

MARCH - MAY 2018

Centerville-Washington PARK DISTRICT NEW EVENTS

Spring program
registration
begins Monday,
February 12.

All summer camp
registrations
begin Monday,
April 9.



Explore your community's BIG backyard!



Headquarters

Activity Center Park
221 North Main Street
Centerville, Ohio 45459-4617
(937) 433-5155
Fax: (937) 433-6564
Second Shift/Weekends:
(937) 470-9246
mail@cwpcd.org
www.cwpcd.org

Office Hours

Monday – Friday
8:00 a.m. to 4:30 p.m.
Office Closed on May 28, 2018

Park Addresses

For more information and each park's address, visit www.cwpcd.org.

Dog Park Closures

www.cwpcd.org/parks/oak-grove/dog-park/dog-park-closure-status/

Athletic Field Conditions

www.cwpcd.org/field_status/

Area Youth

Athletic Organizations

Centerville Baseball Softball League
www.cbltoday.org

Centerville Recreational Soccer
www.centervillesoccer.com

Centerville United Soccer Association
www.cusacrewjuniors.org

Centerville Wee Elks
Football Association
www.weeelks.org

Centerville Youth Lacrosse
www.cvlax.org

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Commissioners' Corner



I hope you've had a wonderful winter exploring your community's BIG backyard! Signs of spring are emerging with the first

peeping buds of skunk cabbage and the sounds of red-winged blackbirds returning from their winter vacation.

But first, before I talk about spring, I'd like to tell you how much the Park Board appreciates your support of the Park District! **In November, 78.2% of voters said yes to renewing the Park District levy.** For perspective, that is the highest yes vote percentage in the history of the Park District and the highest of all Ohio park districts last November! Perhaps we shouldn't be surprised. In a 2017 survey by the National Recreation and Parks Association, "A full 92% of Americans agree that parks and recreation is an important service provided by their local government."

This coming spring, there are many opportunities to get involved with your parks. Along with dozens of your favorites, look for some of these new activities:

- Decoy Art Camp — create art in the park!
- Ultimate Warrior Challenge — a ninja style obstacle course event!
- Horse riding lessons
- Ready to Ride — bicycling program
- Strollers in Motion Boot Camp
- ... and more!

Please take a trip to **Forest Field Park** and enjoy the new paths that were added over the winter. Later this year, the **Forest Field Park** playground will see all new play equipment featuring an all-weather, all-accessible surface and a new nature playground!

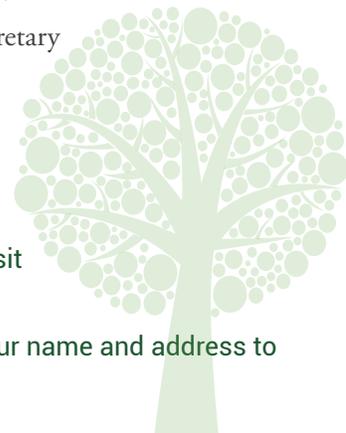
DID YOU KNOW?
The Centerville-Washington Park District Board of Park Commissioners holds public meetings once a month.
View the schedule at
www.cwpcd.org/about/public-meeting-schedule/

But that's not all! The Park Board has been busy laying plans and budgeting for more of the park improvements you have requested. For starters, the District will plant more than \$30,000 of trees in parks to provide additional shade and to replace lost ash trees. The expansion of **Pleasant Hill Park** will include a new nature trail for your hiking pleasure. The **Kennard Nature Nook** will get a long-awaited parking lot expansion. Add to this our continuing efforts to remove architectural barriers and allow residents of all abilities to enjoy their parks.

Finally, this year, we are launching a pilot program to determine how you prefer to use your neighborhood parks. This will lead to a process of engaging neighbors in park improvement to reflect how you enjoy parks in the 21st century. We look forward to your involvement.

Many of you told our volunteers and staff last fall, "we love our parks!" and we are glad you do. We promise to continue to provide high quality parks and programs. It is the District's vision "to become the outdoor recreation destination of choice for the community we serve." Let us know how we can continue to get to that vision!

Lucy Sanchez
Park Board Secretary



Save a Tree

To subscribe to the e-newsletter visit
www.cwpcd.org

To stop home delivery of the printed newsletter, email your name and address to mail@cwpcd.org.

Summer Employment Opportunities



The Park District is now accepting applications for part-time, seasonal employment. Opportunities are available in our program and operations departments.

Summer **program staff** can work at Hidden Meadows Day Camp, at the Summer Recreation Program or as a Summer Naturalist. All program staff must be enthusiastic about working with children, enjoy the outdoors, and be willing to make a 10-week commitment beginning the first week of June. Applicants must be at least 16 years old. Positions for applicants under age 18 are limited. Applicants must pass a background screening.

Seasonal **operations staff** assist with the day-to-day maintenance of 50 parks. Work includes mowing, trimming, painting, athletic field preparation, nature trail improvement, park clean-up, vehicle/equipment maintenance and building maintenance. Hours may include weekends and evenings. Second shift openings are available. Operations staff must be 18 or older, insurable to drive Park District vehicles and pass a background screening.

Visit www.cwpd.org/careers/ for the most up-to-date information on employment opportunities.

Volunteer opportunities are also available for ages 14 and up at Hidden Meadows Day Camp and the Summer Recreation Program. Volunteering allows for a flexible schedule and is a great way to earn service hours, gain experience and learn job skills. For more information and for a volunteer application, visit www.cwpd.org/support/volunteer/.

Volunteer Spotlights

Wendy Rachlin



After teaching English for 34 years, Wendy retired from Tecumseh High School and began her career as a volunteer. She especially enjoys working with children.

In addition to volunteering for CWPDP, Wendy volunteers at Carillon Park and Centerville City Schools. She has also volunteered at Five Rivers MetroParks, SICSA and the Humane Society of Greater Dayton.

In her free time, Wendy loves to hike, read, garden and travel with her husband to the National Parks. Her most exciting and challenging trip was to the Galapagos Islands.

Wendy says, "I love volunteering for the Centerville-Washington Park District! The people are enthusiastic, encouraging and so appreciative. I feel fortunate to have found such a wonderful opportunity."

Megan Perry



Megan is a student at Oakwood High School. She first became interested in nature through photography and exploring the woods. This passion led her to enroll in Centerville High School's environmental science class. Because of this class, she plans on studying environmental science in college. Hiking, walking, and exploring national parks are her favorite things to do.

Megan was introduced to the Centerville-Washington Park District because her environmental science class often holds classes in the parks. She feels the parks are a great classroom.

These experiences led her to become an official youth volunteer for CWPDP!

"I like to volunteer for the parks because I want to give back to them. It's important for kids to get involved with nature and their communities so they have a greater appreciation for the environment they live in."

The Centerville-Washington Park District would like to thank Wendy and Megan, and all of our volunteers, for giving their time and talents to our community. If you are interested in becoming a volunteer please contact Community Engagement Coordinator Ginger Clark at 937-433-5155 or gclark@cwpd.org.



How Does Your Garden Grow?

Garden plots are available at the City of Centerville's Stubbs Park, 255 W. Spring Valley Rd. The plots are 20' x 20' and rent for \$25 for the season, May through October. Over the years, gardeners have planted tomatoes, peppers, eggplant, cucumbers, summer squash, sweet potatoes, onions and more. Gardeners must supply their own water. For more information, call (937) 433-7151, or stop by the City of Centerville's Municipal Offices at 100 W. Spring Valley Rd.

Bring your dog with you on your next park visit! But please remember, regulations require all dogs to be on a visible leash 8 feet or less at all times. Also, make sure your dog is current on vaccinations and is wearing a license!



SUMMER CAMPS



Summer Recreation Program (SRP)

Ages 3 – 11

**Mondays & Wednesdays OR Tuesdays & Thursdays,
June 4 – July 26 (no SRP on July 4)**

9:00 a.m. – noon

Registration deadline: Sunday, May 20

Fee: \$25 residents, \$45 nonresidents

Monday & Wednesday session

Yankee Park or Iron Horse Park (you may alternate between parks throughout the summer)

Tuesday & Thursday session

Oak Creek South Park or Robert F. Mays Park (you may alternate between parks throughout the summer)

The Summer Recreation Program offers a variety of recreation activities, sports, games, arts and crafts, guest speakers and more! All SRP sites are led by trained recreation leaders. This fun program keeps children outdoors and active all summer! Please see side bar on next page for important program information. (AD)

For the safety of your children, SRP has a maximum enrollment. You may only enroll your children in one session.



Preschool Play Yard (PPY)

Ages 3 – 5

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$24 residents, \$31 nonresidents

Session A

Tuesdays & Thursdays, June 12 – 28

9:00 – 11:00 a.m.

Registration deadline: Friday, June 1

Session B

Tuesdays & Thursdays, July 10 – 26

9:00 – 11:00 a.m.

Registration deadline: Friday, July 2

Children will enjoy a variety of activities such as songs, crafts, hikes and games. This station-based drop-off program is sponsored by the South Metro Optimist of Centerville Women's Club. Please see side bar on next page for important program information. (AD/JK)

Sign up for one session only. All children must be potty trained.





Summer Teen Series (STS)

Ages 12 – 15

Tuesdays & Thursdays, June 7 – July 26

6:00 – 8:00 p.m.

Rosewood Park, 475 Roselake Dr. (Tuesdays)

Schoolhouse Park, 1875 Nutt Rd. (Thursdays)

Fee: \$20 residents, \$26 nonresidents

Registration Deadline: Friday, June 1

These fun-filled evenings include capture the flag, dodgeball, basketball, soccer, flag football, kickball and more! Each night will include a variety of games and ways to meet new friends. Once registered, teens can come to as many sessions as they want. Please see side bar below for important program information. (AD)

STS will be canceled in the event of inclement weather. We will use our rainout line system to inform you of weather cancellations. More information will be included in your confirmation email. No walk-ups will be permitted to stay at STS, preregistration is required.



Additional Preschool Play Yard, Summer Recreation Program & Summer Teen Series Information

Registration

Online registration for Preschool Play Yard, Summer Recreation Program and Summer Teen Series **begins Monday, April 9 at 10 a.m. for residents and Monday, April 16 at 10 a.m. for nonresidents.** See page 27 for more information on how to register. No walk-up registrations will be accepted at the parks.

Health History Forms

After you have registered your child for PPY, SRP or STS, you will receive an email invitation to share health history information with us via the ePACT Network, a secure site used to collect medical and emergency contact information electronically. This information is required for all participants.

Snacks

Snacks will not be provided at SRP. Participants may not bring snacks from home.

Inclement Weather

In the event of rain or storms, please return to the park to pick up your children. We use our rainout line system for cancellations. The rainout line number is 937-265-2001. SRP MW is extension 70. SRP T/TH is extension 71. STS is 72. You can also sign up for text messages. Cancellations will be posted on the website, www.cwpd.org.

PPY is held rain or shine.

SRP Discipline Policy

There is a “three-strike” disciplinary system for SRP. Examples of behaviors that would result in a yellow, orange or a red card include: inflicting physical harm upon others, continuously wandering away from the group, disregarding what leaders ask of them, generally ignoring rules and opting out of participation. This procedure is to ensure the safety of the group and

create the best possible experience for all participants. If a child receives two red cards, we will ask that they not return to SRP this summer. Leaders will keep to the established discipline policy and will handle all incidents with kindness, consistency and understanding. Attention will be given to the specific needs of each child while, at the same time, each is encouraged to participate. Leaders will discuss the rules throughout the summer.

All participants must be independent in the six activities of daily living: using the restroom, eating, bathing, dressing, transferring (i.e. walking) and continence. If your child requires an accommodation to participate, please let us know when you register.



Ages 5 – 12 (preschool weeks are ages 3 – 9)

Monday – Friday, June 4 – July 27

Grant Park, 501 Normandy Ridge Rd.

Resident Fee/Week: \$55 half day, \$110 all day

*\$44 half day, \$88 all day

\$27, before and after care

Nonresident Fee/Week: \$85 half day, \$170 all day

*\$68 half day, \$136 all day

\$27, before and after care

**Fee prorated for Creepy Crawlies week because there is no camp July 4.*

Before care is available 8:00 – 9:00 a.m. After care is available 4:00 – 5:30 p.m.

Hidden Meadows Day Camp encourages children to learn about nature and enjoy the outdoors by exploring Grant Park, playing games and making new friends. Campers will also be treated to guest speakers, special presentations and activities. Snacks are provided, but campers should bring a filled water bottle every day. All-day campers need to bring a packed lunch that does not require refrigeration. All campers will receive a t-shirt during their first week. (CJ)

Week 1: Habitat Hikers, June 4 – June 8

Grant Park is home to a lot of animals and insects. If we are going to be guests in their home, we should learn all about them. Explore where they live, what they eat and how they survive.

Week 2: Mission Impossible, June 11 – June 15

Calling all secret agents to camp! We have been assigned a top secret mission and we need your child's help. The clues will take us on hikes and through the creek!

Week 3: Things with Wings, June 18 – June 22 (Preschool Week)

Birds, bats and bugs have wings, but who has wings that sing? Who has underwater flight? Who has wings, but only comes out at night? We will find out as we explore the world of wings.

Week 4: Creek Stompers, June 25 – June 29

Fee! Fi! Fo! Fum! There are cool things to find in the creek and we're going to find 'em! From fossils to crawdads, from rafts to wildlife, this week is going to be full of the creek!

Registration begins
Monday, April 9 at
10:00 a.m. for residents and
Monday, April 16 at 10:00
a.m. for nonresidents. The
first day of registration is
online only.



Hidden Meadows Day Camp

CAMP THEMES

Camp activities are planned each week by counselors, taking into account their campers and the week's theme. Special themed-activities are included along with tried and true camper favorites — searching for crawdads in the creek, building forts, crafting, taking hikes and more!

Camp is held rain or shine!

Date	AM 9:00 a.m. – noon	PM 1:00 – 4:00 p.m.	All Day 9:00 a.m. – 4:00 p.m.
June 4 – 8	5 – 12 Years	---	5 – 12 Years
June 11 – 15	5 – 12 Years	---	5 – 12 Years
June 18 – 22	3 – 9 Years	3 – 9 Years	5 – 9 Years
June 25 – 29	5 – 12 Years	---	5 – 12 Years
July 2 – 6	5 – 12 Years	---	5 – 12 Years
July 9 – 13	5 – 12 Years	---	5 – 12 Years
July 16 – 20	3 – 9 Years	3 – 9 Years	5 – 9 Years
July 23 – 27	5 – 12 Years	---	5 – 12 Years

Week 5: Creepy Crawlies, July 2 – July 6 (no camp July 4)

The itchy bitsy spider went up the water spout, then came down to check Hidden Meadows out! Children will explore Grant Park for creepy crawly friends. They will go on a bug hunt, examine bug specimens and learn cool facts about the bugs all around them.

Week 6: Shipwrecked, July 9 – July 13

On an expedition to Hidden Meadows Day Camp, there was a disastrous storm that caused a ship to crash on Grant Park Island. How will the castaways find food, make shelter, and most importantly, get off the island? Children will learn survival skills by searching the park for basic necessities.

Week 7: Hide and Seek, July 16 – July 20 (Preschool Week)

It's camouflage week! Children will discover how and why animals and bugs blend into their surroundings, then test their camouflage skills! Things may not be as they appear.

Week 8: World of Water, July 23 – July 27

Water can be fun and refreshing, but it is also a necessary part of everyday life. Children will celebrate water in all its forms as we study creek life, learn about water conservation and play water games that are bound to cool them off!

All participants must be independent in the six activities of daily living: using the restroom, eating, bathing, dressing, transferring (i.e. walking) and continence. If your child requires an accommodation to participate, please let us know when you register.



Additional Camp Information

Staff

Many staff coordinators and counselors are college students pursuing a degree in parks and recreation or education, or they have previous experience in the field. Assistant counselors are at least 16 years of age and have experience working with children.

Inclement Weather

Although Hidden Meadows Day Camp and Adventure Camp are primarily outdoor programs, they will be held rain or shine. The school buildings by Grant Park will serve as a meeting area and shelter for Hidden Meadows. Adventure Camp will use various indoor spaces throughout the district.

Health History Form

After you have registered your child for camp, you will receive an email invitation to share health history information with us via the ePACT Network, a secure site used to collect medical and emergency contact information electronically. This information is required for all campers.

What to Wear

Dress your child in comfortable, old clothes and closed-toe shoes. Sandals and flip-flops are prohibited due to poison ivy and other naturally occurring hazards. Please put your child's name on all items brought to camp. Many pack an old pair of shoes to wear when visiting the creek.

What to Bring

Bring a water bottle to refill during the day. All-day campers should also bring a packed lunch that does not require refrigeration. Lunch should not include any peanuts or tree nuts.

Daily Sign-In & Sign-Out

We take strict precautions in accepting and releasing children from the program. Please inform counselors of any changes. Daily sign-in and sign-out is required.

Sunscreen & Insect Repellent

Counselors are not permitted to apply sunscreen or insect repellent. Campers can bring their own and reapply.

Medical Procedures & Emergencies

All counselors are trained in first aid and CPR and carry a first aid kit. Health history information is kept on site. In the event of a medical emergency, parents and 911 will be called. The child will be escorted to the hospital or released to the parents. If parents cannot be located, the emergency contact will be called. In the event of minor injury/illness, the child will be treated, an incident report will be completed, and parents will be notified at pickup.

Medication

Staff is permitted to perform only basic first aid. They are not authorized to dispense any type of prescription or nonprescription medication with the exception of any situation that requires an epi-pen. Rule 5101:2-18-15 (4) 2 of the Ohio Administrative Code states that a child day camp shall set its own policy regarding whether to administer prescription or nonprescription medications. If your child requires medication, arrangements must be made to have a caregiver present to administer the medication. If your child carries an epinephrine auto-injector, complete additional required forms found on www.cwpd.org/forms/.

Discipline

There is a "three-strike" disciplinary system. Examples of behaviors that would result in a yellow, orange or a red card include: inflicting physical harm upon others, continuously wandering away from the group, disregarding what leaders ask of them, generally ignoring rules and opting out of participation. This procedure is to ensure the safety of the group and create the best possible experience for all participants. If a child receives two red cards, we will ask that they not return to camp this summer. Leaders will keep to the established discipline policy and will handle all incidents with kindness, consistency and understanding. Attention will be given to the specific needs of each child while, at the same time, each is encouraged to participate. Leaders will discuss the rules throughout the summer.

Registration Deadline

The last day to cancel or make registration changes is noon the Monday prior to your camper's start date.



**They don't
know
they're
making
memories,
they just
know
they're
having fun!**

Adventure Camp

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Monday – Thursday,

9:00 a.m. – 3:00 p.m.

Friday, 6:30 p.m. – Saturday, 9:00 a.m.

Fee: \$120 residents, \$160 nonresidents

**Adventure Camp A (ages 10 – 12),
June 11 – June 16**

Registration deadline: Monday, June 4

**Adventure Camp B (ages 12 – 15),
June 25 – June 30**

Registration deadline: Monday, June 18

**Adventure Camp C (ages 10 – 12),
July 9 – July 14**

Registration deadline: Monday, July 2

**Adventure Camp D (ages 12 – 15),
July 23 – July 28**

Registration deadline: Monday, July 16

Combine outdoor adventure and nature education with this week-long camp at various parks throughout Centerville and Washington Township. Adventure Camp includes hiking, fishing, archery, games, survival challenges and an overnight at Grant Park. Learn to track animals in the woods, cook over a campfire and pitch a tent. Make lifelong friends at this unique summer experience.

New this year!

Adventure Camp now has a home base! **Campers will be dropped off and picked up at the same location each day and will travel to various parks throughout the day.** Camps will also include an off-site field trip to Brukner Nature Center! (KL)



DECOY ART STUDIO

Art Camp

New!

Ages 6 – 11

Oak Creek South Park

790 Miamisburg-Centerville Rd.

Monday – Wednesday, 1:00 – 3:30 p.m.

Fee: \$80 residents, \$100 nonresidents

Camp A, June 18 – 20

Registration deadline: Monday, June 12

Camp B, July 16 – 18

Registration deadline: Monday, July 3

Create art in the park! We will explore ways that **art and nature come together**. Students will take hikes and use a variety of materials to create projects based on different artists and types of work.

Rain location is the Smith House at Bill Yeck Park. (AD)

Energy Exploration STEM Camp

Ages 8 – 14

Monday – Friday, July 16 – 20

9:00 a.m. – noon

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$120 residents, \$140 nonresidents



Children will investigate how to reduce the energy we use every day. They will review and build working alternative power sources to design their own park. Ideas may include wind, solar, hydropower or conservation. They should bring their brain power and be ready to dive into the world of all things power! Each child will take home his/her earth-friendly parkscape. (KM)

Family Nature Camp

Recommended for families with children ages 5 and up

Grant Park

501 Normandy Ridge Rd.

Fee/person: \$10 residents, \$15 nonresidents

New!

Session A

Monday, June 18 – Thursday, June 21
6:30 – 8:30 p.m.

Monday: Adaptation Ovation

Tuesday: Pollinator Powers

Wednesday: Awesome Aquatics

Thursday: Track it!

Session B

Monday, July 16 – Thursday, July 19
6:30 – 8:30 p.m.

Monday: To Be a Bird!

Tuesday: Fabulous Food Chains

Wednesday: Creek Creatures

Thursday: Geology Rocks

Come to nature camp as a family! Play games, go creeking, make crafts and learn about nature! Each family member will get a camp t-shirt to remember the experience! Wear clothing and shoes suited for outdoor play and creeking. Please apply sun and insect protection before the program and bring water bottles. (KL)

Families registering for both sessions will only get one t-shirt.



SPECIAL EVENTS

Pull Your Weight! Second Annual Garlic Mustard Challenge

All ages

Sunday, April 1 – Thursday, May 31

Kick-off event

Friday, March 30

6:00 – 7:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Registration deadline: Monday, March 26

Are you up to the challenge? Starting this April you can Pull Your Weight and protect your parks!

Garlic mustard is an aggressive, nonnative plant taking over natural areas. Help restore and protect your native ecosystems with this fun volunteer challenge! Drop off 13-gallon garbage bags filled with garlic mustard to headquarters, 221 N. Main St., April 1 through May 31. All participants who bring at least one full bag will receive a Pull Your Weight t-shirt. The team or individual to bring the most filled bags will win a grand prize!

We're hosting an information session to kick off the challenge. Attendance is encouraged but not required. If you can't attend, please contact Ginger Clark at gclark@cwpcd.org for the information you need to get started.

The Pull Your Weight challenge is open to individuals, families, scouting groups, corporate service groups and students. (GC)



Amazing Race

Ages 7 and up

Saturday, April 14

8:00 a.m. – noon. Race begins at 9 a.m.

Various parks

Fee/team: \$10 residents, \$20 nonresidents

Registration deadline: Friday, April 6

Race other teams as you travel to various CWPD Parks completing challenges at each stop. Be the first to complete the race for the ultimate grand prize! The Amazing Race will begin at Yankee Park, 7500 Yankee Street.

Team maximum: 5 people. (CJ)

Big Rig Gig

All ages

Saturday, May 12

10:00 a.m. – noon

*Oak Grove Park
1790 E. Social Row Rd.*

Check out big vehicles from around town! Honk a fire truck horn, shift tractor gears, push buttons in the law enforcement vehicles and much more!

Attendees are encouraged to donate school supplies to aid Cline Elementary students in need. Donation suggestions include unopened markers, colored pencils and two-pocket folders. Sn-cones from Kona Ice will be available for purchase. Twenty-five percent of their proceeds will benefit the CARE program at Cline Elementary School!

Registration is not required. (AD)

This event is LOUD. Please consider providing ear protection for your child(ren) if sensitive to sound. No pets, please.



Ultimate Warrior Challenge

Ages 5 and up

Saturday, May 19

10:00 a.m. – 4:00 p.m.

Schoolhouse Park

1875 Nutt Rd.

Fee: \$12

Registration deadline: Friday, May 11

New!



Do you have what it takes to be a

warrior? We are partnering with Ninja Obstacle Parties and Centerville CrossFit to bring you an obstacle course experience like never before. Jump, balance, and climb your way through the course while testing your agility and strength through CrossFit challenges. All participants will receive a t-shirt. First, second and third place prizes will be awarded in each division. While you wait for your turn to compete, participate in other fun games and activities!

Visit www.cwpcd.org for a complete schedule of the day's activities. (CJ)



Online resident registration begins Monday, February 12, 10:00 a.m.

PRESCHOOL PROGRAMS (AGES 6 AND UNDER)

Early Adventures

Ages 0 – 3 years with adult companion
Fee/session: \$4 nonresidents

March Adventures

Tuesday, March 6

10:00 – 10:45 a.m. **OR** 5:30 – 6:15 p.m.

OR Thursday, March 8

5:30 – 6:15 p.m.

Forest Field Park

2100 E. Centerville Station Rd.

(paved and gravel path)

April Adventures

Tuesday, April 3

10:00 – 10:45 a.m. **OR** 6:00 – 6:45 p.m.

OR Thursday, April 5

6:00 – 6:45 p.m.

Iron Horse Park

6161 Millshire Dr.

(paved path)

May Adventures

Tuesday, May 1

10:00 – 10:45 a.m. **OR** 6:00 – 6:45 p.m.

OR Thursday, May 3

6:00 – 6:45 p.m.

Holes Creek Park

8575 Yankee St.

(paved path)

Taking your little ones outdoors provides them with an experience that will benefit them forever. There are unique sounds, colors, lights, sensations and textures to process each time they go outdoors.

These leisurely hikes provide quality family time in nature!

Backpacks and front carriers are appropriate if your child is not walking. Strollers are not recommended at parks with natural terrain. (JK)

Playdate Pals

Ages 18 – 42 months with adult companion

10:00 – 11:00 a.m. **OR** 3:30 – 4:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee/session: \$4 nonresidents

Squiggly Earth Worms

Wednesday, March 14

Registration Deadline: Monday,

March 12

Buggy Spring

Wednesday, April 11

Registration Deadline: Monday, April 9

Mother Nature

Wednesday, May 9

Registration Deadline: Monday, May 7

Designed to build sensory awareness, to build motor skills and to encourage social interaction with other children through monthly nature-themed programs that include singing, dancing, crafts, learning stations and more. (JK)

DECOY ART STUDIO

Nature Art Exploration Together!

Ages 2 – 4

Mondays, March 5 – 26

9:00 – 9:45 a.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$50 residents, \$65 nonresidents for all 4 classes, **OR** \$14 residents, \$19 nonresidents per class

Registration Deadline: The Monday prior to each class

Sign up for the whole series or choose individual days!

Nature and art come together in this fun parent/caregiver and child class! Children should come prepared to get messy! We will learn about and use pastels, clay, finger paint and more. This class will include a variety of activities including games, songs, sensory bins and a unique art project each week. (AD)

New!

Preschool Nature Series

Ages 3 – 5 with adult companion

What Lives in a Pond?

Wednesday, March 14

6:00 – 7:00 p.m. **OR**

Thursday, March 15

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m.

Black Oak Park

1552 Ambridge Rd.

Fee: \$4 nonresidents

Explore a new park and learn what animals live in the pond! We will make our own pond habitats to take home. (KL)

Bat Appreciation!

Wednesday, April 18

6:00 – 7:00 p.m. **OR**

Thursday, April 19

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$4 nonresidents

April 17 is Bat Appreciation Day! This month we will learn all about these helpful creatures. Hike takes place on a natural trail. (KL)

Try Camping Mini Program

Wednesday, May 16

6:00 – 7:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$4 residents, \$6 nonresidents

Not quite ready to commit to an overnight? Let's go camping for an hour! We will make a hot dog and s'mores dinner over the fire, put up a tent and decide what to take on our pretend overnight. All food will be provided. (KL)



Registration closes 4:30 p.m. the day prior to all programs unless otherwise indicated.

Preschool Nature Series: Try Camping Overnight

Ages 3 – 5 with adult companion
Friday, May 18
(Rain date: **Saturday, May 19**)
6:00 p.m. – 9:00 a.m.
Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.
Fee/family: \$30 residents, \$39 nonresidents

Kick off summer outdoor play with camping! Bring a tent and camping gear and we will take care of the fire, dinner and breakfast! The Smith House will remain open for restroom use throughout the night. Special evening activities will bring out the nature adventurer in your preschooler! (KL)

Intergenerational Series

Ages 3 – 6 with grandparent(s)
10:00 – 11:00 a.m. **OR** 1:30 – 2:30 p.m.
OR 6:00 – 7:00 p.m.
Grant Park, Kennard Nature Nook
6588 McEwen Rd.
Fee: \$4 nonresidents

The Intergenerational Series is only for grandparents and their grandchildren. Parents and other caregivers may attend any of our other programs.

Spring Showers and Flowers

Friday, March 23
Registration deadline: Tuesday, March 20

All these showers bring beautiful spring flowers! Grandchildren will enjoy springtime stories and make spring crafts — all with help from grandma or grandpa! (AD)

Smiles and Sunshine

Friday, May 4
Registration deadline: Tuesday, May 1

Grandparents and grandchildren will work together to create crafts that celebrate the beginning of sunny weather! We will read a sunny story and play a game. (AD)



Creature ComMOTION

Ages 4 – 5
Grant Park, Kennard Nature Nook
6588 McEwen Rd.
Fee: \$9 nonresidents

Session A

Tuesdays & Thursdays, March 13 – 29
1:00 – 1:45 p.m.

Session B

Mondays & Wednesdays,
April 16 – May 2
1:00 – 1:45 p.m.

Little ones will learn animal sounds and movements that assist in motor development and rhythmic skills. They will have an opportunity to interact with other children their age. They will enjoy activities with an animal theme, age-appropriate equipment and fun music. Participants will learn fascinating facts about animals from A to Z, found in our parks and around the world! Group and individual activities will be included for them to expand their social skills and be creative.

All children must wear comfortable clothing and tennis shoes. This is a drop-off program; parent participation is not required. (JH)

Creative Kids Corner

Ages 4 – 5
Grant Park, Kennard Nature Nook
6588 McEwen Rd.
Fee: \$9 residents, \$12 nonresidents
Registration deadline: Friday, March 2

Sign up for one session only. Pick the session with the day and time that works best for you!

Session A

Thursdays, March 8, April 12 & May 10, 2:00 – 3:00 p.m.

Session B

Fridays, March 9, April 13 & May 11, 10:00 – 11:00 a.m.

This drop-off program features games, a story, and a craft all revolving around a fun seasonal theme. Children are encouraged to wear old clothes. (AD)

The world is but a canvas to the imagination.

~Henry David Thoreau



Online resident registration begins
Monday, February 12, 10:00 a.m.

CHILDREN'S PROGRAMS

(AGES 5 – 15)

Children's Yoga Series: Spring Arrivals

Ages 5 – 8

Wednesdays, April 4 – 25

6:30 – 7:30 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$18 residents, \$25 nonresidents

Your child will stretch, balance and strengthen the body while learning yoga poses from certified Color Me Yoga Instructor, Megan Pooler. A blend of nature and exercise, children will learn about the newcomers of spring with hands-on activities in the first part of each class and a fun-filled yoga session in the second part of the class. All equipment is provided. (JK)

Rock With Us:

There is Only One You

Ages 5 – 9 with adult companion

Tuesday, May 8

5:00 – 6:00 p.m.

Oak Creek South Park

790 Miamisburg-Centerville Rd.

Fee: \$4 residents, \$6 nonresidents

Registration deadline: Friday, May 4

The rock painting fun continues! Children will celebrate their differences by creating their own unique painted fish rock and reading theme stories by Linda Kranz.

We will take a short hike to hide the rocks as part of the **#CWPDRocks** program. Children may take their rock home if they prefer. (CJ)



Art & Imagination

Ages 6 – 8

Tuesdays, March 20, April 17 & May 15

5:00 – 6:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Friday,
March 16

Does your child love art time? This drop-off program is designed to give your child an opportunity to get creative by trying new art techniques and designing a unique project based on a monthly theme. Children should wear old clothes — things could get messy! (AD)



DECOY ART STUDIO

Spring Break Camp:

Outdoor Art Party!

New!

Ages 6 – 11

**Monday, March 26 – Wednesday,
March 28**

1:00 – 3:30 p.m.

Oak Creek South Park

790 Miamisburg-Centerville Rd.

Fee: \$80 residents, \$100 nonresidents

Registration Deadline: Monday,
March 19

It's time for some spring break fun! We will explore ways that art and nature come together. Students will take hikes and use a variety of materials to create projects based on different artists and types of work. Rain location is the Smith House at Bill Yeck Park. (AD)

Explorers

Grant Park

501 Normandy Ridge Rd.

Fee: \$9 residents, \$12 nonresidents

Junior Explorers

Ages 6 – 8

Wednesdays, April 11 – May 16

3:30 – 4:30 p.m.

Outdoor Explorers

Ages 9 – 12

Mondays, April 9 – May 14

4:00 – 5:30 p.m.

Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors. Activities include discovery, challenges and games. Send them prepared for outdoor play! (KL)



Registration closes 4:30 p.m. the day prior to all programs unless otherwise indicated.

Registration is required for all programs unless otherwise indicated.

Intergenerational Series

The Intergenerational Series is only for grandparents and their grandchildren. Parents and other caregivers may attend any of our other programs.

Fishing Fun

Ages 7 – 10 with grandparent(s)

Sunday, April 15

9:00 – 11:00 a.m.

Oak Grove Park, Feldmann Pond Shelter
1790 E. Social Row Rd.

Fee: \$9 residents, \$12 nonresidents

Registration Deadline: Wednesday, April 12

Meet us at the fishing dock and see what you can catch! We will provide the equipment for grandparents and grandchildren to enjoy spending time together fishing for bluegill and largemouth bass.

Oak Grove Park Pond is catch and release. (AD)

Pickleball

Ages 9 and up with grandparent(s)

Sunday, May 20

1:00 – 3:00 p.m.

Activity Center Park
221 N. Main St.

Fee: \$4 nonresidents

Pickleball is the latest sport to hit our courts. It is easy to learn and can be enjoyed by all ages — which makes it perfect for our Intergenerational Series! Whether you have been playing for years or are just starting out, you will enjoy spending time together playing pickleball.

Meet us at the Activity Center Park pickleball courts to try your hand at the hottest new sport. This racquet sport is a combination of elements of badminton, tennis and table tennis. Equipment provided. (JH)



Riding Lesson with Ends Meet Equestrian:

Wildflower Ride

Ages 7 – 14

Saturday, April 21

9306 Kenrick Rd.

Fee: \$39

Registration deadline: Saturday, April 14

Ages 7 – 10: 10:00 – 11:00 a.m.

Ages 11 – 14: 11:00 a.m. – noon

We are teaming up with Ends Meet Equestrian to provide your child an opportunity to learn what horse care and riding are all about! After going through the basics, participants will take a wildflower trail ride. (CJ)

Around the World

Ages 8 – 10

Thursdays, March 15, April 19 & May 17

3:45 – 5:00 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$9 residents, \$12 nonresidents

Children will “journey” to a different country each month to learn about the geography, plants, animals, customs and food! Food samples will be provided. This session will explore Scotland, Egypt and Singapore. (JK)

Mad Science University

Ages 9 – 12

Thursdays, April 5 – 26

6:00 – 7:00 p.m.

Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.

Fee: \$20 residents, \$25 nonresidents

Science is all around us! Come experiment with items we use every day to create something fascinating. We are putting science to the test while your child learns about chemistry and physics. (CJ)

Spring Break Nocturnal Nature Club

Ages 9 – 12

Wednesday, March 28 – Friday, March 30

7:30 – 9:00 p.m.

Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.

Fee: \$15 residents, \$20 nonresidents

Explore the park after dark and learn about nighttime adaptations and animals through games and lessons. Evening surveys will tell us what can be found in Bill Yeck Park after closing! Please dress your child for the weather. (KL)

Garden-ology

Ages 9 – 12

Thursdays, May 3 – 17

4:00 – 5:30 p.m.

Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.

Fee: \$15 residents, \$20 nonresidents

Registration deadline: Tuesday, April 24

During this program, your child will learn how gardens can help both people and wildlife! Each week, we will learn about different plants and their care. Students will bring these plants home to establish their very own pollinator-friendly gardens! (KL)



Online resident registration begins
Monday, February 12, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.

Crafting Club

Ages 9 – 13
Thursdays,
March 1, April 5
& May 3

4:30 – 5:30 p.m.
Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$9 residents, \$12 nonresidents
Registration deadline: Monday,
February 26

This fun after-school program covers basic crafting skills and techniques used to create handmade decorations and keepsakes — all while making friends. We provide everything needed with no mess, prep or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock. (AD)



FAMILY PROGRAMS

Smith House Breakout: Hidden Treasures

New!

Ages 12 and up
Friday, March 2, 9, 16, 23 OR 30
6:00 – 7:00 p.m. OR 7:45 – 8:45 p.m.
Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.

Fee/person: \$5

Since its construction in 1815, what we now know as the “Smith House” has been home to four different families. Over the years, each family has left a treasured artifact hidden in the house. Like a typical breakout room, your group needs to solve the puzzles, locate the treasures, find the key and escape the room before time runs out!

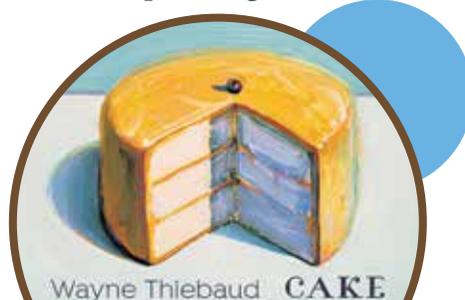
Please arrive 15 minutes before your start time for briefing. Minimum group size four, maximum of eight people per timeslot. At least one adult per group. (CJ)

7th Annual Miami Valley Leave No Child Inside Summit

All ages
Saturday, March 10
9:30 a.m. – 5:00 p.m.
Dayton Metro Library, Main Branch
215 E. Third St.

Come down to the new library for this FREE summit on getting kids outdoors! Activities to choose from include Growing Up WILD and Green Schoolyard Trainings for educators and discussions for families on the benefits of being outside. Join us downtown for this day of learning and sharing!

Registration is required through Five Rivers MetroParks. To register, call 937-277-4835 or register online at www.metroparks.org. (KL)



Geocache Adventure: The Bunny Lost His Eggs

All ages
Friday, March 23 – Friday, March 30
Grant Park
501 Normandy Ridge Rd. New!
Fee/person: \$5

Uh-oh! The Easter Bunny dropped eggs all throughout Grant Park. With Easter just a week away, he needs your help to locate them! Use your GPS unit or GPS on your phone to locate the missing eggs. This will be a 6-stage multi-cache adventure. Each egg found will give you the coordinates to the next egg. Once you have found all of the eggs, the Easter Bunny with thank you with a special gift!

The first set of coordinates will be sent to registrants the morning of March 23. When complete, bring your eggs to Activity Center Park, Headquarters, 221 N. Main Street to claim your prize. Prizes must be claimed by 4:30 p.m. Friday, March 30. (CJ)

Nocturnal Nature Series

All ages
Grant Park
501 Normandy Ridge Rd.

Explore nature at night with this series! We focus on different topics each month and observe seasonal changes. Please dress for a hike on a natural path. Flashlights optional.

Dancing Woodcocks

Friday, March 23
7:30 – 8:45 p.m.
Fee/family: \$4 nonresidents

We will head out at dusk to search for the American Woodcock. Let's see what other animals we can spot! (KL)

Frog Chorus

Friday, April 13
8:00 – 9:15 p.m.
Fee/family: \$4 nonresidents

Frogs begin their songs in early spring. We will hike to the wetland and the pond and see who is singing! (KL)

DECOY ART STUDIO

Art & Sweets (Adapted)

Ages 14 and up
Mondays, March 12 – 26 New!
4:00 – 4:45 p.m.

Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.
Fee: \$45 residents, \$65 nonresidents
for all 3 classes, OR \$15 residents, \$23
nonresidents per class

Registration Deadline: The Monday
prior to each class

**Sign up for the whole series or choose
individual days!**

This class for participants with special needs will focus on art inspired by artist Wayne Thiebaud and his world of treats. Each class begins with a few fun and interesting facts about Wayne Thiebaud and his work as well as examples. Then we will jump into the project of the day! Skills will include sculpting, using mixed media, print making and drawing. (AD)

Registration closes 4:30 p.m. the day prior
to all programs unless otherwise indicated.

Family Nature Play

All ages
Grant Park
501 Normandy Ridge Rd.

Outdoor exploration and play is important for raising happier, healthier and smarter children. It's not bad for adults either! Have fun exploring and playing in nature as a family.

Orienteering Scavenger Hunt

Saturday, March 24
(Rain date: Sunday, March 25)
1:00 – 3:30 p.m. (various start times available in this time frame)

Fee/family: \$9
Registration deadline: Thursday, March 22

After a lesson on how to use a compass, your family will test their skills and knowledge of Grant Park by searching for clues in a scavenger hunt. Trail is approximately one-mile in length over uneven terrain. It will take approximately an hour and a half to complete the program. The compass is yours to keep! (KL)

Creeking

Thursday, May 31
6:00 – 7:30 p.m.
Fee/family: \$4 nonresidents

Celebrate the beginning of summer vacation by spending time exploring Holes Creek! We will search for fossils and creatures. All children must be accompanied by an adult in the creek. Close-toed shoes required. (KL)



Earth Day Service Project: Plant a Pollinator Habitat

All ages
Saturday, April 21
10:00 a.m. – 2:00 p.m. (various start times throughout the day)
Robert F. Mays Park
10553 Paragon Rd.

Celebrate Earth Day by helping our bees and butterflies! Plant native wildflower habitats at Robert F. Mays Park! Families are welcome to stay any length of time. You can also help the pollinators at your house by taking two plants home as a thank you! Please dress for garden work and bring garden gloves, a water bottle and a trowel. Scouts and other community groups wishing to participate, please call the office at 937-433-5155. (KL)



Beautiful Blooms Family Wildflower Tour

All ages
Saturday, April 21
2:30 – 4:00 p.m.
Bill Yeck Park, Rooks Mill Entrance
8798 Rooks Mill Ln.

These tiny treasures can only be seen for a short time! Join us as we search for all the spring wildflowers the forests of Bill Yeck have to offer. Hike takes place on a natural trail. No strollers. (KL)



Centerville-
Washington History

Past and Present History Hike: Normandy Farms

Recommended for families with children ages 5 and up
Saturday, April 28
1:00 – 2:30 p.m.
Grant Park
501 Normandy Ridge Rd.
Fee/family: \$4 residents, \$6 nonresidents

Centerville-Washington History teams up with the Park District to offer a glimpse into Grant Park's past! Historical Society experts will share about Normandy Farms and the naturalist will point out the present flora and fauna. (KL)



Online resident registration begins
Monday, February 12, 10:00 a.m.

FAMILY WELLNESS

EarthJoy Tree Climb

Ages 5 and up (*ages 18 and under must be accompanied by a parent or guardian*)

Saturday, April 7 AND/OR

Saturday, May 12

10:00 – 11:30 a.m. **OR** noon – 1:30 p.m.

OR 2:00 – 3:30 p.m.

Green Park

6661 Green Park Dr.

Fee: \$40 per person climbing

Registration deadline: Friday at 10:00

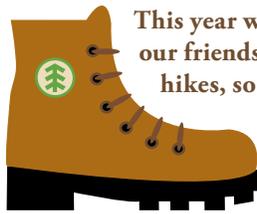
a.m. the day before the climb

EarthJoy is back to give you the experience of a lifetime! Tree climbing is a great way to challenge yourself physically and get in tune with mother nature. Swing to and fro and surf on a limb high above the ground. Strive to climb as high as you can or play amongst the lower limbs! Sessions are 90 minutes.

To register for these climbs, visit

www.climbtreeswithearthjoy.com/ or

call 859-635-0320. (KL)



This year we have included our friends in our bi-monthly hikes, so no one gets left out! Attend at least three of Friends and Family Hikes

and receive a free t-shirt! If we have to cancel a hike due to inclement weather, we will post the announcement on the Park District Facebook page.

Follow the Leprechaun Friends and Family Hike

All ages

Saturday, March 17

(Rain date: Sunday, March 18)

9:30 – 10:30 a.m.

Grant Park

501 Normandy Ridge Rd.

Join staff as we follow the leprechaun on a hunt for ye' pot o'gold in the forest! Enjoy this Saturday morning hike in Grant Park with your family and friends. We will join you as we hike around this beautiful wooded park setting. Please dress for muddy trails and bring water. (JH)

Cinco de Mayo Friends and Family Hike

All ages

Saturday, May 5

(Rain date: Sunday, May 6)

9:30 – 10:30 a.m.

Forest Field Park

2100 E. Centerville Station Rd.

Let's celebrate Cinco de Mayo with a morning hike in Forest Field Park! This is the second friends and family hike of the 2018 series! Bring family and friends together for fun and exercise in the great outdoors. Please dress for trails that may be muddy in spots and bring water. (JH)



Beginner Archery Clinic

Ages 8 and up (*ages 8 – 17 must be accompanied by an adult 21 years or older*)

Saturday, May 26

(Rain date: Sunday, May 27)

10:00 a.m. – noon

*Oak Grove Park, Archery Range
1790 E. Social Row Rd.*

Fee: \$15 residents, \$20 nonresidents

Registration deadline: Saturday, May 19

This introduction to archery is designed for those who have no experience, are still getting comfortable with archery, or are looking for a review of the basics.

Instructors will focus on teaching range rules and safe archery procedures as well as basic equipment use and technique.

All equipment provided. (GC)

Ready to Ride

All ages

Saturday, May 26

(Rain date: Sunday, May 27)

10:30 – 11:30 a.m.

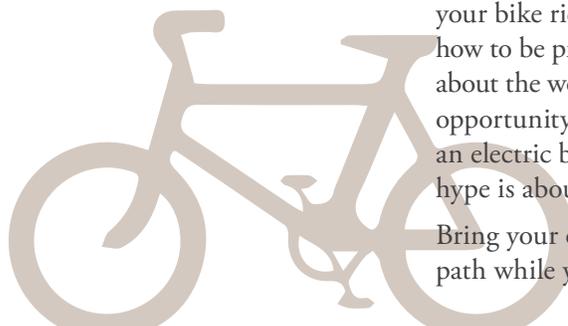
Iron Horse Park

6161 Millshire Dr.

Let's get ready to ride! We're teaming up with K & G Bike Center, the local experts on all things biking! Experts will discuss how to make the most of your bike rides — where to ride and how to be prepared. Ask them anything about the world of biking. You'll have an opportunity to try out bikes, including an electric bike! See what all the e-bike hype is about!

Bring your own bike and ride the bike path while you're here! (JH)

New!



Registration closes 4:30 p.m. the day prior to all programs unless otherwise indicated.

Registration is required for all programs unless otherwise indicated.

ADULT PROGRAMS

Hike with CWPD!

Ages 18 and up
6:30 – 7:30 p.m.

Join staff members to learn about their role at the park district and see your trails from a different perspective! Meet different staff members and learn features of different parks.

Sign up for one or multiple hikes.

Monday, March 5

*Iron Horse Park
6161 Millshire Dr.*

Check out the new playground and join our Planning and Project Manager Nick Meyer on a hike along the Iron Horse Trail. Nick will discuss upcoming park district projects.

Monday, April 2

*Bill Yeck Park, Smith House Entrance
2230 E. Centerville Station Rd.*

Kristen Marks will discuss recent survey results and new programming ideas while pointing out interesting wildflowers along the trail.

Monday, May 7

*Grant Park
501 Normandy Ridge Rd.*

Community Engagement Coordinator Ginger Clark will discuss the many ways our volunteers assist us ... and how you can help! (AD)

Booked for Lunch

Ages 14 and up
Wednesdays, March 7, April 4 & May 2
11:30 a.m. – 12:30 p.m.
*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*



A collaborative program with Centerville-Washington History and the Washington-Centerville Public

Library, Booked for Lunch is a monthly lunchtime discussion on a historical fiction or nonfiction book. Bring your lunch and we'll provide dessert! The library will advance order copies for participants to borrow while supplies last. (CJ)

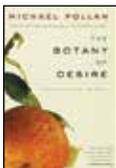
March Discussion

West With the Night, by Beryl Markham



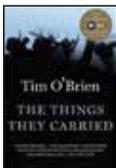
April Discussion

The Botany of Desire: A Plant's-Eye View of the World, by Michael Pollan



May Discussion

The Things They Carried, by Tim O'Brien



Women: An Evening of Celebration

Ages 16 and up
Thursday, March 8
6:30 – 8:30 p.m.

*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*

Fee: \$5 residents, \$8 nonresidents

In celebration of International Woman's Day, we would like to celebrate the wonderful women of Centerville! This event will allow you to try out some of our fitness classes, take a night hike, get pampered with a massage, and take home your own batch of body scrub! Let us take care of you. (CJ)

New!

Adult Brain Games

Ages 18 and up
Friday, March 16
7:00 – 8:30 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$5 residents, \$8 nonresidents

Is your mind as alert as a child's? Test yourself with an evening of various games challenging observation and deduction skills using different parts of your brain. Some games are competitive, some quiet, some physical, some requiring teamwork, but all are amusing! A fun evening for family, friends or date night! (JK)

New!



Request a "Chat with a Naturalist"

Does your special interest group want to learn more about Centerville and Washington Township wildlife? Groups of 10 or more can book our Naturalist to speak at their gatherings for 45 minutes to an hour. Groups are limited to two requests per year and six weeks notice is required for planning purposes. Please call us at (937) 433-5155 for a list of topics.

Online resident registration begins
Monday, February 12, 10:00 a.m.

Chat with a Naturalist

Ages 18 and up

10:00 – 11:00 a.m.

Rec West Enrichment Center,
965 Miamisburg-Centerville Rd.

Hooray for Hummingbirds!

Monday, March 19

Hummingbirds are on their way back! Let's prepare for their arrival by discussing their antics and life history. We will talk about ways to attract them to your yard.

Registration is not required. (KL)



Little Flowers in Our Prairies

Monday, May 21

Our prairie flowers are just starting to bloom! We will highlight some of these jewels and discuss their role in the prairie habitat.

Registration is not required. (KL)

Getting Out & Enjoying Nature! (GOEN)

Ages 16 and up

10:00 – 11:00 a.m.

Thursday, March 22

Countryside Park (meet at Rec West)
965 Miamisburg-Centerville Rd.

Thursday, April 26

Forest Field Park
2100 E. Centerville Station Rd.

Thursday, May 24

Countryside Park (meet at Rec West)
965 Miamisburg-Centerville Rd.

We are GOEN! Tour our local nature spots with the Park District and the Washington Township Recreation Center. The naturalist will address seasonal happenings on this slow-paced walk. (KL)



Reel Paddling Film Festival

Thursday, March 22

7:30 – 10:00 p.m.

The Neon

130 E. Fifth Street, Dayton

Fee: \$11 in advance, \$15 day of event

Rapid Media's 11th annual Reel Paddling Film Festival showcases the world's best paddling films to audiences in Canada, United States and around the world. The festival inspires more people to explore rivers, lakes and oceans, push physical and emotional extremes, embrace the lifestyle and appreciate the heritage of the wild places we paddle. Visit Massie Creek Paddlers on Facebook for more information! (AD)

Glass Fusing:

Wind Chime

Ages 18 and up

Tuesday, April 3 & 10

6:00 – 8:30 p.m.

Activity Center Park, Headquarters

221 N. Main St.

Fee: \$65 residents, \$85 nonresidents

During this two-session class you will create a beautiful wind chime! Choose your own theme and colors. During the first class we will create all of the glass work and in the second class we will string it all together. The top portion of the chime is an 8-inch circle. (AD)

Participants must be able to attend both sessions.

Field Trip to Cedar Bog

Ages 16 and up

Saturday, April 7

1:00 – 5:00 p.m.

Meet at Activity Center Park Headquarters
221 N. Main St.

Fee: \$15 residents, \$23 nonresidents

Take a trip to Cedar Bog Nature Preserve, a wonderfully preserved wetland in Urbana. While there we will take a tour with an expert and learn why Cedar Bog is so fen-tastic! Snacks will be provided. Please dress for the weather. (KL)

New!





Riding Lesson with Ends Meet Equestrian: Wildflower Ride

Ages 18 and up
Saturday, April 21

1:00 – 2:00 p.m.
9306 Kenrick Rd.

Fee: \$39

Registration deadline: Saturday, April 14

We are teaming up with Ends Meet Equestrian to provide you an opportunity to spend the afternoon with a horse! After going through the basics, participants will take a wildflower trail ride. (CJ)

New!

Adult Archery Basics

Ages 18 and up
Wednesdays, May 2 – 30

6:00 – 7:30 p.m.
Oak Grove Park, Archery Range
1790 E. Social Row Rd.

Fee: \$35 residents, \$45 nonresidents

Registration deadline: Wednesday, April 25

This five-week course is designed for individuals with little or no archery experience. Experienced instructors will begin with the basics and progress through a series of skills and techniques to improve your accuracy and ability. All equipment, featuring Mathews Genesis bows, will be provided. Each week additional aspects of archery will be highlighted including different types of bows and targets. Games and mini-competitions will keep practices new and exciting! (GC)



Glass from the Past with the Dayton Diggers

Ages 14 and up
Saturday, May 5

1:00 – 2:00 p.m.

Bill Yeck Park, Smith House Entrance
2230 E. Centerville Station Rd.

History is still being unearthed! We are excited to have Steve Greene of the Dayton Diggers discussing his collection of vintage soda bottles from the Dayton area. Topics will include digging for bottles, local bottlers and how to date bottles you have found. (KL)

New!



Tree and Bench Dedication Program

Benches and trees are available for purchase and placement in any Centerville-Washington Park District park to commemorate a person, group or event such as an outstanding achievement, birthday, anniversary, birth or the life of a loved one. Each dedication receives a certificate of recognition which includes GPS coordinates.

Tree selection is subject to availability at time of purchase.

Weather permitting, all trees are planted in November or December during the year purchased.

A Tree and Bench Dedication Request Form can be found at www.cwpcd.org/support/donate/.

Online resident registration begins
Monday, February 12, 10:00 a.m.

ADULT WELLNESS

Yoga in the Park

Ages 18 and up

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$52 residents, \$67 nonresidents

Session A

Mondays, March 5 – April 9
9:30 – 10:30 a.m.

Session B

Saturdays, March 10 – April 14
9:00 – 10:00 a.m.

Session C

Mondays, April 16 – May 21
9:30 – 10:30 a.m.

Session D

Saturdays, April 21 – May 26
9:00 – 10:00 a.m.

Method Studio's Megan Lees leads these yoga classes for all levels. Classes include warm-up, breath work, standing poses, flowing poses and end with relaxation. Please bring a yoga mat and water. When weather permits, class will be held on the deck overlooking the meadow. (JH)



Couch to 5K (C25K)

Ages 18 and up

Mondays, March 5 – May 7

Race day: Saturday, May 12

6:00 – 7:00 p.m.

Fee: \$50

Train to do your first 5K run! Up and Running will provide the training necessary to help you achieve your 5K goal. C25K participants will receive coaching, a weekly e-mail with a training plan, a shirt, a \$10 coupon for shoes at Up and Running and a race registration! This group is for the beginning runner. (JH)

Date	Park
March 5	Robert F. Mays
March 12	Oak Grove
March 19	Schoolhouse
March 26	Forest Field
April 2	Yankee
April 9	Oak Creek South
April 16	Robert F. Mays
April 23	Oak Grove
April 30	Schoolhouse
May 7	Forest Field

Trail Group

Ages 18 and up

Wednesdays, March 14 – May 30

6:00 – 7:00 p.m.

Up and Running will provide a trail leader as you enjoy running natural trails. This running group is for experienced runners and includes meadows, trails and hills. Meet at the Normandy Entrance (501 Normandy Ridge Rd.) of Grant Park and the Smith Entrance (2230 E. Centerville Station Rd.) of Bill Yeck Park. (JH)

Date	Park
March 14	Bill Yeck
March 21	Grant
March 28	Bill Yeck
April 4	Grant
April 11	Bill Yeck
April 18	Grant
April 25	Bill Yeck
May 2	Grant
May 9	Bill Yeck
May 16	Grant
May 23	Bill Yeck
May 30	Grant

If we have to cancel a running group due to inclement weather, Up and Running will post the cancellation on their Facebook page.

Wake-up Workout

Ages 16 and up

7:00 – 8:00 a.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$29 residents, \$38 nonresidents

Session A

Tuesdays, March 6 – May 22

Session B

Thursdays, March 8 – May 24

Exercising in the morning poses amazing benefits for the body. It jumpstarts your metabolism, allowing you to blast fat throughout the day. Exercise also releases endorphins, a nice reward system! Taught by Tabra Bilbrey, a certified fitness instructor and personal trainer, this morning exercise program is the only wake-up call you'll ever need. Bring water and a towel. All other equipment provided. (JH)

Registration closes 4:30 p.m. the day prior to all programs unless otherwise indicated.

Registration is required for all programs unless otherwise indicated.

Hike for Your Health

Ages 18 and up

Wednesdays, March 7 – May 30

9:30 – 10:30 a.m.

Fee: \$15 nonresidents

Designed to get your heart rate up and get you moving outdoors this spring! Staff and volunteers will lead you on these guided, self-paced hikes. Hike for Your Health is also a wonderful opportunity to get to know some of your parks better. Path descriptions are provided to help you choose the most comfortable shoe attire. (JH)

Date	Park	Path
March 7	Robert F. Mays	paved
March 14	Grant, Normandy	natural
March 21	Schoolhouse	paved
March 28	Bill Yeck, Smith House	natural
April 4	Iron Horse	paved
April 11	Bill Yeck, McGuffey Meadow	natural
April 18	Yankee	paved
April 25	Grant, Normandy	natural
May 2	Forest Field	both
May 9	Bill Yeck, Rooks Mill	natural
May 16	Schoolhouse	paved
May 23	Grant, Normandy	natural
May 30	Oak Grove	paved

Fitness Equipment at Oak Grove Park

Can't make the fitness classes? You can visit the outdoor fitness equipment!

There are two types of outdoor exercise equipment at Oak Grove Park. The complete ENERGI™ system is for active individuals ages 13 and up. The LifeTrail® system is geared toward those ages 50 and over. The LifeTrail® system includes ADA accessible pieces.

Instructions are on the equipment and you can use your mobile device to watch instructional videos for each piece. Links are on the equipment!

The park is open daylight hours and is located at 1790 E. Social Row Rd.



Strollers in Motion Spring/Summer Pass

Adult caregivers with child 6 weeks – Pre K

Fee: \$28 residents, \$36 nonresidents

You can purchase a Strollers in Motion punch pass to use for four classes. The pass is good for classes held March through August at any Centerville Strollers in Motion class. If you cannot make it to an entire five-week session, this may be the solution for you! (JH)

Strollers in Motion

Adult caregivers with child 6 weeks – Pre K
9:30 – 10:30 a.m.

Fee/session: \$24 residents, \$32 nonresidents

Session A

Mondays, March 12 – April 9

Rec West

965 Miamisburg-Centerville Rd.

Session B

Mondays, April 23 – May 21

Schoolhouse Park

1875 Nutt Rd.

Strollers in Motion is a stroller-based workout for moms, dads or other caregivers. Each total body workout incorporates power walking and strolling, strength training, balance work and toning. Strollers in Motion is an awesome way to get fit, meet new people and have fun with your little ones! And, after some classes, special activities will be planned for the children! All new participants will receive a water bottle. Strollers in Motion is led by Strollercize® certified instructor, Caitlin Elliott.

The week after each session ends will be used for rain out make-up days. (JH)

Strollers in Motion Boot Camp

Adult caregivers with child 6 weeks – Pre K
9:30 – 10:30 a.m.

Saturdays, April 28 – May 26

Iron Horse Park

6161 Millshire Dr.

Fee/session: \$24 residents, \$32 nonresidents

This Boot Camp version of Strollers in Motion will incorporate circuit training and station exercises. You will be able to move at your own pace and comfort level, as we give modifications for every fitness level. Strollers in Motion Boot Camp is an awesome way to get fit, meet new people and have fun with your little ones! And, after some classes, special activities will be planned for the children! All new participants will receive a water bottle. Strollers in Motion Boot Camp is led by Strollercize® certified instructor, Caitlin Elliott.

The week after each session ends will be used for rain out make-up days. (JH)

New!

**Online resident registration begins
Monday, February 12, 10:00 a.m.**



Tai Chi for Wellness

Harvard School of Integrative Medicine tells us that the slow meditative movements, deep breathing and relaxation that is characteristic of Tai Chi practice create a special biological state that activates our capacity for body/mind wellness and healing. Great for stress relief, post-illness or managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones.

Beginner Tai Chi

Ages 18 and up
Saturdays, March 17 – May 26
(no class April 28)
 10:15 – 11:15 a.m.
Grant Park, Kennard Nature Nook
6588 McEwen Rd.
Fee: \$48 residents, \$64 nonresidents

An introduction to Tai Chi and Qigong (Chi Kung) principles and form through Tai Chi Easy™. (JH)

Intermediate Tai Chi

Ages 18 and up
Saturdays, March 17 – May 26
(no class April 28)
 11:30 a.m. – 12:30 p.m.
Grant Park, Kennard Nature Nook
6588 McEwen Rd.
Fee: \$48 residents, \$64 nonresidents

Continuing to develop Tai Chi and Qigong principles moving from Tai Chi Easy™ into Dr. Roger Jahnke's Integral Tai Chi form. (JH)

Tai Chi for All Levels

Ages 18 and up
Mondays, March 12 – May 21
(no class April 30)
 7:00 – 8:00 p.m.
Grant Park, Kennard Nature Nook
6588 McEwen Rd.
Fee: \$48 residents, \$64 nonresidents

A focus on Tai Chi and Qigong (Chi Kung) principles and form through Tai Chi Easy™ — a form created by Roger Jahnke, O.M.D. — to make Tai Chi accessible and fun for everyone. This class is suitable for all levels. (JH)

Foam Rolling Clinic

Ages 16 and up *(ages 18 and under must be accompanied by a parent or guardian)*
Wednesday, March 28
 6:00 – 7:00 p.m.
Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Airrosti's Dr. William Wright and Kaitlyn Pendergast are back to teach foam rolling techniques to keep you healthy and injury free. Foam rolling works through myofascial release, or muscle fiber release. It mimics massage in that it digs deep into the muscle fibers to release any tightness or "knots."

If you have a foam roller and/or mat please bring them with you. There will be a limited supply of foam rollers on hand to use. (JH)

Trail Trekking

Ages 18 and up
Fee: \$15 nonresidents

Session A

Tuesdays, March 13 – May 29
 6:00 – 7:00 p.m.

Session B

Thursdays, March 15 – May 31
 9:30 – 10:30 a.m.

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The Cooper Institute research studies showed that Nordic walking burns more calories, increases oxygen consumption and can be 46% more efficient than normal walking. It's a great workout!

Please wear shoes comfortable for paved paths and bring a bottle of water. Nordic poles provided are adjustable to your height. (JH)

Date	Park
March 13/15	Oak Grove
March 20/22	Schoolhouse
March 27/29	Forest Field
April 3/5	Iron Horse
April 10/12	Yankee
April 17/19	Oak Creek South
April 24/26	Holes Creek
May 1/3	Robert F. Mays
May 8/10	Oak Grove
May 15/17	Schoolhouse
May 22/24	Forest Field
May 29/31	Iron Horse

New!

Ruck Packing

New!

Ages 18 and up

Fridays, March 30, April 27 & May 25

6:00 – 8:00 p.m.

*Bill Yeck Park, Smith House Entrance
2230 E. Centerville Station Rd.*

Fee/session: \$20 residents, \$26 nonresidents

Take your hiking to a new level!

Participants of all fitness levels can benefit from a ruck hike. They include short bursts of periodic exercises such as squats, crawling drills and partner drills.

A ruck is a backpack filled with weight. Vary the intensity by adjusting the weight in your pack. Suitable weights can be sandbags, water bottles or a weight plate. Weights are not required to participate, but will increase the workload to make your hike a more challenging experience.

Bring a comfortable backpack/ruck with added weight if desired, water, and gloves. We will have extra weights on hand. Please dress comfortably for hiking. Waterproof hiking boots are recommended. (JH)



Tabata Training Camp

Ages 18 and up

Yankee Park

7500 Yankee St.

Fee: \$39 residents, \$49 nonresidents

Session A

Tuesdays, April 3 – May 22

9:30 – 10:30 a.m.

Session B

Thursdays, April 5 – May 24

6:00 – 7:00 p.m.

Tabata Training Camp focuses on upper body, lower body and core for an effective total-body workout. Use 20-10 and 40-30-20 timed intervals to push to your maximum effort before resting and repeating! This fun and effective workout is composed of a variety of simple cardio and strength-training exercises including partner work and games. Taught by Rebecca Rojas, certified Tabata Bootcamp instructor. Please bring a mat and a towel. (JH)

Cardio Mix

Ages 18 and up

Fridays, April 6 – May 25

9:30 – 10:30 a.m.

Schoolhouse Park

1875 Nutt Rd.

Fee: \$20 residents, \$26 nonresidents

A boot camp style class that includes a mix of cardiovascular and strength training exercises and drills. Breathe fresh air, soak in vitamin D and work up a sweat! Exercise equipment is provided for all participants. Taught by Rebecca Rojas, certified fitness instructor. Please bring a mat and a towel. (JH)

Tennis Leagues

Ages 18 and up

April 8 – June 14

6:00 p.m.

Various locations

Fee: \$25 residents, \$35 nonresidents

Registration deadline: Sunday, March 25

Join a Park District tennis league and play tennis in the parks this spring! Several levels of play allow opportunities for all abilities. All leagues are 10 weeks long. League schedules and rules are mailed out prior to league play. (JH)



Day	Level of Play
Sunday	Men's Advanced
Monday	Men's Intermediate Women's Doubles
Tuesday	Men's Intermediate 50+ Men's Advanced 50+
Wednesday	Men's Advanced Women's 50+
Thursday	Women's Intermediate Women's Advanced

HIIT the Park

Ages 18 and up

Wednesdays, April 11 – May 30

6:00 – 7:00 p.m.

Oak Creek South Park

790 Miamisburg-Centerville Rd.

Fee: \$39 residents, \$49 nonresidents

This total body workout by Club 51 Fitness is comprised of functional movements and will use body weight exercises in addition to free weights to develop strength, stamina, endurance and speed. (JH)



Gem City Legends: Try-It Nights

Ages 50 and up

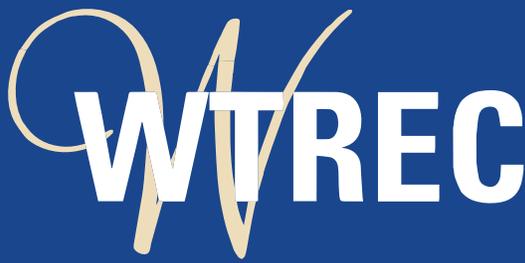
Tuesday, April 10 AND/OR Thursday, April 19

6:00 – 8:00 p.m.

Yankee Park

7500 Yankee Street

Gem City Social Sports (GCSS) was created to bring out the inner child in all of us, by playing sports and having a good time with old friends and new! GCSS is putting together a Legends group for ages 50 and over. Attend one or both try-it nights to meet staff from GCSS and familiarize yourself with the sports equipment and unique league offerings.



Discover Your Potential
Explore Your Creativity
Challenge Your Limits

Get Rec Strong with WTRC Personal Training!

Are you looking to reach your fitness goals, but aren't quite sure how? WTRC has qualified personal trainers who are here to help you reach your healthy and attainable goals.



Tina Durkin is a Beachbody Live Master Trainer with a BS in Business Management. She is an AFAA Certified Personal Trainer and Group Fitness Instructor,

Precision Nutrition Coach, Level 2 CrossFit Coach and Certified Zumba instructor.



Zach Miller is also here to help. Zach is a certified personal trainer through ISSA and has been on his own personal weight loss journey. He has seen the changes

personally and knows the benefits of getting fit. He is here and ready to help you reach your goals!

To schedule a personal training session or to find out more information, contact Lori Fields at lori.fields@washingtontwp.org or 937-432-2803.

Get REC Strong with Family Adventure Day!

Saturday, April 28, 10:00 – 4:00 p.m.

Test your limits with a day filled with recreation challenges, daring contests, hands-on exploration, delicious food and engaging fun for the whole family. Explore indoor and outdoor adventures with guided experiences in kayaking, climbing, archery, biking and more! Make memories with your family and rediscover the adventures awaiting your family right here at YOUR Washington Township Recreation Center.

Register online or pay at the gate. Ages 2 & under admitted free. For more information, including a schedule of the day's events, food and concessionaires, please check our website at www.washingtontwp.org/recreation or call (937) 433-0130. All ages are welcome; some experiences will be limited due to height, weight and age requirements. In the event of inclement weather, most events will be moved indoors.



PRESENTED BY



Meadow Meditation

Ages 14 and up

Mondays, May 7 – 28

5:30 – 6:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$40 residents, \$52 nonresidents

Registration deadline: Tuesday, May 1

Experience the relaxation of outdoor meditation. Join Debra Venable of Hope Reiki & Wellness Resources as we build on the basics of meditation outside in the beauty of nature! We will work on simple meditations, based on ancient Japanese principals that will help you become more grounded and centered in your daily life. This four-week class will help you establish your own at-home daily routine and become more connected to nature.

In the event of inclement weather, the class will be held indoors. (AD)

Body Back by FIT4MOM

Ages 18 and up

Tuesdays & Thursdays, May 8 – June 28

7:00 – 8:00 p.m.

Oak Grove Park

1790 E. Social Row Rd.

Fee: \$299

Body Back Transformation is an eight-week, results-based, high-intensity workout and nutrition program designed by and for moms. The workouts offer high-intensity, interval formats that give clients a total-body workout. Meal plans, accountability and assessments are proven by university-backed studies to shed fat, increase strength and endurance, tone muscle and improve energy. (JH)

For more information and to register, please visit <https://fit4mom-southdayton.pike13.com/offerings>

Washington Township Recreation Center

895 Miamisburg-Centerville Road | 937-433-0130 | www.washingtontwp.org/recreation

The Park District is made up of 50 community, nature and neighborhood parks. Visit www.cwpd.org for detailed information and a map to each park.

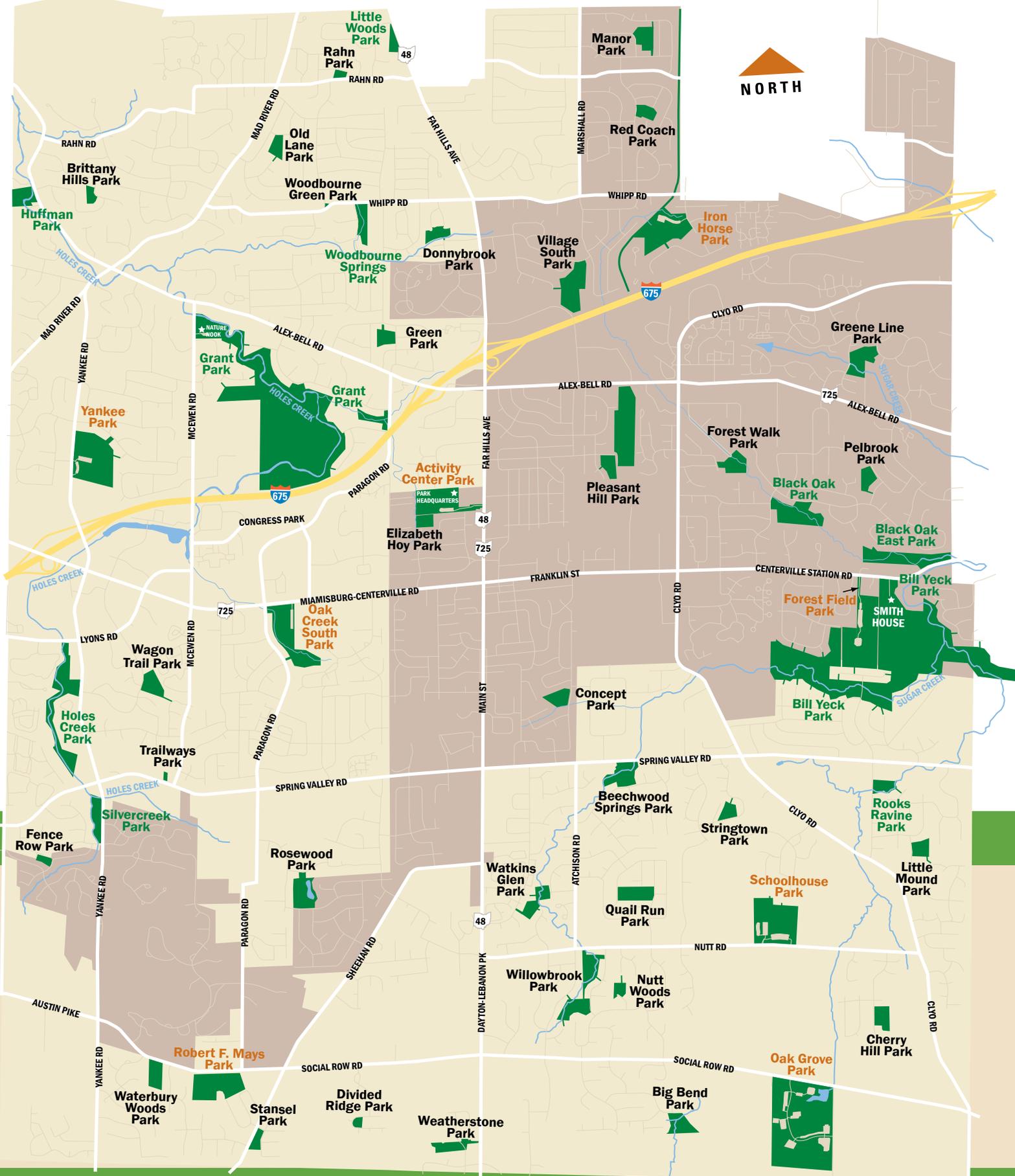
Community Park

Nature Park

Neighborhood Park

City of Centerville

Washington Township



HOW TO REGISTER



WHY REGISTER ONLINE?

#1

You're first in line!

Online registration takes place the day before phone or walk-in registration.

24

It's convenient

The flexibility to register and pay at your convenience, anytime, from anywhere.



It saves time

In less than five minutes, you can set up your account and enroll in your program.



It's easy

Three simple steps, and you'll be enrolled in the program of your choice.



It's environmentally friendly

No need to use gas driving over to register in person. And it saves paper.

Online resident registration begins February 12.

Online (first day of registration is online only)

Visit <https://apm.activecommunities.com/cwpd> to register. To expedite your registration, create an account prior to 10:00 a.m. on February 12. A valid email address is required. This site can be used for free programs and for fee-based programs with a debit or credit card. Payee will be shown as Active.com.

Registration for the camps on page 4 – 9 begins online April 9. The first day of registration is online only.

By Phone

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have your credit card ready for fee-based programs. Phone registration begins one day later than online registration.

In Person

Visit Park District headquarters at 221 N. Main Street Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card. Make checks payable to CWPD or Centerville-Washington Park District. In person registration begins one day later than online registration.

Registration and Refund Policy

- Residents may register members of their family and one other resident family.
- Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees or receive a refund.

Access to All

Please contact us in advance if you require any special accommodations to participate in our programs.

Centerville-Washington Park District Program Release

When registering for or attending any Park District program, you are required to agree to the following statement:

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.

Online Resident Registration Begins
Monday, February 12
at 10:00 a.m.

Online Nonresident Registration Begins
Monday, February 19
at 10:00 a.m.

SPRING EVENTS AT-A-GLANCE

MARCH

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Fri, March 23	Intergenerational: Spring Showers and Flowers	12
Fri, March 23	Nocturnal Nature Series: Dancing Woodcocks	15
Sat, March 24	Family Nature Play: Orienteering Scavenger Hunt	16
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APRIL

Sun, April 1	Pull Your Weight Garlic Mustard Challenge Begins	10
Mon, April 2	Hike with CWPD: Kristen Marks	18
Tues, April 3	Glass Fusing: Wind Chime	19
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MAY

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See inside for popular series programs such as **Crafting Club**, **Hike for Your Health**, **Junior Explorers**, **Trail Trekking** and more. And, look for several new programs, including **Spring Break- Nocturnal Nature Club** and **Strollers in Motion Boot Camp!**