JUNE - AUGUST 2017

Centerville-Washington PARK DISTRICT NEVS EVENTS

Online resident registration begins Monday, May 15

More summer camps!

In this issue: 2016 Annual Report

ove your community's BIG backyard!



Headquarters

Activity Center Park 221 North Main St. Centerville, Ohio 45459-4617 (937) 433-5155 Fax: (937) 433-6564 Second Shift/Weekends: (937) 470-9246 mail@cwpd.org www.cwpd.org

Office Hours

Monday – Friday 8:00 a.m. to 4:30 p.m. Office closed: July 4

Park Addresses

For more information and each park's address, visit **www.cwpd.org**.

Dog Park Closures

www.cwpd.org/parks/oak-grove/ dog-park/dog-park-closure-status/

Athletic Field Conditions

www.cwpd.org/field_status/

Area Youth Athletic Organizations

Centerville Baseball Softball League www.cbltoday.org

Centerville Recreational Soccer www.centervillesoccer.com

Centerville United Soccer Association www.cusacrewjuniors.org

Centerville Wee Elks Football Association www.weeelks.org

Centerville Youth Lacrosse www.cvlax.org

TABLE OF CONTENTS

Commissioners' Corner



and the livin' is easy..." goes the old Ella Fitzgerald song. Your Park Commissioners hope you have a summer of easy living in your parks!

"Summertime,

We are lucky to have many different parks to enjoy so close to our homes. While the national average is one park for every 2,200 residents, the Centerville-Washington Park District has one park for every 1,170 residents! We live in an open space community where the value and benefit of parks and greenspace is obvious.

The Park Board continues to listen to your feedback. Citizen input from the 2016 surveys confirmed that preserving natural areas in our community is a high priority. Last year, we were able to leverage State grant money to acquire two wooded parcels in the center of the community. One parcel expands **Pleasant Hill Park** with an additional 32 acres of woodlands and meadows. The other 6.7 acre parcel extends **Village South Park** up to Loop Road. This parcel is also heavily wooded and has small wetlands. The State grant money paid for ¾ of the cost!

To help you "Explore your community's BIG backyard", the District is offering more programs and activities than ever before. On the following pages you will find hundreds of different ways to enjoy your parks. As always, there are many fun ways to explore! Be sure to check out the new summer camps, new fitness programs, family programs and events, and the many ways you can connect with nature.

DID YOU KNOW?

The Centerville-Washington Park District Board of Park Commissioners holds public meetings once a month throughout the year. Visit

www.cwpd.org/about/ public-meeting-schedule/

for the schedule!

Late in 2016, the Park District opened some new amenities. If you haven't had a chance to explore them, try this summer. **Holes Creek Trail** is a new 1.2 mile, paved multi-use trail, roughly paralleling Yankee Street. Permanent pickleball courts were installed at **Activity Center Park**. The archery range at **Oak Grove Park** was enlarged and enhanced with accessibility features. And the newest, accessible playground is waiting for children to enjoy in **Robert F. Mays Park**.

More is on the way this summer. Forest Field Park will be getting a new playground, trails and washrooms. Iron Horse Park will get a new playground as well.

Whatever stirs your interest, go out and "Explore your community's BIG backyard" this summer!

Lucy Sánchez

Park Board Vice President



Save a Tree

To subscribe to the e-newsletter, visit

www.cwpd.org

To stop home delivery of the printed newsletter, email your name and address to mail@cwpd.org.

Children at Play! Thank You for Not Smoking

The Centerville-Washington Park District is dedicated to providing the community with ample opportunities to live healthy and active lifestyles. Secondhand smoke is a proven health risk and children may be especially vulnerable. It is our hope that park visitors will abstain from smoking in any park area where children are at play.

Reduce litter, promote positive role modeling, and give children a healthy, safe place to play!



CWPD Rocks!

We are hiding painted rocks throughout the district! When you find one, snap a photo and post it on the CWPD Rocks Facebook Group or to Instagram or Twitter with **#CWPDrocks**. Anyone can get involved with this project! Paint your masterpiece on a rock and add "#CWPDrocks" to the bottom. Then place it in your favorite park! You can post clues to it on the Facebook Group or just let people find it on their own. If you find a rock, you can either hide it again or keep it for your collection!

Staff Update

The Park District has hired a new Fitness and Wellness Coordinator! Janet Holthaus began working at the Park



District in 2014 as the Administration Coordinator. Now Janet has joined the program department, bringing a passion for healthy lifestyles and knowledge of fitness and wellness trends.

Attention Group Fitness Instructors

We are expanding fitness opportunities in the parks! We are looking for passionate and energetic certified group fitness instructors to lead current and new fitness programs for the park district. For more details visit **www.cwpd.org** or contact Janet Holthaus, the Fitness and Wellness Coordinator, at 937-433-5155 or **jholthaus@cwpd.org**.

Volunteer Spotlights



JULIA LEET

Julia spent 30 years of civil service at Wright Patterson Air Force Base, serving in the Air Force Research Laboratories

and in weapon systems acquisition. She was a CFO for the F-22 Program and Deputy CFO for the Tri-Service Standoff Attack Missile. She spent 10 years as a program management & financial management consultant with Dayton Aerospace Inc. CWPD is lucky to have the benefit of her wisdom and organizational skills. In addition, Julia brings a smile to our faces with her sunny disposition. She assists with everything from administrative tasks, to leading hikes, to teaching craft programs.

When she's not volunteering she enjoys yoga, reading, hiking, spending time with friends and family, and quilting with the Creative Quilters' Guild. A Centerville resident, Julia is married with three children, seven grandchildren and one great-grandchild.

Julia says, "There are many rewarding ways to volunteer at park headquarters, as well as assist, facilitate and occasionally instruct programs. I feel more connected to the community and have made the most wonderful friends through program participation and volunteering with CWPD!"



MARIBETH GONZALEZ

Volunteering runs in the Gonzalez family. Maribeth Gonzalez is no exception, having contributed a whopping

225 hours of service to the Centerville-Washington Park District in 2016 alone! She's a homeschooled sophomore in high school. Maribeth has a keen interest in wildflowers, which has sparked a love of hiking. In her spare time, she likes drawing, Japanese video games and anime, and playing Dance, Dance Revolution. She has the interesting and unique hobby of collecting and restoring vintage dolls from the 1960s and '70s!

Maribeth says, "I like volunteering for CWPD because I always enjoyed participating in their programs. Now I can stay involved by helping younger kids enjoy the programs, too."

We are so pleased Maribeth chooses to spend her time helping with programs and camps! She's a fantastic role model for our young program participants.

The Centerville-Washington Park District would like to thank Julia and Maribeth, and all of our volunteers, for giving their time and talents to our community. If you are interested in becoming a volunteer, please contact Volunteer Coordinator Ginger Clark at 937-433-5155 or gclark@cwpd.org

SUMMER CAMPS

Summer Recreation Program (SRP)

Ages 3 – 11 **Mondays & Wednesdays OR Tuesdays & Thursdays, June 5 – July 27 (no SRP on July 4)** 9:00 a.m. – noon **Registration deadline**: Sunday, May 14 Monday & Wednesday session: *Yankee Park or Forest Field Park* (you may alternate parks) Tuesday & Thursday session: *Oak Creek South Park or Robert F. Mays Park* (you may alternate parks)

Fee: \$25 residents, \$43 nonresidents

The Summer Recreation Program offers a variety of recreation activities, sports, games, arts and crafts, guest speakers and more! All SRP sites are led by trained recreation leaders. This fun program keeps children outdoors and active all summer! (AD)

For the safety of your children, SRP has a maximum enrollment. There are 50 spots for 3 – 5-year-olds and 250 spots for 6 – 11-year-olds in each session. You may only enroll your child for one session.

For additional information about the Summer Recreation Program, visit **www. cwpd.org/programs-events/childrensprograms/summer-recreation-program.**

Registration began Monday, April 10 for residents and Monday, April 17 for nonresidents. See page 21 for information on how to register. Parents can register their children online at **www.cwpd.org** or by calling (937) 433-5155. No walk-up registrations will be accepted at the parks.



Save Schoolhouse: Be a Superhero!

Ages 3 – 12 with an adult companion **Friday, June 30** 10:00 a.m. – noon *Schoolhouse Park* 1875 Nutt Rd.

Wear a cape or dress as your favorite superhero! Come prepared to save Schoolhouse Park! Play a variety of games and make a superhero-themed craft! We will have a bounce house and refreshments from **KONP KET** will be available for purchase. (AD)

Splashtacular: Wacky Water Games!

Ages 3 – 12 with an adult companion Friday, July 28 10:00 a.m. – noon Robert F. Mays Park 10553 Paragon Rd.

Splash into the end of summer at this annual special event full of waterthemed games and activities! Refreshments from KONP KEE will be available for purchase. For the finale, the Washington Township Fire Department will spray water from their truck to cool the children off! (AD)

Advance registration is not required for these special events, but please sign in your child and plan to stay at the event.

Due to the high number of participants, we cannot provide supervision for individual children.

Hidden Meadows Day Camp

| Ages $5 - 12$ (preschool weeks are ages $3 - 9$) | | |
|---|---|--|
| Monday – Friday, June 5 – July 28 | | |
| Grant Park | | |
| 501 Normandy Ridge Rd. | | |
| Resident Fee/Week: | \$55 half day, \$110 all day *\$44 half day, \$88 all day | |
| Nonresident Fee/Week: | \$27, before and after care \$85 half day, \$170 all day *\$68 half day, \$136 all day \$48, before and after care | |

*Fee prorated for Rock-n-Roll week because there is no camp July 4. Before care is available 8:00 – 9:30 a.m. After care is available 4:00 – 5:30 p.m.

Hidden Meadows Day Camp encourages children to learn about nature and enjoy the outdoors. They will explore Grant Park, play games and make new friends. Campers will also be treated to guest speakers, special presentations and activities. Snacks are provided, but campers should bring a filled water bottle every day. All-day campers need to bring a packed lunch that does not require refrigeration and does not include nuts. All campers will receive a t-shirt their first week of camp. T-shirt sizes are not guaranteed. (CJ)

Week 1: Adventureland, June 5 - June 9

From hilltops to creek beds, your child will explore it all! They will enjoy a variety of challenges, games and explorations that will quench their thirst for adventure and knowledge.

Week 2: Mission Impossible, June 12 – June 16

Calling all secret agents to camp! We have been assigned a top secret mission and we need your child's help. The clues will take us on long hikes and through the creeks!

Week 3: Animal Planet, June 19 – June 23 (Preschool Week)

Grant Park is home to a lot of animals and insects. If we are going to be guests in their home, we should learn all about them. Children will explore where they live, what they eat, and how they survive.

Week 4: Water Works, June 26 - June 30

Water, water and more water! From the pond to the creek, campers will enjoy playing in, studying and appreciating water. If your children are dry at the end of the week, they were not at this camp!

Week 5: Rock-n-Roll, July 3 – July 7 (no camp July 4)

Elvis maybe the king of rock-n-roll, but in nature geologists and paleontologists are the real ROCK stars! Children will discover the various rocks and fossils found in Grant Park.

Week 6: Shipwrecked, July 10 – July 14

On an expedition to Hidden Meadows Day Camp, there was a disastrous storm that caused a ship to crash on Grant Park Island. How will they find food, make shelter, and most importantly, get off the island? Children will learn survival skills by searching the park for basic necessities.

Week 7: Walking on the Wild Side, July 17 – July 21 (Preschool Week)

This week children will get in touch with their wild side! We will search for the native wild things of Grant Park and learn how flowers, animals and insects grow and adapt.

Week 8: World of Water, July 24 – July 28

Water can be fun and refreshing, but it is also a necessary part of everyday life. Children will celebrate water in all its forms as we study creek life, learn about water conservation, and play water games that are bound to cool them off!

| Date | AM 9:30 a.m. – noon | PM 1:30 – 4:00 p.m. | All Day 9:30 a.m – 4:00 p.m. |
|--------------|------------------------|------------------------|---------------------------------|
| June 5 – 9 | 5 – 12 Years | | 5 – 12 years |
| June 12 – 16 | 5 – 12 Years | | 5 – 12 Years |
| June 19 – 23 | 3 – 9 Years | 3 – 9 Years | 5 – 9 Years |
| June 26 – 30 | 5 – 12 Years | | 5 – 12 Years |
| July 3 – 7* | 5 – 12 Years | | 5 – 12 Years |
| July 10 – 14 | 5 – 12 Years | | 5 – 12 Years |
| July 17 – 21 | 3 – 9 Years | 3 – 9 Years | 5 – 9 Years |
| July 24 – 28 | 5 – 12 Years | | 5 – 12 Years |

Camp Themes Camp activities are planned each week by the counselors, who take into account their campers and the week's theme. Special themed activities are included along with tried and true camper favorites – searching for crawdads in the creek, building forts, crafting, taking hikes and more – no matter the week's theme!

One camper friend of a similar age may be requested during registration.

Registration

Hidden Meadows Day Camp has a different first day of registration than other programs. Registration began **Monday**, **April 10** at 10:00 a.m. for residents and Monday, April 17 at 10:00 a.m. for nonresidents. See page 21 for information on how to register.

For more information regarding Hidden Meadows Day Camp, visit **www.cwpd.org/programs**events/childrens-programs/ hidden-meadows-day-camp/

Registration is required for all programs unless otherwise indicated.



Sky Hawks Tiny Hawks Camp

Ages 3 – 4 **Monday, July 17 – Friday, July 21** 12:15 – 1:15 p.m. *Oak Grove Park, Noon Optimist Shelter 1790 E. Social Row Rd.* **Fee:** \$89 residents, \$99 nonresidents

The essentials of soccer and basketball are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/ eye coordination and skill development through a series of sport-specific games tailored to their attention spans.

Register online at **www.skyhawks.com** or call 800-804-3509. Course number is SSA96218.

Sky Hawks Mini Hawks Camp

Ages 4 – 7 **Monday, July 17 – Friday, July 21** 9:00 a.m. – noon *Oak Grove Park, Noon Optimist Shelter 1790 E. Social Row Rd.* **Fee:** \$129 residents, \$139 nonresidents

This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.

Register online at **www.skyhawks.com** or call 800-804-3509. Course number is SSA96217.

Soccer Shots Camp

Ages 4 – 8 **June 5 – August 11** (10 weeks of camp available) 9:00 a.m. – noon **OR** 1:00 – 4:00 p.m. *Activity Center Park* 221 N. Main St. **Fee:** \$150

Soccer Shots is offering 5-day camps throughout the summer beginning the week of June 5. Sign up for multiple weeks and save! Their engaging children's soccer program focuses on basic and advanced individual skills and on character development. Every camper receives a Soccer Shots soccer ball, Soccer Shots t-shirt, special end of camp prize, summer camp certificate, player evaluation and daily camp update cards. Visit **www. soccershots.org/miamivalley/** for more information and to register. (JH)

Ooey Gooey Park Patooey Camp

Ages 6 – 12 **Monday, June 12 – Thursday, June 15** 1:00 – 3:30 p.m. *Forest Field Park* 2100 E. Centerville Station Rd. **Fee:** \$40 residents, \$70 nonresidents

We'll put a sticky spin on some of our favorite park games in this messy camp! We'll do nature-based science experiments and participate in an interactive presentation from a naturalist. (AD)

Jump Start Sports Ultimate Warrior Camp

Ages 6 – 12 **Monday, June 19 – Friday, June 23** 9:00 a.m. – noon *Oak Grove Park 1790 E. Social Row Rd.* **Fee:** \$90

The Ultimate Warrior Camp consists of age-appropriate and safe activities specifically designed to challenge, inspire, and excite. Games and tasks this week include obstacle courses, relays, tug-of-war and many other fun activities designed to teach cooperation and teamwork, develop self-esteem, and emphasize sportsmanship. Visit **www.jumpstartsports.com** for more information and to register. (KM)

Dayton Dutch Lions Soccer Camp

Ages 6 – 14 **Monday, June 12 – Wednesday, June 14 AND/OR Monday, July 17 – Wednesday, July 19** 6:00 – 8:00 p.m. *Forest Field Park* 2100 E. Centerville Station Rd. **Fee:** \$50 residents, \$70 nonresidents

Join the Dayton Dutch Lions in a new camp to learn, have fun and further develop a player's technical skills. The camps will be taught by a combination of members from the Dayton Dutch Lions full-time coaching staff and their men's and women's team players. Participants will enjoy the opportunity to improve their level of play, meet other players, and interact with soccer players from all around the world.

These camps are for every type of soccer player. Participants will be grouped based on age and ability. Sign up for one or both camps, but they will be similar. (AD)

Thursdays will serve as rain dates for these camps.



Online resident registration begins Monday, May 15, 10:00 a.m.

Energy Exploration STEM Camp

Ages 8 – 14 **Monday, July 10 – Friday, July 14** 9:00 a.m. – noon *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee:** \$120 residents, \$156 nonresidents

Children will investigate how to reduce the energy we use every day. The Forest Service will ask them to review, design and build working alternative power sources. They will use wind, solar, hydropower, conservation and other power sources to make a recommendation. They should bring their brain power and be ready to dive into the world of all things power! (KM)

Energy Exploration Family STEM Camp

Ages 8 – 14 with one adult companion **Tuesday, July 11 – Friday, July 14** 6:00 – 8:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee:** \$100 residents, \$130 nonresidents

Attention STEM families! We need your help investigating how to reduce the energy we use every day. The Forest Service needs us to review, design and build working alternative power sources. Use wind, solar, hydropower, conservation and other power sources to make your recommendation. Bring your brain power and be ready to dive into the world of all things power! This will be a team effort! (KM)



Programs are **FREE** for residents unless otherwise indicated.

Kid's Culinary Concoctions Day Camp

Ages 9 – 13 **Monday, July 10 – Friday, July 14** 10:00 a.m. – 1:30 p.m. *Centerville High School* 500 E. Franklin St. **Fee:** \$37 residents, \$55 nonresidents

The program favorite Kid's Culinary Concoctions is now offered as a day camp! Culinary enthusiasts will learn cooking basics — cutting, measuring, cooking safety, etc. — while making nutritious and delicious meals. (CJ)

Adventure Camp

Various parks

Monday – Thursday, 10:00 a.m. – 2:30 p.m. Friday, 6:30 p.m. – Saturday, 9:00 a.m. **Fee:** \$115 residents, \$155 nonresidents

Adventure Camp A (ages 10 – 12) June 26 – July 1 Registration deadline: Monday, June 12

Adventure Camp B (ages 11 – 13) July 17 – July 22 Registration deadline: Monday, July 3

Adventure Camp C (ages 13 – 15) **July 24 – July 29**

Registration deadline: Monday, July 3

Combine outdoor adventure and nature education with this week-long camp at various parks throughout Centerville and Washington Township. Adventure Camp includes hiking, fishing, archery, games, survival challenges and an overnight at Grant Park. Learn to track animals in the woods, cook over a campfire, and pitch a tent. Make lifelong friends at this unique summer experience. Campers need to bring a filled water bottle and a packed lunch that does not require refrigeration. All campers receive a t-shirt. Daily park locations will be sent to parents prior to the start of each camp. (KL)

Adventure Camp has a different first day of registration than other programs. Registration began Monday, April 10 at 10:00 a.m. for residents and Monday, April 17 at 10:00 a.m. for nonresidents. See page 21 for information on how to register.

SPECIAL EVENTS

Pull Your Weight! Garlic Mustard Challenge Newl

All ages

Monday, May 1 – Friday, June 30

Are you up to the challenge? Starting this May you can Pull Your Weight and protect your parks!

Garlic mustard is an aggressive, nonnative plant taking over natural areas. Help restore and protect your native ecosystems with this fun volunteer challenge! Drop off 13-gallon garbage bags filled with garlic mustard to headquarters, 221 N. Main St., May 1 through June 30. All participants who bring at least one full bag will receive a Pull Your Weight t-shirt. The team or individual to bring the most filled bags will win a grand prize!

We'll host an information session to kick off the challenge May 1 from 6:00 -7:00 p.m. at the Bill Yeck Park Smith House, 2230 E. Centerville Station Rd. Attendance at this session is encouraged but not required. If you can't attend, please contact Ginger Clark at gclark@cwpd.org for the information you need to get started.

The Pull Your Weight challenge is open to individuals, families, scouting groups, corporate service groups and students. Anyone who would like to help us combat this rapidly spreading threat to our native species is welcome to participate! (GC)

CENTERVILLE Strong Man Challenge: Kids vs. Dad

Ages 7 - 13, one child per dad Saturday, June 17

10:00 a.m. - noon, 9:30 a.m. check-in Schoolhouse Park 1875 Nutt Rd. Fee/team: \$15 Registration deadline: Saturday, June 10

Father's Day is just around the corner and what better gift can a child give to dad than to beat him in various weight and agility challenges! We are teaming up with Centerville CrossFit to bring you this challenge. Dads, come flex your muscles! Kids, don't go easy on dear old dad! With registration, each person will receive a commemorative t-shirt.

> T-shirt sizes are not guaranteed. (CI)

Silver Screen Under the Stars

All ages



Candyland! Willy Wonka and the **Chocolate Factory**

Friday, June 23 8:00 - 11:00 p.m. Robert F. Mays Park 10553 Paragon Rd.

Going Wild! Zootopia

Friday, July 28 8:00 - 11:00 p.m. Oak Creek South Park 790 Miamisburg-Centerville Rd.

The Luau! Lilo and Stitch

Friday, August 25 7:00 - 10:00 p.m. Yankee Park 7500 Yankee St.

Each night will have different activities based on the movie! When the sun sets, find a place on the lawn to enjoy a familyfriendly movie on the big screen! You bring chairs or a blanket, and we'll bring the popcorn!

Registration is requested. (CJ)

YoGlow

Ages 18 and up Friday, June 9 (Rain date: Saturday, June 10) 8:30 - 10:00 p.m. Forest Field Park 2100 E. Centerville Station Rd.

Ommmm ... Method Yoga Studio owner and instructor Megan Lees will lead this outdoor yoga class in the peaceful park setting. We will provide glow bracelets for all participants to wear! This yoga class is for all levels and will include a warm-up, breath work, standing poses, flowing poses, and end with relaxation. Please bring your own yoga mat and water. Dress comfortably.

If you'd like to come early and enjoy a nutritious beverage, The Shakery Juice Bar will be on site beginning at 8:30 p.m. They will stay until your practice is complete so you can grab a refueling beverage. (KM/JH)

Program check-in and yoga mat placement will begin at the shelter at 8:45 p.m. Yoga practice begins at 9:00 p.m. If we have to postpone or cancel due to inclement weather, we will post the information on the CWPD Facebook page and website.



Online resident registration begins Monday, May 15, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.

Americana Festival Children's Area

All ages **Tuesday, July 4** 11:00 a.m. – 4:00 p.m. *Activity Center Park* 221 N. Main St.

Celebrate Independence Day at the Americana Festival!

Visit our booth on Main Street and walk down the Activity Center Park driveway to enjoy children's entertainment, food and craft vendors, inflatables and more.

For the most up-to-date information on this year's festival, visit **www. americanafestival.org** or visit the Americana Festival Facebook page.

Registration is not required. (AD)

Play S'more

Recommended for families with children ages 5 – 13 **Thursday, August 10** 7:00 – 8:30 p.m. *Grant Park* 501 Normandy Ridge Rd. **Fee/family**: \$5

Town Hall Children's Theatre and CWPD are collaborating to bring you the interactive play *Bedtime Stories (as told by my Dad) (Who messed them up).* A Dad struggling to put his kids to bed also struggles to keep his stories straight. The result: classic tales get a makeover complete with dinosaurs, snoring princes and a confused Rumplestiltskin! The audience will become cast members! Stay after the play to meet the cast and make s'mores around the campfire! Bring lawn chairs. (CJ)



Programs are **FREE** for residents unless otherwise indicated.

PRESCHOOL PROGRAMS (AGES 6 AND UNDER)

Early Adventures

Ages 0 – 36 months with adult companion **Fee/session**: \$4 nonresidents

Session A:

Tuesday, June 6 OR Thursday, June 8 6:30 – 7:15 p.m. *Willowbrook Park 10225 Park Edge Dr.*

Session B:

Tuesday, July 11 OR Thursday, July 13 6:30 – 7:15 p.m. *Black Oak Park 1552 Ambridge Rd.*

Session C:

Tuesday, August 1 OR Thursday, August 3 6:30 – 7:15 p.m. *Rosewood Park* 475 *Roselake Dr.*

Parents and little ones will experience the summer sights, sounds and colors in nature parks we haven't explored on previous adventures! Surprises abound along quiet woodland trails with streams and ponds to explore. These leisurely hikes provide great family time in nature.

Backpacks and front carriers are appropriate if your child is not walking. Strollers are not recommended on these natural trails. (JK)



Playdate Pals

Ages 18 months – 3 years with adult companion 10:00 – 11:00 a.m. **OR** 3:30 – 4:30 p.m. *Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.* **Fee/session**: \$4 nonresidents

Baby Birds Wednesday, June 14

Bumblebees Wednesday, July 12

Water Creatures Wednesday, August 9

Designed to build sensory and motor skills and encourage interaction with other children through monthly naturethemed programs that include singing, dancing, crafts, learning stations, outdoor activities, mini-hikes and more. (JK)

Soccer Shots Summer Session

Ages 2 – 8 **June 12 – August 4** *Activity Center Park* 221 N. Main St.

Join Soccer Shots for an 8-week summer season — a fun, high-energy introduction to soccer! Soccer Shots focuses on skill and character development in a noncompetitive environment. Visit **www. soccershots.org/miamivalley** for more information. (JH)

Preschool Nature Series: Try Camping Mini Program

Ages 3 – 5 with adult companion **Tuesday, June 13 OR Wednesday, June 14** 6:00 – 7:30 p.m. *Bill Yeck Park, Smith House* 2230 E. Centerville Station Rd. **Fee/session**: \$4 residents, \$9 nonresidents

Not ready to commit to an overnight? Let's go camping for an hour! We will roast marshmallows, put up a tent, and decide what to take on our pretend overnight. S'mores supplies will be provided. (KL)

Preschool Nature Series: Try Overnight Camping!

Ages 3-5 with adult companion Friday, June 16 – Saturday, June 17 (Rain date: Saturday, June 17 – Sunday, **June 18**)

New 5:30 p.m. – 9:00 a.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee/family: \$20 residents, \$30 nonresidents

Kick off summer outdoor play with our Try Camping program! You bring a tent and camping gear, and we will take care of the fire, dinner and breakfast! The Smith House will remain open for restroom use throughout the night and special evening activities will bring out the nighttime nature adventurer in your preschooler! (KL)

Preschool Play Yard

Ages 3-5Newl 9:00 – 11:00 a.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee: \$20 residents, \$26 nonresidents

Session A: Tuesdays & Thursdays, June 6 – 29

Session B: Tuesdays & Thursdays, July 6 – 27

You may only enroll your child for one session. All participants must be pottytrained.

This station-based drop-off program is sponsored by the South Metro Optimist of Centerville Women's Club. Participants will enjoy a variety of indoor and outdoor activities — such as crafts, dancing, games, puzzles, scavenger hunts and storytelling ---throughout the

morning. (AD/JK)

Intergenerational Series: Hike & Seek

Ages 3 - 6 with grandparent(s) Friday, June 16 9:30 - 10:30 a.m. OR 1:30 - 2:30 p.m. Rosewood Park 475 Roselake Dr. Fee: \$4 nonresidents Registration deadline: Wednesday, June 14



The Intergenerational Series is for grandparents and their grandchildren.

At Hike & Seek, you will explore nature together on a scavenger hunt. Find big leaves, bright butterflies, neat pebbles and more! Stop to look for birds, skip rocks, and play along the way.

After the hunt, we will enjoy show and tell, a snack and a story in the shade! Bring your cameras and wear comfortable close-toed shoes. (AD)

W.I.L.D. Child: An Outdoor Preschool Experience to Nurture Wonder, Investigation, Learning & Discovery

Ages 3 – 4 (Must be 3 by October 31, 2017)

Mondays, Tuesdays & Thursdays, August 5 - 31

Newl

9:00 a.m. – noon Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee: \$360

A truly unique play-based program in which Mother Nature is your child's classroom! Preschoolers will engage in authentic play, be provided natural materials to enhance their experiences, and make discoveries as they navigate the outdoor world with a sense of wonder. This experience will foster a love for learning and a deep respect for nature and all living things.

While this is a child-led program, and their interests will guide our daily adventures, teachers will facilitate and help build on their discoveries to provide quality experiences for all areas of learning. Rain or shine, during this program your child will be exposed to a wide variety of experiences —including nature walks, sensory-play, creating process art, science investigations, and letting their imaginations run wild! (KL)

To learn more about W.I.L.D. Child and meet the teachers, be sure to attend the Open House at the Smith House on April 29 from 10 a.m. to noon. Registration is requested to predict attendance, but not required.

Spaces are limited for this New! opportunity. After you have registered your child, you will receive an email invitation to share health history information via the ePACT Network, a secure site used to collect medical and emergency contact information. This information is required for all W.I.L.D. Child participants. All participants must be independent

in the six activities of daily living: using the restroom, eating, bathing, dressing, transferring (i.e., walking) and continence. If your child requires an accommodation to participate, please let us know when you register.

> **Online resident registration begins** Monday, May 15, 10:00 a.m.

CHILDREN'S PROGRAMS (AGES 5 - 15)

Summer Creatures: Children's Yoga Series

Ages 5 – 8 **Saturdays, June 17 – July 8** 11:00 a.m. – 12:15 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee:** \$18 residents, \$25 nonresidents

Strike a pose! Your child will stretch, balance and strengthen the body while learning yoga poses from certified Color Me Yoga Instructor, Megan Pooler. A blend of nature and exercise, children will learn about summer creatures through hands-on activities in the first part of each class and then finish with a fun-filled yoga session. All equipment will be provided. (JK)

Youth Pickleball Clinics

Ages 6 – 10 **June 7 OR June 28** 6:00 – 7:30 p.m. *Activity Center Park 221 N. Main St.* **Fee:** \$10 residents, \$14 nonresidents

Pickleball is the newest sport to hit our courts! This racquet sport combines elements of badminton, tennis and table tennis. Each clinic will include warm-up drills and a cool down. Equipment is provided. Students will develop dinking shots, ground strokes and serving techniques, and will learn how to score the game. (JH)

Programs are **FREE** for residents unless otherwise indicated.



Kidz Fit Club New!

Thursdays, June 15 – July 20 9:00 – 10:30 a.m. *Oak Grove Park, CUSA Shelter 1790 E. Social Row Rd.* **Fee:** \$15 residents, \$20 nonresidents

Join "The Club", where fitness and wellness are cool! The club will teach your child the importance of taking care of his or her body through nutritional taste tests, games and a variety of physical activities. All children must wear comfortable clothing and gym shoes. (CJ)

Summer Teen Series

Ages 12 – 15 **Tuesdays** (Rosewood Park) & **Thursdays** (Schoolhouse Park), **June 8 – July 27** (no STS on July 4) 6:00 – 8:00 p.m. Fee: \$20 residents, \$26 nonresidents

These fun-filled evenings include capture the flag, dodgeball, basketball, soccer, flag football, kickball and more! Once registered, teens can come to as many sessions as they want. The end-of-summer party will be on Thursday, July 27 at Oak Creek South Park and will include an inflatable, tournaments and pizza! (AD)

Uplift: Teen Yoga New/

Ages 13 – 15 **Mondays, June 5 – July 17** (no class July 3) 5:00 – 7:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. Fee: \$60 residents, \$78 nonresidents

Teen girls, join us for a fun, empowering and uplifting yoga experience this summer! Each session will feature a yoga practice, interactive games, mindfulness exercises, journaling, discussion and crafts.

Yoga and mindfulness provide teens with tools to thrive. Our fast-paced digital culture of multitasking has trained our minds to be distracted. It is more important than ever for teens to learn how to focus the mind. Through this class we hope participants will experience lower levels

of stress, heightened awareness of thoughts, smarter decisions, improved relationships and more positivity. (JH)

Registration is required for all programs unless otherwise indicated.

FAMILY PROGRAMS





Are you up to the challenge?!

Throughout the summer months we'll post challenges on our social media accounts — Facebook, Twitter and Instagram. Complete ten out of 15 posted pop-up park challenges and win a \$20 Graeter's gift card! In addition, each winner will be entered into a grand prize drawing for a \$100 Whole Foods gift card!

Most challenges will involve visiting a specific park location to fulfill a task or find a landmark. Other challenges will involve attending one of our special events! You won't know the challenge until the challenge timeclock begins, and then you'll have a deadline to complete it! Post a photo showing challenge completion with the tag **#itsacwpdsummer**.

Like us on Facebook and follow us on Twitter and Instagram to get more updates about this summer's Pop-Up Park Challenge!

Registration is not required. Only one prize per family. (KM)



Family Nature PlayAll agesGrant Park501 Normandy Ridge Rd.

Outdoor exploration and play is important for raising happier, healthier and smarter children. It's not bad for adults either! Let's have fun exploring and playing in nature as a family. (KL)

Build a Fort!

Thursday, June 1 6:00 – 7:30 p.m. **OR Saturday, June 3** 1:00 – 2:30 p.m. **Fee/family**: \$4 nonresidents

Create the perfect fort or shelter to play pretend!

Nature Games

Friday, August 25 6:00 – 7:30 p.m. OR Saturday, August 26 1:00 – 2:30 p.m. Fee/family: \$4 nonresidents

Get ready to capture the flag and hide in the thicket!

Laser Battle in the Park

Ages 7 and up **Friday, June 2 AND Saturday, June 3** 8:00 – 11:00 p.m. *Grant Park* 501 Normandy Ridge Rd. **Fee/team:** \$25 residents, \$32 nonresidents

CWPD is teaming up with Laser Web Dayton to bring you an unforgettable laser tag experience! Grab a team of 5 and battle it out in the park for an ultimate grand prize! Teams will compete for a spot in the championship. While you anticipate your time on the field, enjoy other fun and competitive games and activities. The evening will be exciting for the entire family. (CJ)

Championship will be on Saturday. Teams must be available both nights.

Butterfly Surveys

Ages 8 and up (ages 15 and under must be accompanied by an adult) 10:00 a.m. – noon *Grant Park* 501 Normandy Ridge Rd.

Survey 1: Saturday, June 10

Survey 2: Tuesday, July 11

Survey 3: Saturday, August 5

Butterfly surveys help the park district determine the health of our habitats! If you enjoy learning about and catching butterflies, then this is the volunteer opportunity for you! During every survey we will walk a set path and identify as many butterflies as possible. Our gathered data is sent to The Ohio Lepidopterists. The trail is one mile and terrain is uneven. Surveys do not occur in the rain. Participants will be updated via automated phone calls about survey status and conditions. Please register everyone planning to attend with your group. (KL)

> Online resident registration begins Monday, May 15, 10:00 a.m.





EarthJoy Tree Climb

Ages 5 and up (ages 18 and under must be accompanied by parent or guardian) Saturday, June 10 OR Saturday, August 12

 August 12

 10:30 – 11:30 a.m. OR noon – 1:30 p.m.

 OR 2:00 – 3:30 p.m

 Green Park

 6661 Green Park Dr.

 Fee: \$40

 Registration deadline: 10:00 a.m. the

day prior to the scheduled climb

EarthJoy is back to give you the experience of a lifetime! Tree climbing is a great way to challenge you physically and to get in tune with Mother Nature. Swing to and fro, relax in a hammock, and surf on a limb high above the ground. Strive to climb as high as you can or play amongst the lower limbs!

To register for these climbs, visit **www. climbtreeswithearthjoy.com** or call 859-635-0320. (KL)



Programs are **FREE** for residents unless otherwise indicated.

Recycle Regatta

All ages **Saturday, June 10** 1:30 – 2:30 p.m. **OR** 3:00 – 4:00 p.m. *Grant Park 501 Normandy Ridge Rd.* **Fee/family**: \$4 nonresidents

Work at home with your family to create a boat out of recycled materials. Show it off at the Recycle Regatta! Families will race their boats and see which is the fastest, can hold the most cargo, and is the most creative. Boats should be no larger than 2 cubic feet to make it down the creek. Please dress for time in the creek. Closetoed shoes required. (KL)

Go Fishing Day!

All ages **Sunday, June 18** 1:00 – 3:00 p.m. *Oak Grove Park, Feldmann Pond Shelter 1790 E. Social Row Rd.* **Fee/family**: \$4 nonresidents **Registration deadline**: Monday, June 12

Learn fishing basics and enjoy a relaxing afternoon of fishing. We will provide all equipment necessary, but you can bring your own as well! (AD)

Nocturnal Nature Series

All ages

Explore nature at night! We will focus on different topics each month and observe seasonal changes. Please dress for hikes on a natural path. Flashlights optional. (KL)

Bioluminescence Hike

Friday, June 23 9:00 – 10:15 p.m. *Grant Park* 501 Normandy Ridge Rd. Fee/family: \$4 nonresidents

Explore the amazing glow of fireflies as we learn about bioluminescence! We will chat about how to help our local fireflies and learn all about their lifecycle. Please be prepared to hike in the dark. Flashlights will be used minimally so we can enjoy the fireflies.

Stars in Summer

Friday, July 14 9:00 – 10:15 p.m. *Bill Yeck Park* 2230 E. Centerville Station Rd. Fee/family: \$4 nonresidents

The night sky changes with the seasons! Let's admire summer stars together on this evening hike. Flashlights will be used minimally so we can enjoy the stars.

Thank You Very Moth!

Friday, August 4 8:30 – 9:30 p.m. Oak Creek South Park 790 Miamisburg-Centerville Rd. Fee/family: \$4 nonresidents

Moths deserve our appreciation! We will learn about the moth life cycle, meet some moth caterpillars, create a moth craft, and take a short hike to search for them. Hike takes place on a paved trail.



Archery Together

Newl

Ages 8 and up with a parent or guardian Saturday, June 24 (Rain date: Sunday, June 25) 10:00 a.m. – 12:30 p.m. Oak Grove Park, Archery Range 1790 E. Social Row Rd. Fee/pair: \$25 residents, \$35 nonresidents Registration deadline: Monday, June 19

In a world of packed schedules and too many screens, we want to help you spend quality time together! Get out in nature and learn a new skill! Certified archery instructors will lead you through range and safety rules, equipment use and proper form. All equipment will be provided. Each registered child must have an adult partner. If a third adult would like to participate, they will pay the fee for an additional pair. (GC)

Geo-Trail Volunteers

All ages Wednesday, July 5 6:00 – 8:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd.

Geocachers, we are ready to implement a geo-trail through your parks and need your help! If you would like to help plan the geo-trail, maintain one of the caches or share your experience and advice, please attend this brainstorming session.

Light snacks and refreshments provided. Registration is requested. (GC)

Family Camping

All ages **Friday, July 7 – Saturday, July 8** (**Rain date: Saturday, July 8 – Sunday, July 9**) 5:30 p.m. – 9:00 a.m. *Grant Park* 501 Normandy Ridge Rd. **Fee/family**: \$20 residents, \$30 nonresidents

Families are invited to camp at the Grant Park Chimneys! You bring the tents and gear, and we'll supply the food! Pitch your tent, roast hot dogs and marshmallows, play games, and participate in other camp activities! (KL)

Please prepare for no electricity or flush restrooms.

Fabulous Fossils

All ages Wednesday, July 12 6:00 – 7:30 p.m. *Grant Park* 501 Normandy Ridge Rd. Fee/family: \$4 nonresidents

Fossils are fabulous! Let's explore the creek and look for signs of extinct creatures. Please dress for time in the creek. Closetoed shoes required. (KL)

Special Needs Night at the Park

All ages Friday, July 14 6:30 – 8:00 p.m. Robert F. Mays Park 10553 Paragon Rd.

Families of children with special needs and their siblings are invited for social

time at Robert F. Mays Park! Network with other families as you participate in activities under the shelter and at the playground. Sensory stations will be set up along the paved path. (KM)

FAMILY WELLNESS

Family Fitness

Ages 5 and up 6:00 – 7:00 p.m. *Robert F. Mays Park* 10553 Paragon Rd. **Fee/family/session**: 5 New

10553 Paragon Rd. Fee/family/session: \$5 Tuesday, June 13: Yoga Tuesday, July 11: Boot Camp

Tuesday, July 11: Boot Camp Tuesday, August 8: Zumba

Get fit with the whole family! This summer we are offering fun family fitness classes for the young, the young at heart and everyone in between! Sign up for a class and burn calories together! (CJ)

Family Recess

All ages 6:00 – 8:00 p.m.

Wednesday, June 21 Iron Horse Park 6161 Millshire Dr.

Wednesday, July 19 Robert F. Mays Park 10553 Paragon Rd.

Wednesday, August 16 Oak Creek South Park 790 Miamisburg-Centerville Rd.

Play your favorite park games with your family and the Summer Recreation Program staff! Each night we will play a variety of games — capture the flag, dodgeball, basketball, soccer, flag football, kickball and more! Register for one session or multiple sessions. You are sure to create family memories!

All children must be accompanied by an adult. This is not a drop-off program. Free **CONP CE** will be provided to the first 25 registered attendees! (AD)

Tennis Instruction

Ages 6 and up

June 12 – August 1 (no class on July 4) Fee/40-minute class: \$65 residents, \$85 nonresidents

Fee/60-minute class: \$90 residents, \$120 nonresidents

Fee/90-minute class: \$115 residents, \$150 nonresidents

Registration deadline: Friday, June 2

Come learn tennis with us! Tennis is taught by instructors from the Kettering Tennis Center/Quail Run Racquet Club. Each has experience working with individuals of all ages and abilities, allowing them to provide a high level of instruction. Class ratio is one instructor to a maximum of 10 participants. Tennis balls are provided. (JH)

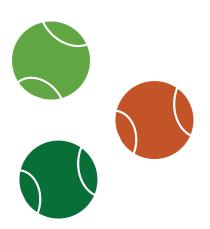
Inclement weather information: You will receive a phone call if we have to cancel class due to rain or wet courts.

Mondays & Wednesdays: Yankee Park, 7500 Yankee St.

| Age | Level | Time |
|--------------|-------------------|--------------------|
| 6 – 10 years | Beginner | 8:30 – 9:10 a.m. |
| 9 – 13 years | Advanced Beginner | 9:15 – 10:15 a.m. |
| 9 – 13 years | Intermediate | 10:20 – 11:20 a.m. |
| 18 and up | Intermediate | 6:00 – 7:00 p.m. |
| 18 and up | Drill & Play | 7:10 – 8:40 p.m. |

Tuesdays & Thursdays: Schoolhouse Park, 1875 Nutt Rd.

| Age | Level | Time |
|--------------|-------------------|--------------------|
| 6 – 10 years | Beginner | 8:30 – 9:10 a.m. |
| 9 – 13 years | Beginner | 9:15 – 9:55 a.m. |
| 6 – 10 years | Advanced Beginner | 10:00 – 11:00 a.m. |
| 18 and up | Drill & Play | 6:00 – 7:30 p.m. |



Programs are **FREE** for residents unless otherwise indicated.

Family Storytime Yoga

Ages 4 – 8 with an adult companion Saturday, June 24 1:00 – 1:45 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. Fee/family: \$20 residents, \$27 nonresidents

This is a fun and interactive class, geared for families with children 4-8 years old (younger and older siblings are welcome). The class will include simple yoga poses, fun games, music, a special summer-themed story and a family activity for all to enjoy! (KM)

Firecracker Family 5K Hike

All ages Saturday, July 1 (Rain date: Sunday, July 2) 9:30 a.m. *Grant Park* 501 Normandy Ridge Rd.

Start your Fourth of July weekend off on the right foot! Signs and staff will point you in the right direction as you hike 3.1 miles of Grant Park's hills and meadows.

Family 5K's are held on a bi-monthly basis. Attend 3 out of 5 this year to earn a t-shirt! This is the third family 5K of the year, so if you haven't attended any yet, this is a great time to start! (JH)

If we have to cancel due to inclement weather, we will post the announcement on the Park District Facebook page and website.

Beginner Archery Clinic

Ages 8 and up (ages 8 – 17 must be accompanied by an adult over age 21) Saturday, July 22 (Rain date: Sunday, July 23) 10:00 a.m. – noon Oak Grove Park, Archery Range 1790 E. Social Row Rd. Fee: \$15 residents, \$20 nonresidents

This introduction to archery is designed for those who have no experience, are still getting comfortable with archery or would like a review of the basics. Instructors will teach range rules and safe archery procedures as well as basic equipment use and technique. All equipment will be provided. Seating is available at the archery range. (GC)

ADULT PROGRAMS



Booked for Lunch Ages 14 and up

Wednesdays, June 7, July 5 & August 2

11:30 a.m. – 12:30 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

A collaborative program with Centerville-Washington History and the Washington-Centerville Public Library, Booked for Lunch is a monthly lunchtime discussion on a historical fiction or nonfiction book. Bring your lunch, and we'll provide dessert! The library will advance order copies for participants to borrow while supplies last. (CJ)



June's Discussion:

The Boys in the Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics, by Daniel James Brown

July's Discussion:

Outcasts United, by Warren St. John

August's Discussion:



The Last Days of Night, by Graham Moore



Adult Archery League

Ages 18 and up **Mondays, June 12 – July 31** 6:00 – 8:00 p.m. *Oak Grove Park, Archery Range 1790 E. Social Row Rd.* **Fee:** \$25 residents, \$35 nonresidents **Registration deadline:** Monday, June 5

The Archery League is a great way to enjoy the outdoors and some friendly competition. Individuals will shoot rounds of 5-spot targets once per week at distances of 10, 20, 30 and 40 yards. Points are calculated weekly with handicap factored in. Awards will be presented to the top three scorers at the end of the season.

All targets are provided, but participants must provide their own bow and arrows. Attendance is required the first night of the league, but individuals may shoot at any time during the week and self-report scores by the weekly deadline.

Registration minimum must be met for league to be held. (GC)

Fly Fishing Basics

Ages 12 and up **Tuesdays, June 13, July 11 AND/OR August 15** 5:30 – 8:30 p.m. *Oak Grove Park, Feldmann Pond Shelter 1790 E. Social Row Rd.* **Fee/class:** \$25 residents, \$35 nonresidents **Fee for all 3 classes:** \$65 residents, \$98 nonresidents **Registration deadline:** Sunday prior to each session

Learn fly fishing basics on site, instructed by professionals from ReelFlyRod.com.

Attend just one or all three of these beginner-level lessons on fly casting, outfit rigging, fly selection and presentation. Rods, reels and flies will be provided. (KM)



Hike with CWPD!

Ages 18 and up 6:30 – 7:30 p.m.

Join staff members to learn about their role at the park district and see your trails from a different perspective! Sign up for one hike or sign up for multiple hikes to meet different staff members and learn features of different parks! (AD/JH)

Tuesday, June 20

Iron Horse Park 6161 Millshire Dr.

Meet Arnie Biondo, the park district director, as you explore the paved Iron Horse Trail. Learn about the future of trails in your parks, what we learned from our recent community survey and how we plan to put your comments into action!

Tuesday, July 18

Grant Park 501 Normandy Ridge Rd.

Ginger Clark, the volunteer coordinator, will discuss the many ways our volunteers assist the park district and how you can get involved!

Tuesday, August 22

Bill Yeck Park 2230 E. Centerville Station Rd.

Ken Carter, the operations manager, will discuss invasive species while the group hikes through the park.

ADULT WELLNESS

New evening option!

Trail Trekking

Ages 18 and up Thursdays, June 1 – August 24

9:30 – 10:30 a.m. **OR** 6:30 – 7:30 p.m. **Fee:** \$15 nonresidents

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The Cooper Institute research studies show Nordic walking burns more calories, increases oxygen consumption, and can be 46% more efficient than normal walking. It's a great workout!

Please wear shoes comfortable for paved paths and bring a bottle of water. Nordic poles provided are adjustable to your height. (JH)

| Date | Park |
|-----------|-----------------|
| June 1 | Yankee |
| June 8 | Schoolhouse |
| June 15 | Iron Horse |
| June 22 | Robert F. Mays |
| June 29 | Holes Creek |
| July 6 | Oak Grove |
| July 13 | Yankee |
| July 20 | Iron Horse |
| July 27 | Holes Creek |
| August 3 | Robert F. Mays |
| August 10 | Oak Creek South |
| August 17 | Oak Grove |
| August 24 | Yankee |



Programs are **FREE** for residents unless otherwise indicated.

Yoga in the Park

Ages 18 and up Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee: \$52 residents, \$67 nonresidents

Session A: Saturdays, June 3 – July 8, 9:00 – 10:00 a.m.

Session B: Saturdays, July 15 – August 19, 9:00 – 10:00 a.m.

Method Yoga Studio's Megan Lees leads these yoga classes for all levels. Classes include warm-up, breath work, standing poses, flowing poses and end with relaxation. Please bring a yoga mat and water. Class will be held on the deck overlooking the meadow with the option to move indoors in the event of inclement weather. (JH)

Up and Running Couch to 5K (C25K)

Ages 18 and up **Mondays, June 5 – August 7** 6:00 – 7:00 p.m. **Fee:** \$50

Train to do your first 5K run in the Couch to 5K (C25K) program! Up and Running will provide the training to help you achieve your 5K goal. C25K participants will receive coaching, a weekly e-mail with a training plan, a shirt and a \$10 coupon for shoes at Up and Running. This group is for the beginning runner. (JH)

| Date | Park |
|----------|-----------------|
| June 5 | Oak Creek South |
| June 12 | Schoolhouse |
| June 19 | Yankee |
| June 26 | Oak Grove |
| July 3 | Oak Creek South |
| July 10 | Schoolhouse |
| July 17 | Yankee |
| July 24 | Oak Grove |
| July 31 | Oak Creek South |
| August 7 | Schoolhouse |

Up and Running Trail Group

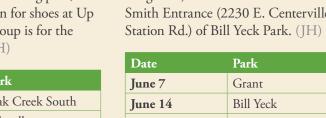
Ages 18 and up Wednesdays, June 7 – August 16 6:00 – 7:00 p.m.

Up and Running will provide a trail leader as you enjoy running natural trails. This running group is for experienced runners and includes meadows, trails and hills. Meet at the Normandy Entrance (501 Normandy Ridge Rd.) of Grant Park and the Smith Entrance (2230 E. Centerville Station Rd.) of Bill Yeck Park. (JH)

| Date | Park |
|-----------|-----------|
| June 7 | Grant |
| June 14 | Bill Yeck |
| June 21 | Grant |
| June 28 | Bill Yeck |
| July 5 | Grant |
| July 12 | Bill Yeck |
| July 19 | Grant |
| July 26 | Bill Yeck |
| August 2 | Grant |
| August 9 | Bill Yeck |
| August 16 | Grant |

If we have to cancel due to inclement weather, Up and Running will post the cancellation notice on their Facebook page.





Strollers in Motion

Adult caregivers with child 6 weeks – Pre-K Newl 9:30 - 10:15 a.m. Schoolhouse Park 1875 Nutt Rd. Fee: \$24 residents, \$32 nonresidents

Session A: Mondays, June 5 – July 3

Session B: Thursdays, June 8 – July 6

Session C: Mondays, July 17 – August 14

Session D:

Thursdays, July 20 – August 17

Strollers in Motion is a strollerbased workout for moms, dads or other caregivers. Each total body workout incorporates power walking and strolling, strength training, balance work, and toning. Strollers in Motion is an awesome way to get fit, meet new people, and have fun with your little ones! And, after some classes, special activities will be planned for the children!

As an introductory offer for this new program, all participants will receive a \$5 coupon for each session registration that can be used for future Centerville-Washington Park District programs! All participants will receive a t-shirt.

Strollers in Motion is led by a Strollercise-certified instructor. (JH)

The week after each session ends will be used for rain out days.

Cardio Mix

New Ages 18 and up 9:30 - 10:30 a.m. Schoolhouse Park 1875 Nutt Rd. Fee/session: \$24 residents, \$32 nonresidents

Fee for both sessions: \$42 residents, \$58 nonresidents

Session A: Tuesdays, June 6 – August 15 (no class June 27)

Session B: Fridays, June 9 – August 18 (no class June 30)

This boot camp-style class includes a mix of cardiovascular and strength training exercises and drills. Breathe fresh air, soak in vitamin D, and work up a sweat! Exercise equipment is provided for all participants. Taught by Tabra Bilbry, a certified fitness instructor and personal trainer. (JH)

Hike for Your Health

Ages 18 and up Wednesdays, June 7 – August 23 9:30 - 10:30 a.m. Fee: \$15 nonresidents

Designed to get your heart rate up and get you moving this summer! Staff will lead you on these guided, self-paced hikes. Hike for Your Health is also a wonderful opportunity to get to know some of your parks better. Path descriptions are provided to help you choose the most comfortable shoe attire. (JH)

| Date | Park | Path |
|-----------|---------------------------------|---------|
| June 7 | Oak Grove | paved |
| June 14 | Bill Yeck, Rooks Mill Entrance | natural |
| June 21 | Grant, Normandy Entrance | natural |
| June 28 | Robert F. Mays | paved |
| July 5 | Iron Horse | paved |
| July 12 | Grant, Normandy Entrance | natural |
| July 19 | Schoolhouse | paved |
| July 26 | Bill Yeck, Smith House Entrance | natural |
| August 2 | Robert F. Mays | paved |
| August 9 | Iron Horse | paved |
| August 16 | Bill Yeck, Rooks Mill Entrance | natural |
| August 23 | Forest Field | natural |

Online resident registration begins Monday, May 15, 10:00 a.m.



Tai Chi/Qigong Workshop

Ages 18 and up Saturday, June 10 OR Saturday, July 8 1:00 – 5:00 p.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee: \$19 residents, \$29 nonresidents

An introduction to simple Tai Chi and Qigong methods to reduce stress, build immunity, and stay healthy mentally, physically and emotionally with energy balance in your life. Tai Chi and Qigong incorporate metarobics, creating a relaxed state of mind and enhanced mental focus.

Participants will learn simple Tai Chi movements, some Qigong movements, Qigong visualization meditative techniques, several breath practices for stress reduction, and energy balance practices to incorporate into your daily life. Tai Chi/Qigong ... your healer within.



Wake Up Workout

Newl

Ages 16 and up **Mondays & Thursdays, June 12 – August 10** 7:00 – 8:00 a.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd.

Fee: \$29 residents, \$38 nonresidents

Morning exercise has amazing benefits for the body. It jump starts your metabolism, allowing you to blast fat throughout the day. Exercise also releases endorphins, a nice reward system! Taught by Tabra Bilbrey, a certified fitness instructor and personal trainer, this morning boot camp is the only wake-up call you'll need. Bring water and a towel, all other equipment provided. (JH)

Programs are FREE for residents unless otherwise indicated.

Dayton Ultimate Frisbee League

Ages 16 and up **Mondays, June 12 – August 7** 6:30 p.m. *Oak Grove Park 1790 E. Social Row Rd.* **Registration deadline**: Sunday, June 4

Dayton Ultimate Frisbee League is playing at Oak Grove Park this summer! For more information and to register for the league, please visit **www.cincyultimate.org/ leagues/2017-summer-dayton/**.

Tennis Leagues

Ages 18 and up July 9 – September 14 6:00 p.m. Various locations Fee: \$25 residents, \$35 nonresidents Registration deadline: Friday, June 23

Join a Park District tennis league and play tennis in the parks this summer! Several levels of play allow opportunities for all abilities. All leagues are 10 weeks long. League schedules and rules are mailed out prior to league play. (JH)

| Day | Level of Play |
|-----------|---|
| Sunday | Men's Advanced |
| Monday | Men's Intermediate, Women's Doubles |
| Tuesday | Men's Intermediate 50+, Men's Advance 50+ |
| Wednesday | Men's Advanced, Women's 50+ |
| Thursday | Women's Intermediate, Women's Advanced |

Tai Chi for Wellness

Ages 18 and up Saturdays, July 29 – August 26 10:30 – 11:30 a.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee: \$19 residents, \$29 nonresidents

An introduction to Tai Chi and Qigong (Chi Kung) principles and form through Tai Chi Easy[™] — a form created by Roger Jahnke, O.M.D. — to make Tai Chi accessible and fun for everyone. Harvard School of Integrative Medicine tells us the slow meditative movements, deep breathing and relaxation characteristic of Tai Chi practice creates a special biological state that activates our capacity for body/mind wellness and healing. Great for stress relief, post-illness or managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure, and helps maintain strong bones.

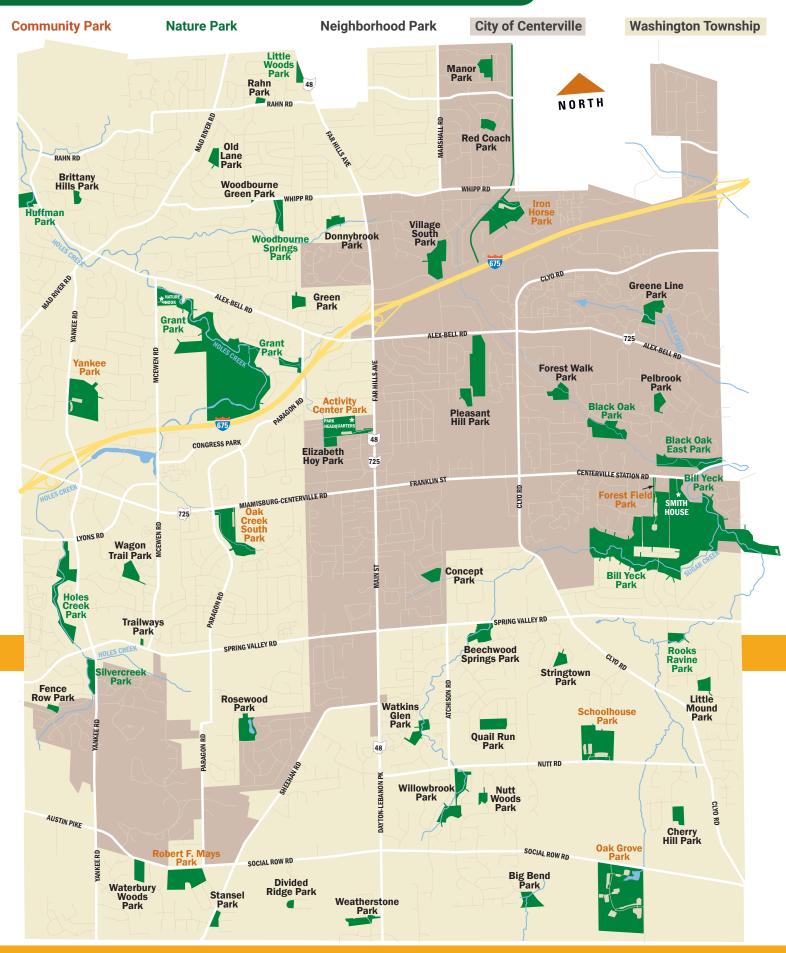
Centerville Recreational Adult Co-ed Soccer League

Ages 19 and up Summer and Fall Oak Grove Park 1790 E. Social Row Rd.

Leagues are now forming! Learn more at **www.centervillesoccer.com**.



The Park District is made up of 50 community, nature and neighborhood parks. Visit **www.cwpd.org** for detailed information and a map to each park.



HOW TO REGISTER

Online (the first day of registration is online only)

Visit **https://apm.activecommunities.com/cwpd** to register. To expedite your registration, create an account prior to 10:00 a.m. on May 15. A valid email address is required. This site can be used for free programs and for fee-based programs with a debit or credit card. Payee will be shown as Active.com.

By Phone

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have your credit card ready for fee-based programs. **Phone registration begins one day later than online registration.**

In Person

Visit Park District headquarters at 221 N. Main Street Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card. Make checks payable to CWPD or Centerville-Washington Park District. **In-person registration begins one day later than online registration.**

Registration and Refund Policy

- Residents may register members of their family and one other resident family.
- Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees, or receive a refund.

Centerville-Washington Park District Program Release

When registering for or attending any Park District program, you are required to agree to the following statement:

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.





You're first in line!

Online registration takes place the day before phone or walk-in registration.

24

It's convenient The flexibility to register and pay at your convenience, anytime, from anywhere.



It saves time

In less than five minutes, you can set up your account and enroll in your program.



It's easy Three simple steps, and you'll be enrolled in the program of your choice.



It's environmentally friendly No need to use gas driving over to register in person. And it saves paper

Online resident registration begins May 15.

Online **Resident** Registration Begins **Monday, May 15** at 10:00 a.m.

Online **Nonresident** Registration Begins **Monday, May 22** at 10:00 a.m.

Centerville-Washington PARK DISTRICT

The Centerville-Washington Park Board invites all residents to... Explore Your Community's BIG Backyard!

iving in the Centerville-Washington Park District means that you have numerous, excellent opportunities to explore ... to play ... to learn... all in your community's BIG backyard — 1,059 acres of park in 50 locations.

Did you know that there is a park within ½ mile of almost every home in Centerville and Washington Township? It's true! When compared with the typical community in the National Recreation and Park Association database, you have almost twice as many parks and double the average park acreage per 1,000 residents.

Your park board and staff are privileged to care for your parks and to bring you hundreds of opportunities to enjoy them. We pledge to continually strive to meet your needs and desires for recreation, environmental education and outdoor experiences. Taking a look back at 2016, we have summarized what those efforts, with your support, have brought to the community.

Giving feedback on your community's BIG backyard!

The Centerville-Washington Park District conducted a community needs assessment survey and a round of focus groups with residents in 2016. This is what you told us:

88% of residents say their overall opinion of the Centerville-Washington Park District is good or very good. (Thank you, we appreciate your support!)

Park amenity you are most interested in seeing added to your parks: SHADE STRUCTURES! 87% of residents feel it is important or very important that the Centerville-Washington Park District preserve green space.

Park programs you are most interested in seeing expanded: SUMMER CAMPS AND FITNESS PROGRAMS 76% of residents say parks are important or very important to them.

> We appreciate Your feedback and will continue Seeking your guidance in the future!



CENTERVILLE-WASHINGTON PARK DISTRICT MISSION Provide quality parks, outdoor education and recreation while preserving open space.



2016 Annual Report

BUILDING IN YOUR BIG BACKYARD!

With the input of avid skaters and bikers, the Oak Creek South skatepark addition was completed. The addition was built with beginner and intermediate skaters in mind!

Holes Creek Trail opened in the fall, adding 1.2 miles of paved path along the natural stream corridor.

The ribbon was cut, officially opening Robert F. Mays Park in September. Your newest community park features an accessible playground, 3/4—mile loop trail, acres of native prairie and wildflowers, sport fields, a hitting wall and a picnic shelter with restrooms.

Donnybrook fen (the rarest type of wetland) was restored to its natural state, thanks to supportive park neighbors. The district landed a grant to cover 75% of the cost. The project repaired the stream bank, added native trees and plants, and removed nonnative, invasive plants. With the installation of boardwalk, the Donnybrook Park fen is now a unique environmental education destination!

MANAGING IN YOUR BIG BACKYARD!

Awarded almost \$2 million in grants over the last two years — exceeding the previous 15 years of grant awards.

Launched a new website that is easy to navigate on mobile devices and home computers!

Created comprehensive branding guidelines.

Conducted a comprehensive, statistically-accurate needs assessment survey to learn what our community wants in their BIG backyard! Thanks to all who responded!

Completed the 2016 fiscal year solidly in the black, keeping expenditures well within budget.

Upgraded accounting software improving the efficiency and accuracy of tracking your money!



PLAYING & LEARNING IN YOUR BIG BACKYARD!

128 new programs in 2016! A 30% increase in opportunities from 2015.

Environmental and nature programs delivered to 2,268 students in Centerville City Schools.

More than 2,980 residents and friends were delighted by outreach programming to homeschool groups, childcare facilities, after school programs, clubs, scouts, seniors and more!

Formed new partnerships with Centerville CrossFit, CHS Culinary Studies Program, Golf Club at Yankee Trace, Institute for Holistic Leadership, OSU Extension, Ohio School of Falconry, ReelFlyRod.com, The Reiki Room and Valor Martial Arts.

Like to get healthy in the parks? In 2016, 25 new fitness and wellness programs were made available to the community.

IMPROVING YOUR BIG BACKYARD!

A \$22,000 grant allowed for the enlargement of the Oak Grove Park Archery Range.

Playgrounds were updated at Rosewood and Wagon Trail Parks, and all-new playgrounds are at Mays and Beechwood Springs Parks.

Pickleball — one of the Nation's fastest growing sports — now has permanent courts at Activity Center Park.

Responding to residents' call for more and more natural areas, we installed over 50 new acres of pollinator habitats districtwide.

Built and maintained an apiary that houses three active honey bee hives at Bill Yeck Park.

Restored a wetland in the McGuffey Meadow area of Bill Yeck Park.

Planted approximately 100 trees.

Implemented an ADA transition plan to improve park access for all abilities.

Many thanks from the park board and residents to the hundreds of volunteers who supported dozens of park improvement projects and countless programs and activities. The parks and programs would not be the same without your selfless contributions!





David Lee Secretary

Dan Monahan Lucy Sánchez, President Vice President



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SUMMER EVENTS AT-A-GLANCE

JUNE

| Fri, June 2 | Begins | 12 |
|--|---|---------------------------|
| Fri, June 2 | Laser Battle in the Park | 12 |
| Wed, June 7 | Youth Pickleball Clinic | 11 |
| Fri, June 9 | YoGlow | 8 |
| Sat, June 10 | EarthJoy Tree Climb | 13 |
| Sat, June 10 | Recycle Regatta | 13 |
| 2 | | |
| Sat, June 10 | Tai Chi/Qigong Workshop | 19 |
| Tues, June 13 | Family Fitness: Yoga | 14 |
| Fri, June 16 | Intergenerational Series: Hike & Seek | 10 |
| Fri, June 16 | Preschool Nature Series: | 10 |
| | Try Overnight Camping! | |
| Sat, June 17 | Strong Man Challenge: | 8 |
| | Kid vs. Dad | |
| Sun, June 18 | Go Fishing Day! | 13 |
| Wed, June 21 | Family Recess: Iron Horse Park | 14 |
| Fri, June 23 | Silver Screen Under the Stars: | 8 |
| | onver bereen onder the stars. | ~ |
| | Willy Wonka and the Chocolat | |
| | | |
| Fri, June 23 | Willy Wonka and the Chocolat | |
| Fri, June 23 | Willy Wonka and the Chocolat Factory | e |
| Fri, June 23 Sat, June 24 | <i>Willy Wonka and the Chocolat</i> <i>Factory</i> Nocturnal Nature Series: | e |
| - | <i>Willy Wonka and the Chocolat</i> <i>Factory</i> Nocturnal Nature Series: Bioluminescence Hike | e 13 |
| Sat, June 24 | Willy Wonka and the Chocolat Factory Nocturnal Nature Series: Bioluminescence Hike Archery Together | e 13 14 |
| Sat, June 24 Sat, June 24 | Willy Wonka and the Chocolat Factory Nocturnal Nature Series: Bioluminescence Hike Archery Together Family Storytime Yoga | e 13 14 15 |
| Sat, June 24 Sat, June 24 Wed, June 28 | Willy Wonka and the Chocolat Factory Nocturnal Nature Series: Bioluminescence Hike Archery Together Family Storytime Yoga Youth Pickleball Clinic | e 13 14 15 11 |

JULY

| Sat, July 1 | Firecracker Family 5K Hike | 15 |
|---------------|---------------------------------|----|
| Tues, July 4 | Americana Festival | 9 |
| Wed, July 5 | Geo-Trail Volunteers | 14 |
| Fri, July 7 | Family Camping | 14 |
| Sat, July 8 | Tai Chi/Qigong Workshop | 19 |
| Tues, July 11 | Family Fitness: Boot Camp | 14 |
| Wed, July 12 | Fabulous Fossils | 14 |
| Fri, July 14 | Special Needs Night at the Park | 14 |
| Fri, July 14 | Nocturnal Nature Series: | 13 |
| | Stars in Summer | |
| Wed, July 19 | Family Recess: | 14 |
| | Robert F. Mays Park | |
| Sat, July 22 | Beginner Archery Clinic | 15 |
| Fri, July 28 | Splashtacular: | 4 |
| | Wacky Water Games | |
| Fri, July 28 | Silver Screen Under the Stars: | 8 |
| | Zootopia | |

AUGUST

| Nocturnal Nature Series: | 13 |
|---|---|
| Thank You Very Moth! | |
| Family Fitness: Zumba | 14 |
| Play S'more | 9 |
| EarthJoy Tree Climb | 13 |
| Family Recess: | 14 |
| Oak Creek South Park | |
| Silver Screen Under the Stars: Lilo and Stitch | 8 |
| | Thank You Very Moth! Family Fitness: Zumba Play S'more EarthJoy Tree Climb Family Recess: Oak Creek South Park Silver Screen Under the Stars: |

Look inside for summer camp information and popular series programs such as **Booked for Lunch**, **Children's Yoga Series**, **Hike for Your Health**, **Trail Trekking**, **Yoga in the Park** and more. And, look for new programs, including Uplift Teen Yoga and Wake Up and Workowt!