

# **Centerville-Washington PARK DISTRICT NEWS & EVENTS**

## DECEMBER 2015 - FEBRUARY 2016

Fifty parks encompassing  
1,000 acres in Centerville  
and Washington Township

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## Headquarters

Activity Center Park  
221 North Main Street  
Centerville, Ohio 45459-4617  
(937) 433-5155  
Fax: (937) 433-6564  
mail@cwpcd.org  
www.cwpcd.org  
Second Shift/Weekends: (937) 470-9246

## Winter Office Hours

Monday – Friday  
8:00 a.m. – noon, 12:30 – 4:30 p.m.  
Office Closed: December 24 & 25, 2015  
January 1 & 18, 2016

## Park Addresses

Addresses for all 50 parks can be found on page 5. For more information on each park, visit [www.cwpcd.org](http://www.cwpcd.org)

## Rain Out Line

(937) 433-2524  
Option 2: Tennis Information  
Option 3: Dog Park Closings

## Athletic Field Conditions

[www.cwpcd.org/field\\_status.shtml](http://www.cwpcd.org/field_status.shtml)

## Area Youth Athletic Organizations

Centerville Baseball Softball League  
[www.cbltoday.org](http://www.cbltoday.org)

Centerville Wee Elk Football Association  
[www.weeelks.org](http://www.weeelks.org)

Centerville Youth Lacrosse  
[www.cvlax.org](http://www.cvlax.org)

CUSA Crew Juniors &  
Centerville Recreational Soccer  
[www.cusacrewjuniors.org](http://www.cusacrewjuniors.org)

Up and Running Juniors  
[www.upandrunningindayton.com/get-involved/training-groups/](http://www.upandrunningindayton.com/get-involved/training-groups/)

## Save a Tree

To subscribe to the newsletter visit  
[www.cwpcd.org/subscribe.html](http://www.cwpcd.org/subscribe.html).

Here, you can also stop home delivery of the printed newsletter.

## Commissioners Corner



Yes, cold weather and snow are coming, but your Park District is not hibernating!

Check out the pages that follow for lots of fun, educational

and healthy things to do this winter. You'll find plenty of family programs, day camp, preschool fun and adult programs. Whether you like to keep fit with Hike for Your Health, or, find your creative side with one of the many craft and art classes, there's plenty to choose from.

In fact, with community input from the spring survey, we have added more than ten new activities, and have started some park improvements.

The park improvements won't be visible this winter, but they will be underway. Specifically watch for these:

- **Mays Park** shelter will be finished, followed by the start of the playground and walking path.
- Skatepark expansion at **Oak Creek South Park** gets underway.

- **Holes Creek Trail** will be started, to be complete by summer.
- Final touches will be added to the third **Oak Grove Park** dog park "corral" for 2016.

This is all exciting, but the Park Board would like you to know that we are planning for the future as well. Thanks to the hundreds of residents who gave their input, the Board and Staff will complete a strategic plan this winter. The plan will ensure that we are delivering the services that the community wants; that the delivery is done in a cost-effective manner; and, that the quality of parks and activities will continue to meet community expectations.

On behalf of all commissioners, we look forward to seeing you at the Luminary Walk, at a Pop-Up Park Challenge, or, maybe at one of the parks for a winter stroll. Thanks for your interest and support of your Centerville and Washington Township Parks!

*Lucy Sanchez*

Park Board Secretary

## Staff Update

We are pleased to welcome **Ginger Clark** to the Park District staff as the **Volunteer Coordinator**. Ginger joined the staff in September. She lives in Washington Township with her husband Matt, her three children Avery (10), Hadley (7), and Adeline (3), and her dog Chewie. She enjoys archery, Irish dance, cross stitching, geocaching and spending time at the parks with her family.

Ginger has previously volunteered as a certified archery instructor for the Park District and is excited to officially join the staff. She is looking forward to working with the wonderful Centerville-Washington Park District volunteers!

If you are interested in volunteering for the Park District, contact Ginger for more information at [gclark@cwpcd.org](mailto:gclark@cwpcd.org) or (937) 433-5155.



## Where is Sparkles?

Keep your eye on CWPD social media for the return of Sparkles the Elf this holiday season! Sparkles received her name from a 9-year-old Washington Township resident in a naming contest last November. She was spotted in several locations throughout the parks last winter. We've been behaving ourselves, so we expect her to return this winter! Follow along as she visits more parks throughout the Park District!

**#WhereIsSparkles**



## Two Prominent Park Features Expand



The dog park at **Oak Grove Park** is growing! The park currently features two fenced-in areas of approximately one acre each — one area for dogs under 35 lbs. and another for dogs over 35 lbs. The Park District is in the process of adding a *third* one-acre area to the off-leash park. The addition will be on the southeast corner of the existing dog park and will include a shade structure, benches and picnic tables.

The purpose of the third area is to allow for the occasional rotation of large dog areas, causing less wear and tear on the turf — in other words, more grass, less dirt and mud! This change will result in fewer weather-related closures of the dog park, something dog park visitors have requested.

The area was recently graded by Flora Excavating and fenced in by Mills Fence. It was seeded in late September by Park District staff. The area will need time for the new turf to establish before it can be open for use. We expect the new area to be put into rotation by fall 2016.



American Ramp Company has been contracted to design and build an addition to the skatepark at **Oak Creek South Park**. In mid-July, ARC held a meeting at the skatepark to hear feedback from users regarding any new features they would like to see included in the expansion.

The existing skatepark, opened in 2010, is a complex series of bowls and transitions, but is short on basics that beginning skaters use as they are learning. The overall consensus of the group was that the expansion needed to include basic elements. Therefore, the expansion will cater to the beginner and intermediate skater. It will include 2', 3' and 4' tall bank ramps to help beginners gradually work up to higher obstacles. There will also be a 4' tall quarter pipe with a ledge and an 8' tall quarter pipe that can be used by all skill levels.

A new stair set, rails and ledges will be geared more toward the intermediate and advanced skater.

The new addition will be on the west side of the existing skatepark and will run parallel to Miamisburg-Centerville Road. Construction on the expansion began in October and is expected to be completed by June 2016.

## Facility Reservations



Perfect for birthday parties, graduation parties, family reunions and more! Shelter availability can be viewed online. Reservations for 2016 can be made beginning January 4, 2016 by phone at (937) 433-5155 or in person at Park Headquarters. Rental fee is due at time of booking. The Park District reserves the right to refuse permit requests and to limit the number of participants.

**PARK SHELTERS:** Activity Center (1/2 shelter only), Forest Field, Iron Horse, Oak Creek South, Oak Grove (5 shelters), Schoolhouse and Yankee Parks.

**GRANT PARK FIRE CIRCLES:** We provide the firewood, you provide the s'mores!

**GRANT PARK KENNARD NATURE NOOK:** Available for small non-profit service groups based in Centerville or Washington Township that benefit the community at large.

For details and photos of each shelter location visit [www.cwpd.org/shelters.html](http://www.cwpd.org/shelters.html). Please note that alcohol is not permitted anywhere in the Park District.

## Emerald Ash Borer [by the numbers]

**400**

Ash trees removed from CWPd parks Jan – Sept 2015.

**14**

Parks that have been cleared of ash trees Jan – Sept 2015.

**3 – 4**

Years we anticipate it will take to remove remaining infected trees.



Meyers Logging harvested usable ash trees to make pallets and tool handles. The remaining wood was left in the parks for residents to enjoy as firewood.



## Commercial Photography Permits

Parks are a wonderful place to have family photos taken! However, commercial activity is not permitted on public land. With a special permit photographers are permitted to hold photo shoots in CWPd parks. Photographers may receive a permit for 2016 by submitting a request form (found at [www.cwpd.org/forms\\_list.html](http://www.cwpd.org/forms_list.html)) and a \$50 annual permit fee.

# PARK DISTRICT MAP

The Park District is made up of 50 community, nature and neighborhood parks. Visit [www.cwpd.org](http://www.cwpd.org) for detailed information and a map to each park.

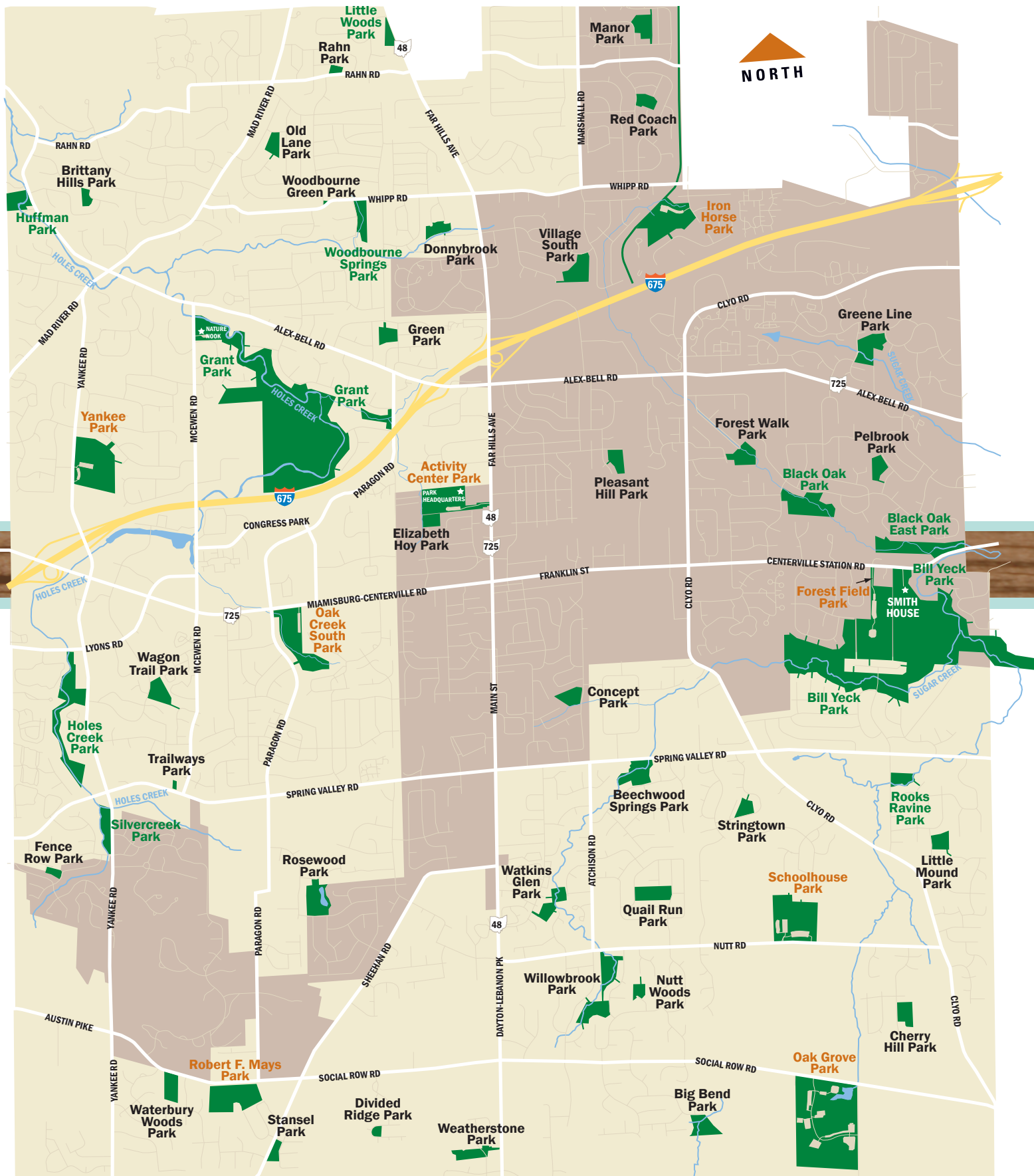
Community Park

Nature Park

Neighborhood Park

City of Centerville

Washington Township



## How to Register

### Online (recommended)

Visit <https://apm.activecommunities.com/cwpd> to register. To expedite your registration, create an account prior to 10:00 a.m. on November 9. A valid email address is required. This site can be used for free programs and for fee-based programs with a debit or credit card. Payee will be shown as Active.com.

### By Phone

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have credit card ready for fee-based programs. **Phone registration begins one day later than online registration, on November 10 for residents and November 17 for nonresidents.**

### In Person

Visit Park District headquarters at 221 N. Main Street in Centerville Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card at headquarters. Make checks payable to CWPD or Centerville-Washington Park District. **In person registration begins one day later than online registration, on November 10 for residents and November 17 for nonresidents.**

### Registration and Refund Policy:

- Residents may register members of their family and one other resident family.
- Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees or receive a refund.

**Online Resident Registration Begins:**  
**Monday, November 9**  
**10:00 a.m.**

**Online Nonresident Registration Begins:**  
**Monday, November 16**  
**10:00 a.m.**



## PARK ADDRESSES

**Activity Center:** 221 N. Main Street

**Beechwood Springs:** 1141 Quiet Brook Trail

**Big Bend:** 1328 Spring Ash Drive

**Bill Yeck (3 main entrances):**

8798 Rooks Mill Lane

7893 Wilmington Dayton Road

(McGuffey Meadow)

2230 E. Centerville Station Road

(Smith House)

**Black Oak:** 1552 Ambridge Road

**Black Oak East:** 7835 John Elwood Drive

**Brittany Hills:** 5825 Batsford Drive

**Cherry Hill:** 10244 Cherry Tree Terrace

**Concept:** 345 Clareridge Lane

**Divided Ridge:** 347 Beck Drive

**Donnybrook:** 6161 Donnybrook Drive

**Elizabeth Hoy:** 185 Hampton Drive

**Fence Row:** 1650 Haley Drive

**Forest Field:** 2100 E. Centerville Station Road

**Forest Walk:** 7570 Forest Brook Boulevard

**Grant (3 main entrances):**

501 Normandy Ridge Road

6588 McEwen Road (Kennard Nature Nook)

616 Grant's Trail

**Green:** 6661 Green Park Drive

**Greene Line:** 6774 Crossbrook Drive

**Holes Creek:** 8575 Yankee Street

**Huffman:** 1616 W. Alex-Bell Road

**Iron Horse:** 6161 Millshire Drive

**Little Mound:** 9490 Still Meadow Lane

**Little Woods:** Colonial Lane/Far Hills Avenue

**Manor:** 989 Thorndale Drive

**Nutt Woods:** 10188 Ashpark Court

**Oak Creek South:** 790 Miamisburg-Centerville Road

**Oak Grove:** 1790 E. Social Row Road

**Old Lane:** 500 Druewood Lane

**Pelbrook:** 7566 Cloverbrook Park Drive

**Pleasant Hill:** 358 Zengel Drive

**Quail Run:** 1180 Timber Hawk Trail

**Rahn:** 223 W. Rahn Road

**Red Coach:** 5500 Royalwood Drive

**Robert F. Mays:** 10553 Paragon Road

**Rooks Ravine:** 9100 Rooks Road

**Rosewood:** 475 Roselake Drive

**Schoolhouse:** 1875 Nutt Road

**Silvercreek:** 9369 Yankee Street

**Stansel:** 1304 Sarah Freeman Drive

**Stringtown:** 9191 Woodstream Lane

**Trailways:** 1165 W. Spring Valley Pike

**Village South:** 411 North Village Drive

**Wagon Trail:** 8450 Washington Village Drive

**Waterbury Woods:** 1250 W. Social Row Road

**Watkins Glen:** 825 Watkins Glen Drive

**Weatherstone:** 10998 Pennfield Road

**Willowbrook:** 10225 Park Edge Drive

**Woodbourne Green:** W. Whipp Rd. at Paddington Road

**Woodbourne Springs:** 220 W. Whipp Road

**Yankee:** 7500 Yankee Street

# FAMILY PROGRAMS



## The Winter Challenge!

All ages

**Begins Friday, December 4**

The Pop-Up Park Challenge is back for winter to give your family a little extra motivation to go exploring! Throughout the winter months we'll be posting challenges on our social media accounts — Facebook, Twitter and Instagram. **Complete ten out of 15** posted pop-up park challenges and win a **\$20 Dorothy Lane Market gift card**! In addition, each winner will be entered into a grand prize drawing for a **\$100 Cabela's gift card** — opening this spring at Cornerstone of Centerville!

Most challenges will involve visiting a specific park location to fulfill a task or find a landmark. Other challenges will involve attending one of our winter events! You won't know the challenge until the challenge timeclock begins, and then you'll have a deadline to complete it! Post a photo proving challenge completion with the tag **#itsacwpdwinter**.

Like us on Facebook and follow us on Twitter and Instagram to get more updates about this winter's Pop-Up Park Challenge!

## Live! Animal Talk with Bruckner Nature Center

*New!*

All ages

**Saturday, December 19**

11:00 a.m. — noon **OR** 1:00 — 2:00 p.m.

*Bill Yeck Park, Smith Entrance*

Meet some live animals with Bruckner Nature Center! In this presentation, we will learn what to do if you find an animal you suspect to be in trouble and about the life histories of the animals visiting us!

## What Track is That?

All ages

**Saturday, January 9**

1:00 — 2:00 p.m.

*Grant Park, Kennard Nature Nook*

Which of our forest friends are active during the winter? Train to be a track detective and find the clues!

## Family Cupid Shuffle 5K Hike

All ages

**Saturday, February 13**

9:30 — 10:30 a.m.

*Grant Park, Normandy Entrance*

Get your heart pumping with a pre-Valentine's Day family hike! Hike your way to a healthier heart on the natural trails of Grant Park. Cupid will point you in the right direction as you hike the 3.1 miles.

*If we must cancel due to inclement weather, we will post an announcement on Facebook.*



White-tailed deer track

Online resident registration begins  
Monday, November 9, 10:00 a.m.

Registration  
is **REQUIRED**  
for all programs  
unless otherwise  
indicated.

## Starry Night

All ages

**Friday, January 8 OR Friday, February 19**

6:30 — 8:00 p.m.

*Bill Yeck Park, Smith House*

Join us for a stellar experience! We will learn about the constellations we can see this time of the year through games, activities and a nature hike.

## Intro to Calligraphy

*New!*

Ages 8 and up

**Saturday, February 20**

10:00 a.m. — noon

**Fee:** \$10 (with an optional \$50 materials fee)

**Registration Deadline:** Thursday, February 4

*Activity Center Park, Headquarters*

Do you have an interest in learning more about the art of calligraphy? Cathy Gardner is a professional calligrapher who previously owned a calligraphy studio in Tampa, Florida. She will teach you about the history of calligraphy, the variety of techniques used in calligraphy and provide a basic introduction to learning calligraphy skills. If you would like to continue to practice your new skills after the class, the materials fee is \$50. This includes a calligraphy pen, ink and a writing pad.

## Luminary Walk

All ages

**Friday, December 11**

6:30 — 8:30 p.m.

*Bill Yeck Park, Smith House*

The Luminary Walk has moved back to the Smith House! Take a peaceful stroll through Bill Yeck Park. Step inside the newly renovated house to listen to the Hithergreen Strummers play the dulcimers. Grab some hot chocolate to warm you up!

Photo by Emily Bell

Programs are **FREE** for residents unless otherwise indicated.



## Early Adventures

Ages 0 – 36 months with adult companion

9:30 – 10:15 a.m.

Fee: \$4 Nonresidents

**Session A: Wednesday, December 9**  
Bill Yeck Park, Smith House Entrance  
(natural path)

**Session B: Wednesday, January 13**  
Grant Park, Normandy Entrance  
(natural path)

**Session C: Wednesday, February 10**  
Oak Creek South Park (paved path)

Taking your little ones outdoors provides them with an experience that will benefit them forever. There are unique sounds, colors, lights, sensations and textures to process each time they go outdoors. These monthly adventures will give you a chance to experience nature with your babies and toddlers. Take a leisurely hike during our time together. Backpacks and front carriers are appropriate for those whose children are not walking. Strollers are not recommended at parks with natural terrain.

## Playdate Pals

Ages 18 – 36 months with adult companion  
10:00 – 11:00 a.m.

Bill Yeck Park, Smith House

Fee: \$4 Nonresidents

### Sleepy Bears

Wednesday, December 2

### Snowflakes and Snowballs

Wednesday, January 6

### Baby Animals

Wednesday, February 3

This program is designed to build sensory awareness and motor skills, and to encourage social interaction. Caregivers will have the chance to participate with their little one(s).

Playdate begins with learning stations, then we come together for a short program centered around our theme. It may include a story, song, activity and/or a short hike. Join us for lots of fun and new learning experiences.



## SPARK ART STUDIO

### SPARK Art: Winter Nature Art

Ages 3 – 4 with adult companion

Mondays, January 4 – February 8

(no class January 18)

6:30 – 7:30 p.m.

Bill Yeck Park, Smith House

Fee: \$29 Residents, \$47 Nonresidents

Work together to see the art all around you in nature! Students and their parent/guardian will use natural and traditional art materials to see the outdoors through artistic eyes.

## Preschool Nature Series

Ages 3 – 5 with adult companion

Fee: \$4 Nonresidents

*Children and parents should be dressed for an outdoor experience for all of the Preschool Nature Series Programs.*

### Night Owls

Wednesday, December 16 **OR**

Thursday, December 17

Grant Park, Kennard Nature Nook

6:00 – 7:00 p.m.

Join us for a special nighttime preschool program! We will learn all about owls in our indoor classroom and search for them during a brief hike on a natural path.

### Wings in Winter

Thursday, January 21

Bill Yeck Park, Smith House

9:30 – 10:30 a.m. **OR** 1:00 – 2:00 p.m.

Last month we learned about nighttime birds; now we will learn about daytime birds and how they fly! This program takes place both indoors and outdoors with a brief hike on a natural path.

### Maple Sugaring

Thursday, February 18

Grant Park, Kennard Nature Nook

9:30 – 10:30 a.m. **OR** 1:00 – 2:00 p.m.

Let's learn all about maple syrup! Where does it come from? How is it prepared? How yummy does it taste? This program takes place both indoors and outdoors with a brief hike on a natural trail.



## Creative Kids Corner

Ages 3 – 5

Grant Park, Kennard Nature Nook

Fee: \$9 Residents, \$12 Nonresidents

*Sign up for one series only, Thursdays or Fridays each month. Pick the session with the day and time that work best for you!*

**December: Fun with Frosty**

**January: Sun & Snow**

**February: February Flurries**

**Series A: Thursdays, December 10, January 7 & February 11, 2:00 – 3:00 p.m.**

**Series B: Fridays, December 11, January 8 & February 12, 9:00 – 10:00 a.m.**

This fun drop-off program features games, a story and a craft all revolving around a fun seasonal theme! Children are encouraged to wear old clothes.

## Intergenerational Series

Ages 3 – 6 with grandparent(s)

1:00 – 2:00 p.m. **OR** 6:00 – 7:00 p.m.

Grant Park, Kennard Nature Nook

Fee: \$4 Nonresidents

**Grand Gifts: Monday, December 7**

Grandchildren will enjoy stories and making holiday crafts to take home and give to parents, teachers or friends — all with help from grandma or grandpa!

**Very Special Valentine: Monday, February 8**

Grandparents will help their grandchildren make valentine cards to take home and/or mail to loved ones. Participants will also listen to a Valentine's Day story!

## Mini Movers

Ages 4 – 5

Tuesdays, January 5 – February 16

(no class February 2)

9:30 – 10:15 a.m. **OR** 1:00 – 1:45 p.m.

Grant Park, Kennard Nature Nook

Fee: \$9 Nonresidents

Let's move! Participants will enjoy engaging activities with an alphabet theme, age-appropriate equipment and fun music.

The "mini movers" will learn movements that assist in motor development and rhythmic skills and will have an opportunity to interact with other children their age. Both group and individual activities will be included for them to expand their social skills and be creative.

All children must wear comfortable clothing and gym shoes. Parent participation is not required. All activity will take place indoors.

# CHILDREN'S PROGRAMS

## Winter Woods Day Camp

Ages 3 – 12

**Saturdays, February 6 – 27**

**Fee:** \$55 per resident, \$85 per nonresident

**Registration Deadline:** January 28

*Bill Yeck Park, Smith House*

**Session 1:** 9:00 – 11:30 a.m.

**Session 2:** 12:30 – 3:00 p.m.

Give your children fond memories and keep them active this winter by signing them up for Winter Woods Day Camp! Campers will hike, participate in games and activities, make crafts and, of course, go sledding! No snow? No problem! There are many other adventures to be found at Bill Yeck Park. Activities will be conducted indoors and outdoors.

Camp will be held unless the weather causes the roadways to become treacherous. Parents will be alerted of cancellations by phone and on Facebook no later than one hour before the start of camp. Children are required to wear boots, hats and gloves each day.

Campers will be placed in groups based on age. You may request one camper friend of a similar age to be in your child's group. Requests will be honored when possible, but are not guaranteed.

### Camp Registration:

Registration details can be found on page 5. After registration, the Health History Form must be submitted no later than the registration deadline of January 28. The Health History Form can be found online: [www.cwpd.org/forms.html](http://www.cwpd.org/forms.html)

## SPARK ART STUDIO

### SPARK Art: Winter Nature Art

Ages 5 – 8

**Mondays, January 4 – February 8**

**(no class January 18)**

6:30 – 7:30 p.m.

*Bill Yeck Park, Smith House*

**Fee:** \$29 Residents, \$47 Nonresidents

Learn techniques for combining traditional art materials with objects from nature. The class will help you see the beauty in nature and the importance of conservation. Learn about artists who use nature as their inspiration, create nature art with canvas and clay, and work together to make a group art installation.

Registration  
is **REQUIRED**  
for all programs  
unless otherwise  
indicated.

New  
Location!

Online resident registration begins  
Monday, November 9, 10:00 a.m.



### Children's Yoga Series

Ages 5 – 8

**Saturdays, January 9 – 30**

11:00 a.m. – noon

*Bill Yeck Park, Smith House*

**Fee:** \$18 Residents, \$25 Nonresidents

Strike a pose! Stretch, balance, and strengthen your body as you learn yoga poses from certified Color Me Yoga Instructor, Megan Pooler. A perfect blend of nature and exercise, children will learn about the winter season through hands-on activities in the first part of each class and then finish with a fun-filled yoga session. All equipment will be provided.

### Jingle Bell Rec

Ages 5 – 12

**Monday, December 28**

1:00 – 4:00 p.m. **OR** 5:00 – 8:00 p.m.

*Bill Yeck Park, Smith House*

**Fee:** \$14 Residents, \$21 Nonresidents

School's out and brrr ... it's cold outside. Come inside the cozy Smith House for a variety of fun activities. We will have crafts, games, a nature walk and a Kid's Zumba session led by a certified Kid's Zumba and Kid's Zumba Jr. instructor!

*Bananas and oranges donated by Whole Foods of Centerville will be served for snack.*

New!

# CHILDREN'S PROGRAMS

Programs are **FREE** for residents unless otherwise indicated.

## Art and Imagination

Ages 6 – 8  
5:00 – 6:00 p.m.  
Grant Park, Kennard Nature Nook  
Fee: \$9 Residents, \$12 Nonresidents

**Creative Giftwrap:** Tuesday, December 15  
**Painting Without a Paintbrush:**

Tuesday, January 19

**Buttons and Beads:** Tuesday, February 16

Does your child love art time? Art and Imagination is designed to give your child an opportunity to get creative by trying new things and designing a unique project based on a monthly theme. This is a drop-off program. Your child should wear old clothes because things could get messy! Registration includes all three sessions.

## Explorers!

### Junior Explorers

Ages 6 – 8  
Wednesdays, December 2 – January 6  
(no Junior Explorers on December 23)  
3:30 – 4:30 p.m.  
Grant Park, Kennard Nature Nook  
Fee: \$11 Nonresidents

### Outdoor Explorers

Ages 9 – 12  
Mondays, January 11 – February 8  
4:00 – 5:30 p.m.  
Bill Yeck Park, Smith House  
Fee: \$11 Nonresidents

Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors. Activities will include discovery, challenges and games. This five-week program will be held rain or shine, so come prepared for the weather! This is a drop-off program; parents are not required to stay.

## Winter Recreation Program

Ages 6 – 10  
Tuesdays, December 22 & 29 **OR**  
Wednesdays, December 23 & 30  
10:00 a.m. – noon  
Grant Park, Kennard Nature Nook  
Fee: \$11 Residents, \$15 Nonresidents

*Sign up for one session only, Tuesdays or Wednesdays. Pick the session that works best for you! The Winter Recreation Program does not include a snack.*

This is the winter version of Summer Recreation Program! Come dressed for the cold, snowy winter weather so we can play games outside after we make a craft and play games inside.

## Holiday Gift Make It and Take It

Ages 8 – 11  
Saturday, December 12  
2:00 – 3:00 p.m.  
Facilitator: Patti McCormick, RN, Ph.D.  
Grant Park, Kennard Nature Nook  
Fee: \$15

Patti and her granddaughter, Sofija will lead a kids' version of the popular adult "Make it and Take it" class. The class will be themed around aromatherapy gifts to give to family, friends and teachers! Examples of gifts may include bath soaks, sachets and beeswax candles.

## Nature Brain Games

Ages 9 – 13  
Tuesdays, December 1, January 5 & February 2  
4:00 – 5:00 p.m.  
Grant Park, Kennard Nature Nook  
Fee: \$9 Residents, \$12 Nonresidents

Join us for a brand new type of program! Do your children enjoy mental challenges and puzzles? This program will include a variety of quiet individual brain games and group challenges, all based around a different monthly nature theme!

## Crafting Club

Ages 9 – 13  
Thursdays, December 3, January 7 & February 4  
4:00 – 5:00 p.m.  
Grant Park, Kennard Nature Nook  
Fee: \$9 Residents, \$12 Nonresidents

This fun after-school program covers basic crafting skills and techniques used to create handmade decorations and keepsakes. We provide everything needed with no prep, mess or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock.



## Tween and Teen T-Shirt Screen Printing

Ages 11 – 15  
Saturday, January 30  
1:00 – 3:30 p.m.  
Grant Park, Kennard Nature Nook  
Fee: \$30

We are partnering with Kettering's Rosewood Arts Centre to offer tweens and teens a chance to design and print their own t-shirt! A variety of materials and art techniques will be combined to create a unique shirt!

"Our greatest natural resource  
is the minds of our children."  
~Walt Disney



# ADULT PROGRAMS



## Booked for Lunch

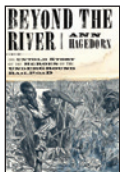
Ages 18 and up

**Wednesdays, December 2, January 6 & February 10**

11:30 a.m. – 12:30 p.m.

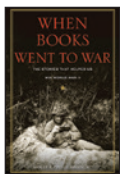
*Bill Yeck Park, Smith House*

A collaborative program with the Centerville-Washington Township Historical Society and the Washington-Centerville Public Library, Booked for Lunch is a monthly lunchtime discussion on a historical fiction or non-fiction book. Bring your lunch and we'll provide dessert! The library will advance order copies for participants, while supplies last.



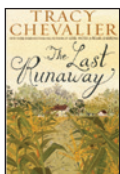
### December's Discussion

*Beyond the River: The Untold Story of the Heroes of the Underground Railroad*, by Ann Hagedorn



### January's Discussion

*When Books Went to War: The Stories that Helped Us Win World War II*, by Molly Guptill Manning



### February's Discussion

*The Last Runaway*, by Tracy Chevalier

Registration  
is **REQUIRED**  
for all programs  
unless otherwise  
indicated.



## Ladies' Night Out: Glass Etching

Ages 18 and up

**Friday, December 4**

6:30 – 8:00 p.m.

*Grant Park, Kennard Nature Nook*

**Fee:** \$15 Residents,  
\$20 Nonresidents



Bring glass jars or bottles you would like to turn into a work of art! Repurpose them as gifts or as a decoration for your own home. Glass jars can become candles and wine bottles can transform into lights, oil pourers, soap dispensers and more! Add your personal touch by learning how to etch a design into the glass. We will have a variety of stencils available including, but not limited to, nature themes. Please make sure the glass containers you bring are free of labels or glue. We will also have extra glass options on hand for the class.

## Bare Tree ID

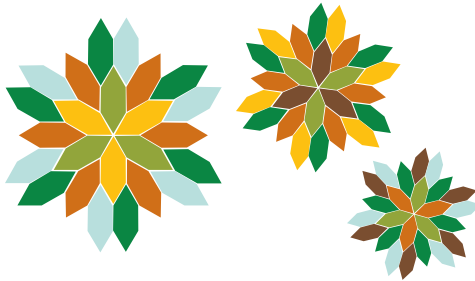
Ages 16 and up

**Saturday, December 5**

10:00 – 11:00 a.m.

*Bill Yeck Park, Smith Entrance*

Now that trees have lost their leaves, how can we tell them apart? Enjoy a hike through the park while learning how to identify trees without their signature leaves.



## English Paper Piecing

Ages 18 and up

**Saturday, January 16**

1:00 – 4:30 p.m.

*Grant Park, Kennard Nature Nook*

**Fee:** \$9 Residents, \$12 Nonresidents

Join us as we learn the art of English Paper Piecing, the creation of a quilt block or entire quilt using fabric wrapped around paper patterns, from Park District volunteer Julia Leet. Participants will receive supplies to begin a simple project which they can then finish at home. No prior experience necessary but some knowledge of hand sewing is helpful.

New!

Online resident registration begins  
Monday, November 9, 10:00 a.m.

## Raise Your Brush

Ages 18 and up

**Thursday, January 21**

6:30 – 9:00 p.m.

*Grant Park, Kennard Nature Nook*

**Fee:** \$30

Join Raise Your Brush at the Nature Nook to paint a winter rendition of a walk through Grant Park. Raise Your Brush has partnered with us to guide you through a relaxed, no pressure project. This is sure to be a fun, social and creative experience for all! This painting will be exclusive to this class. Registration is required. Register at [RaiseYourBrush.com](http://RaiseYourBrush.com).

*Please note: No alcohol will be served at this event.*

## Love Birds

Ages 14 and up

**Sunday, February 14**

1:00 – 2:15 p.m.

*Grant Park, Normandy Entrance*

Even though it is still quite chilly, many local birds are celebrating Valentine's Day. Let's search for some Ohio love birds and learn about their courtship behaviors.

## Chat with a Naturalist: Birds of Prey

Ages 18 and up

**Monday, January 25**

10:00 – 11:00 a.m.

*Enrichment Center at Rec West*

January and February are great months to look for our daytime birds of prey. We will learn behavior and identification of these beautiful birds! Registration is required through the Enrichment Center at Rec West.

## Request a "Chat With a Naturalist"

Does your special interest group want to learn more about Centerville and Washington Township wildlife? Groups of 10 or more can book our Naturalist to speak at their upcoming gathering. Groups are limited to two requests per year and six weeks notice is required for planning purposes. Topics include: groundhogs, woodpeckers, otters, coyotes and more!

Programs are **FREE** for residents unless otherwise indicated.



## Metro Dayton Hikers Hike at Bill Yeck Park

Ages 18 and up

**Sunday, January 3**

1:30 – 3:30 p.m.

Bill Yeck Park, McGuffey Meadow Entrance

Start your new year off right! Join the Metro Dayton Hikers for a 4 – 5 mile hike on natural trails. If you have questions, please contact Christopher at [cksands8@woh.rr.com](mailto:cksands8@woh.rr.com) or (937) 687-0114. Registration is not required.

## How to Get Holistic Health in Your Life: Small Changes, Big Results

Ages 18 and up

**Thursday, January 14**

6:30 – 8:30 p.m.

Grant Park, Kennard Nature Nook

**Facilitator:** Patti McCormick, RN, Ph.D.

**Fee:** \$20

This presentation will teach you a variety of ways to improve your health and wellbeing with holistic approaches. What are some basic foods you can add to your diet to improve your health? What two or three supplements can you add? What one minute technique can you use to lower stress and improve health? Learn these things and more in this interactive presentation from the Institute of Holistic Leadership.



## Wellness Series

All ages

6:30 – 7:30 p.m.

Grant Park, Kennard Nature Nook

*New!*

## Healthy Holiday Eating

**Tuesday, December 8**

**Facilitator:** Jane Key, RD, LD, CC

Join us as we discuss healthy holiday tips including recipe modification and entertaining ideas. Learn how to enjoy the holidays guilt free!

## A Healthier You in 10

**Tuesday, January 5**

**Facilitator:** Michelle Kahler-Campbell, MS, AT, ATC

Ten minutes? Ten easy steps? Find ways to achieve a healthier you. Learn tips to make healthy choices and exercises you can do at home to improve your fitness level.

## Balance 101

**Wednesday, February 17**

**Facilitator:** Michelle Kahler-Campbell, MS, AT, ATC

This class provides instruction on the most common risk factors for falls, as well as ways to keep your home and environment safe. Learn tips on nutrition as well as exercises to improve balance and strength. Class participation is encouraged.

## Yoga in the Park

Adults

**Saturdays, January 9 – February 13**

9:00 – 10:00 a.m.

Grant Park, Kennard Nature Nook

**Fee:** \$52 Residents, \$67 Nonresidents

Join us for yoga with Leelaa Yoga Studio owner and instructor, Megan Lees. This yoga class is for all levels and will include a warm-up, breath work, standing poses, flowing poses and end with relaxation. Please bring a yoga mat and water, and dress comfortably for this indoor class.

## Hike for Your Health Series

Ages 18 and up

9:30 – 10:30 a.m.

This Park District program is designed to get your heart rate up and get you moving during the cold winter months. Don't let yourself hibernate — our staff will happily lead you on these guided, self-paced hikes. Hike for Your Health is a wonderful opportunity to get to know your community's parks better and is also a fun way to meet new people!

Path descriptions are provided to help you choose the most comfortable shoe attire.

## Mondays

No hike December 21, 28 or January 18

Date	Park	Path
November 30	Oak Grove	paved
December 7	Iron Horse	paved
December 14	Bill Yeck, McGuffey Meadow Entrance	natural
January 4	Forest Field	natural
January 11	Iron Horse	paved
January 25	Bill Yeck, Rooks Mill Entrance	natural
February 1	Schoolhouse	paved
February 8	Bill Yeck, McGuffey Meadow Entrance	natural
February 15	Grant, Normandy Entrance	natural
February 22	Iron Horse	paved

## Wednesdays

No hike December 23 or 30

Date	Park	Path
December 2	Bill Yeck, Rooks Mill Entrance	natural
December 9	Grant, Normandy Entrance	natural
December 16	Oak Grove	paved
January 6	Yankee	paved
January 13	Bill Yeck, McGuffey Meadow Entrance	natural
January 20	Schoolhouse	paved
January 27	Forest Field	natural
February 3	Oak Creek South	paved
February 10	Iron Horse	paved
February 17	Bill Yeck, Rooks Mill Entrance	natural
February 24	Oak Grove	paved



Online Resident Registration begins 10:00 a.m.  
**Monday, November 9**

