# Centerville-Washington PARK DISTRICT NEWS EVENTS

MARCH - MAY 2015

# Resident Registration begins 10 a.m. Monday, February 9 Hidden Meadows Resident Registration begins 10 a.m. Monday, April 20

Spring Wildflowers, Bill Yeck Park



PARK DISTRICT NEWS



CAMP INFORMATION



HEALTH HISTORY FORM

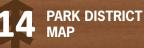
PRESCHOOL PROGRAMS

CHILDREN'S PROGRAMS



FAMILY PROGRAMS





**REGISTRATION INFORMATION** 

50 parks encompassing 1,000 acres in Centerville and Washington Township

# PARK DISTRICT NEWS

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#### Headquarters

Activity Center Park 221 North Main Street Centerville, Ohio 45459-4617 (937) 433-5155 Fax: (937) 433-6564 mail@cwpd.org www.cwpd.org Second Shift/Weekends: (937) 470-9246

#### **Office Hours**

Monday – Friday 8:00 a.m. to 4:30 p.m. Office Closed: May 25, 2015

#### **Park Addresses**

Addresses for all 50 parks can be found on page 15. For more information on each park, visit **www.cwpd.org** 

#### **Rain Out Line**

(937) 433-2524 Option 1: Field Information Option 2: Tennis Information Option 3: Dog Park Closings

#### Athletic Field Conditions www.cwpd.org/field status.shtml

#### Area Youth Athletic Organizations

*Centerville Baseball Softball League* www.cbltoday.org

Centerville Wee Elk Football Association www.weeelks.org

Centerville Youth Lacrosse www.cvlax.org

CUSA Crew Juniors & Centerville Recreational Soccer www.cusacrewjuniors.org

Up and Running Juniors www.upandrunningindayton.com/ get-involved/training-groups/

# Save a Tree

To subscribe to the enewsletter visit www.cwpd.org/subscribe.html.

Here, you can also stop home delivery of the printed newsletter.

# **Commissioners Corner**



A park district's success is founded on the support of its community. From monetary support and donations of land to volunteerism, our

community raises the bar of involvement.

CWPD is still reeling in delight over the successful passage of the levy last May with 69% voter approval. We appreciate the continued backing from every member of our community. Throughout the years we have received donations, large and small, from community foundations such as the Centerville Washington Foundation, Yeck Family Foundation, the Mark Kreusch Foundation, and the Penbrooke Garden Club, to name a few, that complement the levy funds. Additionally, in 2013 the Park District received the largest single donation in its history from Robert Mays in support of acquisition and construction of a new park on the south end of town.

Mr. Mays had fond memories of growing up with the Park District and wanted to help build a park for future generations to enjoy. As such, Robert F. Mays Park is progressing nicely with seeding and grading ending completion and a plethora of trees being planted. The turf will need at least a season to mature before being officially opened, but when ready, the park will be a gem for community athletic teams to practice, a great place for family picnics and will have a paved path with exercise stations for the fitness focused.

Aside from the foundation, the Yeck family has donated not just funds but also land. In December, the Yeck Family Foundation donated a 3.6 acre parcel along Far Hills Avenue. Park 50—Little Woods Park—will be a welcoming gateway to the community letting everyone who travels here know that our community is committed to the preservation of open space.

And where would we be without the donation of time? 2014 saw tremendous growth in volunteer involvement. From youth volunteers at summer recreation programs to archery instructors, butterfly and prairie habitat monitors to educational leaders for schools programs, and administrative support, volunteers are the life blood of our park district, giving generously of their free time to promote environmental education and recreational opportunities to the community.

From levies to land to time, a heartfelt "thank you" from one community member to all of you for your support!

Lucy Sánchez

# **The BEST Summer Employment Opportunities!**

The Park District is now accepting applications for part-time seasonal employment. Opportunities are available in our program and operations departments.

Summer program staff can work at **Hidden Meadows Day Camp**, at the **Summer Recreation Program** or as the **Summer Naturalist Intern**. All program staff must be enthusiastic about working with children, enjoy the outdoors, and be willing to make a nine-week commitment beginning the first week of June. Applicants must be at least 16 years old. Positions for applicants under age 18 are limited. Adult applicants must pass a background screening.

**Seasonal operations staff** assist with the day-to-day maintenance of the Park District's 50 parks. Work includes mowing, trimming, painting, athletic field preparation, nature trail improvement, park clean up, vehicle/equipment maintenance and administrative building maintenance. Hours may include some weekends and evenings. Second shift openings are also available. Operations staff must be 18 or older, insurable to drive Park District vehicles and pass a background screening.

Visit **www.cwpd.org/employment\_opportunities.html** for the most up-to-date information on employment opportunities and to obtain an application.

**Volunteer opportunities** are also available for ages 14 and up at Hidden Meadows Day Camp and the Summer Recreation Program. Volunteering allows for a flexible schedule and is a great way to earn service hours, gain experience and learn job skills. For more information and for a volunteer application, go to **www.cwpd.org/volunteers.html**.

# PARK DISTRICT NEWS

# **Park Board Selects New Executive Director**



Centerville-Washington Park District Board of Commissioners selected Arnold "Arnie" Biondo to lead the organization as the new executive director. Biondo replaced Carol Kennard, who retired at the end of December after serving as executive director for 17 years.

Biondo was selected from a national candidate search conducted by the Ohio Parks and Recreation Association.

Arnie has served in the field of parks and recreation for more than 39 years. His most recent position was as the executive director of the Forest Preserve District of DuPage County in Wheaton, Illinois

where he initiated and championed the first ever strategic planning effort, reaching out to school, park, conservation and city officials for input in the effort. Prior to his time at Forest Preserve District of DuPage County, he spent 18 years as executive director of Carol Stream Park District in Carol Stream, Illinois. He led the Carol Stream Park District to earn the National Gold Medal Award for Excellence in Park and Recreation Management in 2002 and again in 2008. He is a member of the American Academy for Park & Recreation Administration (AAPRA), an organization of distinguished practitioners and scholars committed to the advancement of the park and recreation field. Membership to AAPRA is through peer nomination. Though much of Biondo's career has been in Illinois, he is no stranger to the greater Dayton area. He served as the superintendent of recreation for the City of Kettering from 1981 – 1982.

Biondo received a bachelor's degree in recreation and park management from University of Oregon and a master's degree in leisure services, marketing and management from DePaul University. He is married to a Dayton native, Nancy, and has three children, Peter, Matthew and Emily.

"I couldn't be happier about joining CWPD. The parks, preserves, sport fields, facilities and programs are top notch," said Biondo. "It's clear to me that the residents of Centerville and Washington Township place high value on their recreation and open spaces. I look forward to continuing to meet their needs."

# More New Faces...



Mike Conley started at the Park District as a seasonal employee in March, and was hired as an Operations Technician I in August. He lives in Washington Township with his wife, Lori, and three children, Max, Maddie and Joey. Mike has previous experience in the turfgrass management industry and has enjoyed using the Centerville-Washington Park District baseball diamonds as a select baseball coach in the Centerville area.



In October we welcomed Nick Meyer to the Park District as Development Manager. Nick grew up in Centerville with a love of sports and outdoor recreation. He attended Alter High School and graduated with a civil engineering degree from Ohio University. Nick's background is in construction, where he worked as a road and bridge contractor for the past 9 years. Nick lives in Centerville with his wife, Amber, and their 2-year-old son, Jacob.



Rosemary D'Aloia began her new position as the Park District's full-charge bookkeeper in December. She has been a resident of Centerville/Washington Township for 15 years. Her sons Matthew, Mitchell and Mark have all grown up here enjoying the amenities of this great community. Born and raised in Massachusetts, Rosemary is a graduate of Boston College's Carroll School of Management with a bachelor of science degree in accounting. Her background includes corporate, government and most recently, public accounting. She is an active community volunteer and enjoys biking the local trails.

# Who's Afraid of the Big Bad... Coyote?

Coyote sightings in Centerville and Washington Township are fairly rare. You are far more likely to hear them than to see them. But if you do, at first glance you might think it is a small German Shepard. The average coyote weighs in at 25-35 pounds. They have been present in Ohio for over 90 years and are found in all 88 of Ohio's counties. So, yes, they are here, too!

Coyotes are primarily more active between dusk and dawn, so most of our schedules do not match up with that of a coyote which is why, though they are present, you are rarely lucky enough to spot them. In the spring, when coyotes give birth and begin to raise young, chances of a sighting increase. They are out more often during daylight hours this time of year gathering food for their pups—most often small rodents and fruit.

Coyote presence in a park or in your neighborhood is *not* cause for alarm; yet, people who hear or see coyotes are often afraid. Rest assured, coyotes are afraid of humans and will take great measures to avoid contact with us. But, if you encounter one while hiking, simply leave the area calmly (do not run) and make plenty of loud noises. To ensure your dog's safety, you should always keep them leashed on your hikes (after all, that is the law anyway) and stay on the marked trails. As long as you are there, the coyote will stay away from your dog.

If a coyote is in your yard, enjoy observing it for a bit, but eventually you should let it know it is not welcome by making loud noises (like banging pots and pans together). This helps reinforce their fear of humans, which keeps the coyotes safer! If you live in a neighborhood where coyotes have been spotted, do not let your small pets out unsupervised, and never overnight. And of course, never attempt to touch, tame or feed any wild animal.

If you have questions about coyotes, we are happy to answer them. Other helpful resources include:

- http://www.urbancoyoteresearch.com, a website from the leading coyote scientist in the Midwest
- http://wildlife.ohiodnr.gov, Ohio Department of Natural Resources Division of Wildlife.

# CAMP INFORMATION

# **Hidden Meadows Day Camp**

Grant Park, 501 Normandy Ridge Road

#### Monday - Friday

**Resident Fee:** Half Day \$55, All Day \$110 \*Half Day \$44, All Day \$88 Nonresident Fee: Half Day \$85, All Day \$170 \*Half Day \$68, All Day \$136

\*Fees prorated for Creek Cruising, June 29 – July 2 since there is no camp on July 3.

Hidden Meadows Day Camp encourages children to learn about nature and enjoy the outdoors by exploring Grant Park, playing games and making new friends. Campers will also be treated to guest speakers, special presentations and activities. Snacks are provided, but campers should bring a filled water bottle every day. Our all-day campers need to bring a packed lunch that does not require refrigeration. All campers will receive a t-shirt during their first week.

Theme: Date	AM 9:30 a.m. – noon	PM 1:30 – 4:00 p.m.	All Day 9:30 a.m. – 4:00 p.m.
Things with Wings: June 8 – 12	5 – 12 Years		5 – 12 Years
Dirt Detectives: June 15 – 19	5 – 12 Years		5 – 12 Years
Habitat Helpers: June 22 – 26	3 – 9 Years	3 – 9 Years	5 – 9 Years
Creek Cruising: June 29 – July 2	5 – 12 Years		5 – 12 Years
Kid vs. Wild: July 6 – 10	5 – 12 Years		5 – 12 Years
Aquatic Adventures: July 13 – 17	5 – 12 Years		5 – 12 Years
Forest Fantasy: July 20 – 24	3 – 9 Years	3 – 9 Years	5 – 9 Years
Scales, Slime & Spinners: July 27 – 31	5 – 12 Years		5 – 12 Years

## **HIDDEN MEADOWS REGISTRATION INFORMATION**

Hidden Meadows Day Camp has a different first day of registration than all other programs. Registration egins Monday, April 20 at 10:00 a.m. for residents and Monday, April 27 at 10:00 a.m. for nonresidents. See page 15 for information on how to register. Please note that phone-in registration is **NOT** accepted for Hidden Meadows on April 20 and April 27.

> One camper friend of similar age may be requested during registration.

> > Camp is held rain or shine.

# CAMP THEMES

Camp activities are planned each week by our camp counselors, who take into account their campers and the week's theme. Special theme-related activities are included in their plans along with the tried and true camper favorites—searching for crawdads in the creek, building forts, completing crafts, taking hikes and more, no matter the week's theme!

## Things with Wings, June 8 – 12

There are so many things with wings flitting and flying all around the skies! Look up to find birds, bats, bugs and more and learn about the daily lives of the things with wings!

#### Dirt Detectives, June 15 – 19

Worms, roots, fossils and rocks... who knows what you might find digging deep in the dirt! Become a dirt detective and investigate what can be found underground this week.

## Habitat Helpers, June 22 – 26 (Preschool Week)

Grant Park provides homes for many animals. Spend the week learning about these animals and how to help provide a nice habitat for them.

#### **Creek Cruising**. June 29 – July 2

Race your raft down the rapids, catch crawdads, spot minnows and cruise your way downstream on a creek hike. There's so much to enjoy and learn about our creek during this week! No camp July 3.

## Kid vs. Wild, July 6 – 10

Could you survive in the wild? Kid vs. Wild week will feature challenges and adventures that test your skills in shelter building, fire making, navigation and more.

#### Aquatic Adventures, July 13 – 17

Aquatic Adventures week includes creek hikes, pond exploration, wetland wading and more! Learn about the aquatic habitats that Grant Park provides for a wide variety of plants and animals and what you can do to protect these waters.

#### **Forest Fantasy, July 20 – 24** (Preschool Week)

Use your imagination this week and become friends of the forest and experience the magic within it. Create fairy homes and play pretend in nature while exploring and learning about the forest.

#### Scales, Slime & Spinners, July 27 – 31

Snakes, slugs, spiders and more will be featured this week! Usually people think these slithering, crawling and spinning creatures are creepy, but we know they are really cool! Let's learn more about why we like them!

# CAMP INFORMATION

# **Adventure Camp**

Various Parks

Monday – Thursday, 10:00 a.m. – 2:30 p.m. Friday 6:30 p.m. – Saturday 9:00 a.m.

Resident Fee: \$95 Nonresident Fee: \$135

## Junior Camp (Ages 10-11): June 22 – 27 Senior Camp (Ages 12-14): July 20 – 25

## ADVENTURE CAMP REGISTRATION INFORMATION

Registration begins Monday, **February 9** at 10:00 a.m. for residents and Monday, **February 16** at 10:00 a.m. for nonresidents. See page 15 for information on how to register.

# Combine outdoor adventure and nature education with this week-long camp at various parks throughout Centerville and Washington Township. Adventure Camp includes hiking, fishing, archery, games, survival challenges and an overnight at Grant Park. Learn to track animals in the woods, cook over a campfire and pitch a tent. Make lifelong friends at this unique summer experience. Campers need to bring a filled water bottle and a packed lunch that does not require refrigeration. All campers receive a t-shirt.



# **General Information for All Camps**

## Staff

Staff coordinators and counselors are trained adults, many of whom are college students pursuing a degree or have experience in parks and recreation or education. Assistant counselors are at least 16 years of age and have experience working with children.

#### **Inclement Weather**

Camp is primarily an outdoor program and will be held rain or shine. The school buildings by Grant Park will serve as a meeting area and shelter for Hidden Meadows. Adventure Camp parents will receive a call telling them where to meet.

#### **Health History Form**

Form (page 6) is required for all campers.

#### What to Wear

Dress your child in comfortable old clothes and closed-toe shoes. Sandals and flip-flops are prohibited due to poison ivy and other naturally occurring hazards. Please put your child's name on all items brought to camp. Many pack an old pair of shoes to wear when visiting the creek.

#### What to Bring

Bring a water bottle to refill during the day. All-day campers should also bring a packed lunch that does not require refrigeration.

#### Daily Sign-In & Sign-Out

We take strict precautions in accepting and releasing children from the program. Please inform counselors of any changes. Daily sign-in and sign-out is required.

#### Sunscreen & Insect Repellent

Counselors are not permitted to apply sunscreen or insect repellent. Campers can bring their own and reapply.

## Medical Procedures & Emergencies

All counselors are trained in first aid and CPR and carry a first aid kit. A copy of the health history form (page 6) is kept on site. In case of a medical emergency, parents and 911 will be called. The child will be escorted to the hospital or released to the parents. If parents cannot be located, the emergency contact will be called. In case of minor injury/illness, the child will be treated, an incident report will be completed, and parents will be notified at pickup.

#### **Medication**

Staff are permitted to perform only basic first aid. They are not authorized to dispense any type of prescription or nonprescription medication with the exception of any situation that requires an epi-pen. Rule 5101:2-18-15 (4) 2 of the Ohio Administrative Code states that a child day camp shall set its own policy regarding whether to administer prescription or nonprescription medications. If your child requires medication, arrangements must be made to have a caregiver present to administer the medication. If your child carries an epi-pen contact us to complete additional required forms.

#### Discipline

Counselors will keep to the established discipline policy and will handle all incidents with kindness, consistency and understanding. Attention will be given to the specific needs of each camper while, at the same time, each is encouraged to participate. We believe children want to conform to the rules as soon as they know what is expected of them. Counselors will discuss the rules on the first day of camp.

#### **Cancellation & Refund Policy**

The last day to cancel or make registration changes is noon the Monday prior to your camper's start date. Credit toward a future program that requires a fee will be issued in lieu of a refund. Credits will not be issued after the registration deadline or if the cancellation reduces the participation below the required minimum number of participants. A full monetary refund will be issued for programs cancelled by the Park District.

# 2015 HEALTH HISTORY FORM

Once camp registration is confirmed, **sign and return this form no later than one week before the first day of camp.** The form may be dropped off in person or mailed to 221 N. Main Street, Centerville, OH 45459; faxed to 937-433-6564; or emailed to mail@cwpd.org. Additional copies can be printed from **www.cwpd.org/forms.html**. If information changes, it is your responsibility to submit an updated form.

Camper's Name:	Birthdate:	Age:	Пм	I 🗆 F
Address:	Zip:			
Parent/Guardian:	Phone:		□Home □Cell	□Work
Email:	Phone:		□Home □Cell	□Work
Emergency Contact (other than above):	Phone:		□Home □Cell	□Work
Emergency Contact (other than above):	Phone:		□Home □Cell	□Work

# **Health History Record**

Please provide information in relation to any health conditions, behavioral concerns, dietary needs, medication or special needs. All health history information will remain confidential. Park District staff is not authorized to dispense any medication.

Is your child on medication? 

Yes 
No If yes, what?

Health Concerns Check all that app Asthma □Y□N Inhal	bly and give appropriate dates er? $\Box$ Y $\Box$ N Fainting $\Box$ Y $\Box$ N	Oth	er
	Seizures Y I N		
<b>Allergies</b> Check all that apply, specify t Animals/Insects □ Y □ N	the allergen and the nature of reaction	Oth	er
Food 🛛 Y 🗆 N	Plants 🛛 Y 🗖 N	Epi-	pen?* 🗆 Y 🗆 N
*If an epi-pen is needed, there are	e additional forms requiring a docto	r's signature. Print them at www	w.cwpd.org/forms.html.
Other Concerns Check all that appl	lv		
ADD/ADHD	Communication Impairment	Emotional Disorder	□ Speech Impairment
Autism Spectrum Disorder	Developmentally Delayed	Hearing Impairment	□ Other
Behavioral Disorder	Down Syndrome	□ Special Diet	
Please provide any additional infor	mation to assist us in meeting the ne	eds of your child:	
		Phone:	
Family Dentist:		Phone:	
	Release	Agreement	
, , ,	g my entry or my child's entry, I here	by, for myself or my child, releas	se, indemnify, and hold harmless the d all liability claims, actions, demands, and

judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.

Signature:				Da	te:			
PARK DISTRICT USE ONLY								
Winter Woods Day Car	np 🗆 Ju	nior Adventur	e Camp	🗆 Seni	or Adventure	Camp		
Hidden Meadows: 🗆 We	ek 1 🛛 Week 2	U Week 3	UWeek 4	UWeek 5	UWeek 6	UWeek 7	UWeek 8	

# PRESCHOOL PROGRAMS

## Resident registration begins Monday, February 9, 10:00 a.m.

### **Early Adventures**

Ages 0 – 36 months with adult companion 10:00 – 10:45 a.m.

Session A: Wednesday, March 18 Iron Horse Park (paved path) Session B: Wednesday, April 15 Bill Yeck Park, Smith Entrance (natural path) Session C: Wednesday, May 20 Bill Yeck Park, Rooks Mill Entrance (natural path)

Taking your little ones outdoors provides them with an experience that will benefit them forever. There are unique sounds, colors, lights, sensations and textures to process each time they go outdoors. Many parents report that their fussy children become calm when they have the sensory experience of time in nature!

Join us on these monthly adventures giving you a chance to experience nature with your babies and toddlers. We will take a leisurely hike during our time together. Backpacks and front carriers are appropriate for those whose children are not walking. Strollers are not recommended at parks with natural terrain.

# **Playdate Pals**

Ages 18 – 36 months with adult companion 10:00 – 10:45 a.m. *Grant Park, Kennard Nature Nook* 

*F is for Flower:* Wednesdays, March 4 or 11 *Rockin' Robins:* Wednesdays, April 1 or 8 *Frogs and Friends:* Wednesdays, May 6 or 13

This program, designed to build sensory awareness, motor skills, and encourage social interaction, offers caregivers the chance to participate with their little one, as well as free time to socialize with the other adults.

Each Playdate begins with learning stations such as puzzles, blocks, art or sensory table. After beginning free play, we come together for a short program about our theme, which may include a story, song, activity or craft. Join us for lots of fun and new learning experiences. Registration is required.

## **Intergenerational Series:** *Smiles and Sunshine*

Ages 3 – 6 with grandparent(s) **Tuesday, May 5** 10:00 – 11:00 a m. or 1:20 – 2:2

10:00 – 11:00 a.m. **or** 1:30 – 2:30 p.m. *Grant Park, Kennard Nature Nook* 

# This program is only for grandparents and their grandchildren. Parents and other caregivers may attend any of our other programs.

In this session, grandparents and grandchildren will work together to create summer-themed crafts to celebrate the start of a new season! We will also read a sunny story and play a game! Registration is required.

# **Kiddie Krafts**

Ages 3 – 5 with adult companion Grant Park, Kennard Nature Nook

Session A: Wednesdays, March 4 – 25, 1:00 – 1:45 p.m. Session B: Fridays, March 6 – 27, 9:30 – 10:15 a.m. Session C: Wednesdays, April 8 – 29, 1:00 – 1:45 p.m. Session D: Fridays, April 10 – May 1, 9:30 – 10:15 a.m.

Sessions A-D create the same craft, therefore each child may only register for one session.

#### We ask that only registered participants and their caregivers attend Kiddie Krafts due to space constraints and noise levels.

During this side-by-side program, caregivers and children will work together to create crafts and listen to stories about a different theme each week. This is a great opportunity to work on fine motor skills and let the creativity flow by making crafts with a variety of fun supplies. Children are encouraged to wear old clothes. Registration is required.



# **Preschool Nature Series**

Ages 3 – 5 with adult companion 9:30 – 10:30 a.m. or 1:00 – 2:00 p.m.

#### Seasons Scavenger Hunt: Thursday, March 19 Big Bend Park

It's the last day of Winter! Let's look for signs of both seasons. The hike will be on a natural trail with a few hills. Registration is required.

#### Wildflower Walk: Thursday, April 16

Grant Park, Kennard Nature Nook Spring wildflowers have sprung! Join us on a hike to see some of these little treasures. The hike will be on a natural trail. This program will take place entirely outdoors. Registration is required.

#### Working Worms: Thursday, May 21 Black Oak Park

Worms make the soil in our gardens perfect for growing tasty and pretty plants. They can also help us get rid of our food waste. Will you make a worm friend on our hike? This hike will be on a paved trail. Registration is required.

> All programs are FREE unless otherwise indicated.

# CHILDREN'S PROGRAMS

# Homeschool Fitness Academy

Ages 5 – 12 1:00 – 2:00 p.m.

#### Time for Tennis: Thursday, April 16 Activity Center Park

The Kettering Tennis Center/Quail Run Racquet Club tennis pros will be on hand to help you with your tennis strokes. No racquet or experience is required. Registration is required.

#### Large Group Games: Thursday, May 14 Oak Creek South Park

Join us for games guaranteed to put a smile on your face! Registration is required.

# Homeschool Nature Academy

Ages 6 – 14 1:00 – 2:30 p.m.

All Homeschool Nature Academies take place outdoors in a natural setting. Your child should come dressed for active movement along the hiking paths.

Animal Behavior: Thursday, March 5 Grant Park, Kennard Nature Nook

Animals react to their world in many different ways. This month, we will learn different behavioral responses and conduct our own behavior study. Registration is required.

#### Mammal Survey: Thursday, April 9 Bill Yeck Park, McGuffey Meadow

What mammal species can be found in Bill Yeck Park? Students will learn how a mammal survey can be conducted and will then set up their own. Results of the survey will be posted in the Nature Notes section of the Centerville-Washington Park District website. Registration is required.

#### Bird Biology: Thursday, May 7 Bill Yeck Park, Smith House Entrance

International Migratory Bird Day is almost here! Get ready by learning how birds tick, how to search for them and how to identify some of our common backyard species. Then, use your new skills to assist with the International Migratory Bird Day Surveys on Saturday, May 9! See page 10 for further details. Bring binoculars if you have them. A limited supply will be available. Registration is required.

# **Junior Naturalists**

Ages 6 – 8 3:30 – 4:30 p.m.

### Water Cycle Wisdom: March 17 or 18

Donnybrook Park

Understanding watersheds can inspire your Junior Naturalist to take action for clean water. We will learn about the water cycle, our local watershed and what we can do to protect it. Registration is required.

#### Slippery Salamanders: April 7 OR 8

Bill Yeck Park, Rooks Mill Entrance

Turn over rocks, squish through the mud and search for salamanders! We will learn about what kinds of salamanders we would be lucky to spot, where we might find them and what they do. Registration is required.

# *Turtle Time:* May 19 or 20

Grant Park, Normandy Entrance

Some of our turtles are in trouble! Let's take a hike to the wetlands and see if we can find any turtles and brainstorm ways to help them. Registration is required.

#### Spring Recreation Program Ages 6 – 10

**Tuesdays, March 10, April 14 and May 12** 3:30 – 4:30 p.m. *Grant Park, Kennard Nature Nook* 

Spring Recreation Program is a great way to get moving after school. Come dressed for the spring weather, whatever it may be. We will start with a craft, then play fun games outside! Registration is required.

# **Outdoor Explorers**

Ages 9 – 12

Mondays, April 6 – May 4 4:00 – 5:30 p.m. Bill Yeck Park, Smith House Entrance

Outdoor play is vital to child development and well-being. This program is designed to allow participants the chance to explore and learn about nature and the outdoors. Activities will include stewardship, discovery, challenges and games! This five-week program will be held rain or shine, so come prepared for the weather and ready to have fun! This is a drop-off program; parents are not required to stay. Registration is required.

# **Crafting Club**

Ages 9 – 13 4:00 – 5:00 p.m. Grant Park, Kennard Nature Nook

Spring Fever: Thursday, March 5 Nature Night: Thursday, April 9 Scenic and Sincere: Thursday, May 7



This fun after-school crafting series is a great way to make new friends while learning new crafting skills! Participants will make a variety of fun keepsakes, gifts, decorations and more. We provide everything needed with no mess, prep or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock. Registration is required.

# All programs are **FREE** unless otherwise indicated.

# SPECIAL EVENTS

## Resident registration begins Monday, February 9, 10:00 a.m.



# Adult Dodgeball Tournament

Ages 18 and up Saturday, March 21 8:00 a.m. – 4:00 p.m. Greater Dayton Recreation Center, 2021 West Third Street, Dayton



The Miami Valley Recreation Activities Council

is teaming up with the City of Dayton Department of Recreation and Youth Services to host an adult co-ed Dodgeball tournament. Teams must be 6-10 players.

Contact John Parker at (937) 333-1751 or John.Parker@daytonohio.gov for a registration packet or more information.



# **Flashlight Egg Hunt**

Ages 18 and up Friday, March 27 8:30 – 9:30 p.m. Schoolhouse Park

The Flashlight Egg Hunt is back! This event is for adults only and will feature an egg hunt in the dark. Participants will race to collect as many eggs as possible, since some are filled with more than candy! Goodies may include gift certificates to local restaurants, stores, movie theaters and entertainment venues. Before the hunt begins there will be registration, games, music and more. This fun evening is FREE. Registration is requested.





# BIG RIG GIG

## All ages **Saturday, May 2** 10:00 a.m. – noon <u>Oak Grove Park, 1790 E. Social Row Road</u>

This annual event is ALL HANDS ON DECK! Now is your chance to climb on and check out the big vehicles from around town! Honk a fire truck horn, shift the gears of a Centerville-Washington Park District tractor, check out all of the buttons in the law enforcement vehicles and much more! The Big Rig Gig is a fun event for all ages.

Registration is not required.

# FAMILY PROGRAMS



# **Silly Fireside Songs**

All ages **Friday, May 15** 7:00 – 8:00 p.m. *Grant Park, Normandy Entrance* 

"Come sit by the fire, it's by the Chimneys. Warm up your voices and sing along with me! Bring lawn chairs and blankets for fun with the whole family!"

Join local teacher, Erin Brickey, in her love for nature and silly campfire songs at our fire circle. Registration is required.



## Passport to Nature All ages

# Seed Starters

Saturday, March 21 Session A: 1:00 – 2:00 p.m. Session B: 2:30 – 3:30 p.m. Grant Park, Kennard Nature Nook

We need milkweed! Help the Park District start some milkweed seeds at this stewardship program. Families will have the opportunity to take home their newly planted seeds, returning half the plants to the Park District in May for planting in the seed nursery at Bill Yeck Park. Registration is required.

## Woodcock Walk

Wednesday, March 25 7:15 – 8:15 p.m. Grant Park, Normandy Entrance

The American Woodcock is a small chunky shorebird species from North America. It is popularly known as the timberdoodle and a well-known game bird. The woodcock is also known for their spring mating ritual, when the males make funny noises from the ground and take to the sky circling and diving, all to impress a female! Join us as we seek out the elusive woodcock in order to witness this impressive and persistent dance. Registration is required.

## *International Migratory Bird Day Surveys* Saturday, May 9

International Migratory Bird Day is here and we have some surveying to do! Bring binoculars and join the naturalist for a survey and some fun activities. What beautiful birds will we see? Registration is required.

## **Full Survey**

9:00 – 11:00 a.m. Bill Yeck Park, Smith House Entrance

This survey will take place on a natural trail and is recommended for adults and families with children over age 8.

Mini Survey 1:00 – 2:00 p.m. Oak Creek South Park

This survey will take place on a paved path and is recommended for families with young children.

# Why celebrate International Migratory Bird Day?

Because migratory birds are among the most beautiful, observable and remarkable wildlife! They are symbolic of our seasons, provide countless economical and environmental services and are indicators of healthy habitats.

# All programs are **FREE** unless otherwise indicated.

## Resident registration begins Monday, February 9, 10:00 a.m.

# **Tennis Instruction**

## April 13 – May 28

Registration Deadline: March 27 40-minute class: \$65 resident, \$85 nonresident 60-minute class: \$90 resident, \$120 nonresident

90-minute class: \$115 resident, \$150 nonresident

Come learn to play tennis with us! Tennis instruction is taught by instructors from the Kettering Tennis Center/Quail Run Racquet Club. Each has experience working with individuals of all ages and abilities allowing them to provide a high level of instruction. Class ratio is one instructor to a maximum of 10 participants. Tennis balls are provided.

#### Monday/Wednesday: Forest Field Park

Ages	Level	Time	Minutes
6 – 10 years	Beginner	3:30 – 4:10 p.m.	40
9 – 13 years	Advanced Beginner	4:15 – 5:15 p.m.	60
Adults 18 & up	Intermediate	5:20 – 6:20 p.m.	60
Adults 18 & up	Drill & Play	6:30 – 8:00 p.m.	90

#### Tuesday/Thursday: Yankee Park

Ages	Level	Time	Minutes
6 – 10 years	Beginner	3:30 – 4:10 p.m.	40
9 – 13 years	Beginner	4:15 – 4:55 p.m.	40
6 – 10 years	Advanced Beginner	5:00 – 6:00 p.m.	60
9 – 13 years	Intermediate	6:05 – 7:05 p.m.	60
Adult 18 & up	Beginner	7:15 – 8:15 p.m.	60

**Inclement Weather:** Due to the unpredictable nature of weather, we cannot guarantee the completion of all scheduled classes. An additional week has been scheduled at no added cost in lieu of make-up classes for inclement weather. In the event of rain, please call the rain out line (937-433-2524) for the most up-to-date cancellation information.

# **Oak Grove Fitness Equipment Clinics**

Ages 13 and up Tuesday, March 24

Oak Grove Park, Rotary Shelter

In 2013, the Park District received a grant for fitness equipment at Oak Grove Park. We are inviting your family to come out and familiarize yourself with the equipment with guidance from our fitness coordinator.

See page 13 for more specific information regarding the clinics.



# FAMILY WELLNESS



# **Beginner Archery Clinic**

Ages 8 and up (ages 8 – 17 must be accompanied by an adult 21 years or older) Saturday, April 18 Fee: \$15 residents, \$20 nonresidents 1:00 – 3:00 p.m. Oak Grove Park, Archery Range

This clinic, for both adults and youth, is designed to teach prospective archers basic knowledge required to participate safely in archery, to teach more about the archery range and to gain hands on experience with the Park District's archery equipment. The range will be set up with targets at a close range and archers will take turns shooting after receiving instruction. Park District staff and volunteers will help participants through each step. All equipment is provided.

Beginning archers must be able to understand and follow safety instructions, see a target from a distance of 10 yards and lift at least 10 pounds of weight with one hand.



# **BENEFITS OF ARCHERY**

- Mentally challenging
- Builds confidence
- Requires focus
- Boosts patience
- Teaches responsibility

## AND...

Archery is one of the most accessible sporting activities!



# Request a "Chat With a Naturalist"

Does your special interest group want to learn more about Centerville and Washington Township wildlife? Groups of 10 or more can book our Naturalist to speak at their gatherings for 45 minutes to an hour. Groups are limited to two requests per year and six weeks notice is required for planning purposes. Please call us at (937) 433-5155 for a list of topics. All programs are **FREE** unless otherwise indicated.



## Chat With a Naturalist Adults

Woodpeckers of Ohio Monday, March 16 10:00 – 11:00 a.m. Hitherareen Center

March is woodpecker month! Join us in a discussion of their courtship and feeding behaviors. We will also learn basic identification based on sight and sound. Please contact the Hithergreen Center at (937) 435-2415 to register for this program.

*Masqueraders* Monday, May 18

10:00 – 11:00 a.m. Hithergreen Center

Why do some animals look like others? Why do some animals look like plants, and vice versa? Join us to learn why mimicry exists and how it is used in nature. Please contact the Hithergreen Center at (937) 435-2415 to register for this program.

## Adult Nature Workshop: Raising Moth Caterpillars

Ages 16 and up Thursday, April 9 6:00 – 7:00 p.m. Grant Park, Kennard Nature Nook

> Are you and your family or class interested in raising native moths from eggs to adults? Elisabeth Rothschild, local butterfly and moth expert, will explain the benefits of raising moths and how to be a

good moth parent. Participants will have the opportunity to sign up to receive moth eggs when they become available after attending the class. Registration is required.

# Trail Trekking: Nordic Pole Workout

Mondays, March 2 – 30 9:30 – 10:30 a.m. Various parks

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The Cooper Institute research studies showed that Nordic walking burned more calories, increased oxygen consumption and can be 46% more efficient than normal walking. It's a great workout!

Our Nordic poles are adaptable to your height. Please wear comfortable shoes for a paved path and bring a bottle of water. Nordic poles are provided. Trail Trekking is led by a nationally certified group exercise instructor. Registration is required.

Date	Park	Meeting Point
March 2	Iron Horse	6161 Millshire Drive
March 9	Oak Creek South	790 W. Miamisburg-Centerville Road
March 16	Schoolhouse	1875 Nutt Road
March 23	Yankee	7500 Yankee Street
March 30	Iron Horse	6161 Millshire Drive

# **Hike for Your Health Series**

Adults Wednesdays, March 4 – May 27 9:30 – 10:30 a.m. Various parks

This Park District program is designed to get your heart rate up and get you moving! Our staff will lead you on these guided, self-paced hikes. Hike for Your Health is also a wonderful opportunity to get to know your parks better and meet new people. Path descriptions are provided to help you choose the most comfortable shoe attire. Registration is required.

Date	Park	Meeting Point	Path
March 4	Schoolhouse	1875 Nutt Road	paved
March 11	Bill Yeck	7893 Wilmington Dayton Road, McGuffey Meadow	natural
March 18	Yankee	7500 Yankee Street	paved
March 25	Iron Horse	6161 Millshire Drive	paved
April 1	Grant	501 Normandy Ridge Road	natural
April 8	Oak Grove	1790 E. Social Row Road	paved
April 15	Forest Field	2100 E. Centerville Station Road	natural
April 22	Bill Yeck	8798 Rooks Mill Lane	natural
April 29	Schoolhouse	1875 Nutt Road	paved
May 6	Grant	501 Normandy Ridge Road	natural
May 13	Bill Yeck	7893 Wilmington Dayton Road, McGuffey Meadow	natural
May 20	Iron Horse	6161 Millshire Drive	paved
May 27	Oak Creek South	790 W. Miamisburg-Centerville Road	paved

# ADULT PROGRAMS

## Resident registration begins Monday, February 9, 10:00 a.m.

# **Oak Grove Fitness Equipment Clinics**

Ages 13 and up **Tuesday, March 24** Oak Grove Park, Rotary Shelter

In 2013, the Park District received a grant for fitness equipment at Oak Grove Park. We are inviting you to come out and familiarize yourself with this equipment with guidance from our fitness coordinator.

#### LifeTrail<sup>®</sup> Equipment

9:30 – 10:30 a.m.

The LifeTrail<sup>®</sup> equipment is a total body exercise system that is designed for individuals ages 50 and older, but it is a great workout for all adults! LifeTrail<sup>®</sup> includes four ADA accessible pieces. Registration is required.

Energi™ Equipment

5:30 – 6:30 p.m.

The Energi™ equipment is designed for individuals ages 13

and older. Positioned on a circular pad, this equipment can be used for circuit training and includes both strength and cardiovascular training components. Registration is required.

Please note: For their own safety, children under the age of 13 are not permitted on the LifeTrail<sup>®</sup> or Energi<sup>™</sup> equipment.

# **Men's Softball**

League play begins April 22 Wednesdays, 6:15 & 7:15 p.m. Fee: \$475/team (20 games) + \$10/nonresident Yankee Park

League Coordinator: Jen Brandt, Fitness Coordinator, (937) 433-5155 Returning Team Registration: February 9 – 13 Open Registration: February 16 – March 13 Contracts and Rosters Accepted: April 13 – 17

Our Wednesday night league will consist of up to eight teams that play a double header schedule consisting of 20 games across 10 weeks. Teams are now forming. Returning 2014 Wednesday night teams are given priority. All teams are ASA sanctioned. Individual player contracts (minimum of 10) and completed rosters are accepted April 13 – 17. Once rosters and required number of contracts are submitted, schedules and softballs will be distributed.

**Registration information:** Softball registration is in-person only at Park District Headquarters, Activity Center Park, 221 N. Main Street; between 8:00 a.m. and 4:30 p.m. Contact the league coordinator for more information.





# **Stroller Strength**

Adult caregivers with child 6 weeks – Pre-K Mondays & Thursdays, April 6 – May 21 9:30 – 10:30 a.m. Schoolhouse Park

Join other caregivers and their children in strollers for an invigorating morning exercise session. Cardiovascular exercise, upper and lower body resistance training (equipment provided) and a cool-down stretch is included in each program. Make friends and exercise at the same time, and no need to pay for childcare! Stroller Strength is led by a nationally certified group exercise instructor. Registration is required.

# **Fit Mixx**

Adults **Tuesdays, April 7 – May 26** 9:30 – 10:30 a.m. *Schoolhouse Park* 

Our Spring into Fitness program is now called Fit Mixx! Spring is here and what better time to get outside, enjoy fresh air and exercise. Fit Mixx is a boot camp style class that includes a mix of cardiovascular and strength training exercises. Exercise equipment is provided for all participants. A nationally certified group exercise instructor leads this program. Registration is required.

# **Tennis Leagues**

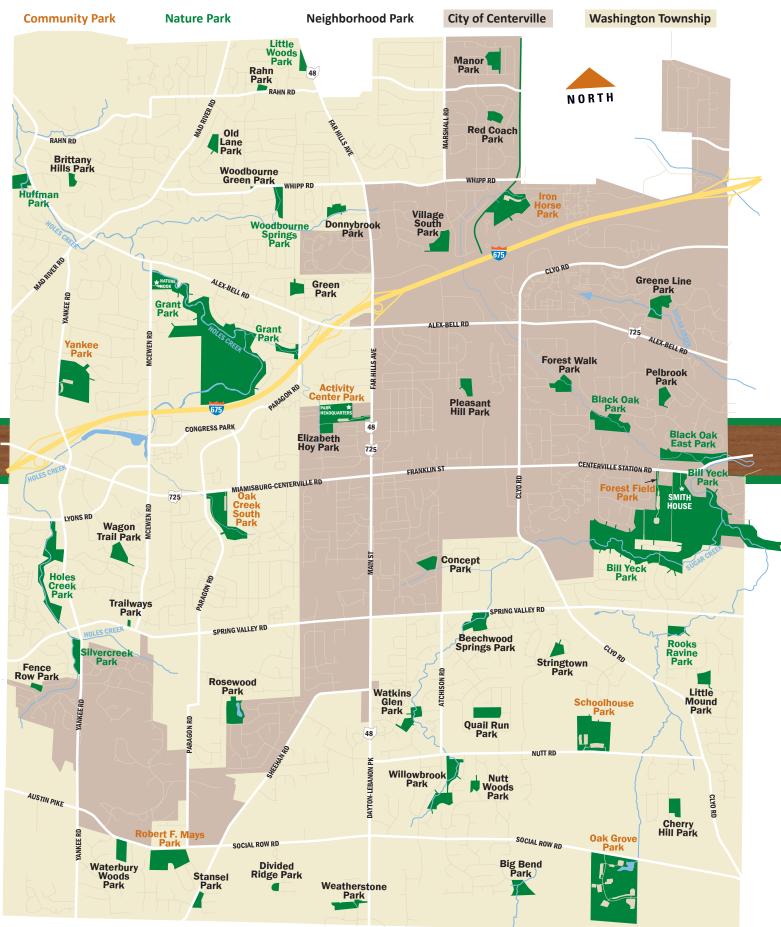
Ages 19 and up April 12 – June 18, 6:00 p.m. Registration deadline: March 27 Fee: \$25 residents, \$35 nonresidents Various locations

Join a Centerville-Washington Park District tennis league and play tennis in the parks this spring! Several levels of play allow opportunities for all levels of ability. All leagues are 10 weeks long. League schedules and rules are mailed out prior to league play.

Day	Level of Play
Sunday	Men's Advanced
Monday	Men's Intermediate Women's Doubles
Tuesday	Men's Intermediate 50+ Men's Advanced 50+
Wednesday	Men's Advanced Women's 50+
Thursday	Women's Intermediate Women's Advanced

# PARK DISTRICT MAP

The Park District is made up of 50 community, nature and neighborhood parks. Visit **www.cwpd.org** for detailed information and a map to each park.



# REGISTRATION INFORMATION



# How to Register

#### Online

Visit https://apm.activecommunities.com/cwpd to register. To expedite your registration, create an account prior to February 9. A valid email address is required. This site can be used for free programs and for fee-based programs with a debit or credit card. Payee will be shown as Active.com.

#### **By Phone**

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have credit card ready for fee-based programs. No phone in registrations the first day of Hidden Meadows Day Camp registration.

#### **In Person**

Visit Park District headquarters at 221 N. Main Street in Centerville Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card at headquarters. Make checks payable to Centerville-Washington Park District or CWPD.

#### **Registration and Refund Policy:**

- Residents may register members of their family and one other resident family.
- To be eligible for the resident fee, proof of residency must be provided.
- Credit toward future fees will be issued in lieu of refunds. Credit will not be issued after the
  registration deadline or, if by doing so, it reduces the participation level below the required
  minimum. A full monetary refund will be issued for programs cancelled by the Park District.

Resident Registration Begins: Monday, February 9 10:00 a.m.

Grant (3 main entrances):

# Nonresident Registration Begins: Monday, February 16 10:00 a.m.

# PARK ADDRESSES

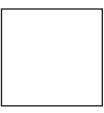
Activity Center: 221 N. Main Street Beechwood Springs: 1141 Quiet Brook Trail Big Bend: 1328 Spring Ash Drive Bill Yeck (3 main entrances): 8798 Rooks Mill Lane 7893 Wilmington Dayton Road (McGuffey Meadow) 2230 E. Centerville Station Road (Smith House) Black Oak: 1552 Ambridge Road Black Oak East: 7835 John Elwood Drive Brittany Hills: 5825 Batsford Drive Cherry Hill: 10244 Cherry Tree Terrace Concept: 345 Clareridge Lane Divided Ridge: 347 Beck Drive Donnybrook: 6161 Donnybrook Drive Elizabeth Hoy: 185 Hampton Drive Fence Row: 1650 Haley Drive Forest Field: 2100 E. Centerville Station Road Forest Walk: 7570 Forest Brook Boulevard

# 501 Normandy Ridge Road 6588 McEwen Road (Kennard Nature Nook) 616 Grant's Trail Green: 6661 Green Park Drive Greene Line: 6774 Crossbrook Drive Holes Creek: 8575 Yankee Street Huffman: 1616 W. Alex-Bell Road Iron Horse: 6161 Millshire Drive Little Mound: 9490 Still Meadow Lane Little Woods: Colonial Lane/Far Hills Avenue Manor: 989 Thorndale Drive Nutt Woods: 10188 Ashpark Court Oak Creek South: 790 W. Miamisburg-**Centerville Road** Oak Grove: 1790 E. Social Row Road Old Lane: 500 Druewood Lane Pelbrook: 7566 Cloverbrook Park Drive Pleasant Hill: 358 Zengel Drive Quail Run: 1180 Timber Hawk Trail

Rahn: 223 W. Rahn Road Red Coach: 5500 Royalwood Drive Robert F. Mays: W. Social Row/Paragon Road Rooks Ravine: 9100 Rooks Road Rosewood: 475 Roselake Drive Schoolhouse: 1875 Nutt Road Silvercreek: 9369 Yankee Street Stansel: 1304 Sarah Freeman Drive Stringtown: 9191 Woodstream Lane Trailways: 1165 W. Spring Valley Pike Village South: 411 North Village Drive Wagon Trail: 8450 Washington Village Drive Waterbury Woods: 1250 W. Social Row Road Watkins Glen: 825 Watkins Glen Drive Weatherstone: 10998 Pennfield Road Willowbrook: 10225 Park Edge Drive Woodbourne Green: W. Whipp Road at Paddington Road Woodbourne Springs: 220 W. Whipp Road Yankee: 7500 Yankee Street



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# **Park District Grows to 50 Parks!**

Preserving open space throughout our community is the foundation of the Centerville-Washington Park District's mission. A recent land donation by the William and Dorothy Yeck Family Foundation will allow us to continue that mission. The Yeck Family Foundation has donated 3.6 acres along Far Hills Avenue, at the northernmost entrance to the community. This land will become the Park District's 50th park!

The park, to be named Little Woods Park, will be developed primarily as a nature park, with an emphasis on native plantings. The plants are planned to provide color during all growing seasons—spring, summer and fall. Little Woods Park will feature a crushed limestone path running north/south. Plans call for native butterfly, herb, scent and prairie gardens along the path. The Park District's fourth Nature Literature Trail, in partnership with the Washington-Centerville Public Library and the Yeck Family Foundation, will also be installed along the path. A small shelter and a picnic table grove are also planned.

The initial stages of park development will include removal of invasive honeysuckle and vines along the eastern boundary of the property. The park is expected to open for public use in early summer.

We are grateful to the William and Dorothy Yeck Family Foundation for their support of the Centerville-Washington Park District and are excited to develop our 50th park! Park District Mission

To provide quality parks, outdoor education, and recreation while preserving open space.

