

Centerville-Washington **PARK DISTRICT** **NEWS & EVENTS**

**Winter program
registration
begins online
Monday,
November 8.**



Explore your community's **BIG** backyard!



Headquarters

Activity Center Park
221 North Main Street
Centerville, Ohio 45459-4617
(937) 433-5155
Fax: (937) 433-6564
Second Shift/Weekends:
(937) 470-9246
mail@cwpcd.org
www.cwpcd.org

Please
check our
website prior to
your visit. The office
may be closed to
visitors due to
COVID-19.

Office Hours

Monday – Friday
8:00 a.m. to 3:30 p.m.
Office Closed on December 24, 27 & 31
January 17

Park Addresses

For more information and each park's
address, visit www.cwpcd.org.



Dog Park Closures

www.cwpcd.org/parks/oak-grove/dog-park/dog-park-closure-status/



Athletic Field Conditions

www.cwpcd.org/field_status/

Area Youth

Athletic Organizations

Centerville Baseball Softball League
www.cbltoday.org

Centerville Recreational Soccer
www.centervillesoccer.com

Centerville United Soccer Association
www.cusasoccer.org

Centerville Wee Elks
Football Association
www.weeelks.org

Centerville Youth Lacrosse
www.cvlax.org

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Commissioners' Corner



As 2021 winds down, programs and projects are still in full swing in your Park District. It has been quite a year for the Centerville-

Washington Park District. We were honored to be named third-time Gold Medal Finalists by the American Academy for Parks and Recreation Administration. Out of 10,000 parks and recreation agencies across the United States, your Park District is one of the top four in the nation! Finalist status is in large part due to our supportive residents whose feedback, support and engagement have helped shaped our strategic path.

At the beginning of the year, the Park District challenged the members of our community to visit every park and participate in the 51 Parks Challenge. To date, nearly 100 families have visited every park and completed the challenge! Almost 500 people have participated in the challenge, and you have sent us nearly 10,000 park challenge photos.

The District is wrapping up three, brand-new playground installations at **Black Oak, Willowbrook and Yankee Parks**. The playground designs were chosen by the residents through a public input process, making each one a unique destination for the community to enjoy. Get the kids out of the house and check out these new playgrounds!

Trail improvements at **Bill Yeck** are nearly complete as the orange trail takes shape. The brown trail loop is the newest park gem and includes 0.8 miles of wooded trail and three boardwalks with access to the surrounding neighborhood as well as **Forest Field Park**. Owl Alexander's Tree Trek is now located along this trail and allows visitors

to learn about 14 native Ohio trees. We are eager to unveil the new wayfinding signage, which will be installed throughout **Bill Yeck Park** in 2022.

We are proud to keep the community active and engaged all winter long with well over 100 programs to choose from, including 15 new programs. Check out Luminary Walk, Arctic Explorations Camp, Nature Quest, Forts in the Forest, the Youth Wellness series with Dayton Children's and much more! Stay tuned to social media so you can join in on the winter pop-up park challenges and learn about other opportunities to explore your community's BIG backyard.

We encourage you to discover all that your parks have to offer this season and all year long!

Jeff Senney

Your Newest Park District Commissioner
and Park District Secretary

P.S. The Park District Board of Commissioners holds public meetings once a month throughout the year. View the meeting schedule on the Park District website at cwpcd.org/about/public-meeting-schedule/

We hope you can join us.



Save a Tree

To subscribe to the e-newsletter visit www.cwpcd.org.

To stop home delivery of the printed newsletter,
email your name and address to mail@cwpcd.org.

New Playground Coming to Yankee Park



In July, the Centerville-Washington Park District (CWPD) presented three potential playground designs to the community. More than 600 people responded to the call for feedback. Work to replace the **Yankee Park** playground with the design chosen by the community begins near the end of the year!

The new playground will feature an all-weather, all-accessible safety surface. This type of surface has been well received by children and parents at CWPD's **Forest Field Park**. Not only does it meet safety requirements, but it's easy to walk on, accommodates wheels, and is ready for use even immediately after the heaviest of downpours!

The Centerville Noon Optimist Club (CNO) generously donated \$25,000 to the playground project, allowing the Park District to enhance the community's chosen design with additional inclusive play equipment and shade structures. Play equipment additions made possible thby the CNO donation include musical chimes, an ADA spinner, a turf mound and a Cozy Dome. Thanks to the Centerville Noon Optimists for their dedication to the community's children!



A Greener Park District

To ensure we are doing our best to operate sustainably every day, CWPD staff formed a sustainability team founded on the guiding principles of the board-approved stewardship policy adopted in 2019. Some of the team's 2021 accomplishments:

- Received a grant from Montgomery County Environmental Services to purchase composting systems for our headquarters and operations facilities. We offer regular classes to help community households set up successful composting systems.
- Received a grant from Centerville-Washington Foundation to install solar security lights in park shelters.
- Renewed our certification as a green business through Dayton Regional Green (DRG). Through the DRG program, we continuously strive to adopt practices that reduce our environmental impact.
- Hosted the Dayton area's first Styrofoam recycling event with our Sustainable Centerville partners and Eco Development, a Mason-based company committed to environmentally-friendly business solutions. We collected 1,200 lbs. of Styrofoam that would have otherwise gone into a landfill! **Our next collection event is January 8!** (See page 4.)
- Served as a drop-off center for the TREX Challenge organized by the City of Centerville. We collected 258 lbs. of plastic bags that were recycled into lumber for benches and decking.
- Collected 768 lbs. of broken holiday string lights between November 2020 and February 2021 for recycling.

A Breath of Fresh Air: Tobacco-Free Parks

To help role model smoke, vape and tobacco-free behavior to children, and to provide park visitors with a clean, safe environment, your community parks have been designated as tobacco-free zones. This new policy aligns with the Centerville-Washington Park District's mission of providing healthy park experiences for the community.

We join five other Montgomery County agencies in the Tobacco-Free Parks Initiative, including Five Rivers MetroParks, Kettering and Oakwood.

Your community parks are **Activity Center, Forest Field, Iron Horse, Oak Creek South, Oak Grove, Robert F. Mays, Schoolhouse** and **Yankee Parks**. Thank you for adhering to the policy in these parks!

Volunteer Spotlight



SOPHIA WANG

Sophia Wang started volunteering with the parks at the 2018 summer recreation camps. Since then, she has branched out into volunteering for fun

seasonal events like Eggstravaganza.

Sophia loves helping with programs that have an artistic component! She volunteers outside of CWPD at Key Club and National Honor Society. She also runs Calligraphy Club at Centerville High School.

In her free time, Sophia likes to take her sister to **Forest Field Park**, peruse books at the library or crochet tote bags.

The Centerville-Washington Park District would like to thank Sophia, and all volunteers for giving their time and talents to our community! If you are interested in becoming a volunteer, please contact Community Engagement Coordinator Ginger Clark at 937-433-5155 x234 or gclark@cwpd.org.

SPECIAL EVENTS

Luminary Walk

All ages

Friday, December 3

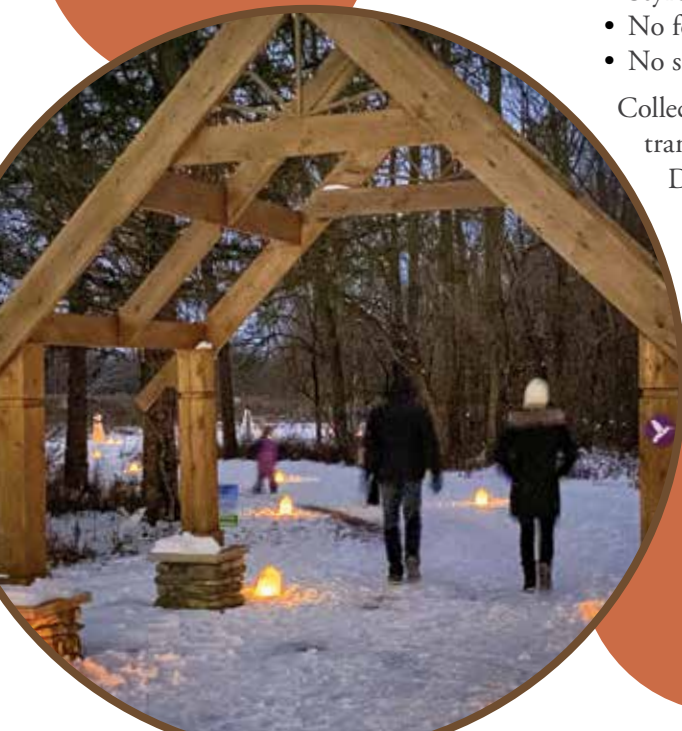
6:30 – 8:30 p.m.

Bill Yeck and Forest Field Parks

*Parking at 2100 E. Centerville Station Rd.
(Forest Field Park)*

Enjoy a candlelit stroll through Bill Yeck Park. There will be a half-mile paved route or a longer, one-mile route along the purple trail. Several lighted features will add to your experience!

Registration is requested. (AB)



Styrofoam Recycling Event

All ages

Saturday, January 8

9:00 a.m. – 1:00 p.m.

Activity Center Park

221 N. Main St.

Hate to throw away all the Styrofoam you open over the holidays? According to reports from the Society of Environmental Journalists, Styrofoam can take up 30 percent of the space in some landfills! Bring your Styrofoam to Activity Center Park. Volunteers will unload your vehicle — you won't even need to get out of your car!

If you are interested in dropping off Styrofoam, please make sure you are following the guidelines listed below:

- Styrofoam must be clean
- No food containers
- No stickers or tape

Collected Styrofoam will be transported to the ECO

Development facility in Mason and recycled into products like surfboards, picture frames and coat hangers.

Registration is not required.
(PG)

WINTER DAY CAMPS



Arctic Explorations Camp

Ages 6 – 12

Monday, December 27 – Friday, December 31

9:00 a.m. – 4:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Camp Fee: \$88 residents, \$136 nonresidents

Before/After Care Fee: \$22 (8:00 a.m. drop off and/or 5:00 p.m. pickup)

Registration deadline: Monday, December 20

A winter break camp experience to keep your children active while school is out! Much like our summer day camp, campers will explore the park, but this time for all things winter! Children will warm up in the Smith House with games, crafts and nature programs. All campers will receive a camp-themed winter hat. (KT)

Online resident registration begins
Monday, November 8, 10:00 a.m.



One Day Nature, ARt and DIY Camp

Ages 7 – 12

Sunday, February 20

1:00 – 4:00 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$55 residents, \$70 nonresidents

Registration deadline: Sunday, February 13

Explore ARt and Nature with AR Workshop Centerville. The day will include two projects and fun nature activities. We will spend time learning about tools and color selection and apply this to create a fun and exciting project from scratch. A canvas tote with all of the supplies needed for the project (tools, notebook, color charts and scrap materials for practice) is included. (KT)

One Day at Winter Woods

Ages 7 – 12

Monday, February 21

9:00 a.m. – 4:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$25 residents, \$32 nonresidents

Registration deadline: Monday, February 14

Calling all kids that love camp! Join us on President's Day for a one-day camp full of all our favorite fun camp activities, but in the winter! Campers will enjoy hikes and games outside, gather around the fire circle for s'mores, then warm up in the Smith House with games and crafts. (KT)

PRESCHOOL PROGRAMS (AGES 6 AND UNDER)

Early Adventures

Ages 0 – 4 years with adult companion
6:00 – 7:00 p.m.

Fee/session: \$4 nonresidents

December Adventure

Tuesday, December 7

Schoolhouse Park

1875 Nutt Rd.

Registration deadline: Sunday, December 5

January Adventure

Tuesday, January 4

Iron Horse Park

6161 Millshire Dr.

Registration deadline: Sunday, January 2

February Adventure

Tuesday, February 1

Oak Grove Park, Noon Optimist Shelter

1790 E. Social Row Rd.

Registration deadline: Sunday, January 30

Parents and little ones will experience nature in the dark during these winter months. These leisurely walks provide great family time in nature. These hikes take place after sunset. Lanterns will be available to borrow. Walks are on paved paths.

Backpacks and front carriers are appropriate if your child is not walking. (KL)



Preschool Nature Series

Ages 3 – 5 with adult companion

Fee/session: \$4 nonresidents

HiBEARnation

Thursday, December 16

9:30 – 10:30 a.m. **OR**

Saturday, December 18

10:00 – 11:00 a.m.

Bill Yeck Park, Smith House

2230 E. Centerville-Station Rd.

Registration deadline: Tuesday, December 14 **OR** Thursday, December 16

Bring your favorite teddy bear and we will learn how their wild counterparts, black bears, spend the year. Hike takes place on a crushed limestone path. (KL)

Red Fox vs. Gray Fox

Thursday, January 20

9:30 – 10:30 a.m. **OR**

6:00 – 7:00 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Registration deadline: Tuesday, January 18

Red foxes and gray foxes are both in Centerville. So, what's the difference? We will learn how to tell them apart together! (KL)



Water in Winter

Thursday, February 17 OR Saturday, February 19

9:30 – 10:30 a.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Registration deadline: Tuesday, February 15 **OR** Thursday, February 17

Water has many different properties. We will investigate water as a liquid and a solid while learning how important snow is for wildlife. (KL)

Online nonresident registration begins
Monday, November 15, 10:00 a.m.

Creative Kids Corner:

Take Home Kits

Recommended for ages 3 – 5

Thursdays, December 9, January 13 & February 10

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Thursday, December 2

This take-home kit features crafts and activities revolving around a fun nature-based seasonal theme! There will be three different kits — one for each month! (AB)

Build & Learn

with Centerville-Washington History

Ages 3 – 6 with adult companion

Thursday, January 27

1:00 – 2:00 p.m.

*Bill Yeck Park, Smith House
2230 E. Centerville-Station Rd.*

Fee: \$4 nonresidents

Registration deadline: Tuesday, January 25

How did the founders of Centerville and Washington Township build their houses? We will learn about the natural materials already in the area that were used and then build our own structures. What will your child build? This program will take place both inside and outside on a natural path. (KL)



Centerville-Washington History

RecKits

Recommended for ages 3 – 6

Fee/kit: \$9 residents, \$12 nonresidents

We prepare the activities and gather the materials and you just pick up and create! Pick up information will be emailed after the registration deadline. (AR)

It's the Holiday Season! Jr.

Monday, December 13

Registration deadline: Monday, December 6

With the holiday season kicking off, this RecKit is themed around the holidays! There are fun activities and an easy STEM challenge. The crafts can double as gifts or decorations!

Winter Wonderland Jr.

Monday, January 10

Registration deadline: Monday, January 3

Winter is here! Let's celebrate with some fun winter-themed crafts! Are you ready for a snow day? If so, this RecKit is for you!

It's Valentine's Day! Jr.

Monday, February 7

Registration deadline: Monday, January 31

This RecKit has everything you need to make some awesome valentines for your friends! Plus, it also includes neat Valentine-themed science activities!

Happy Notes: Laugh & Learn

New!

Recommended for ages 3 – 6 with adult companion

Sundays, January 9 – 30

3:00 – 3:30 p.m.

*Bill Yeck Park, Smith House
2230 E Centerville Station Rd.*

Fee: \$12 residents, \$15 nonresidents

Registration deadline: Tuesday, January 4

Join us for a musical afternoon combining music play with the LIFT UP concepts of Laugh, Inspire, Thrive, Fellowship, Uplift and Play. We will explore creative expression, personal connection and social skills through group games. (AB)



Little Love Birds

Ages 5 – 6

Thursday, February 10

6:00 – 7:30 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Sunday, February 6

Share the love with CWPD and let the parents enjoy a night out! Kids will create a variety of nature-themed Valentine's Day cards to give to loved ones. They will enjoy animal-themed activities while learning fun facts about our local birds! (AB)

New!



Online resident registration begins
Monday, November 8, 10:00 a.m.

CHILDREN'S PROGRAMS (AGES 3 – 17)

Letters to Owlexander

All ages

Saturday, January 1 – Monday, January 31

*Activity Center Park, Headquarters
221 N. Main St.*

Registration deadline: Wednesday, January 12



Owlexander, the Park District mascot, loves keeping in touch with his park friends, but winter makes it a little bit harder to see everyone. He came

up with a great way for you to keep in touch! He would love to receive a letter, drawing or card telling him all about your winter park adventures. He is a great pen-pal and will be sure to write you back and let you know all about his adventures, too. Letters can be dropped off at a special mailbox throughout January. Please address your letters to Owlexander Parks (no stamp necessary).

(AR/KT)

LIFT UP and Laugh Club

Recommended for ages 3 – 7 with a parent/guardian

Wednesdays, February 2 – 23

5:00 – 5:30 p.m.

*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Wednesday, January 26



This laughter club for children with special needs focuses on creative expression, personal connection and social skills through group games and the LIFT UP concepts: Laugh, Inspire, Thrive, Fellowship, Uplift and Play. (AB)

Cold Hands Warm Heart Hike

Ages 4 – 8

Thursday, February 10

4:00 – 5:00 p.m.

*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*

Fee: \$5 residents, \$7 nonresidents

Registration deadline: Thursday, February 3

We might have to wear gloves, but we can definitely keep our hearts warm by enjoying a short hike on the paved trail and creating a very special Valentine for a sweet loved one! (KT)



Winter Warm-Up Tea Party

Ages 4 – 10 with grandparent(s)

Sunday, January 9

4:00 – 5:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee/pair: \$12 residents, \$15 nonresidents

Registration deadline: Sunday, January 2

Looking for a little fancy fun? Tea time is a great way to spend an afternoon together! Enjoy the view of the park while warming up inside. We will have tea and treats sure to please all ages. This intergenerational program will feature light refreshments, snacks, a craft and a story. (KT)



Winter-Style Campfire Sing-Along

Ages 5 – 8

Friday, January 14

6:00 – 7:30 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$4 residents, \$6 nonresidents

Registration deadline: Friday, January 7

Join us for a cozy evening singing fun songs around the fire! We will also make a campfire craft! This is a drop-off program — parents can enjoy an evening out! (AB)

All Around the Garden

Ages 5 – 9

Thursdays, December 9, January 13 & February 10

4:30 – 5:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$15 residents, \$19 nonresidents

Registration deadline: Thursday, December 2

Children will learn all about the plants, animals and habitats in their gardens, backyards and parks! There will be one session per month focusing on a different topic. (AB)

Paint Your Own Birdhouse

Ages 5 – 9 with adult companion

Saturday, January 15

2:00 – 4:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$8 residents, \$12 nonresidents

Registration deadline: Saturday, January 8

Help the local birds stay warm this winter by painting your own birdhouse to take home! This is a great way to get creative as a family, as well as benefit the wildlife as the weather gets colder. Each child enrolled must bring one adult. (KT)

Stick With Me, Valentine

Ages 5 – 9

Sunday, February 13

4:00 – 5:15 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$15 residents, \$19 nonresidents

Registration deadline: Wednesday, February 9

Join us as we work together to solve riddles about being kind to our hiking trails. We will walk the new path at Activity Center Park. After our walk, we will prepare a sweet treat for your Valentine this season. We will spread out in the community room with different icings and toppings for you to create a one-of-a-kind set of four cookies. (KT)

New!

Online nonresident registration begins
Monday, November 15, 10:00 a.m.



Explorers!

Ages 6 – 12
4:30 – 6:00 p.m.
Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.
Fee: \$9 residents, \$12 nonresidents

Junior Explorers

Ages 6 – 8
Wednesdays, January 12 – February 16
Registration deadline: Monday,
January 10

Outdoor Explorers

Ages 9 – 12
Mondays, January 10 – February 14
Registration deadline: Saturday,
January 8
Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors in this program designed to allow children to interact with nature in unique ways. Activities include discovery, challenges and games. Make sure to send them dressed for outdoor play! (KL)

Art & Imagination

Ages 6 – 8
Tuesdays, December 14, January 11 & February 8
4:00 – 5:00 p.m.
Activity Center Park, Community Room
221 N. Main St.
Fee: \$9 residents, \$12 nonresidents
Registration deadline: Tuesday,
December 7

Does your child love art time? This drop-off program is designed to give your child an opportunity to get creative! They will try new techniques and design unique projects based on a monthly nature theme. (AB)

Winter Tie-Dye & Hot Cocoa

Activity Center Park, Community Room
221 N. Main St.
Fee: \$15 residents, \$18 nonresidents

Session A

Ages 6 – 9
Monday, December 6
5:45 – 7:00 p.m.
Registration deadline: Wednesday,
November 24

New!

Session B

Ages 10 – 15
Tuesday, December 7
5:30 – 7:00 p.m.
Registration deadline: Thursday,
November 25

Create your own tie-dye sweatshirt to prepare for the colder months! We will set up dye stations in the community room and walk you through the dying process. You will learn different patterns, how to care for your dyed sweatshirt, as well as enjoy some hot cocoa. (KT)

Kid's Glass

Fusing: Penguin Ornaments

Ages 6 – 10
with adult
companion
**Saturday,
December 11**
11:00 a.m. – 12:30 p.m. **OR**
1:00 – 2:30 p.m.
Activity Center Park, Community Room
221 N. Main St.
Fee: \$31 residents, \$46 nonresidents
Registration deadline: Sunday,
December 5

Children will use their creativity to make two penguin ornaments! Instructor Kathy Woodruff will assist the children and parents, guardians or grandparents as they work together on this special project. (AB)

Ornaments will be available for pick up approximately one week after class.



Winter Forts & Fires

Ages 6 – 10
Friday, January 21
6:00 – 7:30 p.m.
Grant Park, Kennard Nature Nook
6588 McEwen Rd.
Fee: \$9 residents, \$12 nonresidents
Registration deadline: Friday,
January 14

Do your children miss fort-building and campfires from their summer adventures? We will build an awesome blanket fort and learn about how Ohio wildlife stays warm or hibernates during winter. (AB)

Nature Design Challenges

Ages 7 – 13
Mondays, December 6, January 3 & February 7
4:00 – 5:00 p.m.
Grant Park, Kennard Nature Nook
6588 McEwen Rd.
Fee: \$9 residents, \$12 nonresidents
Registration deadline: Monday,
November 29

All engineers on deck! Meet us at the park for a fun-filled afternoon of science and engineering using materials from nature! Participants will get to plan, build and test their designs for the surprise STEM challenge of the day! (AB)

**Online resident registration begins
Monday, November 8, 10:00 a.m.**

RecKits

Recommended for ages 7 – 13

Fee/kit: \$9 residents, \$12 nonresidents

We prepare the activities and gather the materials and you just pick up and create! Pick up information will be emailed after the registration deadline. (AR)

It's the Holiday Season!

Monday, December 13

Registration deadline: Monday, December 6

With the holiday season kicking off, this RecKit is themed around the holidays! There are fun activities and an easy STEM challenge. The crafts can double as gifts or decorations!

Winter Wonderland

Monday, January 10

Registration deadline: Monday, January 3

Winter is here! Let's celebrate with some fun winter-themed crafts! Are you ready for a snow day? If so, this RecKit is for you!

It's Valentine's Day!

Monday, February 7

Registration deadline: Monday, January 31

This RecKit has everything you need to make some awesome Valentines for your friends! Plus, it also includes neat Valentine-themed science activities!



Online nonresident registration begins
Monday, November 15, 10:00 a.m.



Merry Mermaids Pottery Camp

Ages 8 – 12

Monday, December 27 – Wednesday, December 29

10:00 – 11:30 a.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$90 residents, \$110 nonresidents

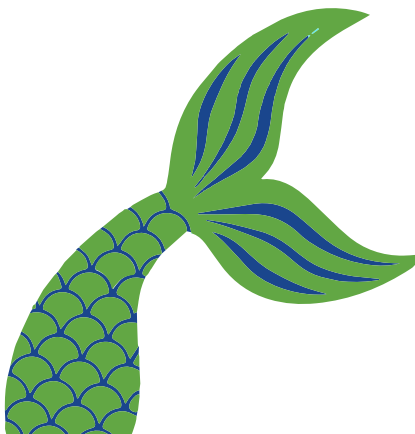
Registration deadline: Monday, December 20



Children will paint their own whimsical pottery pieces in this three-day camp with Kristin from Purple Paintbrush

LLC! Each day there will be one piece of pottery to paint. We will try different glazing applications on a mermaid ornament, a mug and a mermaid and seashell trinket box to store treasures! All pieces are food-safe once fired. All materials are included. (AB)

Projects will be fired and ready for pick up from Park District headquarters approximately two weeks after the last day of camp.



New!

Fire & Ice Party

Ages 8 – 12

Saturday, January 15

4:00 – 5:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$6 residents, \$9 nonresidents

Registration deadline: Monday, January 10

We will combine the elements of fire and ice during a winter hike and campfire. We will search for icicles, icy puddles and snowy patches that we can paint! Afterward, we will warm up around the campfire and make s'mores. (KT)



Lego Robotic Masters with Stemily Studios

Ages 8 – 12

Monday, December 27 – Thursday, December 30

9:00 – 11:00 a.m. **OR** 1:00 – 3:00 p.m.

*Activity Center Park, Conference Room
221 N. Main St.*

Fee: \$100 residents, \$120 nonresidents

Registration deadline: Monday, December 20

Children will learn how to build and program a new robot every session! They will use LEGO bricks, motors, sensors and computer programming! (KT)

New!

8-Bit Artists with Stemily Studios

Ages 8 – 14

Thursday, December 9

6:00 – 7:00 p.m.

*Activity Center Park, Conference Room
221 N. Main St.*

Fee: \$12 residents, \$16 nonresidents

Registration deadline: Thursday, December 2

Children will discover how the art was made in retro games, create their own 8-bit game characters and try their luck at some 8-bit challenges! (KT)

New!

Light Up Winter with Stemily Studios

Ages 8 – 14

Thursday, January 13

6:00 – 7:30 p.m.

Activity Center Park, Conference Room
221 N. Main St.

Fee: \$15 residents, \$20 nonresidents

Registration deadline: Tuesday,
January 11

Sure to light up your winter! Using LEDs and paper circuits, participants create a variety of light-up winter cards to share with friends and family. (KT)

New!

Light Up Valentines with Stemily Studios

Ages 8 – 14

Thursday, February 10

6:00 – 7:30 p.m.

Activity Center Park, Conference Room
221 N. Main St.

Fee: \$15 residents, \$20 nonresidents

Registration deadline: Tuesday,
February 8

Sure to light your Valentine's Day! Using LEDs and paper circuits, participants create a variety of light-up Valentine's Day cards to share with friends and family. (KT)

New!

Crafting Club

Ages 9 – 13

Thursdays, December 2, January 6 &
February 3

4:30 – 5:30 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Friday,
November 27

This fun after-school program covers basic crafting skills and techniques used to create unique nature-themed projects. We provide everything needed with no mess, prep or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock.

(AB)

Build Your Own Birdhouse

Ages 10 – 15 with an adult companion

Saturday, January 8

2:00 – 4:00 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$15 residents, \$19 nonresidents

Registration deadline: Saturday,
January 1

Take home a birdhouse you build together! Birdhouses are a great way for local birds to keep warm as the weather gets colder. All supplies provided. Each child enrolled must bring one adult. (KT)

Teen Art Focus: Clay Hand Building

Ages 11 – 14

Saturday, December 11

3:00 – 4:30 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$52 residents, \$67 nonresidents

Registration deadline: Monday,
December 6

Spend a wintery afternoon with friends building a unique clay project. All materials are included — one pound of clay per participant and a same-day glaze. Students are welcome to bring their own sketchbooks to draw up ideas or get inspiration from preexisting sketches. (AB)

New!

Conservation Crew

Ages 12 – 17

Invasive Plant Removal

Wednesday, December 22

1:00 – 3:00 p.m.

Big Bend Park

1328 Spring Ash Dr.

Registration deadline: Tuesday,
December 21

Winter is the perfect time to take out invasive ivy! Crew members will learn about this invasive and why we want to make the effort to remove it from your parks. We will head into the park and start pulling it. (KL)

Invasive Plant Removal 2

Monday, January 3

1:00 – 3:00 p.m.

Big Bend Park

1328 Spring Ash Dr.

Registration deadline: Sunday,
January 2

Ring in the New Year by tackling the ivy at Big Bend Park! Creating space by removing these plants will allow us to sow some spring wildflower seeds and improve the habitat! Participants will get to take a few spring wildflower seeds to start their own habitats. (KL)

Seed Preparation

Friday, February 4

4:00 – 6:00 p.m.

Activity Center Park, Community Room
221 N. Main St.

Registration deadline: Thursday,
February 3

The seeds we collected in September need to be cleaned, weighed and prepared for upcoming projects! Wear clothing that can get dirty. This session will take place indoors. (KL)



Online resident registration begins
Monday, November 8, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.

Young Birders Club

Ages 12 – 17

Tuesdays, January 4 AND/OR
February 1

4:30 – 6:00 p.m.

Bill Yeck Park, Smith House
2230 E. Centerville-Station Rd.

Fee/session: \$4 nonresidents

Registration deadline: Sunday,
January 30

Bird watching and identification is a fascinating subject. You will walk away with a greater knowledge of birds and their role in the ecosystem. Club activities are based on participant feedback, so you direct the focus of the study. A light snack is included. **February's meeting will include a pizza party!** (KL)



CHILDREN'S WELLNESS

(AGES 3 – 17)

Amazing Athletes at the Park

Ages 3 – 6

Activity Center Park, Community Room
221 N. Main St.

Fee/session: \$54 residents, \$67 nonresidents

Session A

Ages 3 – 4

5:30 – 6:15 p.m.

Wednesdays, December 1 – 22

Registration deadline: Sunday,
November 28

Session B

Ages 3 – 4

5:30 – 6:15 p.m.

Wednesdays, January 5 – 26

Registration deadline: Sunday,
January 2

Session C

Ages 3 – 4

5:30 – 6:15 p.m.

Wednesdays, February 2 – 23

Registration deadline: Sunday,
January 30

Balance! Run! Jump! Catch! Kick! Come join Amazing Athletes as we practice our coordination, fine motor skills and gross motor skills! This program uses the fundamentals of ten different sports to help build and develop motor skills, nutritional knowledge and body awareness. Sign up for all three sessions and receive an Amazing Athletes t-shirt!

This class will be held both indoors and outdoors (if possible), so please dress accordingly.

Visit amazingathletes.com for more information on the Amazing Athletes program.

(AS)



New!



Session D

Ages 5 – 6

6:30 – 7:15 p.m.

Wednesdays, December 1 – 22

Registration deadline: Sunday,
November 28

Session E

Ages 5 – 6

6:30 – 7:15 p.m.

Wednesdays, January 5 – 26

Registration deadline: Sunday,
January 2

Session F

Ages 5 – 6

6:30 – 7:15 p.m.

Wednesdays, February 2 – 23

Registration deadline: Sunday,
January 30



DID YOU KNOW?

**Your Park District has 40
playgrounds! Find a new-to-
you playground on**

cwpd.org/parks/find-a-park/

Online nonresident registration begins
Monday, November 15, 10:00 a.m.

FLOWer Buds

Ages 3 – 5

**Mondays, December 6, January 10
AND/OR February 21**

4:30 – 5:15 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee/session: \$9 residents, \$12
nonresidents

Registration deadline: One week prior
to the session

Budding artists use movements that flow
into art. We will put our coordination
and imagination to work while we make
active artwork! Please dress in clothing
that can get messy! (AS)

Creature ComMOTION

Ages 4 – 6

1:00 – 1:45 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee/session: \$6 residents, \$10
nonresidents

Session A

Wednesdays, December 1 – 29

(no class December 22)

Registration deadline: Monday,
November 29

Session B

Wednesdays, January 5 – 26

Registration deadline: Monday,
December 27

Session C

Wednesdays, February 2 – 23

Registration deadline: Monday,
January 31

Little ones will learn animal sounds
and movements that assist in motor
development and rhythmic skills. They
will have an opportunity to interact with
other children their age. They will enjoy
activities with a nature theme, age-
appropriate equipment and fun music.
Participants will learn fascinating facts
about animals and habitats from A to
Z, found in your parks and around the
world! Group and individual activities
will be included for children to expand
their social skills and be creative. (AS)

New!



ABC

Kidding Around Yoga with Elissa

Saturdays, February 5 – 26

*Activity Center Park, Community Room
221 N. Main St.*

Fee/session: \$24 residents, \$32
nonresidents

Registration deadline: Wednesday,
February 2

Junior YOGIs

Ages 4 – 6

9:00 – 10:00 a.m.

Youth YOGIs

Ages 7 – 11

10:30 – 11:30 a.m.



These classes are very
different from the
serious, quiet yoga
classes you might have
experienced as an adult.
Kidding Around Yoga
with Elissa is a fun
and interactive class!

Classes use movement,
meditation, lively music, games and
mindful activities to give children tools
to help with self-regulation in an age-
appropriate and healthy way.

Please bring a yoga mat, towel, water
bottle, and positivity for each class! (AS)

New!

Fitness Fusion for Kids

Ages 7 – 11

Saturdays, January 8 – 29

10:00 – 11:00 a.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$20 residents, \$29 nonresidents

Registration deadline: Wednesday,
January 5

A fitness class designed to show and
teach children different varieties of
exercise. This fun and energetic class
will incorporate different types of cardio
such as Zumba for Kids, as well as,
Tabata, circuit and strength training to
help build strong muscles. Each class
will vary in the types of exercises and
will help to build speed, power, strength
and endurance. This session is taught by
Emily Chandler, a certified group fitness
and Zumba Kids instructor.

A light set of free weights (one or two
lbs.), and a towel or yoga mat is needed
for each class! (AS)

New!



Online resident registration begins
Monday, November 8, 10:00 a.m.



Youth Athlete Wellness Series with Dayton Children's Hospital

Ages 18 and up with their young athlete(s)
1:00 – 2:00 p.m.
Activity Center Park, Community Room
221 N. Main St.

New!

Mindfulness/Resiliency for the Young Athlete

Sunday, December 5

Registration deadline: Friday, December 3

Resilient athletes focus on an attitude of growth and progression. This class will focus on building an athlete's strengths, focusing on creating realistic goals and helping the athlete identify where they can get support for the physical and psychological aspects of their training.

Please bring a yoga mat or towel.

This class will be held by an Athletic Trainer from Dayton Children's Hospital. (AS)

Athlete Warm-Up and Stretching

Sunday, January 9

Registration deadline: Friday, January 7

A flexible body can prevent injury, keep muscles strong and also help your athlete stay in the game. This class will demonstrate the types of stretches that are important for active kids to include in their daily warm-up for sports participation. We will also emphasize a plan for properly cooling the body down after strenuous exercise to safely recover and rest.

Please dress comfortably and bring a water bottle.

This class will be held by a staff member from Dayton Children's Hospital. (AS)

Nutrition Kitchen for Fueling the Athlete

Sunday, February 6

Registration deadline: Friday, February 4

We will discuss the basics of fueling for your sport and the different nutrients that need to be considered to keep you playing and competing at your best. We will talk about energy intake, nutrient timing and hydration. Class includes a cooking demonstration.

Bring your recipe ideas for a powerful snack to share!

This class will be held by Emily Callen, Community Food Equity Manager, and Emily Scavuzzo, Clinical Dietician, from Dayton Children's Hospital. (AS)



Online nonresident registration begins
Monday, November 15, 10:00 a.m.

FAMILY PROGRAMS

The Winter **PopUP** Park Challenge



All ages

Begins Wednesday, December 1

The Pop-Up Park Challenge is back for more winter-themed fun! Throughout the winter months we'll be posting challenges on our Facebook page. Complete eight out of ten posted pop-up park challenges on your own, or with family and friends, and win a \$20 gift card to My Favorite Muffin! In addition, each winner will be entered into a grand prize drawing!

Most challenges will involve visiting a specific park location to fulfill a task or to find a landmark. Other challenges will involve attending one of our winter events! You won't know the challenge until the challenge time clock begins, and then you'll have a deadline to complete it! Post a photo in the comments of each Facebook post proving challenge completion.

Like us on Facebook to get more updates about this winter's Pop-Up Park Challenge!

Registration is not required. One prize per household. (AN)





Spot the Snowman absolutely loves doing park activities. As he visits each one he wants a token to remember them by — and his favorite souvenirs are snow globes!

Do You Want To Paint a Snow Globe?

All ages

Pick up snow globes: Friday, December 3 – Monday, December 6

Return finished snow globes: Friday, December 17 – Monday, December 20

Activity Center Park

221 N. Main St.

Fee/snow globe: \$20 residents, \$24 nonresidents

Registration deadline: Wednesday, December 1

Each participating family will pick up a plywood cutout and paint it to resemble Spot's favorite activity and CWPDP park. Drop Spot's snow globe back off at the Park District with a short explanation of the activity and the park it represents. Prizes will be awarded for the most popular Spot the Snowman snow globe designs!

Snow globes will be turned in and featured in our Souvenirs From Spot Scavenger Hunt. Winners of the painting contest will be announced on February 22. (AS/KL)

Spot's Snow Globes Scavenger Hunt

All ages

Thursday, January 6 – Thursday, February 17

Registration deadline: Wednesday, February 9

(If you register after January 13, you will miss some clues)

Each week, participants will receive a clue to go out in your parks to find several of Spot's snow globes. Mark their numbers and where you found them on the recording sheet. Turn in your sheets for a tiny snow globe of your own to paint. Don't forget to vote for your favorite of Spot's snow globes!

(AS/KL)



Winter Hiking Club

All ages

10:00 – 11:00 a.m.

Fee/family/session: \$4 nonresidents

Saturday, December 4

Oak Creek South Park (paved path)

790 Miamisburg Centerville Rd.

Saturday, December 11

Woodbourne Springs Park (natural path)

220 W. Whipp Rd.

Saturday, January 8

Robert F. Mays Park (paved path)

10553 Paragon Rd.

Saturday, January 22

Pleasant Hill Park (natural path)

358 Zengel Dr.

Saturday, February 5

Bill Yeck Park, Rooks Mill Entrance

(natural path)

8798 Rooks Mill Ln.

Saturday, February 26

Bill Yeck Park, Smith House (crushed

limestone path)

2230 E. Centerville Station Rd.



Getting outdoors makes us happy and healthy, especially in the wintertime! Participants will join the instructor for a brief nature lesson before the group starts the hike to explore the park. This is a Tools to Trek program. Individuals attending three or more hikes will get a themed patch. (KL)

**Online resident registration begins
Monday, November 8, 10:00 a.m.**

Ultimate Family Freeze Tag

All ages

Sunday, December 5

2:00 – 3:30 p.m.

Willowbrook Park

10225 Park Edge Dr.

Registration deadline: Wednesday, December 1

Tag! You're frozen! Compete with the basic rules of freeze tag — but can you handle what nature throws at you? Families will be spread out in the park. At the end of the game, we will come together to heat up with some fun twists on hot chocolate. (KT)

Nature Quest

Recommended for families with children ages 6 and up

Saturday, December 11

1:00 – 2:00 p.m. **OR** 2:15 – 3:15 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee/team: \$6 residents, \$9 nonresidents

Registration deadline: Thursday, December 9

Are you ready to brave the cold and compete in the ultimate nature challenge? We will test your team's knowledge and skills on survival, wildlife, forestry and more! You will move around the park, visiting stations and picking up points as you complete challenges. Who will get the top score? (KL)



Tools to Trek

Attend Tools to Trek programs to earn a free Trek Pack! Print your Tools to Trek tracking sheet on www.cwpd.org. Bring your tracking sheet to Tools to Trek programs to collect stamps. Once your sheet is full, turn it in to collect your prize!

Online nonresident registration begins
Monday, November 15, 10:00 a.m.

Let's Meet Up at the Nature Playce

All ages

Wednesdays, January 5, February 2 & March 2

10:00 – 11:00 a.m.

Grant Park, Mark Kreusch Nature Playce
6588 McEwen Rd.

Fee: \$4 nonresidents

Enjoy fresh air and nature playtime. Meet other parents/caregivers and their children. Stop by the Kennard Nature Nook for a free snack, then explore the Mark Kreusch Nature Playce during an unstructured and casual meet-up! Staff will have one activity planned for each session that children can participate in before or after unstructured playtime.

Attend as few or as many sessions as you like. The meet-up will not be held in inclement weather. This is not a drop-off program; parents/caregivers are required to stay with their children. Please register each person attending. (AB)

Friends & Family Hike Series

All ages

Winter Wonderland Hike

Saturday, January 8

2:00 – 3:00 p.m.

Grant Park

501 Normandy Ridge Rd.

Registration deadline: Thursday, January 6

Valentine Hike

Saturday, February 12

Noon – 1:00 p.m.

Forest Field Park

2100 E. Centerville-Station Rd.

Registration deadline: Thursday, February 10

Staff and volunteers will guide you through the park, which makes these hikes perfect for those just getting acquainted with the nature parks and those who have been hiking in the parks for years.

Please dress for natural trails and bring water. Strollers are not recommended. (AS)

Nocturnal Nature Series

All ages



Explore nature at night with this series! We will focus on different topics each month and observe seasonal changes. Please dress for a hike on a natural path. Flashlights are optional.

Sleeping Animals

Wednesday, January 12

6:00 – 7:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee/family: \$4 nonresidents

Registration deadline: Monday, January 10

We will discuss how the diurnal animals spend the night while touring the Time Trail. This is a Tools to Trek program.

(KL)

All About The Moon

Wednesday, February 16

6:30 – 7:45 p.m.

Grant Park

501 Normandy Ridge Rd.

Fee/family: \$4 nonresidents

Registration deadline: Monday, February 14

We will learn fun facts about our Moon! This is a Tools to Trek program. (KL)



Wildlife Rehab with Glen Helen Raptor Center

Ages 10 and up

Thursday, February 3

6:30 – 8:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Registration deadline: Sunday,
December 5

Join the Washington-Centerville Public Library and the Park District for a presentation about what goes into rehabilitating a wild animal for release. Glen Helen will bring some of their animal ambassadors and share stories of recovery. They will teach you what can be done to help all animals thrive in their natural environment. (KL)

Planning a Butterfly Garden

Recommended for ages 6 and up

Thursday, February 24

6:00 – 7:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee/family: \$4 nonresidents

Registration deadline: Tuesday,
February 22



Winter is the time to plan out your butterfly garden! As a family, you will learn what butterflies need and about the best plants for your space. Then together, you will create a design for your yard. This is a Tools to Trek program. (KL)



Forts in the Forest

All ages

Saturday, February 26

3:00 – 4:30 p.m.

*Forest Walk Park
7570 Forest Brook Blvd.*

Fee: \$4 nonresidents

Registration deadline: Saturday,
February 19

Build forts with what nature provides — sticks, leaves, mud or snow! Discover the fun of using nature to make a shelter as a family. Home tweet home, as the birds would say! Prizes will be awarded for most creative use of materials, most livable and most woodland fairy-tastic. At the end of the program, we will take a commemorative picture and learn the proper way to give your creation back to nature. (KT)



ADULT PROGRAMS

Holiday Wreath Kit

Recommended for ages 14 and up

Monday, December 6

Fee: \$35 residents, \$44 nonresidents

Registration deadline: Monday,
November 29

This kit is designed with teenagers and adults in mind! December marks the start of the holiday season, and this kit has the supplies you need to make a festive deco mesh wreath for your door or wall! Choose one of two themes for your wreath. The kit will consist of a wreath frame, deco mesh and ribbon. Add any additional embellishments to further tailor it to your style. (AR)

Hike With a Naturalist

Ages 18 and up

5:30 – 7:00 p.m.

Fee: \$4 nonresidents

December Hike

Thursday, December 9

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Registration deadline: Tuesday,
December 7

January Hike

Thursday, January 27

*Grant Park
501 Normandy Ridge Rd.*

Registration deadline: Tuesday,
January 25

February Hike

Thursday, February 10

*Forest Field Park
2100 E. Centerville-Station Rd.*

Registration deadline: Tuesday,
February 8

Join us on this monthly stroll through your parks. A naturalist will point out seasonal changes and discuss the wildlife we observe. (KL)

Online resident registration begins
Monday, November 8, 10:00 a.m.



Glass Fusing: Holiday Ornaments

Ages 16 and up

Thursday, December 9

Friday, December 10

6:00 – 8:00 p.m.

AND/OR

Tuesday, December 14

7:00 – 9:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee/session: \$37 residents, \$53 nonresidents

Registration deadline: one week prior to the class

Get a head start on decorating or making your own holiday gifts! Instructor Kathy Woodruff will lead the class in creating a variety of fused glass ornaments. You can make 4 – 6 ornaments per class depending on the level of detail you choose. Kathy will have a variety of options. (AB)

Ornaments will be available for pick up from Park District headquarters during office hours approximately one week after class.

Intro to Needle Felting

Ages 16 and up

Sunday, December 12

2:00 – 4:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Sunday, December 5

Learn a new skill this winter! This class is designed for all skill levels; providing as much or as little assistance as you would like. We will felt a snowman that you will get to take home. All supplies provided. (AR)



Stitches and Sparrows

Ages 14 and up

Thursdays, December 16, January 20 & February 17

6:30 – 8:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$15 residents, \$19 nonresidents

Registration deadline: Thursday, December 9

Stitch this adorable custom cross stitch pattern featuring sparrows of Ohio. We will get you started on the basics of cross stitch (no experience needed) and will teach you about each bird on the pattern. (KL)



Introduction to Watercolor

Ages 18 and up

1:00 – 3:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$35 residents, \$45 nonresidents

Session A

Saturday, December 18

Registration deadline: Sunday, December 12

Session B

Saturday, January 8

Registration deadline: Sunday, January 2

Have you always wanted to try watercolor painting, but didn't know where to start? Learn basic painting techniques, washes, wet-in-wet, blending and layering. We will cover how to make the most of materials and brushes. Playing with materials to gain comfort, we will focus on creating a nature scene.

Attendees will leave the class with a frame-ready creation and a materials kit. Materials kit includes paint palette, metal mixing tray, metal water cup, spray bottle, reusable bamboo paper towel, a #10 round brush and six sheets of 6" x 9" watercolor paper. Kits are created with as many eco-friendly products as possible. (KT)

Intermediate Watercolor

Ages 18 and up

Saturday, January 22

1:00 – 3:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$25 residents (class only) **OR** \$70 (class and kit), \$35 nonresidents (class only) **OR** \$80 (class and kit)

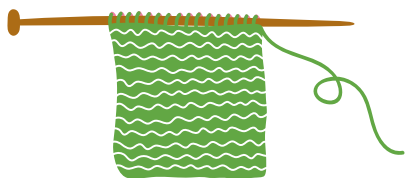
Registration deadline: Sunday, January 16

Familiar with watercolor or have taken the introduction class and want to take your skills to the next level? Join us to learn how to add interest to backgrounds, work with a limited palette to improve mixing skills and work with limited brushes to improve dexterity. Leave class with a frame-ready creation! (KT)

Materials needed: Aureolin Yellow or Cadmium Yellow Pale, Rose Madder or Alizarin Crimson, Cobalt Blue or Ultramarine Blue, #8 round brush, #10 flat brush, mixing tray, water cup, spray bottle, watercolor paper. Material kits are available to purchase. Kits are created with as many eco-friendly products as possible.



Online nonresident registration begins
Monday, November 15, 10:00 a.m.



Chunky Knit Blanket Workshop

Ages 16 and up

Sunday, December 19

1:00 – 4:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$55 residents, \$70 nonresidents

Registration deadline: Sunday, December 12

AR Workshop will guide you step-by-step through the hand knitting process to create a super cozy, one-of-a-kind blanket. Make one for you or make one as a gift! The blanket requires no needles or knitting experience! You will receive enough chunky chenille yarn in the color of your choice to make an (approximately) 40" x 50" blanket. The finished size may vary depending on your individual hand-knitting process. The registration fee includes all materials and instruction. Halfway through the program, we will take a break to walk and explore the wonders of winter nature at Grant Park! (KT)

Glass Fusing: Bubble Wave Bowl

Ages 16 and up

Thursday, January 6

6:30 – 8:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$54 residents, \$74 nonresidents

Registration deadline: Thursday, December 30

Start the new year with a wave of creativity! Learn the principles of kiln-fired glass and the skills to cut glass from instructor Kathy Woodruff. No matter how artistic you are, your unique bowl will be a beautiful and functional piece of artwork. (AB)

Projects will be available for pick up from Park District Headquarters during daylight hours approximately one week after class.

LIFT UP and Laugh

Recommended for ages 50 and up

Mondays, January 10 – 31

4:30 – 5:15 p.m.

*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*

Fee: \$14 residents, \$18 nonresidents

Registration deadline: Tuesday, January 4

LIFT UP focuses on six essential concepts to get us through trying times and boldly embrace life — Laugh, Inspire, Thrive, Fellowship, Uplift and Play.

Each week, we will enjoy a laughter club, creative experience, group games and personal connection — all while practicing safe social distancing. This club is a fun and unique opportunity for adults to connect and develop tools against depression and isolation. (AB)

Class will meet in the backyard of the Smith House if the weather is favorable and will move indoors if necessary.

Laughter is
an instant
vacation.
—Milton Berle



Winter Tree ID Workshop

Ages 14 and up

Saturday, January 29

10:00 – 11:30 a.m.

*Grant Park
501 Normandy Ridge Rd.*

Fee: \$6 residents, \$9 nonresidents

Registration deadline: Thursday, January 27

A naturalist will point out tips for identifying trees in winter! Participants will receive an information packet on winter tree identification to assist them beyond the workshop. The hike is on a natural path. (KL)

Chat With a Naturalist: Planting for Pollinators

Ages 14 and up

Friday, February 25

6:30 – 8:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$4 nonresidents

Registration deadline: Wednesday, February 23

We will discuss the benefits of planting native and highlight some of our favorite plants that look beautiful and attract pollinators! After the presentation, we can talk about your yards and what may be a good fit for your aesthetics! (KL)

Online resident registration begins Monday, November 8, 10:00 a.m.

ADULT WELLNESS

Fitness Yoga

Ages 18 and up

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Session A

Wednesdays, December 1 – January 12

(no class December 22)

6:00 – 7:15 p.m.

Fee: \$36 residents, \$47 nonresidents

Registration deadline: Monday,
November 29

Session B

Tuesdays, December 7 – January 11

9:30 – 10:30 a.m.

Fee: \$29 residents, \$38 nonresidents

Registration deadline: Sunday,
December 5

Session C

Tuesdays, January 18 – February 22

9:30 – 10:30 a.m.

Fee: \$29 residents, \$38 nonresidents

Registration deadline: Sunday,
January 16

Session D

Wednesdays, January 19 – February 23

6:00 – 7:15 p.m.

Fee: \$36 residents, \$47 nonresidents

Registration deadline: Monday,
January 17

You will get it all in one fitness class — a challenging workout, yoga practice, as well as, mindfulness and functional movement for vitality and longevity. All levels welcome. Taught by certified yoga instructor Dan Loofboro.

Please bring a yoga mat and water. (AS)

Hike for Your Health

Ages 18 and up

Wednesdays, December 1 – February 23

9:30 – 10:30 a.m.

Fee: \$15 nonresidents

Designed to get your heart rate up and get you moving outdoors this winter! Staff and volunteers will lead you on these guided, self-paced hikes. Hike for Your Health is a wonderful opportunity to get to know your parks better. Please wear appropriate shoes for trails that may be muddy.

There is no registration deadline for this program. Join anytime! (AS)

Date	Park
December 1	Grant, Normandy
December 8	Bill Yeck, Smith House
December 15	Grant, Watts
December 22	Bill Yeck, Rooks Mill
January 5	Grant, Kennard Nature Nook
January 12	Bill Yeck, Smith House
January 19	Grant, Normandy
January 26	Bill Yeck, Rooks Mill
February 2	Grant, Watts
February 9	Bill Yeck, Smith House
February 16	Grant, Kennard Nature Nook
February 23	Bill Yeck, Smith House

Hike cancellations due to inclement weather will be posted on www.cwpd.org.



A Walk in the Park

Ages 18 and up

Tuesdays & Thursdays, December 2 – February 24

(no walk December 23)

9:30 – 10:30 a.m.

Get outdoors, enjoy sunshine and fresh air while meeting other walking enthusiasts. These are self-guided walks around your community parks! Walking helps maintain a healthy weight, increases energy, lifts your spirits, strengthens memory and protects from heart disease and high blood pressure. Enjoy reduced stress, improved quality of sleep and the many benefits from an improved quality of life. It will be 'A Walk in the Park!'

There is no registration deadline for this program. Join anytime! (AS)

Date	Park
December 2	Oak Creek South
December 7	Oak Grove
December 9	Forest Field
December 14	Schoolhouse
December 16	Iron Horse
December 21	Oak Creek South
December 28	Robert F. Mays
December 30	Yankee
January 4	Forest Field
January 6	Schoolhouse
January 11	Yankee
January 13	Oak Creek South
January 18	Holes Creek*
January 20	Forest Field
January 25	Robert F. Mays
January 27	Yankee
February 1	Iron Horse
February 3	Holes Creek*
February 8	Oak Grove
February 10	Forest Field
February 15	Schoolhouse
February 17	Yankee
February 22	Holes Creek*
February 24	Oak Creek South

***Overflow parking at The Gathering Church at 8911 Yankee Street.**

Online nonresident registration begins
Monday, November 15, 10:00 a.m.



Trail Trekking

Ages 18 and up

Fridays, December 3 – February 25

(no trekking December 24)

9:30 – 10:30 a.m.

Fee: \$15 nonresidents

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The Cooper Institute research studies showed that Nordic walking burns more calories, increases oxygen consumption and can be 46% more efficient than normal walking. It's a great workout!

Please wear shoes comfortable for paved paths and bring a bottle of water. Nordic poles provided are adjustable to your height.

There is no registration deadline for this program. Join anytime! (AS)

Date	Park
December 3	Forest Field
December 10	Iron Horse
December 17	Oak Creek South
December 31	Holes Creek*
January 7	Iron Horse
January 14	Schoolhouse
January 21	Yankee
January 28	Oak Grove
February 4	Forest Field
February 11	Schoolhouse
February 18	Robert F. Mays
February 25	Oak Grove

*Overflow parking at The Gathering Church at 8911 Yankee Street.

Yoga in the Park

Ages 18 and up

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee/session: \$52 residents, \$67 nonresidents

Session A

Saturdays, December 4 – January 22

(no class December 25 or January 1)

7:45 – 8:45 a.m.

Registration deadline: Wednesday, December 1

Session B

Saturdays, December 4 – January 22

(no class December 25 or January 1)

9:00 – 10:00 a.m.

Registration deadline: Wednesday, December 1

Session C

Mondays, December 6 – January 17

(no class December 27)

9:30 – 10:30 a.m.

Registration deadline: Friday, December 3

Session D

Mondays, January 24 – February 28

9:30 – 10:30 a.m.

Registration deadline: Friday, January 14

Session E

Saturdays, January 29 – March 5

7:45 – 8:45 a.m.

Registration deadline: Wednesday, January 26

Session F

Saturdays, January 29 – March 5

9:00 – 10:00 a.m.

Registration deadline: Wednesday, January 26

Method Yoga Studio's Megan Lees leads these yoga classes for all levels. Classes include warm-up, breath work, standing poses, flowing poses and end with relaxation. Please bring a yoga mat and water. (AS)

Fitness Fusion

Ages 18 and up

Saturdays, December 4 – January 22

(no class December 25 or January 1)

8:30 – 9:30 a.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$29 residents, \$38 nonresidents

Registration deadline: Thursday, December 2

Fitness Fusion incorporates cardio, circuit training, resistance training, pilates and compound exercises. Each class will vary in the types of exercises and will help you build speed, power, strength and endurance. We will target different muscle groups using different methods of training, allowing you to experience a jump start in fat loss and muscle definition. Modifications provided. No guts, no glory! Taught by Emily Chandler, a certified group fitness instructor. You will need a light set of weights and a towel or yoga mat. (AS)

Pilates in the Park

Ages 18 and up

Tuesday, December 21,

Tuesday, January 18 AND/OR

Tuesday, February 15

6:30 – 7:30 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee/session: \$5 residents, \$7 nonresidents

Registration deadlines: Sunday, December 5, Sunday, January 16 AND Sunday, February 13

Mat Pilates is a strengthening and lengthening form of exercise that focuses on your core muscles while also training your arms and legs. Movements can be modified for any age, body or fitness level. This class is perfect for beginner and experienced participants. Join the My Pilates Studio instructor for a full-body workout overlooking Grant Park.

Please bring a water bottle and an exercise mat. (AS)

Online resident registration begins Monday, November 8, 10:00 a.m.

Tai Chi for Wellness

Ages 18 and up

Fee/session: \$29 residents, \$38 nonresidents

Harvard School of Integrative Medicine tells us the slow meditative movements, deep breathing and relaxation characteristic of Tai Chi practice creates a special biological state that activates our capacity for body/mind wellness and healing. Great for stress relief, post-illness or managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones. All Tai Chi classes are taught by certified Integral Qigong and Tai Chi instructor Judy Wilson.

Beginner Tai Chi Session A

Thursdays, January 13 – February 17

9:00 – 10:00 a.m.

*Activity Center Park, Community Room
221 N. Main St.*

Registration deadline: Tuesday,
January 11

Beginner Tai Chi Session B

Saturdays, January 15 – February 19

10:30 – 11:30 a.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Registration deadline: Thursday,
January 13

An introduction to Tai Chi and Qigong (pronounced Chi Kung) principles and form through Tai Chi Easy™ — a form created by Roger Jahnke, O.M.D. — to make Tai Chi accessible and fun for everyone. (JH)

Intermediate Tai Chi

Mondays, January 10 – February 14

6:00 – 7:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Registration deadline: Friday, January 7

Continuing to develop Tai Chi and Qigong principles moving from Tai Chi Easy™ into Dr. Roger Jahnke's Integral Tai Chi form. (AS)

Ohio Coaching Collective:

Flying Pig Race Training

Ages 18 and up

Wednesdays & Saturdays, January 12 – April 30

Wednesdays, 4:30 – 5:30 p.m. (5:30 – 6:30 p.m. after time change)

*Oak Grove Park, Noon Optimist Shelter
1790 E. Social Row Rd.*

Saturdays, 8:00 – 9:00 a.m.

*Iron Horse Park
6161 Millshire Dr.*

New!

Fee: \$100 residents, \$120 nonresidents

Registration deadline: Thursday,
January 8

A 16-week training program to prepare both the novice runner and more experienced runner for The Flying Pig 5k, 10k, half or full marathon! Focusing on specific and focused phases, experienced coaches will take you through a progressive training cycle full of education and preparation. The program includes bi-weekly supported group runs (~32 total), including mid-week speed work, informational clinics, weekly educational focus and access to RRCA certified running coaches.

Registration for the Flying Pig 5k, 10k, half marathon, or marathon in Cincinnati is not included. Please visit flyingpigmarathon.com for more information on the Flying Pig races. (AS)

Hit the Paved Trails!

Spend this winter exploring your parks.

- **Bill Yeck/Forest Field Park:** 0.5 mile paved loop and additional limestone trails
- **Black Oak Park:** 0.2 mile (one way) up steep hill from Ambridge Rd. to Braewood Tr. *No bicycles permitted.*
- **Hithergreen Park:** 0.25 mile loop
- **Holes Creek/Silvercreek Parks:** 1.3 miles one way
- **Iron Horse Park:** 2 miles one way
- **Oak Creek South Park:** 0.4 mile perimeter path
- **Oak Grove Park:** 1.5 mile perimeter path (shorter loops are also available)
- **Robert F. Mays Park:** 0.75 mile perimeter path
- **Schoolhouse Park:** 0.75 mile perimeter path
- **Yankee Park:** 0.82 mile perimeter path (including sidewalk along Yankee St.), center path is 0.19 mile

Paint Pouring & Pure Barre

Ages 18 and up

Tuesday, February 15

6:00 – 8:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$9 residents, \$12 nonresidents

Registration deadlines: Friday,
February 11

A little bit of art and a great workout! We have teamed up with Pure Barre to work on our minds and bodies! Participants will create a canvas painting to take home. What a great way to celebrate Galentine's Day!

This Pure Barre classic class provides a low impact, high intensity, total body workout in just 50 minutes! You'll leave the workout feeling refreshed and stress-free! (AS)



Online nonresident registration begins
Monday, November 15, 10:00 a.m.

The Park District is made up of 51 community, nature and neighborhood parks. Visit www.cwpd.org for detailed information and a map to each park.

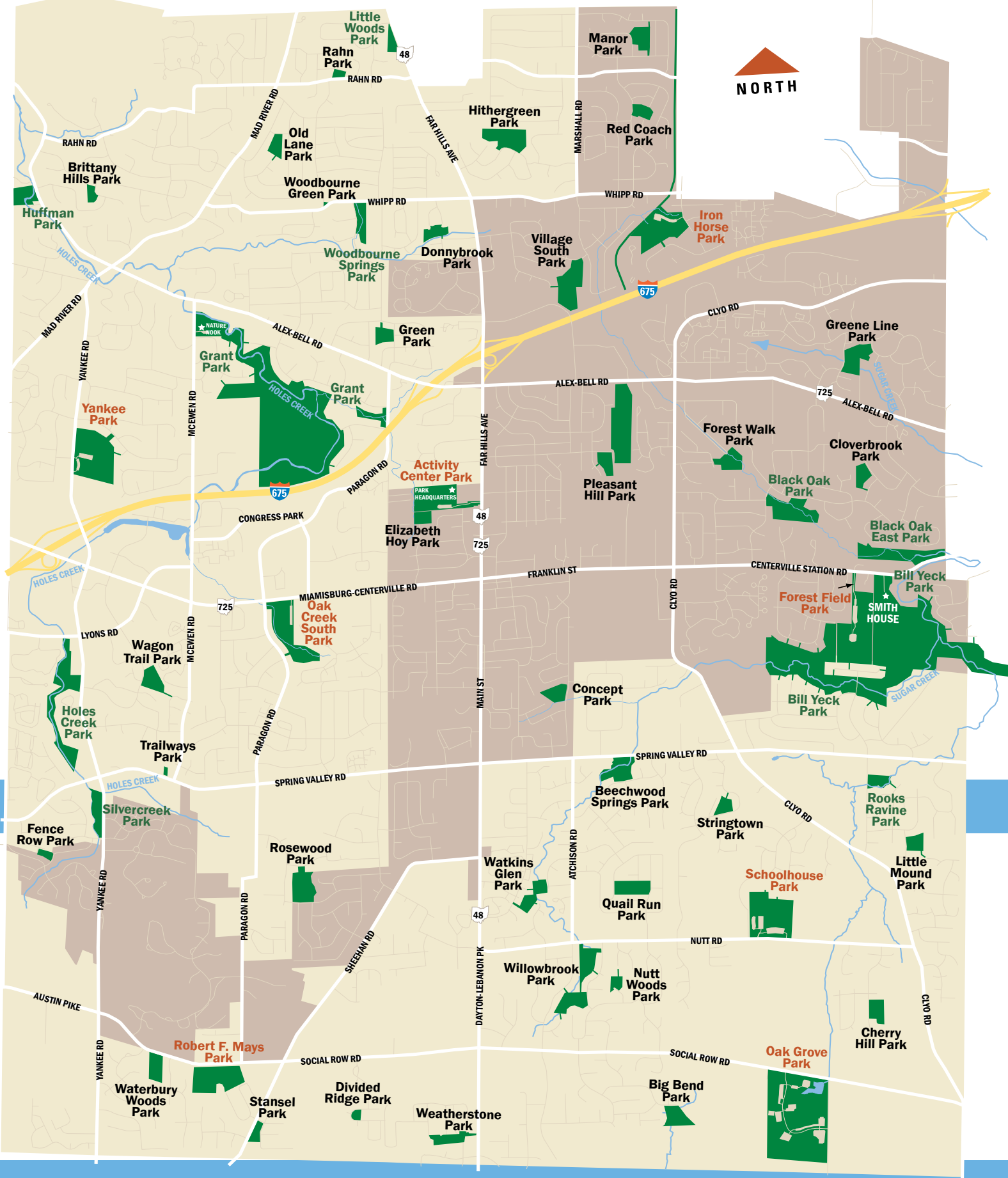
Community Park

Nature Park

Neighborhood Park

City of Centerville

Washington Township



HOW TO REGISTER

WHY REGISTER ONLINE?

#1

You're first in line!

Online registration takes place the day before phone or walk-in registration.

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It's convenient

The flexibility to register and pay at your convenience, anytime, from anywhere.



It saves time

In less than five minutes, you can setup your account and enroll for your program.



It's easy

Three simple steps, and you'll be enrolled in the program of your choice.



It's environmentally friendly

No need to use gas driving over to register in person. And it saves paper.

**Online resident registration
begins November 8.**

Online

Visit <https://cwpd.recdesk.com> to register. To expedite your registration, create an account prior to 10:00 a.m. on November 8. Centerville and Washington Township residents, please list Dayton as the city in your address or the site will not recognize you as a resident. This website can be used for free programs and for fee-based programs with a debit or credit card.

By Phone

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 3:30 p.m. Please have your credit card ready for fee-based programs. **Phone registration begins one day later than online registration.**

In Person

Visit Park District headquarters at 221 N. Main Street Monday – Friday between 8:00 a.m. and 3:30 p.m. You may pay with cash, check or credit card. Make checks payable to CWPDP or Centerville-Washington Park District. In person registration begins one day later than online registration. **Please check our website notices prior to visiting. Our office may be closed to visitors due to COVID-19.**

Registration and Refund Policy

- Residents may register members of their family and one other resident family.
- Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees or receive a refund.

Access for All

We are committed to providing programs, services and facilities that ensure inclusive and adapted access for all. Please contact us if you require any additional modifications or support because of a disability.

Centerville-Washington Park District Program Release

When registering for or attending any Park District program, you are required to agree to the following statement:

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.

**Online Resident Registration Begins
Monday, November 8
at 10:00 a.m.**

**Online Nonresident Registration Begins
Monday, November 15
at 10:00 a.m.**



Please recycle this issue of News & Events when it is no longer of use to you. Thank you!

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Look inside for more, including our popular series programs!