nonresidents **Registration deadline:** Wednesday, December 20

Our popular Teen Drawing Camp is back for a brand new winter session with more fun drawing activities! In addition to drawing, cartooning, still life, games, and portraiture, students will get to explore the world of art journaling and will create their own functional drawing ink to take home! Kristin Bailey from Purple Paintbrush LLC will lead a variety of fan-favorite and brandnew projects. (AB)

> Online resident registration begins Monday, November 13, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.

PRESCHOOL PROGRAMS (AGES 6 AND UNDER)

Creative Kids Corner: Take Home Kits

Recommended for ages 3 – 5 **Thursdays, December 14, January 11 & February 8 Fee/kit:** \$12 residents, \$16 nonresidents **Registration deadline:** Thursday, December 7

This take-home kit features crafts and activities revolving around a fun naturebased seasonal theme! There will be three different kits — one for each month! (AB)

RecKits

Recommended for ages 3 – 6 Fee/kit: \$12 residents, \$16 nonresidents

We prepare the activities and gather the materials and you just pick up and create! Pick-up information will be emailed after the registration deadline. (LP)

It's the Holiday Season! Jr.

Monday, December 11 Registration deadline: Monday, December 4

With the holiday season kicking off, this RecKit is themed around the holidays! There are fun activities and an easy STEM challenge. The crafts can double as gifts or decorations!

It's Valentine's Day! Jr.

Monday, February 5

Registration deadline: Monday, January 29

This RecKit has everything you need to make some awesome valentines for your friends and loved ones! Valentine-themed science activities and crafts are also included!



Online nonresident registration begins Monday, November 20, 10:00 a.m.



Reading in the Wild

Ages 18 months – 4 years with adult companion 10:30 – 11:30 a.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. Fee/session/child: \$4 residents, \$6 nonresidents

Penguins and Cold Weather Animals

Wednesday, December 13 OR Thursday, December 14 Registration deadline: Friday, December 8

Baby Animals in the Parks

Wednesday, January 17 OR Thursday, January 18 Registration deadline: Friday, January 12

Storms

Wednesday, February 14 OR Thursday, February 15

Registration deadline: Friday, February 9

Let's get together to read a story! We will interact with stories, complete crafts with sensory themes and take short hikes in the park — sparking a love of nature in our youngest community members! (KT)

Beginner Naturalists Club

Ages 3 – 6 with adult companion 10:30 – 11:30 a.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee/session/child: \$5 residents, \$7 nonresidents

Snowflakes

Saturday, December 9 Registration deadline: Friday, December 1

Clouds

Saturday, January 13 Registration deadline: Friday, January 5

Muddy Messes

Saturday, February 3 Registration deadline: Friday, January 26

CWPD is looking for our newest generation of naturalists! This program is an opportunity for participants to dress up as naturalists and explore the park through their five senses. (KT)



Preschool Nature Series

Ages 3 – 5 with adult companion **Fee/session/child:** \$4 nonresidents

Glow Code

Thursday, December 7 6:00 – 7:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Registration deadline:** Tuesday, December 5

There are so many things to do in the dark! Your leaders have a challenge for you! Can you find the secret glow codes along our hiking path? While searching for clues, we will talk about animals that make their own light. The session of PNS takes place mostly outdoors. (KL)

About Owls

Thursday, January 18 6:00 – 7:00 p.m. *Bill Yeck Park, Smith House Entrance* 2230 E. Centerville-Station Rd. **Registration deadline:** Tuesday, January 16

Whooo is in your parks after dark? We will quietly listen for owl sounds on a hike and create our own owl habitats inside the Smith House. (KL)

The County Fair

Tuesday, February 27 OR Thursday, February 29 6:00 – 7:15 p.m.

Activity Center Park, Community Room 221 N. Main St.

Registration deadline: Sunday, February 25 **OR** Tuesday, February 27

Is anyone else longing for summer county fairs? Have your little one bring a plush or plastic domesticated animal to be judged at our county fair! Once judging is complete, we will learn about the difference between wild and domestic animals. (KL)





Storytime and Canvas: Valentine's Day

Ages 3 – 6 with adult companion **Monday, February 12** 5:30 – 6:45 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee/child:** \$28 residents, \$37 nonresidents **Registration deadline:** Wednesday, February 7

Join Kristin Bailey from The Purple Paintbrush LLC to create a "love-ly" canvas scene with sticker stencils and/or a heartshaped magnetic canvas. (AB)

Amazing Athletes at the Park

Ages 3 – 6 5:30 – 6:15 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee/session/child:** \$80 residents, \$100 nonresidents

Session A

Wednesdays, December 6 – January 17 (no class December 27) Registration deadline: Sunday, December 3

Session B

Wednesdays, January 24 – February 28 Registration deadline: Sunday, January 21

Balance! Run! Jump! Catch! Kick! Come join Amazing Athletes as we practice our coordination, fine motor skills and gross motor skills! This program uses the fundamentals of 10 different sports to help build and develop motor skills, nutritional knowledge and body awareness. Sign up for both sessions and receive an Amazing Athletes t-shirt!

This class will be held outdoors when possible with the option to go inside for inclement weather, so please dress accordingly.

Visit **amazingathletes.com** for more information on the Amazing Athletes program. (AS)

Intergenerational Series

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

The Intergenerational Series is for grandparents and their grandchildren. Parents and other caregivers may attend any of our other programs.

Grand Gifts

Ages 4 – 6 with grandparent(s) Friday, December 8 10:00 – 11:00 a.m. Fee/child: \$4 residents, \$6 nonresidents Registration deadline: Friday, December 1

Grandchildren will enjoy stories and making holiday crafts to take home and give to parents, teachers and friends — all while spending special time with their grandparent(s) making memories. (AB)

Winter Warm-Up Tea Party

Ages 3 – 6 with grandparent(s) **Sunday, January 21**

2:00 – 3:00 p.m. **OR** 4:00 – 5:00 p.m. **Fee/family:** \$20 residents, \$33 nonresidents **Registration deadline:** Friday, January 12

Looking for a little fancy fun? Tea time is a great way to spend an afternoon together! Enjoy the view of the park while warming up inside. We will have tea and treats sure to please all ages. This intergenerational program will feature light refreshments, snacks, nature crafts and a story. (KT)

Groundhog Day

Ages 4 – 6 with grandparent(s) Friday, February 2 10:00 – 11:00 a.m. Fee/child: \$4 residents, \$6 nonresidents Registration deadline: Friday, January 26

Grandparents will help their grandkids make a craft. Listen to a story and learn about groundhogs and the changing seasons! (AB)

Very Special Valentines

Ages 4 – 6 with grandparent(s) **Friday, February 9** 10:00 – 11:00 a.m. **Fee/child:** \$4 residents, \$6 nonresidents **Registration deadline:** Thursday, February 1

Grandparents will help their grandkids make cards to take home and/or mail to loved ones. Participants will also play games and listen to a Valentine's Day story. (AB)

CHILDREN'S PROGRAMS (AGES 4 - 18)



Letters to Owlexander All ages Monday, January 1 – Wednesday, January 31 Activity Center Park, Headquarters 221 N. Main St.

Owlexander, the Park District mascot, loves keeping in touch with his park friends, but winter makes it a little bit harder to see everyone. He came up with a great way for you to keep in touch! He would love to receive a letter, drawing or card telling him all about your winter park adventures. He is a great pen pal and will be sure to write you back and let you know all about his adventures, too. Letters can be dropped off at a special mailbox throughout January. Please address your letters to Owlexander Parks (no stamp necessary).

Owlexander will make a special appearance at Headquarters on Saturday, January 20 from 10:00 – 11:00 a.m. if you would like to hand deliver a letter to him! He may even have a special treat for you! (KT)



Online resident registration begins Monday, November 13, 10:00 a.m.



Kids Create & Learn: Cucumber Tree Lunch Sammies

Ages 4 – 10 **Saturday, January 20** 2:00 – 3:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee/child:** \$22 residents, \$29 nonresidents **Registration deadline:** Sunday, January 14

Join instructor Katie Blauser from Eat Pretty Darling to learn how to make a healthy and fun lunch! (AB)

All major food allergens could be present in this class.

Kids Create & Learn: Polar Bear Breakfast Bagels

Ages 4 – 10 **Saturday, February 10** 2:00 – 3:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee/child:** \$22 residents, \$29 nonresidents **Registration deadline:** Sunday, February 4

Join instructor Katie Blauser from Eat Pretty Darling to learn how to make a healthy and fun breakfast! (AB)

All major food allergens could be present in this class.

Art & Imagination

Ages 6 – 8 **Tuesdays, December 12, January 9 & February 13** 4:00 – 5:00 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee/child:** \$12 residents, \$16 nonresidents **Registration deadline:** Tuesday, December 5

Does your child love art time? This drop-off program is designed to give your child an opportunity to get creative! They will try new techniques and design unique projects based on a monthly nature theme. (AB)

Online nonresident registration begins Monday, November 20, 10:00 a.m.

Explorers!

Ages 6 – 12 4:30 – 6:00 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee/child: \$9 residents, \$12 nonresidents

Junior Explorers

Ages 6 – 8 Wednesdays, January 10 – February 14 Registration deadline: Wednesday, January 3

Outdoor Explorers

Ages 9 – 12 Mondays, January 8 – February 12 Registration deadline: Monday, January 1

Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors in this program designed to allow children to interact with nature in unique ways. Activities include discovery, challenges and games. Make sure to send them dressed for outdoor play! (KL)

Fossil Frenzy

Ages 6 – 10 **Thursday, February 29** 5:00 – 6:45 p.m. *Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.* **Fee/child:** \$5 residents, \$7 nonresidents **Registration deadline:** Friday, February 23

It's leap day and we are stepping into the wonders of fossils! Join us for an evening hike and an opportunity to learn about the fossils around us. We will finish the evening by making fossils to take home! (KT)

Tie-Dye & Snowball Fight

Ages 6 – 12 **Tuesday, January 30** 5:00 – 6:30 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee/child:** \$15 residents, \$18 nonresidents **Registration deadline:** Friday, January 19

Design and make your own tie-dye apron to use for cooking or messy crafts! After tie-dying, we will head outside for an epic snowball fight in our natural play area. (KT)

RecKits

Recommended for ages 7 – 13 Fee/kit: \$12 residents, \$16 nonresidents

We prepare the activities and gather the materials and you just pick up and create! Pick up information will be emailed after the registration deadline. (KT)

It's the Holiday Season! Monday, December 11

Registration deadline: Monday, December 4

With the holiday season kicking off, this RecKit is themed around the holidays! There are fun activities and an easy STEM challenge. The crafts can double as gifts or decorations!

It's Valentine's Day! Monday, February 5



Registration deadline: Monday, January 29

This RecKit has everything you need to make some awesome Valentines for your friends! Plus, it also includes neat Valentinethemed science activities!

Kid's Creativity Workshop: Presents

Ages 8 – 12 **Thursday, December 21** 10:00 – 11:30 a.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee/child:** \$9 residents, \$12 nonresidents **Registration deadline:** Thursday, December 14

Join CWPD staff to make some creative presents for your loved ones at this stationbased craft program! Children will also get to add bags and gift tags to keep the presents a surprise! If weather permits, we will take a few breaks to play games outside while we let the projects dry! (AB)



Registration is required for all programs unless otherwise indicated.



Fire & Ice Party

Ages 8 – 12 **Sunday, December 17** 4:00 – 5:30 p.m. *Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.* **Fee/child:** \$6 residents, \$9 nonresidents **Registration deadline:** Friday, December 8

We will combine the elements of fire and ice during a winter hike and campfire. We will search for icicles, icy puddles and snowy patches that we can paint! Afterward, we will warm up around the campfire and make s'mores. (KT)

Children's Charcuterie Board Workshop

Ages 8 – 15 with an adult companion **Friday, February 16** 2:00 – 3:30 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee/child:** \$40 residents, \$52 nonresidents **Registration deadline:** Tuesday, February 13

Let's learn how to make a beautiful charcuterie board! Discover a few options you can choose to make it healthy along the way! Join Holistic Health Coach Michelle Daniel of The Lifestyle Technique as you learn the basics of nutrition and a healthy lifestyle. Learn the art of charcuterie and take home a delicious snack to go! Weather permitting we will go on a short hike after we have created our charcuterie boards! (AS)

Creative Crafting

Ages 9 – 13 **Thursdays, December 21, January 18 & February 15** 4:00 – 5:00 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee/child:** \$12 residents, \$16 nonresidents **Registration deadline:** Thursday, December 14

Level up from Art & Imagination with this crafting program based on nature themes. We will teach new art skills and let participants get creative together! (AB)

Kid's Creativity Workshop: Ornaments

Ages 10 – 15 Friday, December 22 10:00 – 11:30 a.m. Activity Center Park, Community Room 221 N. Main St. Fee/child: \$9 residents, \$12 nonresidents Registration deadline: Friday, December 15

Join CWPD staff to make nature-themed ornaments to adorn your home or tree, or to give as gifts! This is a station-based craft program. Children will also add bags and gift tags if they would like. If weather permits, we will take a few breaks to play games outside while we let the projects dry! (AB)

Teen Volunteer Afternoon

Ages 11 – 15 **Sunday, December 17** 2:00 – 4:00 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Registration deadline:** Monday, December 11

An afternoon of pizza and projects that give back to your community! There will be multiple project options. (AB)



December Gathering

Saturday, December 9 Noon – 2:00 p.m. *The Habitat Environmental Center 3036 Bellflower St., Kettering, OH 45409* Registration code: 01-30501-A

Join other Ohio Young Birders for a pizza and friendship before heading out to see what birds we can find in the December woods. Bring a friend who might be interested in trying out this fun hobby.

January Meeting

Saturday, January 6 5:30 – 7:00 p.m. Pondview Park 2320 Pondview Dr., Kettering, OH 45440 Registration code: 01-30240-B

February Meeting

Saturday, February 17 10:00 – 11:30 a.m. Cox Arboretum MetroPark 6733 N Springboro Pike, Dayton, OH 45449 Registration code: 01-30240-C



Bird watching and identification are fascinating subjects. You will walk away with a greater knowledge of birds and their role in

the ecosystem. Club activities are based on participant feedback, so you direct the focus of the study. Participants must be members of the Ohio Young Birders Club.

Register at **www.playkettering.org**. (KL)



Online resident registration begins Monday, November 13, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.



Conservation Crew

Ages 12 - 17

Seed Packets

Friday, December 8 4:30 – 6:00 p.m. Activity Center Park, Conference Room 221 N. Main St. Registration deadline: Wednesday, December 6

Help us package seeds collected in the parks to be given away at our spring and summer programs! This project takes place indoors. Participants needing more volunteer hours can take home unfinished work. (KL)

Invasive Plant Removal

Tuesday, January 2 1:00 – 3:00 p.m. Big Bend Park 1328 Spring Ash Dr. Registration deadline: Sunday, December 31

Winter is the perfect time to take out invasive ivy! Crew members will learn about this invasive and why we want to make the effort to remove it from your parks. We will head into the park and start pulling it. (KL)

Great Backyard Bird Count

Friday, February 16 3:00 - 5:00 p.m. Grant Park 501 Normandy Ridge Rd. Registration deadline: Wednesday, February 14

Birdwatchers are needed to participate in the Great Backyard Bird Count! We will create a list of birds to contribute data to the National Audubon Society and the Cornell Lab of Ornithology. Please dress for the weather. Bring binoculars and an identification guide if you have one. You can also borrow binoculars and guidebooks from the Park District. (KL)

Online nonresident registration begins Monday, November 20, 10:00 a.m.

D&D with CWPD

Ages 12 - 17 6:30 - 8:30 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

Session A

Tuesday, December 19 – Friday, December 22 Fee/child: \$24 residents, \$28 nonresidents Registration deadline: Friday, December 15

Session B

Wednesday, December 27 – Friday, December 29 Fee/child: \$18 residents, \$22 nonresidents Registration deadline: Friday, December 22

Set out in search of adventure while playing Dungeons & Dragons! Participants will play as members of a Forest Ranger's Guild, working to protect and conserve a vibrant fantasy world. Stretch your imagination, work as a team and remember to watch out for the wildlife! This multi-day program will teach you everything you need to know about playing D & D, and each participant will be given their own set of dice. Both beginner and experienced players are welcome. (KL)

Glass Painting

Nenj Ages 12 – 18 Wednesday, February 14 5:30 – 7:00 p.m. Activity Center Park, Community Room 221 N. Main St. Fee/child: \$18 residents, \$24 nonresidents Registration deadline: Wednesday,

February 7

Go over the basics of painting on pieces of glass to create completely personalized artwork showcasing your favorite animal, fictional character or another image of choice. All supplies will be provided, and no previous or artistic experience is needed to enjoy this program. (LP)

Embroidered Tote Bags

Ages 13 – 17 Thursdays, January 11 & 18 5:30 – 7:00 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee/child: \$20 residents, \$26 nonresidents Registration deadline: Thursday, January 4

Create your own personalized handmade tote bags in this beginner-friendly embroidery class. We will learn the basic stitches needed to create a variety of different designs and all supplies will be provided. No previous experience is required to participate. (LP)

Butterfly Clay Building Workshop

Ages 14 and up Monday, January 15 10:00 a.m. - noon



Activity Center Park, Community Room 221 N. Main St.

Fee/person: \$45 residents, \$59 nonresidents Registration deadline: Wednesday, January 10

Check out this brand new clay and glaze workshop with Kristin Bailey from Purple Paintbrush LLC! Participants will receive a slab of clay to embellish and mold into a dish or bowl then finish with a solid glaze color of their choice. Butterfly pictures and videos will be shown for inspiration! (AB)

Dishes and bowls are hand-wash only, they are not dishwasher safe.



FAMILY PROGRAMS





All ages Begins Friday, December 1

The Pop-Up Park Challenge is back for more winter-themed fun! Throughout the winter months we'll be posting challenges on our Facebook page. Complete eight out of ten posted pop-up park challenges on your own, or with family and friends, and win a \$20 gift card to My Favorite Muffin! In addition, each winner will be entered into a grand prize drawing!

Most challenges will involve visiting a specific park location to fulfill a task or to find a landmark. Other challenges will involve attending one of our winter events! You won't know the challenge until the challenge time clock begins, and then you'll have a deadline to complete it! Post a photo in the comments of each Facebook post proving challenge completion.

Like us on Facebook to get more updates about this winter's Pop-Up Park Challenge!

Registration is not required. One prize per household. (LJ)

Sledding Days with Owlexander!

All ages Activity Center Park 221 N. Main St.

Come out and join us for

sledding! Sign up for this program, and when we have snowfall, we will send out an email for which day(s) we will sled at Activity Center Park this winter. Owlexander will stop by for the fun!

The exact dates for sledding are weatherdependent, and meet-up days will be emailed out when the required weather conditions are available. (AS)

Do You Want To Paint a Butterfly?

All ages

Pick up plywood butterfly: Friday, December 1 – Monday, December 11 Return finished butterfly: Friday, December 15 – Friday, December 22 Activity Center Park, Headquarters (Bin A) 221 N. Main St.

Registration deadline: Thursday, November 30

We were a little skeptical when Spot said he wanted to go on a butterfly survey in the winter, but since he would melt by the time our actual surveys rolled around, we decided to humor him! Spot wants to be able to go on six butterfly surveys in the parks. Design a butterfly that Spot would like to find! You can make a real butterfly or make up your own new species!

For your butterfly's entry sheet, please give it a name and tell us a fun adaptation it has to survive an Ohio winter.

Butterflies will be turned in and featured in a Scavenger Hunt. Scavenger Hunt participants will cast votes for their favorite butterfly. Winners of the painting contest will be announced on February 27. (KL)

Spot the Snowman's Butterfly Scavenger Hunt

All ages

Thursday, January 11 – Thursday, February 22

Registration deadline: Wednesday, February 14 (Clues are emailed every Thursday. Registering late will mean some missed clues.)

Spot the Snowman is doing a winter butterfly survey in our parks! Since we do not have butterflies in flight during the winter, we have some kind folks who have designed plywood butterflies for him to find!

Each week, participants will receive a clue to go out in your parks to search for the butterflies with Spot. Butterflies will only be hiding at each park for one week! Mark their numbers and where you found them on the butterfly survey sheet. Turn in your sheets for a tiny butterfly of your own to paint. Don't forget to vote for your favorite butterfly at the end of the hunt! (KL)

Winter Hiking Club

All ages 10:00 – 11:00 a.m. **Fee/family/session:** \$4 nonresidents

Animal Tracking

Saturday, December 2 *Grant Park, Normandy Entrance 501 Normandy Ridge Rd. (natural path)*



Saturday, December 30

Oak Creek South Park 790 Miamisburg-Centerville Rd. (paved path)

Winter Fishes

Saturday, January 13 Bill Yeck Park, Rooks Mill Entrance 8798 Rooks Mill Ln. (natural path)



Woodpecker Search

Saturday, January 27 Bill Yeck Park, Smith House Entrance 2230 E. Centerville Station Rd. (natural path)

Ohio in the Ice Age

Saturday, February 3 Schoolhouse Park 1875 Nutt Rd. (paved path)



Sleeping Insects

Saturday, February 17 Forest Field Park 2230 E Centerville Station Rd. (natural path)

Getting outdoors makes us happy and healthy, especially in the wintertime! Participants will join the instructor for a brief nature lesson, game or activity before the group starts the hike to explore the park. This is a Tools to Trek program.

Individuals attending three or more hikes will get a themed patch. (KL)



Online resident registration begins Monday, November 13, 10:00 a.m.



Let's Meet Up

All ages Wednesdays, December 6, January 10 AND/OR February 7

10:00 – 11:00 a.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee/family: \$5 residents, \$7 nonresidents **Registration deadline:** Sunday prior to each meet-up

Enjoy fresh air and nature playtime. Meet other parents/caregivers and their children. Stop by the Kennard Nature Nook for a snack. Then, explore the nature play area and trails during this casual meet-up! Staff will have one activity planned for each session that children can participate in before or after unstructured playtime. (AB)

The meet-up will not be held in inclement weather, check cwpd.org for updates. This is not a drop-off program; parents/caregivers are required to stay with their children.

Seed Stocking Stuffers

All ages **Friday, December 15** 5:30 – 6:30 p.m. **OR** 7:00 – 8:00 p.m. *Activity Center Park, Community Room* 221 N. Main St.

Fee/family: \$6 residents, \$8 nonresidents **Registration deadline:** Wednesday, December 13

Create native seed balls to hand out as a holiday gift to friends and family. Each family will make 12 seed balls, cut fabric squares and make labels. Staff will be on hand to assist with the creation of your unique holiday gifts. (KL)

Winter Solstice Appreciation Night All ages

Thursday, December 21 4:30 – 5:30 p.m. *Bill Yeck Park, Smith House Entrance* 2230 E. Centerville Station Rd.

Don't let the shortest day of the year get you down! Meet us at Bill Yeck Park to hear poems and folklore surrounding the winter solstice. Then, grab a warm drink and a treat to take on a one-mile crushed gravel hike during golden hour.

Registration is not required; however, registered participants will receive weather updates by email, if necessary. (AB)

Online nonresident registration begins Monday, November 20, 10:00 a.m.

Winter Stargazing

Ages 6 and up **Friday, January 26** 6:15 – 7:45 p.m. **OR** 7:15 – 8:45 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee/person:** \$5 residents, \$7 nonresidents **Registration deadline:** Friday, January 19

It may be chilly, but we can still enjoy an indoor stargazing experience! Boonshoft Museum of Discovery will have an indoor planetarium to view the night sky in the Nature Nook. There will also be opportunities for various stargazing activities outside, including hot chocolate and a short night hike with a naturalist! (KT)

Nenj



Bill Yeck Park, Rooks Mill Entrance 8798 Rooks Mill Ln.

The Trail at Dusk Wednesday, February 21 5:30 – 6:30 p.m.

The Trail at Night

Wednesday, February 28 6:30 – 7:30 p.m.

Wander along the brown trail for this selfguided hike that encourages you to focus outward and notice the little things we often miss. Staff will be at the beginning of the trail to provide you with prompts for your walk.

This hike takes place on a natural path.

Registration is requested; walk-ups are welcome. (KL)



Nest Monitoring Workshop

Recommended for families with children ages 5 and up

Thursday, February 22 6:00 – 7:30 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. Fee/family: \$4 nonresidents Registration deadline: Tuesday, February 20

Learn how to be a nest monitor and how to submit your data to Nest Watch! Each household will receive a nest box to paint/ decorate. The nest boxes were constructed by Girl Scout Troop 33283! (KL)



Forts in the Forest

All ages **Saturday, February 24** 3:00 – 4:30 p.m. *Forest Walk Park* 7570 Forest Brook Blvd. **Fee/family:** \$5 residents, \$7 nonresidents **Registration deadline:** Friday, February 16

Build forts with what nature provides sticks, leaves, mud or snow! Discover the fun of using nature to make a shelter as a family. Home tweet home, as the birds would say! Prizes will be awarded for most creative use of materials, most livable and most woodland fairy-tastic. At the end of the program, we will take a commemorative picture and learn the proper way to give your creation back to nature. (KT)

Warm Heart Tea Party

Ages 3 – 10 with adult companion **Sunday, February 25** 2:00 – 3:00 p.m. **OR** 4:00 – 5:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee/family:** \$20 residents, \$33 nonresidents

Registration deadline: Friday, February 16

Join us for a tea party for the whole family. Enjoy the view of the park while we make nature-themed crafts, play family games and enjoy time together! We will have tea and treats sure to please all ages. (KT)

ADULT PROGRAMS



Winter Crafting Club

Ages 18 and up **Tuesdays, December 5, January 2 & February 6** 7:00 – 8:30 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee/person:** \$9 residents, \$12 nonresidents **Registration deadline:** Tuesday, December 5

Come and warm up with us during the chilly winter months. We will meet once a month to work on our never-ending pile of projects and enjoy time together. Bring that half-finished cross stitch, that diamond painting kit you've been looking at for months, that never-ending quilting project or your favorite knitting needles and get cozy. Light refreshments will be provided. (LP)

Relaxation & Painting

Ages 16 and up **Monday, December 4** 6:00 – 8:30 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee/person:** \$48 residents, \$58 nonresidents **Registration deadline:** Wednesday, November 29

Connect with your creative side! Join Kristin Bailey from Purple Paintbrush, LLC for an evening of R&P — Relaxation and Painting! Come in your relaxing attire (that can get messy) and pick a project. Enjoy light refreshments, a holiday movie and the winter scenery! Choose between a few mug options or a vintage tree night light! (AB)

Embroidered Ornaments

Ages 14 and up **Tuesday, December 5** 6:00 – 7:30 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee/person:** \$15 residents, \$20 nonresidents **Registration deadline:** Tuesday, November 28

This program will cover the basic stitches required to create your own personalized handmade ornaments for the season. All supplies will be provided and no previous embroidery experience is required to participate in this fun seasonal stitching program. (LP)

Needle Felting: Snowflakes

Ages 16 and up **Thursday, December 7** 5:00 – 7:00 p.m. *Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.* **Fee/person:** \$12 residents, \$16 nonresidents **Registration deadline:** Thursday, November 30

This class is designed for all skill levels, providing as much or as little assistance as you would like. We will be felting snowflakes, which can be displayed in a number of ways for the winter season. (LP)

Glass Fusing: Winter Ornaments

Ages 16 and up Activity Center Park, Community Room 221 N. Main St. Fee/session: \$35 residents, \$50 nonresidents

Session A

Thursday, December 7 6:00 – 8:00 p.m. Registration deadline: Sunday, December 3

Session B

Tuesday, December 12 6:00 – 8:00 p.m. **Registration deadline:** Wednesday, December 6

Exercise your creative side while making new holiday presents or decorations. Instructor Kathy Woodruff will lead the class in creating a variety of fused glass ornaments. This class includes three ornaments with plenty of styles and options to choose from. (AB)

Projects will be available for pick up from Park District headquarters approximately one week after class. You will receive an email when they are ready to be picked up.



Glass Fusing: Winter Birch Trees

Ages 16 and up **Thursday, February 15** 6:00 – 8:00 p.m. *Activity Center Park, Community Room* 221 N. Main St. **Fee:** \$50 residents, \$65 nonresidents **Registration deadline:** Thursday, February 8

You will create a beautiful winter birch scene on a 10.75" square of glass. A metal hanger will be added if you would like for it to be a window decoration! All materials, except a stand for your project, are included. (AB)

Projects will be available for pick up from Park District headquarters approximately one week after class. You will receive an email when they are ready to be picked up.

> Online resident registration begins Monday, November 13, 10:00 a.m.

Hike With a Naturalist

Ages 18 and up Thursday, December 14 6:00 – 7:30 p.m. Grant Park, Normandy Entrance 501 Normandy Ridge Rd. Fee/household: \$4 nonresidents **Registration deadline:** Tuesday, December 12

Join us on a stroll through your park! A naturalist will point out seasonal changes and discuss the wildlife we observe. Hike is on a natural path. (KL)



Valentine's Day Wreaths

Ages 16 and up Monday, January 15 5:00 – 7:00 p.m. Activity Center Park, Community Room 221 N. Main St. Fee/person: \$25 residents, \$33 nonresidents Registration deadline: Monday, January 8

This program will provide all the supplies and materials needed to create a fuzzy pompom wreath, perfect for Valentine's Day or any day of the year. No experience of any kind is needed to create this festive project. (KT)

Watercolor Painting Using **Resistance Techniques**

Ages 18 and up Saturday, January 20 1:00 - 3:30 p.m. Activity Center Park, Community Room 221 N. Main St. Fee/person: \$30 residents, \$39 nonresidents

Registration deadline: Friday, January 12

In this workshop, we are going to create stylized nature paintings using resistance techniques. We will explore a variety of techniques while creating our paintings. We will be using studio materials. Leave the class with two stylized nature-themed paintings. This class is suitable for beginners. (KT)



Watercolor Winter Landscapes

Ages 18 and up Saturday, February 3 1:00 - 4:00 p.m. Activity Center Park, Community Room 221 N. Main St.

Fee/person: \$30 residents, \$39 nonresidents Registration deadline: Friday, January 26

In this workshop, we are going to create watercolor landscapes. We will start with a quick gradation watercolor study, then work with a wet-in-wet method to set the background. Once the initial layer dries we will create details using a wet-on-dry method. We will be using studio materials. Leave the class with a complete landscape painting. This class is suitable for beginners. (KT)

Art Journaling

Nenj Ages 18 and up Saturday, February 17 9:00 a.m. - noon Activity Center Park, Community Room 221 N. Main St. Fee/person: \$52 residents, \$68 nonresidents

Registration deadline: Friday, February 9 In this workshop, we will utilize a variety of materials, such as stencils, collage papers

and acrylic paint to create nature-themed art journal layouts. We will be using studio materials. Leave the class with a journal and a few completed layouts. Studio materials provided. (KT)

ADULT WELLNESS



Trail Trekking Meet-Up

Ages 18 and up Tuesdays & Fridays, December 1 -February 27 9:30 - 10:30 a.m.

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The American Nordic Walking Association notes that this form of exercise engages 80% of your muscles while still remaining low impact.

Meet up with other trail trekking enthusiasts to trek through the parks during this self-guided meet-up program! Staff and volunteers will join in periodically.

There is no registration deadline for this program. Join anytime!

View the Trail Trekking schedules on https://cwpd.recdesk.com/Community/ **Program**/ (AS)

You must bring your own Nordic poles if you sign up for this option.

Trail Trekking Meet-Up with **Nordic Pole Rentals**

Ages 18 and up Tuesdays & Fridays, December 1 -February 27 9:30 - 10:30 a.m. Fee/person: \$15 nonresidents

Sign up to rent Nordic poles before you purchase your own set. You will be contacted to sign a borrower's permit and pick up your set for the winter. A limited number of rental poles are available. (AS)

Research suggests moving your workout outside is a simple way to magnify its benefits to your thinking, health, happiness, fitness and motivation!



A Walk in the Park

Ages 18 and up Tuesdays & Thursdays, December 5 – February 29 9:30 – 10:30 a.m.

Get outdoors, enjoy sunshine and fresh air while meeting other walking enthusiasts. These are self-guided walks around your community parks! Walking helps maintain a healthy weight, increases energy, lifts your spirits, strengthens memory and protects from heart disease and high blood pressure. Enjoy reduced stress, improved quality of sleep and the many benefits from an improved quality of life. It will be A Walk in the Park!

There is no registration deadline for this program. Join anytime!

View the A Walk in the Park schedule on https://cwpd.recdesk.com/Community/ Program/. (AS)

Hike for Your Health

Ages 18 and up Wednesdays, December 6 – February 28 9:30 – 10:30 a.m. Fee/person: \$15 nonresidents

Let's get you moving outdoors this winter! What better way than through guided hikes in your parks? Staff and volunteers will lead groups at different paces. Hike for Your Health is a wonderful opportunity to meet new people and get to know some of your parks better. All hikes are on natural trails. Please wear appropriate shoes for trails that may be muddy or slick.

There is no registration deadline for this program. Join anytime!

View the Hike for Your Health schedule on https://cwpd.recdesk.com/Community/ Program/. (AS)

Join the Path Finder or the Trail Master Challenge!

September 25, 2023 – November 30, 2024

Walk all the paved and crushed limestone paths (Path Finder Challenge) and/or the natural trails (Trail Master Challenge) within the Centerville-Washington Park District! There are passwords hidden along the paths to record on your password sheet. Once you have successfully completed the sheet, turn it in to Park District Headquarters for your reward. (AS)

There is no registration for this program. Join anytime and keep track of the passwords you find! Find password sheets and additional information on our website:

cwpd.org/programs-events/path-finder-and-trail-master/



Yoga in the Park

Ages 18 and up Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee/session/person: \$52 residents, \$67 nonresidents

Session A

Saturdays, December 2 – January 13 (no class December 23) 7:45 – 8:45 a.m. Registration deadline: Wednesday, November 29

Session B

Saturdays, December 2 – January 13 (no class December 23) 9:00 – 10:00 a.m. Registration deadline: Wednesday, November 29

Session C

Mondays, December 4 – January 22 (no class December 25 or January 1) 9:00 – 10:00 a.m. Registration deadline: Friday, December 1

Session D

Saturdays, January 20 – February 24 7:45 – 8:45 a.m. Registration deadline: Wednesday, January 17

Session E

Saturdays, January 20 – February 24 9:00 – 10:00 a.m. Registration deadline: Wednesday, January 17

Session F

Mondays, January 29 – March 4 9:00 – 10:00 a.m. Registration deadline: Friday, January 26

Method Yoga Studio's Megan Lees leads these yoga classes for all levels. Classes include warm-up, breath work, standing poses, flowing poses and end with relaxation. (AS)



Fitness Yoga

Ages 18 and up 6:00 – 7:15 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. Fee: \$36 residents, \$47 nonresidents

Session A

Wednesdays, December 6 – January 10 Registration deadline: Monday, December 4

Session B

Wednesdays, January 17 – February 21 Registration deadline: Monday, January 15

You will get it all in one fitness class — a challenging workout, yoga practice, as well as, mindfulness and functional movement for vitality and longevity. All levels welcome. Taught by certified yoga instructor Dan Loofboro. (AS)

Gentle Yoga

Ages 18 and up **Tuesdays, January 9 – February 27** 10:30 – 11:30 a.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee/person:** \$48 residents, \$63 nonresidents **Registration deadlines:** Friday, January 5

Join us for a gentler, more adaptable yoga program. This class will feature additional guidance, modifications and props to assist in supporting postures and a slower pace. Taught by certified yoga instructor Kathleen Crosby. (AS)



Online nonresident registration begins Monday, November 20, 10:00 a.m.

A Stroll in the Park

Adult caregivers with child 6 weeks – Pre K **Friday, January 5** 10:00 – 11:15 a.m. *Iron Horse Park 6161 Millshire Dr.* **Fee/adult:** \$5 residents, \$7 nonresidents **Registration deadlines:** Tuesday, January 2

Kick off the new year by checking out the new paved trail on a leisurely stroll with your stroller-aged child(ren). Choose between a regular hot latte, non-dairy hot latte or hot chocolate and we'll have it ready for you at the park to start our walk! (AS)

Strollers in Motion

Adult caregivers with child 6 weeks – Pre K **Mondays, January 22 – February 19** 9:30 – 10:30 a.m.

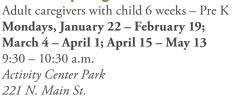
Activity Center Park, Community Room 221 N. Main St.

Fee/adult: \$25 residents, \$33 nonresidents

Strollers in Motion is a stroller-based workout for moms, dads or other caregivers. Each total body workout incorporates power walking and strolling, strength training, balance work and toning. Strollers in Motion is an awesome way to get fit, meet new people and have fun with your little ones! And, after some classes, special activities will be planned for the children! Strollers in Motion is led by Kenzie Potts.

This program will be adapted to be outdoors, indoors, or a combination of the two depending on the weather conditions and temperatures for each day. In the event of inclement weather or freezing conditions, the program will move inside the community room. For days with above-freezing temperatures, be prepared for short periods of outdoor activity. (AS)

Strollers in Motion Winter/Spring Bundle



Newj

Fee/adult: \$70 residents, \$90 nonresidents

Sign up once for all three of the winter and spring classes and get a discount!

Tai Chi for Wellness

Ages 18 and up Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee/session: \$29 residents, \$38 nonresidents

Harvard School of Integrative Medicine tells us the slow meditative movements, deep breathing and relaxation characteristic of Tai Chi practice creates a special biological state that activates our capacity for body/mind wellness and healing. Great for stress relief, post-illness or managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones. All Tai Chi classes are taught by certified Integral Qigong and Tai Chi instructor Judy Wilson.

Classes take place outdoors with the option to move indoors for inclement weather,.

Beginner Tai Chi

Thursdays, January 11 – February 15 9:00 – 10:00 a.m.

Registration deadline: Tuesday, January 9

An introduction to Tai Chi and Qigong (pronounced Chi Kung) principles and form through Tai Chi Easy — a form created by Roger Jahnke, O.M.D. — to make Tai Chi accessible and fun for everyone.

Intermediate Tai Chi

Mondays, January 8 – February 12 6:00 – 7:00 p.m.

Registration deadline: Friday, January 5

Continue to develop Tai Chi and Qigong principles moving from Tai Chi Easy[™] into Dr. Roger Jahnke's Integral Tai Chi form. (AS)

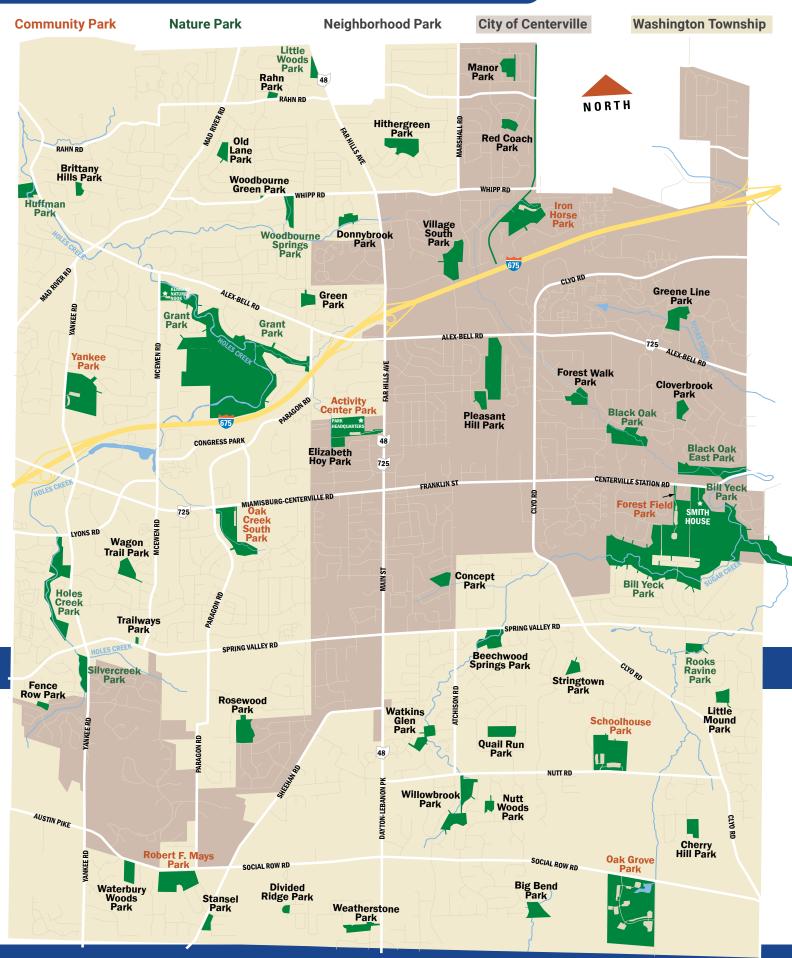
Dance Fitness with Emily

Ages 18 and up **Tuesdays, January 16 – February 20** 6:00 – 7:00 p.m. *Activity Center Park, Community Room* 221 N. Main St.

Fee/person: \$29 residents, \$38 nonresidents Registration deadlines: Sunday, January 14

This class is a total body workout designed to bring people (like you!) together through music and dance. We dance to various styles of music (Latin, hip hop, pop, global rhythms, etc.) which provides a good mix of low to high-intensity moves. There are no wrong moves ... just keep moving with the cues! Instructor Emily Chandler strives to make this class high-energy and a lot of fun! We can guarantee you'll leave this class feeling great! (AS)

The Park District is made up of 51 community, nature and neighborhood parks. Visit **www.cwpd.org** for detailed information and a map to each park.



HOW TO REGISTER

WHY REGISTER ONLINE?



You're first in line! Online registration takes place the day before phone or walk-in registration.

It's convenient

The flexibility to register and pay at your convenience, anytime, from anywhere.



It saves time

In less than five minutes, you can setup your account and enroll for your program.



It's easy Three simple steps, and you'll be enrolled in the program of your choice

It's environmentally friendly No need to use gas driving over to register in person. And it saves

Online resident registration begins November 13.

Online

Visit https://cwpd.recdesk.com to register. To expedite your registration, create an account prior to 10:00 a.m. on November 13. Centerville and Washington Township residents, please list Dayton as the city in your address or the site will not recognize you as a resident. This website can be used for free programs and for fee-based programs with a debit or credit card.

By Phone

Call us at (937) 433-5155 Monday - Friday between 8:00 a.m. and 3:30 p.m. Please have your credit card ready for fee-based programs. Phone registration begins one day later than online registration.

In Person

Visit Park District headquarters at 221 N. Main Street Monday - Friday between 8:00 a.m. and 3:30 p.m. You may pay with cash, check or credit card. Make checks payable to CWPD or Centerville-Washington Park District. In person registration begins one day later than online registration.

Registration and Refund Policy

Residents may register members of their family and one other resident family.

If a program is canceled by the Park District, you will receive a full refund. If you can no longer attend a program, you may cancel seven days prior to the program's start date to receive a full refund as household credit or back to the original payment method. Cancellations made less than seven days prior to the program's start date will be offered household credit. Cancellations made during or after the program are not eligible for a refund.

Access for All

We are committed to providing programs, services and facilities that ensure inclusive and adapted access for all. Please contact us if you require any additional modifications or support because of a disability.

Centerville-Washington Park District Program Release

When registering for or attending any Park District program, you are required to agree to the following statement:

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.

Online **Resident** Registration Begins Monday, November 13 at 10:00 a.m. **Online Nonresident Registration Begins** Monday, November 20 at 10:00 a.m.



Please recycle this issue of News & Events when it is no longer of use to you. Thank you!

WINTER EVENTS AT-A-GLANCE

DECEMBER		page #			page #
Fri, Dec 1	Winter Pop-Up Park Challenge Begins	12	Mon, Jan 15	Valentine's Day Wreaths	15
Fri, Dec 1	Luminary Walk	5	Thurs, Jan 18	Preschool Nature Series: About Owls	7
Mon, Dec 4	Relaxation & Painting	14	Sat, Jan 20	Watercolor Painting Using Resistance	15
Tues, Dec 5	Embroidered Ornaments	14		Techniques	
Thurs, Dec 7	Needle Felting: Snowflakes	14	Sat, Jan 20	Cucumber Tree Lunch Sammies	9
Thurs, Dec 7	Preschool Nature Series: Glow Code	7	Sun, Jan 21	Intergenerational Winter Warm-Up Tea Party	8
Thurs, Dec 7	Glass Fusing: Winter Ornaments	14	Fri, Jan 26	Winter Stargazing	13
Fri, Dec 8	Intergenerational Grand Gifts	8	Tues, Jan 30	Tie-Dye & Snowball Fight	9
Fri, Dec 8	Conservation Crew: Seed Packets	11			
Sat, Dec 9	New Naturalists Club: Snowflakes	7	FEBRUARY		
Sat, Dec 9	Young Birders Club Chapter Meeting	10	Fri, Feb 2	Intergenerational Groundhog Day	8
Tues, Dec 12	Glass Fusing: Winter Ornaments	14	Sat, Feb 3	New Naturalists Club: Muddy Messes	7
Thurs, Dec 14	Hike With a Naturalist	15	Sat, Feb 3	Watercolor Winter Landscapes	15
Fri, Dec 15	Seed Stocking Stuffers	13	Fri, Feb 9	Intergenerational Very Special Valentines	8
Sat, Dec 16	The Ugly Sweater Oh What Fun Run	5	Sat, Feb 10	Polar Bear Breakfast Bagels	9
Sun, Dec 17	Teen Volunteer Afternoon	10	Sun, Feb 11	I Wuff You Valentine Hike	5
Sun, Dec 17	Fire & Ice Party	10	Mon, Feb 12	Storytime and Canvas: Valentine's Day	8
Thurs, Dec 21	Kid's Creativity Workshop: Presents	9	Wed, Feb 14	Glass Painting	11
Thurs, Dec 21	Winter Solstice Appreciation Night	13	Thurs, Feb 15	Glass Fusing: Winter Birch Trees	14
Fri, Dec 22	Kid's Creativity Workshop: Ornaments	10	Fri, Feb 16	Children's Charcuterie Board Workshop	10
			Fri, Feb 16	Conservation Crew: Great Backyard Bird Count	11
JANUARY			Sat, Feb 17	Young Birders Club Chapter Meeting	10
Tues, Jan 2	Conservation Crew: Invasive Plant Removal	11	Sat, Feb 17	Art Journaling	15
Fri, Jan 5	A Stroll in the Park	17	Wed, Feb 21	The Trail at Dusk Awe Walk	13
Sat, Jan 6	Styrofoam Recycling Event	5	Thurs, Feb 22	Nest Monitoring Workshop	13
Sat, Jan 6	Young Birders Club Chapter Meeting	10	Sat, Feb 24	Forts in the Forest	13
Thurs, Jan 11	Spot the Snowman's Butterfly Scavenger Hunt	12	Sun, Feb 25	Warm Heart Tea Party	13
	Begins		Tues, Feb 27	Preschool Nature Series: The County Fair	7
Sat, Jan 13	New Naturalists Club: Clouds	7	Wed, Feb 28	The Trail at Night Awe Walk	13
Mon, Jan 15	Butterfly Clay Building Workshop	11	Thurs, Feb 29	Preschool Nature Series: The County Fair	7
			Thurs, Feb 29	Fossil Frenzy	9

Look inside for more, including our popular series programs!