

DECEMBER 2022 - FEBRUARY 2023

Centerville-Washington **PARK DISTRICT** **NEWS & EVENTS**



**Winter
program
registration
begins
online
Monday,
November 7.**



Explore your community's BIG backyard!

Bill Yeck Park

TABLE OF CONTENTS

Special Events	4
Winter Day Camps	4
Preschool Programs	6
Children's Programs	8
Family Programs	11
Adult Programs	13
Adult Wellness	15
Park District Map	18
Registration Information	19
Events at a Glance	back cover

Headquarters

Activity Center Park
221 North Main Street
Centerville, Ohio 45459-4617
(937) 433-5155
Fax: (937) 433-6564
mail@cwpcd.org
www.cwpcd.org



Office Hours

Monday – Friday
8:00 a.m. to 3:30 p.m.
Office Closed on December 23 & 26,
January 2 & 16

Park Addresses

For more information and each park's
address, visit www.cwpcd.org.



Dog Park Closures

www.cwpcd.org/parks/oak-grove/dog-park/dog-park-closure-status/



Athletic Field Conditions

www.cwpcd.org/field_status/

Area Youth

Athletic Organizations

Centerville Baseball Softball League
www.cbltoday.org

Centerville Recreational Soccer
www.centervillesoccer.com

Centerville Wee Elks
Football Association
www.weeelks.org

Centerville Youth Lacrosse
www.cvlax.org

FC Dayton
www.fcdayton.org

Commissioners' Corner



Greetings friends and neighbors!
As we look to closeout 2022, you can be very proud of your Park District's projects and programs this calendar year.

Project highlights are;

- A new playground at **Yankee Park**
- A new multi-use trail at **Activity Center Park**
- An extension of the brown trail at **Bill Yeck Park**
- A groundbreaking at the McEwen Entrance of **Grant Park**, officially kicking off our Grant Park Master Plan enhancements.

New programs such as Pickleball Leagues, Summer Archery and Evening Glow Photography were very successful. Community favorites like the BIG Backyard Party, Creek Week, Movie Parties in the Park, Bike Centerville Community Rides and Neighborhood Yoga were all well attended.

Looking to the upcoming winter season, we are proud to keep the community active and engaged all winter long with well over 100 programs to choose from, including seven new programs and events. Our winter season kicks off with the ever-popular Luminary Walk at **Bill Yeck and Forest Field Parks**. We have expanded our winter camp offerings and have increased enrollment in those programs. Children can participate in activities over the holiday break with weeklong and single-day camps available. Our Winter Pop-Up Park Challenge is back with new challenges released each week to get people exploring the 51 parks.

We also have many indoor and outdoor programs to help you beat cabin fever, such as Winter Hiking Club, Winter Stargazing at **Grant Park**, the Winter Tie-Dye & Snowball Fight at **Grant Park** and unique crafting programs from glass fusing to charcuterie boards.

Your Park District is also moving forward with the following projects that will be in progress or will be completed this winter:

- Wayfinding at **Bill Yeck Park**
- Covered dugouts added to **Activity Center Park** and **Oak Creek South Park** for spring baseball season
- A new shelter/picnic pavilion at the Smith House entrance to **Bill Yeck Park**

Sometimes the colder temperatures make getting outdoors a little less appealing, but fresh air and winter sunshine can make all the difference to your mental and physical health. Join our staff for an outdoor experience or create your own at one of your 51 parks!

If you are not already, I encourage you to follow us on Twitter, Instagram and Facebook, and to sign-up for our e-newsletter so you can join in and learn about other opportunities to explore your community's BIG backyard.

Jason Riley
Park Board Secretary

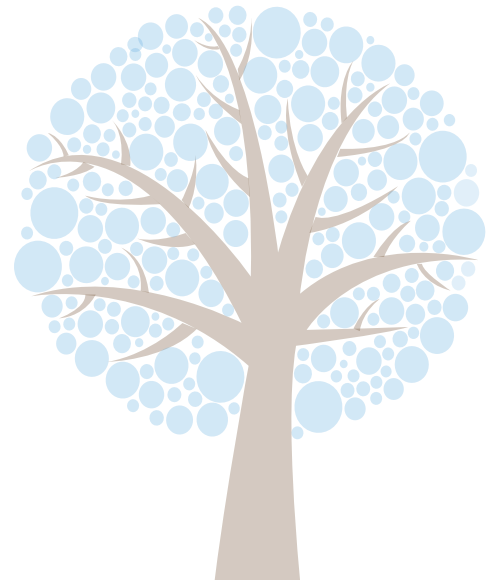
P.S. The Centerville-Washington Park District Board of Park Commissioners holds public meetings once a month throughout the year. View the schedule on the Park District website:

www.cwpcd.org/about/public-meeting-schedule/

Save a Tree

To subscribe to the monthly e-newsletter visit
www.cwpcd.org.

To stop home delivery of the printed newsletter, email your name and address to mail@cwpcd.org.



Expanding Access to Your Nature Parks!



Bill Yeck Park Updates

Bill Yeck Park has a new trail to explore! You can access the new 1.85-mile orange trail from the purple trail at the Smith House entrance or from the red trail at the Rooks Mill entrance of the park. The majority of the orange trail is a natural surface through woodland habitat.

In addition, a new wayfinding system is coming soon to help you navigate your way through the park. We hope to have the new system installed by the end of 2022. Installation is weather dependent.



Grant Park Expansion

The Park District is purchasing 33.25 acres of land from Centerville City Schools. The land is adjacent to Grant Park and is divided into three parcels, 27 acres adjacent to Watts Middle School and an additional 6.25 acres near Normandy Elementary School.

The purchase will allow the park district to preserve, in perpetuity, the green space as quality habitat and maintain and improve hiking trails that tie to the existing 189-acre Grant Park trail network.

The Park District received a \$613,000 grant to fund the land purchase. This is a matching funds grant, therefore 75% of the cost will be funded by the Clean Ohio Fund Green Space Conservation Program and 25% will be from the park district's land acquisition fund. The Clean Ohio Green Space Conservation Program helps to fund the preservation of open spaces, sensitive ecological areas and stream corridors.



Grant Park McEwen Road Entrance

Changes to the Kennard Nature Nook entrance of Grant Park are coming soon! Work is underway to create an all-access trailhead and a paved multi-use path surrounding a 4-acre pollinator habitat. The improved park entrance will provide double the parking while improving traffic flow, ADA access and pedestrian safety. The project officially kicked off with a groundbreaking on September 22.

The Centerville Rotary Club generously donated just over \$51,000 toward the project in conjunction with their 50th anniversary celebration. The scope of the project includes enhancing the Rotary memorial and relocating it to a more prominent location at the trailhead.

The project also includes stormwater wetland creation and streambank restoration along Holes Creek, which runs through the park. This portion of the project is funded by a \$309,720 grant received from the Ohio River Basin H2Ohio Wetland Grant Program administered by Ohio Department of Natural Resources.

Volunteer Spotlight: Eshita Mantri



Eshita has grown up in three different countries! Her family moved to Centerville in 2008 and Eshita is now a junior at Centerville High School.

She has been involved with the Centerville-Washington Park District for many summers, she and her brother having attended summer camps since they were small children. As Eshita got older and spent more time at camp, she was able to do things like tree climbing, archery and adventure challenges, which made camp even more fun for her. She loved the volunteers that interacted with the campers and she knew she wanted to be like them when she was older. That's how she started volunteering for CWPDP!

Eshita has now been a CWPDP volunteer for two years and has logged over 120 hours of service! She has assisted with a myriad of programs and events. Some of her favorites are Caterpillar Nanny, Crafting Club, Bubble Fun Run and YoGlow. She loves going on hikes, taking photos and organizing events. Eshita is happy to be able spend time doing the things she loves while volunteering for CWPDP.

"I have learned so much through volunteering. My patience, responsibility, persistence and social skills have all improved. I have learned how to identify specific trees, plants and wildlife. I have a greater appreciation of nature because of my time with CWPDP," says Eshita.

The Centerville-Washington Park District would like to thank Eshita, and all volunteers for giving their time and talents to our community! If you are interested in becoming a volunteer, please contact Community Engagement Coordinator Ginger Clark at 937-433-5155 x234 or gclark@cwdpd.org.

Become a Park Gem!

The Park Gem program is an easy way to support the Centerville-Washington Park District. Park Gems donate to the Foundation for Centerville-Washington Parks through monthly automatic deductions. Donations to the Foundation support conservation efforts and park improvements in your community's BIG backyard!

When you donate to the Foundation for Centerville-Washington Parks, you are making a positive impact to the community for years to come. Visit www.cwdpd.org for more information!



SPECIAL EVENTS

Luminary Walk

All ages

Friday, December 2

6:30 – 8:30 p.m.

Bill Yeck and Forest Field Parks

Parking at 2100 E. Centerville Station Rd.

(Forest Field Park)

Enjoy a candlelit stroll through Bill Yeck Park. There will be a half-mile paved route or a longer, one-mile route along the purple trail. Warm up by the fire and enjoy the sounds of the season with carols from Centerville High School's symphonic choir! Free hot chocolate while supplies last!

Registration is requested. (AB)



Help us give back to our community by bringing a donation for House of Bread! Please bring donations of items for families that come to the

House of Bread for lunchtime meals and support.

Items needed: baby wipes, diapers, healthy snacks like goldfish or boxes of raisins or fruit cups, coloring books and crayons, drinks like juice boxes or milk boxes, and hygiene items for kids and their adults like hand soap, toothpaste and shampoo. They could also use boxes of pasta noodles and bags of coffee!



Styrofoam Recycling Event

All ages

Saturday, January 7

9:00 a.m. – 1:00 p.m.

Activity Center Park

221 N. Main St.

Hate to throw away all the Styrofoam you open over the holidays? According to reports from the Society of Environmental Journalists, Styrofoam can take up 30 percent of the space in some landfills! Bring your Styrofoam to Activity Center Park. Volunteers will unload your vehicle — you won't even need to get out of your car! This event is open to the public, regardless of where you live.

If you are interested in dropping off Styrofoam, please make sure you are following the guidelines listed below:

- **Styrofoam must be clean**
- **No food containers**
- **No stickers or tape**

Collected Styrofoam will be transported to the ECO Development facility in Mason and recycled into products like surfboards, picture frames and coat hangers.

Registration is not required. (PG)



WINTER DAY CAMPS

Arctic Explorations Camp A

Ages 5 – 12

Tuesday, December 27 – Friday, December 30

9:00 a.m. – 4:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Camp fee/week: \$76 residents, \$96 nonresidents

Camp fee/per day: \$25 residents, \$33 nonresidents

Before/after care fee: \$30 for the week or \$10 per day (8:00 a.m. drop off and/or 5:00 p.m. pickup)

Registration deadline: Friday, December 16

A winter break camp experience to keep your children active while school is out! Much like our summer day camp, campers will explore the park, but this time for all things winter! Children will warm up in the Smith House with games, crafts and nature programs. On Friday we will have a special New Year's party before check out! (KT)

Arctic Explorations Camp B

Ages 5 – 12

Monday, January 2 – Tuesday, January 3

9:00 a.m. – 4:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Camp fee/week: \$40 residents, \$52 nonresidents

Camp fee/per day: \$25 residents, \$33 nonresidents

Before/after care fee: \$15 for the week or \$10 per day (8:00 a.m. drop off and/or 5:00 p.m. pickup)

Registration deadline: Wednesday, December 21

A winter break camp experience to keep your children active while school is out! Much like our summer day camp, campers will explore the park, but this time for all things winter! Children will warm up in the Smith House with games, crafts and nature programs. (KT)

**Online resident registration begins
Monday, November 7, 10:00 a.m.**

One Day at Winter Woods

Ages 5 – 12

Monday, February 20

9:00 a.m. – 4:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$25 residents, \$33 nonresidents

Registration deadline: Monday, February 13

Calling all kids that love camp! Join us on President's Day for a one-day camp full of all our favorite fun camp activities, but in the winter! Campers will enjoy hikes and games outside, gather around the fire circle for s'mores, then warm up in the Smith House with games and crafts. (KT)



Online nonresident registration begins
Monday, November 14, 10:00 a.m.

Lego-Palooza! with Stemily

Ages 7 – 12

Monday, January 2 – Tuesday, January 3

9:00 a.m. – noon

Activity Center Park, Community Room

221 N. Main St.

Fee: \$55 residents, \$72 nonresidents

Registration deadline: Monday,
December 26

A mini camp that's perfect for every Lego lover! From building challenges to creating robots, this program will take Lego building to new and exciting heights! Participants need to wear closed-toed shoes and bring a water bottle and a snack each day. (KT)

Silly Science with Stemily

Ages 7 – 12

Tuesday, December 27 – Friday,

December 30

9:00 a.m. – noon

Activity Center Park, Community Room

221 N. Main St.

Fee: \$90 residents, \$110 nonresidents

Registration deadline: Monday,
December 19

Welcome to the Mad Scientist Academy, where you learn what it means to be a real scientist! Each day will feature games and hands-on science experiments that will impress scientists of all ages! Participants need to wear closed-toed shoes and bring a water bottle and a snack each day. (KT)

Nature ART and DIY Youth Camp

Ages 7 – 12

**Tuesday, December 27 – Friday,
December 30**

10:00 a.m. – 2:00 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$100 residents, \$120 nonresidents

Registration deadline: Monday,
December 19

Explore art and nature with AR Workshop Centerville. Each day we will start with a project then play games and eat lunch. We will spend the afternoon creating more fun art pieces while appreciating the outdoors.

Campers will receive a canvas tote with all supplies needed for the week (project tools, tape measure, pencil, design notebooks, color charts, handouts and scrap materials for practice). Throughout the week we will create four projects made from wood, yarn and an upcycled item. (KT)

Fairy & Gnome Garden Party Pottery Camp

Ages 8 – 12

**Tuesday, December 27 – Thursday,
December 29**

1:00 – 3:00 p.m.

Activity Center Park, Community Room

221 N. Main St.

Fee: \$95 residents, \$115 nonresidents

Registration deadline: Thursday,
December 22



Fairy & Gnome Garden Party Pottery Camp is back with a unique winter spin and brand new projects! Children will paint their own whimsical pottery pieces in this three-day camp with Purple Paintbrush LLC! Each day there will be one piece of pottery to paint. We will try different glazing applications on a woodland-themed figure, a fairy/gnome house, and a mug to use for a warm winter drink! Projects will be fired and ready for pick up from Park District headquarters approximately two weeks after the last day of camp. All pieces are food safe once fired. All materials are included. (AB)

PRESCHOOL PROGRAMS (AGES 6 AND UNDER)

Early Adventures

Ages 0 – 4 years with adult companion

6:00 – 7:00 p.m.

Fee/session: \$4 nonresidents

December Adventure

Tuesday, December 6

Schoolhouse Park

1875 Nutt Rd.

(paved path)

Registration deadline: Sunday, December 4

January Adventure

Tuesday, January 3

Grant Park, Normandy Entrance

501 Normandy Ridge Rd.

(natural path)

Registration deadline: Sunday, January 1

February Adventure

Tuesday, February 7

Oak Grove Park, Feldmann Pond Shelter

1790 E. Social Row Rd.

(paved path)

Registration deadline: Sunday, February 5



Hit the trail with us! These exploratory hikes foster curiosity and confidence in young children.

Your leader will point out seasonal changes and other natural points of interest in the parks. This is a Tools to Trek program.

Backpacks and front carriers are appropriate if your child is not walking. (KL)



TOOLS TO TREK

Attend Tools to Trek programs to earn a free Trek Pack! Print your Tools to Trek tracking sheet on www.cwpd.org.

Bring your tracking sheet to Tools to Trek programs to collect stamps.

Once your sheet is full, turn it in to collect your prize!



Reading in the Wild

Ages 18 months – 4 years

with adult companion

10:30 – 11:30 a.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee/session: \$4 nonresidents

December Storytime

Tuesday, December 13 OR Friday, December 16

Registration deadline: Wednesday, December 7

January Storytime

Tuesday, January 10 OR Friday, January 13

Registration deadline: Wednesday, January 4

February Storytime

Tuesday, February 7 OR Friday, February 10

Registration deadline: Wednesday, February 1

Let's get together to read a story! We will act out the plot with active games, sing songs with sensory themes and take short hikes in the park — sparking a love of nature in our youngest community members!

Backpacks and front carriers are appropriate if your child is not walking. This program is limited to one adult companion per registrant. We will move into the Kennard Nature Nook in inclement weather. (KT)

Pottery Painting & Storytime

Ages 2 – 5 with adult companion

Friday, December 2

9:30 – 10:45 a.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$32 residents, \$41 nonresidents

Registration deadline: Monday, November 28



Join Kristin Bailey from The Purple Paintbrush LLC for a snowy owl winter story and some fun pottery painting to match! (AB)



Preschool Nature Series

Ages 3 – 5 with adult companion

6:00 – 7:00 p.m.

Fee/session: \$4 nonresidents

Pet Rock!

Thursday, December 15

Bill Yeck Park, Smith House Entrance

2230 E. Centerville-Station Rd.

Registration deadline: Tuesday, December 13

Sit! Stay! Can we teach an old rock new tricks? Probably not, but they can teach us so much! We will sort rocks, learn how animals use them, and decorate one special rock to take home. (KL)

Glow Code

Thursday, January 19

Big Bend Park

1328 Spring Ash Dr.

Registration deadline: Tuesday, January 17

There are so many things to do in the dark! Your leaders have a challenge for you! Can you find the secret glow codes along our hiking path? While searching for clues, we will talk about animals that make their own light. The session of PNS takes place entirely outdoors. (KL)

Spreading Seeds

Thursday, February 16

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Registration deadline: Tuesday, February 14

Plants may be dormant, but there are still things going on with them! Seeds are preparing to sprout. We will learn about how prairie seeds travel, sort them into categories, and plant some seeds in the meadow. (KL)

**Online resident registration begins
Monday, November 7, 10:00 a.m.**

Creative Kids Corner:

Take Home Kits

Recommended for ages 3 – 5

Thursdays, December 8, January 12 & February 9

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Thursday, December 1

This take-home kit features crafts and activities revolving around a fun nature-based seasonal theme! There will be three different kits — one for each month! (AB)

Reckits

Recommended for ages 3 – 6

Fee/kit: \$9 residents, \$12 nonresidents

We prepare the activities and gather the materials and you just pick up and create! Pick up information will be emailed after the registration deadline. (KT)

It's the Holiday Season! Jr.

Monday, December 12

Registration deadline: Monday, December 5

With the holiday season kicking off, this Reckit is themed around the holidays! There are fun activities and an easy STEM challenge. The crafts can double as gifts or decorations!

It's Valentine's Day! Jr.



Monday, February 6

Registration deadline: Monday, January 30

This Reckit has everything you need to make some awesome valentines for your friends! Valentine-themed science activities and crafts are also included!

Amazing Athletes at the Park

Ages 3 – 6

5:30 – 6:15 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee/session: \$81 residents, \$101 nonresidents

Session A

Wednesdays, December 7 – January 18

(no class December 28)

Registration deadline: Sunday, December 4

Session B

Wednesdays, January 25 – March 1

Registration deadline: Sunday, January 22

Balance! Run! Jump! Catch! Kick! Come join Amazing Athletes as we practice our coordination, fine motor skills and gross motor skills! This program uses the fundamentals of 10 different sports to help build and develop motor skills, nutritional knowledge and body awareness. Sign up for both sessions and receive an Amazing Athletes t-shirt!

This class will be held outdoors when possible with the option to go inside for inclement weather, so please dress accordingly.

Visit amazingathletes.com for more information on the Amazing Athletes program. (AS)



Intergenerational Series

Ages 4 – 6 with grandparent(s)

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee/session: \$4 residents, \$6 nonresidents

The Intergenerational Series is for grandparents and their grandchildren. Parents and other caregivers may attend any of our other programs.

Grand Gifts

Friday, December 9

2:00 – 3:00 p.m. **OR** 6:00 – 7:00 p.m.

Registration deadline: Tuesday, December 6

Grandchildren will enjoy stories and making holiday crafts to take home and give to parents, teachers and friends — all with help from grandma or grandpa! (AB)

Valentine's Party



Friday, February 10

2:00 – 3:00 p.m. **OR** 6:00 – 7:00 p.m.

Registration deadline: Tuesday, February 7

Grandparents will help their grandkids make cards to take home and/or mail to loved ones. Participants will also play games and listen to a Valentine's Day story. (AB)



Online nonresident registration begins
Monday, November 14, 10:00 a.m.

CHILDREN'S PROGRAMS (AGES 3 – 17)



Letters to Owlexander

All ages

Sunday, January 1 – Tuesday, January 31

*Activity Center Park, Headquarters
221 N. Main St.*



Owlexander, the Park District mascot, loves keeping in touch with his park friends, but winter makes it a little bit harder to see everyone. He came up with a great way for you

to keep in touch! He would love to receive a letter, drawing or card telling him all about your winter park adventures. He is a great pen-pal and will be sure to write you back and let you know all about his adventures, too. Letters can be dropped off at a special mailbox throughout January. Please address your letters to Owlexander Parks (no stamp necessary). (KT)



Intergenerational Series:

Winter Warm-Up Tea Party

Ages 3 – 10 with grandparent(s)

Sunday, January 8

2:00 – 3:00 p.m. **OR** 4:00 – 5:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee/pair: \$20 residents, \$33 nonresidents

Registration deadline: Friday, December 30

Looking for a little fancy fun? Tea time is a great way to spend an afternoon together! Enjoy the view of the park while warming up inside. We will have tea and treats sure to please all ages. This intergenerational program will feature light refreshments, snacks, nature crafts and a story. (KT)

All Around the Garden

Ages 5 – 9

Thursdays, December 8, January 12 & February 9

4:30 – 5:30 p.m.

*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*

Fee: \$15 residents, \$19 nonresidents

Registration deadline: Thursday, December 1

Children will learn all about the plants, animals and habitats in their gardens, backyards and parks! There will be one session per month focusing on a different topic. (AB)



Art & Imagination

Ages 6 – 8

Tuesdays, December 13, January 10 & February 14

4:00 – 5:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Tuesday, December 6

Does your child love art time? This drop-off program is designed to give your child an opportunity to get creative! They will try new techniques and design unique projects based on a monthly nature theme. (AB)

Explorers!

Ages 6 – 12

4:30 – 6:00 p.m.

*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*

Fee: \$9 residents, \$12 nonresidents

Junior Explorers

Ages 6 – 8

Wednesdays, January 11 – February 15

Registration deadline: Monday, January 9

Outdoor Explorers

Ages 9 – 12

Mondays, January 9 – February 13

Registration deadline: Monday, January 2

Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors in this program designed to allow children to interact with nature in unique ways. Activities include discovery, challenges and games. Make sure to send them dressed for outdoor play! (KL)



**Online resident registration begins
Monday, November 7, 10:00 a.m.**

Winter Tie-Dye & Snowball Fight

4:30 – 5:45 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$15 residents, \$18 nonresidents

Registration deadline: Wednesday,
November 23

Session A

Ages 6 – 9

Tuesday, December 6

Session B

Ages 10 – 15

Thursday, December 8

Design and make your own tie-dye knit hat to prepare for the colder months! After tie-dyeing, we will head outside for an epic snowball fight in our natural play area. (KT)

Kid's Glass Fusing: Penguin Ornaments

Ages 6 – 10 with adult companion

Friday, December 9

4:30 – 6:00 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$26 residents, \$39 nonresidents

Registration deadline: Monday, December 5

Children will use their creativity to make two penguin ornaments! Instructor Kathy Woodruff will assist the children and parents, guardians or grandparents as they work together on this special project. (AB)

Ornaments will be available for pick up approximately one week after class.



New!



SNOW MUCH FUN!

Nature Design Challenges

Ages 7 – 13

Mondays, December 5, January 2 & February 6

4:00 – 5:00 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Monday,
November 28

All engineers on deck! Meet us at the park for a fun-filled afternoon of science and engineering using materials from nature! Participants will get to plan, build and test their designs for the surprise STEM challenge of the day! (AB)

RecKits

Recommended for ages 7 – 13

Fee/kit: \$9 residents, \$12 nonresidents

We prepare the activities and gather the materials and you just pick up and create! Pick up information will be emailed after the registration deadline. (KT)

It's the Holiday Season!

Monday, December 12

Registration deadline: Monday, December 5

With the holiday season kicking off, this RecKit is themed around the holidays! There are fun activities and an easy STEM challenge. The crafts can double as gifts or decorations!

It's Valentine's Day!

Monday, February 6

Registration deadline: Monday, January 30

This RecKit has everything you need to make some awesome Valentines for your friends! Plus, it also includes neat Valentine-themed science activities!



Fire & Ice Party

Ages 8 – 12

Saturday, January 28

4:00 – 5:30 p.m.

Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.

Fee: \$6 residents, \$9 nonresidents

Registration deadline: Monday, January 23

We will combine the elements of fire and ice during a winter hike and campfire. We will search for icicles, icy puddles and snowy patches that we can paint! Afterward, we will warm up around the campfire and make s'mores. (KT)

Crafting Club

Ages 9 – 13

Thursdays, December 1, January 5 & February 2

4:30 – 5:30 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Wednesday,
November 23

This fun after-school program covers basic crafting skills and techniques used to create unique nature-themed projects. We provide everything needed with no mess, prep or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock. (AB)

Online nonresident registration begins
Monday, November 14, 10:00 a.m.



Young Birders Club Chapter Meetings

Ages 12 – 17

4:30 – 6:00 p.m.

Fee/session: \$4 nonresidents



January Meeting

Tuesday, January 3

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Registration deadline: Wednesday,
December 28

February Meeting

Friday, February 17

Grant Park, Normandy Entrance

501 Normandy Ridge Rd.

Registration deadline: Wednesday,
February 15

Welcome to the Southwest Chapter of the Ohio Young Birders Club! Bird watching and identification is a fascinating subject. You will walk away with a greater knowledge of birds and their role in the ecosystem. Club activities are based on participant feedback, so you direct the focus of the study. Participants must be members of the Ohio Young Birders Club.

We will have pizza and bird-themed games in January. We will participate in the Great Backyard Bird Count in February. (KL)

Conservation Crew

Ages 12 – 17

Seed Packets

Wednesday, December 21

4:30 – 6:00 p.m.

Activity Center Park, Conference Room
221 N. Main St.

Registration deadline: Tuesday,
December 20

Help us package seeds collected in the parks to be given away at our spring and summer programs! This project takes place indoors. Participants needing more volunteer hours can take home unfinished work. (KL)

Invasive Ivy Removal

Wednesday, January 4 AND/OR

Thursday, January 5

2:00 – 4:00 p.m.

Big Bend Park
1328 Spring Ash Dr.

Registration deadline: Monday, January 2

Ring in the New Year by tackling the ivy at Big Bend Park! Creating space by removing these plants will allow us to sow some spring wildflower seeds and improve the habitat! Participants will get to take a few spring wildflower seeds to start their own habitats. (KL)

Egg Painting & Assembly

Thursday, February 23

6:00 – 8:00 p.m.

Activity Center Park, Community Room
221 N. Main St.

Registration deadline: Tuesday, February 21

We have several educational programs coming up about egg-laying animals. Help us paint some realistic replicas to assist with Eggstravaganza and research animals for the Great Egg Hunt! Volunteers can take home these projects for more hours. (KL)



D&D with CWPD

Ages 12 – 16

**Tuesday, December 27 – Friday,
December 30**

6:30 – 8:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$16 residents, \$20 nonresidents

Registration deadline: Wednesday,
December 21

Set out in search of adventure while playing Dungeons & Dragons! Participants will play as members of a Forest Ranger's Guild, working to protect and conserve a vibrant fantasy world. Stretch your imagination, work as a team and remember to watch out for the wildlife! This four-day program will teach you everything you need to know about playing D & D, and each participant will be given their own set of dice. Both beginner and experienced players are welcome. (KL)



**Online resident registration begins
Monday, November 7, 10:00 a.m.**

Registration is required for all programs unless otherwise indicated.

FAMILY PROGRAMS

The Winter **POP UP** Park Challenge



All ages
Begins Thursday, December 1

The Pop-Up Park Challenge is back for more winter-themed fun! Throughout the winter months we'll be posting challenges on our Facebook page. Complete eight out of ten posted pop-up park challenges on your own, or with family and friends, and win a \$20 gift card to My Favorite Muffin! In addition, each winner will be entered into a grand prize drawing!

Most challenges will involve visiting a specific park location to fulfill a task or to find a landmark. Other challenges will involve attending one of our winter events! You won't know the challenge until the challenge time clock begins, and then you'll have a deadline to complete it! Post a photo in the comments of each Facebook post proving challenge completion.

Like us on Facebook to get more updates about this winter's Pop-Up Park Challenge!

Registration is not required. One prize per household. (LJ)



Online nonresident registration begins
Monday, November 14, 10:00 a.m.



Sledding Days with Owlexander!

All ages
Activity Center Park
221 N. Main St.

Come out and join us for sledding! Sign up for this program, and when we have snowfall, we will send out an email for which day(s) we will sled at Activity Center Park this winter. Owlexander will stop by for the fun!

The exact dates for sledding are weather-dependent, and meet-up days will be emailed out when the required weather conditions are available. (AS)

Do You Want To Paint a Yeti?

All ages
Pick up yeti: Friday, December 2 – Friday, December 9
Return finished yetis: Friday, December 16 – Wednesday, December 21
Activity Center Park, Headquarters (Bin A)
221 N. Main St.
Fee/yeti: \$15 residents, \$19 nonresidents
Registration deadline: Monday, December 5

Spot the Snowman is babysitting his friend the yeti's kids. He has started a big round of hide and seek! The thing is, these yetis are expert camouflage-ers! Paint your yeti to camouflage into a park scene and turn in their name and why they chose to hide at that spot! Prizes will be awarded for the most popular designs!

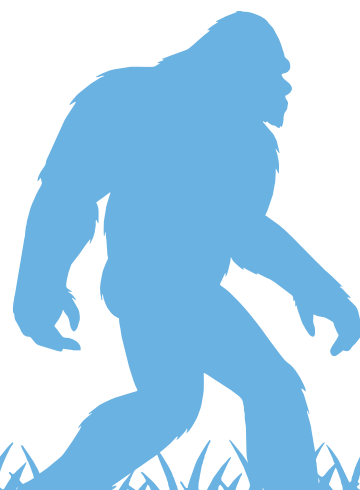
Yetis will be turned in and featured in our Scavenger Hunt. Winners of the painting contest will be announced on February 22. (KL)

Spot's Spot the Yetis Scavenger Hunt

All ages
Thursday, January 5 – Thursday, February 16
Registration deadline: Wednesday, February 15 (Clues are emailed every Thursday. Registering late may mean you miss some of the clues.)

Spot the Snowman is playing an epic game of hide and seek with his yeti friends. These yeti young'uns have the ability to camouflage just like a chameleon! Can you help Spot find them in six of our parks this winter?

Each week, participants will receive a clue to go out in your parks to search for the baby yetis. Yetis will only be hiding at each park for one week! Mark their numbers and where you found them on the recording sheet. Turn in your sheets for a tiny yeti of your own to paint. Don't forget to vote for your favorite! (KL)



Winter Hiking Club

All ages
10:00 – 11:00 a.m.
Fee/family/session: \$4 nonresidents

Water Cycle

Saturday, December 3
Bill Yeck Park, McGuffey Meadow Entrance
7893 Wilmington-Dayton Rd.
(natural path)

Camouflage

Saturday, December 17
Forest Walk Park
7570 Forest Brook Blvd.
(natural path)

Evergreen Trees

Saturday, January 14
Yankee Park
7500 Yankee St.
(paved path)

Birds of Prey

Saturday, January 28
Activity Center Park
221 N. Main St.
(paved path)

Geology

Saturday, February 11
Grant Park, Normandy Entrance
501 Normandy Ridge Rd.
(natural path)

Squirrels!

Saturday, February 25
Oak Grove Park, Optimist Shelter
1790 E. Social Row Rd.
(paved path)



Getting outdoors makes us happy and healthy, especially in the wintertime! Participants will join the instructor for a brief nature lesson before the group starts the hike to explore the park. This is a Tools to Trek program. Individuals attending three or more hikes will get a themed patch. (KL)



Ultimate Family Freeze Tag

All ages
Saturday, December 10
2:00 – 3:30 p.m.
Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.
Fee/family: \$7 residents, \$10 nonresidents
Registration deadline: Wednesday, December 7

Tag! You're frozen! Join us for an afternoon of different variations of Freeze Tag! Families will be spread out in the park to compete against one another. At the end of the game, we will come together to heat up around a fire and roast s'mores. (KT)

Seed Stocking Stuffers

All ages
Friday, December 16
6:00 – 7:30 p.m.
Activity Center Park, Community Room
221 N. Main St.
Fee/family: \$6 residents, \$8 nonresidents
Registration deadline: Wednesday, December 14

Create native seed balls to hand out as a holiday gift to friends and family. Each family will make 12 seed balls, cut fabric squares, and make labels for their gifts. We will have lessons on planting native plants and about the species included in the seed balls. (KL)



Winter Solstice Poetry Walk

All ages
Wednesday, December 21
4:00 – 5:30 p.m.
Bill Yeck Park, Smith House Entrance
2230 E. Centerville Station Rd.

Join us for a hike during golden hour. Enjoy poetry from the Washington-Centerville Public Library along the way while you appreciate this special sunset.

Registration is not required; however, registered participants will receive weather updates by email if necessary. (AB)

Nocturnal Nature Series *Asleep or Awake?*

All ages
Thursday, January 12
6:00 – 7:30 p.m.
Grant Park, McEwen Entrance
6588 McEwen Rd.
Fee/family: \$4 nonresidents
Registration deadline: Tuesday, January 10



On this hike, we will discuss who is asleep at night and who is awake. Then your family will take a trivia challenge at the end to test your knowledge! This is a Tools to Trek Program. (KL)

Winter Stargazing

All ages
Friday, January 20
6:30 – 7:45 p.m. **OR** 8:30 – 9:45 p.m.
Grant Park, Kennard Nature Nook
6588 McEwen Rd.
Registration deadline: Friday, January 13

It may be chilly, but we can still enjoy an evening of stargazing! Boonshoft Museum of Discovery will have an indoor planetarium to view the night sky in the Nature Nook. There will also be opportunities for various stargazing activities outside, including a short night hike with a naturalist. (KT)



Online resident registration begins
Monday, November 7, 10:00 a.m.



ADULT PROGRAMS

Tree Zzzzs

All ages

Saturday, February 4

1:00 – 2:30 p.m.

Grant Park, Normandy Entrance

501 Normandy Ridge Rd.

Fee/family: \$4 nonresidents

Registration deadline: Thursday, February 2

Trees can still be identified even when they do not have their leaves. Join a naturalist on a hike to learn why and how trees go dormant. You'll learn tricks to identify them. (KL)

Warm Heart Tea Party

Ages 3 – 10 with adult companion

Sunday, February 12

2:00 – 3:00 p.m. **OR** 4:00 – 5:00 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee/family: \$20 residents, \$33 nonresidents

Registration deadline: Monday, February 6

Join us for a tea party for the whole family. Enjoy the view of the park while we make nature-themed valentines, play family games and enjoy time together! We will have tea and treats sure to please all ages. (KT)

Forts in the Forest

All ages

Saturday, February 25

3:00 – 4:30 p.m.

Forest Walk Park

7570 Forest Brook Blvd.

Fee: \$5 residents, \$7 nonresidents

Registration deadline: Monday, February 20

Build forts with what nature provides — sticks, leaves, mud or snow! Discover the fun of using nature to make a shelter as a family. Home sweet home, as the birds would say! Prizes will be awarded for most creative use of materials, most livable and most woodland fairy-tastic. At the end of the program, we will take a commemorative picture and learn the proper way to give your creation back to nature. (KT)

Glass Fusing: Holiday Ornaments

Ages 16 and up

Activity Center Park, Community Room

221 N. Main St.

Fee/session: \$35 residents, \$50 nonresidents

Session A

Tuesday, December 6

6:30 – 8:30 p.m.

Registration deadline: Thursday, December 1

Session B

Friday, December 9

1:00 – 3:00 p.m.

Registration deadline: Monday, December 5

Session C

Friday, December 9

6:30 – 8:30 p.m.

Registration deadline: Monday, December 5

Learn a new skill and exercise your creative side while making new holiday presents or decorations. Instructor Kathy Woodruff will lead the class in creating a variety of fused glass ornaments. This class includes three ornaments with plenty of styles and options to choose from. (AB)

Projects will be available for pick up from Park District headquarters approximately one week after class. You will receive an email when they are ready to be picked up.



Glass Fusing: Bubble Wave Bowl

Ages 16 and up

Tuesday, January 10

6:30 – 8:30 p.m.

Activity Center Park, Community Room

221 N. Main St.

Fee: \$54 residents, \$74 nonresidents

Registration deadline: Thursday, January 5

Start the new year with a wave of creativity! Learn the principles of kiln-fired glass and the skills to cut glass from instructor Kathy Woodruff. No matter how artistic you are, your unique bowl will be a beautiful and functional piece of artwork. (AB)

Projects will be available for pick up from Park District headquarters approximately one week after class. You will receive an email when they are ready to be picked up.

Glass Fusing: Winter Birch Trees

Ages 16 and up

Tuesday, January 24

6:00 – 8:30 p.m.

Activity Center Park, Community Room

221 N. Main St.

Fee: \$72 residents, \$92 nonresidents

Registration deadline: Wednesday, January 18

During this class, you will create a beautiful winter birch scene on a 10.75" square of glass. A metal hanger will be added if you would like for it to be a window decoration! All materials, except a stand for your project, are included. (AB)

Projects will be available for pick up from Park District headquarters approximately one week after class. You will receive an email when they are ready to be picked up.

Online nonresident registration begins
Monday, November 14, 10:00 a.m.

Sled Workshop with AR Workshop

Ages 16 and up

Thursday, December 15

5:00 – 8:00 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$80 residents, \$100 nonresidents

Registration deadline: Wednesday,
December 7

Add extra holiday cheer to your decor with a sled! A perfect addition to your porch or fireplace. Choose from several designs (an email will be sent to you after registering to choose your design). and we will walk you through each part of the project during the class. A variety of paints and stains will be available! Sled is approximately 4 feet tall and 13 inches wide. (KT)

New!



Doormats with AR Workshop

Ages 16 and up

Tuesday, January 13

5:30 – 7:00 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$35 residents, \$46 nonresidents

Registration deadline: Tuesday, January 24

Welcome guests with a custom doormat! Choose from a variety of designs (an email will be sent to you after registering to choose your design) and we will walk you through creating your doormat during the class. A variety of paints will be available. Mat is approximately 18" high x 24" wide. (KT)

New!



Charcuterie Boards with AR Workshop

Ages 16 and up

Thursday, February 23

5:30 – 7:00 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$45 residents, \$69 nonresidents

Registration deadline: Thursday,
February 16

Want to learn the art of charcuterie? Learn how to craft the perfect charcuterie display! Participants will learn to incorporate natural elements into their boards and how to create flowers within the display. This class includes a DIY mini tray and food samplings to create a personal-size board. (KT)

Watercolor Floral Mantra Board

Ages 18 and up

Saturday, December 17

2:00 – 5:00 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$30 residents (class only) **OR** \$45
residents (class and kit),

\$39 nonresidents (class only) **OR** \$54
nonresidents (class and kit)

Registration deadline: Friday, December 9

Create your own watercolor floral dry-erase board. Ideal for daily mantras or a to-do list! In the workshop, we'll share some tips and tricks on how to create graphic florals! Leave the workshop with a ready-to-use dry-erase board and pen.

Material kit includes; paint palette, metal water cup, spray bottle, reusable bamboo paper towel, #8 round brush, and 3 sheets 6x9 watercolor paper. Kits are created with as many eco-friendly products as possible; metal replacing plastic where possible and a reusable bamboo towel replacing paper towels. (KT)

New!

Drawing With a Paintbrush

Ages 18 and up

Saturday, January 21

2:00 – 4:00 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$30 residents, \$39 nonresidents

Registration deadline: Friday, January 13

In this workshop, we are going to create loose watercolor botanical drawings. We will start with a quick charcoal value study, then a black and white watercolor, and wrap up with an expressive full-color watercolor botanical. We will be using studio materials. Leave the class with three versions of your botanical. (KT)

New!

Drawing Nature

Ages 18 and up

Saturday, February 18

2:00 – 5:00 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$40 residents, \$52 nonresidents

Registration deadline: Friday, February 10

In this workshop, we will review basic drawing techniques; learning to see, proportion, shading and scaling. Then we will apply these techniques to drawing botanicals. Leave the class with everything you need to keep drawing — and with a complete botanical drawing! (KT)

New!

Hike With a Naturalist

Ages 18 and up

Thursday, December 8

6:00 – 7:30 p.m.

Grant Park, McEwen Entrance
6588 McEwen Rd.

Fee: \$4 nonresidents

Registration deadline: Tuesday, December 6

Join us on a stroll through your park! A naturalist will point out seasonal changes and discuss the wildlife we observe. Hike is on a natural path. (KL)

Online resident registration begins
Monday, November 7, 10:00 a.m.

ADULT WELLNESS



The Great Backyard Bird Count: Adult Walk

Ages 18 and up

Saturday, February 18

6:30 – 8:00 p.m.

*Bill Yeck Park, Rooks Mill Entrance
8798 Rooks Mill Ln.*

Fee: \$4 nonresidents

Registration deadline: Thursday,
February 16

Help the naturalist identify and record bird species to contribute to the community science Great Backyard Bird Count program. No experience is necessary. Please bring binoculars if you have them. A limited supply will be available. (KL)

Beginning Cross Stitch: Oak Appre-tree-ation

Ages 18 and up

Tuesday, February 21

6:00 – 8:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$12 residents, \$16 nonresidents

Registration deadline: Tuesday,
February 14

At this stitch-and-learn program, participants will learn to cross stitch by making a small oak leaf cross stitch project. After learning how to stitch, we will learn about the importance of oak trees and basic identification. Our project is part of a set of three patterns. Participants will receive the other two patterns to complete on their own. (KL)

New!

A Walk in the Park

Ages 18 and up

Tuesdays & Thursdays, December 1 – February 28

9:30 – 10:30 a.m.

Get outdoors, enjoy sunshine and fresh air while meeting other walking enthusiasts. These are self-guided walks around your community parks! Walking helps maintain a healthy weight, increases energy, lifts your spirits, strengthens memory and protects from heart disease and high blood pressure. Enjoy reduced stress, improved quality of sleep and the many benefits from an improved quality of life. It will be A Walk in the Park!

There is no registration deadline for this program. Join anytime!

View the A Walk in the Park schedules on <https://cwpd.recdesk.com/Community/Program/>. (AS)

Hike for Your Health

Ages 18 and up

Wednesdays, December 7 – February 22

9:30 – 10:30 a.m.

Fee: \$15 nonresidents

Let's get you moving outdoors this winter! What better way than through guided hikes in your parks? Staff and volunteers will lead groups at different paces. Hike for Your Health is a wonderful opportunity to meet new people and get to know some of your parks better. All hikes are on natural trails. Please wear appropriate shoes for trails that may be muddy.

There is no registration deadline for this program. Join anytime!

View the Hike for Your Health schedule on <https://cwpd.recdesk.com/Community/Program/>. (AS)

Trail Trekking Meet-Up

Ages 18 and up

Fridays, December 2 – February 24

9:30 – 10:30 a.m.

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The American Nordic Walking Association notes that this form of exercise engages 80% of your muscles while still remaining low impact.

Meet up with other trail trekking enthusiasts to trek through the parks during this self-guided meet-up program! Staff and volunteers will join in periodically.

There is no registration deadline for this program. Join anytime!

View the Trail Trekking schedules on <https://cwpd.recdesk.com/Community/Program/>. (AS)

You must bring your own Nordic poles if you sign up for this option.

Trail Trekking Meet-Up with Nordic Pole Rentals

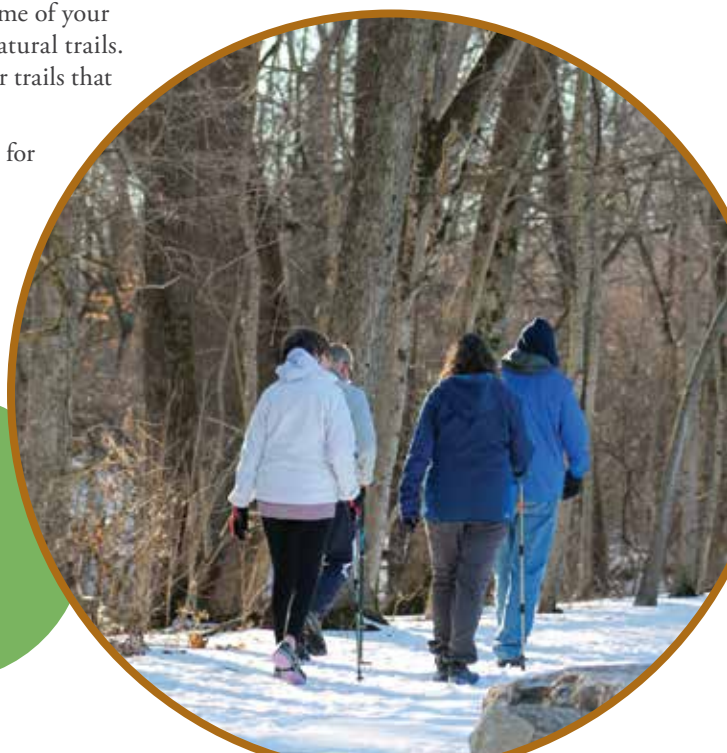
Ages 18 and up

Fridays, December 2 – February 24

9:30 – 10:30 a.m.

Fee: \$15 nonresidents

Sign up to rent Nordic poles before you purchase your own set. You will be contacted to sign a borrower's permit and pick up your set for the winter. A limited number of rental poles are available. (AS)



Online nonresident registration begins
Monday, November 14, 10:00 a.m.



Yoga in the Park

Ages 18 and up

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee/session: \$52 residents, \$67 nonresidents

Session A

Saturdays, December 3 – January 21

(no class December 24 or 31)

7:45 – 8:45 a.m.

Registration deadline: Wednesday,
November 30

Session B

Saturdays, December 3 – January 21

(no class December 24 or 31)

9:00 – 10:00 a.m.

Registration deadline: Wednesday,
November 30

Session C

Mondays, December 5 – January 16

(no class December 26)

9:00 – 10:00 a.m.

Registration deadline: Friday, December 2

Session D

Mondays, January 23 – February 27

9:00 – 10:00 a.m.

Registration deadline: Friday,
January 20

Session E

Saturdays, January 28 – March 4

7:45 – 8:45 a.m.

Registration deadline: Wednesday,
January 25

Session F

Saturdays, January 28 – March 4

9:00 – 10:00 a.m.

Registration deadline: Wednesday,
January 25

Method Yoga Studio's Megan Lees leads these yoga classes for all levels. Classes include warm-up, breath work, standing poses, flowing poses and end with relaxation. (AS)

Fitness Yoga

Ages 18 and up

6:00 – 7:15 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$36 residents, \$47 nonresidents

Session A

Wednesdays, December 7 – January 11

Registration deadline: Monday,
December 5

Session B

Wednesdays, January 18 – February 22

Registration deadline: Monday, January 16

You will get it all in one fitness class — a challenging workout, yoga practice, as well as, mindfulness and functional movement for vitality and longevity. All levels welcome. Taught by certified yoga instructor Dan Loofboro. (AS)



Paint Pour Ornaments & Pure Barre

Ages 18 and up

Tuesday, December 13

6:00 – 8:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$15 residents, \$20 nonresidents

Registration deadlines: Friday, December 9

A little bit of art and a great workout! We have teamed up with Pure Barre to work on our minds and bodies. Participants will create ornaments using a paint pouring technique!

This Pure Barre classic class provides a low impact, high intensity, total body workout in just 50 minutes! You'll leave the workout feeling refreshed and stress-free! (AS)

Paint Pouring & Pure Barre

Ages 18 and up

Tuesday, February 7

6:00 – 8:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$12 residents, \$16 nonresidents

Registration deadlines: Friday, February 3

A little bit of art and a great workout! We have teamed up with Pure Barre to work on our minds and bodies! Participants will create a canvas painting to take home.

This Pure Barre classic class provides a low impact, high intensity, total body workout in just 50 minutes! You'll leave the workout feeling refreshed and stress-free! (AS)



Online resident registration begins Monday,
November 7, 10:00 a.m.



Tai Chi for Wellness

Ages 18 and up

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee/session: \$29 residents, \$38 nonresidents

Harvard School of Integrative Medicine tells us the slow meditative movements, deep breathing and relaxation characteristic of Tai Chi practice creates a special biological state that activates our capacity for body/mind wellness and healing. Great for stress relief, post-illness or managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones. All Tai Chi classes are taught by certified Integral Qigong and Tai Chi instructor Judy Wilson.

Beginner Tai Chi Session A

Thursdays, January 5 – February 9

9:00 – 10:00 a.m.

Registration deadline: Tuesday, January 3

Beginner Tai Chi Session B

Saturdays, January 7 – February 11

10:30 – 11:30 a.m.

Registration deadline: Thursday, January 5

An introduction to Tai Chi and Qigong (pronounced Chi Kung) principles and form through Tai Chi Easy™ — a form created by Roger Jahnke, O.M.D. — to make Tai Chi accessible and fun for everyone. (AS)

Intermediate Tai Chi

Mondays, January 9 – February 13

6:00 – 7:00 p.m.

Registration deadline: Friday, January 6

Continuing to develop Tai Chi and Qigong principles moving from Tai Chi Easy™ into Dr. Roger Jahnke's Integral Tai Chi form. (AS)

10 to 1 Reset™

Ages 16 and up

Thursdays, January 5 – 26

5:30 – 6:30 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$15 residents, \$19 nonresidents

Registration deadline: Wednesday, December 28

January is the quintessential time to refresh and restart. While we love to make our next big goal, it is sometimes hard to get ourselves ready to move ahead. Do you ever feel like you're too tired to start going to the gym, too scattered to renew your job search, too unmotivated to socialize? You're not alone. Many of us need a gentle boost to help commit to New Year's goals.

10 to 1 Reset™ is a simple, short-term jump start to your next chapter, led by Lift up and LAUGH instructor Rachel Abshear. It is a drilled-down method of preparing your mind and body to move forward in your goals. Participating in 10 to 1 Reset includes membership in our private Facebook group where we touch base regularly to discuss each step and progress; but the primary goal of the Facebook group is to support and encourage one another in our journey ahead.

While we focus on easy, manageable steps, our bodies and minds adjust to the commitment needed to succeed in what we visualize. (AB)

New!

Strollers in Motion

Adult caregivers with child 6 weeks – Pre K

Mondays, January 23 – February 27

(no class February 20)

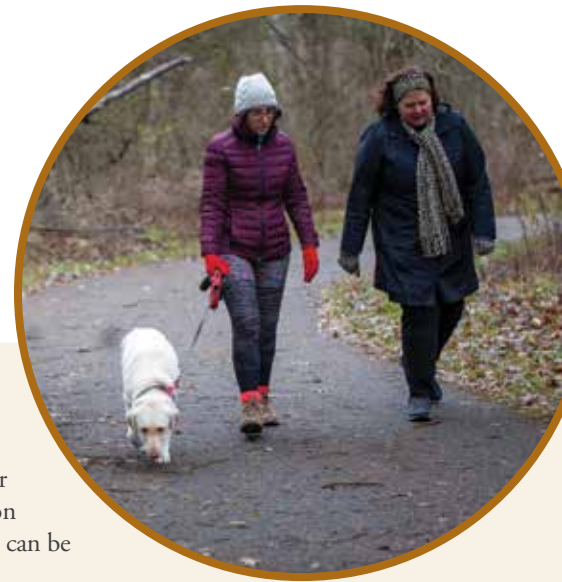
9:30 – 10:30 a.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$25 residents, \$33 nonresidents

Strollers in Motion is a stroller-based workout for moms, dads or other caregivers. Each total body workout incorporates power walking and strolling, strength training, balance work and toning. Strollers in Motion is an awesome way to get fit, meet new people and have fun with your little ones! And, after some classes, special activities will be planned for the children! Strollers in Motion is led by Kenzie Potts.

This program will be adapted to be outdoors, indoors, or a combination of the two depending on the weather conditions and temperatures for each day. In the event of inclement weather or freezing conditions, the program will move inside the community room. For days with above-freezing temperatures, be prepared for short periods of outdoor activity. (AS)



Hit the Trails this Winter!

Don't let the winter weather keep you indoors. These paved paths are wonderful for running and walking! Check the park map on the next page for park locations. All addresses can be found on www.cwpd.org.

Activity Center Park - 0.5-mile loop

Bill Yeck/Forest Field Park - 0.5-mile paved loops and additional limestone trails

Black Oak Park - 0.2 miles (one way) up a steep hill. No bicycles are permitted.

Hithergreen Park - 0.25-mile loop

Holes Creek/Silvercreek Parks - 1.3 miles (one way)

Iron Horse Park - 2 miles (one way)

Oak Creek South Park - 0.4-mile loop

Oak Grove Park - 1.5-mile loop (shorter loops are also available)

Robert F. Mays Park - 0.75-mile loop

Schoolhouse Park - 0.75-mile loop

Yankee Park - 0.82-mile loop

Online nonresident registration begins
Monday, November 14, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.

The Park District is made up of 51 community, nature and neighborhood parks. Visit www.cwpd.org for detailed information and a map to each park.

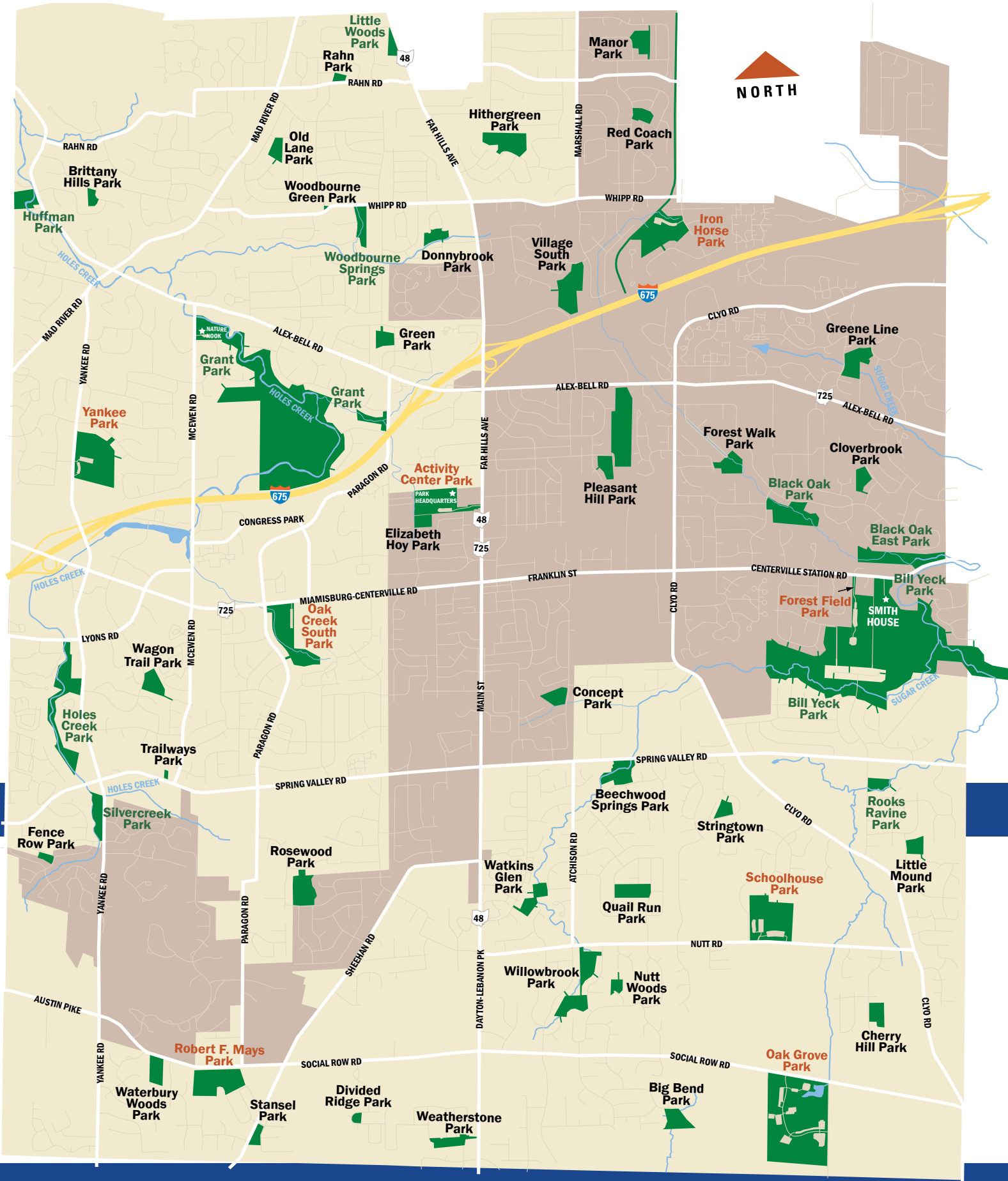
Community Park

Nature Park

Neighborhood Park

City of Centerville

Washington Township



HOW TO REGISTER

WHY REGISTER ONLINE?

#1

You're first in line!

Online registration takes place the day before phone or walk-in registration.

24

It's convenient

The flexibility to register and pay at your convenience, anytime, from anywhere.



It saves time

In less than five minutes, you can setup your account and enroll for your program.



It's easy

Three simple steps, and you'll be enrolled in the program of your choice.



It's environmentally friendly

No need to use gas driving over to register in person. And it saves paper.

Online resident registration
begins November 7.

Online

Visit <https://cwpd.recdesk.com> to register. To expedite your registration, create an account prior to 10:00 a.m. on November 7. Centerville and Washington Township residents, please list Dayton as the city in your address or the site will not recognize you as a resident. This website can be used for free programs and for fee-based programs with a debit or credit card.

By Phone

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 3:30 p.m. Please have your credit card ready for fee-based programs. **Phone registration begins one day later than online registration.**

In Person

Visit Park District headquarters at 221 N. Main Street Monday – Friday between 8:00 a.m. and 3:30 p.m. You may pay with cash, check or credit card. Make checks payable to CWPDP or Centerville-Washington Park District. **In person registration begins one day later than online registration.**

Registration and Refund Policy

Residents may register members of their family and one other resident family.

New!

If a program is canceled by the Park District, you will receive a full refund. If you can no longer attend a program, you may cancel seven days prior to the program's start date to receive a full refund as household credit or back to the original payment method. Cancellations made less than seven days prior to the program's start date will be offered household credit. Cancellations made during or after the program are not eligible for a refund.

Access for All

We are committed to providing programs, services and facilities that ensure inclusive and adapted access for all. Please contact us if you require any additional modifications or support because of a disability.

Centerville-Washington Park District Program Release

When registering for or attending any Park District program, you are required to agree to the following statement:

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.

Online Resident Registration Begins
Monday, November 7
at 10:00 a.m.

Online Nonresident Registration Begins
Monday, November 14
at 10:00 a.m.



Please recycle this issue of News & Events when it is no longer of use to you. Thank you!

WINTER EVENTS AT-A-GLANCE

DECEMBER

		page #
Thurs, Dec 1	Winter Pop-up Park Challenge begins	11
Fri, Dec 2	Pottery Painting & Storytime	6
Fri, Dec 2	Luminary Walk	4
Tues, Dec 6	Early Adventures	6
Tues, Dec 6	Winter Tie-Dye & Snowball Fight	9
Thurs, Dec 8	Hike With a Naturalist	14
Thurs, Dec 8	Winter Tie-Dye & Snowball Fight	9
Fri, Dec 9	Intergenerational Grand Gifts	7
Fri, Dec 9	Kid's Glass Fusing Penguin Ornaments	9
Sat, Dec 10	Ultimate Family Freeze Tag	12
Tues, Dec 13	Paint Pour Ornaments & Pure Barre	16
Thurs, Dec 15	Preschool Nature Series: Pet Rock!	6
Thurs, Dec 15	Sled Workshop with AR Workshop	14
Fri, Dec 16	Seed Stocking Stuffers	12
Sat, Dec 17	Watercolor Floral Mantra Board	14
Wed, Dec 21	Conservation Crew Seed Packets	10
Wed, Dec 21	Winter Solstice Poetry Walk	12

JANUARY

Sun, Jan 1	Letter to Owlexander begin	8
Tues, Jan 3	Early Adventures	6
Thurs, Jan 5	Spot's Spot the Yeti Scavenger Hunt begins	11
Sat, Jan 7	Styrofoam Recycling Event	4
Sun, Jan 8	Intergenerational Winter Warm-Up Tea Party	8

Tues, Jan 10	Glass Fusing: Bubble Wave Bowl	13
Thurs, Jan 12	Nocturnal Nature Series: Asleep or Awake?	12
Thurs, Jan 19	Preschool Nature Series: Glow Code	6
Fri, Jan 20	Winter Stargazing	12
Sat, Jan 21	Drawing With a Paintbrush	14
Tues, Jan 24	Glass Fusing: Winter Birch Trees	13
Sat, Jan 28	Fire & Ice Party	9
Tues, Jan 31	Doormats with AR Workshop	14

FEBRUARY

Sat, Feb 4	Tree Zzzzs	13
Tues, Feb 7	Early Adventures	6
Tues, Feb 7	Paint Pouring & Pure Barre	16
Fri, Feb 10	Intergenerational Valentine's Party	7
Sun, Feb 12	Warm Heart Tea Party	13
Thurs, Feb 16	Preschool Nature Series: Spreading Seeds	6
Sat, Feb 18	Drawing Nature	14
Sat, Feb 18	The Great Backyard Bird Count	15
Mon, Feb 20	One Day at Winter Woods	5
Tues, Feb 21	Beginning Cross Stitch	21
Thurs, Feb 23	Conservation Crew Egg Painting & Assembly	10
Thurs, Feb 23	Charcuterie Boards with AR Workshop	13
Sat, Feb 25	Forts in the Forest	13

Look inside for more, including our popular series programs!