

SEPTEMBER - NOVEMBER 2016

# Centerville-Washington PARK DISTRICT NEWS & EVENTS

Online program  
registration  
begins Monday,  
August 15

Seven FREE  
special events  
this fall!



Explore your community's BIG backyard!





## Headquarters

Activity Center Park  
221 North Main Street  
Centerville, Ohio 45459-4617  
(937) 433-5155  
Fax: (937) 433-6564  
Second Shift/Weekends:  
(937) 470-9246  
mail@cwpcd.org  
www.cwpcd.org

## Office Hours

Monday – Friday  
8:00 a.m. to 4:30 p.m.  
Office Closed on September 5,  
November 24 & 25, 2016

## Park Addresses

For more information and an address  
for each park, visit [www.cwpcd.org](http://www.cwpcd.org).

## Dog Park Closures

[www.cwpcd.org/field\\_status.shtml](http://www.cwpcd.org/field_status.shtml)

## Athletic Field Conditions

[www.cwpcd.org/field\\_status.shtml](http://www.cwpcd.org/field_status.shtml)

## Area Youth

### Athletic Organizations

Centerville United Soccer Association  
[www.cusacrewjuniors.org](http://www.cusacrewjuniors.org)

Centerville Wee Elks  
Football Association  
[www.weeelks.org](http://www.weeelks.org)

Centerville Baseball Softball League  
[www.cbltoday.org](http://www.cbltoday.org)

Centerville Youth Lacrosse  
[www.cvlax.org](http://www.cvlax.org)

Up and Running Juniors  
[www.upandrunningindayton.com/  
get-involved/training-groups/](http://www.upandrunningindayton.com/get-involved/training-groups/)

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## Commissioners' Corner



It's not uncommon to hear Centerville and Washington Township residents say they love their parks. It's true! Residents of

this Park District value having **more parks and more park acreage than most communities this size**. According to the National Recreation and Park Association, the median acreage for a community our size is 522 acres of parkland. CWPD cares for 1,000 acres of parkland for you and your family. The Park District truly is "your community's BIG backyard!"

Exploring the BIG backyard begins with leafing through the pages of this newsletter. We know you'll find many activities and opportunities to your liking. A few items to highlight are:

- Bikes, Boards & BBQ — page 4
- Back by popular demand, Dressed to the K-Nines — page 5
- Children's Cairn Hike — page 9
- Introduction to Falconry — page 11
- Walk Off the Wobble, a day after Thanksgiving calorie burner — page 12

And those are just a few of the many and varied opportunities to enjoy your parks!

This fall, we also hope you will find time to walk or bike



Holes Creek Trail

## DID YOU KNOW?

The Centerville-Washington Park District Board of Park Commissioners holds public meetings once a month throughout the year. Visit [www.cwpcd.org/meetings.html](http://www.cwpcd.org/meetings.html) for the schedule!

on the new **Holes Creek Trail**. You'll also be able to enjoy the new perimeter trail and playground at **Mays Park**, completing that park's construction! The playground has a recycled surface similar to the popular playground at Activity Center Park. When visiting Mays Park, please use the park's parking lot instead of parking in the surrounding neighborhood. The park neighbors appreciate it!

Last but not least, if you've not yet tried Pickleball, visit the new courts at Activity Center Park. Paddles and balls are available for loan at Headquarters during the week.

The Park Board is continually interested in making your BIG backyard better and better to meet your needs. Please **keep an eye out this fall for a community needs assessment survey**. We'll be asking you what you'd like to experience in your parks in the coming three years.

Whenever you have suggestions or questions, please contact us. We love to hear from you. And remember, this fall, "explore your community's BIG backyard!"

*Lucy Sanchez*

Park Board Vice President



## Save a Tree

To subscribe to the e-newsletter visit  
[www.cwpcd.org/subscribe.html](http://www.cwpcd.org/subscribe.html)

Here, you can also stop home delivery of the printed newsletter if you wish.

# CHILDREN AT PLAY!



The Centerville-Washington Park District is dedicated to providing the community with ample opportunities to live healthy and active lifestyles. Secondhand smoke is a proven health risk and children may be especially vulnerable. It is our hope that park visitors will abstain from smoking in any park area where children are at play.

Reduce litter, promote positive role modeling and give children a healthy, safe place to play!

## New Pollinator Habitats

Pollinators, most often honey bees, are responsible for one in every three bites of food we take! The loss of pollinators threatens agricultural production, maintenance of natural plant communities and important services provided by those ecosystems, such as carbon cycling, flood and erosion control, and recreation.

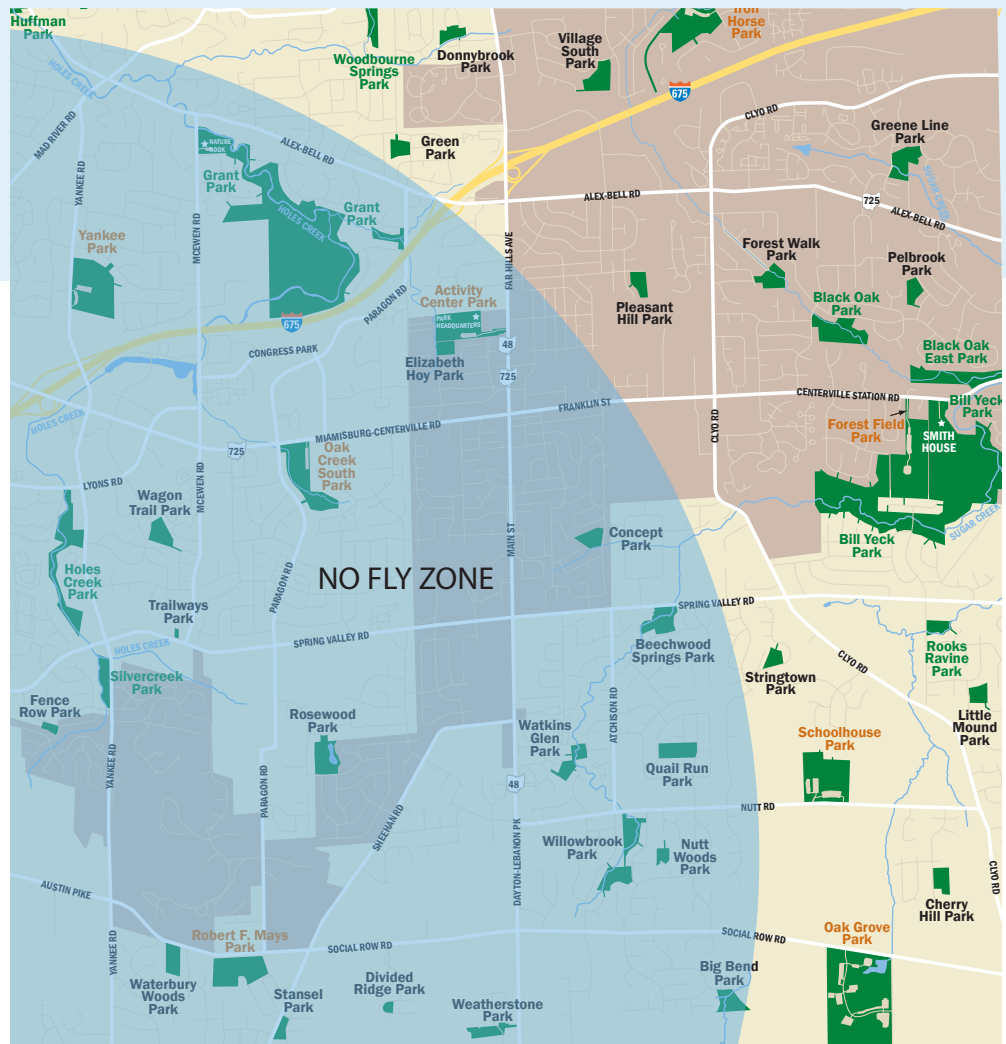
The Centerville-Washington Park District is committed to making a difference. We have actively established pollinator habitats in many parks. This year, we created over 30 acres of pollinator habitat. Much of the habitat was created by planting native grasses and flowering plants in park areas that have traditionally been maintained as mowed turfgrass.

We have collaborated with local schools and universities to design, build and maintain an apiary at Bill Yeck Park. We are excited about the environmental and educational opportunities this park feature brings to the community. Please contact us if you would like more information or are interested in volunteering to help with the effort!

## Know Before You Fly

Small unmanned aircraft systems, or drones, may be operated for hobby and recreational purposes under specific safety guidelines established by Congress. As of December 21, 2015, the Federal Aviation Administration (FAA) requires all owners of drones weighing between 0.55 and 55 pounds to register online before taking them to the skies.

Within a CWPD park, the use of any battery-powered radio-controlled device is permitted only when use does not compromise the safety of, or interfere with activities of, other park visitors. Operation must comply with FAA rules. As such, drones **may not be operated in parks that are within five miles of Dayton-Wright Brothers Airport** without prior FAA approval. Please consult the map below to determine which parks fall within the five-mile radius of the airport.



## Staff Update



We are pleased to announce the addition of Andy Sandidge to the Park District's full-time operations staff. Andy is a Centerville graduate who spent the past 15 years working for the city of Fort Collins, Colorado. He studied wildlife biology at Colorado State University and has extensive experience maintaining both natural and active recreation facilities and parks.

Welcome, Andy!



## SPECIAL EVENTS

### YoGlow

Ages 18 and up

**Friday, September 9**

**(Rain date: Saturday, September 10)**

8:45 – 10:00 p.m.

*Forest Field Park,*

*2100 E. Centerville Station Rd.*

Ommmmm ... Leelaa Yoga Studio's Megan Lees will lead this outdoor yoga class in a peaceful park setting. Glow bracelets will be provided!

This yoga class for all levels will include a warm-up, breath work, standing poses, flowing poses and will end with relaxation. Bring your yoga mat and water. Dress comfortably.

Come early and enjoy a nutritious beverage! The Shakerly Juice Bar will be on site from 8:00 – 8:45 p.m.

**Program check-in and yoga mat placement will begin at the shelter at 8:45 p.m. Class begins at 9:00 p.m. In case of inclement weather, check the CWPD Facebook page for updates.**



### Bikes, Boards & BBQ

All ages

**Saturday, September 10**

Noon – 2:00 p.m.

*Oak Creek South Park,*

*790 Miamisburg-Centerville Rd.*

Come check out the newly expanded skatepark! Bikers, skaters and their families are invited to join us at the skatepark to enjoy demos, music, giveaways and food! Meet American Ramp Company, the company that designed the park expansion, and enjoy some tasty BBQ from PA's Pork food truck!



Registration is not required.

### Paws in the Park

All ages

**Friday, September 16**

5:30 – 7:30 p.m.

*Oak Grove Park, 1790 E. Social Row Rd.*

Calling all dogs and dog lovers! This fun annual event is a great opportunity to learn more about local pet services and pick up some giveaways for your furry friends! Hot dogs available for purchase from "Dogs for Dogs."

Registration is not required.

**Vendors interested in booth space may contact Ally DeShurko at [adeshurko@cwpcd.org](mailto:adeshurko@cwpcd.org)**

**For their safety, children under 8 are not permitted within the off-leash areas of the dog park. Children ages 8 – 14 must be accompanied by an adult in the off-leash areas.**



### BIG Backyard Party

All ages

**Saturday, September 17**

1:00 – 4:00 p.m.

*Yankee Park, 7500 Yankee St.*

We appreciate you! We want to show our gratitude by inviting you and your family to enjoy a day in the park with us. Games, activities and raffles for the whole family. Enjoy a free ice cream sundae!

Registration is requested.

### Family Celebration of National Hunting & Fishing Day

All ages

**Saturday, September 24**

10:00 a.m. – 2:00 p.m.

*Oak Grove Park, 1790 E. Social Row Rd.*

The Park District and the Centerville Noon Optimist Club are co-sponsoring this community celebration! The day will be filled with family-oriented, hands-on activities that all ages and abilities will enjoy. Share the fun of outdoor sports while learning about the important role hunting and fishing play in Ohio's wildlife conservation.

Festivities include: fishing activities at the 2-acre stocked pond, casting competition, 3D archery skill competition at the archery range, beginner archery clinics for all ages and abilities, food vendors, and a kid zone with fun outdoor activities.

Registration is requested.



**Online resident registration begins Monday, August 15, 10:00 a.m.**





## Dressed to the K-Nines

All ages

**Saturday, October 29**

Noon – 2:00 p.m.

*Oak Grove Park, 1790 E. Social Row Rd.*

**Fee:** \$6 per nonresident entry

Halloween hoopla glitz and glamour will be in full effect as our four-legged friends strut down the red carpet runway in their Halloween costumes! Owner and pet costume duos are strongly encouraged. First, second and third place winners for best costume. Fun for the whole family. Spectators and paparazzi are welcome!

At Studio 206 Photography will be there taking photos of your pets. Pictures available for purchase after the event!

**For their safety, children under 8 are not permitted within the off-leash areas of the dog park. Children ages 8 – 14 must be accompanied by an adult in the off-leash areas.**



## Owlexander's Tyke Hike Grand Opening

All ages

**Thursday, October 13**

10:45 – 11:30 a.m.

*Schoolhouse Park, 1875 Nutt Rd.*



Hike the paved path with Owlexander, the Park District mascot, and his woodland friends. Busy tots will practice physical skills such as balancing on one foot like a bird, hopping like a bunny, and bending like a tree, as well as early learning skills like shape, color and letter recognition in nature. This series of five trail signs is just the right length to keep little learners happy and healthy!

Registration is not required.

**The Tyke Hike was developed  
in partnership with**



**Programs are FREE for residents  
unless otherwise indicated.**

## Haunted Trail

Recommended for ages 7 – 15

*(children under 7 will not be admitted)*

**Tuesday, October 18 &**

**Wednesday, October 19**

7:30 – 9:00 p.m. *(last group sent through at 9 p.m.)*

*Parking at Forest Field Park,  
2100 E. Centerville Station Rd.*

The ghosts, ghouls and zombies that haunt the trails for two nights every October have moved to Bill Yeck and Forest Field Parks! On this fun-filled evening you will be guided through the scary forest. Attendees are encouraged to bring canned goods/nonperishable food items to be donated to local food banks.

Registration is not required.

**Groups will leave from Forest Field Park shelter and will walk through Bill Yeck Park on the Haunted Trail!**

## Haunted Trail Volunteers

Ages 16 and up

**Tuesday, October 18 &**

**Wednesday, October 19**

6:30 – 9:30 p.m. *(last group sent through at 9 p.m.)*

*Parking at Forest Field  
Park, 2100 E. Centerville  
Station Rd.*



Haunted Trail is possible due to the amazing help from volunteers! You can help, too — sign up to volunteer as a trail guide! Guides will provide instructions to small groups of participants and lead them on the trail. Please arrive at 6:30 p.m. for a brief orientation and trail walk-through. Volunteers can sign up for one or both nights and must be able to walk the half-mile trail several times. Hiking shoes are recommended.

**The Haunted Trail program is co-sponsored by the Centerville Noon Optimist Club; the University of Dayton Optimists; the Centerville High School Octagon Club; and the Junior Optimist Clubs at Incarnation School and Magsig, Tower Heights and Watts Middle Schools.**





## PRESCHOOL PROGRAMS (AGES 6 AND UNDER)

### Early Adventures

Ages 0 – 36 months with adult companion

**Fee/session:** \$4 nonresidents

#### Session A:

**Tuesday, September 6**

6:30 – 7:15 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.  
(natural path)*

#### Session B:

**Tuesday, October 4**

6:30 – 7:15 p.m.

*Grant Park, Watts Middle School  
Entrance, 7056 McEwen Rd.  
(natural path)*

#### Session C:

**Tuesday, November 1**

6:00 – 6:45 p.m.

*Grant Park, 501 Normandy Ridge Rd.  
(natural path)*

Taking your little ones outdoors provides them with an experience that will benefit them forever. There are unique sounds, colors, lights, sensations and textures to process each time they go outdoors.

These leisurely hikes provide quality family time in nature!

Backpacks and front carriers are appropriate if your child is not walking. Strollers are not recommended at parks with natural terrain.



### Playdate Pals

Ages 18 – 36 months with adult companion

10:00 – 11:00 a.m. **OR** 3:30 – 4:30 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee/session:** \$4 nonresidents

#### Cats and Dogs:

**Wednesday, September 14**

#### Animal Pajama Party:

**Wednesday, October 12**

#### Lots of Leaves:

**Wednesday, November 9**

This program is designed to build sensory awareness, to build motor skills and to encourage social interaction among little ones.

Each Playdate Pals begins with learning stations. Then we come together for a short program about our theme, which may include a story, song, activity and a short hike. Join us for lots of fun and new learning experiences!

### Creative Kids Corner

Ages 3 – 5

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

**Fee:** \$9 residents, \$12 nonresidents

**Sign up for one series only, Thursdays or Fridays each month. Pick the series with the day and time that works best for you!**

#### Session A:

**Thursdays, September 8, October 13 & November 10, 2:00 – 3:00 p.m.**

#### Session B:

**Fridays, September 9, October 14 & November 11, 9:00 – 10:00 a.m.**

This drop-off program features games, a story, and a craft all revolving around a fun seasonal theme. Children are encouraged to wear old clothes.



## SPARK ART STUDIO

### Fall Nature Series

Ages 2 – 4 with adult companion

**Mondays, September 12 – October 17**

6:30 – 7:30 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee:** \$29 residents, \$44 nonresidents

Work together to see the art all around you in nature! Children and a parent/guardian will use natural and traditional art materials to see the outdoors through artistic eyes. Take home fun art pieces throughout the series.



**Online resident registration begins  
Monday, August 15, 10:00 a.m.**



## Preschool Nature Series

Ages 3 – 5 with adult companion

**Fee/session:** \$4 nonresidents

### Fall Flowers

**Wednesday, September 14**

6:00 – 7:00 p.m. **OR**

**Thursday, September 15**

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

Summer flowers have come and gone, but the bloom season isn't over yet! Join us as we investigate the fun fall colors! Walk will take place on a natural path. Strollers are not recommended.

### Spider Search

**Wednesday, October 5**

6:00 – 7:00 p.m. **OR**

**Thursday, October 6**

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m.

*Bill Yeck Park, 7893 Wilmington-Dayton Rd.*

October is a great month to search for spiders! Let's look in the meadow for their webs. How many different kinds will we find? Walk will take place on a natural path. Strollers are not recommended.

### Around Robins

**Wednesday, November 2**

6:00 – 7:00 p.m. **OR**

**Thursday, November 3**

9:30 – 10:30 a.m. **OR** 6:00 – 7:00 p.m.

*Big Bend Park, 1328 Spring Ash Dr.*

Did you know that American Robins are around all winter? Let's go see if we can spot one in the woods! Walk will take place on a natural path. Strollers are not recommended.

**Programs are FREE for residents unless otherwise indicated.**



## Intergenerational Series:

### Pumpkin Party

Ages 3 – 6 with grandparent(s)

**Friday, October 7**

10:00 – 11:00 a.m. **OR** 1:30 – 2:30 p.m.

**OR** 6:00 – 7:00 p.m.

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

**Fee:** \$4 nonresidents

**The Intergenerational Series is only for grandparents and their grandchildren. Parents and other caregivers may attend any of our other programs.**

Grandchildren and grandparent(s) will create a pumpkin craft, enjoy pumpkin stories and search for pumpkins large and small!

### Mini Movers

Ages 4 – 5

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

**Fee:** \$9 nonresidents

#### Session A:

**Wednesdays, September 7 – October 12**

1:00 – 1:45 p.m.

#### Session B:

**Mondays & Wednesdays,**

**October 31 – November 16**

1:00 – 1:45 p.m.

Let's move! Participants will enjoy activities with an alphabet theme, age-appropriate equipment and fun music.

The "mini movers" will learn movements that assist in motor development and rhythmic skills and will have an opportunity to interact with other children their age. Both group and individual activities will be included for them to expand their social skills and be creative.

All children must wear comfortable clothing and tennis shoes. Parent participation is not required.

## Pumpkins & PJs

Ages 4 – 6

**Friday, October 28**

6:00 – 7:30 p.m.

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

**Fee:** \$9 residents, \$12 nonresidents

We're having a pumpkin PJ party in the park! We will explore the trails during the magical sunset looking for bats, bugs and even pumpkins! There will be a craft, fall-themed activities and allergy-free popcorn.

Children should dress in PJs or clothing that can get dirty. This is a drop-off program; parents are not required to stay.

## SPARK ART STUDIO

### Sculpting

Ages 4 – 6

**Mondays, November 7 – 28**

6:30 – 7:30 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee:** \$23 residents, \$41 nonresidents

This overview of the sculpture process will have your children thinking in three dimensions! They will work with paper, clay, recycled materials and wood to create unique sculptural pieces.





## CHILDREN'S PROGRAMS

(AGES 5 – 13)



### Fall Nature Series

Ages 5 – 8

**Mondays, September 12 – October 17**  
6:30 – 7:30 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee:** \$29 residents, \$44 nonresidents

Children work together to see the art all around us in nature! They will use natural and traditional art materials to see the outdoors through artistic eyes.

### Children's Yoga Series: Autumn Animals

Ages 5 – 8

**Wednesdays, October 5 – 26**  
6:30 – 7:30 p.m.

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

**Fee:** \$18 residents, \$25 nonresidents

Strike a pose! Your child will stretch, balance and strengthen the body while learning yoga poses from certified Color Me Yoga Instructor, Megan Pooler. A blend of nature and exercise, children will learn about animals and the autumn season through a hands-on activity in the first part of each class and then finish with a fun-filled yoga session. All equipment is provided.

### Jump into Fall!

Ages 5 – 12

**Saturday, September 24**

9:00 – 11:00 a.m. **OR** 1:00 – 3:00 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee:** \$14 residents, \$19 nonresidents

Children will celebrate the beginning of fall with crafts, games, a nature walk, and a Kid's Zumba session led by a certified Kid's Zumba and Kid's Zumba Jr. instructor.

**Allergy-free popcorn will be served.**

### Art & Imagination

Ages 6 – 8

**Tuesdays, September 20, October 18  
& November 15**

5:00 – 6:00 p.m.

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

**Fee:** \$9 residents, \$12 nonresidents

Does your child love art time? This drop-off program is designed to give your child an opportunity to get creative by trying new things and designing a unique project based on a monthly theme. Participants should wear old clothes because things could get messy! Parents are not required to stay for this program.



### Junior Explorers

Ages 6 – 8

**Wednesdays, September 14 – October 19**  
3:30 – 4:30 p.m.

*Grant Park, 501 Normandy Ridge Rd.*

**Fee:** \$15 nonresidents

Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors. Activities include discovery, challenges and games. Send them prepared for outdoor play!

This is a drop-off program; parents are not required to stay.



### Sculpting

Ages 7 – 10

**Mondays, November 7 – 28**

6:30 – 7:30 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee:** \$23 residents, \$41 nonresidents

This overview of the sculpture process will have your children thinking in three dimensions! They will work with paper, clay, recycled materials and wood to create unique sculptural pieces.

**New!**

### Archeology Dig

Ages 7 – 10

**Saturday, October 1**

2:00 – 4:00 p.m.

*Grant Park, Watts Middle School  
Entrance, 7056 McEwen Rd.*

**Fee:** \$9 residents, \$12 nonresidents

Mammals, sea creatures, artifacts, dinosaurs and more are hidden deep in the dirt of Grant Park! Children will become like real-life archeologists while they search for buried objects.

Guides will lead children from the Watts Middle School parking lot by following GPS coordinates to the dig site! Children should wear old clothes and shoes — they will get dirty!

**Online resident registration begins  
Monday, August 15, 10:00 a.m.**





**They don't know they're making memories, they just know they're having fun!**

## Kid's Culinary Concoctions

Ages 7 – 13

**Tuesdays, September 13 – October 11**

6:30 – 8:00 p.m.

*Centerville High School, 500 E. Franklin St.*

**Fee:** \$27 residents, \$39 nonresidents

CWPD and the Centerville High School Culinary Studies Program are collaborating to awaken the culinary enthusiast in your child! Each week these mini chefs will learn cooking basics (cutting, measuring, cooking safety) and then make and enjoy a nutritious and delicious meal!

## Cairn Hike

Ages 8 – 13

**Saturday, October 15**

2:00 – 3:30 p.m.

*Grant Park, 501 Normandy Ridge Rd.*

**Fee:** \$4 residents, \$6 nonresidents



Teams will make unique trail markers called cairns. After each team has set a trail marked with cairns, the teams will switch trails and race against each other to the finish line.

## Outdoor Explorers

Ages 9 – 12

**Mondays, September 12 – October 17**

4:00 – 5:15 p.m.

*Grant Park, 501 Normandy Ridge Rd.*

**Fee:** \$15 nonresidents

Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors. Activities include discovery, challenges and games. Send them prepared for outdoor play!

This is a drop-off program; parents are not required to stay.

## Crafting Club

Ages 9 – 13

**Thursdays, September 1, October 6 & November 3**

4:30 – 5:30 p.m.

*Grant Park, Kennard Nature Nook, 6588 McEwen Rd.*

**Fee:** \$9 residents, \$12 nonresidents

This fun after-school program covers basic crafting skills and techniques used to create handmade decorations and keepsakes — all while making friends. We provide everything needed with no mess, prep or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock.

## Nature Brain Games

Ages 10 – 13

**Thursdays, September 15, October 20 & November 17**

4:00 – 5:30 p.m.

*Grant Park, Kennard Nature Nook, 6588 McEwen Rd.*

**Fee:** \$9 residents, \$12 nonresidents

There will be all new mental and physical challenges in this popular program! A variety of active, interactive and quiet problem-solving activities to stimulate your child's mind in a fun, fast-paced environment.



**Programs are FREE for residents unless otherwise indicated.**



## FAMILY PROGRAMS

### Bat Watch

All ages

7:30 – 8:30 p.m.

**Fee/family:** \$4 residents, \$6 nonresidents

#### **Session A:** Friday, September 2

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

#### **Session B:** Friday, September 9

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

Learn about bats before settling in to watch them fly above us. The first 20 minutes of the program will feature educational activities about bats. For the second half, participants will want to bring lawn chairs and blankets for bat viewing!

### Butterfly Surveys

Ages 8 and up (children under 15 must be accompanied by an adult)

*Grant Park, 501 Normandy Ridge Rd.*

#### **Survey 1:** Tuesday, September 6

3:30 – 5:00 p.m.

#### **Survey 2:** Saturday, September 17

1:00 – 2:30 p.m.

Butterfly surveys help the Park District determine the health of our habitats! If you enjoy learning about and catching butterflies, then this is for you! Surveys consist of walking a set path and identifying as many butterflies as possible. Data is sent to The Ohio Lepidopterists. The trail is about one mile in length and terrain is uneven. Surveys do not occur in the rain. Participants will be updated via automated phone calls about survey status and conditions. Please register all persons planning to attend with your group.



### Grandparents' Sundae Funday

All ages with grandparent(s)

#### **Sunday, September 11**

1:00 – 2:30 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

In honor of National Grandparents' Day children and their grandparents can enjoy a nature hike to search for signs of the changing season, kite flying on the lawn and ice cream sundaes at the Smith House.

Kites available in limited supply or families may bring their own. Alternate activities provided for those not flying a kite.

### Butterfly Mini-Survey

Recommended for families with children ages 3 – 7

#### **Survey 1:** Friday, September 16

1:00 – 2:00 p.m.

*Oak Creek South Park,  
790 Miamisburg-Centerville Rd.*

#### **Survey 2:** Saturday, October 8

1:00 – 2:00 p.m.

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

In these mini-surveys we will learn why we survey butterflies and we will look for some to record. Other insects caught will also be recorded.

### Fall Family Fun Night

All ages

#### **Thursday, September 22**

**(Rain date: September 29)**

5:00 – 8:00 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee/family:** \$9 residents, \$12 nonresidents

View the fall colors with a short hayride through Bill Yeck Park! Stop at the bonfire to enjoy a s'more before or after your hayride.

Check in at the Smith House to receive your s'more and hayride tickets. Hayride participants will be given tickets with a specific time for their ride. One s'more ticket per person.



Online resident registration begins  
Monday, August 15, 10:00 a.m.



## Leaf ID Challenge

Ages 8 and up

**Wednesday, September 28**

6:00 – 7:00 p.m.

*Grant Park, 501 Normandy Ridge Rd.*

**Fee/family:** \$9 residents,  
\$12 nonresidents

Take a hike through Grant Park to learn how to identify trees by their leaves. There will be a hands-on challenge to see if you have what it takes to be a tree expert!

## An Introduction to Falconry

Ages 12 and up

(ages 12 – 15 require paid parent/  
guardian participant or observer)

**Sunday, October 2**

**(Rain date: October 9)**

10:00 a.m. – noon

*Schoolhouse Park, 1875 Nutt Rd.*

**Fee:** \$75 residents, \$95 nonresidents,  
\$25 observer

Join Master Class falconer Joe Dorrian of the Ohio School of Falconry to learn about the ancient sport of falconry. Handle and fly one of the school's trained Harris' Hawks in this exciting program!

Get a general overview of the sport, a strong focus in raptor ecology and conservation and predator/prey relationships, and learn the basics of handling a trained falconry raptor.

Instructor will provide all necessary equipment. Students should not wear anything made of real or faux fur to this program.



**Programs are FREE for residents unless otherwise indicated.**

## Create a Terrarium

Ages 8 and up with adult companion

**Saturday, October 15**

4:00 – 5:00 p.m.

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

**Fee:** \$20 resident adult, \$10 resident child  
\$26 nonresident adult, \$13  
nonresident child

Join Kim McCarthy of The Reiki Room of Dayton as we make our own personal terrarium, either to wear, or to display! We will provide everything to create your own masterpiece — moss, rocks, and plants, in a bottle designed to be worn around your neck. Take a little bit of nature with you wherever you go!

This is not a drop-off program, all children must be accompanied by a registered adult.

## Night Glow Scavenger Hunt

All ages

**Saturday, October 22**

7:30 – 8:30 p.m.

*Grant Park, 501 Normandy Ridge Rd.*

**Fee/family:** \$4 residents, \$6 nonresidents

Love a good family challenge? Work together as a family through a nature-based glow-in-the-dark scavenger hunt around Grant Park!

## CWPD Recommends

By mid-October fall color should peak throughout the Dayton area — making it a fantastic time to visit Grant Park, a 189-acre nature park in the heart of this community! Start your visit at the McEwen entrance of the park (6588 McEwen Rd.), take a hike through the park, then finish up with a trip to the Mark Kreusch Nature Playce!

For more information about Grant Park, including a park map, visit [www.cwprd.org/grant.html](http://www.cwprd.org/grant.html)



Pictured: deer track

## Track it!

All ages

**Tuesday, October 25**

6:00 – 7:00 p.m.

*Grant Park, 501 Normandy Ridge Rd.*

**Fee/family:** \$4 nonresidents

Join us as we look for animal tracks in the wilds of Grant Park! Learn simple ways to identify what animal made some of the tracks that cover the trails. A limited supply of track ID books will be available for use.

## Old Tyme Quilts

All ages

**Saturday, November 5**

**(Rain date: November 12)**

1:00 – 2:30 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee/family:** \$9 residents, \$12 nonresidents

The Park District and Centerville-Washington History are offering an interactive program on quilt making and the role quilts have in our local history. Participants will view historical quilts made in Centerville and visit stations both indoors and outdoors to learn more about how quilts were constructed.





## FAMILY WELLNESS

### Beginner Archery Clinic

Ages 8 and up

(ages 8 – 17 must be accompanied by an adult 21 years or older)

**Saturday, September 3**

**(Rain date: October 1)**

1:00 – 3:00 p.m.

*Oak Grove Park, Archery Range,  
1790 E. Social Row Rd.*

**Fee:** \$15 residents, \$20 nonresidents

This introduction to archery is designed for those who have no experience, are still getting comfortable with archery, or are looking for a review of the basics.

Instructors will focus on teaching range rules and safe archery procedures as well as basic equipment use and technique.

You may bring your own equipment, but it must be inspected by an instructor prior to use in the clinic.



### Fast Fun Fitness Event: Footgolf

Ages 7 and up

**Friday, September 30**

6:30 – 8:00 p.m.

*Yankee Park, 7500 Yankee St.*

Soccer and golf have been combined into a new sport called Footgolf! Come give it a try with your family and friends. We will have two 6-hole courses set up. Gametruck Dayton will be there with bubble soccer, and golf pros from The Golf Club at Yankee Trace will do demos and play games!



### Family Recess

All ages

**Friday, October 7**

5:00 – 7:00 p.m.

*Forest Field Park,  
2100 E. Centerville Station Rd.*

We facilitate the fun at this family-style recess — giant Jenga and Connect Four, cornhole, kickball and more! We will provide cider and Bill's Donut's as a special treat to end your week!

**New!**

### Take a Hike Day

All ages

**Thursday, November 17**

Walking and hiking are excellent ways to get exercise. Hikes are distinguished from walks, in that they are taken in the woods, hills, mountains or in another nature setting. Hikes not only give you exercise, they also provide scenic sites and vistas that are good for relaxation of the mind and soul. Take a hike in one of our parks on November 17. Post a picture from your hike tagged **#takeahikewithCWPD** on Facebook, Instagram or Twitter. If your account is public, you'll be entered to win a gift card from Great Miami Outfitters! Must post by 11:59 p.m. November 17.



We are offering family 5K's on a bi-monthly basis this year. Attend at least three of them and receive a t-shirt!

### September Scavenger 5K Family Hike

All ages

**Tuesday, September 20**

**(Rain date: September 21)**

5:30 p.m.

*Grant Park, 501 Normandy Ridge Rd.*

Enjoy an evening in Grant Park with your family as you hike the trails and work together to complete a nature scavenger hunt. We will provide direction and prizes! Please dress for the trails and bring water.

### Turkey Trek 5K Family Hike

All ages

**Saturday, November 19**

**(Rain date: November 20)**

9:30 a.m.

*Forest Field Park,  
2100 E. Centerville Station Rd.*

Get ready for turkey day! Turkey Trek is the final family 5K hike of the 2016 series! Bring family together for fun and exercise. We will join you as we hike the meadows of Forest Field Park and Bill Yeck Park for 3.1 miles.

**If we have to cancel a 5K hike due to inclement weather, we will post the announcement on the Park District Facebook page.**

### Walk Off the Wobble!

All ages

**Friday, November 25**

9:30 – 10:30 a.m.

*Iron Horse Park, 6161 Millshire Dr.*

No shopping here, just fresh air, exercise and fun! Come out to the paved Iron Horse Trail to walk off your delicious Thanksgiving feast. All ages welcome (children must be accompanied by an adult while on the trail). Stroller friendly. No pets, please.

**If we have to cancel due to inclement weather, we will post the announcement on the Park District Facebook page.**

**New!**

**Online resident registration begins  
Monday, August 15, 10:00 a.m.**



## ADULT PROGRAMS

### Booked for Lunch

Ages 14 and up

**Wednesdays, September 7, October 5 & November 2**

11:30 a.m. – 12:30 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*



A collaborative program with Centerville-Washington History and the Washington-Centerville Public Library, Booked for Lunch is a monthly lunchtime discussion on a historical fiction or nonfiction book. Bring your lunch and we'll provide dessert! The library will advance order copies for participants to borrow while supplies last.



#### September's Discussion

*Blood in the Streets: Racism, Riots and Murders in the Heartland of America*, by Daniel L. Baker



#### October's Discussion

*March*, by Geraldine Brooks



#### November's Discussion

*The Dollmaker*, by Harriette Arnow

### Blades of Glory: Your Best Lawn Yet

Ages 18 and up

**Saturdays, September 10 & 24**

9:30 – 11:00 a.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee:** \$20 residents, \$26 nonresidents

A soil test takes the guesswork out of lawn care, giving you precise measurements of pH as well as quantity and availability of nutrients like potassium and phosphorus. Experts from The Ohio State University Extension office will teach homeowners how to test their soil for focused care for optimum lawn health. Additionally, participants will learn about many other maintenance tips, such as mow height, care timelines, aerating, over-seeding and environmental stewardship.

In the first class, take home your own soil test kit and return it to the Park District. During the second class, test results will be reviewed to give each participant a plan for fall lawn care!

**New!**



### Fly Fishing Adventures

Ages 18 and up

Come along for a fly fishing adventure with professional guides from ReelFlyRod.com! Professional staff will focus on techniques such as reading water, casting, fly selection, presentation and the species biology. Participants will meet onsite, transportation not provided.

You will need fly rod and reel, waders and boots. All terminal tackle and accessories will be provided by the staff. Equipment can be provided upon request. Bottled water available.

#### Seeking Bass

**Sunday, September 11**

9:00 a.m. – 1:00 p.m.

*Little Miami River*

**Fee:** \$130 residents, \$169 nonresidents

During this adventure, participants will learn to fly fish for smallmouth bass along the Little Miami River. Meet at Caesar Creek Access, Little Miami State Park, access river left just before Middletown Road covered bridge.

#### Seeking Trout

**Sunday, October 9**

8:00 a.m. – noon

*Urbana/Mad River*

**Fee:** \$130 residents, \$169 nonresidents

During this adventure, participants will learn to fly fish for trout along the Mad River. Meet at SR 36 bridge in Urbana.

### Fly Tying Workshop

Ages 14 and up

**Saturday, November 5**

10:00 – 11:30 a.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee:** \$15 residents, \$23 nonresidents

Learn to tie flies! Fly fishing and tying flies go hand in hand for many fly anglers. The gratification of catching a fish on something you tied is rewarding in many ways. Taught by experts from Miami Valley Fly Fishers.

Programs are **FREE** for residents unless otherwise indicated.







## Ladies' Night Out: Glass Etching

Ages 18 and up

**Friday, November 4**

6:30 – 8:00 p.m.

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

**Fee:** \$15 residents, \$20 nonresidents

It's ladies' night out! Enjoy a relaxing evening and get a head start on holiday decorating or gift giving! Bring glass jars or bottles to repurpose. Glass jars can become candle holders. Wine bottles can become lights, oil pourers, soap dispensers and more! Add your personal touch by etching a design into the glass. A variety of stencils available, including but not limited to: flowers, nature themes and nautical themes. Please make sure the glass containers are free of labels or glue. We will have extra glass bottles available.



## Glass Etching

Ages 18 and up

**Saturday, November 12**

10:00 – 11:30 a.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee:** \$15 residents, \$20 nonresidents

A Saturday morning version of the popular glass etching class! Bring glass jars or bottles to repurpose. Add your personal touch by etching a design into the glass. A variety of stencils available, including but not limited to: flowers, nature themes and nautical themes. Please make sure the glass containers are free of labels or glue. We will have extra glass bottles available.

## Adult Crafting Club

Ages 18 and up

**Thursdays, October 27 – November 17**

6:30 – 8:00 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee:** \$29 residents, \$47 nonresidents

Who says crafting fun is only for children? Let your creativity blossom while you learn new skills creating a different craft each week. All materials will be provided.

## Reducing Toxins in Your Daily Life

Ages 18 and up

**Tuesday, November 8**

6:00 – 7:30 p.m.

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

**Fee:** \$18 residents, \$24 nonresidents

It's a toxic, messy world out there, and it can be hard to distinguish fact from fiction — what we should avoid, and what is okay. Kim McCarthy, of The Reiki Room, will help you navigate the world of toxins in the place you spend most of your time ... your home!

Simple and inexpensive alternatives to toxic products will be shared, as well as exploring why these toxins are harmful. We will move through the kitchen, the bathroom, the bedroom, to each area that contains hidden toxins, and discuss how to reduce risk. You will take home a newfound confidence to navigate the world around you!

## Homegrown Luffas

Ages 14 and up

**Friday, November 11**

6:30 – 7:30 p.m.

*Bill Yeck Park, Smith House,  
2230 E. Centerville Station Rd.*

**Fee:** \$10 residents, \$20 nonresidents

Did you know a luffa sponge starts out as a gourd? Participants will learn all about this unique gourd and transform them into the recognizable "scrubby" sponges you see at the store. We will also make luffa soap that you can use yourself or present as a gift.



## Women's Self Defense

Ages 16 and up

**Saturday, November 19**

Noon – 2:00 p.m.

*Grant Park, Kennard Nature Nook,  
6588 McEwen Rd.*

**Fee:** \$20 residents, \$30 nonresidents

Whether running trails by yourself or walking to the car from the mall, knowing how to properly defend yourself is vital to your safety. Valor Martial Arts will teach skills and confidence to avoid or respond to violent encounters. This two-hour workshop is designed specifically for women, and taught by a woman. Learn simple and effective techniques through presentation and hands-on drills based on real-world scenarios.

## Chat With a Naturalist

Ages 18 and up

10:00 – 11:00 a.m.

*Rec West Enrichment Center,  
965 Miamisburg-Centerville Rd.*



## It's Never Goodbye, Butterflies!

**Monday, September 19**

By September, we often think butterflies are saying "bye, bye!" But, they are active well into October! We will learn all about identification, butterfly-friendly plants and their diverse lifecycles!

Registration is not required.

## Wild Turkeys

**Monday, November 21**

Learn about the behaviors and life history of our favorite November bird and how it became a conservation success story.

Registration is not required.



**Online resident registration begins  
Monday, August 15, 10:00 a.m.**



## ADULT WELLNESS

### Trail Trekking: Nordic Pole Workout

Ages 18 and up

**Fridays, September 2 – November 18**

9:30 – 10:30 a.m.

**Fee:** \$15 nonresidents

Trekking with Nordic poles is a wonderful way to cross-train or try something new. The Cooper Institute research studies showed that Nordic walking burns more calories, increases oxygen consumption and can be 46% more efficient than normal walking. It's a great workout!

Please wear shoes comfortable for paved paths and bring a bottle of water. Nordic poles provided are adjustable to your height.

Date	Park
September 2	Iron Horse
September 9	Oak Creek South
September 16	Schoolhouse
September 23	Yankee
September 30	Iron Horse
October 7	Oak Creek South

Date	Park
October 14	Schoolhouse
October 21	Yankee
October 28	Iron Horse
November 4	Oak Creek South
November 11	Schoolhouse
November 18	Yankee

### Yoga in the Park

Ages 18 and up

*Grant Park, Kennard Nature Nook, 6588 McEwen Rd.*

**Fee:** \$52 residents, \$67 nonresidents

**Session A: Saturdays, September 3 – October 8**

9:00 – 10:00 a.m.

**Session B: Mondays, September 12 – October 17**

9:30 – 10:30 a.m.

**Session C: Saturdays, October 22 – November 26**

9:00 – 10:00 a.m.

**Session D: Mondays, October 24 – November 28**

9:30 – 10:30 a.m.

Leelaa Yoga Studio's Megan Lees leads these yoga classes for all levels. Classes include warm-up, breath work, standing poses, flowing poses and end with relaxation. When possible, the classes will meet outside overlooking the meadow. In cases of inclement weather, we will move inside. Please bring a yoga mat and water.



Programs are **FREE** for residents unless otherwise indicated.



### Fit Mixx

Ages 18 and up

**Tuesdays, September 6 – November 15**

9:30 – 10:30 a.m.

*Schoolhouse Park, 1875 Nutt Rd.*

**Fee:** \$15 nonresidents

A boot camp style class that includes a mix of cardiovascular and strength training exercises and drills. Breathe fresh air, soak in vitamin D and work up a sweat! Exercise equipment is provided for all participants. Led by a nationally certified group exercise instructor.



### Stroller Strength

Adult caregivers with child 6 weeks – Pre K

**Mondays & Thursdays,**

**September 8 – October 27**

9:30 – 10:30 a.m.

*Schoolhouse Park, 1875 Nutt Rd.*

**Fee:** \$15 nonresidents

An invigorating morning exercise session for caregivers — while the children relax in strollers! Cardiovascular exercise, upper and lower body resistance training (equipment provided) and a cool-down stretch is included in each session. Make friends, exercise and no need to pay for childcare! Stroller Strength is led by a nationally certified group exercise instructor.



Registration is required for all programs unless otherwise indicated.



## Up and Running Trail Group

Ages 18 and up

**Wednesdays, September 7 – October 26**

6:00 – 7:00 p.m.

Up and Running will provide a trail leader as you enjoy running natural trails. This running group is for experienced runners and includes meadows, trails and hills. Meet at the Normandy Entrance (501 Normandy Ridge Rd.) of Grant Park and the Smith Entrance (2230 E. Centerville Station Rd.) of Bill Yeck Park.

Date	Park
September 7	Bill Yeck
September 14	Grant
September 21	Bill Yeck
September 28	Grant
October 5	Bill Yeck
October 12	Grant
October 19	Bill Yeck
October 26	Grant

## Up and Running Couch to 5K (C25K)

Ages 18 and up

**Mondays, September 12 – November 21**

(no training group on October 31)

6:00 – 7:00 p.m.

Train to do your first 5K run! Up and Running will provide the training necessary to help you achieve your 5K goal. This group is for beginning runners.

Date	Park
September 12	Oak Creek South
September 19	Schoolhouse
September 26	Oak Grove
October 3	Oak Creek South
October 10	Schoolhouse
October 17	Oak Grove
October 24	Oak Creek South
November 7	Schoolhouse
November 14	Oak Grove
November 21	Oak Creek South

If we have to cancel a running group due to inclement weather, Up and Running will post the cancellation on their Facebook page.



## Hike for Your Health

Ages 18 and up

**Wednesdays, September 7 – November 30**

9:30 – 10:30 a.m.

**Fee:** \$15 nonresidents

This program will get your heart rate up and get you moving — enjoying autumn in your beautiful parks! Staff will lead you on these guided, self-paced hikes. Get to know the parks better and meet new people. Path descriptions are provided to help you choose the most comfortable shoe attire. Please do not bring pets to this program.

Date	Park	Address	Path
September 7	Oak Grove	1790 E. Social Row Rd.	Paved
September 14	Bill Yeck, Rooks Mill	8798 Rooks Mill Ln.	Natural
September 21	Grant	501 Normandy Ridge Rd.	Natural
September 28	Schoolhouse	1875 Nutt Rd.	Paved
October 5	Iron Horse	6161 Millshire Dr.	Paved
October 12	Bill Yeck, McGuffey Meadow	7893 Wilmington-Dayton Rd.	Natural
October 19	Oak Grove	1790 E. Social Row Rd.	Paved
October 26	Grant	501 Normandy Ridge Rd.	Natural
November 2	Schoolhouse	1875 Nutt Rd.	Paved
November 9	Bill Yeck, Rooks Mill	8798 Rooks Mill Ln.	Natural
November 16	Iron Horse	6161 Millshire Dr.	Paved
November 23	Bill Yeck, Smith House	2230 E. Centerville Station Rd.	Natural
November 30	Forest Field	2100 E. Centerville Station Rd.	Natural

## Tai Chi for Wellness

Ages 18 and up

**Saturdays, September 10 – October 8**

10:00 – 11:00 a.m.

*Bill Yeck Park, Smith House, 2230 E. Centerville Station Rd.*

**Fee:** \$19 residents, \$29 nonresidents

An introduction to Tai Chi and Qigong (Chi Kung) principles and form through Tai Chi Easy™ — a form created by Roger Jahnke, O.M.D. — to make Tai Chi accessible and fun for everyone. Harvard School of Integrative Medicine tells us that the slow meditative movements, deep breathing and relaxation that is characteristic of Tai Chi practice create a special biological state that activates our capacity for body/mind wellness and healing. Great for stress relief, post-illness or managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones.

**Online resident registration begins  
Monday, August 15, 10:00 a.m.**



## Introduction to Meditation

Ages 14 and up

**Mondays, September 12 – October 3**

5:30 – 6:30 p.m.

*Grant Park, Kennard Nature Nook, 6588 McEwen Rd.*

**Fee:** \$40 residents, \$52 nonresidents

Join Kim McCarthy of The Reiki Room of Dayton to discover the basics of meditation. Meditation provides numerous physical health benefits, as well as a sense of calm in the mind. Learn simple meditations, based on ancient Japanese principals, to help you become more grounded and centered in your daily life. Experience guided meditations that will help you go deeper into the practice.

This 4-week class will help you establish your own, at-home, daily routine. It is suitable for anyone who wants a little more quiet in their life!

## How to Get Holistic Health in Your Life:

### *Small Changes, Big Results*

Ages 18 and up

**Tuesday, October 11**

6:00 – 8:00 p.m.

*Grant Park, Kennard Nature Nook, 6588 McEwen Rd.*

**Fee:** \$20 residents, \$26 nonresidents

This presentation will teach you a variety of ways to improve your health and well-being with holistic approaches. What are some basic foods you can add to your diet to improve your health? What two or three supplements can you add? What one-minute technique can you use to lower stress and improve health? Learn these things and more in this interactive presentation by Patti McCormick from the Institute of Holistic Leadership.

## Metro Dayton Hikers Hike at Bill Yeck Park

Ages 18 and up

**Sunday, November 20**

1:30 – 3:30 p.m.

*Bill Yeck Park, McGuffey Meadow Entrance, 7893 Wilmington-Dayton Rd.*

Join the Metro Dayton Hikers for a 4 – 5 mile hike on the natural trails. If you have questions, please contact Christopher at [cksands8@woh.rr.com](mailto:cksands8@woh.rr.com) or (937) 687-0114.

Registration is not required.

## Tennis in the Parks

The quick movements of a tennis game burn fat, increase heart rate and promote higher energy levels. You'll find dedicated tennis courts at:

- Forest Field Park (3)
- Green Park (1)
- Oak Grove Park (3)
- Old Lane Park (2)
- Village South Park (2)

Pickleball shared use courts are also available at Activity Center, Schoolhouse and Yankee Parks.

## Pickleball

Pickleball is an up-and-coming sport in the area. It combines elements of tennis, table tennis and badminton. The rules are simple and the game is easy for beginners to pick up. **Pickleball courts have now been added to Activity Center Park!** Paddles and balls are available for loan at Park District Headquarters during the week (8:00 a.m. – 4:30 p.m.).

A group of pickleball players meet regularly to play in the parks. Join them to learn more — they are always welcoming to newcomers and will even loan you equipment to give it a try!

### *Schoolhouse Park*

**Monday, Wednesday & Fridays,**

9:00 a.m. – noon

**Fridays,**

6:00 p.m. – dusk

## Fitness Equipment at Oak Grove Park

Can't make the fitness classes? You can always visit the outdoor fitness equipment! Fall is a great time for outdoor exercise.

There are two types of outdoor exercise equipment at Oak Grove Park. The complete ENERGI™ system is for active individuals ages 13 and up, while the LifeTrail® system is geared toward those ages 50 and over. The LifeTrail® system includes ADA accessible pieces.

Instructions are on the equipment. You can even use your mobile device to watch instructional videos for each piece. The links to watch are on the equipment!

Park is open daylight hours.



**Programs are FREE for residents unless otherwise indicated.**

The Park District is made up of 50 community, nature and neighborhood parks. Visit [www.cwpd.org](http://www.cwpd.org) for detailed information and a map to each park.

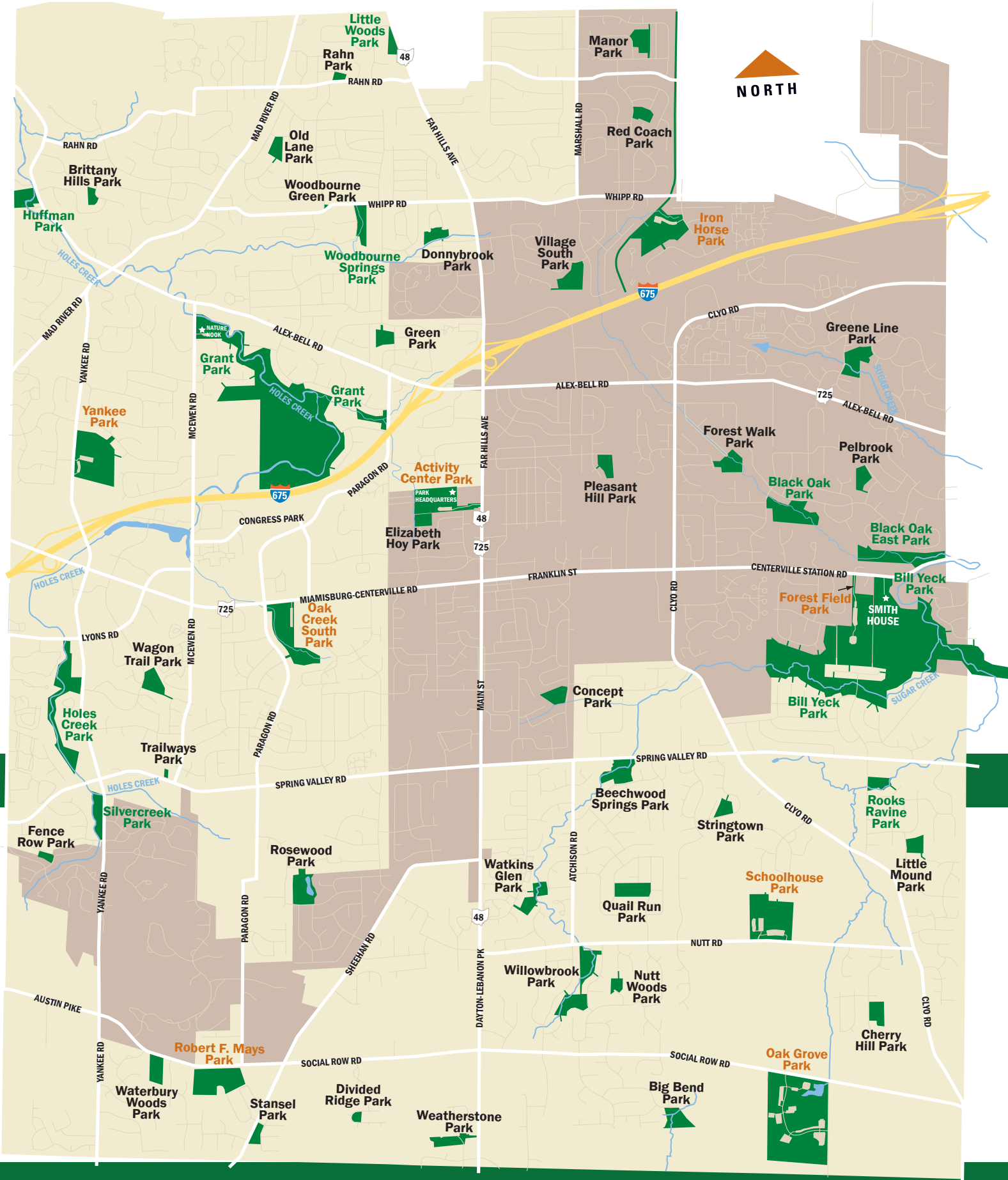
## Community Park

## Nature Park

## Neighborhood Park

## City of Centerville

## Washington Township





## HOW TO REGISTER

### Online (the first day of registration is online only)

Visit <https://apm.activecommunities.com/cwpd> to register. To expedite your registration, create an account prior to 10:00 a.m. on August 15. A valid email address is required. This site can be used for free programs and for fee-based programs with a debit or credit card. Payee will be shown as Active.com.

### By Phone

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have your credit card ready for fee-based programs. **Phone registration begins one day later than online registration, August 16 for residents and August 23 for nonresidents.**

### In Person

Visit Park District headquarters at 221 N. Main Street Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card. Make checks payable to CWPd or Centerville-Washington Park District. **In person registration begins one day later than online registration, August 16 for residents and August 23 for nonresidents.**

### Registration and Refund Policy

- Residents may register members of their family and one other resident family.
- Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees or receive a refund.

### Centerville-Washington Park District Program Release

When registering for or attending any Park District program, you are required to agree to the following statement:

*In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify, and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.*

#### WHY REGISTER ONLINE?

#1

##### You're first in line!

Online registration takes place the day before phone or walk in registration.

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##### It's convenient

The flexibility to register and pay at your convenience, anytime, from anywhere.



##### It saves time

In less than five minutes, you can setup your account and enroll for your program.



##### It's easy

Three simple steps, and you'll be enrolled in the program of your choice.



##### It's environmentally friendly

No need to use gas driving over to register in person. And it saves paper.

**Online resident registration begins August 15**

**Online Resident Registration Begins  
Monday, August 15  
at 10:00 a.m.**

**Online Nonresident Registration Begins  
Monday, August 22  
at 10:00 a.m.**



# FALL EVENTS AT-A-GLANCE

## SEPTEMBER

Fri, Sept 2	Bat Watch
Sat, Sept 3	Beginner Archery Clinic
Tues, Sept 6	Butterfly Survey
Fri, Sept 9	Bat Watch
<b>Fri, Sept 9</b>	<b>YoGlow</b>
<b>Sat, Sept 10</b>	<b>Bikes, Boards &amp; BBQ</b>
Sun, Sept 11	Fly Fishing Adventure: Seeking Bass
Sun, Sept 11	Grandparents' Sundae Funday
Fri, Sept 16	Butterfly Mini-Survey
<b>Fri, Sept 16</b>	<b>Paws in the Park</b>
Sat, Sept 17	Butterfly Survey
<b>Sat, Sept 17</b>	<b>BIG Backyard Party</b>
Tues, Sept 20	September Scavenger 5K Family Hike
Thurs, Sept 22	Fall Family Fun Night
<b>Sat, Sept 24</b>	<b>Family Celebration of National Hunting &amp; Fishing Day</b>
Sat, Sept 24	Jump into Fall!
Wed, Sept 28	Leaf ID Challenge
Fri, Sept 30	Footgolf

## OCTOBER

Sat, Oct 1	Archeology Dig
Sun, Oct 2	An Introduction to Falconry
Fri, Oct 7	Intergenerational Pumpkin Party
Fri, Oct 7	Family Recess

Sat, Oct 8	Butterfly Mini-Survey
Sun, Oct 9	Fly Fishing Adventure: Seeking Trout
Tues, Oct 11	How to Get Holistic Health in Your Life
<b>Thurs, Oct 13</b>	<b>Owlexander's Tyke Hike Grand Opening</b>
Sat, Oct 15	Cairn Hike
Sat, Oct 15	Create a Terrarium
<b>Tues, Oct 18</b>	<b>Haunted Trail</b>
<b>Wed, Oct 19</b>	<b>Haunted Trail</b>
Sat, Oct 22	Night Glow Scavenger Hunt
Tues, Oct 25	Track it!
Fri, Oct 28	Pumpkins & PJs
<b>Sat, Oct 29</b>	<b>Dressed to the K-Nines</b>

## NOVEMBER

Fri, Nov 4	Ladies Night Out: Glass Etching
Sat, Nov 5	Fly Tying Workshop
Sat, Nov 5	Old Tyme Quilts
Tues, Nov 8	Reducing Toxins in Your Daily Life
Fri, Nov 11	Homegrown Luffas
Sat, Nov 12	Glass Etching
Sat, Nov 19	Turkey Trek 5K Family Hike
Sat, Nov 19	Women's Self Defense
Fri, Nov 25	Walk Off the Wobble!