



## **WRITTEN OPERATIONS PROPOSAL 2020 OVERVIEW**

COVID-19 has presented unique challenges for many organizations, including Flag Football Fanatics. In an effort to allow the children of our community to play sports and resume a sense of normalcy, our team has developed standards with which we will adopt throughout the entire 2020 season. These standards adhere to the guidelines set forth by the Ohio Department of Health (ODH), Centers for Disease Control and Prevention (CDC), and Centerville/Washington Township Parks District (CWPD). In such instances where there are conflicting standards among organizations, the most stringent standard shall be adopted. This proposal will identify the measures we have put in place to move forward with a season as safely as possible.

### **Social Distancing Requirements**

- Upon arrival to the field/park spectators and players are expected to remain in their cars if more than 30 minutes early. Players and coaches will do temperature and symptom checks prior to traveling to the field of play. Upon exiting their cars, all spectators, players, coaches, volunteers and officials must be wearing a mask unless they are unable per ODH and CDC guidelines
- Game times will be staggered between the fields to eliminate crowding in the parking lots or near the fields.
- At the conclusion of the game coaches will instruct players to return to their families and make a swift exit from the park. No gatherings, huddles, or congregating will take place at the park before or after the game.

### **Spectators**

- Spectators must conduct daily symptom checks
- Spectators should wear a mask at all times unless they are unable per ODH and CDC guidelines
- Spectators must adhere to 6ft social distancing guidelines
- Family/households should sit together social distanced from other individuals/families/households
- Anyone experiencing symptoms must stay home. According to the CDC, COVID-19 symptoms include fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body

aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.

- Spectators will be limited to family and household members, when possible

### **Sanitization**

- Hand sanitizer stations will be made available to all spectators, coaches and players at the field of play.
- No concessions will be made available.
- Coaches will sanitize hands per CDC guidelines after coming into contact with the football or any other player equipment
- Equipment and game ball will be sanitized throughout the game as necessary
- Players and coaches will be asked to refrain from high fives and any other unnecessary contact before/during/after the game.
- Players will refrain from sharing water bottles or any equipment.
- Teams will not share game balls. Coaches will be responsible for sanitizing game balls between possessions and before and after games.
- Referees will refrain from touching the game balls.
- Referees will wear face coverings if possible.

### **Enforcement**

- Each team will play only one game per 24-hour period to decrease exposure and facilitate contact tracing if necessary
- Players, coaches, members of the coaching staff, officials and spectators will be educated on following face covering guidelines while out in public to decrease transmission risk

### **Education**

- Prior to the start of the season all coaches and members of coaching staff will complete COVID-19 education as outlined by the ODH.
- Prior to each practice and game all coaches will review with the players information on hand hygiene, social distancing, respiratory etiquette, signs and symptoms to watch for and the flow of operations before, during and after the game
- Prior to the start of the season all coaches and members of the coaching staff will review the CPR and AED protocol.

### **Positive or Suspected Cases**

- If a player, coach or member of the coaching staff should become ill during practice or a game, or display any symptoms of COVID-19 per the CDC, they will be immediately removed from the

park. Any player, coach or member of the coaching staff who becomes ill during practice or a game will be given information on immediately contacting their physician, and if no physician is appointed, then information on seeking medical care and COVID-19 testing options will be given. Anyone considered exposed per ODH guidelines will be quarantined for 14 days and if no symptoms, may then return to practice and games

- Any player who has a household member test positive must quarantine for 14 days, and if no symptoms may then return to practice and games.
- Any player who tests positive must immediately quarantine, and information will be collected on possible exposures back to 2 days prior to the positive test. Any player, coach, spectator or coaching staff exposed to a positive player must quarantine for 14 days per ODH guidelines. In the event it is unknown who had exposures and for how long, the entire team including the coaching staff will be quarantined for 14 days
- Any player who tests positive and is returning to play after quarantine per ODH guidelines must have clearance from a physician to return to play. This clearance must include a cardiac-specific risk assessment
- ODH will be notified of any COVID-19 positive cases and we will work directly with the agency to initiate contact tracing
- In the event of a positive player, official, coach, member of coaching staff all team members will be notified of the positive case (per HIPAA guidelines). If another game was played which resulted in additional exposures, the other team will be notified and health department of that county (if differing) will also be notified to facilitate contact tracing

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