

SEPTEMBER - NOVEMBER 2021

Centerville-Washington **PARK DISTRICT** **NEWS & EVENTS**

**Fall program
registration
begins online
Monday,
August 9.**



Explore your community's BIG backyard!

Oak Creek South Park



Headquarters

Activity Center Park
221 North Main Street
Centerville, Ohio 45459-4617
(937) 433-5155
Fax: (937) 433-6564
Second Shift/Weekends:
(937) 470-9246
mail@cwpcd.org
www.cwpcd.org

Office Hours

Monday – Friday
8:00 a.m. to 3:30 p.m.
Office Closed September 6,
November 25 & 26, 2021

Park Addresses

For more information and each park's
address, visit www.cwpcd.org.



Dog Park Closures

www.cwpcd.org/parks/oak-grove/dog-park/dog-park-closure-status/



Athletic Field Conditions

www.cwpcd.org/field_status/

Area Youth

Athletic Organizations

Centerville Baseball Softball League
www.cbltoday.org

Centerville Recreational Soccer
www.centervillesoccer.com

Centerville United Soccer Association
www.cusasoccer.org

Centerville Wee Elks
Football Association
www.weeelks.org

Centerville Youth Lacrosse
www.cvlax.org

TABLE OF CONTENTS

Special Events	4
Preschool Programs	6
Children's Programs	8
Family Programs	11
Adult Programs	14
Adult Wellness	17
Park District Map	22
Registration Information	23
Events at a Glance	back cover

Commissioners' Corner



As we leave summer behind and jump into fall, the Park Board is looking forward to providing the community with innovative

programming and new park amenities. As you read through the Centerville-Washington Park District Fall News & Events, you will truly find something for everyone! From special events, youth and teen programming, one-of-a-kind take-home kits, and new outdoor fitness options, there are numerous ways to explore your parks this season. As always, we are grateful for the opportunity to enhance our program experiences through partnerships with outstanding organizations as Shoes for the Shoeless, House of Bread, Kona Ice, SICSA and the South Metro Women's Optimist Club.

Self-guided opportunities continue to be a popular way to explore. Speaking of which, The Return of Grassman is sure to delight kids and kids at heart as he reappears "out there" this season! Additionally, the 51 Parks Challenge is still going strong. How many have you checked off your list?

Fall also marks the start of popular youth sports like football and soccer. Hundreds of youth will take to the sports fields in your community parks. A soccer or football tournament on a Saturday in the parks is always an impressive sight. And the Park District is proud to offer space for youth to stay active and healthy.

While community parks may be bustling with activity, your nature and neighborhood parks will be full of seasonal changes. Pollinator habitats will be bright with yellows and purples. The forests will begin showing off their hues of reds, yellows and oranges. Be sure to take time to enjoy this colorful time of year.

Lastly, the Park District will complete numerous projects this fall including a brand new, accessible playground at **Yankee Park**, a 1/2-mile paved path around **Activity Center Park**, and expanded parking at **Bill Yeck Park's** McGuffey Meadow, as well as bridges to enhance access throughout the park.

Have a healthy and active fall in your parks!

Alex Pearl

Park Board Vice President

P.S. The Centerville-Washington Park District Board of Park Commissioners holds public meetings once a month throughout the year. View the schedule on the Park District website:

www.cwpcd.org/about/public-meeting-schedule/



Save a Tree

To subscribe to the e-newsletter visit www.cwpcd.org.

To stop home delivery of the printed newsletter, email your name and address to mail@cwpcd.org.

Finalists for National Gold Medal Award



The American Academy for Park and Recreation Administration (AAPRA), in partnership with the National Recreation and Park Association (NRPA), recently announced the Centerville-Washington Park District (CWPD) as a finalist for the 2021 National Gold Medal Awards for Excellence in Park and Recreation Management. This is the third time in four years CWPD has been named as a finalist for the award.

Founded in 1965, the Gold Medal Awards program honors communities in the U.S. that demonstrate excellence in parks and recreation through long-range planning, resource management, volunteerism, environmental stewardship, program development, professional development and agency recognition. Agencies are judged on their ability to address the needs of those they serve through the collective energies of community members and staff.

Applications are separated into seven classes, with five classes based on population, one class for armed forces and one class, awarded on odd numbered years, for state park systems. The Centerville-Washington Park District is a finalist in the Class IV (population 30,001-75,000) category.

Park District Director Kristen Marks said, "It is an honor to be recognized as one of the best in the nation for the District's recreation programs, facilities and services. Staff pivoted and innovated during the pandemic to continue providing high-quality park experiences for the community. The positive response has been wonderful! We feel fortunate to be in a community that places such a high value on parks and green spaces."

The seven Grand Plaque recipients will be announced during the 2021 NRPA Annual Conference held in September.

Volunteer Spotlight

DENISE & AIDAN TESEROVITCH



Aidan Teserovitch, 19, and his mom, Denise, began volunteering with the Centerville-Washington Park District's bird nest monitoring program in 2017.

Aidan, along with his mom, dad and brother, enjoys riding roller coasters. The family also enjoys hiking, biking and swimming. Aidan participates in Special Olympics track and rollerskating. He likes singing and drawing. He has also acted in the Brighter Connections Theatre Program. Denise and Aidan also volunteer with

the Dayton Metro Library.

Denise is a physical therapist and also volunteers as a secretary for Good Works Farm, Inc., an inclusive community and farm-based recreational and vocational program in southwest Ohio. She enjoys yoga, scrabble, puzzles, reading, yardwork and crocheting.

The Centerville-Washington Park District would like to thank Denise and Aidan, and all volunteers for giving their time and talents to our community! If you are interested in becoming a volunteer, please contact Community Engagement Coordinator Ginger Clark at 937-433-5155 x234 or gclark@cwpd.org.

New Park Commissioner Appointed



Jeff Senney has been appointed to serve a three-year term on the Board of Park Commissioners of the Centerville-Washington Park District.

He begins his first year of appointment as the Secretary of the Board. Mr. Senney is the 18th individual to serve as a park commissioner since the district's formation in 1959. He replaces Lucy Sánchez, who retired from the board after her third three-year term, the current term limit.

Senney holds a B.S. and an M.Ac. from Bowling Green State University and a J.D. from the University of Dayton. He is a shareholder with Pickrel, Schaeffer and Ebling in the firm's business, tax and real estate area. He practices in the areas of federal and state taxation, business and securities law and employee benefits.

Jeff is a 30-year resident of the City of Centerville and a proud member of the Rotary Club of Centerville.

Staff Update



Jake Hensel joined the Centerville-Washington Park District as Program Manager in May. Jake comes to CWPD with

over ten years of experience in the field. He previously worked for the Sylvania Recreation District and most recently with the City of Kettering. He is a graduate of Marshall University where he received a Bachelor's and Master's degree. Born and raised in West Virginia, Jake is no stranger to getting out in nature and exploring the outdoors!

SPECIAL EVENTS

Fairy and Gnome Home Festival

All ages

Saturday, September 11

1:00 – 4:00 p.m. (staggered start times)

Bill Yeck Park, Smith House Entrance

2230 E. Centerville Station Rd.

Registration deadline: Friday,
September 3



The fairies and gnomes need someone to build their homes!

Families will receive a home-building kit to take into the woods and use to build a dwelling for our magical woodland inhabitants. Once your home is constructed, listen to a story, play a game with an elf and enjoy a sweet treat! Kona Ice will be available for purchase. This is a Tools to Trek program. See page 12 for more information about Tools to Trek.

Registration is by family. Please register only one family member. (KL)

Fairy and Gnome Volunteer Opportunity!

Our Fairy and Gnome Home Festival is growing by leaps and bounds! The Park District needs your help to gather natural items for the festival. Time spent gathering can count toward needed volunteer hours! Please only gather in CWPDP parks or on properties where you have permission. Make sure you are not picking items from live plants. Suggested items: acorns, burlap, jute, lichen, pine cones, seashells, seed pods/seed heads and sweet gum balls. Please drop your items off at CWPDP headquarters at 221 N. Main St. by Wednesday, September 1.



Ales & Tails

All ages

(Must be 21 and show valid ID to purchase a beer wristband)

Friday, September 24

5:00 – 7:00 p.m.

Oak Grove Park, Dog Park

1790 E. Social Row Rd.

Calling all dogs and dog lovers! Grab a beer, participate in fun dog-themed activities and check out local pet services! Food will be available for purchase from a food truck. Beer wristband sales will benefit the Society for the Improvement of Conditions of Stray Animals (SICSA).

Vendors interested in booth space may contact Ally Berger at aberger@cwpsd.org.

Registration is not required. (AB)

For their safety, children under 8 are not permitted within the off-leash areas of the dog park. Children ages 8 – 14 must be accompanied by an adult in the off-leash areas.



Truck or Treat

All ages

Saturday, October 16

10:00 a.m. – noon

Oak Grove Park

1790 E. Social Row Rd.

Check out big vehicles from around town! Honk a fire truck horn, shift tractor gears, push buttons in the law enforcement vehicles and much more! Business participants will provide a variety of giveaways such as candy, stickers and more!



This is a partnership event with the local non-profit House of Bread. House of Bread's mission is to prevent hunger and serve as

a bridge to beneficial community resources. Sno-cones from Kona Ice will be available for purchase, with 25% of the proceeds benefiting House of Bread.

Attendees are encouraged to bring item donations for the families that visit the House of Bread for lunchtime meals and support. Most needed items include baby wipes; diapers; healthy snacks like goldfish, boxes of raisins or fruit cups; coloring books and crayons; juice boxes or milk boxes; and hygiene items like hand soap, toothpaste or shampoo.

Registration is not required. (AB)

Please note that 10:00 – 10:30 a.m. is a special sensory time! There will be reduced noise and lights. Participants will be discouraged from honking horns or turning on lights. The Centerville-Washington Park District will have a limited amount of ear protection for participants to borrow throughout the event.

No pets, please.

**Online resident registration begins
Monday, August 9, 10:00 a.m.**



It's a CWPD Howl-o-Weekend!

Halloween Hop & Howl

All ages

Thursday, October 21, 4:00 – 6:00 p.m. AND/OR

Saturday, October 23, 10:00 a.m. – noon

Forest Field Park, 2100 E. Centerville Station Rd.

Show us your silly side! Put on your Halloween best and join us for a festive stroll around Forest Field Park. Themed signs will be placed along the path to get kids moving and grooving as they collect goodies at various stations. Families are encouraged to come in costume and enjoy the Halloween spirit.

This is a "teal pumpkin" event and all treats will be allergy-friendly. Please bring your own bag to collect treats!

This event is in partnership with the South Metro Women's Optimist Club of Centerville.

Registration is not required. (AB)



Grown Up Movie Night: *Hocus Pocus*

Ages 18 and up

Friday, October 22

6:30 – 9:00 p.m.

Forest Field Park

2100 E. Centerville Station Rd.



Join us for the classic movie "Hocus Pocus," where quoting along with the movie is encouraged! Throughout the movie, we will have a gourmet s'mores bar available. Indulge your inner child's tastes around the bonfire!

Registration is requested. (K)

See page 13 for the Howl-o-Weekend Spider Stroll!

Race to the Holidays 5k

All ages

Sunday, November 7

1:00 – 3:30 p.m., race time is 2:00 p.m.

Schoolhouse Park

1875 Nutt Rd.

Participate in this family-friendly 5k fun run/walk or 10k run to benefit Centerville-Washington Park District, Friends of Washington-Centerville Public Library and Washington Township RecPlex! Run and walk divisions, prizes and other activities and information round out this fun, fitness event!

View race fees and register online at speedy-feet.com, or pick up a registration form at the Library, RecPlex or Park Headquarters. Return it with payment to the Library. Race day registration begins at 1:00 p.m.

Race to the Holidays is sponsored by Kettering Health Network. (AS)



The Great Turkey Trek

All ages

Saturday, November 20

Noon – 3:00 p.m.

Forest Field Park

2100 E. Centerville Station Rd.

New!



We need your help for this Thanksgiving adventure.

Help us find missing turkeys during an interactive walk or hike! There are two options for your quest: a one-mile paved/limestone walk or a 3.1-mile (5k) adventure hike. For either trek you complete, there will be a fun Thanksgiving-themed prize!

Attendees are encouraged to bring new, unopened, colorful socks for Shoes for the Shoeless. Athletic socks that fit children ages 5 and up are preferred.

This is a Tools to Trek program. See page 12 for more information about Tools to Trek.

Registration is requested. (AS)



Online nonresident registration begins
Monday, August 16, 10:00 a.m.

PRESCHOOL PROGRAMS (AGES 6 AND UNDER)

Early Adventures

Ages 0 – 4 years with adult companion
6:00 – 7:00 p.m.

Fee/session: \$4 nonresidents

September Adventure

Tuesday, September 7

*Bill Yeck Park, Rooks Mill Entrance
8798 Rooks Mill Ln.
(natural path)*

Registration deadline: Sunday,
September 5

October Adventure

Tuesday, October 5

*Greene Line Park
6774 Crossbrook Dr.
(natural path)*

Registration deadline: Sunday,
October 3

November Adventure

Tuesday, November 2

*Forest Field Park
2100 E. Centerville Station Rd.
(natural path, lanterns available to borrow)*

Registration deadline: Sunday,
October 31

Hit the trail with us! These exploratory hikes foster curiosity and confidence in young children. Your leader will point out seasonal changes and other natural points of interest in the parks.

Backpacks and front carriers are appropriate if your child is not walking. Strollers are not recommended at parks with natural terrain. (KL)



Reading in the Wild

Ages 18 months – 4 years with adult companion

10:30 – 11:30 a.m.

Fee/session: \$4 nonresidents

September Storytime

Friday, September 17

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Registration deadline: Wednesday,
September 15

October Storytime

Friday, October 15

*Iron Horse Park
6161 Millshire Dr.*

Registration deadline: Wednesday,
October 13

November Storytime

Friday, November 19

*Forest Field Park
2100 E. Centerville Station Rd.*

Registration deadline: Wednesday,
November 17

Let's get together to read a story! We will act out the plot with active games, sing songs with sensory themes and take short hikes in the park — sparking a love of nature in our youngest community members!

Backpacks and front carriers are appropriate if your child is not walking. Strollers are not recommended at parks with natural terrain. (K)



Fairy & Gnome Canvas Painting & Storytime

Ages 2 – 5 with adult companion
5:00 – 6:15 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee/session: \$25 residents, \$33 nonresidents



Fairies

Friday, September 17

Registration deadline: Friday,
September 10

Gnomes

Friday, September 24

Registration deadline: Friday,
September 17



Children will choose a canvas design that fits the story theme during this fun evening with The Purple Paintbrush. (AB)

Creative Kids Corner:

Take Home Kits

Recommended for ages 3 – 5

Thursdays, September 9, October 14 & November 11

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Thursday,
September 2

This take-home kit features crafts and activities revolving around a fun seasonal theme! There will be three different kits — one for each month! (AB)



Online resident registration begins
Monday, August 9, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.

RecKits

Recommended for ages 3 – 6

Fee/kit: \$9 residents, \$12 nonresidents

We prepare the activities and gather the materials and you just pick up and create! Pick up information will be emailed after the registration deadline. (AS)

Fall-a-palooza, Jr.

Monday, September 20

Registration deadline:

Monday, September 13

Fall officially arrives on September 22! This RecKit contains lots of fun, brand-new (and easy) fall-themed crafts and activities you can make at home!



A Not-so-Spooky Halloween! Jr.

Thursday, October 21

Registration deadline: Friday,

October 15

Halloween is right around the corner! This RecKit is full of crafts and a simple STEM challenge that are perfect for a not-so-spooky season!

Gobble Gobble, Jr.

Monday, November 15

Registration deadline: Monday,

November 8

This RecKit has all you need for festive crafts that are Thanksgiving and gratefulness-themed. They can double as gifts or decorations! Gobble gobble!



Preschool Nature Series

Ages 3 – 6 with adult companion

Fee/session: \$4 nonresidents

Singing Insects

Thursday, September 16

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m.

Donnybrook Park

6161 Donnybrook Dr. **OR**

6161 Millbrook Dr.

Registration deadline: Tuesday,

September 14

We will learn all about how insects sing while exploring Donnybrook's restored fen habitat. The hike takes place on a natural path and boardwalk. (KL)

Chipmunks

Thursday, October 21

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m.

Quail Run Park

1180 Timberhawk Trl.

Registration deadline: Tuesday,

October 19

Did you know a chipmunk is a type of squirrel? Learn how they survive in our local parks. We will search for them on a short hike. The hike is on a natural path. (KL)

Rocks Rock!

Thursday, November 18

9:30 – 10:30 a.m.

Registration deadline: Tuesday,

November 16 **OR**

Saturday, November 20

10:00 – 11:00 a.m.

Registration deadline: Thursday,

November 18

Bill Yeck Park, Rooks Mill Entrance

8798 Rooks Mill Ln.

Rocks are tons of fun! We will start our rock collections and learn how fascinating they can be! The hike takes place on a natural path and a boardwalk. (KL)

Creature ComMOTION

Ages 4 – 6

1:00 – 1:45 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee/series: \$9 nonresidents

Series A

Wednesdays, September 1 – 29

Registration deadline: Wednesday,

August 25

Series B

Wednesdays, October 6 – 27

Registration deadline: Wednesday,

September 29

Series C

Wednesdays, November 3 – 24

Registration deadline: Wednesday,

October 27

Little ones will learn animal sounds and movements that assist in motor development and rhythmic skills. They will have an opportunity to interact with other children their age. They will enjoy activities with an animal theme, age-appropriate equipment and fun music. Participants will learn fascinating facts about animals from A to Z, found in our parks and around the world! Group and individual activities will be included for them to expand their social skills and be creative. (K)



Online nonresident registration begins
Monday, August 16, 10:00 a.m.

Back to School Laughter Club A

New!

Recommended for ages 3 – 6 with adult companion

Tuesday, September 7

(Rain date: Tuesday, September 14)

4:30 – 5:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$5 residents, \$7 nonresidents

Registration deadline: Thursday, September 2

It's a funny pep rally! Join us for an opportunity to welcome the new school year, and to loosen up and laugh! The benefits of laughter are numerous, and a laughter club helps us reap those benefits. We'll talk briefly about the health advantages and then jump right into laughing and getting in the back-to-school spirit!

LIFT UP focuses on six essential concepts to get us through trying times and boldly embrace life — Laugh, Inspire, Thrive, Fellowship, Uplift and Play.

Class will meet in the backyard of the Smith House. Please bring a blanket or a portable chair. Seating will not be provided. Participants are welcome to sit on the grass if preferred. (AB)

Let
nature be
your teacher.

—William Wordsworth,
poet

CHILDREN'S PROGRAMS (AGES 5 – 17)

All Around the Garden

Ages 5 – 9

Thursdays, September 9, October 14 & November 11

4:30 – 5:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$15 residents, \$19 nonresidents

Registration deadline: Friday, September 3

All Around the Garden is back in the park! Children will learn all about the plants, animals and habitats in their gardens, backyards and parks! There will be one session per month focusing on a different topic. (AS)

Art & Imagination

Ages 6 – 8

Tuesdays, September 14, October 12 & November 9

4:00 – 5:00 p.m.

Activity Center Park, Community Room

221 N. Main St.

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Tuesday, September 7

Does your child love art time? This drop-off program is designed to give your child an opportunity to get creative! They will try new techniques and design unique projects based on a monthly theme. Participants should wear old clothes — things could get messy! (AB)



Art & Imagination: The Kit!

Recommended for ages 6 – 8

Wednesdays, September 15, October 13 & November 10

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Tuesday, September 7

Does your child love art time? Still looking for an at-home option for crafting? This kit is designed to give your child an opportunity to get creative! They will try new techniques and design unique projects based on a monthly theme. This kit will contain the same activities as the in-person Art and Imagination program. (AB)

Explorers!

Ages 6 – 12

4:30 – 6:00 p.m.

Grant Park

501 Normandy Ridge Rd.

Fee: \$9 residents, \$12 nonresidents

Junior Explorers

Ages 6 – 8

Wednesdays, September 15 – October 20

Registration deadline: Monday, September 13

Outdoor Explorers

Ages 9 – 12

Mondays, September 13 – October 18

Registration deadline: Saturday, September 11

Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors in this program designed to allow children to interact with nature in unique ways. Activities include discovery, challenges and games. (KL)

Online resident registration begins
Monday, August 9, 10:00 a.m.

Back to School Laughter Club

Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.

Fee: \$5 residents, \$7 nonresidents

Session B

Recommended for ages 7 – 10 with
adult companion

Tuesday, September 7

(Rain date: Tuesday, September 14)

5:15 – 5:45 p.m.

Registration deadline: Thursday,
September 2

Session C

Recommended for ages 11 – 14 (*parents
must attend but do not need to participate*)

Tuesday, September 21

(Rain date: Tuesday, September 28)

4:30 – 5:00 p.m.

Registration deadline: Thursday,
September 16

Session D

Recommended for ages 15 – 17

Tuesday, September 21

(Rain date: Tuesday, September 28)

5:15 – 5:45 p.m.

Registration deadline: Thursday,
September 16

It's a funny pep rally! Join us for an opportunity to welcome the new school year, and to loosen up and laugh! The benefits of laughter are numerous, and a laughter club helps us reap those benefits. We'll talk briefly about the health advantages and then jump right into laughing and getting in the back-to-school spirit!

LIFT UP focuses on six essential concepts to get us through trying times and boldly embrace life — Laugh, Inspire, Thrive, Fellowship, Uplift and Play.

Class will meet in the backyard of the Smith House. Please bring a blanket or a portable chair. Seating will not be provided. Participants are welcome to sit on the grass if preferred. (AB)

New!



Nature Design Challenges: DIY!

Recommended for ages 7 – 13

**Tuesdays, September 7, October 5 &
November 2**

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Tuesday,
August 31

All engineers on deck! These kits are a fun-filled afternoon of science and engineering using materials from nature. Participants will get to plan, build and test their designs for the surprise STEM challenge included in the kit! There will be one kit per month that will feature a new challenge.

The Friday of each kit pick-up week (September 10, October 8 and November 5), participants are welcome to bring their kits to the Activity Center Park shelter (221 N. Main St.) from 4:30 – 5:30 p.m. for Build at the Park dates. Construct your kit as a family! We will spread out in small groups to abide by gathering and social distancing requirements. We will also have additional materials available! (AS)

RecKits

Recommended for ages 7 – 13

Fee/kit: \$9 residents, \$12 nonresidents

We prepare the activities and gather the materials and you just pick up and create! Pick up information will be emailed after the registration deadline. (AS)

Fall-a-palooza

Monday, September 20

Registration deadline:

Monday, September 13

Fall officially arrives on September 22! This RecKit contains lots of fun, brand-new fall-themed crafts and activities you can make at home!

A Spook-tacular Halloween!

Thursday, October 21

Registration deadline: Friday,
October 15

Halloween is right around the corner! This RecKit is full of crafts and a simple STEM challenge perfect for a spooky season!

Gobble Gobble

Monday, November 15

Registration deadline: Monday,
November 8

This RecKit has all you need for festive crafts that are Thanksgiving and gratefulness-themed. They can double as gifts or decorations! Gobble gobble!



Online nonresident registration begins
Monday, August 16, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.

Discovering STEAM in Nature

Ages 8 – 12

6:00 – 7:00 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Session A

Thursdays, September 9 – 30

Registration deadline: Thursday, September 2

Fee/session: \$27 residents, \$34 nonresidents

Session B

Thursdays, October 7 – 28

Registration deadline: Thursday, September 30

Fee/session: \$27 residents, \$34 nonresidents

Session C

Thursdays, November 4 – 18

Registration deadline: Thursday, October 28

Fee/session: \$20 residents, \$25 nonresidents

Science, Technology, Engineering, Art and Math! Each session, Emily from Stemily Studios will focus on how these topics are connected to nature. We will conduct experiments and go on hikes to find examples of STEAM in nature. Come ready to create, explore and discover! (K)



Mad Science University

Ages 8 – 12

Wednesdays, November 3 – 24

6:30 – 7:30 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$24 residents, \$30 nonresidents

Registration deadline: Monday, October 25

Science is all around us! Children will experience science firsthand through hands-on, and sometimes messy, activities! We will explore fascinating science concepts with a new theme each week. We are putting science to the test as your child learns about chemistry, biology and physics. (PG)

Crafting Club

Ages 9 – 13

Thursdays, September 2, October 7 & November 4

4:30 – 5:30 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Thursday, August 26

This fun after-school program covers basic crafting skills and techniques used to create handmade decorations and keepsakes — all while making friends. We provide everything needed with no mess, prep or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock. (AB)

Crafting Club: The Kit!

Recommended for ages 9 – 13

Fridays, September 3, October 8 & November 5

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Friday, August 27

Still looking for an at-home crafting option? This fun kit covers basic crafting skills and techniques used to create handmade decorations and keepsakes. (AB)

Capture the Flag & Bonfire

Ages 12 – 17

Friday, November 5

5:00 – 7:00 p.m.

Grant Park
501 Normandy Ridge Rd.

Fee: \$5 residents, \$7 nonresidents

Registration deadline: Wednesday, November 3

The ultimate game of capture the flag! Participants will be broken into two teams. Each team will have to make it back to their side of the field with the other team's flag while protecting their own. After the winning team is determined, we will enjoy s'mores and music by the fire. (K)



Online resident registration begins
Monday, August 9, 10:00 a.m.



Conservation Crew

Ages 12 – 17

Seed Collection

Wednesday, September 1

4:30 – 6:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Registration deadline: Monday, August 30

It's time to collect seeds from our native plants. Crew members will be responsible for collecting bags of specific native plant species that will be used to seed other sites within the parks. (KL)

Vernal Pool Construction

Thursday, October 14

4:30 – 6:00 p.m.

Grant Park

501 Normandy Ridge Rd.

Registration deadline: Tuesday, October 12

Shovels ready! We will be designing, learning about and digging a vernal pool in the lower meadow. A pair of work gloves is recommended. Certificates for service hours provided upon request. (KL)

Ecobrick Production

Thursday, November 11

4:30 – 5:30 p.m.

Activity Center Park, Community Room

221 N. Main St.

Registration deadline: Tuesday, November 9

Help recycle plastic bottles into Ecobricks! You will learn how to create Ecobricks out of water bottles and plastic wrap for an upcoming building project. You can continue to build Ecobricks on your own, turning them in for additional hours. (KL)



Teen Drawing Club

Ages 12 – 17

Tuesdays, September 14 – October 5

4:30 – 6:00 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$57 residents, \$72 nonresidents

Registration deadline: Wednesday, September 8

Artist Tiffany Clark leads this open format class. Students can bring in work from home and get feedback. She will also have drawing prompts, still life drawing times and fun cosplay days! (AB)

Young Birders Club

Ages 12 – 17

4:30 – 6:00 p.m.

Fee/session: \$4 nonresidents

Session A

Tuesday, September 21

Forest Walk Park

1193 Deer Run Rd.

Registration deadline: Sunday, September 19

Session B

Tuesday, October 12

Hithergreen Park

5900 Hithergreen Dr.

Registration deadline: Sunday, October 10

Session C

Tuesday, November 9

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Registration deadline: Sunday, November 7

Bird watching and identification is a fascinating subject. You will walk away with a greater knowledge of birds and their role in the ecosystem. Club activities are based on participant feedback, so you direct the focus of study. A light snack is included. (PG)



FAMILY PROGRAMS

51 Parks Challenge

All ages

Ends Friday, December 31, 2021

Did you know the Centerville-Washington Park District has 51 parks? The CWPD mascot, Owlexander, is taking a staycation this year and would love for you to check out all 51 parks with him! If you complete the challenge and log visits to all 51 parks, you will receive a "Picnic in the Park" prize pack which includes a CWPD picnic blanket, a CWPD kite and a My Favorite Muffin gift card!

Go at your own pace! You can complete the challenge quickly, or take your time. The challenge lasts until December 31, 2021.

CWPD staff will check for new registrations weekly, and instructions will be emailed to new participants the Monday following their registration.

For this challenge, you must print or pick-up an Owlexander mascot on paper and download a specific app to track your adventures. The link to download the app and the PDF of Owlexander will be included in the registration email!

One prize pack per household. (AB/GC)



**Online nonresident registration begins
Monday, August 16, 10:00 a.m.**



Earn Tools to Trek!

Get ready to explore! Attend Tools to Trek programs to **earn a FREE Trek Pack!** Print a Tools to Trek tracking sheet from www.cwpd.org. Bring your tracking sheet to Tools to Trek programs to collect stamps. Once your sheet is full of stamps, turn it in to collect your prize!



Let's Meet Up: Nature Playce

All ages

**Wednesdays, September 1, October 6
AND/OR November 3**

10:00 – 11:00 a.m.

*Grant Park, Mark Kreusch Nature Playce
6588 McEwen Rd.*

Fee: \$4 nonresidents

Registration deadline: Monday,
August 30

Enjoy fresh air and nature playtime. Meet other parents/caregivers and their children. Stop by the Kennard Nature Nook for a free individually packaged snack. Then, explore the Mark Kreusch Nature Playce during an unstructured and casual meet-up! Staff will have one activity planned for each session that children can participate in before or after unstructured playtime.

Attend as few or as many sessions as you like. The meet-up will not be held in inclement weather. This is not a drop-off program; parents/caregivers are required to stay with their children. Please register each person attending. (AB)

Last Chance Creek Fun!

All ages

**Friday, September 3 OR Thursday,
September 9**

6:00 – 7:30 p.m.

Grant Park

501 Normandy Ridge Rd.

Fee: \$2 nonresidents

Registration deadline: Wednesday,
September 1



Warm days will soon be behind us! Let's have some fun in the creek while we still can! This is a Tools to Trek program. Close-toed shoes must be worn in the creek. Children must be accompanied by an adult. (KL)

Grandparents Day Terrariums

with Now and Zen

Ages 7 and up with an adult companion
Saturday, September 11

11:00 a.m. – noon

Oak Creek South Park

790 Miamisburg Centerville Rd.

Fee: \$29 residents, \$38 nonresidents

Registration deadline: Wednesday,
September 1

Share the joys and benefits of gardening with your grandchild this fall. Get creative together in this intergenerational program! Create two projects while enjoying the outdoors. Each registered pair will make a unique woodblock air plant and fern mason jar terrarium. Terrariums are calming and easy to care for gardens that thrive in most indoor environments. Now and Zen Studios will take you step by step through set up and care for these low maintenance plants. (K)



An Introduction to Falconry

Ages 12 and up (*ages 12 – 15 require paid
parent/guardian participant or observer*)

Sunday, September 26

9:00 – 11:00 a.m.

Schoolhouse Park

1875 Nutt Rd.

Fee: \$75 residents, \$95 nonresidents, \$25
observer

Registration deadline: Monday,
September 13

Join Master Class falconer Joe Dorrian of the Ohio School of Falconry, to learn about the ancient sport of falconry. Handle and fly one of the school's trained Harris's Hawks in this exciting program!

Get a general overview of the sport and a strong focus in raptor ecology/conservation, predator/prey relationships and all the basics of handling a trained falconry raptor. (K)

Fall About Archery

Ages 8 and up (*ages 8 – 17 must be
accompanied and supervised by an adult 21 years or
older at all times*)

Thursday, September 30

5:30 – 7:00 p.m.

*Oak Grove Park, Archery Range
1790 E. Social Row Rd.*

Fee: \$15 residents, \$20 nonresidents

Registration deadline: Monday,
September 27

We will learn the basics of NASP competition-style archery with basic instruction. Use the skills you learn in a friendly competition. All equipment is provided. (K)

**Online resident registration begins
Monday, August 9, 10:00 a.m.**

Nocturnal Nature Series

Explore nature at night with this series! We will focus on different topics each month and observe seasonal changes. Please dress for a hike on a natural path. Flashlights are optional.

Ohio Moths

Recommended for ages 8 and up

Thursday, September 30

7:00 – 8:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$2 nonresidents

Registration deadline: Tuesday, September 28



Moths are often overlooked when we think of beautiful and fascinating insects. We will learn what makes moths special, learn about common moth families of Ohio and learn how we can help them. This is a Tools to Trek program. (KL)

Flying Squirrels

All ages

Thursday, November 18

6:00 – 7:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$2 nonresidents

Registration deadline: Tuesday, November 16



We will learn about flying squirrels and what they do to prepare for winter. Then we will walk very quietly to their tree and see if they are out and about! This is a Tools to Trek program. (KL)



Online nonresident registration begins
Monday, August 16, 10:00 a.m.



The Return of Grassman

Recommended for families with children ages 8 – 12

Saturday, October 2 – Thursday, November 4

Sightings of Grassman, Ohio's legendary Big Foot, are on the rise in our area! Rumor has it that he and the other Fantastic Beasts of Ohio are tired of hiding in the shadows. They want you to know their stories, and they want you to find them!

Grassman is on a mission! He has been unfairly blamed for strange activity in the parks and wants to prove his innocence. Can you help solve the mystery?

Sign up for this free program, and every Friday in October we will send you a clue to find Grassman in one of our 51 parks! When you find him, you will also discover clues as to who or what is really to blame for the unusual reports. Complete a scavenger hunt sheet with information for each week's location and we will reward your monster detective skills with a fun prize. (PG)



Howl-o-weekend Spider Stroll!

All ages

Sunday, October 24

3:00 – 4:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$4 nonresidents

Registration deadline: Friday, October 22



Hop along the spider trail and learn about the important role spiders play in the ecosystem. Signage along the trail will teach you about their life history and reasons to respect, but not fear them! By the end, you will be true spider scientists and be able to complete the Spider Trivia Quiz for a prize! This is a Tools to Trek program. (KL)

See page 5 for additional
Howl-o-Weekend events!



Birds of Prey Hike and Play

All ages

Saturday, November 13

1:00 – 2:30 p.m.

Grant Park

501 Normandy Ridge Rd.

Fee: \$2 nonresidents

Registration deadline: Thursday,
November 11



Take a hike and learn what birds of prey we can see in the parks during the winter months. We will play nature games along the trail to test our own hunting skills. This is a Tools to Trek Program. (KL)



National Take a Hike Day Hike

All ages

Wednesday, November 17

4:00 – 5:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Hiking not only gets our hearts pumping and our muscles moving, but being outdoors is good for our minds. Many of us spend too much time indoors behind a desk or playing video games. Hiking can burn between 400 – 550 calories per hour!

Join staff for National Take a Hike Day as we lead you through the park. Trails will be marked so you may hike at your own pace. Please dress for the trails and bring water. Strollers are not recommended.

Registration is requested. (AS)

ADULT PROGRAMS

Hike With a Naturalist

Ages 14 and up (*under 18 must be accompanied by an adult*)

Fee: \$4 nonresidents

September Hike

Thursday, September 2

6:00 – 7:30 p.m.

Bill Yeck Park, Rooks Mill Entrance

8798 Rooks Mill Ln.

Registration deadline: Tuesday,
August 31

October Hike

Thursday, October 7

6:00 – 7:00 p.m.

Hithergreen Park

5900 Hithergreen Dr.

Registration deadline: Tuesday,
October 5

November Hike

Thursday, November 4

6:00 – 7:00 p.m.

Big Bend Park

1328 Spring Ash Dr.

Registration deadline: Tuesday,
November 2

Join us once a month for a hike through your parks. A naturalist will point out seasonal changes and discuss the wildlife we observe. (KL)



LIFT UP and Laugh

Recommended for ages 50 and up

Wednesdays, September 8 – 29

7:00 – 7:45 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$14 residents, \$18 nonresidents

Registration deadline: Wednesday,
September 1

LIFT UP focuses on six essential concepts to get us through trying times and boldly embrace life — Laugh, Inspire, Thrive, Fellowship, Uplift and Play.

Each week, we will enjoy a laughter club, creative experience, group games and personal connection — all while practicing safe social distancing. This club is a fun and unique opportunity for adults to connect and develop tools against depression and isolation.

Class will meet in the backyard of the Smith House. Please bring a blanket or a portable chair. Seating will not be provided. Participants are welcome to sit on the grass if preferred. (AB)



**Online resident registration begins
Monday, August 9, 10:00 a.m.**

Request a Chat With a Naturalist

Does your special interest group want to learn more about Centerville and Washington Township wildlife? Groups of 10 or more can book a naturalist to speak at their gatherings for 45 minutes to an hour. Groups are limited to two requests per year and six weeks notice is required for planning purposes. Please call (937) 433-5155 for a list of topics.



The Art of Sprouting

Ages 16 and up

Monday, September 20

6:00 – 7:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$20 residents, \$24 nonresidents

Registration deadline: Wednesday, September 15

Sprouts are an easy and delicious way to make your meals even more healthy. Five days after this class, you can be adding wonderful, nutritious greens to your eating plan and enjoy them throughout the fall! We will discuss the nutritional benefits of adding sprouts to your meals. We will also demonstrate the ease of growing sprouts in your own kitchen.

You will have the opportunity to taste several different types of sprouts and learn how to use them in cooking/meal preparation. Class is taught by Patti McCormick, RN, Ph.D., from the Institute of Holistic Leadership. Sprouting jars and lids will be available for purchase, however, you do not need to purchase them to attend. (AB)

Fly Fishing 101

Ages 12 and up

Tuesdays, September 21 & 28

5:00 – 8:00 p.m.

*Rosewood Park
475 Roselake Dr.*

Fee: \$35 residents, \$46 nonresidents **OR**
\$20 residents, \$26 nonresidents per class

Registration deadline: Friday, September 17

Learn fly fishing basics on site, instructed by professionals from ReelFlyRod.com. Attend just one or both of these beginner-level lessons on fly casting, outfit rigging, fly selection and presentation. Rods, reels and flies will be provided. (K)

RecKits

Recommended for ages 14 and up

Attend in person or pick up a kit! If you are unable to attend during the program time, kits will be available for pick-up following the program! (AS)

Acorn & Pine Cone Wreath

Friday, October 1

5:30 – 6:30 p.m. (for in-person option)

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$18 residents, \$24 nonresidents

Registration deadline: Friday, September 24

A different type of décor for your front door — completely covered in acorns and pine cones! This project is simple to make with a beautiful result. We will also include a few ideas for what you can make with any leftover acorns and pine cones!

Rope Signs

Friday, November 12

5:30 – 6:30 p.m. (for in-person option)

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$30 residents, \$36 nonresidents

Registration deadline: Friday, November 5

Let's make some uplifting and inspirational signs just in time for Thanksgiving! We will use a continuous piece of rope to form the letters — you can customize the theme! Thankful, grateful, give thanks, or something else — it's completely up to you!

Intro to Fly Ties

Ages 16 and up

Thursday, September 16

6:00 – 8:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$70 residents, \$90 nonresidents

Registration deadline: Thursday, September 2

Learn to tie fly fishing ties, instructed by professionals from ReelFlyRod.com. Learn fly selection and types of materials used to perfect this art. Supplies provided for flies you will take home that evening. (K)



Online nonresident registration begins
Monday, August 16, 10:00 a.m.





Introduction to Watercolor

Ages 18 and up

Saturday, October 9

11:00 a.m. – 12:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$29 residents, \$38 nonresidents

Registration deadline: Monday,
October 4

Have you always wanted to try watercolor painting, but didn't know where to start? Learn basic painting techniques, washes, wet-in-wet, blending, and layering. We will cover how to make the most of materials and brushes. Playing with materials to gain comfort, we will focus on creating a nature scene.

Attendees will leave the class with a frame-ready creation and a materials kit. Materials kit includes paint palette, metal mixing tray, metal water cup, spray bottle, reusable bamboo paper towel, a #10 round brush and six sheets of 6x9 watercolor paper. Kits are created with as many eco-friendly products as possible. (K)



Outdoor Photography

Ages 16 and up

Tuesday, October 19

6:00 – 7:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$8 residents, \$10 nonresidents

Registration deadline: Tuesday,
October 12

Enjoy a presentation by a photographer; then receive tips and tricks for the art of outdoor photography. Located near the beautiful Smith House meadows, bring your camera to get in some practice. (K)

Create a Clay Fairy Door with The Purple Paintbrush

Ages 14 and up

Fridays, October 15 & 22

7:00 – 8:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$42 residents, \$54 nonresidents

Registration deadline: Friday, October 8



Create a door that leads someplace magical! All materials are included in this two-day workshop. On the first day, we will

sculpt our fairy doors with clay and clay tools. The projects will be fired and brought back for the second night when the fairy doors will be painted with glazes and fired a second time. Projects will be ready for pick up approximately one week after the class at the Park District Headquarters. (AB)



Glass Fusing: Wind Chime

Ages 16 and up

Wednesdays, October 20 & 27

6:00 – 8:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$69 residents, \$89 nonresidents

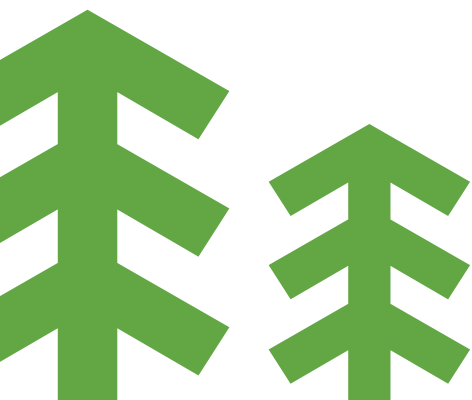
Registration deadline: Wednesday,
October 13

During this two-session class, you will create a beautiful wind chime! Choose your own theme and colors. During the first class, we will create all of the glass work and in the second class, we will string it all together. The top portion of the chime is an 8-inch circle. All materials included. (AB)

Participants must be able to attend both sessions. Projects available for pick up one week after class.



**Online resident registration begins
Monday, August 9, 10:00 a.m.**



Watercolor Calendars

New!

Ages 16 and up

Wednesdays, November 10 & 17

6:00 – 8:00 p.m.

*Activity Center Park, Conference Room
221 N. Main St.*

Fee: \$30 residents, \$35 nonresidents

Registration deadline: Thursday,
November 4

Create your own 12-month perpetual calendar. We will create a hanging calendar using watercolor to customize each month and day card with a floral and leaf motif. Learn how to mix colors and layer paint to create a whimsical watercolor garden. (K)

Glass Fusing:

Winter Birch Trees

Ages 16 and up

Tuesday, November 16

6:00 – 8:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$72 residents, \$92 nonresidents

Registration deadline: Tuesday,
November 9

Create a beautiful winter birch scene on a 10.75" square of glass. This project is a great way to kick off your winter decorating! A metal hanger will be added if you would like for it to be a window decoration! All materials, except a stand, for your project are included. (AB)



ADULT WELLNESS

Strollers in Motion

Adult caregivers with child 6 weeks – Pre K

9:30 – 10:30 a.m.

Forest Field Park

2100 E. Centerville Station Rd.

Session A

Mondays, August 30 – October 4

(no class September 6)

Fee: \$24 residents, \$32 nonresidents

Registration deadline: Saturday,
August 28

Session B

Mondays, October 11 – November 1

Fee: \$19 residents, \$25 nonresidents

Registration deadline: Saturday,
October 9

Strollers in Motion is a stroller-based workout for moms, dads or other caregivers. Each total body workout incorporates power walking and strolling, strength training, balance work and toning. Strollers in Motion is an awesome way to get fit, meet new people and have fun with your little ones! And, after some classes, special activities will be planned for the children! All new participants will receive a water bottle. Strollers in Motion is led by Strollercize® certified instructor, Mandy Cherry. (AS)

The week after each session ends will be used for weather make-up days. Weather cancellations will be posted on the Strollers in Motion Facebook page.

Strollers in Motion Fall/Winter Pass

Adult caregivers with child 6 weeks – Pre K

Fee: \$28 residents, \$36 nonresidents

You can purchase a Strollers in Motion pass to use for four classes. The pass is good for classes held September 2021 – February 2022 at any Centerville Strollers in Motion class. If you cannot make it to an entire session, this may be the solution for you! (AS)

Fitness Yoga

Ages 18 and up

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Session A

Wednesdays, September 1 – October 6

8:30 – 9:30 a.m.

Fee: \$29 residents, \$38 nonresidents

Registration deadline: Monday,
August 30

Session B

Wednesdays, September 1 – October 6

6:00 – 7:15 p.m.

Fee: \$36 residents, \$47 nonresidents

Registration deadline: Monday,
August 30

Session C

Wednesdays, October 13 –

November 17

8:30 – 9:30 a.m.

Fee: \$29 residents, \$38 nonresidents

Registration deadline: Monday,
October 11

Session D

Wednesdays, October 13 –

November 17

6:00 – 7:15 p.m.

Fee: \$36 residents, \$47 nonresidents

Registration deadline: Monday,
October 11

You will get it all in one fitness class — a challenging workout, yoga practice, as well as, mindfulness and functional movement for vitality and longevity. All levels welcome. Taught by certified yoga instructor Dan Loofboro.

Please bring a yoga mat and water. (AS)



Online nonresident registration begins
Monday, August 16, 10:00 a.m.



Hike for Your Health

Ages 18 and up

Wednesdays, September 1 – November 17

9:30 – 10:30 a.m.

Fee: \$15 nonresidents

This program will get your heart rate up and get you moving! Staff and volunteers will lead you on these guided, self-paced hikes. Get to know the parks better and meet new people. All hikes are on natural trails.

There is no registration deadline for this program. Join anytime! (AS)

Date	Park
September 1	Bill Yeck, Smith House
September 8	Grant, Kennard Nature Nook
September 15	Bill Yeck, Rooks Mill
September 22	Grant, Watts
September 29	Bill Yeck, Smith House
October 6	Grant, Normandy
October 13	Bill Yeck, Rooks Mill
October 20	Grant, Kennard Nature Nook
October 27	Bill Yeck, Smith House
November 3	Grant, Watts
November 10	Bill Yeck, Rooks Mill
November 17	Grant, Normandy

"Autumn ...
the year's last,
loveliest smile."
– William Cullen Bryant

Trail Running Group

Ages 18 and up

Wednesdays, September 1 – October 13

6:00 – 7:00 p.m.

Up and Running will provide a trail leader as you enjoy running natural trails. This running group is for experienced runners and includes meadows, trails and hills. Meet at the Normandy Entrance (501 Normandy Ridge Rd.) of Grant Park and the Smith Entrance (2230 E. Centerville Station Rd.) of Bill Yeck Park.

There is no registration deadline for this program. Join anytime! (AS)

Date	Park
September 1	Grant
September 8	Bill Yeck
September 15	Grant
September 22	Bill Yeck
September 29	Grant
October 6	Bill Yeck
October 13	Grant

If running group is canceled due to inclement weather, Up and Running will post a notification on social media.

A Walk in the Park

Ages 18 and up

Tuesdays & Thursdays, September 2 – November 23

9:30 – 10:30 a.m.

Get outdoors, enjoy sunshine and fresh air while meeting other walking enthusiasts. These are self-guided walks around your community parks! Walking helps maintain a healthy weight, increases energy, lifts your spirits, strengthens memory and protects from heart disease and high blood pressure. Enjoy reduced stress, improved quality of sleep and the many benefits from an improved quality of life. It will be A Walk in the Park!

There is no registration deadline for this program. Join anytime!

View the A Walk in the Park schedules on <https://cwpd.recdesk.com/Community/Program/>. (AS)

Trail Trekking

Ages 18 and up

Fee: \$15 nonresidents

Session A

Fridays, September 3 – November 19

9:30 – 10:30 a.m.

Registration deadline: Wednesday, September 1

Session B

Tuesdays, September 7 – October 19

6:00 – 7:00 p.m.

Registration deadline: Sunday, September 5

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The Cooper Institute research studies showed that Nordic walking burns more calories, increases oxygen consumption and can be 46% more efficient than normal walking. It's a great workout!

Please wear shoes comfortable for paved paths and bring a bottle of water. Nordic poles provided are adjustable to your height. (AS)

Date	Park
September 3	Holes Creek*
September 7/10	Robert F. Mays
September 14/17	Oak Grove
September 21/24	Schoolhouse
September 28/October 1	Forest Field
October 5/8	Iron Horse
October 12/15	Yankee
October 19/22	Oak Creek South
October 29	Holes Creek*
November 5	Robert F. Mays
November 12	Oak Grove
November 19	Schoolhouse

***Overflow parking at The Gathering Church at 8911 Yankee Street.**



Online resident registration begins Monday, August 9, 10:00 a.m.

Pilates in the Park

Ages 18 and up

Tuesday, September 7 AND/OR

Tuesday, October 12

6:30 – 7:30 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee/session: \$5 residents, \$7
nonresidents

Registration deadlines: Sunday,
September 5 **AND** Sunday, October 10

Mat Pilates is a strengthening and lengthening form of exercise that focuses on your core (trunk) muscles while also training your arms and legs. Movements can be modified for any age, body or fitness level. This class is perfect for both beginner and experienced participants. Join the My Pilates Studio instructor on the deck of the Kennard Nature Nook for a full-body workout overlooking Grant Park.

Please bring a water bottle and exercise mat. (AS)

Fitness Fusion

Ages 18 and up

Wednesdays, September 8 – October 13

6:00 – 7:00 p.m.

*Oak Grove Park, Gebhart Shelter
1790 E. Social Row Rd.*

Fee: \$29 residents, \$38 nonresidents

Registration deadline: Monday,
September 6

Fitness Fusion incorporates cardio, circuit training, resistance training, pilates and compound exercises. Each class will vary in the types of exercises and will help you build speed, power, strength and endurance. We will target different muscle groups using different methods of training, allowing you to experience a jump start in fat loss and muscle definition. Modifications provided. No guts, no glory! Taught by Emily Chandler, a certified group fitness instructor. You will need a light set of weights, and a towel or yoga mat. (AS)



Yoga in the Park

Ages 18 and up

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee/session: \$52 residents, \$67
nonresidents

Session A

Saturdays, September 11 – October 16

7:45 – 8:45 a.m.

Registration deadline: Thursday,
September 9

Session B

Saturdays, September 11 – October 16

9:00 – 10:00 a.m.

Registration deadline: Thursday,
September 9

Session C

Mondays, September 13 – October 18

9:30 – 10:30 a.m.

Registration deadline: Saturday,
September 11

Session D

Saturdays, October 23 – November 27

7:45 – 8:45 a.m.

Registration deadline: Thursday,
October 21

Session E

Saturdays, October 23 – November 27

9:00 – 10:00 a.m.

Registration deadline: Thursday,
October 21

Session F

Mondays, October 25 – November 29

9:30 – 10:30 a.m.

Registration deadline: Saturday,
October 23

Method Yoga Studio's Megan Lees leads these yoga classes for all levels. Classes include warm-up, breath work, standing poses, flowing poses and end with relaxation. Class will be held on the deck overlooking the meadow. Please bring a yoga mat and water. (AS)

This class will be held outdoors with the option to move inside for inclement weather.



Online nonresident registration begins
Monday, August 16, 10:00 a.m.

Tai Chi for Wellness

Ages 18 and up

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee/session: \$29 residents, \$38 nonresidents

Harvard School of Integrative Medicine tells us the slow meditative movements, deep breathing and relaxation characteristic of Tai Chi practice creates a special biological state that activates our capacity for body/mind wellness and healing. Great for stress relief, post-illness or managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones. All Tai Chi classes are taught by certified Integral Qigong and Tai Chi instructor Judy Wilson.

All Tai Chi classes will be held outdoors. A video link will be provided for inclement weather days.

Beginner Tai Chi Session A

Saturdays, September 11 – October 16
10:30 – 11:30 a.m.

Registration deadline: Thursday, September 9

Beginner Tai Chi Session B

Saturdays, September 11 – October 16
11:45 a.m. – 12:45 p.m.

Registration deadline: Thursday, September 9

An introduction to Tai Chi and Qigong (pronounced Chi Kung) principles and form through Tai Chi Easy™ — a form created by Roger Jahnke, O.M.D. — to make Tai Chi accessible and fun for everyone. (JH)

Intermediate Tai Chi

Mondays, September 13 – October 18
5:30 – 6:30 p.m.

Registration deadline: Saturday, September 11

Continuing to develop Tai Chi and Qigong principles moving from Tai Chi Easy™ into Dr. Roger Jahnke's Integral Tai Chi form. (AS)

Forest Therapy Hikes

Ages 18 and up

9:00 – 11:30 a.m.

Fee/hike: \$20 residents, \$26 nonresidents

Session A

Saturday, September 18

(Rain date: Sunday, September 19)

*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*

Registration deadline: Thursday, September 16

Session B

Saturday, October 9

(Rain date: Sunday, October 10)

*Grant Park
501 Normandy Ridge Rd.*

Registration deadline: Thursday, October 7

Session C

Saturday, November 13

(Rain date: Sunday, November 14)

*Bill Yeck Park, Rooks Mill Entrance
8798 Rooks Mill Ln.*

Registration deadline: Thursday, November 11

A forest therapy walk enhances well-being through gentle immersion in forests and other natural environments. This guided nature walk (shinrin yoku) will help recharge and boost your immunity by slowing down, detaching from technology and experiencing nature in a novel way. This walk will help you hit the reset button on life, help you lower your blood pressure and heart rate, increase your creativity and improve your attention and mood.

Certified Nature and Forest Therapy Guide Christina Willis, will lead you through the benefits of immersing yourself in nature. The program will last 2 – 3 hours each week depending on the size of the group, engagement and questions. (AS)

Cardio Combo

Ages 18 and up

7:00 – 8:00 a.m.

*Activity Center Park
221 N. Main St.*

Fee/session: \$48 residents, \$64 nonresidents

Session A

Tuesdays, September 28 – November 30

Registration deadline: Sunday, September 26

Session B

Thursdays, September 30 – December 2

Registration deadline: Tuesday, September 28

Cardio Combo is an easy-to-learn high-energy workout, making it perfect for people of all fitness levels. No pressure, no competition, no complicated moves ... just fun! By using a combination of aerobic dance movements, fast and slow rhythms, resistance training, balance and mat work, Cardio Combo classes help you burn calories; improve cardiovascular performance; strengthen core, upper and lower body; and enhance coordination. Taught by dance fitness instructor, Janet Hartsock. Bring water, exercise mat and a light set of hand weights. Class is held outdoors and will move inside for inclement weather. (AS)



**Online resident registration begins
Monday, August 9, 10:00 a.m.**

Cardio Fit

Ages 18 and up

Thursdays, September 30 – December 2

6:00 – 7:00 p.m.

Activity Center Park

221 N. Main St.

Fee: \$48 residents, \$64 nonresidents

Registration deadline: Tuesday, September 28

Cardio Fit combines both high and low-impact moves with a dance twist. Get your heart rate up and break a sweat while having fun. Many types of dance may be used in this class to keep you on your toes as you dance your way to fitness! This workout is easy to learn and suitable for all fitness levels. Taught by experienced dance fitness instructor, Janet Hartsock. Class is held outdoors and will move inside for inclement weather. (AS)

Campfire Yoga

Ages 18 and up

Thursday, October 7

(Rain date: Thursday, October 14)

7:30 – 9:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Registration deadline: Tuesday, October 5

Celebrate fall with Method Yoga Studio's Megan Lees! Enjoy some downtime next to the warm and cozy fire. This outdoor yoga class will include warm-up, breath work, standing poses, flowing poses and end with relaxation around the campfire. Class will be held near the Bill Yeck Park fire circle. (AS)

Aromatherapy to Strengthen the Immune System

Ages 16 and up

Tuesday, November 2

6:00 – 7:30 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$20 residents, \$24 nonresidents

Registration deadline: Wednesday, October 27

Prepare your wellness options leading into cold and flu season. Did you know some essential oils can kill viruses and bacteria in your home or work area? Inhaling some essential oils can help open a stuffy nose!

Patti McCormick, RN, Ph.D. from the Institute of Holistic Leadership will show you how to use essential oils to strengthen your immune system. Learn which oils can keep you healthy in cold and flu season. We will talk about prevention and how to relieve symptoms naturally. Learn a formula for an all-natural "menthol rub" for adults and children. Essential oil safety precautions for children and pets will also be discussed. (AB)



Hit the Trails this Fall!

Spend this fall enjoying your parks! These paved paths are wonderful for running and walking! Bring the whole family along, including the dog! Dogs must be leashed at all times in your parks.

Bill Yeck/Forest Field Park

0.5-mile paved loops and additional limestone trails

Black Oak Park

0.2 miles (one way) up a steep hill. No bicycles permitted.

Hithergreen Park

0.25-mile loop

Holes Creek/Silvercreek Parks

1.3 miles (one way)

Iron Horse Park

2 miles (one way)

Oak Creek South Park

0.4-mile loop

Oak Grove Park

1.5-mile loop (shorter loops also available)

Robert F. Mays Park

0.75-mile loop

Schoolhouse Park

0.75-mile loop

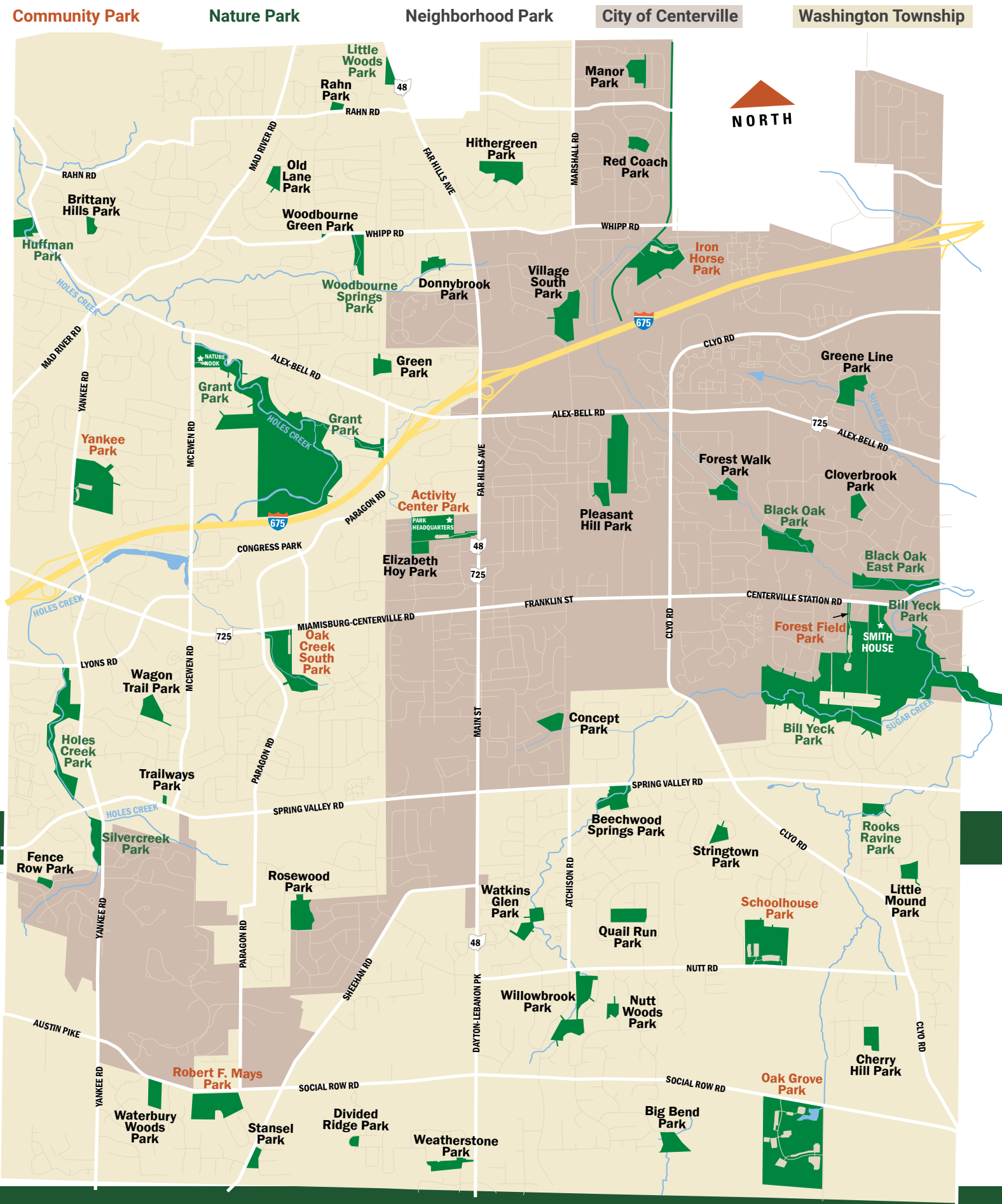
Yankee Park

0.82-mile loop



Online nonresident registration begins
Monday, August 16, 10:00 a.m.

The Park District is made up of 51 community, nature and neighborhood parks.
Visit www.cwpd.org for detailed information and a map to each park.



HOW TO REGISTER



WHY REGISTER ONLINE?

#1

You're first in line!

Online registration takes place the day before phone or walk-in registration.

24

It's convenient

The flexibility to register and pay at your convenience, anytime, from anywhere.



It saves time

In less than five minutes, you can setup your account and enroll for your program.



It's easy

Three simple steps, and you'll be enrolled in the program of your choice.



It's environmentally friendly

No need to use gas driving over to register in person. And it saves paper.

Online resident registration begins August 9.

Online (first day of registration is online only)

Visit <https://cwpd.recdesk.com> to register. To expedite your registration, create an account prior to 10:00 a.m. on August 9. Centerville and Washington Township residents, **please list Dayton as the city in your address** or the site will not recognize you as a resident. This website can be used for free programs and for fee-based programs with a debit or credit card.

By Phone

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 3:30 p.m. Please have your credit card ready for fee-based programs. **Phone registration begins one day later than online registration.**

In Person

Visit Park District headquarters at 221 N. Main Street Monday – Friday between 8:00 a.m. and 3:30 p.m. You may pay with cash, check or credit card. Make checks payable to CWPDP or Centerville-Washington Park District. **In person registration begins one day later than online registration.**

Registration and Refund Policy

- Residents may register members of their family and one other resident family.
- Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees or receive a refund.

Access for All

We are committed to providing programs, services and facilities that ensure inclusive and adapted access for all. Please contact us if you require any additional modifications or support because of a disability.

Centerville-Washington Park District Program Release

When registering for or attending any Park District program, you are required to agree to the following statement:

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.

**Online Resident Registration Begins
Monday, August 9
at 10:00 a.m.**

**Online Nonresident Registration Begins
Monday, August 16
at 10:00 a.m.**

FALL EVENTS AT-A-GLANCE

SEPTEMBER

		page #
Wed, Sept 1	Conservation Crew Seed Collection	11
Fri, Sept 3	Last Chance Creek Fun!	12
Tues, Sept 7	Early Adventures	6
Tues, Sept 7	Back to School Laughter Club	8 & 9
Tues, Sept 7	Pilates in the Park	19
Thurs, Sept 9	Last Chance Creek Fun	12
Sat, Sept 11	Grandparents Day Terrariums	12
Sat, Sept 11	Fairy and Gnome Home Festival	4
Thurs, Sept 16	Preschool Nature Singing Insects	7
Thurs, Sept 16	Intro to Fly Ties	15
Fri, Sept 17	Reading in the Wild	6
Fri, Sept 17	Fairy Canvas Painting & Storytime	6
Sat, Sept 18	Forest Therapy Hike	20
Mon, Sept 20	The Art of Sprouting	15
Tues, Sept 21	Back to School Laughter Club	9
Tues, Sept 21	Fly Fishing 101	15
Fri, Sept 24	Ales & Tails	4
Fri, Sept 24	Gnome Canvas Painting & Storytime	6
Sun, Sept 26	An Introduction to Falconry	12
Tues, Sept 28	Fly Fishing 101	15
Thurs, Sept 30	Fall About Archery	12
Thurs, Sept 30	Nocturnal Nature Series Ohio Moths	13

OCTOBER

Tues, Oct 5	Early Adventures	6
Thurs, Oct 7	Campfire Yoga	21
Sat, Oct 9	Forest Therapy Hike	20
Sat, Oct 9	Introduction to Watercolor	16
Tues, Oct 12	Pilates in the Park	19

Thurs, Oct 14	Conservation Crew Vernal Pool Construction	11
Fri, Oct 15	Reading in the Wild	6
Fri, Oct 15	Create a Clay Fairy Door	16
Sat, Oct 16	Truck or Treat	4
Tues, Oct 19	Outdoor Photography	16
Wed, Oct 20	Glass Fusing Wind Chime	16
Thurs, Oct 21	Preschool Nature Chipmunks	7
Thurs, Oct 21	Halloween Hop & Howl	5
Fri, Oct 22	Grown Up Movie Night: Hocus Pocus	5
Sat, Oct 23	Halloween Hop & Howl	5
Sun, Oct 24	Spider Stroll	13

NOVEMBER

Tues, Nov 2	Early Adventures	6
Tues, Nov 2	Aromatherapy to Strengthen the Immune System	21
Fri, Nov 5	Capture the Flag & Bonfire	10
Sun, Nov 7	Race to the Holidays 5k	5
Thurs, Nov 11	Conservation Crew Ecobrick Production	11
Sat, Nov 13	Forest Therapy Hike	20
Sat, Nov 13	Birds of Prey Hike & Play	14
Tues, Nov 16	Glass Fusing Winter Birch Trees	17
Wed, Nov 17	National Take a Hike Day Hike	14
Thurs, Nov 18	Preschool Nature Rocks Rock!	7
Thurs, Nov 18	Nocturnal Nature Series Flying Squirrels	13
Fri, Nov 19	Reading in the Wild	6
Sat, Nov 20	Preschool Nature Rocks Rock!	7
Sat, Nov 20	The Great Turkey Trek	5