

# **Centerville-Washington PARK DISTRICT NEWS & EVENTS**

## SEPTEMBER – NOVEMBER 2015

50 parks encompassing  
1,000 acres in Centerville  
and Washington Township

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New registration procedure  
— first day of registration is  
online only.

More evening and  
weekend programs!

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*Online Resident  
Registration Begins*  
**Monday, August 17  
10:00 a.m.**

Iron Horse Park, entering the Iron Horse Trail





## Headquarters

Activity Center Park  
221 North Main Street  
Centerville, Ohio 45459-4617  
(937) 433-5155  
Fax: (937) 433-6564  
Second Shift/Weekends: (937) 470-9246  
mail@cwpc.org  
www.cwpc.org

## Office Hours

Monday – Friday  
8:00 a.m. to 4:30 p.m.  
Office Closed on September 7,  
November 26 & 27, 2015

## Park Addresses

Addresses for all 50 parks can be found on page 14. For more information on each park, visit [www.cwpc.org](http://www.cwpc.org).

## Rain Out Line

(937) 433-2524  
Option 2: Tennis Information  
Option 3: Dog Park Closings

## Athletic Field Conditions

[www.cwpc.org/field\\_status.shtml](http://www.cwpc.org/field_status.shtml)

## Area Youth Athletic Organizations

*Centerville United Soccer Association*  
[www.cusacrewjuniors.org](http://www.cusacrewjuniors.org)

*Centerville Wee Elk Football Association*  
[www.weeelks.org](http://www.weeelks.org)

*Centerville Baseball Softball League*  
[www.cbltoday.org](http://www.cbltoday.org)

*Centerville Youth Lacrosse*  
[www.cvlax.org](http://www.cvlax.org)

*Up and Running Juniors*  
[www.upandrunningindayton.com/get-involved/training-groups/](http://www.upandrunningindayton.com/get-involved/training-groups/)

## Save a Tree

To subscribe to the newsletter visit  
[www.cwpc.org/subscribe.html](http://www.cwpc.org/subscribe.html).

Here, you can also stop home delivery of the printed newsletter.

## Commissioners Corner



Warmer weather is here and construction projects are underway in the parks! **Mays Park** is moving ahead according to plan. The fields are

graded and seeded and should be ready for play in 2016. (It takes about two years to develop playing fields.) The parking lot is paved and the large hitting wall for lacrosse is in place. A shelter with restrooms and the walking trail are next on the agenda!

Skate boarders and bikers will be happy to see more horizontal challenges included in an enlargement of the **Oak Creek South Park** skate park. Construction will start shortly after the school year begins. Stop by to see some very talented skate boarders and bikers.

The renovations to the **Smith House** are complete and an open house event is planned for September 26 (see page 12 for details). To complete the thematic venue, the Centerville Historical Society is providing some period furnishings. Please come out to the Smith House Entrance of Bill Yeck Park to enjoy the walking trails, woods and prairie plants. There is ample parking with the new parking lot. With some minor modifications to the house, we were also able to provide an outside entrance to a restroom for park users.

Plans are also in works to introduce foot golf somewhere in the District. Foot golf is played with a soccer ball and entails kicking the ball over a course (similar to traditional golf) into a 22-inch hole. It is fun, fast, and can be played by all ages!

Out at **Oak Grove Park**, dog park users are enjoying two new shade structures. We are considering a possible expansion of the dog park! It is unfortunate that there is no sanitary sewer line connection near the park. This has restricted installation of restrooms and a full utilization of the baseball tower and concession opportunities. The cost to extend the sewer line one mile from Nutt Road would be millions of dollars and the project would take several years. Therefore, our staff is currently exploring more cost effective and timelier alternatives. We will keep you posted on the results.

In closing, let us extend a congratulatory note to Lucy Sánchez for being appointed by the Montgomery County Court of Common Pleas to her second term as a Park Board Commissioner!

David Lee  
Park Board President

## \$ Nonresident Program Fees

The Centerville-Washington Park District is committed to providing a wide range of affordable parks and recreation services to meet the needs of the community. Appropriate user fees are an important part of funding these services. As you browse our fall programs, you may notice the recent addition of nonresident fees to several programs. The nonresident fees have been put into place to ensure that families living outside of Centerville and Washington Township that attend Park District programs contribute to program funding on an equal basis as residents who pay property taxes that help fund Park District programs.

## THANK YOU!

We appreciate all of the thoughtful responses we received to May's Park District Community E-survey! We learned a great deal from you and are using your input to continue improving CWPDP operations and services!

Have you noticed the park prairies looking more colorful than ever? We held controlled prairie burns at Bill Yeck Park and Grant Park in the spring and are reaping the benefits now! Prescribed burns help to control invasive plant species, promote native prairie grasses and wildflowers and improve nesting habitat for wildlife. A certified prescribed fire manager, several firefighters from the Washington Township Fire Department and trained Park District staff and volunteers were on hand for the burns.



## Park District Begins ADA Accessibility Audit

In an effort to better meet the needs of everyone in our community, the Centerville-Washington Park District recently contracted with Recreation Accessibility Consultants (RAC), LLC for an access audit of all parks and facilities of the Park District.

Each feature of the parks was reviewed and a transition plan is currently being created to improve park access for everyone, including individuals with disabilities. Our goal is to bring the benefits of parks and recreation to all park visitors!

RAC visited park sites throughout the summer and we expect to receive the audit report in October. We will begin implementing transition plans in early 2016.

The Park District currently offers one all-access playground, located at Activity Center Park. Various park sites have paved multi-use paths, accessible play components and athletic facilities with accessible fields or spectator areas. Please call the Park District at (937) 433-5155 if you are interested in learning more.

## Take a Book, Leave a Book



We are excited to announce the addition of a Little Free Library at Schoolhouse Park! Generous donations from the Centerville Rotary Club and the Centerville-Washington Foundation helped make the Little Free Library possible.

The Carpenters Local 136 and the Ohio Carpenters' Joint Apprenticeship & Training Program volunteered their time and skills to

build the library, which was designed by Patrick Hansford Associates.

The Little Free Library will be monitored by the Friends of Washington-Centerville Library to make sure it is always stocked with books. Visit anytime to drop off a book for your neighbors to enjoy and pick up a new one for yourself or your children!

You can find other Little Free Libraries in our area and all over the world by visiting [www.littlefreelibrary.org](http://www.littlefreelibrary.org).

## Staffing Updates

We are pleased to welcome **Chris Huff, Accountant**, to the Park District staff! Chris joined the Park District in April. She lives in Springboro with her husband, Jason, and son, Atticus (2). She enjoys running, fishing and spending time with her family in the parks! She says, "my transition from the private to the public sector has been wonderful knowing I am supporting a great Park District that helps people get outside and stay happy and healthy!"



**Scott Lucas** was recently promoted to Operations Technician III. It's been a big year for Scott, who also recently married Katy (née Malcolm), the Park District naturalist! Scott began his career at the Park District as a seasonal employee and has been with the Park District for four years as a full-time employee! Congratulations to Scott and Katy!



We are no longer doing reminder notifications for each CWPD program. You will only receive a notification if there is a cancellation, weather emergency, location change, important program update or a supply request for the class. Therefore, when you register for programs, **please remember to mark your calendars!**

If you would like to receive **text message** notifications in lieu of voice notifications, please text the word, "alert" to 22300.



# PRESCHOOL PROGRAMS

## Early Adventures

Ages 0 – 36 months with adult companion  
6:00 – 6:45 p.m.

**Fee:** \$4 Nonresidents

### **Session A: Wednesday, September 9**

Bill Yeck Park, Rooks Mill Entrance  
(natural path)

### **Session B: Wednesday, October 14**

Bill Yeck Park, Smith House Entrance  
(natural path)

### **Session C: Wednesday, November 11**

Iron Horse Park (paved path)

Taking your little ones outdoors provides them with an experience that will benefit them forever. There are unique sounds, colors, lights, sensations and textures to process each time they go outdoors.

These monthly adventures will give you a chance to experience nature with your babies and toddlers. Take a leisurely hike during our time together. Backpacks and front carriers are appropriate for those whose children are not walking. Strollers are not recommended at parks with natural terrain.

## Preschool Nature Series

Ages 3 – 5

**Fee:** \$4 Nonresidents

### **Seed Searchers**

#### **Thursday, September 17**

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m.

Bill Yeck Park, Smith House Entrance

Our beautiful summer flowers are beginning to develop their seeds! We will search for seeds and learn how they get from one place to another. Hike will be on a natural path.

### **Scurrying Squirrels**

#### **Thursday, October 15**

1:00 – 2:00 p.m. **OR** 6:00 – 7:00 p.m.

Iron Horse Park

Squirrels are preparing for winter! Join the naturalist on the Iron Horse Trail to observe their antics. Hike will be on a paved path.

### **Habitat Hike**

#### **Thursday, November 19**

9:30 – 10:30 a.m. **OR** 1:00 – 2:00 p.m.

Bill Yeck Park, Rooks Mill Entrance

What is a habitat? We will hike through various habitats and learn the favorite habitats of our local animals. Hike will be on a natural path.

## Playdate Pals

Ages 18 – 36 months with adult companion  
9:30 – 10:30 a.m.

Bill Yeck Park, Smith House

**Fee:** \$4 Nonresidents

### **Grasshoppers!: Wednesday, September 2**

### **Leaf Looking: Wednesday, October 7**

### **All Squirrely: Wednesday, November 4**

This program is designed to build sensory awareness and motor skills, and to encourage social interaction. Caregivers will have the chance to participate with their little one(s).

Playdate begins with learning stations, then we come together for a short program centered around our theme. It may include a story, song, activity and/or a short hike. Join us for lots of fun and new learning experiences.



### **SPARK Art: Fall Nature Art**

Ages 3 – 4 with adult companion

**Mondays, September 14 – October 19** *New!*

6:30 – 7:30 p.m.

Bill Yeck Park, Smith House

**Fee:** \$29 Residents, \$38 Nonresidents

Work together to see the art all around you in nature! Students and their parent/guardian will use natural and traditional art materials to see the outdoors through artistic eyes.

## Creative Kids Corner

Ages 3 – 5

Grant Park, Kennard Nature Nook

**Fee:** \$9 Residents, \$12 Nonresidents

*Sign up for one series only, Thursday or Fridays each month. Pick the session with the day and time that work best for you!*

### **September: Harvest Time**

### **October: Falling Leaves**

### **November: Preparing for Winter**

#### **Series A:**

**Thursdays, September 10, October 8 & November 12, 2:00 – 3:00 p.m.**

#### **Series B:**

**Fridays, September 11, October 9 & November 13, 9:00 – 10:00 a.m.**

This brand new drop-off program features games, a story and a craft all revolving around a fun seasonal theme! Children are encouraged to wear old clothes.

**Online resident registration begins  
Monday, August 17, 10:00 a.m.**

## Intergenerational Series:

### **Pumpkin Party**

Ages 3 – 6 with grandparent(s)

#### **Tuesday, October 13**

1:00 – 2:00 p.m. **OR** 6:00 – 7:00 p.m.

Grant Park, Kennard Nature Nook

**Fee:** \$4 Nonresidents

Grandparents and grandchildren will create a pumpkin craft and enjoy pumpkin stories together.

*The intergenerational series is only for grandparents and their grandchildren. Parents and other caregivers may attend any of our other programs.*



## Mini Movers

Ages 4 – 5

1:00 – 1:45 p.m.

**Fee:** \$9 Nonresidents

*Sign up for only one session. Pick the session with the day and time that work best for you!*

#### **Session A:**

**Tuesdays, September 1 – October 6**

Schoolhouse Park

#### **Session B:**

**Mondays, October 12 – November 16**

Grant Park, Kennard Nature Nook

Let's move! Participants will enjoy activities with an alphabet theme, age-appropriate equipment and fun music.

The "mini movers" will learn movements that assist in motor development and rhythmic skills and will have an opportunity to interact with other children their age. Both group and individual activities will be included for them to expand their social skills and be creative.

All children must wear comfortable clothing and tennis shoes. Parent participation is not required.



Programs are **FREE** for residents  
unless otherwise indicated.

## Homeschool Fitness Academy

1:00 – 2:00 p.m.

**Fee:** \$4 Nonresidents

**Yoga in the Fall: Thursday, September 24**

Ages 5 – 10

*Grant Park, Kennard Nature Nook*

Stretch, balance, and strengthen your body as you learn yoga poses from Color Me Yoga Instructor, Megan Pooler. A perfect blend of nature and exercise, children will have fun with fall-themed props and yoga activities. All equipment is provided.

**Large Group Games: Thursday, October 22**

Ages 5 – 12

*Iron Horse Park*

We will play several energetic large group games, such as World's Fastest Tag, Builders and Bulldozers and Steal the Bacon.

## Explorers!

### Junior Explorers

Ages 6 – 8

**Wednesdays, October 21 – November 18**

3:30 – 4:30 p.m.

*Grant Park, Kennard Nature Nook*

**Fee:** \$11 Nonresidents

### Outdoor Explorers

Ages 9 – 12

**Mondays, September 14 – October 12**

4:00 – 5:30 p.m.

*Bill Yeck Park, Smith House*

**Fee:** \$11 Nonresidents

Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors. Activities will include discovery, challenges and games. This five-week program will be held rain or shine so come prepared for the weather! This is a drop-off program; parents are not required to stay.



## SPARK Art: Fall Nature Art

Ages 5 – 8

**Mondays, September 14 – October 19** *New!*

6:30 – 7:30 p.m.

*Bill Yeck Park, Smith House*

**Fee:** \$29 Residents, \$38 Nonresidents

Learn techniques for combining traditional art materials with objects from nature. The class will help you see the beauty in nature and the importance of conservation. Learn about artists who use nature as their inspiration, create nature art with canvas and clay, and work together to make a group art installation.

## Children's Yoga Series:

### Falling Leaves

Ages 5 – 8

**Wednesdays, October 7 – 28**

6:30 – 7:30 p.m.

**Fee:** \$18 Residents, \$25 Nonresidents

*Grant Park, Kennard Nature Nook*

Strike a pose! Stretch, balance, and strengthen your body as you learn yoga poses to go with the fall season from certified Color Me Yoga Instructor, Megan Pooler. A perfect blend of nature and exercise, children will learn about the fall season through hands-on activities in the first part of each class and then finish with a fun-filled yoga session. All equipment will be provided.

## Art and Imagination

Ages 6 – 8

5:00 – 6:00 p.m.

*Grant Park, Kennard Nature Nook*

**Fee:** \$9 Residents, \$12 Nonresidents

**Tree Time: Tuesday, September 22**

**Under the Sea: Tuesday, October 20**

**Autumn Art: Tuesday, November 17**

Does your child love art time? Art and Imagination is a brand new program designed to give your child an opportunity to get creative by trying new things and designing a unique project based on a monthly theme. This is a drop-off program. Your child should wear old clothes because things could get messy! Registration includes all three sessions.

Registration  
is **REQUIRED**  
for all programs  
unless otherwise  
indicated.

## Crafting Club

Ages 9 – 13

**Thursdays, September 10, October 1 & November 5**

4:00 – 5:00 p.m.

*Grant Park, Kennard Nature Nook*

**Fee:** \$9 Residents, \$12 Nonresidents

This fun after-school program covers basic crafting skills and techniques used to create handmade decorations and keepsakes. We provide everything needed with no mess, prep or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock.

## JUST FOR TEENS!

### Raise Your Brush

Ages 13 – 19

**Saturday, October 10** *New!*

1:00 – 3:00 p.m.

*Grant Park, Kennard Nature Nook*

**Fee:** \$30

We have teamed up with Raise Your Brush to offer this exclusive teen painting class. Teens will be guided through a relaxed, no pressure painting of a beautiful fall scene in Grant Park. Register at [RaiseYourBrush.com](http://RaiseYourBrush.com)





# FAMILY PROGRAMS



## Just Creeking

All ages

**Saturday, September 5 OR Monday, September 7 (Labor Day)**

1:00 – 2:30 p.m.

*Grant Park, Normandy Entrance*

Let's play outside! Spend some time with your family just creeking. Look for animals, build a rock dam, search for the perfect fossil ... the possibilities are endless. Nets and buckets will be provided. Close-toed shoes required in the creek.

## Bats and Moths

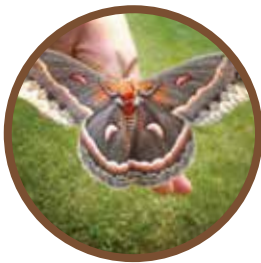
All ages

**Friday, September 11**

7:30 – 9:00 p.m.

*Bill Yeck Park, Smith House*

Learn about the life history of these nocturnal flyers and their relationship to each other. Bring a blanket or chair for bat watching during the second half of the program.



## Grandparents' Sundae Funday

All ages with grandparent(s)

**Sunday, September 13**

2:00 – 3:30 p.m.

*Bill Yeck Park, Smith House*

In honor of National Grandparent's Day we invite children and their grandparents to enjoy a nature hike to search for signs of the changing season, kite flying on the lawn and ice cream sundaes at the Smith House.

Kites available in limited supply or families may bring their own. Alternate activities provided for those not flying a kite.

## Hunter Education Home Study

All ages (ages 10 and under must be accompanied by a pre-registered adult 18 years or older)

**Saturday, September 12**

9:00 a.m. – 1:00 p.m.

*Grant Park, Kennard Nature Nook*

Hunter Education Certification is designed for people of all ages and abilities with little or no knowledge of hunting or firearm safety. For those who prefer to work at their own pace, Ohio offers a home-study version of hunter education. After downloading and completing the home-study manual, a final 4-hour completion session will be held at the Grant Park Kennard Nature Nook. The session will be led by certified Hunter Education Instructors and will cover firearms safety training, archery, outdoor safety, wildlife management, conservation and more.

*Participants wishing to obtain certification must complete and bring all nine quizzes located in the manual. You must obtain a score of 80% or higher on the 100-question final to obtain certification.*

For more information and to download the manual please visit:

[www.cwpd.org/hunter\\_education.html](http://www.cwpd.org/hunter_education.html)

To register go to:

[https://www1.oh.wildlifelicense.com/training\\_index.php](https://www1.oh.wildlifelicense.com/training_index.php)

**Online resident registration begins  
Monday, August 17, 10:00 a.m.**

## Cascading Creek

All ages

**Sunday, September 27**

1:00 – 2:30 p.m.

*Grant Park, Normandy Entrance*

The cascades of Holes Creek are a great place to explore! Come prepared to get wet and learn about the formation of the cascades and the water cycle. Close-toed shoes required for this creeking program.

## Survival Challenge!

Ages 8 and up (children must be accompanied by an adult)

**Saturday, October 3**

1:00 – 2:30 p.m. **OR** 3:00 – 4:30 p.m.

*Grant Park, Normandy Entrance*

Learn important survival skills, such as how to build fire and shelter, through exciting family challenges.

## Spectacular Spiders

All ages

**Saturday, October 10**

1:00 – 2:30 p.m.

*Grant Park, Normandy Entrance*

Look for some spectacular spiders with the naturalist and learn why they aren't as scary as we think.



## Family Fossil Find: National Fossil Day

All ages

**Wednesday, October 14**

5:15 – 6:30 p.m.

*Grant Park, Normandy Entrance*

It's National Fossil Day! Learn about the area's fossils and then hop in the creek bed and find your own. Staff and volunteers will help you identify your finds and provide fossil guides, magnifying lenses and creek nets. All fossils found should stay at the park for future visitors to enjoy — you may not collect and take them home. Be sure to wear shoes or boots you don't mind getting wet!

Programs are **FREE** for residents  
unless otherwise indicated.

Registration  
is **REQUIRED**  
for all programs  
unless otherwise  
indicated.



## Healthy AND Fun Snacks for Kids ... and Adults!

Ages 6 and up (children must be  
accompanied by an adult)

**Saturday, October 17**

10:00 – 11:00 a.m.

**Facilitator:** Patti McCormick, RN, Ph.D.

*Grant Park, Kennard Nature Nook*

**Fee:** \$20 per registered adult with up to  
two children

Help kids learn to eat healthy, while making  
it delicious and fun! In this workshop, Patti  
and her granddaughter, Sofija, will discuss  
healthy eating habits for kids. Make and  
taste several healthy snacks such as gelatin  
fruit chews, kale chips, chocolate protein  
balls and more. Recipes will be provided.

*Note: No nuts or nut products will be used  
in this class.*

## Girls' Night Out: *Felting Fun!*

Ages 8 and up (children 14 and under  
must be accompanied by an adult)

**Tuesday, November 10**

6:00 – 7:00 p.m.

*Grant Park, Kennard Nature Nook*

**Fee:** \$15 per participant

Felting is a beautiful art form that  
starts with wool. In this creative  
hour-long program, participants  
will transform colored wool  
into a variety of objects while  
learning about the history  
of working with animal  
fibers. Students will love  
working with their hands to  
create their own wool work  
of art using the wet felting  
technique. This program  
would make a great mother-  
daughter outing!

## Mammal Mania

All ages

**Friday, November 20**

6:00 – 7:00 p.m.

*Bill Yeck Park, Smith House*

Mammals are all over our parks  
and neighborhoods. We will learn about  
the many mammals in the area using  
animal pelts and active games.



“Never be within  
doors when you can  
rightly be without.”

~Charlotte Mason

# ADULT PROGRAMS

## Bye Bye Birdie!

Ages 14 and up  
**Saturday, September 5**  
10:00 – 11:00 a.m.

*Grant Park, Normandy Entrance*

Summer birds are making their way out of town. Get a jump start on learning about our year-round feathered friends. Bring binoculars if you have them. A limited supply will be available.

## Stress Reduction 101

Ages 18 and up  
**Wednesday, September 23**  
6:30 – 8:30 p.m.

*Bill Yeck Park, Smith House*

**Fee:** \$14 Residents, \$21 Nonresidents

Learn about Energy Kinesiology (EK) from one of the top 30 U.S. practitioners. EK combines the ancient eastern energetic healing arts with western physiological healing sciences to release stresses trapped in the body. It's helping many people find a significant increase in their health and well-being without the need for medicines, procedures or surgeries. EK works with any issue — physical, mental, emotional, spiritual, professional, relational, etc. Hands-on demos included, and some self-support techniques will be shared.

## Raise Your Brush

Adults  
**Wednesday, September 30**  
6:30 – 9:00 p.m.

*Grant Park, Kennard Nature Nook*

**Fee:** \$30

Join Raise Your Brush at the Nature Nook to paint a beautiful fall scene from Grant Park. Raise Your Brush has partnered with us to guide you through a relaxed, no pressure project. This is sure to be a fun, social and creative experience for all! This painting will be exclusive to this class. Registration is required. Register at [RaiseYourBrush.com](http://RaiseYourBrush.com).

*Please note: No alcohol will be served at this event.*



## Ghost Tour at the Smith House

Ages 18 and up  
**Friday, October 9**  
7:30 – 9:30 p.m.

*Bill Yeck Park,*

*Smith House*

**Fee:** \$14 Residents, \$21

Nonresidents

Hear about sightings and experiences from the paranormal investigation of this historic home, built in 1820, and experience for yourself evidence recorded on video, in photographs and audio recordings during the recent investigation. Participants will also learn about the unique equipment used in paranormal investigation and try their hand at it during the tour.

Participants should be comfortable in the dark, headlamps recommended.



## Color Tour

Ages 14 and up  
**Saturday, October 10**  
10:00 – 11:00 a.m.

*Grant Park, Normandy Entrance*

Join the naturalist on this simple stroll as we enjoy the sights and sounds of Grant Park in October.

## Bare Tree ID

Ages 14 and up  
**Saturday, November 7**  
10:00 – 11:00 a.m.

*Grant Park, Normandy Entrance*

Now that the trees have lost their leaves, how can we tell them apart? Enjoy a hike through the park as you learn how to identify trees using characteristics like bark, limbs and shape.

Online resident registration begins  
Monday, August 17, 10:00 a.m.



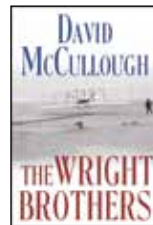
## Booked for Lunch

Ages 18 and up  
**Wednesday, November 4**  
11:30 a.m. – 12:30 p.m.

*Bill Yeck Park, Smith House*

In conjunction with the Centerville-Washington Township Historical Society and the Washington-Centerville Public Library, we will be hosting a lunchtime discussion of David McCullough's recently released book, *The Wright Brothers*. Bring a brown bag lunch and we'll provide dessert! Participants must supply his/her own book. For future "Booked for Lunch" offerings, the Washington-Centerville Public Library will advance order copies for participants.

*On a winter day in 1903, in the Outer Banks of North Carolina, two unknown brothers from Ohio changed history. But it would take the world some time to believe what had happened: the age of flight had begun, with the first heavier-than-air, powered machine carrying a pilot.*



*Who were these men and how was it that they achieved what they did?*

*David McCullough, two-time winner of the Pulitzer Prize, tells the surprising, profoundly American story of Wilbur and Orville Wright.*

*New!*

Registration is **REQUIRED** for all programs unless otherwise indicated.



Programs are **FREE** for residents unless otherwise indicated.

## Request a "Chat With a Naturalist"

Does your special interest group want to learn more about Centerville and Washington Township wildlife? Groups of 10 or more can book our Naturalist to speak at their upcoming gathering for 45 minutes to an hour. Groups are limited to two requests per year and six weeks notice is required for planning purposes. Topics include: reptiles of Ohio, striped skunks, squirrels of Ohio, wild turkeys and more! Please call us at (937) 433-5155 for more information.

## Chat With a Naturalist

Adults

### *Shrews, Moles, Mice and Voles*

**Monday, September 21**

10:00 – 11:00 a.m.

*Enrichment Center at Rec West*

Under appreciated, yet very important to our ecosystem, these small mammals are full of personality! Let's explore their behaviors and ecology. Registration is required. Please contact the Hithergreen Center at (937) 435-2415 to register for this program.

### *Going Dormant*

**Monday, November 16**

10:00 – 11:00 a.m.

*Enrichment Center at Rec West*

Winter is coming! This month, we will take a look at the coping strategies of our local plants and animals that stay for the cold season. Registration is required. Please contact the Hithergreen Center at (937) 435-2415 to register for this program.

## Aromatherapy

Adults

6:00 – 8:30 p.m.

*Grant Park, Kennard Nature Nook*

**Facilitator:** Patti McCormick, RN, Ph.D.

**Fee:** \$20 for one session or \$45 for all three sessions

### *Create Your Natural Medicine Chest*

**Thursday, September 17**

What essential oils are good for headaches? Which Eucalyptus is good for the respiratory system and still safe for children? What essential oil can promote healing and reduce the chance of infection in burns and cuts?

In this class you will learn how to begin to create your own personal aromatherapy medicine chest. Specifics for children will also be discussed.

### *Make it and Take It*

**Thursday, October 15**

This is an experiential workshop in which you will learn the benefits of various essential oils and how to use them for your health and wellness. You will have the opportunity to make several aromatherapy products to take home and begin to use immediately.

### *Green Cleaning*

**Thursday, November 19**

Learn how to make your own cleaning supplies from natural products, including essential oils. Many essential oils can kill bacteria very effectively and are great to clean counters, bathrooms, floors and more.

These products can save you money in addition to giving you a good feeling about avoiding contaminating you, your loved ones and our planet with caustic chemicals. You will make a few products to take home with you!



## Outdoor Adventure Connection Backpacking 101

Ages 14 and up

**Tuesday, October 6**

7:00 p.m. – 8:30 p.m.

*Grant Park, Kennard Nature Nook*

Are you ready to try backpacking after an inspiring visit to a national park? Ready to introduce your kids to the great outdoors? Are you a longtime hiker who needs a refresher after too much time away from the trails? Whatever your goal, this indoor workshop will teach you techniques to have a safe and enjoyable backpacking trip. We will cover topics such as backpacks, tents, sleeping bags, stoves, food, clothes, footwear, weather, terrain, comfort zone, trip planning and Leave No Trace Principles.

This program is presented by Outdoor Adventure Connection. Registration is requested.

## Outdoor Adventure Connection Backpacking Workshop & Overnight Trip

Ages 14 and up

**Saturday, October 24 – Sunday, October 25**

10:00 a.m.

*Grant Park, Kennard Nature Nook*

**Fee:** \$85, rental gear is available for an additional fee

This is a one night backpacking trip for first-time or beginning backpackers. It includes six workshops on essentials every backpacker should know. This trip is designed for those with little or no backpacking experience. This is your chance to try it out under the guidance of experienced backpackers. Experienced backpackers are welcome, too! Share your tips and hints with the group!

Registration has begun! Go to <http://www.outdooradventureconnection.com/> for registration and more details.



# ADULT WELLNESS



## Stroller Strength

Adult caregivers with child(ren)  
6 weeks – Pre K

**Mondays & Thursdays, August 31 – October 29 (no class September 7)**

9:30 – 10:30 a.m.

Schoolhouse Park

**Fee:** \$15 Nonresidents

An invigorating morning exercise session for caregivers — while the children relax in strollers! Cardiovascular exercise, upper and lower body resistance training (equipment provided) and a cool-down stretch is included in each session. Make new friends while you exercise during this popular Park District program! Stroller Strength is led by a nationally certified group exercise instructor.

## Fit Mixx

Adults

**Tuesdays, September 1 – November 17**

9:30 – 10:30 a.m.

Schoolhouse Park

**Fee:** \$15 Nonresidents

A boot camp style class that includes a mix of cardiovascular and strength training exercises and drills. Breathe in fresh air, soak in vitamin D and work up a sweat! Exercise equipment is provided for all participants. Led by a nationally certified group exercise instructor.



## Up and Running Trail Group

Adults

**Wednesdays, September 2 – October 28**

6:00 – 7:00 p.m.

Date	Park	Date	Park
<b>September 2</b>	Grant	<b>October 7</b>	Bill Yeck
<b>September 9</b>	Bill Yeck	<b>October 14</b>	Grant
<b>September 16</b>	Grant	<b>October 21</b>	Bill Yeck
<b>September 23</b>	Bill Yeck	<b>October 28</b>	Grant
<b>September 30</b>	Grant		

We are excited to continue our partnership with Up and Running! They will provide a trail leader as you enjoy running natural trails. The runs will include meadows, trails and hills. Meet at the Normandy Entrance of Grant Park and the Smith Entrance of Bill Yeck Park.

## Oak Grove

### Fitness Equipment Clinics

Ages 13 and up

**Friday, September 11, 9:30 – 10:30 a.m. OR**

**Monday, October 5, 6:00 – 7:00 p.m.**

Oak Grove Park, Rotary Shelter

You are invited to come out and familiarize yourself with the outdoor equipment — with guidance from our fitness coordinator.

This clinic will focus on the Energi™ equipment. Positioned on a circular pad, this equipment can be used for circuit training and includes both strength and cardiovascular training components.

*Please note: For their own safety, children under the age of 13 are not permitted on the LifeTrail® or Energi™ equipment.*

## Yoga in the Park

Adults

**Mondays, September 14 – November 2**

9:30 – 10:30 a.m.

Grant Park, Kennard Nature Nook

**Fee:** \$52 Residents, \$67 Nonresidents

We are excited to offer our first yoga program with Leelaa Yoga Studio owner and instructor Megan Lees. This yoga class is for all levels and will include a warm-up, breath work, standing poses, flowing poses and end with relaxation. The class will meet outside overlooking the meadow on the Kennard Nature Nook deck. In cases of inclement weather, we will move inside. Please bring a yoga mat and water.



**New!**

Online resident registration begins  
Monday, August 17, 10:00 a.m.

Registration  
is **REQUIRED**  
for all programs  
unless otherwise  
indicated.





Programs are **FREE** for residents unless otherwise indicated.

## Hike for Your Health

Adults

**Wednesdays**

9:30 – 10:30 a.m.

Designed to get your heart rate up, get you moving and out enjoying fall in your beautiful parks! Staff will lead you on these guided, self-paced hikes. Hike for Your Health is a wonderful opportunity to get to know some of your parks better. Path descriptions are provided to help you choose the most comfortable shoe attire.

Date	Park	Path
September 2	Schoolhouse	Paved
September 9	Grant, Normandy Entrance	Natural
September 16	Oak Grove	Paved
September 23	Bill Yeck, Rooks Mill Entrance	Natural
September 30	Yankee	Paved
October 7	Bill Yeck, McGuffey Meadow Entrance	Natural
October 14	Grant, Normandy Entrance	Natural
October 21	Iron Horse	Paved
October 28	Forest Field	Natural
November 4	Oak Grove	Paved
November 11	Bill Yeck, McGuffey Meadow Entrance	Natural
November 18	Iron Horse	Paved
November 25	Grant, Normancy Entrance	Natural



## Metro Dayton Hikers Hike at Bill Yeck Park

Ages 18 and up

**Sunday, November 29**

1:30 – 3:30 p.m.

*Bill Yeck Park, McGuffey Meadow Entrance*

Join the Metro Dayton Hikers for a 4 – 5 mile hike on the natural trails. If you have questions, please contact Christopher at [cksands8@woh.rr.com](mailto:cksands8@woh.rr.com) or (937) 687-0114. Registration is not required.

“All truly great thoughts are conceived while walking.”  
~Friedrich Nietzsche

## Trail Trekking: Nordic Pole Workout

Adults

**Every other Friday, September 4 – October 30**

9:30 – 10:30 a.m.

**Fee:** \$8 Nonresidents

Date	Park
<b>September 4</b>	Iron Horse
<b>September 18</b>	Oak Creek South
<b>October 2</b>	Schoolhouse
<b>October 16</b>	Yankee
<b>October 30</b>	Iron Horse

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The Cooper Institute research studies show that Nordic walking burns more calories, increases oxygen consumption and can be 46% more efficient than normal walking. It's a great workout!

Please wear comfortable shoes and bring a bottle of water. The Nordic poles provided are adjustable to your height. Led by a nationally certified group exercise instructor.



## Hit the Paved Multi-Use Trails This Fall!

Fall is a wonderful time to get out and explore the parks! Visit a park you have never explored before, or revisit an old favorite. Bring your dog, too — but remember your leash and pet waste bags! These parks have **paved multi-use trails** great for walking, running and biking:

- **BLACK OAK PARK:** .2 mile (one way) paved path up a steep hill from Ambridge Road to Braewood Trail. **No bicycles permitted on this path.**
- **IRON HORSE PARK:** 2 miles one way
- **OAK CREEK SOUTH PARK:** perimeter path is .4 mile
- **OAK GROVE PARK:** perimeter path is 1.5 miles (shorter loops are also available)
- **SCHOOLHOUSE PARK:** perimeter path is .75 mile
- **YANKEE PARK:** perimeter path (including sidewalk along Yankee Street) is .82 mile. The center path length is .19 mile.

See page 14 – 15 for park locations.

# SPECIAL EVENTS

## Holiday Archery Spectacular

Ages 8 and up (under 18 must be accompanied by an adult 21 or older)

**Saturday, September 12**

1:00 – 3:00 p.m.

*Oak Grove Park, Archery Range*

Celebrate archery season like you celebrate the holidays! Holiday-themed targets will be set up for the event. Hit Halloween ghouls, take down a turkey target just in time for Thanksgiving and grab a gift when you shoot a present out of a Christmas tree!

Certified Archery Instructors will walk beginners through the basics of shooting a bow and arrow. Local archery experts will also be there to help you learn about this fun, accessible sport. They will offer raffles and deals! Interested vendors contact Erin Morley at [emorley@cwpcd.org](mailto:emorley@cwpcd.org).

Registration is requested.

## Archery Battle Tag

Ages 12 and up

**Saturday, September 12**

5:00 – 9:00 p.m. (*sign up in 30 minute increments*)

*Oak Grove Park, Premier Soccer Field*

**Registration Deadline:** Sept. 11 at 4:30 p.m.

**Early Bird Fee (by September 1):**

\$9 Residents, \$14 Nonresidents

**Fee (after September 1):** \$14 Residents, \$19 Nonresidents

Game on! Archery Battle Tag is an exciting, action-packed game offering the ultimate family-friendly experience to engage everyone. Teams of five face off armed with bows and soft-tipped arrows, ducking and dodging behind inflatable bunkers trying not to get hit. Participants will get the chance to practice in the target range before stepping onto the battle field.

## Teddy Bear Picnic

All ages

**Tuesday, September 15**

4:00 – 6:00 p.m.

*Oak Creek South Park*



Bring all your fuzzy friends out for a fun family picnic!

We are partnering with the Washington-Centerville Public Library to provide a variety of fun activities including a teddy bear first aid station, craft station and a special story time. Food will be available for purchase from PA's Pork, or families are welcome to bring a picnic.

Registration is requested. No pets please.



## Paws in the Park

All ages

**Friday, September 18**

5:30 – 7:30 p.m.

*Dog Park at Oak Grove Park*



Calling all dogs! This fun event, co-sponsored by the Washington-Centerville Public Library, is a great opportunity to learn more about local pet services and pick up some fun giveaways! Hot dogs will be available for purchase from Dogs for Dogs!

Registration for this event is not required. Vendors interested in booth space, please contact Ally DeShurko at [adeshurko@cwpcd.org](mailto:adeshurko@cwpcd.org) or (937) 433-5155.

*For their safety, children under 8 years of age are not permitted within the off-leash areas of the dog park. Children between 8 and 14 years of age must be accompanied by an adult in the off-leash areas.*

## Fairy and Gnome Home Festival & Smith House Ribbon Cutting

All ages

**Saturday, September 26**

1:00 – 4:00 p.m.

*Bill Yeck Park, Smith House*

**The Smith House is open!**

What better way to celebrate than with a Fairy and Gnome Home Festival? After helping with the ribbon cutting ceremony, families will be assigned a lot in the forest to begin construction on their fairy and gnome houses. Be sure to visit the Fairy Store with your twig money to "buy" additional materials, and stop by all the activity stations.

Representatives from the Park District and the Centerville-Washington Historical Society will conduct a brief ribbon cutting at 1:15 p.m. Tours of the historic home will take place throughout the event.



Online resident registration begins  
Monday, August 17, 10:00 a.m.

## Haunted Trail

Ages 8 and up

(children 7 and under will not be admitted)

**Wednesday, October 21 &**

**Thursday, October 22**

7:30 – 9:00 p.m. (*the last group will be sent through at 9:00 p.m.*)

*Grant Park, Normandy Entrance*

Ghosts, ghouls and zombies haunt the trails of Grant Park for two nights every October. On this fun-filled evening you will be guided through the scary forest. Attendees are encouraged to bring canned goods/nonperishable food items to be donated to local food banks. Registration is not required.

## Haunted Trail Volunteers

Ages 16 and up

**Wednesday, October 21 AND/OR**

**Thursday, October 22**

6:30 – 9:30 p.m.

*Grant Park, Normandy Entrance*

Sign up to volunteer as a Trail Guide for this popular annual event! Attend one night and volunteer the other night! Guides will provide instructions to small groups of participants and lead them on a trail filled with ghosts, ghouls, zombies and more. Please arrive at 6:30 p.m. for a brief orientation and trail walk-through. Volunteers can sign up for one or both nights and must be able to walk several miles through wooded trails and have the ability to fight off the witches and werewolves! Hiking boots or hiking shoes are recommended. Registration is required.

The Haunted Trail program is co-sponsored by the Centerville Noon Optimist Club; the University of Dayton Optimists; the Centerville High School Octagon Club; and the Junior Optimists Clubs at Incarnation School and Magsig, Tower Heights and Watts Middle Schools.





# VOLUNTEER OPPORTUNITIES

Programs are **FREE** for residents unless otherwise indicated.



## Conservation Crew

All ages

Conservation Crew is a family-friendly volunteer program that allows all ages to help wildlife by improving natural habitats within the parks.

### Seed Saving

**Saturday, October 24**

11:00 a.m. – noon, *Oak Creek South Park (paved path)*

1:00 – 2:30 p.m., *Grant Park, Normandy Entrance (natural path)*

We need more seed! By October, more flower and native grass seed are ready to be harvested and the Naturalist cannot do it alone! We will focus on grass seed collection at Grant Park and flowers at Oak Creek south. Participants will be able to take some seed home for their own gardens.

### Seed Cleaners

**Saturday, November 14**

10:00 – 11:00 a.m.

1:00 – 2:00 p.m.

2:30 – 3:30 p.m.

*Bill Yeck Park, Smith House*

Prairie Habitat preparation is never done! Now the seeds we collected need to be cleaned! Help us separate the seed from the chaff of all our species and prepare some for the stratification process.

*Is your group looking for ways to assist the Park District with the creation of more wildlife habitat? Contact the Naturalist to set up your own seed saving or cleaning session. Availability is limited.*

## Volunteer Orientation:

### School Program and Field Trip Facilitator

Ages 18 and up

**Tuesday, September 1**

9:30 – 11:00 a.m.

*Activity Center Park, Headquarters*

Are you enthusiastic about nature and the outdoors? Want to share your knowledge with children in a fun learning environment? Interested in having more community involvement? If so, become a volunteer with the Park District! This orientation is for adult volunteers who wish to lead programs in classroom settings and on field trips in our parks. Training will include presentation tips, lesson outlines and program materials.

*New Volunteers should submit a completed volunteer application prior to or at the orientation. Applications can be picked up at Park District Headquarters or downloaded at [www.cwpd.org/forms.html](http://www.cwpd.org/forms.html).*

## Butterfly Surveys

Ages 8 and up (15 and under must be accompanied by an adult)

*Grant Park, Normandy Entrance*

**Monday, September 14, 3:30 – 5:00 p.m.**

**Monday, September 28, 3:30 – 5:00 p.m.**

**Monday, October 12, 3:30 – 5:00 p.m.**

Butterflies are still active well into October! Help the Naturalist with the scientific study of local butterfly populations. No experience or equipment necessary. Groups or individuals that need recognition for their volunteer hours, please contact the Park District before the monitoring session. Terrain is uneven and approximately one mile in length. Weather dependent. You may sign up for more than one session.



## Park District Curriculum Resources

Are you looking for additional materials or experiences to supplement your classroom lessons, scout or youth group meetings or more? Look no further, the Park District can help! We offer the following programs or resources for your group:

**School Outreach Programs** are offered for classroom teachers in the Centerville school district. A guest speaker from the Park District will come to your class and facilitate programs that align with school content standards.

**Special Interest Group Programs** are offered for scout groups, after-school programs and other adult and youth groups. Guest speakers from the Park District lead nature-based programs based on a variety of topics age-appropriate for your group.

**Nature Discovery Hikes and School Field Trip Options** are available for groups who want to take a field trip to a park! Park District staff or volunteers will lead a hike and focus it to meet the needs of the group, such as curriculum standards or scout badge requirements. Nature Discovery Hikes are perfect for youth groups, scouts, preschools, childcare centers and more.

**Nature-on-the-Go Bins** can be checked out for use by any educational group looking for resources or materials to suit their needs. Nature-on-the-Go bins include supplies to supplement lessons or activities on birds, bats, mammals, reptiles & amphibians, trees, insects and geology.

- Contact the Park District at 433-5155 for program descriptions.
- All groups must consist of a majority of residents of Centerville or Washington Township.
- Groups are limited to two programs per classroom/group per school year as available.
- Program availability is limited, so make your requests early!



# LOCATION & REGISTRATION INFORMATION

## Park Addresses

**Activity Center:** 221 N. Main Street

**Beechwood Springs:** 1141 Quiet Brook Trail

**Big Bend:** 1328 Spring Ash Drive

**Bill Yeck (3 main entrances):**

8798 Rooks Mill Lane

7893 Wilmington Dayton Road  
(McGuffey Meadow)

2230 E. Centerville Station Road  
(Smith House)

**Black Oak:** 1552 Ambridge Road

**Black Oak East:** 7835 John Elwood Drive

**Brittany Hills:** 5825 Batsford Drive

**Cherry Hill:** 10244 Cherry Tree Terrace

**Concept:** 345 Clareridge Lane

**Divided Ridge:** 347 Beck Drive

**Donnybrook:** 6161 Donnybrook Drive

**Elizabeth Hoy:** 185 Hampton Drive

**Fence Row:** 1650 Haley Drive

**Forest Field:** 2100 E. Centerville Station Road

**Forest Walk:** 7570 Forest Brook Boulevard

**Grant (3 main entrances):**

501 Normandy Ridge Road

6588 McEwen Road (Nature Nook)

616 Grant's Trail

**Green:** 6661 Green Park Drive

**Greene Line:** 6774 Crossbrook Drive

**Holes Creek:** 8575 Yankee Street

**Huffman:** 1616 W. Alex-Bell Road

**Iron Horse:** 6161 Millshire Drive

**Little Mound:** 9490 Still Meadow Lane

**Little Woods:** Colonial Lane/Far Hills Avenue

**Manor:** 989 Thorndale Drive

**Nutt Woods:** 10188 Ashpark Court

**Oak Creek South:** 790 Miamisburg-Centerville  
Road

**Oak Grove:** 1790 E. Social Row Road

**Old Lane:** 500 Druewood Lane

**Pelbrook:** 7566 Cloverbrook Park Drive

**Pleasant Hill:** 358 Zengel Drive

**Quail Run:** 1180 Timber Hawk Trail

**Rahn:** 223 W. Rahn Road

**Red Coach:** 5500 Royalwood Drive

**Robert F. Mays:** 10553 Paragon Road

**Rooks Ravine:** 9100 Rooks Road

**Rosewood:** 475 Roselake Drive

**Schoolhouse:** 1875 Nutt Road

**Silvercreek:** 9369 Yankee Street

**Stansel:** 1304 Sarah Freeman Drive

**Stringtown:** 9191 Woodstream Lane

**Trailways:** 1165 W. Spring Valley Pike

**Village South:** 411 North Village Drive

**Wagon Trail:** 8450 Washington Village Drive

**Waterbury Woods:** 1250 W. Social Row Road

**Watkins Glen:** 825 Watkins Glen Drive

**Weatherstone:** 10998 Pennfield Road

**Willowbrook:** 10225 Park Edge Drive

**Woodbourne Green:** W. Whipp Rd. at  
Paddington Road

**Woodbourne Springs:** 220 W. Whipp Road

**Yankee:** 7500 Yankee Street

### WHY REGISTER ONLINE?

#1

#### You're first in line!

Online registration takes place the day before phone or walk in registration.

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#### It's convenient

The flexibility to register and pay at your convenience, anytime, from anywhere.



#### It saves time

In less than five minutes, you can setup your account and enroll for your program.



#### It's easy

Three simple steps, and you'll be enrolled in the program of your choice.



#### It's environmentally friendly

No need to burn gas driving over to register in person. And it saves paper.

Online registration begins  
August 17

ONLINE Resident Registration Begins:  
Monday, August 17  
10:00 a.m.

ONLINE Nonresident Registration Begins:  
Monday, August 24  
10:00 a.m.

## How to Register

### Online (recommended)

Visit <https://apm.activecommunities.com/cwpd> to register. To expedite your registration, create an account prior to August 17 or August 24. A valid email address is required. This site can be used for free programs and for fee-based programs with a debit or credit card. Payee will be shown as Active.com.

### By Phone

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have credit card ready for fee-based programs. **Phone registration begins one day later than online registration, August 18 for residents and August 25 for nonresidents.**

### In Person

Visit Park District headquarters at 221 N. Main Street in Centerville Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card at headquarters. Make checks payable to CWPDP or Centerville-Washington Park District. **In person registration begins one day later than online registration, August 18 for residents and August 25 for nonresidents.**

### Registration and Refund Policy:

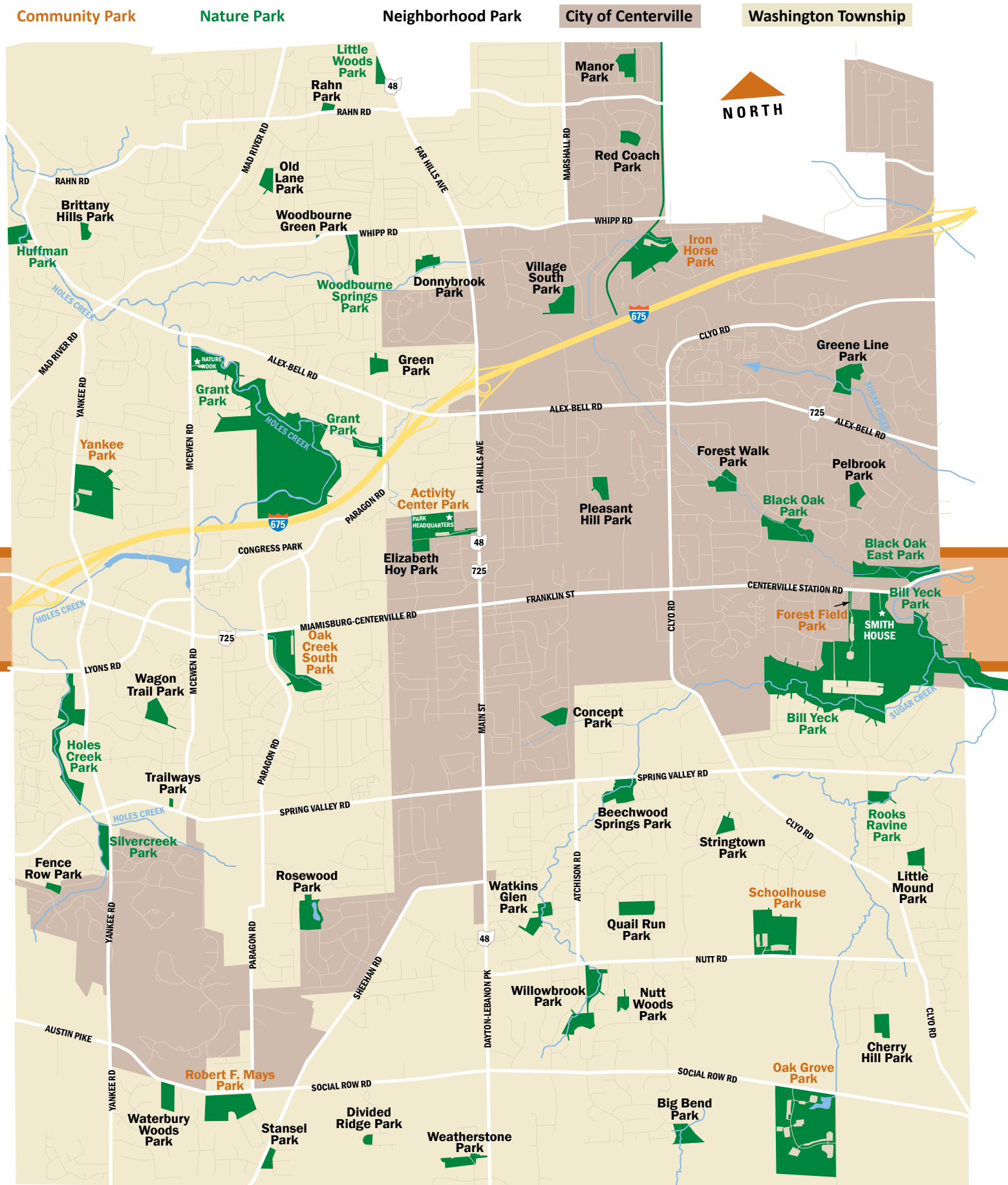
- Residents may register members of their family and one other resident family.
- Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees or receive a refund.

**New!**



# PARK DISTRICT MAP

The Park District is made up of 50 community, nature and neighborhood parks. Visit [www.cwpd.org](http://www.cwpd.org) for detailed information and a map to each park.







Online Resident Registration begins at 10:00 a.m.  
**Monday, August 17**

