

# **Centerville-Washington PARK DISTRICT NEWS & EVENTS**

DECEMBER 2014 -  
FEBRUARY 2015



Cardinal in Bill Yeck Park

Photo by David Goldstein

**2**

**PARK DISTRICT  
NEWS**

**6**

**FAMILY  
PROGRAMS**

**10**

**ADULT  
PROGRAMS**

**4**

**PARK DISTRICT  
MAP**

**7**

**PRESCHOOL  
PROGRAMS**

**11**

**HEALTH HISTORY  
FORM**

**5**

**REGISTRATION  
INFORMATION**

**8**

**CHILDREN'S  
PROGRAMS**

## **Park District Mission**

To provide quality parks, outdoor education,  
and recreation while preserving open space.





## Headquarters

Activity Center Park  
221 North Main Street  
Centerville, Ohio 45459-4617  
(937) 433-5155  
Fax: (937) 433-6564  
mail@cwpcd.org  
www.cwpcd.org  
Second Shift/Weekends: (937) 470-9246

## Office Hours

Monday – Friday  
8:00 a.m. to 4:30 p.m.  
Office Closed: December 24 & 25, 2014  
January 1 & 19, 2015

## Park Addresses

Addresses for all 49 parks can be found on page 5. For more information on each park, visit [www.cwpcd.org](http://www.cwpcd.org)

## Rain Out Line

(937) 433-2524  
Option 1: Field Information  
Option 2: Tennis Information  
Option 3: Dog Park Closings

## Athletic Field Conditions

[www.cwpcd.org/field\\_status.shtml](http://www.cwpcd.org/field_status.shtml)

## Area Youth Athletic Organizations

Centerville Baseball Softball League  
[www.cbltoday.org](http://www.cbltoday.org)

Centerville Wee Elk Football Association  
[www.weeelks.org](http://www.weeelks.org)

Centerville Youth Lacrosse  
[www.cvlax.org](http://www.cvlax.org)

CUSA Crew Juniors &  
Centerville Recreational Soccer  
[www.cusacrewjuniors.org](http://www.cusacrewjuniors.org)

Up and Running Juniors  
[www.upandrunningindayton.com/get-involved/training-groups/](http://www.upandrunningindayton.com/get-involved/training-groups/)

## Save a Tree

To subscribe to the newsletter visit  
[www.cwpcd.org/subscribe.html](http://www.cwpcd.org/subscribe.html).

Here, you can also stop home delivery of the printed newsletter.

## Commissioners Corner



The Park District is experiencing a significant change in staffing this quarter. The Park District Director, Carol Kennard, is retiring in December. Carol

served as the Park District Director for 17 years and has been with CWPDP for 33 years. Robert Feldmann, Development Manager, retired in October after 40 years with CWPDP. Barbara Smith, Business Manager, also retired in October after 19 years. Changes in the State health care program, age and years of service are the major reasons for their retirement. Needless to say, each of them leaves a lasting impact on the Park District. Their contributions to CWPDP and to the community of Centerville and Washington Township are far too numerous to mention here. **On behalf of the Park staff and the Board of Commissioners, we wholeheartedly wish them the very best in the future!**

During this period of transition, Carol Kennard and the Commissioners have been diligent in hiring new people for these positions. We are confident that the new members of the Park staff will continue to provide the same level of dedication, service, expertise and professionalism you have seen in the past.

As things change, others remain the same. The Park District will continue to develop programs that foster relationships and positive experiences in the parks. The staff prides itself in responding to inquiries in a timely manner and in providing high quality parks. Thus, we are always open to new ideas for improving park operations and facilities. Our continual goal is to follow through on all levy promises in our 10-year plan and to continue to be one of the best park districts in the State of Ohio.

David R. Lee



## Name our Elf!

We have a new friend at the Park District! She visited us last year at the very end of the holiday season, but she came and went so quickly that we didn't have a chance to name her. We hope the children of our community can help! We are taking suggestions for names and hoping she comes back to us this year! (We've been so good!)

Elf name suggestions should come from children ages 10 and under. Please email suggestions, on their behalf, to [mail@cwpcd.org](mailto:mail@cwpcd.org) or message them to us on our Facebook page. Include the child's name, age and contact information so we can **give them a gift of our appreciation** if their elf name is selected! *(Please don't post this information directly on our Facebook page, we don't want the child's information to be public.)* **Name suggestions should be submitted by Friday, November 21.**

Watch Facebook and Instagram for the return of our Centerville-Washington Park District elf! We'll be taking pictures of her whenever and wherever she shows up throughout the Park District!



## Annual Kiwanis Holiday Tree Sale

### Begins Friday, November 28

Monday – Friday, noon – 9:00 p.m., Saturday – Sunday, 10:00 a.m. – 9:00 p.m.  
Oak Creek South Park, 790 W. Miamisburg-Centerville Rd.

The Kettering-Centerville Kiwanis are once again holding their annual Holiday Tree Sale! Wreaths and roping are also available. The proceeds from the sale benefit local community and youth projects. Visit the tree lot at Oak Creek South Park to show your support for this local organization.

## Park District Director Announces Retirement



After nearly 33 years, the last 17 as Director, Carol Kennard is retiring from the Centerville-Washington Park District in December. She was hired as the first full-time program director in 1982 and immediately began

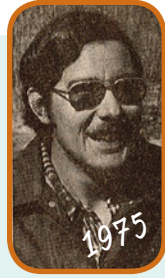
introducing new programs to engage people in their local parks. Hidden Meadows Day Camp, Winter Woods Day Camp, after school children's nature programs, Haunted Trail and the Volunteer Naturalist Program are just a few of the successful programs she began.

Carol was promoted to Director in 1997, as we entered a building phase for the district thanks to community support for our levies. Under her leadership, the Park District acquired seven new parks; added 56.165 acres to existing parks; and added many new facilities, including the Grant Nature Nook, skatepark, sprayground, all-access playground, Mark Kreusch Nature Playce, dog park and a multitude of other park amenities. During her career at the Park District, she assisted with six successful park levy campaigns, reaching out to the community to garner support for parks.

"What I enjoyed most about this job was getting involved with many different amazing groups in the community," said Kennard. "Partnering with other local governments, service clubs and private donors enabled us to stretch tax dollars to provide opportunities for people to enjoy their parks in many unique and fun ways."

After she retires, Carol plans to continue to seek ways to stay involved in the Centerville and Washington Township community. She is currently involved in the Centerville Rotary Club and is Vice-Chair for the Centerville-Washington Diversity Council. "I'm looking forward to having more time to give back to the community, and to spend time relaxing in our beautiful parks," said Kennard. "I'm excited for the future of the Park District, and feel fortunate we have such support for parks, open space and park programs in our community. And I appreciate all of the assistance given to me by our residents over the past 33 years."

## Development Manager Bob Feldmann Retires



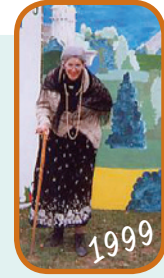
When Bob Feldmann started work at the Centerville-Washington Park District in May 1974, we had 17 parks encompassing 228 acres (now 49 parks and 997 acres). Grant Park was just over 57 acres (now 187),

and Bill Yeck Park was not quite ten acres (now 194). Our largest community park was Iron Horse Park at 25 acres, but it had not yet been developed.

After 40 years of hard work and dedication, developing 32 new parks and many recreation facilities in all 49 parks, Bob is hanging up his park uniform in favor of retirement. He started as a park maintenance worker, but from his first year at the district, had a hand in developing the parks for the benefit of our community. We've been lucky to have Bob, who has a knack for shaping the land just right for properly draining soccer fields, positioning shelters for best park patron usability, involving teens in our community when designing the skatepark and walking through an undeveloped area to envision a future park.

As Bob reflected on his career at CWPD, he said, "It's been a true honor to serve this community while working all these years for the Park District. I've been fortunate to work with many outstanding commissioners, fellow employees and members of the community. I've also been very fortunate to have a job I thoroughly enjoyed over the past 40 years." As you can imagine, after 40 years in public service, Bob has many stories to tell about the Centerville/Washington Township community, and maybe now he'll have time to write that book! Thanks Bob, for a great career dedicated to our community's parks and recreation needs!

## Business Manager Barbara Smith Retires



Barbara Smith first became involved with the Park District when she registered her two children, then preschoolers, for park programs in the late 1980s. A short time later, she was hired as a part-time Administrative Assistant

and was promoted to full-time Business Manager in 2005. Now after nearly 20 years on the Park District leadership team, she is retiring. Barbara's contributions to the Park District were behind the scenes, but had a great impact on the success of our district through oversight of the district finances and financial reporting, developing and managing our website, and making sure the office always ran smoothly.

During Barbara's tenure as Business Manager, every audit was given an unqualified opinion by the State Auditor, which meant the financial statements were an accurate record of the district's finances. When we introduced computers into the office, Barbara took it upon herself to learn IT skills, and was instrumental in setting up the computers and network which enabled staff to operate more efficiently. She also learned web design and developed the Park District website, with a professional appearance and easy-to-find, timely information. The website continues to be managed by Barbara and her staff, resulting in a significant savings of tax dollars.

"I've enjoyed working with others who shared a vision to provide activities at parks close to home. I am grateful I had the opportunity to be part of an organization with such dedicated individuals," said Smith.

She has certainly left her mark on the Park District, and we are grateful for the 20 years of leadership and innovation Barbara brought to the workplace every day. Congratulations on your retirement!

*Congratulations to Carol, Bob and Barbara! We will miss you tremendously and we thank you for being such wonderful examples of professionalism. Enjoy retirement!*

*~CWPD Staff*



Barbara Smith, Carol Kennard & Bob Feldmann - 2014



# PARK DISTRICT MAP

The Park District is made up of 49 community, nature and neighborhood parks. Visit [www.cwpd.org](http://www.cwpd.org) for detailed information and a map to each park.

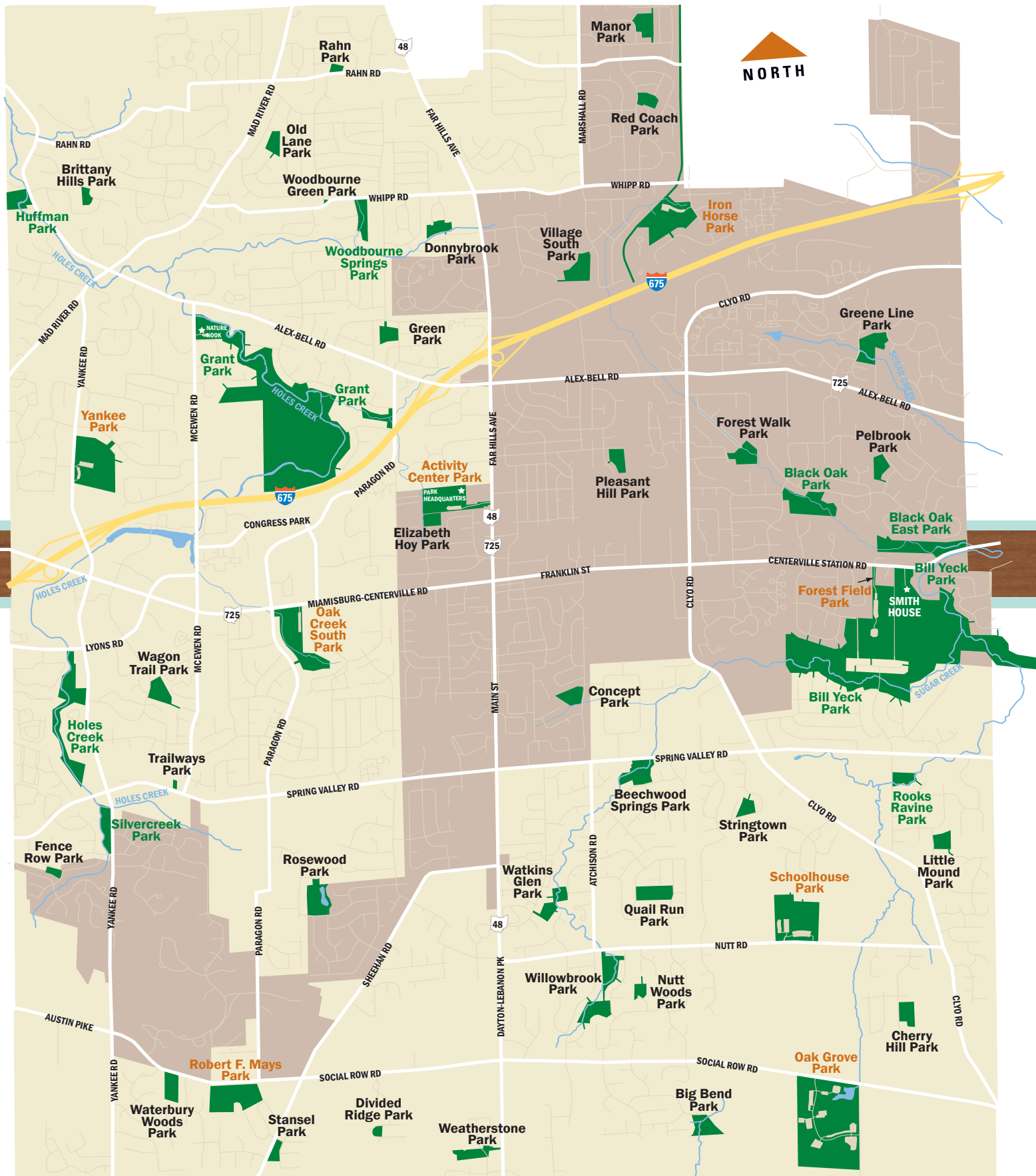
Community Park

Nature Park

Neighborhood Park

City of Centerville

Washington Township



## How to Register

### Online

Visit <https://apm.activecommunities.com/cwpd> to register. To expedite your registration, create an account prior to November 10. A valid email address is required. This site can be used for free programs and for fee-based programs with a debit or credit card. Payee will be shown as Active.com.

### By Phone

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have credit card ready for fee-based programs.

### In Person

Visit Park District headquarters at 221 N. Main Street in Centerville Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card at headquarters. Make checks payable to Centerville-Washington Park District or CWPDP.

### Registration and Refund Policy:

- Residents may register members of their family and one other resident family.
- To be eligible for the resident fee, proof of residency must be provided.
- Credit toward future fees will be issued in lieu of refunds. Credit will not be issued after the registration deadline or, if by doing so, it reduces the participation level below the required minimum. A full monetary refund will be issued for programs cancelled by the Park District.

**Resident Registration Begins:**  
**Monday, November 10**  
**10:00 a.m.**

**Nonresident Registration Begins:**  
**Monday, November 17**  
**10:00 a.m.**



## PARK ADDRESSES

**Activity Center:** 221 N. Main Street

**Beechwood Springs:** 1141 Quiet Brook Trail

**Big Bend:** 1328 Spring Ash Drive

**Bill Yeck (3 main entrances):**

8798 Rooks Mill Lane

7893 Wilmington Dayton Road  
(McGuffey Meadow)

2230 E. Centerville Station Road  
(Smith House)

**Black Oak:** 1552 Ambridge Road

**Black Oak East:** 7835 John Elwood Drive

**Brittany Hills:** 5825 Batsford Drive

**Cherry Hill:** 10244 Cherry Tree Terrace

**Concept:** 345 Clarendon Lane

**Divided Ridge:** 347 Beck Drive

**Donnybrook:** 6161 Donnybrook Drive

**Elizabeth Hoy:** 185 Hampton Road

**Fence Row:** 1650 Haley Drive

**Forest Field:** 2100 E. Centerville Station Road

**Forest Walk:** 7570 Forest Brook Boulevard

**Grant (3 main entrances):**

501 Normandy Ridge Road

6588 McEwen Road (Nature Nook)

616 Grant's Trail

**Green:** 6661 Green Park Drive

**Greene Line:** 6774 Crossbrook Drive

**Holes Creek:** 8575 Yankee Street

**Huffman:** 1616 W. Alex-Bell Road

**Iron Horse:** 6161 Millshire Drive

**Little Mound:** 9490 Still Meadow Lane

**Manor:** 989 Thorndale Drive

**Nutt Woods:** 10188 Ashpark Court

**Oak Creek South:** 790 W. Miamisburg-  
Centerville Road

**Oak Grove:** 1790 E. Social Row Road

**Old Lane:** 500 Druewood Lane

**Pelbrook:** 7566 Cloverbrook Park Drive

**Pleasant Hill:** 358 Zengel Drive

**Quail Run:** 1180 Timber Hawk Trail

**Rahn:** 223 W. Rahn Road

**Red Coach:** 5500 Royalwood Drive

**Robert F. Mays:** W. Social Row/Paragon Road

**Rooks Ravine:** 9100 Rooks Road

**Rosewood:** 475 Roselake Drive

**Schoolhouse:** 1875 Nutt Road

**Silvercreek:** 9369 Yankee Street

**Stansel:** 1304 Sarah Freeman Drive

**Stringtown:** 9191 Woodstream Lane

**Trailways:** 1165 W. Spring Valley Pike

**Village South:** 411 North Village Drive

**Wagon Trail:** 8450 Washington Village Drive

**Waterbury Woods:** 1250 W. Social Row Road

**Watkins Glen:** 825 Watkins Glen Drive

**Weatherstone:** 10998 Pennfield Road

**Willowbrook:** 10225 Park Edge Drive

**Woodbourne Green:** W. Whipp Road at  
Paddington Road

**Woodbourne Springs:** 220 W. Whipp Road

**Yankee:** 7500 Yankee Street

# FAMILY PROGRAMS

## Holiday Luminary Walk

All ages

**Friday, December 12**

6:30 – 8:30 p.m.

Grant Park, Normandy Entrance

*Celebrate the holiday season with a peaceful illuminated stroll across the Hole's Creek bridge to the chimneys, fire circle, meadow and woods of Grant Park!*

Enjoy one mile of candlelit trail, or take the shorter loop, then stop by the campfire near the chimneys to warm up! Join us inside the Grant Nature Center buildings for a cup of hot chocolate and some holiday snacks as you enjoy music provided by the Hithergreen Strummers. We will also have a fun seasonal craft for the children. Registration is requested so we have plenty of goodies for everyone!



All programs are **FREE**  
unless otherwise indicated.

## DID YOU KNOW...

Children who play together in nature have more positive feelings about each other! And, since parental attention is something many siblings fight over, fun outdoor family activities can go a long way in helping to reduce conflict. That's one way to get a handle on sibling rivalry!

## Passport to Nature

All ages

### Build a Birdhouse

**Saturday, January 31**

1:00 – 2:30 p.m.

**Fee:** \$6.50 Residents, \$9 Nonresidents

**Registration Deadline:** Monday, January 26

Grant Park, Nature Nook

Let's build a birdhouse in preparation for the spring nesting season! Each registrant receives a birdhouse kit to build and paint. Additional family members are welcome to attend, but will not receive a birdhouse kit. All children will need parental assistance. Registration is required.

### Evening Stroll

**Thursday, February 26**

5:30 – 6:30 p.m.

Grant Park, Normandy Entrance

Join us for a peaceful stroll through Grant Park. Learn about the changes winter has brought to the parks. Registration is required.



## Sledding with Owlexander

All ages

**Saturday, January 10**

1:00 – 2:00 p.m.

Grant Park, Normandy Entrance

Owlexander, the Park District mascot, loves winter and watching all the action along the sled hill! Be part of the action this January at this fun sledding program! Owlexander will be there to say hello and may even take a turn going down the hill with everyone. Please bring your own sled. When you need a break from the sledding, join us around the fire to warm up and enjoy some hot chocolate. In the event of no snow, this program will be cancelled. Registration is required.



Activity Center Park, Shelter and Sprayground

## 2015 FACILITY RESERVATIONS

Perfect for birthday parties, graduation parties, family reunions and more! Reservations for 2015 can be made beginning January 2, 2015 by phone at (937) 433-5155 or in person at Park Headquarters. Rental fee is due at time of booking. The Park District reserves the right to refuse permit requests and limit the number of participants.

**PARK SHELTERS:** Activity Center (1/2 shelter only), Forest Field, Iron Horse, Oak Creek South, Oak Grove (5 shelters), Schoolhouse and Yankee Parks.

**GRANT PARK FIRE CIRCLES:** We provide the firewood, you provide the s'mores!

**GRANT PARK NATURE NOOK:** Available for small non-profit service groups based in Centerville or Washington Township that benefit the community at large.

For details and photos of each shelter location visit [www.cwpd.org/shelters.html](http://www.cwpd.org/shelters.html). Please note that alcohol is not permitted anywhere in the Park District.



**Resident registration begins  
Monday, November 10, 10:00 a.m.**

## Playdate Pals

Ages 18 – 36 months  
with adult companion  
10:00 – 10:45 a.m.  
*Grant Park, Nature Nook*

*Up, Down, Near, Far*  
**Wednesdays, December 3 OR 10**  
*Snowball, Snowball*  
**Wednesdays, January 7 OR 14**  
*Red Birds*  
**Wednesdays, February 4 OR 11**

This program is designed to build sensory awareness and motor skills, and to encourage social interaction. It offers caregivers the chance to participate with their little one, as well as time to socialize with the other adults.

Each Playdate begins with a learning station such as puzzles, blocks, art or sensory table. After beginning free play, we come together for a short program about our theme, which may include a story, song, activity or craft. Join us for lots of fun and new learning experiences! Registration is required.

## Preschool Nature Series

Ages 3 – 5 with adult companion  
9:30 – 10:30 a.m. **OR** 1:00 – 2:00 p.m.  
*Grant Park, Nature Nook*

*Children and parents should be dressed for an outdoor experience for all of the Preschool Nature Series Programs.*

### Hi-BEAR-nation

**Thursday, December 18**

Bring your favorite teddy bear and learn all about how his/her real relatives spend the winter. Registration is required.

### Twiggy Treasures

**Thursday, January 15**

The forest in winter can be an enchanting place! We will go on a short hike through the forest and then build twig shelters for the local fairies and gnomes. Registration is required.

### Maple Sugaring

**Thursday, February 19**

Let's learn all about maple syrup: where it comes from, how people prepare it and how yummy it can taste! Registration is required.



**“PLAY is our brain's  
favorite way of  
LEARNING.”**

*-Diane Ackerman, author, poet and naturalist*

## Kiddie Krafts

Ages 3 – 5 with adult companion  
*Grant Park, Nature Nook*

**Session A: Wednesdays, December 3 – January 14, 1:00 – 1:45 p.m.**  
(No Krafts Dec. 24 and Dec. 31)

**Session B: Wednesdays, January 21 – February 18, 1:00 – 1:45 p.m.**

**Session C: Fridays, December 5 – January 16, 9:30 – 10:15 a.m.**

(No Krafts Dec. 26 and Jan. 2)

**Session D: Fridays, January 23 – February 20, 9:30 – 10:15 a.m.**

*Sessions A-D create the same craft, therefore each child may only register for one session.*

Join us as we make crafts and listen to stories in this long-time favorite Park District program! Children will have the opportunity to let their creativity flow by making crafts with markers, glue, paint and tissue paper, as well as other fun craft supplies. Best of all, we do the clean up! Children are encouraged to wear old clothes. Registration is required.

## Intergenerational Series

Ages 3 – 6 with grandparent(s)  
10:00 – 11:00 a.m. **OR** 1:30 – 2:30 p.m.  
*Grant Park, Nature Nook*

### Grand Gifts: Monday, December 8

Grandchildren will enjoy stories and make holiday crafts to take home and give to parents, teachers or friends — all with help from grandma or grandpa! Registration is required.

### Very Special Valentine: Thursday, February 12

Grandparents will help their grandchildren make valentine cards to take home and/or mail to loved ones. Participants will also play a Valentine's Day game together and listen to a Valentine's Day story!

## Mini Movers

Ages 4 – 5  
**Tuesdays, January 6 – February 10**  
9:30 – 10:15 a.m. **OR** 1:00 – 1:45 p.m.  
*Grant Park, Nature Nook*

Let's move! Participants will enjoy engaging activities with an alphabet theme, age-appropriate equipment and fun music.

The “mini movers” will learn movements that assist in motor development and rhythmic skills and will have an opportunity to interact with other children their age. Both group and individual activities will be included for them to expand their social skills and be creative.

All children must wear comfortable clothing and gym shoes. Parent participation is not required. All activity will take place indoors. Registration is required.



*The  
Intergenerational  
Series is only for  
grandparents and their  
grandchildren.  
Parents and other caregivers  
may attend any of our  
other programs.*

# CHILDREN'S PROGRAMS



## Noon Year's Eve

Ages 5 – 7

**Wednesday, December 31**

11:00 a.m. – 12:30 p.m.

*Grant Park, Nature Nook*

Ring in the new year with our daytime New Year's Eve party just for kids! Noon Year's Eve will include kid-friendly games, crafts, party decorations and snacks to celebrate the ball drop—just a little bit early! Registration is required.

## Junior Naturalists

Ages 6 – 8

3:30 – 4:30 p.m.

**Predator vs. Prey: December 2 OR 3**

*Forest Walk Park, Forest Brook Entrance*

Who eats whom? Humans are lucky to be at the top of the food chain, but animals have to watch out for predators every day! Come play games that help us understand predator/prey relationships and the food chain. Registration is required.

**Snow and Ice: January 6 OR 7**

*Watkins Glen Park*

Snow and ice make everything nice! We will investigate why it snows, how ice forms, and why snow and ice are important to the animals and natural world around us. Registration is required.

**Deer Detectives: February 17 OR 18**

*Grant Park, Normandy Entrance*

White-tailed deer roam the parks all year long, but we are lucky if we get to see one! As deer detectives, we will learn all about deer before going on a hike in search of signs of them. Registration is required.

*Adult participation is not required but caregivers are welcome to stay if they choose.*

## Homeschool Nature Academy

Ages 6 – 14

1:00 – 2:30 p.m.

**Prairie Restoration**

**Thursday, December 4**

*Grant Park, Nature Nook*

Learn what the Park District is doing to restore native prairie habitats and the benefits of planting native. Students will assist in the restoration process by preparing native seeds to be sown. Registration is required.

**Awesome Animal Adaptations**

**Thursday, January 8**

*Grant Park, Nature Nook*

We will learn about some local animals and their adaptations to survive in their habitat. Registration is required.



## A Day at the Beach

Ages 7 – 9

**Monday, February 16**

1:00 – 2:30 p.m.

*Grant Park, Nature Nook*

School's out and brrr... it's cold outside. So, come inside for a beach party! Participants will make beach-themed crafts and enjoy summertime games and a snack. Put on your sunscreen, bring your beach towel and flip flops, and dream of warmer days! Registration is required.



All programs are **FREE** unless otherwise indicated.

## Winter Recreation Program

Ages 7 – 10

**Tuesdays, December 16, January 20 & February 24**

3:30 – 4:30 p.m.

*Grant Park, Nature Nook*

This is our winter version of Summer Recreation Program! Come dressed for the cold weather so we can make snow angels and play games outside after we make a craft and play games inside. Registration is required.

## Outdoor Explorers

Ages 9 – 12

**Mondays, December 1 – 15, January 5 – 12**

4:00 – 5:30 p.m.

*Grant Park, Normandy Entrance*

Unstructured outdoor play is vital to child development and well-being. This program is designed to allow participants the chance to explore and learn more about nature and the outdoors. Activities will include stewardship, discovery, games and challenges. This five-week program will be held rain or shine, so come prepared for the weather and ready to have fun! Registration is required.

*This is a drop-off program; caregivers are not required to stay.*

## Crafting Club

Ages 9 – 13

4:00 – 5:00 p.m.

*Grant Park, Nature Nook*

**Holiday Decorations**

**Thursday, December 4**

**Beating the Winter Blues, with Color!**

**Thursday, January 8**

**Valentine Cards**

**Thursday, February 5**

This fun after-school program covers basic crafting skills and techniques used to create handmade decorations and keepsakes—all while making friends! We provide everything needed with no mess, prep or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock. Registration is required.





**Resident registration begins  
Monday, November 10, 10:00 a.m.**

## Winter Woods Day Camp

Ages 3 – 12

**Saturdays, February 7, 14, 21 & 28**

12:30 – 3:00 p.m.

**Fees:** \$55 per resident / \$85 per non-resident

**Registration Deadline:** January 27, 2015

*Grant Park, Normandy Entrance*

Winter Woods Day Camp includes fun only this season can provide! Campers will hike, participate in games and activities, make crafts, and of course, go sledding. No snow? No problem! There are many other adventures to be found in Grant Park. Activities will be conducted indoors and outdoors.

Camp will be held unless the weather causes roadways to become treacherous. Parents will be alerted of cancellations by a phone call and on Facebook no later than one hour before the start of camp. Children are required to wear boots, hats and gloves each day.

Children will be placed in groups according to age. You may request one camper friend of a similar age to be in your child's group. Requests will be honored when possible, but are not guaranteed.

### Camp Registration:

Registration details can be found on page 5. After registration, the Health History Form found on page 11 must be submitted no later than the registration deadline of January 27, 2015. The Health History Form can also be found online:

[www.cwpd.org/forms.html](http://www.cwpd.org/forms.html)

Please note that if you need to cancel your registration, credit toward a future fee-based program will be issued in lieu of a refund. A refund credit will not be issued after the registration deadline of January 27, 2015.



*"Experiencing the outdoors in the middle of winter was such a fun way for my children to beat the cold-weather blahs! They came home every week with a new Winter Woods adventure to share!"*  
~Megan Ray, Centerville



# ADULT PROGRAMS

## Hike for Your Health Series

Adults

9:30 – 10:30 a.m.

This Park District program is designed to get your heart rate up and get you moving during the cold winter months. Don't let yourself hibernate—our staff will happily lead you on these guided, self-paced hikes. Hike for Your Health is a wonderful opportunity to get to know your community and nature parks better and is also a fun way to meet new people!

Path descriptions are provided to help you choose the most comfortable shoe attire. Registration is required.

### ***Mondays***

No hike December 22, 29 or January 19

Date	Park	Meeting Point	Path
December 1	Oak Grove	1790 E. Social Row Road	paved
December 8	Yankee	7500 Yankee Street	paved
December 15	Bill Yeck	7893 Wilmington Dayton Road, McGuffey Meadow	natural
January 5	Forest Field	2100 E. Centerville Station Road	natural
January 12	Iron Horse	6161 Millshire Drive	paved
January 26	Bill Yeck	8798 Rooks Mill Lane	natural
February 2	Schoolhouse	1875 Nutt Road	paved
February 9	Bill Yeck	7893 Wilmington Dayton Road, McGuffey Meadow	natural
February 16	Grant	501 Normandy Ridge Road	natural
February 23	Iron Horse	6161 Millshire Drive	paved

### ***Wednesdays***

No hike December 24 or 31

Date	Park	Meeting Point	Path
December 3	Iron Horse	6161 Millshire Drive	paved
December 10	Grant	501 Normandy Ridge Road	natural
December 17	Oak Grove	1790 E. Social Row Road	paved
January 7	Yankee	7500 Yankee Street	paved
January 14	Bill Yeck	7893 Wilmington Dayton Road, McGuffey Meadow	natural
January 21	Schoolhouse	1875 Nutt Road	paved
January 28	Forest Field	2100 E. Centerville Station Road	natural
February 4	Oak Creek South	790 W. Miamisburg-Centerville Road	paved
February 11	Iron Horse	6161 Millshire Drive	paved
February 18	Bill Yeck	8798 Rooks Mill Lane	natural
February 25	Oak Grove	1790 E. Social Row Road	paved



## Spring Softball

The Park District offers men's softball leagues every spring at Yankee Park. Start talking to your friends now about forming a team! Registration begins in February. Watch for more information in our spring newsletter.

For more information or to be placed on our softball mailing list, please call Jen Brandt, Fitness Coordinator, at (937) 433-5155.

All programs are **FREE**  
unless otherwise indicated.

## Chat with a Naturalist: This Otter be Fun!

Ages 18 and up

**Monday, January 19**

10:00 – 11:00 a.m.

*Hithergreen Center*

Cute and playful otters were in big trouble in the past. We will learn about their history with humans and how they survive in Ohio's rivers and streams.



*Hiking is a great way to stay physically active. You can potentially lose weight, reduce heart disease, decrease hypertension and slow the aging process. It also offers mental health benefits by reducing stress and anxiety.*



# 2015 HEALTH HISTORY FORM

Once Winter Woods Day Camp registration is confirmed, **sign and return this form no later than January 27, 2015**. The form may be dropped off in person or mailed to 221 N. Main Street, Centerville, OH 45459; faxed to 937-433-6564; or emailed to [mail@cwpsd.org](mailto:mail@cwpsd.org). Additional copies can be printed from [www.cwpsd.org/forms.html](http://www.cwpsd.org/forms.html). If information changes, it is your responsibility to submit an updated form.

**Camper's Name:** \_\_\_\_\_ **Birthdate:** \_\_\_\_\_ **Age:** \_\_\_\_\_ ☐ M ☐ F  
**Address:** \_\_\_\_\_ **Zip:** \_\_\_\_\_  
**Parent/Guardian:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ ☐ Home ☐ Cell ☐ Work  
**Email:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ ☐ Home ☐ Cell ☐ Work  
**Emergency Contact (other than above):** \_\_\_\_\_ **Phone:** \_\_\_\_\_ ☐ Home ☐ Cell ☐ Work  
**Emergency Contact (other than above):** \_\_\_\_\_ **Phone:** \_\_\_\_\_ ☐ Home ☐ Cell ☐ Work

## Health History Record

Please provide information in relation to any health conditions, behavioral concerns, dietary needs, medication or special needs. All health history information will remain confidential. Park District staff is not authorized to dispense any medication.

Is your child on medication? ☐ Yes ☐ No If yes, what? \_\_\_\_\_

### Health Concerns Check all that apply and give appropriate dates

Asthma ☐ Y ☐ N \_\_\_\_\_ Inhaler? ☐ Y ☐ N \_\_\_\_\_ Fainting ☐ Y ☐ N \_\_\_\_\_ Other \_\_\_\_\_  
Diabetes ☐ Y ☐ N \_\_\_\_\_ Seizures ☐ Y ☐ N \_\_\_\_\_

### Allergies Check all that apply, specify the allergen and the nature of reaction

Animals/Insects ☐ Y ☐ N \_\_\_\_\_ Medicine ☐ Y ☐ N \_\_\_\_\_ Other \_\_\_\_\_  
Food ☐ Y ☐ N \_\_\_\_\_ Plants ☐ Y ☐ N \_\_\_\_\_ Epi-pen?\* ☐ Y ☐ N

**\*If an epi-pen is needed, contact the Park District for additional forms requiring a doctor's signature.**

### Other Concerns Check all that apply

☐ ADD/ADHD ☐ Communication Impairment ☐ Emotional Disorder ☐ Speech Impairment  
☐ Autism Spectrum Disorder ☐ Developmentally Delayed ☐ Hearing Impairment ☐ Other \_\_\_\_\_  
☐ Behavioral Disorder ☐ Down Syndrome ☐ Special Diet

Please provide any additional information to assist us in meeting the needs of your child: \_\_\_\_\_

**Family Doctor:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Family Dentist:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

## Release Agreement

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees, and Assignees from any and all liability claims, actions, demands, and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### PARK DISTRICT USE ONLY

☐ Winter Woods Day Camp ☐ Junior Adventure Camp ☐ Senior Adventure Camp  
**Hidden Meadows:** ☐ Week 1 ☐ Week 2 ☐ Week 3 ☐ Week 4 ☐ Week 5 ☐ Week 6 ☐ Week 7 ☐ Week 8



221 N. Main St. • Centerville, OH 45459-4617  
(937) 433-5155 • FAX (937) 433-6564 • [www.cwpd.org](http://www.cwpd.org)



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Resident Registration begins at 10:00 a.m.  
**Monday, November 10**



## Recognized Youth Athletic Organization Volunteer Projects

Volunteering in the parks helps build a stronger community! Volunteers develop friendships, promote teamwork and promote healthy lifestyles—countless health benefits can be attributed to spending time outdoors.

We wish to thank all of the recognized youth athletic organizations, parents and athletes who have volunteered this year to improve the parks:

**Centerville Baseball Softball League**  
**Centerville High School Freshman Baseball Team**  
**Centerville United Soccer Association**  
**Centerville Wee Elk Football Association**  
**Centerville Youth Lacrosse**

To date, **approximately 100 volunteers have provided over 500 volunteer hours** to this effort. Thank you for your continued support!