

MARCH – MAY 2020

Centerville-Washington **PARK DISTRICT** **NEWS & EVENTS**

Spring program
registration
begins
Monday,
February 10.

All summer
camp
registrations
begin Monday,
April 13.



Explore your community's BIG backyard!

Greene Line Park Clean Up, April 2019



Headquarters

Activity Center Park
221 North Main Street
Centerville, Ohio 45459-4617
(937) 433-5155
Fax: (937) 433-6564
Second Shift/Weekends:
(937) 470-9246
mail@cwpcd.org
www.cwpcd.org

Office Hours

Monday – Friday
8:00 a.m. to 4:30 p.m.
Office Closed on May 25, 2020

Park Addresses

For more information and each park's address, visit www.cwpcd.org.



Dog Park Closures

www.cwpcd.org/parks/oak-grove/dog-park/dog-park-closure-status/



Athletic Field Conditions

www.cwpcd.org/field_status/

Area Youth

Athletic Organizations

Centerville Baseball Softball League
www.cbftoday.org

Centerville Recreational Soccer
www.centervillesoccer.com

Centerville United Soccer Association
www.cusasoccer.org

Centerville Wee Elks
Football Association
www.weeelks.org

Centerville Youth Lacrosse
www.cvlax.org

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Volunteer Spotlight



Catherine Tollefson

Seventeen-year-old Centerville High School student Catherine Tollefson recently planted a Monarch Waystation at **Holes Creek Park**. She researched appropriate plants and reached out to native plant nurseries for donations, successfully garnering enough plant donations for the entire Waystation! The new Holes Creek Park Waystation is registered with MonarchWatch.org.

Catherine joined CWPD in the fall at BIG Backyard Party, handing out native seed packets and educating visitors about the decline of milkweed and nectar sources. She also taught a troop of Brownie Scouts to make and properly

distribute milkweed seed balls. Catherine is a member of Girl Scout Troop 31488. In completing this project, she earned her Girl Scout Gold Award!

Congratulations, Catherine! We applaud your dedication to saving the pollinators!

Our Coyote Neighbors



photo by Christopher Bruno

While coyote sightings in Centerville and Washington Township are fairly rare, when someone sees one, you are likely to hear about it! You are far more likely to hear a coyote than to see one. At first glance you might think it is a small German Shepard. The average coyote weighs 25 – 35 pounds. They are found in all 88 of Ohio's counties.

Coyotes are primarily more active between dusk and dawn, so most of our schedules do not match up with that of a coyote — which is why you are rarely lucky enough to spot them. In the spring, when coyotes give birth and begin to raise young, chances of a sighting increase. They are out more often during daylight hours this time of year gathering food for their pups. Most often their food source is small rodents and fruit.

Coyote presence in a park or in your neighborhood is not cause for alarm;

yet, people who see coyotes are often afraid. Rest assured, coyotes are afraid of humans and will take great measures to avoid contact with us. But, if you encounter one, simply leave the area calmly (do not run) and make plenty of loud noise. To ensure your dog's safety in the parks, you should always keep them leashed and on the trails. When you are there, the coyote will avoid your dog.

If a coyote is in your yard, you should let it know if it is not welcome. Make loud noises, like banging pots and pans together. This helps reinforce their fear of humans. If you live where coyotes have been spotted, do not let your small pets out unsupervised. And of course, never attempt to touch, tame or feed any wild animal.

If you have additional questions about coyotes, review these helpful resources:

- www.urbancoyoteresearch.com, a website from the leading coyote scientist in the Midwest
- wildlife.ohiodnr.gov, Ohio Department of Natural Resources Division of Wildlife.

Commissioners' Corner



It's hard to believe that it's been nine years, but I'm writing to you as an outgoing Commissioner. Park Commissioners have a 9-year term limit. I have thoroughly enjoyed working with so many wonderful people — residents, volunteers, commissioners, staff and fellow public officials.

Rightfully so, Park District residents have expected a high return for their tax investment. Looking back on the past nine years, the Park Board and staff have responded to your expectations. Maybe we have even at times exceeded your expectations. Take a look at the partial list of park and program improvements since 2011 to see if you agree!

- Earned over \$3,000,000 in grants
- Centerville Station entrance to Bill Yeck Park
- Smith House open for public, program use
- Oak Creek South skate and bike park
- Mark Kreusch Nature Playce at Grant Park
- Nature easement along Sugar Creek, south of St. Leonard's
- Holes Creek multi-use trail
- Owlexander's Hoot Route, Wetland Walk, Tree Trek and Tyke Hike
- Donnybrook Fen wetland
- Oak Grove Park flush restrooms
- Robert F. Mays Park
- Five Little Free Libraries
- Expanded the Dog Park at Oak Grove
- Oak Grove Park baseball field lights
- Oak Grove Park Archery Range
- Restored 100+ acres of natural habitat
- Added 19-acre tract to Pleasant Hill Park
- Collaborated with Township to make Hithergreen Park
- Restored wetland at McGuffey Meadow in Bill Yeck Park
- Six dedicated Pickleball courts
- Fitness Trail and Station at Oak Grove Park
- Little Woods Park

Summer Employment Opportunities!



We are now accepting applications for part-time, seasonal employment.

Seasonal **program staff** can work at nature day camps, at the Summer Recreation Program or as summer naturalists. All program staff must be enthusiastic about working with children, enjoy the outdoors, and be willing to make an 11-week

commitment beginning the last week of May. Program staff must be 16 years or older. Positions for applicants under age 18 are limited.

Seasonal **operations staff** assist with the day-to-day maintenance of 51 parks. Work includes mowing, trimming, painting, athletic field preparation, nature trail improvement, park clean-

- First park agency in Ohio with outdoor, AED (automatic external defibrillators) in parks
- Iron Horse shelter and restrooms
- More than 200 Pop Up Park Challenges
- Re-designed Forest Field Park
- New, properly-sized maintenance facility
- Challenging, colorful, all-weather playgrounds at Robert F. Mays, Forest Field and Iron Horse Parks.
- Converted old maintenance garage into a community room

Wow, but wait! There's more. Our service to the community has grown substantially to the appreciation of residents like you. We now serve nearly 15,000 people annually in programs, activities and special events. In spring of 2012, for example, we offered around 80 programs. This spring, you'll find 150! Our program staff has asked what you would like and responded accordingly. To offer even more opportunities, we partnered with our good friends at the Library, City and Township.

Finally, we continue to find ways to be more effective with your tax dollars. We have modernized and computerized many administrative functions. Our fiscal health is sound. And, all the new lands and programs are managed by virtually the same number of staff.

All this came together in 2018 when the Centerville-Washington Park District was named one of the four best park agencies, of our similar population, in the nation!

It has been an honor and privilege to serve in your community's BIG backyard! I encourage others to consider applying to serve. Visit www.cwpd.org for details.

All the best to you. I'll see you in the parks!



Dave Lee
Park Board President

The Park Board will seat a new commissioner in May! Interested residents, visit www.cwpd.org or contact CWPDP to get information about requirements, the position and the application process.

up, vehicle/equipment maintenance and building maintenance. Hours may include weekends and evenings. Second shift openings are available. Operations staff must be 18 or older and insurable to drive Park District vehicles.

All seasonal employees must pass a background screening. Visit www.cwpd.org/careers/ for the most up-to-date information on employment opportunities.

Volunteer opportunities are available for ages 14 and up at nature day camps and the Summer Recreation Program. Volunteering allows for a flexible schedule and is a great way to earn service hours, gain experience and learn job skills. For more information and for a volunteer application, visit www.cwpd.org/support/volunteer/.

SUMMER CAMPS



Preschool Play Yard (PPY)

Ages 3 – 5

9:00 – 11:00 a.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$24 residents, \$31 nonresidents

Registration deadline: Friday, May 29

Session A

Mondays, June 8 – July 27 (no PPY July 6)

Session B

Tuesdays, June 9 – July 28 (no PPY July 7)

Children will enjoy songs, crafts, hikes and games. This station-based drop-off program is sponsored by the South Metro Optimist of Centerville Women's Club. (AD/JK)

Sign up for one session only. All children must be potty trained.



In an effort to be responsible stewards of our planet, CWPD has adopted new sustainability practices for programs and facilities. **Participants should bring reusable water bottles when possible.** We will have bottle refill stations at all camp locations!

Summer Recreation Program (SRP)

Ages 5 – 11

9:00 a.m. – noon

Fee: \$28 residents, \$48 nonresidents

Registration deadline: Sunday, May 31

Session A

Mondays & Wednesdays, June 8 – August 5

Iron Horse Park, 6161 Millshire Dr.

Session B

Mondays & Wednesdays, June 8 – August 5

Yankee Park, 7500 Yankee St.

Session C

Tuesdays & Thursdays, June 9 – August 6

Oak Creek South Park, 790 Miamisburg-Centerville Rd.

Session D

Tuesdays & Thursdays, June 9 – August 6

Schoolhouse Park, 1875 Nutt Rd.

The Summer Recreation Program offers a variety of recreation activities, sports, games, arts and crafts, guest speakers and more! All SRP sites are led by trained recreation leaders. This fun program keeps children outdoors and active all summer! (AD)

For the safety of your children, SRP has a maximum enrollment. You may only enroll your children in one session.

Inclement weather cancellations will be posted on www.cwpd.org. Opt-in for text alerts on your account to receive weather cancellations via text message.

All participants must be independent in the six activities of daily living: using the restroom, eating, bathing, dressing, transferring (i.e. walking) and continence. If your child requires an accommodation to participate, please let us know when you register.

For more information about the Summer Recreation Program, please visit www.cwpd.org/programs-events/childrens-programs/summer-recreation-program/



New this year! Sign up for a specific park!

Jump on the summer camp fast track!

To improve your camp registration experience, we have a way for you to fill out required forms PRIOR to the first day of camp registration. This will make your camp registration easier, and decrease the chance that your child will be placed on a waiting list.

Step 1

February 10 – April 13, register your child for “2020 Forms Fast Track” on <https://cwpd.recdesk.com>.

Step 2

At checkout, complete the required Medical History Form and Authorized Pick-Up Form as instructed.

By registering for this fast track “program” you will bypass a step during the checkout process!

Please note, this does NOT register your child for any camps/programs. It simply serves as a way to expedite camp registration by completing required forms ahead of time.

Online resident camp registration begins Monday, April 13, 10:00 a.m.

Hidden Meadows Day Camp

Ages 5 – 12 (preschool weeks are ages 3 – 9)

Grant Park, 501 Normandy Ridge Rd.

Resident fee/week: \$55 half day, \$110 all day
\$27, before and after care

Nonresident fee/week: \$85 half day, \$170 all day
\$27, before and after care

Registration deadline: Monday prior to the first
day of camp

*Before care is available 8:00 – 9:00 a.m. After care is
available 4:00 – 5:30 p.m.*

Hidden Meadows Day Camp encourages children to learn about nature and enjoy the outdoors by exploring, playing games and making new friends. Campers will also be treated to guest speakers, special presentations and activities. Snacks are provided, but campers should bring a filled water bottle every day. All-day campers need to bring a packed lunch that does not require refrigeration. All campers will receive a t-shirt during their first week. Camp is held rain or shine. (AP)

Week 1: Adventure Explorers, June 8 – 12

Explore Grant Park in a whole new way. Up the trails, through the woods and down the creek we go! Follow clues, games and other activities to get a feel for the park and summer fun.

Week 2: Mammal Mania, June 15 – 19

Mammals far and wide will find this week's camp fur-tastic! We will search the park for native mammals and talk about mammals from across the globe with guest speakers and games.

Week 3: Wonderful Water Fun, June 22 – 26 (Preschool Week)

How many ways can we use water to have a good time? Games, crafts, exploring, mixing and creating!

Week 4: Community ROCKS, June 29 – July 3

We will bring the spirit of Independence Day to this week full of games and activities that help others in our community and that help the environment. Your child's heart will swell with pride while having fun outdoors!

Week 5: Wild Weather, July 6 – 10

Weather is one of the first things we think about when we get ready in the morning. We also keep the weather in mind when planning our daily activities! Learn how to predict the weather using clouds and other natural signs. No matter where you are, weather is all around you!

Week 6: Adventure Racers, July 13 – 17

Adventure racing is all the rage, so we will do our own adventure racing this week. Each day we will get a "leg up" on tasks like hiking, orienteering, reading maps and trekking new terrain. On the last day, we will put our new knowledge to the test for a day full of adventure!

Week 7: Sensory Week, July 20 – 24 (Preschool Week)

Five senses and five days of camp! Coincidence? We don't think so! Campers will explore how animals use sight, sound, smell, taste and touch to survive!

Week 8: Woodland Olympics, July 27 – 31

As the world watches the top athletes of the world, we will re-create these athletic feats in Grant Park. We will also learn who is at the top of Ohio woodlands and how the creatures all play together! An exciting week to learn and play with new friends at camp!

Week 9: Winged Things, August 3 – 7

Not all winged things have feathers! Winged creatures are all around us — and we will explore them all! Observe them in the wild and see some up close. There is so much to learn about our flying friends!

Date	AM	PM	All Day
	9:00 a.m. – noon	1:00 – 4:00 p.m.	9:00 a.m. – 4:00 p.m.
June 8 – 12	Ages 5 – 12	---	Ages 5 – 12
June 15 – 19	Ages 5 – 12	---	Ages 5 – 12
June 22 – 26	Ages 3 – 9	Ages 3 – 9	Ages 5 – 9
June 29 – July 3	Ages 5 – 12	---	Ages 5 – 12
July 6 – 10	Ages 5 – 12	---	Ages 5 – 12
July 13 – 17	Ages 5 – 12	---	Ages 5 – 12
July 20 – 24	Ages 3 – 9	Ages 3 – 9	Ages 5 – 9
July 27 – 31	Ages 5 – 12	---	Ages 5 – 12
August 3 – 7	Ages 5 – 12	---	Ages 5 – 12



All participants must be independent in the six activities of daily living: using the restroom, eating, bathing, dressing, transferring (i.e. walking) and continence. If your child requires an accommodation to participate, please let us know when you register.

Online nonresident camp registration begins
Monday, April 20, 10:00 a.m.

They don't know they're making memories,
THEY JUST KNOW
THEY'RE HAVING FUN!



Sugar Valley Day Camp

Ages 6 – 12

Monday – Friday, 9:00 a.m. – 4:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee/week: \$110 residents, \$170 nonresidents, \$27 before and after care

Registration deadline: Monday prior to the first day of camp

Before care is available 8:00 – 9:00 a.m. After care is available 4:00 – 5:30 p.m.

Sugar Valley Camp encourages children to learn about nature and enjoy the outdoors by exploring, playing games and making new friends. Campers will be treated to guest speakers, special presentations and activities. Snacks are provided, but campers should bring a filled water bottle and a packed lunch that does not require refrigeration. All campers will receive a t-shirt during their first week. Camp is held rain or shine. (AP)

Week 1: Rapids and Raptors, June 8 – 12

Campers will discover the water that runs through the park and the raptors that soar above us through active games, hikes and special guests.

Week 2: Bounding Around, June 15 – 19

Discover and explore the creatures of the park that jump all around us! What can we learn from these insects, animals and other vertically inclined creatures? Jump into summer with this fun camp!

Week 3: Ancient Explorers, June 29 – July 3

What was it like to explore the landscape of Ohio as a dinosaur? Campers will search for fossils and seek historical answers while exploring as 21st-century humans!

Week 4: Grossology, July 6 – 10

The only thing we have to fear is fear itself. This camp will separate old wives' tales as fact or fiction. Play games with slime, see reptiles that are NOT slimy — and what about spiders? So many fun things to learn and do when you gross out!

Week 5: Adventure Awaits, July 13 – 17

A week full of adventure, solving nature's most clever riddles, racing through the park to beat the clock on team challenges and mapping out new paths to explore!

Week 6: Prairie Olympics, July 27 – 31

As the world watches the top athletes of the world, we will re-create these athletic feats in Bill Yeck Park. We will also learn who is at the top of Ohio prairies and how the creatures all play together! An exciting week to learn and play with new friends at camp!

Week 7: Mammal Mania, August 3 – 7

Mammals far and wide will find this week's camp fur-tastic! We will search the park for native mammals and talk about mammals from across the globe with guest speakers and games.

Decoy Art: Nature Art Camp

Ages 6 – 11

Oak Creek South Park

790 Miamisburg-Centerville Rd.

Fee: \$80 residents, \$100 nonresidents

Camp A

Monday – Wednesday, June 15 – 17

1:00 – 3:00 p.m.

Registration deadline: Sunday, June 6

Camp B

Monday – Wednesday, July 13 – 15

1:00 – 3:00 p.m.

Registration deadline: Sunday, July 5

Art and nature come together! Campers will explore fun processes with paint, collage, clay and drawing to create artwork! We will talk about artists that have used nature as a source of inspiration, like Monet! We will also play fun and challenging games that get the children up and moving. (AD)

Rain location is at the Park District headquarters at Activity Center Park.

**Online resident camp registration begins
Monday, April 13, 10:00 a.m.**

Youth Archery Camp

Ages 8 – 12

Monday – Wednesday, August 3 – 5

10:00 a.m. – noon

Oak Grove Park, Archery Range

1790 E. Social Row Rd.

Fee: \$30 residents, \$38 nonresidents

Registration deadline: Thursday, July 30

This introductory archery camp will teach the basics of competition-style archery using the NASP (National Archery in Schools Program) system. Using technique, range safety and basic archery terms, campers will enjoy games and gain a new hobby to enjoy with friends. All equipment will be provided. (AP)



Adventure Camp

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$130 residents, \$170 nonresidents

Registration deadline: Monday prior to the first day of camp

Adventure Camp A

Ages 10 – 12

Monday, June 8 – Friday, June 12

9:00 a.m. – 3:00 p.m.

Adventure Camp B

Ages 10 – 12

Monday, June 22 – Friday, June 26

9:00 a.m. – 3:00 p.m.

Adventure Camp C

Ages 12 – 15

Monday, July 6 – Thursday, July 9, 9:00 a.m. – 3:00 p.m.

Friday, July 10, 6:30 p.m. – Saturday, July 11, 9:00 a.m.

This camp week includes an overnight at Bill Yeck Park.

Adventure Camp D

Ages 12 – 15

Monday, July 20 – Thursday, July 23, 9:00 a.m. – 3:00 p.m.

Friday, July 24, 6:30 p.m. – Saturday, July 25, 9:00 a.m.

This camp week includes an overnight at Bill Yeck Park.

Combine outdoor adventure and nature education with this week-long camp at various parks throughout Centerville and Washington Township. Adventure Camp includes hiking, archery, games, challenges and a field trip! Learn to track animals in the woods and cook over a campfire. Make lifelong friends during this unique summer experience.

Campers will be dropped off and picked up at the same location each day and will be transported to various parks throughout the week. Camps will also include an off-site field trip. (KL)



Online nonresident camp registration begins
Monday, April 20, 10:00 a.m.

SPECIAL EVENTS

Spring Stargazing

All ages

Saturday, March 7

7:00 – 9:00 p.m.

*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*

Explore the wilderness above as we look at two planets and the Moon. We will also see less commonly viewed objects that historical astronomers simply referred to as nebula.

Local amateur astronomers will have equipment available to view the sky on the paths near the Smith House. See the moon and other celestial objects in one of the darkest locations in Centerville! Naturalists will be on hand to lead short night hikes. We'll stay warm with a campfire on this early spring night.

Registration is requested. (AP)

This event will be canceled during cloudy or inclement weather.



Pull Your Weight! 4th Annual Garlic Mustard Challenge

All ages

Monday, April 13 – Monday, June 8

Pull Your Weight to protect your parks!

Garlic mustard is an aggressive, nonnative plant taking over natural areas. Help restore and protect your native ecosystems with this fun volunteer challenge! Drop off 13-gallon garbage bags filled with garlic mustard to headquarters, 221 N. Main St., April 13 – June 8.

All participants bringing at least five full bags will receive a Pull Your Weight t-shirt. The team or individual to bring the most full bags will win a grand prize!

New this year!

- There will be two separate divisions of competition: Adults (ages 18+) and Youth (17 and under)
- Each registered team will be given a box of biodegradable, certified compostable garbage bags to start! Return to headquarters to pick up more if needed!

Contact Ginger Clark at gclark@cwpsd.org to register your team and get started.

The Pull Your Weight challenge is a great opportunity for individuals, families, scouting groups, corporate service groups, church groups and students looking for service hours! (GC)

Penbrooke Garden Club Spring Plant Sale

All ages

Saturday, May 9

9:00 a.m. – 4:00 p.m.

*Yankee Park
7500 Yankee Rd.*

This year is Penbrooke Garden Club's 45th annual plant sale! The sale includes perennials, herbs, gardening books and other gardening related items. Since the plants are from members' own gardens, they are hearty for our planting zone. The club will also offer home-baked goods for sale. Proceeds go to local organizations to support and promote gardening. (KM)

Registration is not required. No pets, please.



Spring Fling with Burn Boot Camp

Ages 13 and up

Saturday, May 16

9:00 a.m.

*Yankee Park
7500 Yankee St.*

New!

We partnering with Burn Boot Camp to bring you a fun event for the entire family. Adults and children ages 13+ can enjoy a fun and challenging workout. Children and tweenagers, ages 3 – 12, will play games and activities. Childcare and games provided by Burn Boot Camp's child watch staff. (JH)

Registration is requested.

Backpack Adventures

Our mission is to deliver fun, healthy and outstanding park experiences. We recognize that does not always come in the form of a traditional park program. We'd like to help you create your own unique park experiences with CWPDP Adventure Backpacks! Visit park headquarters at Activity Center Park to borrow a backpack that includes everything you need to explore the natural habitats of your 51 parks — including creeks, forests and meadows. Backpack supplies vary by age and by season.

There is a \$20 refundable deposit for the 7-day loan.

Family Pack (ages 0 – 8)

Family Pack (ages 9 and up)

Teen Pack (ages 13 – 17)

Adult Pack (ages 18 and up)



Online resident registration begins
Monday, February 10, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.



PRESCHOOL PROGRAMS (AGES 6 AND UNDER)



Big Rig Gig

All ages
Saturday, May 9
 10:00 a.m. – noon
Oak Grove Park
 1790 E. Social Row Rd.

Check out big vehicles from around town! Honk a fire truck horn, shift tractor gears, push buttons in law enforcement vehicles and much more!

Sno-cones from Kona Ice will be available for purchase. 25% of the proceeds will benefit YWCA Dayton. **Attendees are encouraged to bring full-size toiletries or everyday household items for YWCA Dayton.**



YWCA Dayton is the oldest women's organization in Dayton, providing the only domestic

violence shelters in Montgomery and Preble counties. They address crucial needs in our community, including: domestic violence; homelessness; teen issues; affordable housing; racial justice; and self-sufficiency and personal development for women. For more information about YWCA Dayton visit www.ywcadayton.org or follow on social media @ywcadayton. (AD)

Registration is not required.



10:00 – 10:30 a.m. is a special sensory time with reduced noise and lights. Participants will be discouraged from honking horns or turning on lights. After 10:30 a.m. this event is LOUD. Please consider providing ear protection for your child(ren) if sensitive to sound. No pets, please.

Registration closes 48 hours prior to all programs unless otherwise indicated.

Early Adventures Hikes

Ages 0 – 4 years with adult companion
Fee/session: \$4 nonresidents

March Adventures

Tuesday, March 3
 10:00 – 11:00 a.m. **OR** 5:30 – 6:30 p.m.
OR Thursday, March 5
 10:00 – 11:00 a.m.
Iron Horse Park
 6161 Millshire Dr.
 (paved path)

April Adventures

Tuesday, April 7
 10:00 – 11:00 a.m. **OR** 6:00 – 7:00 p.m.
OR Thursday, April 9
 10:00 – 11:00 a.m.
Bill Yeck Park, Smith House
 2230 E Centerville Station Rd.
 (natural path)

May Adventures

Tuesday, May 5
 10:00 – 11:00 a.m. **OR** 6:00 – 7:00 p.m.
OR Thursday, May 7
 10:00 – 11:00 a.m.
Pleasant Hill Park
 358 Zengel Dr.
 (natural path)

Parents and their little ones will experience the spring sights and colors and enjoy the pleasant chirping of birds. These leisurely hikes provide great family time in nature.

Backpacks and front carriers are appropriate if your child is not walking. Strollers are not recommended at parks with natural terrain. (JK)

W.I.L.D. Tots and Trees

Ages 1 – 3 years with adult companion
Wednesdays, April 15, 22 & 29
 5:30 – 6:30 p.m.
Bill Yeck Park, Smith House
 2230 E. Centerville Station Rd.
Fee: \$45 residents, \$54 nonresidents
Registration deadline: Wednesday, April 1

Join the teachers of the W.I.L.D. Child Nature Preschool Program for a beautiful play-based program connecting your tot to the natural world. They will enjoy nature play with friends, hiking for little legs, and activities such as sensory play and process art. We will end the evening with a nature-themed 'wind down' to help prepare your littles for a good night of rest. Outdoor appropriate clothing is required. (KL)

Storytime Strolls

Ages 18 months – 4 years with adult companion
Fridays, March 13, April 10 AND/OR May 8
 10:30 – 11:30 a.m.
Bill Yeck Park, Smith House
 2230 E. Centerville Station Rd.

Storytime with the Washington-Centerville Public Library! After the story, the group will take a stroll in the park to search for sights, sounds, smells and textures that tie to our story's theme. (AP)



washingtoncenterville
 PUBLIC LIBRARY
www.wclibrary.info



Preschool Nature Series

In Like a Lion

Ages 3 – 5 with adult companion

Thursday, March 19

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$4 nonresidents

What is the weather like outside today? We will learn about weather patterns and clouds through a craft and a hike. (KL)

Roly-Poly Pals

Ages 3 – 5 with adult companion

Thursday, April 23

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$4 nonresidents

Roly-polys are waking up under their logs. We will investigate roly-poly life cycles and how they see the world! Hike takes place on an accessible, crushed limestone path. (KL)

Try Camping Mini Program

Ages 3 – 6 with adult companion

Thursday, May 21

6:00 – 8:00 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$4 residents, \$6 nonresidents

Registration deadline: Monday, May 18

Not quite ready to commit to an overnight? Let's go camping for two hours! We will make hot dogs and s'mores over the fire, put up a tent and take a short night hike. All food will be provided. (KL)

Overnight Camping

Ages 3 – 6 with adult companion

Friday, May 22 – Saturday, May 23

6:00 p.m. – 9:00 a.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee/family: \$30 residents, \$39

nonresidents

Registration deadline: Monday, May 18

Kick off summer outdoor play with camping! Bring a tent and camping gear and we will take care of the fire, dinner and breakfast! The Smith House will remain open for restroom use throughout the night. Special evening activities will bring out the nature adventurer in your preschooler! (KL)



Storytime Yoga

Ages 3 – 6 with adult companion

Saturday, May 2

10:00 – 11:00 a.m.

Donnybrook Park

6161 Donnybrook Dr.

Fee/family: \$15 residents, \$20

nonresidents

Registration deadline: Monday, April 27

Join certified Color Me Yoga Instructor, Megan Pooler, for this fun parent and child yoga program geared toward 3- to 6-year-olds (older and younger siblings welcome). Each yoga session will include breathing techniques, games, simple yoga poses and a craft. Yoga mats provided. This is not a drop-off program, parents/guardians are encouraged to participate. (JH)



Intergenerational Series

Ages 3 – 6 with grandparent(s)

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee/session: \$4 nonresidents

The Intergenerational Series is only for grandparents and their grandchildren. Parents and other caregivers may attend any of our other programs.

Grandchildren will celebrate spring with a craft, story and game with their grandparents! (AD)

Spring Showers

Friday, March 20

10:00 – 11:00 a.m. **OR** 1:30 – 2:30 p.m.

OR 6:00 – 7:00 p.m.

Registration deadline: Friday, March 13

May Flowers

Friday, May 15

10:00 – 11:00 a.m. **OR** 1:30 – 2:30 p.m.

OR 6:00 – 7:00 p.m.

Registration deadline: Friday, May 1

Creative Kids Corner

Ages 4 – 5

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Wednesday, February 26

Session A

Thursdays, March 12, April 9 & May 7

2:00 – 3:00 p.m.

Session B

Fridays, March 13, April 10 & May 8

10:00 – 11:00 a.m.

This drop-off program features games, a story and a craft all revolving around a fun seasonal theme. Children are encouraged to wear old clothes.

Online resident registration begins
Monday, February 10, 10:00 a.m.

Creature ComMOTION

Ages 4 – 6

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee/session: \$9 nonresidents

Session A

Wednesdays, March 4 – March 25

1:00 – 1:45 p.m.

Registration deadline: Wednesday,
February 26

Session B

Wednesdays, April 8 – April 29

1:00 – 1:45 p.m.

Registration deadline: Wednesday,
April 1

Session C

Wednesdays, May 6 – May 27

1:00 – 1:45 p.m.

Registration deadline: Wednesday,
April 29

Little ones will learn animal sounds and movements that assist in motor development and rhythmic skills. They will have an opportunity to interact with other children their age. They will enjoy activities with an animal theme, age-appropriate equipment and fun music. Participants will learn fascinating facts about animals from A to Z, found in our parks and around the world! Group and individual activities will be included for them to expand their social skills and be creative. (AP)

CHILDREN'S PROGRAMS (AGES 5 – 17)



Children's Yoga Series

Ages 5 – 8

Saturdays, April 4, 11, 18 & 25

Noon – 1:00 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee: \$18 residents, \$25 nonresidents

Let's spring into spring! Children will stretch, balance and strengthen the body while learning yoga poses from certified Color Me Yoga Instructor Megan Pooler. A blend of nature and exercise, children will learn about the changes Mother Nature showcases through nature walks and spring nature facts during the first part of each class. They will finish with a fun-filled, quiet yoga session. All equipment provided. (JH)

Creeks, Rivers, Oceans, Action!

Ages 5 – 8

Saturday, March 14

1:00 – 3:00 p.m.

Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.

Fee: \$4 residents, \$6 nonresidents

Registration deadline: Tuesday,
March 10

March 14 is International Day of Action for Rivers! Children will learn about the wildlife that lives in our creeks and rivers, as well as some creatures in the oceans! They will listen to stories about aquatic creatures and learn the importance of helping them by recycling and keeping trash out of our waterways. Then, children will create artwork of their favorite river or ocean creature using recycled materials. (AD)

The Buzz on Bees

Ages 5 – 8

Saturday, April 11

1:00 – 2:30 p.m.

Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Tuesday,
March 31

In this fun-filled program focused on one of our amazing pollinators, participants will learn all about bees, and why they are important to the planet. We will read books about bees and take a nature hike through the meadows and to the park's apiary. We will also build a bee home for your garden and create bee-inspired artwork. Let's learn what the buzz on bees is all about! (AD)

 This is an Earth Month Celebration program!

All Around the Garden

Ages 5 – 9

Thursdays, March 12, April 9 & May 14

4:00 – 5:00 p.m.

Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Sunday, March 8

Children will learn all about the animals and habitats in their gardens, backyards and parks! They will get to explore the great outdoors through a nature hike, games, art and music. (AD)



Registration closes 48 hours prior to all programs unless otherwise indicated.

Equestrian Field Trip with Therapeutic Riding Institute

Ages 5 – 17

Sunday, April 19

1:00 – 3:00 p.m.

Therapeutic Riding Institute

3960 Middle Run Rd., Spring Valley

Fee: \$20

Registration deadline: Sunday, April 12



TRI was the first in our region to offer equine-assisted services to people with disabilities.

We are pairing up again to offer field trip opportunities to those with special needs. Individuals will meet horses, learn to brush horses, lead horses through an obstacle course, play games and more. (AP)

Please note, TRI has a new location!

Participants are responsible for their own transportation to TRI. All participants must pre-register and have all forms for the Park District and TRI completed before arriving on site.



Art & Imagination

Ages 6 – 8

Tuesdays, March 17, April 14 & May 12

4:30 – 5:30 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Wednesday, March 11

Does your child love art time? This drop-off program is designed to give your child an opportunity to get creative by trying new things and designing a unique project based on a monthly theme. Participants should wear old clothes because things could get messy! Parents are not required to stay for this program. (AD)



Explorers

Grant Park

501 Normandy Ridge Rd.

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Friday, April 3

Junior Explorers

Ages 6 – 8

Wednesdays, April 8 – May 13

4:00 – 5:30 p.m.

Outdoor Explorers

Ages 9 – 12

Mondays, April 6 – May 11

4:30 – 6:00 p.m.

Studies show that outdoor play is vital to child development and well-being. Children will learn about nature through play, discovery and challenges. Send them prepared for outdoor play!

We occasionally celebrate the last session of the season with a campfire and s'mores. Please let us know if your child has any dietary restrictions by answering the custom questions upon registration. (KL)

After School Yoga

Ages 7 – 10

Tuesday, March 31 AND/OR Tuesday, April 21

5:00 – 6:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$10 residents, \$13 nonresidents

Children can wind down after school with certified Color Me Yoga Instructor Megan Pooler. They will enjoy a relaxing hour of breathing techniques, games, yoga poses and meditation.

Yoga mats will be provided. Sign up for one or both sessions. (JH)

Riding Lesson

Ages 7 and up

Saturday, April 25

Ends Meet Equestrian

9306 Kenrick Rd.

Fee: \$39

Registration deadline: Monday, April 13

Ages 7 – 10: 9:30 – 10:30 a.m.

Ages 11 – 15: 11:00 a.m. – noon

Ages 16 and up: 1:00 – 2:00 p.m.

We are teaming up with Ends Meet Equestrian to provide your child an opportunity to learn what horse care and riding are all about! After going through the basics, participants will take a trail ride to explore wildflower areas. (AP)



Nature Design Challenges

Ages 7 – 13

4:30 – 5:30 p.m.

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Thursday, February 27

Tuesday, March 3

Wagon Trail Park

8450 Washington Village Dr.

Tuesday, April 7

Watkins Glen Park

825 Watkins Glen Dr.

Tuesday, May 5

Greene Line Park

6774 Crossbrook Dr.

All engineers on deck! Meet at your local neighborhood parks for a fun-filled afternoon of science and engineering using materials from nature! Participants will plan, build and test their designs for a surprise STEM challenge of the day! (AD)



**Online resident registration begins
Monday, February 10, 10:00 a.m.**

Registration is required for all programs unless otherwise indicated.

Discovering STEAM in Nature

New!

Ages 8 – 12

Thursdays, April 9 – 30

6:00 – 7:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$20 residents, \$26 nonresidents

Registration deadline: Friday, April 3

Science, Technology, Engineering, Art and Math! Each session will focus on these topics individually and how they connect to nature. We will conduct experiments, go on hikes and learn about potential careers in these fields. Come ready to create, explore and discover! (AP)

Mad Science University

Ages 8 – 12

Wednesdays, May 6 – 27

6:30 – 7:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$20 residents, \$26 nonresidents

Registration deadline: Friday, May 1

Science is all around us! Children will experiment with items we use every day to create something fascinating. We are putting science to the test as your child learns about chemistry and physics. (KL)

Crafting Club

Ages 9 – 13

Thursdays, March 5, April 2 & May 7

4:30 – 5:30 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$9 residents, \$12 nonresidents

Registration deadline: Monday,
March 2

This fun after-school program covers basic crafting skills and techniques used to create handmade decorations and keepsakes — all while making friends. We provide everything needed with no mess, prep or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock. (AD)

Carnivorous Plant Ecology and Care

New!

Ages 12 – 15

Saturday, April 4

3:00 – 4:30 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$12 residents, \$16 nonresidents

Registration deadline: Wednesday,
April 1

Carnivorous plants occupy an interesting niche in Ohio's ecosystem. We will learn about native carnivorous plants, where they can be found, and the role they play. In addition, participants will get to take home their own carnivorous plant and learn about its care. (KL)



Capture the Flag and Bonfire

Ages 12 – 17

Friday, April 17

5:30 – 7:00 p.m.

*Grant Park
501 Normandy Ridge Rd.*

Fee: \$5 residents, \$7 nonresidents

Come to the park and kick off spring weather with a little friendly competition and a warm fire. We will split the group into two teams to see who can sneak away untouched with the opposite team's flag. Afterward, we will enjoy the fire with s'mores and music. (AP)



W.I.L.D. About Stories

All ages

**Saturdays, March 7, April 4 AND/OR
May 2**

10:30 a.m. – noon

*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*

Fee/family/session: \$12 residents, \$16 nonresidents

Join the teachers of W.I.L.D. Child Nature Preschool for adventure storytelling paired with a hike, activity and snack to match the theme of the story. Children will use their five senses to explore and investigate through sensory play and process art opportunities. Each month will be a different adventure storybook and is fun for the whole family! Please dress for an outdoor experience. (KL)

Let's Meet Up: Nature Playce

All ages

**Tuesdays, March 10, April 7 AND/OR
May 5**

10:00 – 11:00 a.m. OR 5:30 – 6:30 p.m.

*Grant Park, Mark Kreusch Nature Playce
6588 McEwen Rd.*

Enjoy fresh air and sunshine. Meet other parents/caregivers and their children. Explore Grant Park's Mark Kreusch Nature Playce during this casual meet up! Staff will occasionally join in the fun and bring extra activities! (AD)

Registration is not required.



AccessAbility

A collaboration between the Centerville-Washington Park District, Washington-Centerville Public Library and the Washington Township Recreation Center! AccessAbility rotates locations based on the monthly host. Activities will be adapted to give participants of all ages and abilities an enriching sensory, social and physical experience. (KM)

Spring Discovery

Recommended for ages 6 and up

Thursday, March 12

6:00 – 7:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$6 residents, \$9 nonresidents

As spring gets closer, animals are becoming more active. Come learn about what animals do after hibernating all winter! Then, we will paint spring landscapes, inspired by the gorgeous prairie surrounding the Kennard Nature Nook!

Aquatics Expo

All ages

Saturday, April 18

10:00 a.m. – 1:00 p.m.

*Washington Township Rec Center
895 Miamisburg-Centerville Rd.*

Fee: \$3 (includes one participant + one caregiver)

In partnership with Special Olympics Ohio, the Rec Center is making a splash as we gather for a day of fun aquatic activities. Participate in water fitness demos, mock swim lessons, swim evaluations, race down the water slides, learn water safety skills and swim in the rec pool and diving well! Register at washingtontwp.org/aquatics.

Game On!

All ages

Saturday, May 9

2:00 – 4:00 p.m.

*Centerville Library
111 W. Spring Valley Pike*

Enjoy an afternoon of video games and board games! Meet new friends while playing games such as Just Dance, Candy Land, Monopoly and Mario Kart. Different games for all ages and abilities will be available. Register at wclibrary.info/.

Family Nature Workshop: Wild Canines

All ages

Saturday, March 21

10:00 – 11:30 a.m.

*Bill Yeck Park, Smith Entrance
2230 E. Centerville Station Rd.*

Fee/family: \$6 residents, \$8 nonresidents



Learn all about wild canine residents of Centerville. We will explore the life histories of the coyote, red fox and gray fox. We will also touch on the wild canine that is no longer in Ohio — the wolf! (KL)

Little Red Wagon Parade

All ages

Wednesday, March 25

6:00 – 7:30 p.m.

*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*

Fee/family: \$4 nonresidents

Spring is here and it's National Little Red Wagon Day! Bring your wagons to the park for a parade on the new paths! Each family will decorate flags to place on their wagons and we will parade through the forest and prairie! Of course, there will be a stop at the Forest Field Park playground before we make our way back. (KL)

New!

Wildlife Rehab with Glen Helen Raptor Center

Ages 10 and up

Thursday, March 26

6:30 – 8:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Join the Washington-Centerville Public Library and the Park District for a presentation on just what goes into rehabilitating a wild animal for release. Glen Helen will bring some of their animal ambassadors and share stories of recovery. They will teach you what can be done to help all animals thrive in their natural environment. (KL)

Tools to Trek

Attend Tools to Trek programs to earn a free Trek Pack! Print your Tools to Trek tracking sheet on www.cwpd.org. Bring your tracking sheet to Tools to Trek programs to collect stamps. Once your sheet is full, turn it in to collect your prize!




**Online resident registration begins
Monday, February 10, 10:00 a.m.**



Nocturnal Nature Series


Dancing Woodcocks

Ages 5 and up
Friday, March 27
7:45 – 9:15 p.m.
Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.
Fee/family: \$4 nonresidents

 We will head out at dusk to search for the American Woodcock and observe their spectacular dance! (KL)


Frog Chorus

All ages
Friday, April 24
8:00 – 9:30 p.m.
Grant Park
501 Normandy Ridge Rd.
Fee/family: \$4 nonresidents

 Frogs begin their songs in early spring. We will hike to the wetland and the pond to see who is singing! (KL)

Spider Search

All ages
Friday, May 8
8:30 – 9:30 p.m.
Grant Park
501 Normandy Ridge Rd.
Fee/family: \$4 nonresidents


 Some spiders come out at night! We will meet our nocturnal arachnids on this slow-paced hike. Flashlights recommended. (KL)



Bat Appreciation

All ages
Friday, April 17
7:00 – 8:30 p.m.
Bill Yeck Park, Smith Entrance
2230 E. Centerville Station Rd.
Fee: \$4 nonresidents




 It's International Bat Appreciation Day! Let's appreciate everything bats do for us by learning about them through a hike and activities. Bring a blanket or chairs for your family. Hike takes place on an accessible crushed limestone path. (KL)



Beautiful Blooms Wildflower Tour

All ages
Saturday, April 18
10:00 a.m. – noon
Grant Park
501 Normandy Ridge Rd
Fee/family: \$4 nonresidents

 These tiny treasures can only be seen for a short time! Join us as we search for all the spring wildflowers the forests have to offer. (KL)

Recycle, Reduce, Reuse Workshop

All ages
Saturday, April 18
2:00 – 3:30 p.m.
Grant Park, Kennard Nature Nook
6588 McEwen Rd.
Fee/family: \$4 nonresidents

Reduce your carbon footprint as a family! Learn ways to help the environment by recycling properly and reusing items in different ways. Parts of this program will take place outdoors. (KL)

 **This is an Earth Month Celebration program!**

Neighborhood Park Spring Spruce Up

New!

All ages
Sunday, April 19 – Saturday, April 25
Rally family and neighbors to spruce up your neighborhood park this spring!

Complete a checklist of tasks during National Volunteer Week and your team will have a chance to **win a free movie party for your park** — including popcorn and treats! Each person who shows up and works during your Spruce Up is another entry in the contest. Every participant will receive a prize!

Register one point person for your team.

For additional details, contest rules and a list of eligible parks, please see www.cwpd.org. (GC)



Tree Planting and Care

All ages
Saturday, April 25
(Rain Date: Sunday, April 26)
10:00 – 11:30 a.m.
Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.
Fee/family: \$4 nonresidents

Help the Park District plant trees for Arbor Day! We will teach families how to plant and care for very young trees. Families will get to take home a tree to plant in their own yard! (KL)

 **This is an Earth Month Celebration program!**

Registration closes 48 hours prior to all programs unless otherwise indicated.

Registration is required for all programs unless otherwise indicated.

Butterfly Surveys


Recommended for ages 8 and up
Grant Park
501 Normandy Ridge Rd.

Survey A

Saturday, April 25
1:00 – 3:00 p.m.

Survey B

Saturday, May 30
10:00 a.m. – noon

 Help contribute to citizen science by joining the naturalist on Butterfly Surveys. Identify and count butterflies while observing other seasonal wildlife as we stroll. No experience necessary. Trail is approximately one mile in length on uneven terrain. (KL)

2019 Butterfly Survey Results



Eastern Tailed Blue

This was our 9th year documenting butterflies in Grant Park! All results are sent to the Cleveland Museum of Natural History to be included with other data from around the state. In 2019, we counted 190 individual butterflies during 10 surveys.

Monarch numbers were at a record high! We also spotted a larger than usual number of Tiger Swallowtails.

Top butterfly species observed:

Cabbage White
Eastern Tailed Blue
Clouded Sulphur
Summer Azure
Monarch

We hope you will consider joining us for a 2020 butterfly survey!

Homeschool Nature Club: Reptiles and Amphibians

All ages
Monday, April 27
10:00 – 11:30 a.m.

Grant Park
501 Normandy Ridge Rd.

Fee/family: \$4 nonresidents

We will discuss similarities and differences in the physiological characteristics of reptiles and amphibians, hike to the pond and use dip nets to investigate their habitat. (KL)

Homesteading Ohio

All ages
Saturday, May 2
(Rain date: Sunday, May 3)
2:00 – 4:00 p.m.

Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.

Fee/family: \$4 nonresidents

Did you play Oregon Trail as a child? Join the Park District and Centerville-Washington History to experience a live simulation! Your family will meet some of Centerville's early founders and learn about the hardships they faced traveling to Ohio! Pack your wagons, encounter scenarios and challenges and hunt for food. See if you have what it takes to make it as a pioneer and arrive safely at your new home! Trail is approximately one mile in length on a crushed limestone path. (KL)



Centerville-
Washington History




Photo by William H. Majors

Migratory Bird Day Celebration

All ages
Saturday, May 9
1:00 – 2:30 p.m.

Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.

Fee/family: \$4 nonresidents

 The birds are coming! Celebrate by learning about migration, feathers, birdsong, and by searching for them on a hike. Binoculars are encouraged but not needed. A limited supply will be available to borrow.

Please register only one family member. Hike takes place on a crushed limestone path. (KL)



Online resident registration begins
Monday, February 10, 10:00 a.m.

FAMILY WELLNESS



Friends & Family Hikes

All ages

Attend at least three out of five Friends and

Family Hikes in the 2020 series and receive a free t-shirt!

All Things Green Hike

Saturday, March 21

9:30 – 10:30 a.m.

Grant Park

501 Normandy Ridge Rd.

Join our trail guides as we look for green and signs of spring along our hike. What will you hear, see and smell as you hike around this nature park? (JH)

Kids to Parks Day Hike

Saturday, May 16

9:00 – 10:30 a.m.

Forest Field Park

2100 E. Centerville Station Rd.

Join us for a family-friendly hike on Kids to Parks Day! What better day to take a hike in one of Centerville and Washington Township's favorite parks! Staff and volunteers will lead participants over to Bill Yeck Park for a nature hike. Families can stay after the hike and enjoy the Forest Field Park playground! (JH)



Registration closes 48 hours prior to all programs unless otherwise indicated.



Family Garden Day: Plant a Kitchen Garden

All ages

Monday, March 23

6:30 – 7:30 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee/garden box: \$12 residents, \$18 nonresidents

Registration deadline: Thursday, March 19

Add a little spice to your family's nightly dinner routine — plant a window herb garden! Learning how plants grow has never been more fun. Maybe this will “grow” into a new family “thyme” tradition? All supplies will be provided.

Receive a garden box for each paid family member. Other family members are welcome to attend and join in the fun! (AP)

Spring into Archery

Ages 8 and up (*ages 8 – 17 must be accompanied by an adult 21 years or older*)

Tuesday, March 31 – Thursday, April 2
5:30 – 7:00 p.m.

Oak Grove Park, Archery Range
1790 E. Social Row Rd.

Fee: \$25 residents, \$30 nonresidents

Registration deadline: Friday, March 27

Celebrate Spring Break with a staycation activity! We will learn the basics of NASP competition-style archery with basic instruction and a friendly competition at the end of this three-day course. All equipment is provided. (AP)

Mom and Me Wellness

Families with children ages 6 – 14

Sunday, May 3

2:00 – 4:00 p.m.

Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee/family: \$15 residents, \$22 nonresidents

Registration deadline: Monday, April 27

Take a break together! Create memories during an afternoon of calm activities. We will start with a short activity, making spa bath fizzies, and then take a wellness hike through the meadow. Learn a new DIY and relax as a family! (AP)

New!

Family Spring Poetry Walk

Families with children ages 8 and up

Sunday, May 17

4:00 – 5:00 p.m.

Grant Park

501 Normandy Ridge Rd.

Begin the week with a clear mind and a calm heart. We will enjoy a peaceful walk and exhale the worries away, stopping to enjoy silly and relaxing poems in the park. This program is in partnership with the Washington-Centerville Public Library. (AP)



washingtoncenterville
PUBLIC LIBRARY

www.wclibrary.info

ADULT PROGRAMS

Booked for Lunch

Ages 18 and up

Wednesdays, March 4, April 1 & May 6

11:30 a.m. – 12:30 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

A collaborative program with Centerville-Washington History and the Washington-Centerville Public Library, Booked for Lunch is a monthly lunchtime discussion on a nature-related or historical fiction or nonfiction book.

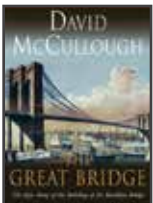
(AP)

Due to space limitations, pre-registration is required for all Booked for Lunch meetings at the Smith House. A monthly drop-in discussion of the same book is also offered on the same day of each month at the Woodbourne Library from 1:30 – 2:30 p.m.



March Discussion

The Worst Hard Time: The Untold Story of Those Who Survived the Great American Dust Bowl, by Timothy Egan



April Discussion

The Great Bridge: The Epic Story of the Building of the Brooklyn Bridge, by David McCullough



May Discussion

The Huntress: A Novel, by Kate Quinn

How to Series

Ages 16 and up

New!

Reduce Your Footprint

Thursday, March 5

6:30 – 7:30 p.m.

Activity Center Park, Headquarters

221 N. Main St.

Fee: \$4 nonresidents

Learn tips on how to reduce waste and shrink your carbon footprint! Join us for an informative lecture on how to move toward waste-free living and how to get your new lifestyle started. (AP)

Recycling Class

Tuesday, March 10

6:00 – 7:00 p.m.

Activity Center Park, Community Room

221 N. Main St.

Fee: \$4 nonresidents

What can you really recycle? With so much conflicting information available, it can seem impossible to know what is right and what is wrong. Clear up this confusion with a lecture by Montgomery County Environmental Services! (AP)

Learn Ukulele

Tuesday, March 24

6:00 – 7:00 p.m.

Activity Center Park, Community Room

221 N. Main St.

Fee: \$8 residents, \$11 nonresidents

Registration deadline: Tuesday, March 17

Learn to play an instrument in an hour! The Guitar Man, Jim McCutcheon, leads this lesson on beginning ukulele instruction. No prior musical experience required! Ukuleles will be provided. (AP)

Cake Decorating

Tuesday, April 7

6:00 – 7:00 p.m.

Activity Center Park, Community Room

221 N. Main St.

Fee: \$25 residents, \$30 nonresidents

Registration deadline: Wednesday, April 1

Learn how to decorate a cake like the pros! The experts from Love Cakes by Dorothy Lane Market will demonstrate a native flower-themed decoration everyone can achieve! All supplies provided. Cake will be yours to take home and enjoy! (AP)

Outdoor Photography

Monday, May 4

6:00 – 7:00 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$4 nonresidents

Registration deadline: Friday, May 1

Taking pictures in inconsistent outdoor conditions can be tricky! Staff photographer Katie Swift will be on hand to answer questions and offer suggestions while you shoot outdoor photos in the park. Bring your preferred device — whether it's an SLR, compact camera or your phone — all are welcome! (AP)



Online resident registration begins Monday, February 10, 10:00 a.m.

Glass Fusing: Flower Garden

Ages 16 and up

Wednesday, March 4

6:00 – 8:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$60 residents, \$80 nonresidents

Registration deadline: Wednesday, February 26

Let spring shine in! Use fused glass to create a whimsical spring flower design. Learn skills to cut glass and principles of kiln-fired glass from instructor Kathy Woodruff. Finished artwork is 15" wide and 9" tall or an 11.75" circle to hang in your window! Projects will be available for pick up from CWPD Headquarters during office hours approximately one week after class. (AD)



String Art

Ages 16 and up

*Activity Center Park, Community Room
221 N. Main St.*

New!

Native Flower

Friday, March 6

6:00 – 8:00 p.m.

Fee: \$25 residents, \$30 nonresidents

Honey Bee

Saturday, March 21

2:00 – 4:00 p.m.

Fee: \$30 residents, \$35 nonresidents

Registration deadline:

Wednesday, March 18

Join a local artist from It's the Little Strings. She will guide you through a pre-designed maze of nails using strings on a wood board. (AP)



Registration closes 48 hours prior to all programs unless otherwise indicated.

Miami Valley Leave No Child Inside Summit

Ages 18 and up

Saturday, March 7

8:00 a.m. – 1:00 p.m.

*Brukner Nature Center
5595 Horseshoe Bend Rd., Troy*

Registration deadline: Wednesday, March 4

The 9th annual Miami Valley Leave No Child Inside Summit will feature workshops, keynote, award presentations and free admission to Brukner Nature Center for the day. Connect kids with nature and learn how you can help children and families discover the benefits of unstructured outdoor play. Ohio Approved Education Sessions are available. Snacks provided. (KL)

Adult Crafting Club

**Wednesdays, March 11, April 8 AND/
OR Thursday, May 7**

6:30 – 8:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee/session: \$12 residents, \$18 nonresidents

Registration deadline: Friday before each session

This group is all about creating something fun and unique for your home, office or as a gift for someone special. We will create one to two projects each month. All materials will be provided. (AP)



Intro to Creating a Backyard Pollinator Garden

Ages 18 and up

Saturday, March 14

1:00 – 2:30 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

A pollinator garden can be beautiful as well as useful. Many pollinator species have suffered serious declines in recent years. Unfortunately, most of our landscapes offer little in the way of appropriate habitat, forage and housing. This is the time to begin planning your gardens. Learn varieties of plants and flowers you can add to your garden to attract pollinators! (KL)

Chat with a Naturalist

Ages 18 and up

10:00 – 11:00 a.m.

*Rec West Enrichment Center,
Main Entrance*

965 Miamisburg-Centerville Rd.

Plants vs. Animal

Monday, March 16

How do plants defend themselves against herbivores? The answer may surprise you! This chat will have you coming away with a new opinion of our leafy friends.

Registration is not required. (KL)

Bluebirds Aren't the Only Blue Birds

Monday, May 18

Eastern Bluebirds are just one of many blue birds we have in Ohio. Learn about the life histories of our other noteworthy blue birds!

Registration is not required. (KL)



Decoy Art: Clay Fairy Doors

Ages 14 and up

Fridays, March 20 & 27

7:00 – 8:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$49 residents, \$60 nonresidents

Registration deadline: Sunday, March 15

Make your own unique fairy door out of two pounds of clay! We will paint the fairy doors the second evening. Doors will be fired and available for pick up in approximately one week. (AD)

Hike with a Naturalist

Ages 14 and up (under 18 must be accompanied by an adult)

Fee: \$4 nonresidents

Dusk Stroll

Tuesday, March 24

6:30 – 8:00 p.m.

Grant Park

501 Normandy Ridge Rd.

Wildflower Walk

Wednesday, April 8

6:00 – 7:30 p.m.

Bill Yeck Park, Rooks Mill Entrance

8798 Rooks Mill Ln.

Migratory Birds

Saturday, May 9

8:00 – 10:00 a.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Join us once a month for a hike through our parks. We will enjoy seasonal changes and observe wildlife. (KL)

Holistic Approaches to Pain Relief

Ages 16 and up

Wednesday, March 25

6:00 – 7:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$20 residents, \$24 nonresidents

Registration deadline: Thursday, March 19

Spring is a great time to take long hikes. Unfortunately, sometimes it can leave you feeling a bit sore. We will discuss several models of holistic health to help bring comfort and relieve pain in a natural way. Class is taught by Patti McCormick, RN, Ph.D., from the Institute of Holistic Leadership. (AD)

Adult Spring Poetry Walk

Ages 18 and up

Friday, April 3

8:00 – 9:00 a.m.

Grant Park

501 Normandy Ridge Rd.

Enjoy a peaceful walk to begin your day. Begin your weekend with a clear mind and calm heart. We will stop to enjoy light-hearted poems about mindfulness and new growth in the park. This program is in partnership with the Washington-Centerville Public Library. (AP)



washingtoncenterville
PUBLIC LIBRARY

www.wclibrary.info

Water Management: Landscape, Lawns and Vegetables

Ages 16 and up

Saturday, April 4

3:00 – 4:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Experts from Ohio State University Extension will host a discussion on water quality and equipment and techniques to provide sufficient water for a sustainable landscape, lawn or vegetable garden. (AP)

 **This is an Earth Month Celebration program!**



Fly Fishing 101

Ages 12 and up

Tuesdays, April 7 & 14

5:00 – 8:00 p.m.

Rosewood Park

475 Roselake Dr.

Fee: \$35 residents, \$65 nonresidents **OR**
\$20 residents, \$35 nonresidents per class

Registration deadline: Wednesday, April 1

Learn fly fishing basics on site, instructed by professionals from ReelFlyRod.com. Attend just one or both of these beginner-level lessons on fly casting, outfit rigging, fly selection and presentation. Rods, reels and flies provided. (AP)

Backcountry Camping Basics

Ages 18 and up

Saturday, April 11

2:00 – 4:00 p.m.

Grant Park

501 Normandy Ridge Rd.

Fee: \$12 residents, \$15 nonresidents

Registration deadline: Monday, April 6



What skills does it take to go on a backpacking trip? In this course expert outdoorsmen from Great Miami Outfitters will cover the basics with demonstration and hands-on practice. You will use different types of water filters, hang your food from a tree, designate areas in your campsite, set-up a tent or hammock, and safely light a camp stove. (AP)

**Online resident registration begins
Monday, February 10, 10:00 a.m.**

Registration is required for all programs unless otherwise indicated.

The Art of Sprouting

Ages 16 and up

Monday, April 13

6:00 – 7:30 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$20 residents, \$24 nonresidents

Registration deadline: Wednesday, April 8

Spring is for sprouting! Five days after this class, you can be adding nutritious greens to your meals! We will discuss the nutritional benefits of adding sprouts to your diet and demonstrate the ease of growing sprouts in your own kitchen.

You will have the opportunity to taste several types of sprouts and learn to use them in meal preparation. Class is taught by Patti McCormick, RN, Ph.D., from the Institute of Holistic Leadership. Sprouting jars and lids will be available for purchase, however you do not need to purchase them to attend. (AD)



Water Resources: Local Control and Local Solutions

Ages 16 and up

Wednesday, April 15

6:00 – 7:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

A lecture from our nationally-recognized Centerville High School Environmental Management students! Presenters will share their research on how to responsibly and effectively manage valuable water resources. (AP)

Registration closes 48 hours prior to all programs unless otherwise indicated.

Decoy Art: Clay Plaques

Ages 18 and up

Fridays, April 17 & 24

6:30 – 8:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$49 residents, \$60 nonresidents

Registration deadline: Friday, April 10

Use your imagination to create a custom plaque using two pounds of clay. Tools and clay provided. Plaques will be taken back to Decoy Art for their first firing and brought back to be painted with glaze the second evening. Participants will be texted when their pieces are ready for pick up from Decoy Art Center (approximately 12 days). (AP)

Hammock Basics: Camping and Lounging

Ages 16 and up

Friday, April 24

6:00 – 7:00 p.m.

Wagon Trail Park

8450 Washington Village Dr.

Fee: \$7 residents, \$10 nonresidents

Registration deadline: Monday, April 20



Whether you are stringing up a hammock for a relaxing day off or using it as a lightweight camping shelter, this course will teach you the basics of setting up safely and effectively. Get hands on practice and try out different hammocks. Learn everything you need to know to keep you warm, dry and safe at night. (AP)

Riding Lesson

Ages 16 and up

Saturday, April 25

1:00 – 2:00 p.m.

Ends Meet Equestrian

9306 Kenrick Rd.

Fee: \$39

Registration deadline: Monday, April 13

We are teaming up with Ends Meet Equestrian to provide you an opportunity to learn what horse care and riding are all about! After going through the basics, participants will take a trail ride to explore areas of wildflowers. (AP)



Painting in the Landscape

Ages 18 and up

Friday, May 1

6:30 – 8:00 p.m.

Bill Yeck Park,

Smith House

2230 E. Centerville Station Rd.

Fee: \$35 residents, \$42 nonresidents

Registration deadline: Monday, April 27

Join a local artist from Decoy Art Center for an evening on the covered deck learning the art of “en plein air” painting. Enjoy fresh air and the calming sights of the park prairie. (AP)



Intro to Fly Ties

Ages 16 and up

Tuesday, May 5

6:00 – 8:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Fee: \$70 residents, \$100 nonresidents

Registration deadline: Thursday, April 30

Learn to tie fly fishing ties, instructed by professionals from ReelFlyRod.com. Learn fly selection and types of materials used to perfect this art. Supplies provided. (AP)



Knots 101 on the Trail

Ages 18 and up

Tuesday, May 19

6:00 – 7:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$12 residents, \$15 nonresidents

Registration deadline: Thursday, May 14

Tying knots is a skill worth its weight in gold in the outdoors! Tents, hammocks, food storage, shelters, climbing, or tying a boat to your car rack are examples of when you need to tie a knot. You will learn a few basics knots and how to use them in real-world situations. Get hands-on practice setting up various campcraft. (AP)

ADULT WELLNESS

Yoga in the Park

Ages 18 and up
Grant Park, Kennard Nature Nook
6588 McEwen Rd.

Fee/session: \$52 residents, \$67 nonresidents

Session A

Mondays, March 2 – April 6

9:30 – 10:30 a.m.

Session B

Saturdays, March 7 – April 11

7:45 – 8:45 a.m.

Session C

Saturdays, March 7 – April 11

9:00 – 10:00 a.m.

Session D

Mondays, April 13 – May 18

9:30 – 10:30 a.m.

Session E

Saturdays, April 18 – May 23

7:45 – 8:45 a.m.

Session F

Saturdays, April 18 – May 23

9:00 – 10:00 a.m.

Method Studio's Megan Lees leads these yoga classes for all levels. Classes include warm-up, breath work, standing poses, flowing poses and end with relaxation. When weather permits, class will be held on the deck overlooking the meadow. Please bring a yoga mat and water. (JH)



Cardio Combo

New!

Ages 18 and up

7:00 – 8:00 a.m.

Activity Center Park, Community Room
221 N. Main St.

Fee/session: \$19 residents, \$25 nonresidents

Session A

Tuesdays, March 3 – March 24

Session B

Thursdays, March 5 – March 26

Cardio Combo is an easy to learn high-energy workout, making it perfect for people of all fitness levels. No pressure, no competition, no complicated moves ... just fun! By using a combination of aerobic dance movements, fast and slow rhythms, resistance training, balance and mat work, Cardio Combo classes help you to burn calories; improve cardiovascular performance; strengthen core, upper and lower body; and enhance coordination. Taught by dance fitness instructor, Janet Hartsock. Bring water, exercise mat and towel.

Cardio Combo classes will be held outdoors on the deck, with an option to move inside for inclement weather. We recommend dressing in layers for outdoor workouts. (JH)

Cardio Fit

New!

Ages 18 and up

Thursdays, March 5 – March 26

6:00 – 7:00 p.m.

Activity Center Park, Community Room
221 N. Main St.

Fee: \$19 residents, \$25 nonresidents

Cardio Fit combines both high and low-impact moves with a dance twist. Get your heart rate up and break a sweat while having fun. Many types of dance may be used in this class to keep you on your toes as you dance your way to fitness! This workout is easy to learn and suitable for all fitness levels. Taught by dance fitness instructor, Janet Hartsock. Bring water, exercise mat and towel. (JH)



A Walk in the Park

Ages 18 and up

Tuesdays & Thursdays,

March 3 – May 28

9:30 – 10:30 a.m.

Get outdoors, enjoy sunshine and fresh air while meeting other walking enthusiasts. These are self-guided walks around your community parks! Walking helps maintain a healthy weight, increases energy, lifts your spirits, strengthens memory and protects from heart disease and high blood pressure. Enjoy reduced stress, improved quality of sleep and the many benefits from an improved quality of life. It will be A Walk in the Park!

Staff will join the walks from time to time.

There is no registration deadline for this program. Join anytime! (JH)

Date	Park
March 3/5	Forest Field
March 10/12	Iron Horse
March 17/19	Yankee
March 24/26	Oak Creek South
March 31/April 2	Holes Creek*
April 7/9	Robert F. Mays
April 14/16	Oak Grove
April 21/23	Schoolhouse
April 28/30	Forest Field
May 5/7	Iron Horse
May 12/14	Yankee
May 19/21	Oak Creek South
May 26/28	Holes Creek*

*Overflow parking at The Gathering Church at 8911 Yankee Street.

Online resident registration begins
Monday, February 10, 10:00 a.m.



Hike for Your Health

Ages 18 and up

Wednesdays, March 4 – May 27

9:30 – 10:30 a.m.

Fee: \$15 nonresidents

Designed to get your heart rate up and get you moving outdoors this spring! Staff and volunteers will lead you on these guided, self-paced hikes. Hike for Your Health is also a wonderful opportunity to get to know some of your parks better. All hikes are on natural trails. Please wear appropriate shoes for trails that may be muddy.

There is no registration deadline for this program. Join anytime! (JH)

Date	Park
March 4	Bill Yeck, McGuffey Meadow
March 11	Forest Field
March 18	Grant, Normandy
March 25	Bill Yeck, Smith House
April 1	Grant, Watts
April 8	Bill Yeck, Rooks Mill
April 15	Forest Field
April 22	Grant, Normandy
April 29	Bill Yeck, Smith House
May 6	Grant, Watts
May 13	Bill Yeck, Rooks Mill
May 20	Forest Field
May 27	Grant, Normandy

Trail Trekking

Ages 18 and up

Fee/session: \$15 nonresidents

Session A

Fridays, March 6 – May 29

9:30 – 10:30 a.m.

Session B

Tuesdays, March 10 – May 26

6:00 – 7:00 p.m.

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The Cooper Institute research studies showed that Nordic walking burns more calories, increases oxygen consumption and can be 46% more efficient than normal walking. It's a great workout! Nordic poles provided are adjustable to your height.

There is no registration deadline for this program. Join anytime! (JH)

Date	Park
March 6	Holes Creek*
March 10/13	Robert F. Mays
March 17/20	Oak Grove
March 24/27	Schoolhouse
March 31/April 3	Forest Field
April 7/10	Iron Horse
April 14/17	Yankee
April 21/24	Oak Creek South
April 28/May 1	Holes Creek*
May 5/8	Robert F. Mays
May 12/15	Oak Grove
May 19/22	Schoolhouse
May 26/29	Forest Field

*Overflow parking at The Gathering Church at 8911 Yankee Street.

Tai Chi for Wellness

Ages 18 and up

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Fee: \$39 residents, \$51 nonresidents

Harvard School of Integrative Medicine tells us that the slow meditative movements, deep breathing and relaxation that is characteristic of Tai Chi practice creates a special biological state that activates our own capacity for body/mind wellness and healing. Great for stress relief, post-illness or with managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones.

Tai Chi is held outdoors, moving indoors for inclement weather.

Tai Chi Beginner

Saturdays, March 7 – April 25

10:30 – 11:30 a.m.

An introduction to Tai Chi and Qigong (pronounced Chi Kung) principles and form through Tai Chi Easy — a form created by Roger Jahnke, O.M.D. — to make Tai Chi accessible and fun for everyone. Taught by Judy Wilson, Certified Integral Qigong and Tai Chi Instructor. (JH)

Tai Chi Intermediate

Mondays, March 9 – April 27

7:00 – 8:00 p.m.

Continuing to develop Tai Chi and Qigong principles moving from Tai Chi Easy into Dr. Jahnke's Integral Tai Chi Form. Taught by Judy Wilson, Certified Integral Qigong and Tai Chi Instructor.

(JH)



Spend time this spring exploring your parks! Visit a park you've never explored before, or revisit an old favorite! Bring along the whole family for some exercise. These parks have paved multi-use trails great for walking, running and biking:

Bill Yeck, Black Oak, Forest Field, Holes Creek/Silvercreek, Iron Horse, Oak Creek South, Oak Grove, Robert F. Mays, Schoolhouse and Yankee Parks.

Registration closes 48 hours prior to all programs unless otherwise indicated.

Registration is required for all programs unless otherwise indicated.

Strollers in Motion

Adult caregivers with child 6 weeks – Pre K
9:30 – 10:30 a.m.

Fee/session: \$24 residents, \$32 nonresidents

Session A

Mondays, March 9 – April 6

*Activity Center Park, Community Room
221 N. Main St.*

Session B

Mondays, April 20 – May 18

*Schoolhouse Park
1875 Nutt Rd.*

Strollers in Motion is a stroller-based workout for moms, dads or other caregivers. Each total body workout incorporates power walking and strolling, strength training, balance work and toning. Strollers in Motion is an awesome way to get fit, meet new people, and have fun with your little ones! And, after some classes, special activities will be planned for the children! All new participants will receive a water bottle. Strollers in Motion is led by Strollercize® certified instructor, Caitlin Elliott.

The week after each session ends will be used for make-up days. (JH)

Strollers in Motion Spring/Summer Pass

Adult caregivers with child 6 weeks – Pre K
Fee: \$28 residents, \$36 nonresidents

You can purchase a Strollers in Motion pass to use for four classes. The pass is good for classes held March – August 2020 at any Centerville Strollers in Motion class. If you cannot make it to an entire five-week session, this may be the solution for you!

(JH)



Fitness Yoga

Ages 18 and up
*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

Session A

Wednesdays, March 11 – April 15

6:00 – 7:00 a.m.

Fee: \$29 residents, \$38 nonresidents

Session B

Wednesdays, March 11 – April 15

6:00 – 7:15 p.m.

Fee: \$36 residents, \$47 nonresidents

Session C

Wednesdays, April 22 – May 27

6:00 – 7:00 a.m.

Fee: \$29 residents, \$38 nonresidents

Session D

Wednesdays, April 22 – May 27

6:00 – 7:15 p.m.

Fee: \$36 residents, \$47 nonresidents

You will get it all in one fitness class — a challenging workout, yoga practice, as well as, mindfulness and functional movement for vitality and longevity. All levels welcome. Taught by certified yoga instructor Dan Loofboro.

Please bring a yoga mat and water. (JH)



Trail Running Group

Ages 18 and up
Wednesdays, March 11 – May 27
6:00 – 7:00 p.m.

Up and Running will provide a trail leader as you enjoy running natural trails. This running group is for experienced runners and includes meadows, trails and hills. Meet at the Normandy Entrance (501 Normandy Ridge Rd.) of Grant Park and the Smith Entrance (2230 E. Centerville Station Rd.) of Bill Yeck Park. (JH)

Date	Park
March 11	Grant
March 18	Bill Yeck
March 25	Grant
April 1	Bill Yeck
April 8	Grant
April 15	Bill Yeck
April 22	Grant
April 29	Bill Yeck
May 6	Grant
May 13	Bill Yeck
May 20	Grant
May 27	Bill Yeck



Online resident registration begins
Monday, February 10, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.



Tennis Leagues

Ages 18 and up

April 5 – June 10

6:00 p.m.

Various locations

Fee: \$25 residents, \$35 nonresidents

Registration deadline: Sunday, March 22

Join a Park District tennis league and play tennis in the parks this spring! Several levels of play allow opportunities for all abilities. All leagues are 10 weeks long. League schedules and rules are emailed out prior to league play.

If you are interested in a women's league, please contact us. (JH)

Day	Level of Play
Sunday	Men's Advanced
Monday	Men's Intermediate
Tuesday	Men's Advanced 50+ Men's Intermediate 50+
Wednesday	Men's Advanced

Lacrosse Ball/ Foam Rolling Clinic

Ages 16 and up

Tuesday, April 21

6:00 – 7:00 p.m.

*Activity Center Park, Community Room
221 N. Main St.*

Airrostri's Dr. William Wright is back to teach how to manage, reduce and eliminate musculoskeletal pain through preventative self-myofascial release techniques using a foam roller and lacrosse ball. This class will focus on both upper and lower body exercises. This is beneficial for people of all ages and activity levels. (JH)

Registration closes 48 hours prior to all programs unless otherwise indicated.

Fit Fusion

Ages 18 and up

Thursdays, April 23 – May 28

6:00 – 7:00 p.m.

*Oak Grove Park, Gebhart Shelter
1790 E. Social Row Rd.*

Fee: \$29 residents, \$38 nonresidents

Fit Fusion incorporates cardio, circuit training, resistance training, pilates and compound exercises. Each class will vary in the types of exercises and will help you build speed, power, strength and endurance. We will target different muscle groups using different methods of training, allowing you to experience a jump start in fat loss and muscle definition. Modifications provided. No guts, no glory! Taught by Emily Chandler, a certified group fitness instructor. (JH)

World Tai Chi and Qigong Day

Ages 18 and up

Saturday, April 25

2:00 – 4:00 p.m.

*Grant Park, Kennard Nature Nook
6588 McEwen Rd.*

On the last Saturday of April over 80 countries and hundreds of cities in every time zone participate in this coming together! We breathe and move in a worldwide wave of healing energy for ourselves and ... for the world!

Experience some of the amazing benefits of breathing along with gentle movement and mind focus. Western medicine calls Tai Chi "Meditation in Motion," and its health benefits are well researched. Judy Wilson will tell you about Tai Chi and Qigong and introduce you to some gentle movements and breathing practices for stress reduction and relaxation. You will also have the opportunity to watch student demonstrations of Tai Chi Easy.™ (JH)

Registration is requested.



Campfire Yoga

Ages 18 and up

Wednesday, May 20

(Rain date: Wednesday, May 27)

7:30 – 9:00 p.m.

*Bill Yeck Park, Smith House
2230 E. Centerville Station Rd.*

Celebrate the start of spring season with Method Yoga Studio's Megan Lees! Enjoy a fun and relaxing evening of campfire yoga! Say goodbye to cold dreary winter days and welcome spring next to the campfire. This outdoor yoga class will include warm-up, breath work, standing poses, flowing poses and end with relaxation around the campfire. Class will be held near the Bill Yeck Park fire circle. (JH)



The Park District is made up of 51 community, nature and neighborhood parks. Visit www.cwpd.org for detailed information and a map to each park.

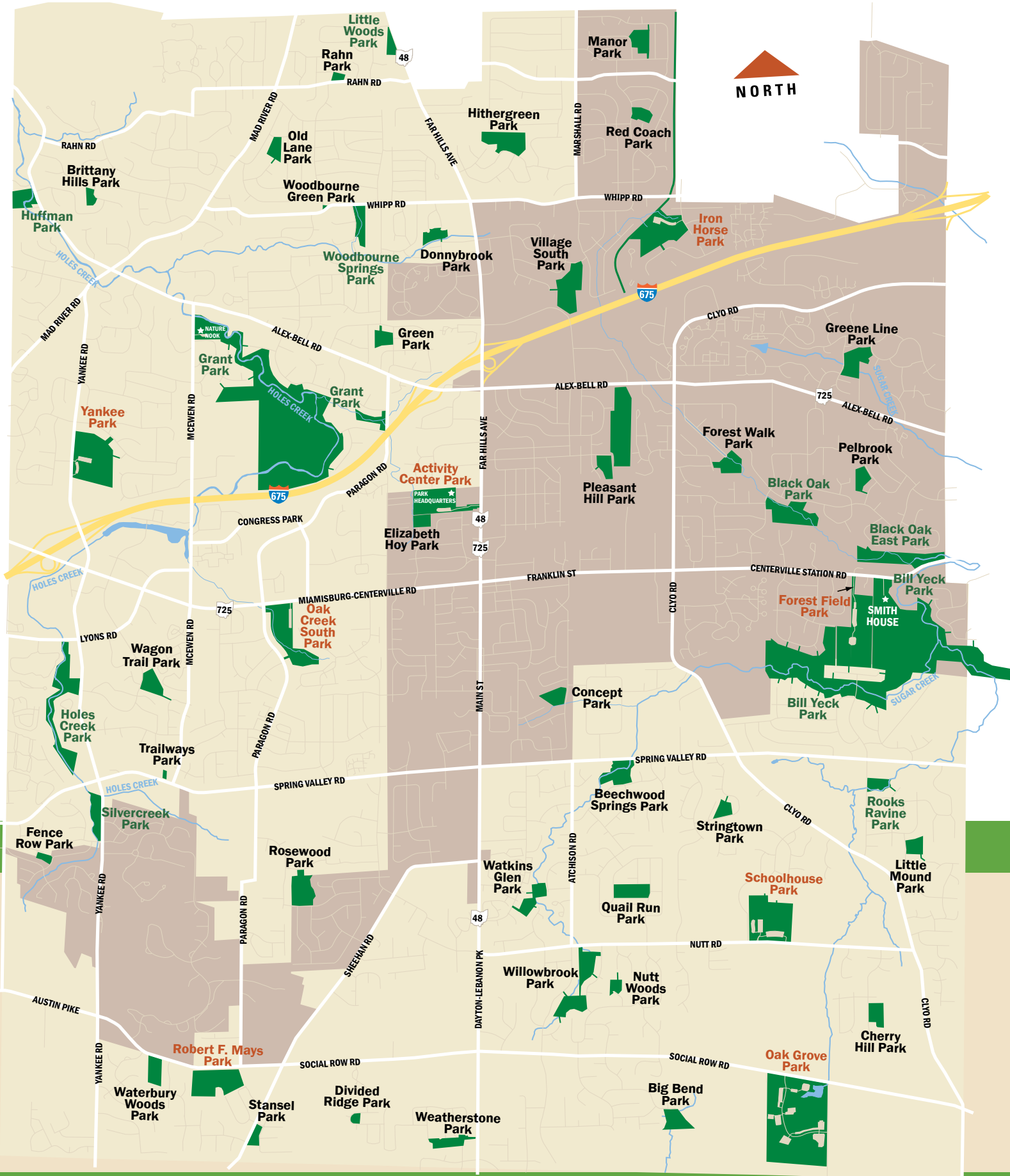
Community Park

Nature Park

Neighborhood Park

City of Centerville

Washington Township



HOW TO REGISTER



WHY REGISTER ONLINE?

#1

You're first in line!

Online registration takes place the day before phone or walk-in registration.

24

It's convenient

The flexibility to register and pay at your convenience, anytime, from anywhere.



It saves time

In less than five minutes, you can set up your account and enroll in your program.



It's easy

Three simple steps, and you'll be enrolled in the program of your choice.



It's environmentally friendly

No need to use gas driving over to register in person. And it saves paper.

Online resident registration begins February 10.

Online (first day of registration is online only)

Visit <https://cwpd.recdesk.com> to register. To expedite your registration, create an account prior to 10:00 a.m. on February 10. This site can be used for free programs and for fee-based programs with a debit or credit card.

Registration for the camps on page 4 – 7 begins online April 13. The first day of registration is online only.

By Phone

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have your credit card ready for fee-based programs. Phone registration begins one day later than online registration.

In Person

Visit Park District headquarters at 221 N. Main Street Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card. Make checks payable to CWPDP or Centerville-Washington Park District. In person registration begins one day later than online registration.

Registration and Refund Policy

Residents may register members of their family and one other resident family.

Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees or receive a refund.

Access to All

We are committed to providing programs, services and facilities that ensure inclusive and adapted access for all. Please contact us for a personalized approach to individual accommodations.

Centerville-Washington Park District Program Release

When registering for or attending any Park District program, you are required to agree to the following statement:

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.

Online Resident Registration Begins
Monday, February 10
at 10:00 a.m.

Online Nonresident Registration Begins
Monday, February 17
at 10:00 a.m.

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