**JUNE - AUGUST 2016** 

# Centerville-Washington PARK DISTRICT NEWS EVENTS

Program registration begins Monday, May 16

Park programs have DOUBLED since last summer!

NEW Recreation Camp Options! See page 11

CX0\0X<sup>K</sup> your community's BIG backyard!



#### Headquarters

Activity Center Park 221 North Main Street Centerville, Ohio 45459-4617 (937) 433-5155 Fax: (937) 433-6564 Second Shift/Weekends: (937) 470-9246 mail@cwpd.org www.cwpd.org

#### **Office Hours**

Monday – Friday 8:00 a.m. to 4:30 p.m. Office Closed on July 4, 2016

#### Park Addresses

For more information and an address for each park, visit **www.cwpd.org**.

Rain Out Line (937) 265-2001

#### **Athletic Field Conditions**

www.cwpd.org/field\_status.shtml

#### Area Youth Athletic Organizations

Centerville United Soccer Association www.cusacrewjuniors.org

Centerville Wee Elks Football Association www.weeelks.org

Centerville Baseball Softball League www.cbltoday.org

Centerville Youth Lacrosse www.cvlax.org

Up and Running Juniors www.upandrunningindayton.com/ get-involved/training-groups/

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## **Commissioners' Corner**



Summer is a great time to be out in the parks! It's also a time when we have many improvements underway to enhance your enjoyment of the parks.

Summer will bring the completion of **Mays Park**, with a new playground and a perimeter walking path. We also hope the hitting wall for lacrosse will see a lot of use.

For those who pass by **Oak Creek South Park**, you have likely noticed a lot of skateboarders and bikers using the new skatepark expansion. The new

addition was designed for different skill levels from beginners up. So, come out and enjoy the skatepark complex!

By June, **Holes Creek Trail** should be opened. It stretches 1.3 miles, from the sunflower field on Yankee Street south to Silver Lake Drive, connecting to Yankee Trace trail.

Making the parks more accessible includes plans for the installation of bridges over several creeks, including **Watkins Glen** and **Willowbrook Parks**.

On the north side of the community, Little Woods Park is nearing completion. This park, on the west side of Far Hills, will serve as a horticultural "welcome" to our Open Space Community. Also to the north, at **Donnybrook Park** we will see the resurrection of the natural fen, a wetland fed by underground water. A state grant is funding 75% of the project.

We have good news for pickleball players! The tennis courts at **Activity Center** 

## **DID YOU KNOW?**

The Centerville-Washington Park District Board of Park Commissioners holds public meetings once a month throughout the year. Visit

www.cwpd.org/meetings.html

for the schedule!

**Park** are being resurfaced. Two courts will be restriped for pickleball! If you haven't tried pickleball, come out and see the fun. You may be inspired to join in a game. It's a sport for all ages!

The Park Board is constantly focused on responding to your requests for more family, youth and adult activities. In the following pages you will see many new activities, along with "old time" favorites, being offered at more convenient times. **This summer the Park District is offering nearly twice as many programs as last year!** 

Amidst all of this activity, the Park Board and staff is planning for the future. Evaluation is underway for possible new park amenities, such as a challenge obstacle course and a drone flying area. Meanwhile, work continues on bringing flush toilets to **Oak Grove Park** and completion of the master plan for **Forest Field Park**.

Also, remember that school properties can be used for appropriate recreation activities when they do not conflict with scheduled uses or obvious restrictions.

On behalf of the entire Board and staff, I heartily encourage you, your family and friends to spend summertime in the parks — explore your community's big backyard!



David Lee Park Board President

To subscribe to the e-newsletter visit www.cwpd.org/subscribe.html

Save a Tree

Here, you can also stop home delivery of the printed newsletter if you wish.



## **Items Available for Loan**





Summer is here and we have another new way for you to get out and enjoy the parks! We will offer creek nets, GPS units and Nordic walking poles for check-out all summer long! There is no fee to borrow the equipment, only a damage or no-return fee if applicable.

Stop by Park District Headquarters June – August to check out the equipment. Office hours are 8:00 a.m. – 4:30 p.m, Monday – Friday.

## Archery Range Improvements on Target



The Centerville-Washington Park District recently received close to \$24,000 in grant money from the Ohio Division of Natural Resources Division of Wildlife Shooting Range Program. The grant will allow us to open additional archery shooting lanes at the existing range at Oak Grove Park. The lanes will be at varied distances, with new hanging bag targets.

The grant will also provide funding for more seating areas and equipment storage. We will install permanent quivers and additional bow racks for each lane, and a more visible safety flag system. An equipment shed and less cumbersome official NASP targets will provide benefits for beginner archery clinics and leagues. Additionally, the grant will allow us to make the range more accessible for Adapted Sports archery clinics!

The improvements to the range should be completed this fall — just in time for the **National Hunting** and Fishing Day event at Oak Grove Park on September 24! Mark your calendars!

## **Staff Update**



We are pleased to announce **Joel Thornton** as the new Schoolhouse Park Technician. Joel joined the Park District in 2009 and has spent the last two and a half years as an Operations Technician at Oak Grove Park.

Congratulations on your new position, Joel!

## Consider a Rain Barrel

Rain barrels are above ground storage containers designed to capture rainwater for reuse. They reduce the rainwater runoff that is polluting our waterways with fertilizers and pesticides.

The stored rainwater is great for watering your indoor and outdoor plants and can be used for other things, including washing cars and windows. This steady supply of free water may even help you save money on your water bill — rain barrels save the average homeowner about 1,300 gallons of water during peak summer months. Learn more about rain barrels at the Rain Barrels 101 workshop on July 23. See page 16 for more details.





## Summer Recreation Program (SRP)

Ages 3 – 12 June 6 – July 28 (No SRP on July 4) Registration deadline: Tuesday, May 31 9:00 a.m. – noon

SESSION 1: MONDAYS and WEDNESDAYS	SESSION 2: TUESDAYS and THURSDAYS
Forest Field Park	Iron Horse Park
Yankee Park	Oak Creek South Park

Fees: Session 1: FREE for residents, \$41 nonresidents
 Session 2: FREE for residents, \$41 nonresidents
 Combined Sessions 1 & 2: \$79 residents, \$102 nonresidents
 The Monday – Thursday fee covers all 8 weeks at the cost of 7 weeks to accommodate for rain days.

The Summer Recreation Program offers a variety of recreation activities, sports, games, arts and crafts, guest speakers and more. All SRP sites are led by trained recreation leaders. This fun program keeps children outdoors and active all summer!

Advance registration and a completed Health History Form are required for SRP. No walk-up registrations will be accepted at the parks. As a safety precaution, designated caregivers are required to sign children in and out each day.

## Summer Teen Series (STS)

Ages 12 – 15 **Tuesdays** (Rosewood Park) & Thursdays (Schoolhouse Park), June 9 – July 28 6:00 – 8:00 p.m. Fee: \$20 residents, \$26 nonresidents

Summer Teen Series offers the opportunity for teens and tweens to play games at different parks in our community. These fun-filled programs include capture the flag, dodgeball, basketball, soccer, flag football, kickball and more! You can come to as many sessions as you like. At the end of the summer we will have a party with an inflatable, tournaments and pizza! The end-of-summer party will be on Thursday, July 28 at Oak Creek South Park.

Advance registration and a completed Health History Form are required for STS. No walk-up registrations will be accepted at the parks.



## **ADDITIONAL INFORMATION**

#### Registration

Parents can register their children for SRP and STS online at **www.cwpd.org** or by calling (937) 433-5155. No walk-up registrations will be accepted at the parks.

#### Snacks

Snacks will be provided at SRP. All snacks will be peanut, tree nut, dairy and egg free. Participants may bring their own if they prefer. All snacks will be collected at sign-in and given at the designated snack time. Please note, **snacks from home cannot include peanuts or tree nuts.** 

#### **Inclement Weather**

In case of rain or storms, please return to the park to pick up your children. Cancellations will be posted on **www.cwpd.org** and you will receive an automated phone call.

#### Discipline

There is a "three-strike" disciplinary system for SRP. Examples of behaviors that would result in a yellow, orange or a red card include: inflicting physical harm upon others, continuously wandering away from the group, disregarding what leaders ask of them, generally ignoring rules and opting out of participation. This procedure is to ensure the safety of the group and create the best possible experience for all participants. If a child receives two red cards, we will ask that they not return to SRP this summer.

> Online resident registration begins Monday, May 16, 10:00 a.m.



Leaders will keep to the established discipline policy and will handle all incidents with kindness, consistency and understanding. Attention will be given to the specific needs of each child while, at the same time, each is encouraged to participate. Leaders will discuss the rules of SRP throughout the summer.

All participants must be independent in the six activities of daily living: using the restroom, eating, bathing, dressing, transferring (i.e. walking) and continence. If your child requires an accommodation to participate, please call (937) 433-5155 and specify on the Health History Form.

Health History Forms can be found at http://www.cwpd.org/forms.html.



Programs are **FREE** for residents unless otherwise indicated.

## SUMMER RECREATION PROGRAM SPECIAL EVENTS!

#### Summer Safari

Ages 3 – 12 with an adult companion Friday, June 24 10:00 a.m. – noon Schoolhouse Park, 1875 Nutt Rd.

This trip to the safari will include a variety of games, activities and a craft. We will also have a tropical-themed bouncer. Refreshments from **KONP KEE** will be available for purchase.

#### **Splashtacular**

Ages 3 – 12 with an adult companion Friday, July 29 10:00 a.m. – noon Yankee Park, 7500 Yankee St.

Slip 'n Slide into the end of summer at this annual special event full of water-themed games and activities! Refreshments from **KONG KEE** will be available for purchase. For the finale, the Washington Township Fire Department will spray **water** from their truck to cool the children off!



Advance registration is not required for these special events, but please sign in your child and plan to stay at the event. Due to the high number of participants, we cannot provide supervision for individual children.

# Hidden Meddons Dels Cemp

Ages 5 – 12 (preschool weeks are ages 3 – 9) Grant Park, Normandy Entrance, 501 Normandy Ridge Rd.

# There may still be openings for Hidden Meadows Day Camp! Registration began on Monday, April 18 for residents and Monday, April 25 for nonresidents.

Hidden Meadows Day Camp encourages children to learn about nature and enjoy the outdoors by exploring Grant Park, playing games and making new friends. Campers will also be treated to guest speakers, special presentations and activities. Snacks are provided, but campers should bring a filled water bottle every day. All-day campers need to bring a packed lunch that does not require refrigeration and does not include peanuts or tree nuts. All campers will receive a t-shirt during their first week.

# We are now offering before (8:00 – 9:30 a.m.) and after (4:00 – 5:30 p.m.) care! Campers will enjoy a secure and familiar environment before and/or after their action-packed day at camp!

## What's for Dinner? June 6 - 10

People have to eat. So do animals and insects! What's at their dinner table? Discover what our nature friends eat to fill their bellies. You may learn that we have some favorite treats in common.

#### Forecast Frenzy, June 13 – 17

Birds fly south for the winter, and earthworms appear when it rains, but how does the weather effect other insects, animals and plants? Let's help the weatherman forecast what happens in nature when the climate changes.

#### Tree Treasures, June 20 – 24 (Preschool Week)

Treasures are not always rubies and diamonds. Sometimes the best treasures can be found right in your local park. We're calling all local pirates to identify trees and search for the hidden booty in and around them.

## Bugs! Bugs! Bugs! June 27 - July 1

From creepy crawlies, to bugs that take flight, we are exploring all things bugs! You are in for a treat as we study a bug's life.

## Mad Science University, July 5 - 8

Do you like to mix things together to see what happens? Come be a scientist and discover what makes the natural world tick! Conduct fun experiments, studies and games based on nature science and use that knowledge to build your own scientific creations.



New!

Camp is held rain or shine!

# CAMP THEMES

Camp activities are planned each week by our camp counselors, who take into account their campers and the week's theme. Special themerelated activities are included in their plans along with the tried and true camper favorites — searching for crawdads in the creek, building forts, completing crafts, taking hikes and more, no matter the week's theme!

Theme: Date	AM 9:30 a.m. – noon	PM 1:30 – 4:00 p.m.	All Day 9:30 a.m. – 4:00 p.m.
What's for Dinner?: June 6 – 10	5 – 12 years		5 – 12 years
Forecast Frenzy: June 13 – 17	5 – 12 years		5 – 12 years
Tree Treasures: June 20 – 24	3 – 9 years	3 – 9 years	5 – 9 years
Bugs! Bugs!: June 27 – July 1	5 – 12 years		5 – 12 years
Mad Science University: July 5 – 8	5 – 12 years		5 – 12 years
Wildflowers, Wild Life & Wild Insects: July 11 – 15	5 – 12 years		5 – 12 years
Creeking, Hiking and : July 18 – 22	3 – 9 years	3 – 9 years	5 – 9 years
Adventure is Everywhere: July 25 – 29	5 – 12 years		5 – 12 years
Hydrohysteria: August 1 – 5	5 – 12 years		5 – 12 years

## Wildflowers, Wild Life & Wild Insects, July 11 - 15

This week you will get in touch with your wild side! Join us as we search for the native wild things of Grant Park. Learn how flowers, animals and insects grow and adapt through daily hikes, games and crafts.

## Creeking, Hiking and ..., July 18 – 22 (Preschool Week)

Join us as we explore Grant Park to and fro. Where this week will take you, nobody knows! Each day will bring new information and new experiences for the ultimate adventure.

#### Adventure is Everywhere, July 25 - 29

From hilltops to creek beds, you will explore it all. Enjoy a variety of challenges, games and explorations that will quench your thirst for adventure and knowledge.

## Hydrohysteria, August 1 – 5

Water, water and more water! From the pond to the creek, you will enjoy playing in, studying and appreciating water. If you are dry at the end of the week, you were not at this camp!

All participants must be independent in the six activities of daily living: using the restroom, eating, bathing, dressing, transferring (i.e. walking) and continence. If your child requires an accommodation to participate, please call (937) 433-5155 and specify on the Health History Form. Health History Forms can be found at http://www.cwpd.org/forms.html.

#### Hidden Meadows Day Camp Fees (per week)

	Resident	Nonresident
Half Day	\$55	\$85
All Day	\$110	\$170

#### Before and/or After Care

\$27 \$48

Half Day (a.m.): 9:30 a.m. – noon Half Day (p.m.): 1:30 – 4:00 p.m. All Day: 9:30 a.m. – 4:00 p.m.

Before Care: 8:00 – 9:30 a.m. After Care: 4:00 – 5:30 p.m.

#### **Registration Deadline**

The last day to cancel or make registration changes is noon the Monday prior to your camper's start date.

## SPECIAL EVENTS

#### Strong Man Challenge: Kids vs. Dad Edition

Ages 7 – 13, one child per dad **Saturday, June 18** 

10:00 a.m. – noon (9:30 a.m. check-in) *Schoolhouse Park, 1875 Nutt Rd.*  **Fee:** \$10 Early: May 16 – June 5 \$15 Regular: June 6 – June 18

**CENTERVILLE** Father's Day is just around the corner and what better gift can a child give than to beat dad in various weight and agility challenges? We are teaming up with Centerville CrossFit to bring you this strong man challenge. Dads, come flex your muscles! And kids, don't go easy on dear old dad! Each participant will receive a commemorative t-shirt!

#### Silver Screen Under the Stars All ages

8:00 p.m., movie begins at 9:00 p.m.



It's Game Time! The Game Plan Friday, June 24 Schoolhouse Park, 1875 Nutt Rd.

#### Super Heroes Unite! The Incredibles Friday, July 29 Iron Horse Park, 6161 Millshire Dr.

The Luau! Lilo and Stitch Friday, August 26 Yankee Park, 7500 Yankee St.

Each night will have different activities based on the movie! When the sun sets, find a place on the lawn to enjoy a family-friendly movie on the big screen! You bring chairs or a blanket, we'll bring the popcorn!



## Americana Festival Children's Area

All ages **Monday, July 4** 11:00 a.m. – 4:00 p.m. *Activity Center Park, 221 N. Main St.* 

Celebrate Independence Day at the Americana Festival!

Visit our booth on Main Street and walk down the Activity Center Park driveway to enjoy children's entertainment, food and craft vendors, inflatables and more.

For the most up-to-date information on this year's festival, visit **www.americanafestival.org** or the Americana Festival Facebook page.

Registration is not required.

## Teen Night at the Archery Range

Ages 12 – 17 **Monday, July 18** (Rain date: Monday, July 25) 6:00 – 8:00 p.m. *Oak Grove Park, Archery Range, 1790 E. Social Row Rd.* Fee: \$15 residents, \$20 nonresidents

Try your hand at the fun and popular sport of archery with the assistance of our trained instructors. If you have already taken a beginner's archery lesson with CWPD you can use this time to practice your skills and hang out with others interested in the sport!

#### **YoGlow**

Ages 18 and up **Friday, July 22** (Rain date: Saturday, July 23) 8:00 – 10:00 p.m. Forest Field Park, 2100 E. Centerville-Station Rd.

Ommmmm ... Leelaa Yoga Studio owner and instructor Megan Lees will lead this outdoor yoga class in the peaceful park setting. We will provide glow bracelets for all participants to wear!

This yoga class is for all levels and will include a warm-up, breath work, standing poses, flowing poses, and end with relaxation. Please bring your own yoga mat and water. Dress comfortably.

If you'd like to come early and enjoy a nutritious beverage, The Shakery Juice Bar will be on site from 8:00 - 8:45 p.m.



Program check-in and yoga mat placement will begin at the shelter at 8:45 p.m. Class begins at 9:00 p.m. If we have to postpone or cancel due to inclement weather, we will post the information on the CWPD Facebook page.

## **Play S'more**

Ages 5 and up **Thursday, August 4** 7:00 – 8:30 p.m. *Grant Park, 501 Normandy Ridge Rd.* 

Town Hall Children's Theatre and CWPD are partnering to bring you an interactive play around the campfire! Come watch the Theatre's production of "Molly's Revenge," where the audience may also become cast members. Stick around after the play to meet the cast and make s'mores!

> Online resident registration begins Monday, May 16, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.

## PRESCHOOL PROGRAMS (AGES 6 AND UNDER)

#### **Early Adventures**

Ages 0 – 36 months with adult companion 6:30 – 7:15 p.m. **Fee/session:** \$4 nonresidents

#### **Session A:**

**Tuesday, June 14** *Bill Yeck Park, Smith House, 2230 E. Centerville Station Rd.* 

# (natural path) Session B:

#### Tuesday, July 12

Oak Creek South Park, 790 Miamisburg Centerville Rd. (paved and natural path)

#### Session C:

Tuesday, August 2

Grant Park, Watts Middle School Entrance, 7056 McEwen Rd. (natural path)

Taking your little ones outdoors provides them with an experience that will benefit them forever. There are unique sounds, colors, lights, sensations and textures to process each time they go outdoors.

These monthly adventures will give you a chance to share nature with your babies and toddlers. Take a leisurely hike during our time together.

Backpacks and front carriers are appropriate if your child is not walking. Strollers are not recommended at parks with natural terrain.

## **Playdate Pals**

Ages 18 – 36 months with adult companion 9:30 – 10:30 a.m. *Bill Yeck Park, Smith House,* 2230 E. Centerville Station Rd. **Fee/session:** \$4 nonresidents

#### Rainbows: Wednesday, June 8 Ladybugs: Wednesday, July 6 Butterflies: Wednesday, August 10

This program is designed to build sensory awareness, motor skills and to encourage social interaction among little ones.

Each Playdate Pals begins with learning stations. Then we come together for a short program about our theme, which may include a story, song, activity and a short hike. Join us for lots of fun and new learning experiences!

# 

#### **Summer Nature Series**

Ages 2 – 4 with adult companion **Tuesdays & Thursdays, June 28 – July 7** 10:45 – 11:45 a.m. *Bill Yeck Park, Smith House, 2230 E. Centerville Station Rd.* **Fee:** \$29 residents, \$47 nonresidents

Work together to see the art all around you in nature! Children and a parent/ guardian will use natural and traditional art materials to see the outdoors through artistic eyes.



## **Preschool Nature Series**

Ages 3 – 5 with adult companion **Fee/session:** \$4 nonresidents

#### **Egg-cellent Adventures** Thursday, June 23

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m. Bill Yeck Park, Smith House, 2230 E. Centerville Station Rd.

Which animals lay eggs? How do animal parents care for eggs? On this adventure we will learn all about eggs and look for some on our hike! Our walk will take place on a natural path.

## Explore-A-Creek

Thursday, July 21

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m. Bill Yeck Park, 8798 Rooks Mill Ln.

Time to get wet! We will be exploring the pretty cascades at Rooks Mill and looking for creek creatures. Little nets will be provided. Close-toed shoes are required. All children must have an adult to accompany them in the creek.

#### **Hungry Caterpillars**

#### Thursday, August 18

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m. Bill Yeck Park, Smith House, 2230 E. Centerville Station Rd.

Those caterpillars sure are hungry! We will search for caterpillars and other larvae as we learn about insect life cycles. Hike will take place on a natural trail.

**采茶茶** 

Programs are FREE for residents unless otherwise indicated.

## CHILDREN'S PROGRAMS

(AGES 5 - 15)

## Intergenerational Series: Hike & Seek

Ages 3 – 6 with grandparent(s) **Fee:** \$4 nonresidents

#### Sessions A & B:

#### Friday, June 17

9:30 – 10:30 a.m. **OR** 1:30 – 2:30 p.m. *Rosewood Park, 475 Roselake Dr.* 

#### Session C & D:

**Friday, July 15** 9:30 – 10:30 a.m. **OR** 1:30 – 2:30 p.m. *Bill Yeck Park, 8798 Rooks Mill Ln.* 

The Intergenerational Series is only for grandparents and their grandchildren. Parents and other caregivers may attend any of our other programs.

#### Participants are welcome to sign up for both the June and July sessions, but the programs will be similar.

At Hike & Seek, you will explore nature together on a scavenger hunt. Find big leaves, bright butterflies, neat pebbles and more! Stop to look for birds, skip rocks and play along the way.

After the hunt, we will enjoy show and tell, a snack and a story in the shade! Bring your cameras and wear comfortable close-toed shoes.

## Online resident registration begins Monday, May 16, 10:00 a.m.

## Summer Skies: Children's Yoga Series

Ages 5 – 8 **Mondays, June 6 – 27** 7:00 – 8:00 p.m. *Grant Park, Kennard Nature Nook,* 6588 McEwen Rd. **Fee:** \$18 residents, \$25 nonresidents

Strike a pose! Stretch, balance, and strengthen your body as you learn yoga poses from certified Color Me Yoga Instructor, Megan Pooler. A blend of nature and exercise, children will learn about the summer season through a hands-on activity in the first part of each class and then finish with a fun-filled yoga session. All equipment will be provided.

## Light's On!

Ages 5 – 12 **Monday, August 15** 7:00 – 8:00 p.m. *Forest Field Park*, 2100 E. Centerville Station Rd. **Fee:** \$4 residents, \$9 nonresidents

What happens in the parks at night? Let's find out! We'll use flashlights to throw a spotlight on Forest Field Park and see what we can find. Explore the park using flashlights. There will be small periods of lights out time for hands-on challenges and games.

This is a drop-off program. Parents are not required to stay.

## Light's Out!

Ages 8 – 12 **Monday, August 8** 8:00 – 9:00 p.m. *Forest Field Park*, 2100 E. Centerville Station Rd. **Fee:** \$4 residents, \$9 nonresidents

What happens in the parks when the moon rises? Find out during this program focusing on using night vision to explore. We will play fun challenges and games.

This is a drop-off program. Parents are not required to stay.

This program will only use light for emergencies. Children who are wary of being in the park at night should attend our Lights On! program instead.

## The Ultimate Bug Challenge

Ages 8 – 12 Saturday, July 2 1:00 – 2:00 p.m. *Grant Park, 501 Normandy Ridge Rd.* Fee: \$4 residents, \$9 nonresidents

Race to find a variety of bugs out in the park and learn to identify them along the way. Come dressed to look for bugs in the creek as well!

This is a drop-off program. Parents are not required to stay.

## Wildlife CSI

Ages 8 – 14 **Saturday, June 11** 11:00 a.m. – 12:30 p.m. **OR** 1:00 – 2:30 p.m. *Bill Yeck Park, Smith House, 2230 E. Centerville Station Rd.* **Fee:** \$4 residents, \$9 nonresidents

Think you have what it takes to be a detective? An animal detective that is! Join us to help solve the mystery of who ate the rabbit at Bill Yeck Park!

This is a drop-off program. Parents are not required to stay.



## **Grant Park Brain Maze**

Ages 12 – 15 5:30 – 7:30 p.m. *Grant Park, 501 Normandy Ridge Rd.* **Fee/session:** \$9 residents, \$12 nonresidents

#### Session A:

Wednesday, June 8 (Rain date: Friday, June 10)

#### Session B:

Wednesday, July 6 (Rain date: Friday, July 8)

Challenge your brain this summer in Grant Park! Use navigational skills to get to a special location in the park for a session of fun problem-solving activities with the group, small teams and on your own! Closed-toed shoes are required.

#### Participants are welcome to sign up for both sessions. The programs will be different.





# **NEW Recreation Camp Options!**



## Born to be Wild Camp

Ages 6 – 12 **Monday, June 13 – Thursday, June 16** 1:00 – 3:30 p.m. *Forest Field Park,* 2100 E. Centerville Station Rd. **Fee:** \$40 residents, \$70 nonresidents

Learn all about the animals we find in our parks — and pets, too! The animalthemed games, crafts and activities are sure to be a blast! This session will include a special presentation by SICSA. We will make a special craft to donate to their animals.



## Go for the Gold Camp

Ages 6 – 12 **Monday, August 1 – Thursday, August 4** 1:00 – 3:30 p.m. *Forest Field Park, 2100 E. Centerville Station Rd.* **Fee:** \$40 residents, \$70 nonresidents

The Summer Olympics are starting early! Try your hand at kid's versions of popular Olympic sports like badminton, fencing, tennis, volleyball and more! We will also create Olympic-themed crafts and, of course, hold an Olympic ceremony! The Dayton Dutch Lions will join us for a special demonstration. Come prepared to have fun and help bring your team to victory!

# **Park Patooey Camp**

Ages 6 – 12 **Monday, July 11 – Thursday, July 14** 6:00 – 8:30 p.m. *Forest Field Park,* 2100 E. Centerville Station Rd. **Fee:** \$40 residents, \$70 nonresidents

We're going to put a sticky spin on some of our favorite park games in this messy camp! We will do nature science experiments and participate in an interactive presentation from a naturalist.

## FAMILY PROGRAMS



## The Park Challenge!

#### All ages Begins Friday, June 3

Are you up to the challenge?!

Throughout the summer months we'll be posting challenges on our social media accounts — Facebook, Twitter and Instagram. **Complete ten out of 15** posted pop-up park challenges and win a **\$20 Graeter's gift card**! In addition, each winner will be entered into a grand prize drawing for a **\$100 Whole Foods gift card**!

Most challenges will involve visiting a specific park location to fulfill a task or find a landmark. Other challenges will involve attending one of our special events! You won't know the challenge until the challenge timeclock begins, and then you'll have a deadline to complete it! Post a photo proving challenge completion with the tag **#itsacwpdsummer**.

Like us on Facebook and follow us on Twitter and Instagram to get more updates about this summer's Pop-Up Park Challenge!

Registration is not required.

#### Night Glow Scavenger Hunt All ages

Thursday, June 2 7:00 – 8:00 p.m. *Bill Yeck Park, Smith House,* 2230 E. Centerville Station Rd. Fee/family: \$4 residents, \$9 nonresidents

Love a good family challenge? Work together as a family through a naturebased glow-in-the-dark scavenger hunt around Bill Yeck Park!

## Creek Week!

All ages 6:00 – 7:30 p.m.

Let's celebrate the beginning of summer with Creek Week! Each day this week will feature a different activity at one of CWPD's creeks! Close-toed shoes are required for creek exploration. All children must be accompanied by an adult.

Fabulous Fossils! Monday, June 6 (Rain date: Monday, June 13) Grant Park, Normandy Entrance, 501 Normandy Ridge Rd. Fee/family: \$4 nonresidents

Today we will learn how fossils formed, learn different fossil types and paint a plaster fossil for you to take home. Then we will search the creek and practice our new identification skills.

#### Not So Current Events!

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Tuesday, June 7 (Rain date: Tuesday, June 14) Bill Yeck Park, 8798 Rooks Mill Ln. Fee/family: \$4 nonresidents

Did you know there used to be a mill at the Rooks Mill entrance of Bill Yeck Park? Before exploring this creek we will learn how it played a major role in the history of the park by taking a brief hike along the mill race.

Hike along the mill race is approximately 1/4 mile. Strollers not recommended.

**Cascade Effects!** 

Wednesday, June 8 (Rain date: Wednesday, June 15) Grant Park, Normandy Entrance, 501 Normandy Ridge Rd. Fee/family: \$4 nonresidents

On this short creek walk to the Cascades of Hole's Creek, we will look for animals, erosion, and discuss how a creek affects the local ecosystem.

#### **Creek Creature Feature!**

Thursday, June 9 (Rain date: Thursday, June 16) Bill Yeck Park, McGuffey Meadow Entrance, 7893 Wilmington-Dayton Rd. Fee/family: \$4 nonresidents

Join Montgomery County Soil and Water Conservation District Educator, Kristen Lauer, for an investigation into what lives in Sugar Creek. Participants are welcome to bring their own nets and containers for catching creatures. A limited supply will be provided.

Hike to the creek is approximately ¼ mile. Strollers not recommended.

#### Build-a-Boat

Friday, June 10 (Rain date: Friday, June 17) Grant Park, Kennard Nature Nook, 6588 McEwen Rd. Fee/family: \$4 nonresidents

Will your boat be fast? Have the ability to carry heavy loads? On this final day of Creek Week, families will be challenged to build boats out of natural materials and test them on their speed and weight capacities. Are you up to the challenge?

> Online resident registration begins Monday, May 16, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.

## **Butterfly Surveys**

Ages 8 and up (15 and under must be accompanied by an adult) *Grant Park, 501 Normandy Ridge Rd.* 

**Survey 1: Saturday, June 4** 9:30 – 11:00 a.m. (Rain date: June 5)

**Survey 2: Tuesday, June 14** 9:30 – 11:00 a.m. (**Rain date: June 15**)

**Survey 3: Monday, June 20** 9:30 – 11:00 a.m. (**Rain date: June 21**)

**Survey 4: Tuesday, July 5** 9:30 – 11:00 a.m. (**Rain date: July 6**)

Survey 5: Saturday, July 23 9:30 – 11:00 a.m. (Rain date: July 24)

**Survey 6: Monday, August 15** 3:30 – 5:00 p.m. (**Rain date: August 17**)

Butterfly surveys help the Park District determine the health of our habitats! If you enjoy learning about and catching butterflies, then this is the volunteer opportunity for you! Every survey consists of walking a set path and identifying as many butterflies as possible. Gathered data is sent to The Ohio Lepidopterists. The trail is about one mile in length and terrain is uneven. Surveys do not occur in the rain. Participants will be updated via automated phone calls about survey status and conditions. Please register all persons planning to attend with your group.

## **Birding Basics**

All ages **Fee/family:** \$4 nonresidents

Session A: Saturday, June 18 (Rain date: Saturday, June 25) 9:00 – 10:30 a.m. Grant Park, 501 Normandy Ridge Rd.

Session B: Thursday, July 7 7:00 – 8:30 p.m. Bill Yeck Park, Smith House, 2230 E. Centerville Station Rd.

Join us for birdwatching in the parks! Learn birding basics and observe some of our brightly colored summer residents. Please bring binoculars if you have them. A limited supply of adult and children's binoculars will be available.

Programs are FREE for residents unless otherwise indicated.



Wednesday, June 8 6:00 – 8:00 p.m. *Grant Park, Kennard Nature Nook,* 6588 McEwen Rd. Fee/participant: \$20 residents, \$40 nonresidents

Felting is a beautiful art form that starts with wool. In this creative two-hour program, participants will transform colored wool into a variety of objects while learning about the history of working with animal fibers. Students will love working with their hands to create their own wool work of art using the wet felting technique.

#### **Needle Felting**

Ages 8 and up **Monday, July 18** 6:00 – 8:00 p.m. *Grant Park, Kennard Nature Nook,* 6588 McEwen Rd. **Fee/participant:** \$20 residents, \$40 nonresidents

Felting with needles is a fun and artistic way to create objects from wool. Using a simple stabbing motion, participants will use barbed felting needles and beautifully dyed sheep wool to make flat or 3-D art. In this two-hour program, students can make items of their choosing that are functional or purely fun.

Children ages 14 and younger must be accompanied by a parent (parent must pay to participate). These programs would make great mother-daughter outings! Both parents and children must be registered.

## **Fly Fishing**

Ages 12 and up 6:00 – 8:00 p.m. *Oak Grove Park, Feldmann Pond Shelter, 1790 E. Social Row Rd.* **Fee:** \$15 residents, \$23 nonresidents

Fly Fishing 101: Tuesday, June 21 OR Tuesday, July 19

Fly Fishing 201: Wednesday, June 22 OR Wednesday, July 20

Learn fly fishing basics both in the classroom and on site, instructed by the ReelFlyRod Pro Staff. Perfect for beginners of all ages, Fly Fishing 101 will provide you with free lessons on fly casting and outfit rigging.

If you've already completed Fly Fishing 101, join us for Fly Fishing 201, which offers the chance to catch your first fish on the fly!

## **BINGO in the Park**

All ages **Sunday, June 19 Saturday, July 16 Friday, August 5** 2:00 – 3:00 p.m. *Oak Creek South Park,* 790 Miamisburg Centerville Rd.

Bring the whole family out for a game of BINGO in the park! This traditional game is fun for everyone and includes prizes! Please bring lawn chairs or blankets for seating in the grass.

This is not a drop-off program. All children must be accompanied by an adult.

Registration is requested for the whole series, and you can attend whichever sessions are convenient for your family!

This program may be cancelled in the event of inclement weather. Please check www.cwpd.org for updates.

## Geocaching Challenge

Ages 8 and up **Thursday, July 14** 5:30 – 6:30 p.m. *Grant Park, 501 Normandy Ridge Rd.*  **Fee/family:** \$4 residents, \$9 nonresidents

Geocaching is an exciting way to get your family connected to nature! Using hand-held GPS systems (or your own smartphone) track down caches hidden in the park. How many will you find?



## **Nature's Alphabet Hunt**

All ages Wednesday, July 20 6:00 – 7:00 p.m. *Grant Park, 501 Normandy Ridge Rd.* Fee/family: \$4 nonresidents

Nature has many wonderful secrets for us to explore, such as hiding letter shapes in the forest! See if you can find all the letters of the alphabet hidden in nature — from an "A" in the tree branches to a "Z" in the curve of tall grass.

## Hands-on Renewable Energy

Ages 6 and up **Friday, July 22** 5:00 – 6:30 p.m. *Grant Park, Kennard Nature Nook,* 6588 McEwen Rd. **Fee/family:** \$4 residents, \$9 nonresidents

Renewable energy is a valuable resource gaining momentum throughout the world. Learn about different types of renewable energy and then make your own hand-held wind turbine and waterwheel!

This is not a drop-off program. Children must be accompanied by an adult.



## **EarthJoy Tree Climb**

Ages 5 and up, children under 18 must be accompanied by an adult **Tuesday, July 26** (Rain date: July 27) 5:30 – 7:15 p.m. OR 6:30 – 8:15 p.m. *Green Park, 6661 Green Park Dr.* Fee: \$32 residents, \$48 nonresidents

With EarthJoy Tree Climbing Company, you will be able to access the tops of the trees! Tree climbing is a great way to challenge you physically and get in tune with mother nature. Swing to and fro, relax in a hammock, and surf on a limb high above the ground. Strive to climb as high as you can or play amongst the lower limbs! Session includes a half-hour lesson on trees and forests and one hour of climbing. For more information on EarthJoy Tree Climbing Company, visit **www.climbtreeswithearthjoy.com** 

## **Strive to Survive**

Ages 8 and up Saturday, August 13 11:00 a.m. – 1:00 p.m. OR 1:30 – 3:30 p.m. Grant Park, 501 Normandy Ridge Rd. Fee/family: \$9 residents, \$12 nonresidents

Can you survive out in the wilds of Grant Park with limited materials? Strive to survive by building a fire without matches or a lighter, collecting and filtering water, building a shelter and more. You will be working in teams to increase your odds at making it through all of the challenges.

## **FAMILY WELLNESS**

#### Family Recess



All ages Fridays, June 10 – July 29 6:00 p.m. – 8:00 p.m.

June 10, July 1, July 22: Green Park, 6661 Green Park Dr.

June 17, July 8, July 29: Concept Park, 345 Clareridge Ln.

June 24, July 15: Rosewood Park, 475 Roselake Dr.

Play your favorite park games with your family and the Summer Recreation Program staff! Sign up for the whole program and come to the Friday nights that work best for you! Each night we will play a variety of games — capture the flag, dodgeball, basketball, soccer, flag football, kickball and more!

You are sure to create lasting family memories during these weekly adventures!

All children must be accompanied by an adult. This is not a drop-off program.

## **Firecracker Family 5K Hike**

All ages Saturday, July 2 (Rain date: July 3) 9:30 a.m. Grant Park, 501 Normandy Ridge Rd.

Start your Fourth of July weekend off on the right foot! Hike the natural trails at Grant Park. Signs and staff will point you in the right direction as you hike the trails, hills and meadows of the 3.1 miles.

We are offering family 5K's on a bimonthly basis this year. Attend 3 out of 5 of them and earn a t-shirt! (This is the third family 5K of the year, so if you've not attended any yet, this is a great time to start!)

If we have to cancel due to inclement weather, we will post the announcement on the Park District Facebook page.

## **Summer Tennis Instruction**

Ages 6 and up **June 13 – July 28 Registration deadline: June 3 40-minute class:** \$65 resident, \$88 nonresident **60-minute class:** \$90 resident, \$120 nonresident 90-minute class: \$115 resident, \$150 nonresident

Tennis is taught by instructors from the Kettering Tennis Center/Quail Run Racquet Club. Each has

experience working with individuals of all ages and abilities, allowing them to provide a high level of instruction. Class ratio is one instructor to a maximum of 10 participants. Tennis balls are provided.

#### Monday/Wednesday: Yankee Park, 7500 Yankee St.

Ages	Level	Time	Minutes
6 – 10 years	Beginner	8:30 – 9:10 a.m.	40
9 – 13 years	Advanced Beginner	9:15 – 10:15 a.m.	60
9 – 13 years	Intermediate	10:20 – 11:20 a.m.	60
Adults 18 & up	Intermediate	6:00 – 7:00 p.m.	60
Adults 18 & up	Drill & Play	7:10 – 8:40 p.m.	90

#### Tuesday/Thursday: Schoolhouse Park, 1875 Nutt Rd.

Ages	Level	Time	Minutes
6 – 10 years	Beginner	8:30 – 9:10 a.m.	40
9 – 13 years	Beginner	9:15 – 9:55 a.m.	40
6 – 10 years	Advanced Beginner	10:00 – 11:00 a.m.	60
Adults 18 & up	Drill & Play	6:00 – 7:30 p.m.	90
Adults 18 & up	Beginner	7:35 – 8:35 p.m.	60

Inclement Weather: Due to the unpredictable nature of weather, we cannot guarantee the completion of all scheduled classes. An additional week has been scheduled at no added cost in lieu of make-up classes. If classes are cancelled, you will receive an automated One Call Now message.

## Hit the Paved Multi-Use Trails This Summer!

Summer is a wonderful time to get out and explore the parks! Visit a park you have never explored before, or revisit an old favorite. Bring your dog - but remember your leash and pet waste bags! These parks have paved multi-use trails great for walking, running and biking:

BLACK OAK PARK: .2 mile (one way) paved path up a steep hill from Ambridge Road to Braewood Trail. No bicycles permitted on this path.

**IRON HORSE PARK:** 2 miles one way

**OAK CREEK SOUTH PARK:** perimeter path is .4 mile

**Programs are FREE for residents** unless otherwise indicated.

**OAK GROVE PARK:** perimeter path is 1.5 miles (shorter loops are also available)

SCHOOLHOUSE PARK: perimeter path is .75 mile

**YANKEE PARK:** perimeter path (including sidewalk along Yankee Street) is .82 mile. The center path length is .19 mile.

See page 20 for park locations.

## **Dayton Ultimate** Frisbee League

Ages 16 and up Mondays, June 13 – August 8 **Registration deadline: June 3** 6:30 p.m. Oak Grove Park, 1790 E. Social Row Rd.

Dayton Ultimate Frisbee League is playing at Oak Grove Park this summer! For more information and to register for the league, please visit

www.cincyultimate.org/leagues/2016summer-dayton.

## **Family Triathlon**

Ages 7 and up Saturday, July 16 8:00 a.m. - 2:00 p.m. (7:30 a.m. check-in) Washington Township Recreation Center, 895 Miamisburg Centerville Rd. & Yankee Park, 7500 Yankee St.

#### Fee per team of 3:

\$35 Early: May 16 – June 15 \$45 Regular: June 16 – July 15 \$55 On-site: July 16 (cash only)



We are excited to offer this event in collaboration with the Washington Township Recreation Center!

The Family Triathlon is a fun familyfriendly relay event. And you don't have to be a seasoned triathlete to participate! Each portion of the race is broken down by age group. The 7 - 15 year-olds will compete in the running portion, then tag the next member of their family. This leg, swimming, will be completed by 16 - 40 year-olds. The final leg, biking, will be for family members 41 and over.

The family who completes the race with the overall fastest time wins! Prizes will also be given for the fastest time in

each portion of the race.

Visit

www.cwpd.org for full race details!

Registration is required for all programs unless otherwise indicated.

## ADULT PROGRAMS

## **Booked for Lunch**

Ages 14 and up Wednesdays, June 1, July 6 & August 3 11:30 a.m. - 12:30 p.m. Bill Yeck Park, Smith House, 2230 E. Centerville Station Rd.

A collaborative program with Centerville-Washington History and the Washington-Centerville Public Library, Booked for Lunch is a monthly lunchtime discussion on a historical fiction or nonfiction book. Bring your lunch and we'll provide dessert! The library will advance order copies for participants while supplies last.



#### **June's Discussion**

Grandma Gatewood's Walk: The Inspiring Story of the Woman who Saved the Appalachian Trail, by Ben Montgomery



#### July's Discussion

Mrs. Lincoln's Dressmaker, by Jennifer Chiaverini



#### **August's Discussion**

The Other Trail of Tears: The Removal of the Ohio Indians, by Mary Stockwell

## **Butterfly Identification** for Beginners

Ages 14 and up Thursday, June 2 6:00 – 8:00 p.m. Grant Park, Kennard Nature Nook,

6588 McEwen Rd. Fee: \$9 residents, \$12 nonresidents

Did you know Ohio has over 100 species of butterflies? Many of these can be found in our yards and parks. Elisabeth Rothschild will teach you how to begin identifying the different species of butterflies in our area.

**Recommended field guide: Butterflies Through Binoculars:** The East by Jeffery Glassberg.

#### Pictured: Common Buckeye

#### Adult Crafting Club

Ages 18 and up New! Tuesdays, June 7 – 28 6:30 - 8:00 p.m. Grant Park, Kennard Nature Nook, 6588 McEwen Rd. Fee: \$29 residents, \$47 nonresidents

Who says crafting fun has to be left up to the children? Let your creativity blossom while you learn new skills creating a different craft each week. We will tackle cross stitch, pebble art, English paper piecing and tea making! Materials will be provided.

## **Coloring and Confections** feat. the Hithergreen Strummers

Ages 14 and up Monday, June 27 6:00 - 7:00 p.m. Bill Yeck Park, Smith House, 2230 E. Centerville Station Rd. Fee: \$10 residents, \$20 nonresidents

Join us for a relaxing evening featuring the latest adult trend: coloring! We will be coloring a beautiful scene from the Smith House created by Columbusbased artist, designer and illustrator, Megan Hogan. The Hithergreen Strummers will play their dulcimers as relaxing background music!

We will provide the coloring sheets, coloring materials, light refreshments with sweet treats including custom cookies from Maria's Buckeyes and More!

The proceeds from Maria's Buckeyes and More are gifted to a local family fighting pediatric brain cancer and the CERN Foundation (Collaborative Ependymoma Research Network).



## 🗘 Rain Barrels 101

Ages 14 and up Saturday, July 23 1:00 - 3:00 p.m., 3:00 - 4:00 p.m. kit assembly Bill Yeck Park, Smith House, 2230 E. Centerville Station Rd. Fee: \$9 residents, \$12 nonresidents, plus an optional \$55 for a rain barrel kit

Rain barrels are great for gardens! We are partnering with Montgomery Soil and Water Conservation District to offer a workshop on rain barrels! The workshop will include an interactive lecture on the benefits of rain barrels and how to build one. Those who purchase a rain barrel kit will assemble their rain barrels after the lecture portion.

Rain barrel kits supplied by MSWCD include all parts to make a 55-gallon barrel, instructions and tips. Rain barrels are blue and are paintable.

## **English Paper** Piecing

Ages 14 and up Saturday, August 20 1:00 – 4:30 p.m. Grant Park, Kennard Nature Nook, 6588 McEwen Rd. Fee: \$9 residents, \$12 nonresidents

Join us as we learn the art of English Paper Piecing, the creation of a quilt block or entire quilt using fabric wrapped around paper patterns, from Park District volunteer Julia Leet. Participants will receive supplies to begin a simple project which they can then finish at home. No prior experience necessary but some knowledge of hand sewing is helpful.

> **Online resident registration begins** Monday, May 16, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.

## ADULT WELLNESS



## **Up and Running Trail Group**

Ages 18 and up **Wednesdays, June 1 – August 17** 6:00 – 7:00 p.m.

We are excited to continue our partnership with Up and Running! They will provide a trail leader as you enjoy running natural trails. This running group is for more experienced runners and will include meadows, trails and hills. Meet at the Normandy Entrance (501 Normandy Ridge Rd.) of Grant Park and the Smith Entrance (2300 E. Centerville Station Rd.) of Bill Yeck Park.

Date	Park	Date	Park
June 1	Grant	July 13	Grant
June 8	Bill Yeck	July 20	Bill Yeck
June 15	Grant	July 27	Grant
June 22	Bill Yeck	August 3	Bill Yeck
June 29	Grant	August 10	0 Grant
July 6	Bill Yeck	August 17	7 Bill Yeck

## Up and Running Couch to 5K

Ages 18 and up **Mondays, June 6 – August 15** (no training group on July 4) 6:00 – 7:00 p.m.

Train to do your first 5K run in our Couch to 5K (C25K) program! Up and Running will provide the training necessary to help you achieve your 5K goal. This group is for beginner runners.

Date	Park	Date	Park
June 6	Oak Creek South	July 18	Schoolhouse
June 13	Schoolhouse	July 25	Yankee
June 20	Yankee	August 1	Oak Grove
June 27	Oak Grove	August 8	Oak Creek South
July 11	Oak Creek South	August 15	Schoolhouse

If we have to cancel a running group due to inclement weather, Up and Running will post the cancellation on their Facebook page.

**Hike for Your Health** 

Ages 18 and up Wednesdays, June 1 – August 31 9:30 – 10:30 a.m. Fee: \$15 nonresidents

This program will get your heart rate up and get you moving — enjoying summer in our beautiful parks! Staff will lead you on these guided, self-paced hikes. Get to know the parks better and meet new people. Path descriptions are provided to help you choose the most comfortable shoe attire. Please do not bring pets to this program.

Date	Park	Address	Path
June 1	Oak Grove	1790 E. Social Row Rd.	Paved
June 8	Schoolhouse	1875 Nutt Rd.	Paved
June 15	Grant	501 Normandy Ridge Rd.	Natural
June 22	Bill Yeck	8798 Rooks Mill Ln.	Natural
June 29	Iron Horse	6161 Millshire Dr.	Paved
July 6	Yankee	7500 Yankee St.	Paved
July 13	Bill Yeck	7893 Wilmington-Dayton Rd.	Natural
July 20	Oak Creek South	790 Miamisburg Centerville Rd.	Paved
July 27	Grant	501 Normandy Ridge Rd.	Natural
August 3	Bill Yeck	8798 Rooks Mill Ln.	Natural
August 10	Iron Horse	6161 Millshire Dr.	Paved
August 17	Bill Yeck	7893 Wilmington-Dayton Rd.	Natural
August 24	Forest Field	2100 E. Centerville-Station Rd.	Natural
August 31	Grant	501 Normandy Ridge Rd.	Natural



Studies have shown that exercising outdoors has an overall positive effect on vitality – sense of enthusiasm, aliveness and energy!



Programs are **FREE** for residents unless otherwise indicated.

## **Adult Archery League**

Ages 18 and up Fridays, June 3 – August 5 Registration deadline: May 31 6:00 – 8:00 p.m. Oak Grove Park, Archery Range, 1790 E. Social Row Rd. Fee: \$25 residents, \$35 nonresidents

The Archery League is a great way to enjoy the outdoors and some friendly competition. Individuals will shoot rounds of 5-spot targets once per week at distances of 10, 20, 30 and 40 yards. Points are calculated weekly with handicap factored in. Awards will be presented to the top three scorers at the end of the season.

All targets are provided, but participants must provide their own bow and arrows. Attendance is required the first night of the league, but individuals may shoot at any time during the week and self-report scores by the weekly deadline. To view league rules, visit **www.cwpd.org**.

Registration minimum must be met for league to be held.



## Trail Trekking: Nordic Pole Workout

Ages 18 and up **Fridays, June 3 – August 26** 9:30 – 10:30 a.m. **Fee:** \$15 nonresidents

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The Cooper Institute research studies showed that Nordic walking burns more calories, increases oxygen consumption and can be 46% more efficient than normal walking. It's a great workout!

Please wear shoes comfortable for paved paths and bring a bottle of water. Nordic poles provided are adjustable to your height.

Date	Park
June 3	Iron Horse
June 10	Oak Creek South
June 17	Schoolhouse
June 24	Yankee
July 1	Iron Horse
July 8	Oak Creek South
July 15	Schoolhouse

Date	Park
July 22	Yankee
July 29	Iron Horse
August 5	Oak Creek South
August 12	Schoolhouse
August 19	Yankee
August 26	Iron Horse

## **Stroller Strength**

Adult caregivers with child 6 weeks – Pre K **Mondays & Thursdays, June 6 – August 25** (no class July 4) 9:30 – 10:30 a.m. *Schoolhouse Park, 1875 Nutt Rd.* **Fee:** \$15 nonresidents

An invigorating morning exercise session for caregivers — while their children relax in strollers! Cardiovascular exercise, upper and lower body resistance training (equipment provided) and a cool-down stretch is included in each session. Make friends, exercise and no need to pay for childcare! Stroller Strength is led by a nationally certified group exercise instructor.

## **Fit Mixx**

Ages 18 and up **Tuesdays, June 7 – August 23** 9:30 – 10:30 a.m. *Schoolhouse Park, 1875 Nutt Rd.* **Fee:** \$15 nonresidents

A boot camp style class that includes a mix of cardiovascular and strength training exercises and drills. Breathe fresh air, soak in vitamin D and work up a sweat! Exercise equipment

is provided for all participants. Led by a nationally certified group exercise instructor.

Online resident registration begins Monday, May 16, 10:00 a.m.



## Yoga in the Park

Ages 18 and up Grant Park, Kennard Nature Nook, 6588 McEwen Rd. Facilitator: Megan Lees, Leelaa Yoga Studio Fee: \$52 residents, \$67 nonresidents

**Session A: Mondays, June 6 – July 18** (no class July 4) 9:30 – 10:30 a.m.

**Session B: Thursdays, June 9 – July 14** 6:00 – 7:00 p.m.

**Session C: Saturdays, June 11 – July 16** 9:00 – 10:00 a.m.

**Session D: Mondays, July 25 – August 29** 9:30 – 10:30 a.m.

**Session E: Thursdays, July 21 – August 25** 6:00 – 7:00 p.m.

**Session F: Saturdays, July 23 – August 27** 9:00 – 10:00 a.m.

These yoga classes are for all levels and will include a warm-up, breath work, standing poses, flowing poses and end with relaxation. The classes will meet outside overlooking the meadow on the Kennard Nature Nook deck. In cases of inclement weather, we will move inside. Please bring a yoga mat and water.

## Tai Chi for Wellness

Ages 18 and up Saturdays, June 25 – July 23 11:00 a.m. – noon Grant Park, Kennard Nature Nook, 6588 McEwen Rd. Facilitator: Judy Wilson Fee: \$19 residents, \$29 nonresidents

An introduction to Tai Chi and Qigong (Chi Kung) principles and form through Tai Chi Easy<sup>™</sup> — a form created by Roger Jahnke, O.M.D. — to make Tai Chi accessible and fun for everyone. Harvard School of Integrative Medicine tells us that the slow meditative movements, deep breathing and relaxation that is characteristic of Tai Chi practice create a special biological state that activates our own capacity for body/mind wellness and healing. Great for stress relief, post-illness or managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones. Tai Chi is becoming one of the most recommended exercises by physicians!

## Metro Dayton Hikers Hike at Grant Park

Ages 18 and up Sunday, July 3 1:30 – 3:30 p.m. Grant Park, Normandy Entrance, 501 Normandy Ridge Rd.

Join the Metro Dayton Hikers for a 4 – 5 mile hike on the natural trails of Grant Park. If you have questions, please contact Christopher at **cksands8@woh.rr.com** or (937) 687-0114. Registration is not required.

Programs are FREE for residents unless otherwise indicated.

Dawn Food Pantry.

8:30 a.m.

*Oak Grove Park, 1790 E. Social Row Rd.* The Centerville Lions are holding their 5th annual Charity 5K run/walk at Oak Grove Park! Charities supported through this race include Brigid's Path, Lions Eye Bank of West Central Ohio, scholarships at Centerville High School and First

Cost to participate is \$15 without a shirt or \$20 with a shirt. Pets and strollers welcome. Awards will be given in each age group. For more information or to register, visit **www.CentervilleLions.org** or **www.Speedy-Feet.com** 

## **Summer Tennis Leagues**

Ages 18 and up July 10 – September 15 Registration deadline: June 24 Various parks Fee: \$25 residents, \$35 nonresidents

Join a league and play tennis in the parks! Several levels of play allow opportunities for all abilities. All leagues are 10 weeks long. League schedules and rules are mailed out prior to league play.





## The Park District is made up of 50 community, nature and neighborhood parks. Visit **www.cwpd.org** for detailed information and a map to each park.



## **HOW TO REGISTER**

## Online (the first day of registration is online only)

Visit **https://apm.activecommunities.com/cwpd** to register. To expedite your registration, create an account prior to 10:00 a.m. on May 16. A valid email address is required. This site can be used for free programs and for fee-based programs with a debit or credit card. Payee will be shown as Active.com.

## **By Phone**

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have your credit card ready for fee-based programs. **Phone registration begins one day later than online registration, May 17 for residents and May 24 for nonresidents.** 

## In Person

Visit Park District headquarters at 221 N. Main Street in Centerville Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card at headquarters. Make checks payable to CWPD or Centerville-Washington Park District. In person registration begins one day later than online registration, May 17 for residents and May 24 for nonresidents.

## **Registration and Refund Policy:**

- Residents may register members of their family and one other resident family.
- Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees or receive a refund.

## **Centerville-Washington Park District Program Release:**

When registering for any Park District program, you are required to agree to the following statement:

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.



WHY REGISTER ONLINE?

Online registration begins May 16

Online **Resident** Registration Begins Monday, May 16 at 10:00 a.m.

Online Nonresident Registration Begins Monday, May 23 at 10:00 a.m.

# Centerville-Washington PARK DISTRICT

## The Centerville-Washington Park District Board has a vision:

# To be the outdoor recreation destination of choice for the community we serve.

o reach this vision, the Park Board knows it must be continually responsive the needs, wants and suggestions of the residents of Centerville and Washington Township. The year 2015 at the Centerville-Washington Park District could be summarized as

# being responsive to you!

Being responsive to the community was started by initiating, and following through with, many promises of the 2014 levy vote. Take a look at the many park improvements of 2015 that were funded by the levy vote.

## PARK IMPROVEMENTS COMPLETED OR INITIATED IN 2015

Mays Park and shelter/restroom Little Woods Park Oak Grove Dog Park shade structures, trees and expansion Oak Grove Park batting cages opened Concept Park basketball court re-paved Smith House in Bill Yeck Park opened 150+ new trees planted Oak Creek South Skatepark expanded Holes Creek trail started While the projects are important, tangible and enjoyable, the Park Board is always working to be responsive in other ways, as well.

In the summer of 2015, hundreds of residents shared their ideas via an online survey, focus groups, stakeholder interviews and public meetings. Many thanks to all who took time to give advice. In a nutshell, the Board learned that these items were very important to the community:

- You like trails and walking paths and want to see more of them.
- You really like the many, varied program opportunities ... and would like more of every kind.
- You want restrooms at Oak Grove that have flushing toilets and running water.
- You want more natural areas in parks, and support preserving more natural areas.
- You welcome nonresidents to your parks and programs, but support them paying a fair share.
- You would like programs and activities offered at times convenient to working parents.
- Your opinion of the Park District is that we are familyfocused, a good investment, safe, and well-maintained.
- You like to be asked your opinion, and want to be asked regularly!



# **2015 Annual Report**

## **BEING RESPONSIVE WITH PROGRAMS AND ACTIVITIES**

The fall of 2015 showed a **55% increase** in program opportunities over the previous fall! More evening and weekend program times were offered, for example:

- Early Adventures moved from mornings to evenings.
- Preschool Nature Series and Intergenerational Series added evening options.
- Weekend programs more than tripled!

Nominal nonresidents fees were added to programs for fairness and equity.

New programs came about from partnering with Raise Your Brush, Up and Running, Spark Art Studio, the Washington-Centerville Public Library, Metro Dayton Hikers and more.

## BEING RESPONSIVE WITH PARK IMPROVEMENTS

All of the previously noted park projects were supplemented with the following:

- Upgraded the Schoolhouse Park sidelines
- Received a 75% match grant for the Donnybrook Park fen restoration
- Built an outdoor-access restroom at the Smith House for Bill Yeck Park visitors
- Removed or felled 1,500 dead ash trees for visitor safety
- Initiated talks with Montgomery County regarding sewer to Oak Grove Park
- Prepared plans for native plant gardens in several parks (planting will take place in 2016)

Centerville-Washington Park District strives to provide quality parks, outdoor education, and recreation while preserving open Space

## BEING RESPONSIVE WITH EFFECTIVE MANAGEMENT AND FINANCIAL STEWARDSHIP

- Received the highest marks on State of Ohio financial audit
- Upgraded to broadband internet service
- Automated manual administrative functions such as budget development, work request system and online availability of shelters
- Added ability to refund via credit to bank cards
- Developed capital improvement budget linked to project vs. fiscal year
- Developed a three-year strategic plan for parks, service and administration improvement

## IT'S THE PEOPLE WHO MAKE A PARK SYSTEM GREAT!

The Park District is building upon the successes and initiatives of 2015 for the current and future years. None of the planning or delivery would be possible without the involvement of so many dedicated and devoted people in the community.

Many, many volunteers contribute 1000's of hours to bring programs, improvements and safe, fun places to enjoy the outdoors. On behalf of the entire community, the Park Commissioners extend their sincere gratitude to these wonderful people.

The Commissioners are equally appreciative of the unselfish, hard-working men and women of the Park District staff. Fulltime, part-time and seasonal employees at CWPD are as good as can be found anywhere in the state.

And, no one is more important that our friends and neighbors who visit and enjoy the many parks and activities in the Park District. Please, continue to enjoy the services and sites, and, whenever you have a comment or idea, pass it along. We enjoy hearing from you!



David Lee President



Lucy Sánchez

Secretary



Dan Monahan Vice President

Partnership with Raise Your Brush

Mays Park Shelter completed

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# SUMMER EVENTS AT-A-GLANCE

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#### JUNE

Thurs, June 2 Night Glow Scavenger Hunt Thurs, June 2 Fri, June 3 Wed, June 8 Sat, June 11 Fri, June 17 Sat, June 18 Sat, June 18 Sun, June 19 Tues, June 21 Wed, June 22 Fri, June 24 Fri, June 24 Mon, June 27

#### JULY

Sat, July 2 Sat, July 2 Mon, July 4 Thurs, July 7 Thurs, July 14 Fri, July 15

Night Glow Scavenger Fluit
Butterfly Identification for
Beginners
The Pop-Up Park Challenge
begins!
Girls' Night Out: Felting Fun
Wildlife CSI
Intergenerational Hike & Seek
Strong Man Challenge
Birding Basics
BINGO in the Park
Fly Fishing 101
Fly Fishing 201
Summer Safari
Silver Screen Under the
Stars: The Game Plan
Coloring and Confections

The Ultimate Bug Challenge Firecracker Family 5K Hike Americana Festival **Birding Basics** Geocaching Challenge Intergenerational Hike & Seek Sat, July 16 Sat, July 16 Mon, July 18

Tues, July 19 Wed, July 20 Wed, July 20 Mon, July 18 Fri, July 22 Fri, July 22 Sat, July 23 Tues, July 26 Fri, July 29 Fri, July 29

## AUGUST

Thurs, Aug 4 Fri, Aug 5 Mon, Aug 8 Sun, Aug 13 Mon, Aug 15 Sat, Aug 20 Fri, Aug 26

#### **Family Triathlon** BINGO in the Park Teen Night at the Archery Range

Fly Fishing 101 Fly Fishing 201 Nature's Alphabet Hunt Girls' Night Out: Needle Felting **YoGlow** Hands-on Renewable Energy Rain Barrels 101 EarthJoy Tree Climb Splashtacular Silver Screen Under the

## Stars: The Incredibles

#### **Play S'more**

BINGO in the Park Light's Out! Strive to Survive Light's On! **English Paper Piecing** Silver Screen Under the Stars: Lilo and Stitch

See inside for our popular series programs such as Early Adventures, Fit Mixx, Preschool Nature Series, Stroller Strength, Yoga in the Park and more. And, look for several new series programs, including Family Recess and Tai Chi for Wellness!