**JUNE - AUGUST 2018** 

# Centerville-Washington PARKIDISTRICT NEWS EVENTS

Summer program registration begins Monday, May 14.

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Y& your community's BIG backyard!

Contractor in

Holes Creek Park in late August



#### Headquarters

Activity Center Park 221 North Main Street Centerville, Ohio 45459-4617 (937) 433-5155 Fax: (937) 433-6564 Second Shift/Weekends: (937) 470-9246 mail@cwpd.org www.cwpd.org

**Office Hours** 

Monday – Friday 8:00 a.m. to 4:30 p.m. Office Closed: July 4

#### **Park Addresses**

For more information and each park's address, visit **www.cwpd.org**.

Dog Park Closures www.cwpd.org/parks/oak-grove/dogpark/dog-park-closure-status/

Athletic Field Conditions www.cwpd.org/field\_status/

#### Area Youth Athletic Organizations

Centerville Baseball Softball League www.cbltoday.org

Centerville Recreational Soccer www.centervillesoccer.com

Centerville United Soccer Association www.cusacrewjuniors.org

Centerville Wee Elks Football Association www.weeelks.org

Centerville Youth Lacrosse www.cvlax.org

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### **Commissioners' Corner**



Welcome to summer in YOUR parks! Please enjoy the many parks, activities and

activities and events that you'll find within this newsletter. You'll

find activities for all ages to enjoy! All seasons are a good time to visit parks, but summer always seems to be extra special!

Speaking of being in the parks, did you know that there are many other ways for you, your family and friends to enjoy the parks? Every year, the Park District partners with schools, clubs, teams and individuals to connect with the outdoors by getting a little bit more involved. Consider the wonderful example of Weller Elementary School's "Tree Tribe."



These children are part of the Destination Imagination program. They read about the devastating loss of ash trees from the parks because of the Emerald Ash Borer infestation. They were determined to do something about it. So, they raised money to buy trees and partnered with the Park District to help plant 17 "replacement" trees in five different CWPD parks. Their project was so well received that they placed first in the local DI competition and went on to be considered for state honors.

This is just one example. Annually, each of the youth sports clubs organizes a work day in one of the parks. The Rotary

### DID YOU KNOW?

The Centerville-Washington Park District Board of Park Commissioners holds public meetings once a month.

View the schedule at

www.cwpd.org/about/ public-meetingschedule/

Club holds several "work days" each year. The Noon Optimists provide a small army of helpers for the annual Haunted Trail. The Centerville High School Environmental Management club pitches in to work on a variety of projects.

In addition to groups, more than 50 individuals volunteer more than 2,100 hours to assist with programs, plant trees, spruce up gardens and more.

Why do they do it? There are many reasons and maybe they will appeal to you! First, they get out and connect with nature. They like feeling some ownership of their parks. They make new friends, get some fresh air, learn something new and get some exercise. Or, like the Tree Tribe, their good work gains statewide recognition!

You are always welcome, too! Your Park District Commissioners warmly invite you to get engaged with your parks. Call our office and we'll get you connected, or visit us online at **www.cwpd.org**.

Finally, in the months ahead, watch for the many park improvements that will blossom right along with the millions of flowers. Enjoy the many trails, playgrounds, and activities that will make your summer extra special, too.

Dan Monahan Park Board President

### Save a Tree

To subscribe to the e-newsletter visit

#### www.cwpd.org

To stop home delivery of the printed newsletter, email your name and address to **mail@cwpd.org**.

# **Volunteer Spotlights**



#### Harry Barnes

Harry was a special education teacher for 39 years before his retirement in 2013. He has been married for 37 years and is a

proud father of two. His son, Eric, is an architect in Chicago and his daughter, Hilary, is an art teacher in Columbus.

Harry has always enjoyed gardening and woodworking. He built most of the accessory furniture in his home! We benefit from Harry's expertise in many different areas. He often assists with nature programming, archery instruction and woodworking projects.

Harry says, "I was looking for something to do after retiring and learned that the Park District was looking for volunteers.

## **Trail Closure Notice**



A section of the Grant Park yellow trail has been temporarily CLOSED to travel due to accelerated erosion and hazardous conditions.

Park visitor safety is our number one priority. Signs and safety fencing have been installed to notify visitors and exclude foot traffic until further notice. We are currently evaluating options for repairs, but do not have a trail reopening date at this time.

Please avoid this area when you are visiting the park and pass the information along to others you know that may use this trail. An updated trail map can be found on **www.cwpd.org.**  My children enjoyed and participated in the their camps, activities, and programs. I'm also taking advantage of the hiking and fitness opportunities they provide. This is a perfect way to spend my retirement years. I really enjoy it!"

#### **Jacob Holthaus**



A resident of Centerville since he was one month old, Jacob has four siblings, two brothers (one is his twin) and two sisters! When Jacob isn't at school he divides his time

between work, volunteering for CWPD, and participating in two volunteer clubs at Centerville High School, Key Club and Interact Club. We have been lucky to have Jacob's help the past two summers at the Summer Recreation Program! Jacob says, "I have been spending my summers at the Summer Rec Program for as long as I can remember. The games were always fun, and the camp counselors could make anything enjoyable. When I grew too old for the camp, my mom suggested I volunteer for the camp. Volunteering was a fun way to spend my summer and it felt great to help make the kid's summer enjoyable. I have volunteered for SRP the past two summers and plan to continue to be involved with Centerville-Washington Park District for years to come."

The Centerville-Washington Park District would like to thank Harry and Jacob, and all of our volunteers, for giving their time and talents to our community. If you are interested in becoming a volunteer please contact Community Engagement Coordinator Ginger Clark at 937-433-5155 or gclark@cwpd.org.

# Community Interest in an Obstacle Course?



We are currently exploring options for a "Ninja Warrior" style obstacle course in your parks. The courses are a fun, healthy way to enjoy the outdoors! Visit our website (**www.cwpd.org**) to **take a survey and share your thoughts** about bringing one of these courses to our community. We look forward to your feedback!

Bring your dog with you on your next park visit! But please remember, regulations require all dogs to be on a visible leash 8 feet or less at all times. Also, make sure your dog is current on vaccinations and is wearing a license! Citations may be issued for violations.



The **Centerville Noon Optimist Club** recently made a \$25,000 donation to the Centerville-Washington Park District! The generous donation will be going toward the new accessible playground and nature play area at **Forest Field Park**! We are thankful for their donation and for their commitment to the children of Centerville!



#### **SUMMER CAMPS**

#### Sky Hawks Tiny Hawks Camp

Ages 3 – 4 **Monday – Friday, July 16 – 20** 12:15 – 1:15 p.m. *Oak Grove Park, Noon Optimist Shelter 1790 E. Social Row Rd.* **Fee:** \$89 residents, \$99 nonresidents

The essentials of soccer and basketball are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/ eye coordination and skill development through a series of sport-specific games tailored to their attention spans.

Register online at **www.skyhawks.com** or call 800-804-3509. Course number is SSA96218.

All participants must be potty-trained. (AD)

#### Sky Hawks Mini Hawks Camp

Ages 4 – 7 **Monday – Friday, July 16 – 20** 9:00 a.m. – noon *Oak Grove Park, Noon Optimist Shelter 1790 E. Social Row Rd.* Fact \$120 periodente \$130

Fee: \$129 residents, \$139 nonresidents

This multi-sport program gives children a positive first step into athletics. The essentials of each sport are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace.

Register online at **www.skyhawks.com** or call 800-804-3509. Course number is SSA96217.

All participants must be potty-trained. (AD)

#### \* Preschool Play Yard (PPY)

Ages 3 – 5 Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee: \$24 residents, \$31 nonresidents

#### Session A

Tuesdays & Thursdays, June 12 – 28 9:00 – 11:00 a.m. Registration deadline: Monday, June 4

#### Session B

**Tuesdays & Thursdays, July 10 – 26** 9:00 – 11:00 a.m.

Registration deadline: Monday, July 2

Children will enjoy a variety of activities such as songs, crafts, hikes and games. This station-based drop-off program is sponsored by the South Metro Optimist of Centerville Women's Club. (AD/JK)

# Sign up for one session only. All children must be potty trained.

#### \*Summer Recreation Program (SRP)

Ages 3 – 11 **Mondays & Wednesdays OR Tuesdays & Thursdays, June 4 – July 26** (*no SRP July 4*) 9:00 a.m. – noon **Registration deadline:** Sunday, May 20 **Fee:** \$25 residents, \$45 nonresidents

#### Monday & Wednesday session

*Iron Horse Park* **OR** *Yankee Park* (you may alternate between parks throughout the summer)

#### **Tuesday & Thursday session**

*Oak Creek South Park* **OR** *Robert F. Mays Park* (you may alternate between parks throughout the summer)

The Summer Recreation Program offers a variety of recreation activities, sports, games, arts and crafts, guest speakers and more! All SRP sites are led by trained recreation leaders. This fun program keeps children outdoors and active all summer! Please visit **www.cwpd.org** for more information about the Summer Recreation Program. (AD)

For the safety of your children, SRP has a maximum enrollment. You may only enroll your children in one session.

#### **\***Hidden Meadows Day Camp

Ages $5 - 12$ (preschool weeks are ages $3 - 9$ )		
Monday – Friday, June 4 – July 27		
Grant Park, 501 Norman	dy Ridge Rd.	
<b>Resident Fee/Week:</b>	\$55 half day, \$110 all day	
	*\$44 half day, \$88 all day	
	\$27, before and after care	
Nonresident Fee/Week:	\$85 half day, \$170 all day	
	*\$68 half day, \$136 all day	
	\$27, before and after care	

Date	Morning 9 a.m. – noon	Afternoon 1 – 4 p.m.	All Day 9 a.m. – 4 p.m.
June 4 – 8	5 – 12 Years		5 – 12 Years
June 11 – 15	5 – 12 Years		5 – 12 Years
June 18 – 22	3 – 9 Years	3 – 9 Years	5 – 9 Years
June 25 – 29	5 – 12 Years		5 – 12 Years
July 2 – 6	5 – 12 Years		5 – 12 Years
July 9 – 13	5 – 12 Years		5 – 12 Years
July 16 – 20	3 – 9 Years	3 – 9 Years	5 – 9 Years
July 23 – 27	5 – 12 Years		5 – 12 Years

\*Fee prorated for Creepy Crawlies week because there is no camp July 4. Before care is available 8:00 – 9:00 a.m. After care is available 4:00 – 5:30 p.m.

Hidden Meadows Day Camp encourages children to learn about nature and enjoy the outdoors by exploring Grant Park, playing games and making new friends. Campers will also be treated to guest speakers, special presentations and activities. Snacks are provided, but campers should bring a filled water bottle every day. All-day campers need to bring a packed lunch that does not require refrigeration. All campers will receive a t-shirt during their first week. Please visit **www.cwpd.org** for more information about Hidden Meadows Day Camp. (CJ)

#### Week 1: Habitat Hikers, June 4 – June 8

Grant Park is home to a lot of animals and insects. If we are going to be guests in their home, we should learn all about them. Explore where they live, what they eat and how they survive.

#### Week 2: Mission Impossible, June 11 – June 15

Calling all secret agents to camp! We have been assigned a top secret mission and we need your child's help. The clues will take us on hikes and through the creek!

#### Week 3: Things with Wings, June 18 – June 22 (Preschool Week)

Birds, bats and bugs have wings, but who has wings that sing? Who has underwater flight? Who has wings, but only comes out at night? We will find out as we explore the world of wings.

#### Week 4: Creek Stompers, June 25 – June 29

Fee! Fi! Fo! Fum! There are cool things to find in the creek and we're going to find 'em! From fossils to crawdads, from rafts to wildlife, this week is going to be full of the creek!

#### Week 5: Creepy Crawlies, July 2 – July 6 (no camp July 4)

The itsy bitsy spider went up the water spout, then came down to check Hidden Meadows out! Children will explore Grant Park for creepy crawly friends. They will go on a bug hunt, examine bug specimens and learn cool facts about the bugs all around them.

#### Week 6: Shipwrecked, July 9 – July 13

On an expedition to Hidden Meadows Day Camp, there was a disastrous storm that caused a ship to crash on Grant Park Island. How will the castaways find food, make shelter, and most importantly, get off the island? Children will learn survival skills by searching the park for basic necessities.

#### Week 7: Hide and Seek, July 16 – July 20 (Preschool Week)

It's camouflage week! Children will discover how and why animals and bugs blend into their surroundings, then test their camouflage skills! Things may not be as they appear.

#### Week 8: World of Water, July 23 – July 27

Water can be fun and refreshing, but it is also a necessary part of everyday life. Children will celebrate water in all its forms as we study creek life, learn about water conservation and play water games that are bound to cool them off!

All participants must be independent in the six activities of daily living: using the restroom, eating, bathing, dressing, transferring (i.e. walking) and continence. If your child requires an accommodation to participate, please let us know when you register.



#### **\***Family Nature Camp

Recommended for families with children ages 5 and up *Grant Park* 501 Normandy Ridge Rd. Fee/person: \$10 residents, \$15 nonresidents

#### Session A

Monday, June 18 – Thursday, June 21 6:30 – 8:30 p.m. Registration deadline: Monday, June 11

Monday: Adaptation Ovation Tuesday: Pollinator Powers Wednesday: Awesome Aquatics Thursday: Track it!

#### Session B

Monday, July 16 – Thursday, July 19 6:30 – 8:30 p.m. Registration deadline: Monday, July 9

**Monday:** To Be a Bird! **Tuesday:** Fabulous Food Chains **Wednesday:** Creek Creatures **Thursday:** Geology Rocks

Come to nature camp as a family! Play games, go creeking, make crafts and learn about nature! Each family member will get a camp t-shirt to remember the experience! Wear clothing and shoes suited for outdoor play and creeking. Please apply sun and insect protection before the program and bring water bottles. (KL)

Families registering for both sessions will only get one t-shirt.

# DECOY ART STUDIO

#### \*Art Camp

Ages 6 – 11 Oak Creek South Park 790 Miamisburg-Centerville Rd. Monday – Wednesday, 1:00 – 3:30 p.m. Fee: \$80 residents, \$100 nonresidents

Camp A, June 18 – 20 Registration deadline: Monday, June 11

#### **Camp B, July 16 – 18 Registration deadline:** Monday, July 9

Create art in the park! We will explore ways that **art and nature come together**. Students will take hikes and use a variety of materials to create projects based on different artists and types of work.

Rain location is the Smith House at Bill Yeck Park. (AD)





#### Kid's Culinary Concoctions Day Camps

*Centerville High School* 500 E. Franklin St. **Fee:** \$120 residents, \$140 nonresidents

#### **Session A**

Ages 8 – 10 **Monday – Friday, June 18 – 22** 10:00 a.m. – 1:30 p.m.

Culinary enthusiasts will learn cooking basics from Chef Anthony Head! Each child will learn proper cutting and measuring techniques while making delicious and nutritious meals. They will leave with their own cookbook and personalized chef hat! (CJ)

#### **Session B**

Ages 11 – 14 **Monday – Friday, June 25 – 29** 10:00 a.m. – 1:30 p.m.

Head chef training! This intermediate cooking class will teach children how to prepare more complex meals. They will learn and practice various knifing, measuring and proper temperature techniques. Vegetarian and glutenfree cooking will be introduced. Meals will be made in each class. At the end of the week they will have their own cookbook, personalized chef hat and will be the star of their own cooking video! (CJ)

#### **\***Energy Exploration STEM Camp

Ages 8 – 14 **Monday – Friday, July 16 – 20** 9:00 a.m. – noon *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee:** \$120 residents, \$140 nonresidents



Children will investigate how to reduce the energy we use every day. They will review and build working alternative power sources to design their own park. Ideas may include wind, solar,

hydropower or conservation. They should bring their brain power and be ready to dive into the world of all things power! Each child will take home his/her earth-friendly parkscape. (KM)

#### **\***Adventure Camp

Grant Park, Kennard Nature Nook 6588 McEwen Rd. Monday – Thursday, 9:00 a.m. – 3:00 p.m. Friday, 6:30 p.m. – Saturday, 9:00 a.m. Fee: \$120 residents, \$160 nonresidents

Adventure Camp A (ages 10 – 12), June 11 – June 16 Registration deadline: Monday, June 4

Adventure Camp B (ages 12 – 15), June 25 – June 30 Registration deadline: Monday, June 18

Adventure Camp C (ages 10 – 12), July 9 – July 14 Registration deadline: Monday, July 2

Adventure Camp D (ages 12 – 15), July 23 – July 28 Registration deadline: Monday, July 16

Combine outdoor adventure and nature education with this week-long camp at various parks throughout Centerville and Washington Township. Adventure Camp includes hiking, fishing, archery, games, survival challenges and an overnight at Grant Park. Learn to track animals in the woods, cook over a campfire and pitch a tent. Make lifelong friends at this unique summer experience.

# New this year!

Adventure Camp now has a home base! **Campers will be dropped off and picked up at the same location each day and will travel to various parks throughout the day.** Camps will also include an off-site field trip to Brukner Nature Center! (KL)

#### **\***Summer Teen Series (STS)

Ages 12 – 15 **Tuesdays & Thursdays, June 7 – July 26** 6:00 – 8:00 p.m. *Rosewood Park,* 475 Roselake Dr. (Tuesdays) Schoolhouse Park, 1875 Nutt Rd. (Thursdays) **Fee:** \$20 residents, \$26 nonresidents **Registration Deadline:** Friday, June 1

These fun-filled evenings include capture the flag, dodgeball, basketball, soccer, flag football, kickball and more! Each night will include a variety of games and ways to meet new friends. Once registered, teens can come to as many sessions as they want. (AD)

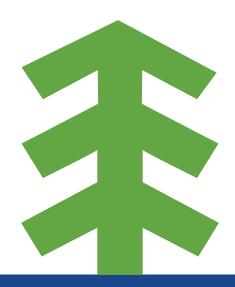
STS will be canceled in the event of inclement weather. We will use our rainout line system to inform you of weather cancellations. More information will be included in your confirmation email. No walk-ups will be permitted to stay at STS, preregistration is required.

#### Drone Day Camp Ages 14 – 18

Newl

Monday – Wednesday, June 25 – 27 1:00 – 4:00 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee: \$200, includes a drone

We are collaborating with Dayton Drones to bring a new and exciting drone camp! Participants will construct and race their own drones. Instructor Jay Day will teach the rules of flying and how to properly use and care for your drone. (CJ)



#### SPECIAL EVENTS

#### YoGlow

Ages 18 and up **Friday, June 8** (Rain date: Saturday, June 9) 8:00 – 10:00 p.m. Forest Field Park 2100 E. Centerville-Station Rd.

Ommmmm ... Method Yoga Studio owner and instructor Megan Lees will lead this outdoor yoga class in the peaceful park setting. We will provide glow bracelets for all participants to wear!

This yoga class is for all levels and will include a warm-up, breath work, standing poses, flowing poses, and end with relaxation. Please bring your own yoga mat and water. Dress comfortably.

If you'd like to come early and enjoy a nutritious beverage, The Shakery Juice Bar will be on site from 8:00 – 8:45 p.m. (JH)



Program check-in and yoga mat placement will begin at the shelter at 8:45 p.m. Yoga practice begins at 9:00 p.m. If we have to postpone or cancel due to inclement weather, we will post the information on the CWPD website.





#### Silver Screen Under the Stars All ages





Despicable Me Friday, June 29 8:30 – 11:00 p.m. Iron Horse Park 6161 Millshire Dr.

#### Cars

**Friday, July 27** 8:30 – 11:00 p.m. *Oak Grove Park 1790 E. Social Row Rd.* 

**Moana** Friday, August 24 7:30 – 10:00 p.m. *Yankee Park* 7500 Yankee St.

Each night will have different activities based on the movie! When the sun sets, find a place on the lawn to enjoy a family-friendly movie on the big screen! You bring chairs or a blanket, we'll bring the popcorn!

Registration is requested. (CJ)

#### Americana Festival Children's Area

All ages Wednesday, July 4 11:00 a.m. – 4:00 p.m. Activity Center Park 221 N. Main St.

Celebrate Independence Day at the Americana Festival!

Visit our booth on Main Street and walk down the Activity Center Park driveway to enjoy children's entertainment, food and craft vendors, inflatables and more.

For the most up-to-date information on this year's festival, visit

**www.americanafestival.org** or the Americana Festival Facebook page.

Registration is not required. (AD)



Online resident registration begins Monday, May 14, 10:00 a.m.



#### **Play S'more**

Recommended for families with children ages 5 – 13 **Thursday, August 9** 6:00 – 7:30 p.m. *Grant Park* 501 Normandy Ridge Rd. **Fee/family:** \$5

Town Hall Children's Theatre and CWPD are collaborating to bring you an interactive play, *The Little Princess*, around the campfire! The audience will become cast members! Stick around after the play to meet the cast and make s'mores! Bring lawn chairs. (CJ) Everything good, everything magical happens between the months of June and August.

~Jenny Han





#### **Blacklight Sand Volleyball Tournament**

Ages 14 and up Friday, July 20 9:00 p.m. – midnight Yankee Park 7500 Yankee St. Fee: \$5

New!

Grab some friends and volley in the sand after dark for an ultimate grand prize! Participants will be placed on teams as they arrive. Teams will compete bracketstyle for a spot in the championship game. While you anticipate your time on the sand, enjoy other fun and competitive games and activities. Neon colors are encouraged!

Registration is requested (CJ)

Registration closes 4:30 p.m. the day prior to all programs unless otherwise indicated.

# Summer Recreation Program Special Events!

#### It's a Jungle Out There!

Ages 3 – 12 with adult companion Friday, June 29 10:00 a.m. – noon Iron Horse Park 6161 Millshire Dr.

The animals have taken over Iron Horse Park! Play a variety of games and make an animal craft! Bounce like a tree frog in the bounce house! Refreshments from Kona Ice will be available for purchase. (AD)

#### Splashtacular: Wacky Water Games!

Ages 3 – 12 with adult companion Friday, July 27 10:00 a.m. – noon Robert F. Mays Park 10553 Paragon Rd.

Splash into the end of summer at this annual special event full of water-themed games and activities! Refreshments from Kona Ice will be available for purchase. Cool off when the Washington Township Fire Department sprays water from their truck for the final activity of the day! (AD)



Registration is required for all programs unless otherwise indicated.

#### PRESCHOOL PROGRAMS (AGES 6 AND UNDER)

#### **Early Adventures**

Ages 0 – 3 years with adult companion 6:30 – 7:15 p.m. **Fee/session:** \$4 nonresidents

#### **June Adventures**

Tuesday, June 5 OR Thursday, June 7 Willowbrook Park 10225 Park Edge Dr. (natural path)

#### **July Adventures**

**Tuesday, July 3 OR Thursday, July 5** *Beechwood Springs Park 1141 Quiet Brook Trail (natural path)* 

#### August Adventures

**Tuesday, August 7 OR Thursday, August 9** *Bill Yeck Park, Rooks Mill Entrance 8798 Rooks Mill Ln. (natural path)* 

Taking your little ones outdoors provides them with an experience that will benefit them forever. There are unique sounds, colors, lights, sensations and textures to process each time they go outdoors.

These leisurely hikes provide quality family time in nature! Backpacks and front carriers are appropriate if your child is not walking. Strollers are not recommended on natural trails. (JK)



#### **Playdate Pals**

Ages 18 – 42 months with adult companion 10:00 – 11:00 a.m. **OR** 3:30 – 4:30 p.m. *Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.* **Fee/session:** \$4 nonresidents

#### Farm Animals

Wednesday, June 13 Registration Deadline: Monday, June 11

#### **Button Button**

Wednesday, July 11 Registration Deadline: Monday, July 9

#### Summer Insects

Wednesday, August 8 Registration Deadline: Monday, August 6

Designed to build sensory awareness, to build motor skills and to encourage social interaction with other children through monthly nature-themed programs that include singing, dancing, crafts, learning stations mini-hikes and more. (JK)

#### **Cascades Creek Walks**

Ages 18 months – 4 years with adult companion *Grant Park* 501 Normandy Ridge Rd. Fee/session: \$4 nonresidents

Newl

#### **June Walk**

Wednesday, June 20 (Rain date: Friday, June 22) 10:00 – 11:00 a.m.

#### **July Walk**

Wednesday, July 18 (Rain date: Friday, July 20) 3:30 – 4:30 p.m.

Little ones can experience the thrill of walking in Grant Park's Holes Creek Cascades area. They will stand with their feet under mini waterfalls and search for crawdads, dragonflies and fossils! Water shoes or tennis shoes required. No opentoed shoes. (JK)

#### Intergenerational Series Hike & Seek

Ages 3 – 6 with grandparent(s) **Friday, June 15** 9:30 – 10:30 a.m. **OR** 1:30 – 2:30 p.m. *Rosewood Park* 475 Roselake Dr. **Fee:** \$4 nonresidents **Registration deadline:** Monday, June 11

Explore nature together on a scavenger hunt. Find big leaves, bright butterflies, neat pebbles and more! Stop to look for birds, skip rocks and play along the way.

After the hunt, we will enjoy show and tell, a snack and a story in the shade! Bring your cameras and wear comfortable close-toed shoes. (AD)

The Intergenerational Series is only for grandparents and their grandchildren. Parents and other caregivers may attend any of our other programs.

> Online resident registration begins Monday, May 14, 10:00 a.m.

Registration is required for all programs unless otherwise indicated.



Stop by **Forest Walk Park** this summer to check out the latest playground update — an adorable playhouse perfect for little ones to enjoy! The playhouse is located at the Deer Run Road entrance to the park.

Also fun for little ones, **Cherry Hill Park** is the new home of the climber from **Iron Horse Park**. The climber was moved there after Iron Horse Park received a playground upgrade.

Take a tour of all 38 playgrounds and find your favorites! A full list of CWPD playgrounds can be found at www.cwpd.org/parks/find-a-park/



Registration closes 4:30 p.m. the day prior to all programs unless otherwise indicated.

#### CHILDREN'S PROGRAMS (AGES 4 - 18)

### Kids Night Out: Party in the USA!

Ages 4 – 8 **Monday, July 2** (Rain date: Tuesday, July 3) 6:00 – 7:30 p.m. Oak Creek South Park 790 Miamisburg-Centerville Rd. Fee: \$4 residents, \$6 nonresidents Registration deadline: Wednesday, June 27

Children will sport their red, white and blue as we play classic games, like potato sack racing! We will make Independence Day crafts and decorate their bikes and helmets for an Americana Children's Bike Parade around the park. Decorating supplies provided, but you may bring your own as well. The bike parade will begin at 7:30 p.m. (AD)

#### **Children's Yoga Series**

Ages 5 – 8 **Saturdays, June 9 – 30** 1:00 – 2:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee:** \$18 residents, \$25 nonresidents

Your child will stretch, balance and strengthen the body while learning yoga poses from certified Color Me Yoga Instructor Megan Pooler. A blend of nature and exercise, children will learn about summer creatures with hands-on activities in the first part of each class and a fun-filled quiet yoga session. All equipment is provided. (JK)



#### Surviving the Wild

Ages 8 – 13 **Tuesday, July 24** 6:00 – 9:00 p.m. *Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.* **Fee:** \$15 residents, \$20 nonresidents

Could you survive alone in the woods? Your child will learn various survival tactics to help them survive! They will spend the evening learning new skills, from archery to fire building. No prior knowledge necessary to participate. (CJ)



### Capture the Flag & Bonfire

Ages 12 – 18 **Thursday, June 21** 7:00 – 9:00 p.m. *Grant Park 501 Normandy Ridge Rd.* **Fee:** \$5 residents, \$8 nonresidents

The ultimate game of after-dark capture the flag! Participants will be broken into two teams. The winning team will be rewarded! After the game, enjoy s'mores and music by the fire.

Registration is requested. (CJ)

#### **FAMILY PROGRAMS**

#### **Butterfly Surveys**

Ages 8 and up 10:00 a.m. – noon *Grant Park* 501 Normandy Ridge Rd.

Survey 1: Saturday, June 2 Survey 2: Tuesday, June 19 Survey 3: Saturday, July 7

Survey 4: Saturday, August 4

Butterfly surveys help the Park District determine the health of our habitats! If you enjoy learning about and catching butterflies, then this is the volunteer opportunity for you!

Every survey consists of walking a set path and identifying as many butterflies as possible. Gathered data is sent to The Ohio Lepidopterists. The trail is about one mile in length and terrain is uneven. Surveys do not occur in the rain. Participants will be updated via automated phone calls about survey status and conditions. Please register all persons planning to attend with your group. All children must be accompanied by an adult. (KL)

#### **Creek Week!** All ages 6:00 – 7:30 p.m.

Back by popular demand! Each day this week will feature a different activity at one of CWPD's creeks! Learn to appreciate creeks for their ecological and historical significance. Close-toed shoes are required for creek exploration. children must be accompanied by an adult at all times. (KL)

#### **Fabulous Fossils!**

Monday, June 4 Grant Park 501 Normandy Ridge Rd. Fee/family: \$4 nonresidents

Learn how fossils formed! Learn different fossil types and paint a plaster fossil to take home. We will search the creek and practice our new identification skills.

#### **Not So Current Events!**

Tuesday, June 5 Bill Yeck Park 8798 Rooks Mill Ln. Fee/family: \$4 nonresidents

Did you know there used to be a mill at the Rooks Mill entrance of Bill Yeck Park? Before exploring this creek we will learn how it played a major role in the history of the park by taking a brief hike along the mill race.

Hike along the mill race is approximately 1/4 mile. Strollers not recommended.



#### **Cascade Effects!**

Wednesday, June 6 Grant Park 501 Normandy Ridge Rd. Fee/family: \$4 nonresidents

On this short creek walk to the Cascades of Holes Creek, we will look for animals and erosion. We will discuss how a creek affects our local ecosystem.

#### **Build-a-Boat**

Thursday, June 7 Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee/family: \$4 nonresidents

Will your boat be fast? Will it have the ability to carry heavy loads? On this final day of Creek Week, families will be challenged to build boats out of natural materials and test them on speed and weight capacities.

> Online resident registration begins Monday, May 14, 10:00 a.m.

D NAW



Summer Park Challenge All ages Begins Monday, June 4

Are you up to the challenge?

The Pop-Up Park Challenge is back for more summertime fun! Throughout the summer months we'll be posting challenges on our social media accounts — Facebook, Twitter and Instagram. Complete ten out of 15 posted pop-up park challenges on your own, or with family and friends, and win a \$20 Graeter's gift card! In addition, each winner will be entered into a grand prize drawing sponsored by Great Miami Outfitters gift card — a \$100 gift card to their store!

Most challenges will involve visiting a specific park location to fulfill a task or to find a landmark. Other challenges will involve attending one of our events! You won't know the challenge until the challenge time clock begins, and then you'll have a deadline to complete it! Post a photo proving challenge completion with the tag **#itsacwpdsummer**.

Like us on Facebook and follow us on Twitter and Instagram to get more updates about this summer's Pop-Up Park Challenge!

Registration is not required. One prize per household. (GC)

#### Firefly Hike

All ages **Friday, June 8** 9:00 – 10:00 p.m. *Grant Park* 501 Normandy Ridge Rd. **Fee/family:** \$4 nonresidents

Stay up late and watch the forest glitter! June is peak firefly watching season and your family won't forget this beautiful sight! Please dress for a hike on a natural path. Flashlights optional. (KL)

#### National Get Outdoors Day Celebration

All ages

New!

Saturday, June 9 1:00 – 3:00 p.m. Forest Field Park 2100 E. Centerville Station Rd.

Celebrate National Get Outdoors Day in your community's BIG backyard! Come out to Forest Field Park and hike the paved path while learning the benefits of spending time in nature. Each activity you complete along the path will earn you a raffle ticket for exciting prizes!

Registration is not required. (KL)

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Great Miami

#### **Picnic & Play**

All ages 1:00 – 2:30 p.m.

# New!

**Tuesday, June 12** Little Mound Park 9490 Still Meadow Ln.

**Tuesday, July 10** Green Park 6661 Green Park Dr.

**Tuesday, August 14** *Pleasant Hill Park* 358 Zengel Dr.

Hang out on the playground, play some BIG games and meet others from your neighborhood! Bring a picnic lunch. We will provide a healthy snack to add to your picnic!

 $Registration \ is \ requested. \ (AD)$ 



## **Fantastic Feathered Friends**

All ages Wednesday, June 13 6:00 – 7:30 p.m. *Grant Park* 501 Normandy Ridge Rd. Fee/family: \$4 residents, \$6 nonresidents

Feathers do more than help a bird fly! We will learn about how feathers are used to help birds survive their environment. After a craft, we will take a hike to find the birds of Grant Park. Bring binoculars if you have them. A limited supply will be available. (KL)

Registration closes 4:30 p.m. the day prior to all programs unless otherwise indicated.

#### **Family Camping**

All ages Friday, June 22 – Saturday, June 23 5:30 p.m. – 9:00 a.m. *Grant Park* 501 Normandy Ridge Rd. Fee/family: \$30 Registration deadline: Wednesday,

June 20

Families are invited to camp at the Grant Park Chimneys! You bring the tents and gear, and we'll supply the food! Pitch your tent, roast hot dogs and marshmallows, play games, and participate in other camp activities!

Please be prepared for no electricity or flush restrooms. No pets, please. (KL)



#### **Patriotic Chalk Party!**

All ages **Tuesday, July 3** 9:00 – 11:00 a.m. *Activity Center Park* 221 N. Main St.

Let's get the park ready for the most colorful Americana ever! Help us create a patriotic parking lot before the festival! All chalk will be provided. Artists of all ages and abilities are welcome. This event will feature local chalk artist Tiffany Kelly of "Chalk N Awe" creating a beautiful and unique design.

New!

Registration is requested. (AD)

#### Fly Away With Us: Drones All ages Friday, July 13

6:00 – 7:30 p.m. Oak Grove Park 1790 E. Social Row Rd. Fee/family: \$10 per family of 5

Drones are cool! No matter your skill level, join us for a fun drone flying experience. Jay Day from Dayton Drones will be there to show participants the dos and don'ts of flying, explain how to care for drones and to play fun drone games. Bring your own drone to fly at the end of the program. Grab your family and friends to Fly Away With Us! (CJ)

#### **Adapted Action Day**

Ages 6 and up (must be 8 and up for archery) Saturday, July 28 9:00 a.m. – noon

9:00 a.m. – noon *Oak Grove Park*  New!

*1790 E. Social Row Rd.* **Registration deadline:** Monday, July 23

Children with special needs and their families are invited to network with other families! We will have activities around the paved path and pond shelter. Families will be able to participate in archery, kickball, tee-ball, fishing, fitness, dance and various small games and crafts! Come out and play! (ZF)

#### **Just Creeking**

All ages Wednesday, August 1 6:00 – 7:30 p.m. *Grant Park* 501 Normandy Ridge Rd. Fee/family: \$4 nonresidents

Let's play in the creek! Summer is ending and we need to make the most of it! A relaxing evening of searching for fossils, building boats and interacting with nature. Close-toed shoes required. All children must be accompanied by an adult in the creek. (KL)



Online resident registration begins Monday, May 14, 10:00 a.m.



#### Centerville's 50<sup>th</sup> Anniversary Concert & Party

All ages Sunday, July 22 6:00 p.m. Stubbs Park 255 W. Spring Valley Pike

Centerville is celebrating its 50<sup>th</sup> year as a City with an anniversary party and concert! Enjoy kids' activities and interactive displays. Locking Up Otis takes the stage at 7 p.m., playing favorite hits from the '60s through today.

The City of Centerville will be serving birthday cake and will have lots of giveaways during this free event. Bring lawn chairs or blankets for concert seating.



#### Wildflower Photography

Ages 10 and up (all children must be accompanied by an adult) Saturday, August 4 (Rain date: Saturday, August 11) 1:00 – 2:00 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd. Fee/family: \$4 nonresidents

Join photography enthusiast and Girl Scout Grace Rudolph as she discusses wildflower photography. Grace will show you how to create your own beautiful images using the seed nursery and the surrounding meadows as your subjects. Please bring a camera and prepare for a hike in search of your perfect picture! (KL)

### **Shooting Stars Campout**

All ages Saturday, August 11 – Sunday, August 12 6:00 p.m. – 9:00 a.m. Forest Field Park 2100 E. Centerville Station Rd. Fee/tent: \$20 Registration deadline: Wednesday, August 8

View the Perseid Meteor Shower! There will be a short program discussing the Perseids, constellation stories and a night hike.

Flush restrooms are available on site. We will provide s'mores supplies, but no other food or gear. No pets, please. (KL)

# **FAMILY WELLNESS**

#### **Animal Flow**

Ages 3 – 8 with an adult companion **Fridays, June 8 – 29** 10:30 – 11:30 a.m. Forest Field Park 2100 E. Centerville Station Rd.

2100 E. Centerville Station Rd. Fee/adult: \$40 residents, \$52 nonresidents

Join Certified Animal Flow specialist Raquel Rivera-Hill for a fun, totalbody parent/child experience. Flexible, locomotive and quadrupedal movements will make you feel like a kid again! Move like a crab, crawl like a bear and travel like an ape. No equipment needed. Just bring your imagination! (JH)

#### **EarthJoy Tree Climb**

Ages 5 and up (ages 18 and under must be accompanied by a parent or guardian) **Tuesday, June 12**, 2:00 – 3:30 p.m. **Tuesday, June 26**, 2:00 – 3:30 p.m. **Tuesday, July 10**, 2:00 – 3:30 p.m. **Tuesday, July 24**, 2:00 – 3:30 p.m. **Saturday, August 4**, 10:00 – 11:30 a.m. **OR** noon – 1:30 p.m. **OR** 2:00 – 3:30 p.m. *Green Park* 6661 Green Park Dr. **Fee:** \$40 per person climbing **Registration deadline:** 10:00 a.m. the day before the climb

EarthJoy is back to give you the experience of a lifetime! Tree climbing is a great way to challenge yourself physically and get in tune with Mother Nature. Swing to and fro and surf on a limb high above the ground. Strive to climb as high as you can or play amongst the lower limbs! Sessions are 90 minutes.

To register for a climb, visit www.climbtreeswithearthjoy.com/ or call 859-635-0320. (KL)



#### **Benefits of Family Exercise**

- Establishes lifelong healthy habits for your children while you fit in a workout.
- Improves communication between family members.
- Provides meaningful bonding time.
- It's fun!

#### **Tennis Instruction**

Ages 6 and up **Mondays & Wednesdays, June 11 – July 30**  *Schoolhouse Park 1875 Nutt Rd.*  **Fee/60-minute class:** \$115 residents, \$150 nonresidents **Fee/90-minute class:** \$135 residents, \$175 nonresidents **Registration deadline:** Friday, June 1

Come learn tennis with us! Tennis instruction is taught by instructors from the Kettering Tennis Center/Quail Run Racquet Club. Each has experience working with individuals of all ages and abilities allowing them to provide a high level of instruction. Class ratio is one instructor to a maximum of 10 participants. Tennis balls are provided. (JH)

Age	Level	Time
6 – 10 years	Beginner	8:00 – 9:00 a.m.
6 – 10 years	Advanced Beginner	9:00 – 10:00 a.m.
9 – 13 years	Beginner	10:00 – 11:00 a.m.
9 – 13 years	Advanced Beginner	11:00 a.m. – noon
9 – 13 years	Intermediate	noon – 1:00 p.m.
18 and up	Drill & Play	6:00 – 7:30 p.m.

Inclement weather information: Due to the unpredictable nature of weather, we cannot guarantee the completion of all scheduled classes. An additional week has been scheduled at no added cost in lieu of make-up classes. You will receive a phone call if we have to cancel class due to rain or wet courts.

# Walk in your community's BIG backyard!

Spend some time this summer exploring your parks! Visit a park you've never explored before, or revisit an old favorite. Bring along your family dog — but remember your leash and pet waste bags!

These parks have **paved multi-use trails** great for walking, running and biking:

**Bill Yeck/Forest Field Park:** .5 mile paved loop between Forest Field and Bill Yeck Parks

**Black Oak Park:** .2 mile (one way) paved path up a steep hill from Ambridge Road to Braewood Trail. **No bicycles permitted on this path.** 

Holes Creek Park: 1.3 miles one way

Iron Horse Park: 2 miles one way

Oak Creek South Park: perimeter path is .4 mile

Oak Grove Park: perimeter path is 1.5 miles (shorter loops are also available)

Robert F. Mays Park: perimeter path is .75 mile

Schoolhouse Park: perimeter path is .75 mile

**Yankee Park:** perimeter path (including sidewalk along Yankee Street) is .82 mile. The center path length is .19 mile.

See page 24 for park locations.



#### **Family Fitness**

Ages 5 and up 6:00 – 7:00 p.m. Oak Grove Park, Feldmann Pond Shelter 1790 E. Social Row Rd. Fee/family/session: \$5

#### **Boot Camp** Friday, June 15

**Yoga** Friday, July 13

#### Zumba

Friday, August 17

Get fit with the whole family! This summer we are offering fun family fitness classes for the young, the young at heart and everyone in between! Sign up for a class and burn calories together! (CJ)



Online resident registration begins Monday, May 14, 10:00 a.m.



**Family Recess** All ages 6:00 – 8:00 p.m.

Wednesday, June 20 Iron Horse Park 6161 Millshire Dr.

Wednesday, July 18 Robert F. Mays Park 10553 Paragon Rd.

**Wednesday, August 15** Oak Creek South Park 790 Miamisburg-Centerville Rd.

Play park games with your family! Sign up for the whole program and come to whichever sessions work best for you! Each night we will play a variety of games, such as capture the flag, dodgeball, basketball, soccer, flag football, kickball and more! All children must be accompanied by an adult. This is not a drop-off program.

June 20 will be a special "Party in the Park" featuring The City of Centerville. They will help us kick off a summer of adventure with giveaways and sponsored activities to help celebrate their 50<sup>th</sup> Birthday!

Kona Ice will be provided free to the first 25 registered attendees. (AD)

If we have to cancel due to inclement weather, we will post the information on the CWPD website.

Registration closes 4:30 p.m. the day prior to all programs unless otherwise indicated.

#### **Beginner Archery Clinic**

Ages 8 and up (ages 8 – 17 must be accompanied by an adult 21 years or older) Saturday, June 30 (Rain date: Sunday, July 1) 10:00 a.m. – noon Oak Grove Park, Archery Range 1790 E. Social Row Rd. Fee: \$15 residents, \$20 nonresidents Registration deadline: Sunday, June 24

This introduction to archery is designed for those who have no experience, are still getting comfortable with archery, or are looking for a review of the basics.

Instructors will focus on teaching range rules and safe archery procedures as well as basic equipment use and technique.

All equipment provided. (ZF)



#### Dog Days of Summer Friends & Family Hike

All ages **Saturday, July 21** (Rain date: Sunday, July 22) 9:30 – 10:30 a.m. Bill Yeck Park, Smith House Entrance 2230 E. Centerville Station Rd.

Hiking with your dog is a great way to spend time in nature. Join staff and volunteers at the Smith House where family and friends, including our fourlegged friends, all come together to enjoy a leisurely hike in this beautiful nature park.

Please dress for the trails and bring water for both you and your dog. Strollers are not recommended. (JH)

Attend at least three of the Friends & Family Hikes and receive a free t-shirt! If we have to cancel a hike due to inclement weather, we will post the announcement on the Park District website.



#### ADULT PROGRAMS



#### **Hike with CWPD!**

Ages 18 and up 6:30 – 7:30 p.m.

Join staff members to learn about their role at the park district and see your trails from a different perspective! Meet different staff members and learn features of different parks.

Sign up for one or multiple hikes.

#### June Hike

Tuesday, June 19 Iron Horse Park 6161 Millshire Dr.

Meet CWPD Director Arnie Biondo as you explore the paved Iron Horse Trail. Learn about the future of trails and the park district in general.

#### July Hike

Tuesday, July 17 Bill Yeck Park, Smith House Entrance 2230 E. Centerville Station Rd.

Operations Manager Ken Carter will talk about the Bill Yeck Park master plan and gather feedback to help guide future park improvements.

#### August Hike

Tuesday, August 21 Grant Park 501 Normandy Ridge Rd.

Meet Marketing and Communications Supervisor, Carrie Dittman. She'll show you her favorite parts of Grant Park and talk about her role at the Park District. Bring feedback about what, and how, you'd like to hear from us. (AD)



#### **Booked for Lunch**

Ages 14 and up Wednesdays, June 6, July 11 & August 1



A collaborative program with Centerville-Washington History and the Washingtonfor lunch Centerville Public

Library, Booked for Lunch is a monthly lunchtime discussion on a historical fiction or nonfiction book. Bring your lunch and we'll provide dessert! The library will advance order copies for participants to borrow while supplies last. (CJ)

#### June Discussion



BENEATH A

SCARLET

Finding Dorothy Scott: Letters of a WASP Pilot, by Sarah Byrn Rickman 11:30 a.m. - 12:30 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

#### July Discussion

Community Read (book TBD) noon – 1:00 p.m. *Centerville Library* 111 W. Spring Valley Rd.

#### **August Discussion**

Beneath a Scarlet Sky, by Mark T. Sullivan 11:30 a.m. – 12:30 p.m. Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

#### Adult Archery League

Ages 18 and up Wednesdays, June 6 – July 25 6:00 – 8:00 p.m. Oak Grove Park, Archery Range 1790 E. Social Row Rd. Fee: \$25 residents, \$35 nonresidents Registration deadline: Tuesday, May 29

Enjoy some friendly competition! Individuals shoot rounds of 5-spot targets once per week at distances of 10, 20, 30 and 40 yards. Points are calculated weekly with handicap factored in. Awards will be presented to the top three scorers at the end of the season.

All targets provided. Participants must provide their own bow and arrows. Attendance is required the first night of the league. Individuals may miss up to two league nights and shoot on their own, making sure to self-report scores by the weekly deadline. Additional absences will equate to a zero score for that night.

Registration minimum must be met for league to be held. (KM)



**Online resident registration begins** Monday, May 14, 10:00 a.m.



#### Survivor: Dynamic Duo Edition

Ages 18 and up **Saturday, June 9 – Sunday, June 10** 3:00 p.m. – noon *Grant Park* 501 Normandy Ridge Rd. **Fee/team:** \$35 residents, \$40 nonresidents

Can you survive an overnight in Grant Park? Duos will battle it out in various challenges from archery to fire building. Each challenge will be scored. The teams with the lowest scores on day two will be eliminated and the winning Survivor Duo will be named. Survivors will be outfitted with cool survivor gear! No prior knowledge necessary to participate. Dinner and breakfast provided. (CJ)



#### Request a "Chat with a Naturalist"

Does your special interest group want to learn more about Centerville and Washington Township wildlife? Groups of 10 or more can book our Naturalist to speak at their gatherings for 45 minutes to an hour. Groups are limited to two requests per year and six weeks notice is required for planning purposes. Please call us at (937) 433-5155 for a list of topics.

#### Parents' Cooking Workshops

Ages 18 and up 6:00 – 8:00 p.m. *Centerville High School* 500 E. Franklin St. **Fee/session:** \$50 residents, \$60 nonresidents (\$10 off if your child is enrolled in Kids' Culinary Concoction Camp!)

Do you have difficulties cooking for a child with dietary restrictions? Are you interested in making healthier family dinners? Chef Anthony will teach you how to create meals suitable for anyone around the table. (CJ)

#### This, Not That Thursday, June 21

Learn how to cook some of your favorite foods in a healthier fashion. Chef will show you how to choose which ingredients make a meal healthier with the same great taste.

#### Everyone Can Eat! Thursday, June 28

With various dietary needs at an alltime high, it is difficult to cook just one meal for everyone in the house. During this session, Chef Anthony will teach various meals that are suitable and delectable for all family members. Whether someone has a gluten allergy or a peanut allergy, with these meals, everyone can eat!

#### Getting Out & Enjoying Nature! (GOEN)

Ages 16 and up 10:00 – 11:00 a.m.

**Thursday, June 21** *Big Bend Park 1328 Spring Ash Dr.* 

**Thursday, July 26** *Bill Yeck Park, Smith House Entrance 2100 E. Centerville Station Rd.* 

#### Thursday, August 23

Countryside Park (meet at Rec West) 965 Miamisburg-Centerville Rd.

We are GOEN! Tour our local nature spots with the Park District and the Washington Township Recreation Center. The naturalist will address seasonal happenings on this slow-paced walk. You may register through the Park District or the Enrichment Center. (KL)



#### **ADULT WELLNESS**



#### Yoga in the Park

Ages 18 and up 9:00 – 10:00 a.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. Fee/session: \$52 residents, \$67 nonresidents

#### Session A Saturdays, June 9 – July 14

#### Session B

#### Saturdays, July 21 – August 25

Method Studio's Megan Lees leads these yoga classes for all levels. Classes include warm-up, breath work, standing poses, flowing poses and end with relaxation. Please bring a yoga mat and water. Class will be held on the deck overlooking the meadow with the option to move indoors for inclement weather. (JH)

#### **Strollers in Motion Spring/Summer Pass**

Adult caregivers with child 6 weeks – Pre K **Fee:** \$28 residents, \$36 nonresidents



You can purchase a Strollers in Motion pass to use for four classes. The pass is good for classes held March – August 2018 at any Centerville Strollers in Motion class. If you cannot make it to an entire five-week session, this may be the solution for you! (JH)

#### **Strollers in Motion**

Adult caregivers with child 6 weeks – Pre K 9:30 – 10:30 a.m. *Schoolhouse Park 1875 Nutt Rd.* **Fee/session:** \$24 residents, \$32 nonresidents

#### Session A

Mondays, June 4 – July 2

Session B Mondays, July 16 – August 13

Strollers in Motion is a stroller-based workout for moms, dads or other caregivers. Each total body workout incorporates power walking and strolling, strength training, balance work and toning. Strollers in Motion is an awesome way to get fit, meet new people and have fun with your little ones! And, after some classes, special activities will be planned for the children! All new participants will receive a water bottle. Strollers in Motion is led by Strollercize<sup>®</sup> certified instructor, Caitlin Elliott.

The week after each session ends will be used for rain out make-up days. (JH)

#### Strollers in Motion Boot Camp

Adult caregivers with child 6 weeks – Pre K 9:30 – 10:30 a.m. *Iron Horse Park* 6161 Millshire Dr. **Fee/session:** \$24 residents, \$32 nonresidents

#### **Session A**

Saturdays, June 9 – July 7

#### Session B Saturdays, July 21 – August 18

This boot camp version of Strollers in Motion will incorporate circuit training and station exercises. You will be able to move at your own pace and comfort level. We give modifications for every fitness level. Strollers in Motion Boot Camp is an awesome way to get fit, meet new people and have fun with your little ones! And, after some classes, special activities will be planned for the children! All new participants will receive a water bottle. Strollers in Motion Boot Camp is led by Strollercize<sup>®</sup> certified instructor, Caitlin Elliott.

The week after each session ends will be used for rain out make-up days. (JH)

The sport of pickleball has been steadily gaining popularity in the greater Dayton area. A cross between tennis, table tennis and badminton, it's played on a badminton-sized court with paddles and a plastic whiffle ball.

The Centerville-Washington Park District has four dedicated pickleball courts at **Activity Center Park** and tennis courts lined for pickleball play at **Schoolhouse** and **Yankee Parks**.

We are excited to offer this opportunity to promote active and healthy lifestyles in the community! Get out and give pickleball a try this summer!



#### **Trail Trekking**

Ages 18 and up **Fee:** \$15 nonresidents

#### Session A

**Tuesdays, June 5 – August 21** 6:00 – 7:00 p.m.

#### **Session B**

**Thursdays, June 7 – August 23** 9:30 – 10:30 a.m.

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The Cooper Institute research studies showed that Nordic walking burns more calories, increases oxygen consumption and can be 46% more efficient than normal walking. It's a great workout!

Please wear shoes comfortable for paved paths and bring a bottle of water. Nordic poles provided are adjustable to your height.

There is no registration deadline for this program. Join anytime if spots are still available! (JH)

Date	Park
June 5/7	Yankee
June 12/14	Oak Creek South
June 19/21	Holes Creek
June 26/28	Robert F. Mays
July 3/5	Oak Grove
July 10/12	Schoolhouse
July 17/19	Forest Field
July 24/26	Iron Horse
July 31/August 2	Yankee
August 7/9	Oak Creek South
August 14/16	Holes Creek
August 21/23	Robert F. Mays

#### **Hike for Your Health**

Ages 18 and up Wednesdays, June 6 – August 29 (no hike July 4) 9:30 – 10:30 a.m. Fee: \$15 nonresidents

Designed to get your heart rate up and get you moving outdoors this summer! Staff and volunteers will lead you on these guided, self-paced hikes. Hike for Your Health is a wonderful opportunity to get to know your parks better. Path descriptions are provided to help you choose the most comfortable shoe attire.

There is no registration deadline for this program. Join anytime!  $\rm (JH)$ 

Date	Park	Path
June 6	Robert F. Mays	paved
June 13	Grant, Normandy	natural
June 20	Schoolhouse	paved
June 27	Bill Yeck, Smith House	natural
July 11	Bill Yeck, McGuffey Meadow	natural
July 18	Yankee	paved
July 25	Grant, Normandy	natural
August 1	Forest Field	paved
August 8	Bill Yeck, Rooks Mill	natural
August 15	Schoolhouse	paved
August 22	Grant, Normandy	natural
August 29	Oak Grove	paved

**\*\*** Some oldfashioned things like fresh air and sunshine are hard to beat.**\*** 

~Laura Ingalls Wilder

Registration closes 4:30 p.m. the day prior to all programs unless otherwise indicated.

#### **Trail Running Group**

Ages 18 and up **Wednesdays, June 6 – August 29** (no run July 4) 6:00 – 7:00 p.m.

Up and Running will provide a trail leader as you enjoy running natural trails. This running group is for experienced runners and includes meadows, trails and hills. Meet at the Normandy Entrance (501 Normandy Ridge Rd.) of Grant Park and the Smith Entrance (2230 E. Centerville Station Rd.) of Bill Yeck Park.

There is no registration deadline for this program. Join anytime! (JH)

Date	Park
June 6	Bill Yeck
June 13	Grant
June 20	Bill Yeck
June 27	Grant
July 11	Bill Yeck
July 18	Grant
July 25	Bill Yeck
August 1	Grant
August 8	Bill Yeck
August 15	Grant
August 22	Bill Yeck
August 29	Grant

If we have to cancel due to inclement weather, Up and Running will post the cancellation on their Facebook page.



#### **Health Coaching Class**

Ages 18 and up **Mondays, June 11 – July 23** (no class July 2) 6:00 – 7:00 p.m. Oak Creek South Park 790 Miamisburg-Centerville Rd. **Fee:** \$36 residents, \$46 nonresidents **Registration deadline:** Wednesday, June 6

Relationships, exercise, career and spirituality are just as important to your health as the food you eat. Join certified health coach Betsy Holzapfel, as she discusses using a holistic approach to set personal wellness goals and action steps necessary in achieving those goals. A new health topic will be discussed each week for a total of six weeks. (JH)

#### **Tabata Training Camp**

Ages 18 and up Yankee Park 7500 Yankee St. Fee: \$34 residents, \$44 nonresidents

#### Session A

**Tuesdays, June 12 – July 24** 9:30 – 10:30 a.m.

#### Session B

**Thursdays, June 14 – July 26** 6:00 – 7:00 p.m.

Tabata Training Camp focuses on upper body, lower body and core for an effective total-body workout. Use 20-10 and 40-30-20 timed intervals to push to your maximum effort before resting and repeating! This fun and effective workout is composed of a variety of simple cardio and strength-training exercises including partner work and games. Taught by Rebecca Rojas, certified Tabata Bootcamp instructor. Please bring a mat or towel and water. (JH)



#### **Cardio Mix**

Ages 18 and up Fridays, June 15 – July 27 9:30 – 10:30 a.m. Schoolhouse Park 1875 Nutt Rd. Fee: \$20 residents, \$26 nonresidents

A boot camp style class that includes a mix of cardiovascular and strength training exercises and drills. Breathe fresh air, soak in vitamin D and work up a sweat! Taught by Rebecca Rojas, certified group fitness instructor. Exercise equipment is provided for all participants. Please bring a mat or towel and water. (JH)

#### Wilderness Workout

Ages 18 and up Saturdays, July 7 – August 4 7:30 – 8:30 a.m. Bill Yeck Park, Smith House Entrance 2230 E. Centerville Station Rd. Fee: \$24 residents, \$32 nonresidents Registration deadline: Thursday, July 5

Exercising outdoors provides a myriad of benefits — from improved vitality to decreased tension and fatigue. Join local Fitness Professional and nature enthusiast, Raquel Rivera-Hill, as she leads a stimulating trail workout through the park. No equipment needed, however work gloves and trail shoes are strongly recommended. (JH)

> Online resident registration begins Monday, May 14, 10:00 a.m.

#### Tai Chi for Wellness

Harvard School of Integrative Medicine tells us that the slow meditative movements, deep breathing and relaxation that is characteristic of Tai Chi practice create a special biological state that activates our capacity for body/mind wellness and healing. Great for stress relief, post-illness or managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones.

#### Tai Chi for All Levels

Ages 18 and up **Mondays, June 11 – August 13** 7:00 – 8:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. **Fee:** \$48 residents, \$64 nonresidents

A focus on Tai Chi and Qigong (Chi Kung) principles and form through Tai Chi Easy<sup>™</sup> — a form created by Roger Jahnke, O.M.D. — to make Tai Chi accessible and fun for everyone. This class is suitable for beginners and those already experienced with Tai Chi. (JH)



#### Zumba Wake-up Workout

Ages 16 and up 7:00 – 8:00 a.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd. Fee: \$20 residents, \$26 nonresidents

#### Session A

#### Tuesdays, July 17 – August 28

#### **Beginner Tai Chi**

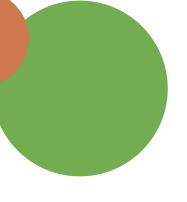
Ages 18 and up Saturdays, June 16 – August 18 10:15 – 11:15 a.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee: \$48 residents, \$64 nonresidents

An introduction to Tai Chi and Qigong (Chi Kung) principles and form through Tai Chi Easy<sup>™</sup>. (JH)

#### Intermediate Tai Chi

Ages 18 and up Saturdays, June 16 – August 18 11:30 a.m. – 12:30 p.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee: \$48 residents, \$64 nonresidents

Continuing to develop Tai Chi and Qigong principles moving from Tai Chi Easy<sup>™</sup> into Dr. Roger Jahnke's Integral Tai Chi form. (JH)



**Session B** Thursdays, July 19 – August 30

Exercising in the morning poses amazing benefits for the body. It jumpstarts your metabolism, allowing you to blast fat throughout the day. Exercise also releases endorphins, a nice reward system! Taught by certified Zumba fitness instructor Janet Hartsock, this morning exercise program is a blend of Zumba and a full-body resistance band workout. Bring water, an exercise mat and a towel. All other equipment provided.



#### **Tennis Leagues**

Ages 18 and up July 8 – September 13 6:00 p.m. Various locations Fee: \$25 residents, \$35 nonresidents Registration deadline: Friday, June 22

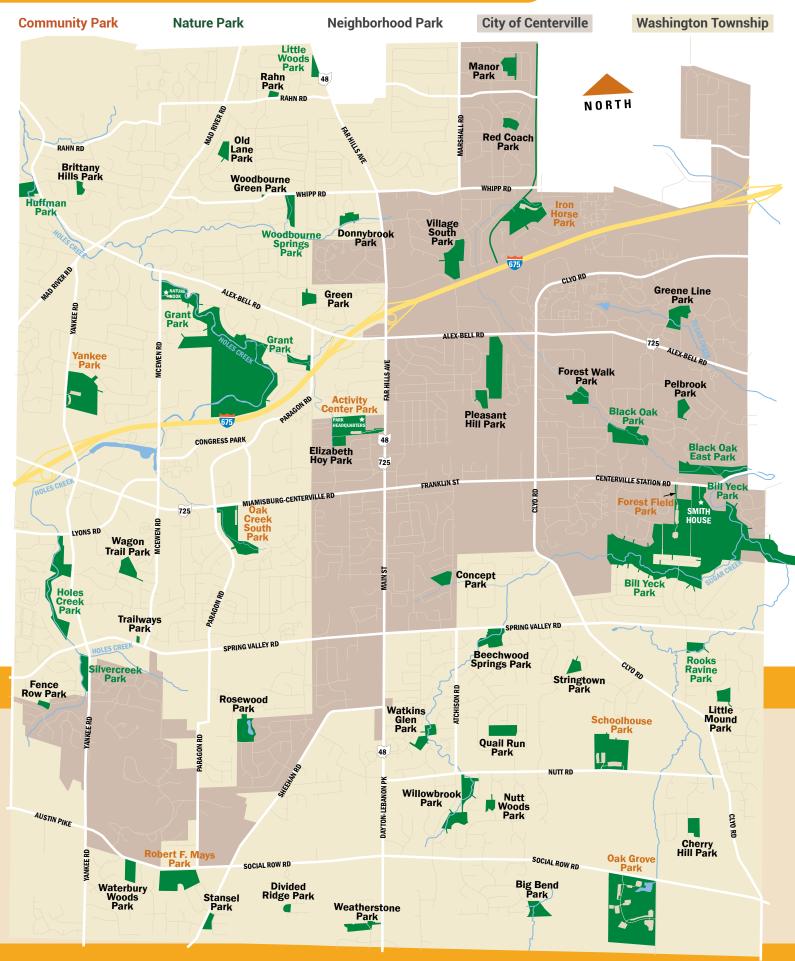
Join a Park District tennis league and play tennis in the parks this summer! Several levels of play allow opportunities for all abilities. All leagues are 10 weeks long. League schedules and rules are mailed out prior to league play. (JH)

Day	Level of Play
Sunday	Men's Advanced
Monday	Men's Intermediate Women's Doubles
Tuesday	Men's Intermediate 50+ Men's Advanced 50+
Wednesday	Men's Advanced Women's 50+
Thursday	Women's Intermediate Women's Advanced

#### **Kick-bata**

Ages 18 and up **Mondays, August 6 – 27** 6:00 – 7:00 p.m. *Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.* **Fee:** \$20 residents, \$26 nonresidents

Kick-bata combines kickboxing with Tabata intervals for a dynamic and challenging experience. Certified fitness instructor, Rebecca Rojas, will help you develop your cardiovascular fitness, balance, coordination, strength and agility, all while having an uplifting and fun class with motivating music. Please bring a mat or towel, and water. (JH) The Park District is made up of 50 community, nature and neighborhood parks. Visit **www.cwpd.org** for detailed information and a map to each park.



### **HOW TO REGISTER**





It's easy Three simple steps, and you'll be enrolled in the program of your

choice.

It's environmentally friendly No need to use gas driving over to register in person. And it saves paper.

Online resident registration begins May 14.

### Online (first day of registration is online only)

Visit **https://apm.activecommunities.com/cwpd** to register. To expedite your registration, create an account prior to 10:00 a.m. on May 14. A valid email address is required. This site can be used for free programs and for fee-based programs with a debit or credit card. Payee will be shown as Active.com.

Registration for the camps on page 4 – 9 began April 9.

#### **By Phone**

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have your credit card ready for fee-based programs. Phone registration begins one day later than online registration.

#### **In Person**

Visit Park District headquarters at 221 N. Main Street Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card. Make checks payable to CWPD or Centerville-Washington Park District. In person registration begins one day later than online registration.

#### **Registration and Refund Policy**

- Residents may register members of their family and one other resident family.
- Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees or receive a refund.

#### Access to All

Please contact us in advance if you require any special accommodations to participate in our programs.

#### **Centerville-Washington Park District Program Release**

When registering for or attending any Park District program, you are required to agree to the following statement:

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.

Online **Resident** Registration Begins Monday, May 14 at 10:00 a.m.

Online Nonresident Registration Begins Monday, May 21 at 10:00 a.m.

# Centerville-Washington PARK DISTRICT

# The Centerville-Washington Park District Park Board invites all residents to ... Explore Your Community's BIG Backyard!

# Your support guarantees great parks!

In November, 78.3% of voters agreed to renew the Park District levy. That is the highest yes vote percentage in our 58-year history! It was also the highest of all Ohio park districts on the ballot in November. This levy will fund park operations for another 10 years. We are thrilled to continue to work on park improvements and park programs for you to enjoy!

The year 2017 brought many changes to your parks; take a look!

#### PARK IMPROVEMENTS COMPLETED IN 2017

- Installed life-saving outdoor AED stations in Activity Center, Iron Horse, Oak Creek South, Oak Grove, Robert F. Mays, Schoolhouse and Yankee Parks
- Added half-mile paved path connecting Forest Field and Bill Yeck Parks
- Built flush restroom building at Forest Field Park
- Expanded **Village South Park** by 6.7 acres, removing invasive plants and dead or dying trees from the wooded area
- Cleared invasive plants and dead or dying ash trees from new addition of **Pleasant Hill Park**
- Upgraded **Iron Horse Park** playground to an all-weather, all-accessible safety surface with all new playground equipment with accessible play pieces
- Added Little Free Libraries to **Iron Horse** and **Robert F. Mays Park** thanks to donations and community partnerships
- Planted 175+ trees throughout your parks and 500 seedlings at Yankee Park
- Upgraded playground amenities at Cherry Hill, Forest Walk and Greene Line Parks
- Added new park signage at **Bill Yeck** (Smith House), **Holes Creek**, **Iron Horse** and **Little Woods Parks** making for easier park identification
- Placed two shade structures at Robert F. Mays Park



CWPD has adopted a **new mission statement** to better align with your preferences for our services. We based the revision on feedback received via multiple surveys and focus groups, and internal strategic planning:

Deliver fun, healthy, and outstanding park experiences that connect the community with the outdoors.

We are serious about stretching your tax dollars! We sought and received these grant awards in 2017:

> Clean Ohio Fund Green Space Conservation (\$564,000)

Ohio Department of Natural Resources NatureWorks (\$93,000)









# **2017 Annual Report**



#### INCREASED PROGRAM OPPORTUNITIES

We continue to receive feedback that you would like to see more park programs! In 2017, we made even more progress!

- Created 63 new programs, 66% of which were held in evenings or on weekends
- Increased fitness and wellness programming by 49%, including evening options like HIIT the Park and Trail Trekking
- Offered additional family programming such as Family Nature Play, Family Camping, Nocturnal Nature Series, Go Fishing Day, EarthJoy Tree Climb and Family Storytime Yoga! These are all great ways to connect with family and nature at the same time!
- Held even more community events! Introduced Amazing Race, Meet and Play Mascot Day, Pull Your Weight Garlic Mustard Challenge, Dayton Diggers Hunt, and an additional evening of the popular Fall Family Fun Night.
- Added more camp experiences, such as Preschool Play Yard, Energy Exploration STEM and Kids' Culinary Concoctions.
- Reached 3,247 people through visits to schools, scout groups and other special interest groups.

#### **SELF-DIRECTED ACTIVITIES POPULAR IN 2017**



We know busy families don't always have time to attend scheduled programs, but our mission is to connect the community with the outdoors! Our solution? Pop-up park challenges you can complete on your schedule. We were thrilled when almost 50 families went out to place colorful ice spheres in your parks – on days temperatures were

below 10 degrees! In 2017 alone, more than 150 families "popped up" in parks with #itsaCWPDsummer and #itsaCWPDwinter.

The **#CWPDROCKs** movement has encouraged families to spend time together painting, hiding and seeking rocks within your 50 parks. We launched a Facebook group in March 2017 for people to share their adventures. Far exceeding our expectations, it has grown to 1,200 members in only one year, sparking six new programs and the



**#50park-challenge** to visit every park in the district. The first to bring this nationwide trend to our area, it has had a major impact on our community, getting more people than ever visiting the parks!



In August, we introduced **#BigChairBigBack-yard** to your parks. The Big Chair is touring your 50 parks and moves every few weeks. When you find it, sit down, relax, post a photo and tell your friends where they can find **#BigChairBigBack-yard**! Watch for a "remodel" of the Big Chair in early 2018!

Please keep sharing your ideas, suggestions, and even complaints with us! All communication is valuable, and the more we hear from you, the better. We want to hear what is important to the community, so we can better serve you!

We will continue to strive to meet your outdoor recreation needs. Many thanks from the park board to the hundreds of volunteers who supported dozens of park improvement projects and invested thousands of hours in programs and activities. The Centerville-Washington Park District would not be the same without your selfless contributions!



Dan H. Monahan President



David R. Lee Vice President



Lucy M. Sánchez Secretary

PARK DISTR 221 N. Main St. | Centerville, OH 45459-4617

Centerville-Washington

Printed on recycled paper with soy inks

# **SUMMER EVENTS AT-A-GLANCE**

#### JUNE page # Mon, June 4 Summer Pop-Up Park 13 Fri, July 13 Family Fitness Yoga 16 Challenge Begins Fri, July 13 Fly Away With Us: Drones 14 Firefly Hike Fri, June 8 13 Hike with CWPD! Ken Carter Tues, July 17 18 Fri, June 8 YoGlow 8 Wed, July 18 Cascade Creek Walk 10 Sat, June 9 National Get Outdoors Day 13 Wed, July 18 Family Recess: Robert F. Mays Park 17 Celebration **Blacklight Sand Volleyball** 9 Fri, July 20 Sat, June 9 Survivor: Dynamic Duo Edition 19 Tournament Tues, June 12 Picnic & Play: Little Mound Park 13 Sat, July 21 Dog Days of Summer 17 Wed, June 13 Fantastic Feathered Friends 13 Friends & Family Hike Fri, June 15 Intergenerational Series 10 Tues, July 24 Surviving the Wild 11 Hike & Seek Fri, July 27 **Splashtacular:** 9 Fri, June 15 Family Fitness Boot Camp 16 Wacky Water Games! Silver Screen Under the Stars: Cars Tues, June 19 Hike with CWPD! Arnie Biondo 8 18 Fri, July 27 Cascade Creek Walk 14 Wed, June 20 10 Sat, July 28 Adapted Action Day Wed, June 20 Family Recess: Iron Horse Park 17 Thurs, June 21 Capture the Flag & Bonfire AUGUST 11 Fri, June 22 Family Camping 14 Wed, Aug 1 Just Creeking 14 9 Fri, June 29 It's a Jungle Out There! Wildflower Photography 15 Sat, Aug 4 Fri, June 29 Silver Screen Under the Stars: Thurs, Aug 9 **Play S'more** 9 8 Despicable Me Sat, Aug 11 Shooting Stars Campout 15 Sat, June 30 **Beginner Archery Clinic** 17 Tues, Aug 14 Picnic & Play: Pleasant Hill Park 13 Wed, Aug 15 Family Recess: 17 JULY Oak Creek South Park Mon, July 2 Kids Night Out: Party in the USA! 11 Fri, Aug 17 Family Fitness Zumba 16 14 Hike with CWPD! Carrie Dittman 18 Tues, July 3 Patriotic Chalk Party! Tues, Aug 21 Silver Screen Under the Stars: Wed, July 4 Americana Festival 8 Fri, Aug 24 8 Moana Tues, July 10 Picnic & Play: Green Park

See inside for popular series programs such as Early Adventures, Tabata Training Camp, Trail Trekking and more. And, look for several new programs, including Animal Flow and Health Coaching Class!

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