

Centerville-Washington RPARKIDISTRICT NEWS X EVENTS

Online program registration begins Monday, November 14





Headquarters

Activity Center Park 221 North Main St. Centerville, Ohio 45459-4617 (937) 433-5155 Fax: (937) 433-6564 Second Shift/Weekends: (937) 470-9246 mail@cwpd.org www.cwpd.org

Office Hours

Monday – Friday 8:00 a.m. to 4:30 p.m. Office closed on December 23 & 26 and January 2 & 16

Park Addresses

For more information and an address for each park, visit **www.cwpd.org**.

Dog Park Closures

www.cwpd.org/parks/oak-grove/dog-park/dog-park-closure-status/

Athletic Field Conditions

www.cwpd.org/field_status/

Area Youth Athletic Organizations

Centerville United Soccer Association www.cusacrewjuniors.org

Centerville Wee Elks Football Association www.weeelks.org

Centerville Baseball Softball League www.cbltoday.org

Centerville Youth Lacrosse www.cvlax.org

Up and Running Juniors www.upandrunningindayton.com/ get-involved/training-groups/

TABLE OF CONTENTS

Special Events 4
Preschool Programs 5
Children's Programs7
Family Programs11
Adult Programs 13
Adult Wellness 16
Park District Map18
Registration Information 19
Events at a Glance hack cover

Commissioners' Corner



Welcome to Your Community's Big Backyard!

There is always a lot to do in your parks, even in winter! Enjoy a winter hike.

Look for animal tracks in the snow. Exercise. Learn a new skill. Have fun at one of our many programs. Take your dog for a romp in the dog park. There's so much to do and enjoy this season!

As you read through the winter issue of News & Events, you'll see at least 17 **new!** programs and activities. And remember some of the tried and true favorites, including **Luminary Walk**, **Winter Woods Day Camp**, **Preschool Nature Series** and more.

As 2016 comes to a close, we are happy to share many improvements to your BIG backyard — your parks. Now open and waiting for you to explore:

- Pickleball Courts at Activity Center Park
- Robert F. Mays Community Park at Paragon and Social Row Roads
- Holes Creek Trail, with trail head at the "sunflower" garden on Yankee Street



DID YOU

The Centerville-Washington Park District Board of Park Commissioners holds public meetings once a month throughout the year. Visit

www.cwpd.org/about/ public-meeting-schedule/ for the schedule!



Beechwood Springs

- New playgrounds at Beechwood Springs, Rosewood and Wagon Trail Parks
- A **new website** that is easier to navigate and mobile-friendly!

The Park Board hopes you will enjoy all of these new additions to your parks and programs.

We always like to hear from you. By the time you are reading this, the District will be finishing a **community needs assessment**. This is an important next step to guide the Board in adding amenities and programs you want most. Watch for the results on our website and in future issues of News & Events.

This winter, explore your community's BIG backyard! Hope to see you there.

Dan Monahan

Park Board President

Save a Tree

To subscribe to the e-newsletter, visit

www.cwpd.org

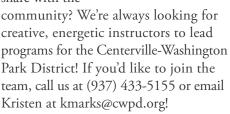
To stop home delivery of the printed newsletter, email your name and address to mail@cwpd.org.



There may be a chill in the air, but that shouldn't mean empty playgrounds! Change up your playground routine and visit a park you haven't explored before. Beechwood Springs, Rosewood and Wagon Trail Parks received new playgrounds this year in accordance with the Park District's playground update plan — park playgrounds automatically receive updates every 20 years. The new playground at Robert F. Mays Park, your newest community park, completes that park's construction!

Join the Park District Team!

Do you have a talent or hobby you'd like to share with the







Staff Update

Congratulations to Centerville-Washington Park District Naturalist Katy Lucas! Katy recently became a Certified Parks and Recreation Professional through the National Parks and Recreation Association. She has been leading children and adult nature programs with the Park District for over four years and has been instrumental in many Park District initiatives, such as the upcoming Donnybrook fen restoration. (A fen is a lowland that is frequently covered by water.) Katy is also on the executive committee of the Miami Valley Leave No Child Inside Collaborative, serving families throughout Montgomery, Miami and Greene counties.



Refresh Your Screen

The Centerville-Washington Park District has a new website! Designed by Poppytree Design, a Centerville-based company, the new site has a mobile-responsive design — no matter which device you use to view the site, you can still easily read the content. If you have any questions, comments or suggestions, we welcome your feedback.

Visit **www.cwpd.org** to view the new site!

SPECIAL EVENTS





All ages

Begins Monday, December 5

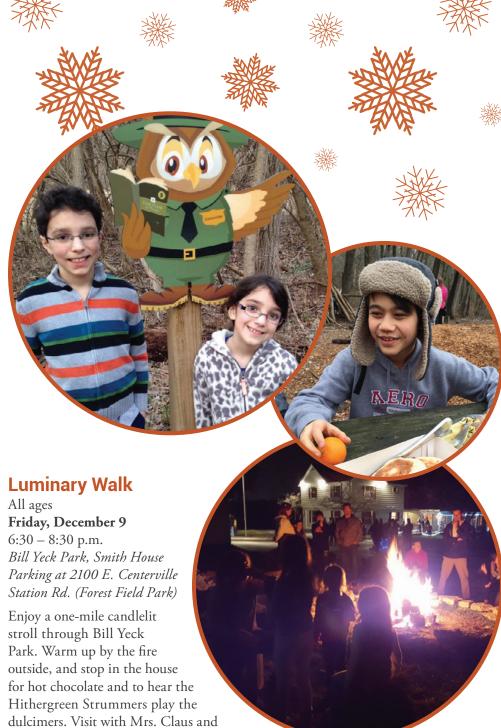
Do you think you're up to the challenge?

The Pop-Up Park Challenge is back for more winter-themed fun! Throughout the winter months we'll be posting challenges on our social media accounts — Facebook, Twitter and Instagram. Complete ten out of 15 posted pop-up park challenges on your own or with family and friends and win a special prize! Most challenges will involve visiting a specific park location to fulfill a task or to find a landmark. Other challenges will involve attending one of our winter events! You won't know the challenge until the challenge time clock begins, and then you'll have a deadline to complete it! Post a photo proving challenge completion with the tag #itsacwpdwinter.

Like us on Facebook and follow us on Twitter and Instagram to get more updates about this winter's Pop-Up Park Challenge!

Registration is not required.





There is a shorter path to the bonfire and Smith House if you prefer to skip the one-mile walk.

assist Helping Hands of Dayton by making

Registration is requested.

get well cards for children!

Participants are encouraged to bring travel-sized toiletry items for Helping Hands of Dayton. Helping Hands provides basic necessities to families with a child admitted to intensive care at our local hospitals. Most needed items are travel-sized deodorant, travel-sized toothpaste, travel-sized tissues and individually packaged toothbrushes. Pens, travel-sized hand lotion, and travel-sized shampoo and conditioner are also useful.

PRESCHOOL PROGRAMS (AGES 6 AND UNDER)

Early Adventures

Ages 0 - 36 months with adult companion

Fee/session: \$4 nonresidents

Session A:

Tuesday, December 6

10:00 – 10:45 a.m. Bill Yeck Park, Rooks Mill Entrance 8798 Rooks Mill Ln. (natural trail)

Session B:

Tuesday, January 3

10:00 – 10:45 a.m. Oak Grove Park 1790 E. Social Row Rd. (paved path)

Session C:

Tuesday, February 7

10:00 – 10:45 a.m. Iron Horse Park 6161 Millshire Dr. (paved path)

Taking your little ones outdoors provides them with an experience that will benefit them forever. There are unique sounds, colors, lights, sensations and textures to process each time they go outdoors.

These leisurely hikes provide quality family time in nature!

Backpacks and front carriers are appropriate if your child is not walking. Strollers are not recommended at parks with natural terrain.



Programs are FREE for residents unless otherwise indicated.

Winter Woods Day Camp!

Ages 3 – 4 (All-day option for older children. See page 9.)

Saturdays, February 4 – 25

10:00 a.m. – noon OR noon – 2:00 p.m. *Grant Park, 501 Normandy Ridge Rd.*Fee: \$40 residents, \$68 nonresidents

Registration deadline: Monday, January 30

Give your children fond winter memories and keep them active at Winter Woods Day Camp! Campers will hike, participate in games and activities, make crafts, and, of course, go sledding! No snow? No problem! There are many other adventures to be found at Grant Park. Activities will be conducted indoors and out.

Camp will be held unless the weather causes roadways to become treacherous. Parents will be alerted of cancellations by phone and on Facebook no later than one hour before the start of camp.

Children are required to wear boots, hats and gloves each day.

Campers will be placed in groups based on age. You may request one camper friend of a similar age to be in your child's group. Requests will be honored when possible, but are not guaranteed.

Snack will be provided.

After registration, a Health History Form must be submitted. The deadline for submission is January 30. The form can be found online at

www.cwpd.org/forms/





Playdate Pals

Ages 18 - 36 months with adult companion

10:00 – 11:00 a.m. **OR** 3:30 – 4:30 p.m. *Bill Yeck Park, Smith House*

2230 E. Centerville Station Rd. **Fee/session**: \$4 nonresidents

Polar Bears

Wednesday, December 14

Snowmen

Wednesday, January 11

Penguins

Wednesday, February 15

Designed to build sensory and motor skills and encourage interaction with other children through monthly nature-themed programs that include singing, dancing, crafts, learning stations and more.

Preschool Nature Series

Ages 3-5 with adult companion **Fee/session**: \$4 nonresidents

Our Dear Deer

Thursday, December 15, 9:30 – 10:30 a.m. **OR**

Saturday, December 17, 1:00 – 2:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd.

Let's search for tracks while learning all about these dear animals! Make and take your own plaster deer track home after the lesson. Hike takes place on a natural trail; strollers are not recommended.

Awake All Winter

Thursday, January 19, 9:30 – 10:30 a.m. **OR**

Saturday, January 21, 1:00 – 2:00 p.m. *Bill Yeck Park, Smith House* 2230 E. Centerville Station Rd.

Many animals are awake all winter! On this adventure, we will search for their signs. Hike takes place on a natural trail; strollers are not recommended.

Chickadee-dee-dee

Thursday, February 16, 9:30 – 10:30 a.m. **OR**

Saturday, February 18, 1:00 – 2:00 p.m. *Grant Park, Kennard Nature Nook* 6588 McEwen Rd.

Let's learn what the Chickadee is really saying with its song! How many will we see and hear? Hike takes place on a natural trail; strollers are not recommended.



Ages 3 – 6 with grandparent(s) 10:00 – 11:00 a.m. OR 1:30 – 2:30 p.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$4 nonresidents

The Intergenerational Series is for grandparents and their grandchildren.

Grand Gifts

Monday, December 5

Grandchildren will enjoy stories and making holiday crafts to take home and give to parents, teachers or friends — all with help from grandma or grandpa!

Very Special Valentine

Friday, February 3

Grandparents will help their grandchildren make valentine cards to take home and/or mail to loved ones. Participants will also listen to a Valentine's Day story.

Creative Kids Corner

Ages 4-5

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$9 residents, \$12 nonresidents

Sign up for one series only, Thursdays or Fridays each month. Pick the session with the day and time that work best for you!

Session A:

Thursdays, December 8, January 12 & February 9, 2:00 – 3:00 p.m.

Session B:

Fridays, December 9, January 13 & February 10, 9:00 – 10:00 a.m.

This fun drop-off program features games, a story and a craft all revolving around a fun seasonal theme! Children are encouraged to wear old clothes.





Mini Movers

Ages 4 – 5

Tuesdays, January 10 – February 14 9:30 – 10:15 a.m. OR 1:00 – 1:45 p.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$9 nonresidents

Let's move! Participants will enjoy activities with an alphabet theme, ageappropriate equipment and fun music.

The "mini movers" will learn movements that assist in motor development and rhythmic skills. They will also have an opportunity to interact with other children their age. Both group and individual activities will be included for them to expand their social skills and be creative.

All children must wear comfortable clothing and tennis shoes. Parent participation is not required.

Teddy Bear Hibernation

Ages 4-6

Friday, January 6

6:00 – 7:30 p.m. Grant Park, Kennard Nat

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$4 residents, \$6 nonresidents

What kinds of animals hibernate and where do they go? Children are invited to learn about hibernation with their teddy bears beside them! We will explore this topic through games, a craft and a snack!

CHILDREN'S PROGRAMS (AGES 5 - 13)

MusicMania

Ages 5 - 8

Saturdays, January 7 – 28

10:00 - 10:45 a.m.

Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

Fee: \$20 residents, \$38 nonresidents

Registration deadline: Thursday, December 29

We are teaming up with McCutcheon Music to bring your children an energetic musical experience! In MusicMania children will learn, play and engage with a wide variety of musical instruments. After interacting with instruments ranging from guitar to violin, your child will become quite the music enthusiast! At the end of the series each child will take home a musical instrument.

Children's Yoga Series

Ages 5 – 8

Saturdays, January 7 – 28

11:00 a.m. – noon

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$18 residents, \$25 nonresidents

Strike a pose! Your child will stretch, balance and strengthen the body while learning yoga poses from certified Color Me Yoga instructor Megan Pooler. A blend of nature and exercise, children will learn how winter changes nature and animals through hands-on activities in the first part of each class and a fun-filled yoga session in the second part of the class. All equipment is provided.



Ages 5 – 8

Thursday, January 26

7:00 – 8:30 p.m.

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$4 residents, \$6 nonresidents

Join us for a cozy evening singing fun songs around the fireplace! We will make a campfire craft and enjoy a camp-style snack!

Jingle Bell Rec

Ages 5 - 12

Monday, December 19

9:00-11:00 a.m. **OR** 1:00-3:00 p.m. Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$14 residents, \$21 nonresidents

School's out and brrr ... it's cold outside! Come inside the cozy Smith House for a variety of fun activities. We will have crafts, games, a nature walk, and a Zumba session led by a certified Zumba Kids + Kids Jr. instructor.



Programs are FREE for residents unless otherwise indicated.

Art & Imagination

Ages 6 - 8

Tuesdays, December 13, January 10 & February 14

4:30 – 5:30 p.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd. Fee: \$9 residents, \$12 nonresidents

Does your child love art time? This drop-off program is designed to give your child an opportunity to get creative by trying new art techniques and designing a unique project based on a monthly theme. Children should wear old clothes — things could get messy!

Junior Explorers

Ages 6 – 8

Wednesdays, January 11 – February 15

3:30 - 4:30 p.m.

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$15 nonresidents

Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors in this program designed to allow children to interact with nature in unique ways. Activities include discovery, challenges and games. Send them prepared for outdoor play!

This is a drop-off program; parents are not required to stay.

Move & Groove, Kids' Zumba

Ages 6 – 10

Sunday, December 4

1:00 – 2:00 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$4 residents, \$6 nonresidents

Shake the winter blues in this fun interactive kids' Zumba session led by a certified Zumba Kids + Kids Jr. instructor. Children will be led through dance sessions, games and stretches in a fun and exciting way!



Winter Recreation Program

Ages 6 – 10

10:00 a.m. – noon

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$11 residents, \$15 nonresidents

Session A: Tuesday, December 20 & Thursday, December 22

Session B: Tuesday, December 27 & Thursday, December 29

Send your children dressed for cold, snowy winter weather! We will make a craft and play games inside before we bundle up to play games outside. Sign up for one or both weeks; the activities will be similar, but not the same.

This program does not include a snack.

Jungle Ssssscales

Ages 6 and up

Tuesday, December 6

6:00 – 8:00 p.m.

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$10 residents, \$20 nonresidents

Arrowhead Reptile Rescue is visiting the Kennard Nature Nook with their reptile friends! During this jungle-themed evening, children will learn about and interact with reptiles found in the jungle. So ssssslither by and let them get their hands on some scales! An experience they won't forget!





Glass Fusing: Handprint Suncatchers

Ages 6 – 10 with a parent or guardian

Saturday, February 4

9:30 – 11:00 a.m. Activity Center Park, Headquarters 221 N. Main St.

Fee: \$42 residents, \$57 nonresidents

Children will create a beautiful suncatcher keepsake for someone special by using something special — their handprints! Kathy Woodruff will assist the children and their adult companion as they work together on this special project. The suncatcher would make a great Valentine's Day present! Suncatchers will be available for pick up from Park District headquarters during office hours approximately one week after class.

Outdoor Explorers

Ages 9 - 12

Mondays, January 9 – February 13

4:00 – 5:00 p.m.

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$15 nonresidents

Outdoor play is vital to child development and well-being. Children will learn about nature and the outdoors in this program designed to allow children to interact with nature in unique ways. Activities include discovery, challenges and games. Send them prepared for outdoor play!

This is a drop-off program; parents are not required to stay.



Winter Woods Day Camp!

younger children. See page 5.)

Saturdays, February 4 – 25

10:00 a.m. – 2:00 p.m.

Grant Park, 501 Normandy Ridge Rd.

Fee: \$65 residents, \$93 nonresidents

Registration deadline: Monday,
January 30

Ages 5 - 12 (Half-day option for

Give your children fond winter memories and keep them active at Winter Woods Day Camp! Campers will hike, participate in games and activities, make crafts, and, of course, go sledding! No snow? No problem! There are many other adventures to be found at Grant Park. Activities will be conducted indoors and out.

Camp will be held unless the weather causes roadways to become treacherous. Parents will be alerted of cancellations by phone and on Facebook no later than one hour before the start of camp. Children are required to wear boots, hats and gloves each day.

Campers will be placed in groups based on age. You may request one camper friend of a similar age to be in your child's group. Requests will



be honored when possible, but are not guaranteed.

Please have your camper bring a lunch (no peanut products). Snack will be provided.

After registration, a Health History Form must be submitted. The deadline for submission is January 30. The form can be found online at

www.cwpd.org/forms/

Programs are FREE for residents unless otherwise indicated.

Crafting Club

Ages 9 - 13

Thursdays, December 1, January 5 & February 2

4:30 – 5:30 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$9 residents, \$12 nonresidents

This fun after-school program covers basic crafting skills and techniques used to create handmade decorations and keepsakes — all while making friends. We provide everything needed with no mess, prep or fuss at home! Crafters are encouraged to wear old clothes or bring an apron or smock.



Ages 9 - 13

Tuesdays, January 10 – 31

7:00 - 8:00 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$27 residents, \$39 nonresidents

This is no trick! Stan the Magic Man will be teaching children magic basics. They will learn the history and fundamentals of magic while practicing various tricks. In just four weeks, your child could be on his or her way to becoming the next David Copperfield!



Ages 10 - 13

Thursdays, December 15, January 19 & February 16

4:00 – 5:15 p.m.

Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$9 residents, \$12 nonresidents

Our nature brain games mental challenges will get a bit more physical and intense this season! The challenges will include a variety of active, interactive and problem-solving activities to stimulate your child's mind in a fun and fast-paced environment.





Shoe Decorating Workshop

new!

Ages 12 - adult

Wednesday, February 22

6:00 – 8:30 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

Fee: \$35 residents, \$45 nonresidents

Create your own fashions! Artist Amy Kollar Anderson will teach participants to turn plain canvas shoes into works of art, focusing on nature themes! Bring drawings or references to paint from or just have fun and be inspired by the nature around you. Open to teens and adults. (Participants provide the shoes.)

FAMILY PROGRAMS



Wet Felting and Needle Felting Workshop

Ages 8 and up

Saturday, December 3

10:00 a.m. – 12:30 p.m. Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$25 residents, \$45 nonresidents

Felting is a beautiful art form that starts with wool. In this program participants will transform colored wool into a variety of objects while learning about the history of working with animal fibers. Students will love working with their hands to create their own wool works of art using both felting techniques to create a unique project.

Children ages 14 and younger must be accompanied by a parent (parent must pay to participate). Parents and children must be registered.



Programs are FREE for residents unless otherwise indicated.

Barter Bazaar: Crafting Supplies

All ages

Thursday, December 15

6:00 - 7:30 p.m.

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Trade your unused craft supplies for new supplies! The Barter Bazaar brings people together to trade in unwanted items for something more useful, and it provides an opportunity to meet others with a similar hobby. Feel good about cleaning out the items you are willing to part with so they can be re-used instead of thrown away!

Bring your items to Park District headquarters between 8:30 a.m. and 4:00 p.m., December 12 – 14. Use vouchers on December 15 to obtain items others have made available.

Small items such as buttons, beads and fabric scraps should be bundled and not treated as individual items. The Park District reserves the right to refuse items deemed unusable, unhealthy or dangerous. All items not claimed by the end of the bazaar will be donated to a non-profit charity or used for Park District programs. All trades are final.

Registration is not required.

New this year — teachers who do not have a voucher can attend with a valid ID beginning at 7:00 p.m.





Ho! Ho! Ho! Let's Play in the Snow



All ages

Saturday, December 17 (No snow date: Saturday, January 14)

Noon – 2:00 p.m. Rosewood Park 475 Roselake Dr.

The snow is here, so let's play in it! Bring sleds and join us for games, activities and hot cocoa — guaranteed to warm you up!

Build a Birdhouse

Ages 8 and up

Wednesday, December 21

2:00 – 3:30 p.m. **OR** 6:00 – 7:30 p.m. *Grant Park, Kennard Nature Nook* 6588 *McEwen Rd.*

Fee: \$12 per birdhouse

Birdhouses are a great way to provide shelter to our feathered friends. Registrants will receive a kit and work to build their very own birdhouses. All tools and eye/hearing protection will be provided. All children must be accompanied by an adult. Please only bring children that are registered for the program.

All About Owls

Recommended for families with children ages 5 and up

Saturday, January 7

2:00 – 4:00 p.m.

Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

Fee/family: \$9 residents, \$12 nonresidents

Learn all about Ohio owls at this hands-on program! We will take a short hike, dissect owl pellets, and enjoy a presentation from the Glen Helen Raptor Rehabilitation Center. Owls will be present for this program!

Ice Sculpture Demonstrations

Ages 6 and up

Thursday, January 12

6:00 – 8:00 p.m.

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee/family: \$10 residents, \$18

nonresidents

Participate in the creation of an ice sculpture! When it's time to warm up, come inside and have a cup of hot chocolate. Winter-themed crafts and activities will be inside waiting for you!

Tracking Challenge

All ages

Saturday, January 28

1:00 - 2:30 p.m.

Grant Park

501 Normandy Ridge Rd.

Fee/family: \$4 residents, \$6

nonresidents

Are you up to the challenge? Can you figure out which path the eastern cottontail took? The opossum? Families will work together to identify placed tracks and learn about the animals that made them!



Trivia Nights

Ages 6 and up

6:30 – 8:00 p.m.

Grant Park, Kennard Nature Nook

6588 McEwen Rd.

and test your wits!

Fee/session: \$5 per team

Session A: Tuesday, February 7

Session B: Tuesday, February 14 Session C: Tuesday, February 21

Session D: Tuesday, February 28

Gather a team of up to five and work together to answer nature-related and other questions. Questions are tailored for all ages. Each week a winning team will receive a \$25 gift card! Come out

Winter Birding

All ages

Saturday, February 25

10:30 a.m. – noon

Grant Park

501 Normandy Ridge Rd.

Fee/family: \$4 nonresidents

Winter is a great time to work on bird identification skills! Join us on this slow-paced hike in search of our winter feathered friends. Will we see the elusive great-horned owl? You only need to register one person per family, but the whole family can attend!



ADULT PROGRAMS



Glass Etching

Ages 18 and up

Friday, December 2
6:30 – 8:00 p.m.

Grant Park, Kennard

Nature Nook
6588 McEwen Rd.

Fee: \$15 residents,
\$20 nonresidents

It's ladies' night out!
Enjoy a relaxing evening
and get a head start on
holiday decorating or gift
giving! Bring glass jars or bottles
to repurpose. Glass jars can become
candle holders. Wine bottles can become

lights, oil pourers, soap dispensers and more! Add your personal touch by etching a design into the glass. A variety of stencils will be available, including but not limited to: flowers, nature themes and nautical themes. Please make sure the glass containers are free of labels or glue. We will have extra glass bottles available.

Chirp 'n Chatter

Ages 18 and up
Saturday, December 3 AND
Saturday, January 7

8:00 – 9:00 a.m.

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Relax and enjoy a cup of coffee with us as we watch the bird feeders from the picturesque windows of the Kennard Nature Nook. Identify and learn about the various birds we see in the parks this time of year. Baked goods and fruit provided. Sign up for one or both sessions.





Past and Present History Hike

Ages 14 and up **Saturday, December 3**1:00 – 2:00 p.m. *Big Bend Park*1328 Spring Ash Dr.

Fee: \$4 nonresidents

Join the Park District naturalist and Centerville-Washington History as we tour the park and discuss the railroads that came through Centerville. We will observe how nature has reclaimed this old railroad track. Hike takes place on a natural trail.

Glass Fusing: Holiday Ornaments



Ages 16 and up

Monday, December 5 OR Thursday, December 8

6:00 - 8:00 p.m.

Activity Center Park, Headquarters 221 N. Main St.

Fee: \$35 residents, \$50 nonresidents OR \$65 residents, \$80 nonresidents to attend both sessions

Learn a new skill just in time for the holiday season! Get a head start on decorating or making your own holiday gifts! Instructor Kathy Woodruff will

lead the class in creating a variety of fused glass ornaments. You can make 4–6 ornaments per class depending on the level of detail you choose. Kathy will have a variety of options. Ornaments will be available for pick up from Park District headquarters during office hours approximately one week after class.



Programs are FREE for residents unless otherwise indicated.

Booked for Lunch

Ages 14 and up

Wednesdays, December 7, January 4 & February 1



11:30 a.m. – 12:30 p.m.

Bill Yeck Park,

Smith House

2230 E. Centerville

unch Station Rd.

A collaborative program with Centerville-Washington History and the Washington-Centerville Public Library, Booked for Lunch is a monthly lunchtime discussion on a historical fiction or nonfiction book. Bring your lunch and we'll provide dessert! The library will advance order copies for participants to borrow while supplies last.

December

End-of-the-year book review! We'll discuss the books we've read throughout the year.



JanuaryThe Invention

The Invention of Wings, by Sue Monk Kidd



February *H is for Hawk*,
by Helen Macdonald

Glass Fusing: Snowman and Holly Plates

Ages 16 and up

Saturday, December 10

9:00 - 11:00 a.m.

Activity Center Park, Headquarters 221 N. Main St.

Fee: \$64 residents, \$84 nonresidents

Make unique entertaining pieces just in time for the holidays! Create adorable 7" snowman and holly plates. Kathy Woodruff will guide participants through the creative process! The plates will be available for pick up from Park District headquarters during office hours approximately one week after class.

Hike with a Manager

Ages 18 and up

Saturday, December 10 AND Monday, February 20

10:00 – 11:00 a.m. Holes Creek Park 8575 Yankee St.

Join our project and planning manager, Nick Meyer, on a hike along the new Holes Creek Trail. Nick will discuss Holes Creek Trail developments as well as other upcoming projects. The total trail length is almost three miles. It is not necessary to hike the entire path. Sign up for one or both hikes. They will be similar.

Armchair Journeys

Ages 18 and up

Saturdays, December 17, January 21 & February 18

7:00 – 8:30 p.m.

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Sit back and relax while the fire is glowing in the fireplace. You'll have a warm drink in hand as you are taken on a new adventure each month — without ever leaving the comfort of your chair! Husband and wife tour guide teams will take you on journeys to New Zealand, Indonesia and Ireland. Learn more about faraway places and leave with ideas for your future vacations!



Saturday, January 14

10:00 – 11:30 a.m.

Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

Fee: \$15 residents, \$20 nonresidents

A Saturday morning version of the popular glass etching class! Bring glass jars or bottles to repurpose. Add your personal touch by etching a design into the glass. A variety of stencils will be available, including but not limited to: flowers, nature themes and nautical themes. Please make sure the glass containers are free of labels or glue. We will have extra glass bottles available.

Chat with a Naturalist: Northern Cardinals

Ages 18 and up

Monday, January 23

10:00 - 11:00 a.m.

Rec West Enrichment Center 965 Miamisburg-Centerville Rd.

Join the naturalist as we explore the intricate behaviors of our state bird, the northern cardinal.

Monday, November 14, 10:00 a.m.

Registration is not required.



BUZZ! Pollinators in the Garden

Ages 18 and up

Saturday, February 11

10:30 - 11:30 a.m. Bill Yeck Park, Smith House

2230 E. Centerville Station Rd.

Fee: \$10 residents, \$14 nonresidents

Learn why pollinators are vital to our well-being and basic ways you can support them in your garden just in time for spring! Experts from The Ohio State University Extension office will teach participants how to create a garden that blooms throughout the season to support pollinators at each stage.

Shoe Decorating Workshop

Ages 12 – adult

Wednesday, February 22

6:00 - 8:30 p.m.

Grant Park, Kennard Nature Nook 6588 McEwen Rd.

new!

Fee: \$35 residents, \$45 nonresidents

Create your own fashions! Artist Amy Kollar Anderson will teach participants to turn plain canvas shoes into works of art, focusing on nature themes! Bring drawings or references to paint from or just have fun and be inspired by the nature around you. Open to teens and adults. (Participants provide the shoes.)



Programs are FREE for residents unless otherwise indicated.



Friday, February 24

6:00 - 7:00 p.m.

Bill Yeck Park, Smith House 2230 E. Centerville Station Rd.

Fee: \$10 residents, \$20 nonresidents

A relaxing evening featuring the latest adult trend — coloring! We will color a beautiful scene from the Smith

House created by Columbus-based artist, designer and illustrator Megan Hogan. We will provide the coloring sheets, coloring materials and light refreshments (including sweet treats)!

Glass Fusing: Flower Garden Window

Ages 16 and up Thursday, February 23

6:00 - 8:00 p.m.

week after class.

Activity Center Park, Headquarters 221 N. Main St.

Fee: \$60 residents, \$75 nonresidents

Think spring! Use fused glass to create a whimsical spring flower arrangement. Learn skills to cut glass and learn the principles of kiln-fired glass from instructor Kathy Woodruff. Finished artwork is 15" wide and 9" tall or an 11.75" circle to hang in your window! Projects will be available for pick up from Park District headquarters during office hours approximately one



ADULT WELLNESS

Hike for Your Health

Ages 18 and up

Mondays & Wednesdays, December 5 – February 22 (no hikes December 26, 28 or January 16)

9:30 – 10:30 a.m.

Fee: \$15 nonresidents

Designed to get your heart rate up and get you moving outdoors this winter! Staff will lead you on these guided, self-paced hikes. Hike for Your Health is also a wonderful opportunity to get to know some of your parks better. Path descriptions are provided to help you choose the most comfortable shoe attire.

NEW THIS YEAR! In collaboration with the Washington Township Recreation Center, registered Hike for Your Health participants can now take advantage of an indoor option when the weather doesn't cooperate! If we are unable to hold our hike outdoors due to weather, you can get your steps in at the Rec Center for a reduced rate*! Participants will be notified of a change in location to the Washington Township Recreation Center, 895 Miamisburg-Centerville Road, and can pay a reduced fee by presenting your Hike for Your Health Steps Inside pass.

*Feelvisit: \$1.75 senior resident, \$3.50 senior nonresident; \$3 resident, \$6 nonresident (no fee for Washington Township Recreation Center pass holders)

Mondays				
Date	Park	Path		
December 5	Oak Grove	paved		
December 12	Grant, Normandy Entrance	natural		
December 19	Iron Horse	paved		
January 2	Schoolhouse	paved		
January 9	Grant, Normandy Entrance	natural		
January 23	Forest Field	natural		
January 30	Bill Yeck, Smith House Entrance	natural		
February 6	Schoolhouse	paved		
February 13	Iron Horse	paved		
February 20	Grant, Normandy Entrance	natural		

Wednesdays				
Date	Park	Path		
December 7	Bill Yeck, Rooks Mill Entrance	natural		
December 14	Robert F. Mays	paved		
December 21	Grant, Normandy Entrance	natural		
January 4	Bill Yeck, Smith House Entrance	natural		
January 11	Iron Horse	paved		
January 18	Bill Yeck, Smith House Entrance	natural		
January 25	Oak Grove	paved		
February 1	Grant, Normandy Entrance	natural		
February 8	Bill Yeck, Rooks Mill Entrance	natural		
February 15	Robert F. Mays	paved		
February 22	Forest Field	natural		

Walking regularly has been show to

Improve circulation
Stop bone loss
Strengthen muscles
Lead to weight loss
Improve sleep
Improve mood
Support joints
Slow mental decline
Lower Alzheimer's risk
Improve your breath

www.arthritis.org/living-with-arthritis/ exercise/workouts/walking/wow-ofwalking.php



Hound Hike

Ages 16 and up

Tuesdays, December 13 – February 28 (no hikes December 27, January 3, 31 or February 7)

9:30 - 10:30 a.m.

Our furry friends still need exercise during the winter months! Come out and enjoy a brisk walk with your dog and other enthusiastic dog owners! Path descriptions are provided to help you choose the most comfortable shoe attire.

Date	Park	Path
December 13	Bill Yeck, Rooks	natural
	Mill Entrance	
December 20	Grant, Normandy	natural
	Entrance	
January 10	Yankee	paved
January 17	Bill Yeck,	natural
	McGuffey Meadow	
	Entrance	
January 24	Schoolhouse	paved
February 14	Forest Field	natural
February 21	Oak Creek South	paved
February 28	Iron Horse	paved





Yoga in the Park

Ages 18 and up Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$52 residents, \$67 nonresidents

Session A:

Saturdays, January 21 – February 25

9:00 - 10:00 a.m.

Session B:

Mondays, January 23 – February 27

9:30 - 10:30 a.m.

Leelaa Yoga Studio's Megan Lees leads these yoga classes for all levels. Classes include warm-up, breath work, standing poses, flowing poses and end with relaxation. Please bring a yoga mat and water.

Programs are FREE for residents unless otherwise indicated.

Tai Chi for Wellness

Ages 18 and up Grant Park, Kennard Nature Nook 6588 McEwen Rd.

Fee: \$19 residents, \$29 nonresidents

Session A:

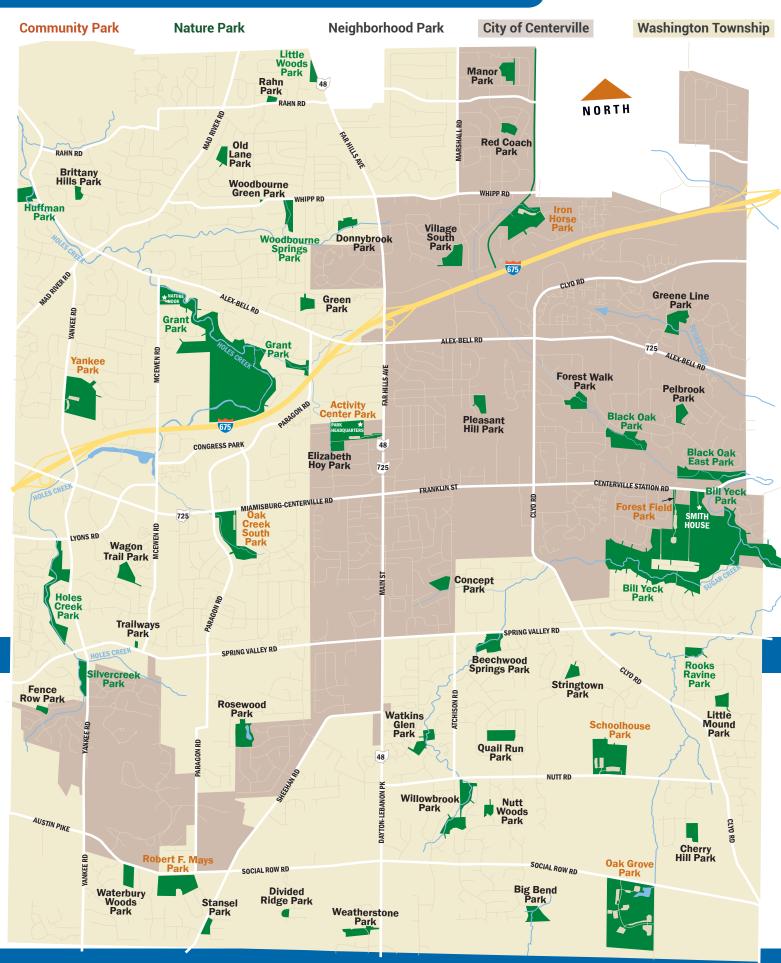
Mondays, January 30 – February 27 7:00 – 8:00 p.m.

Session B:

Saturdays, February 4 – March 4

11:00 a.m. - noon

An introduction to tai chi and qigong (pronounced *chi kung*) principles and form through Tai Chi Easy™ — a form created by Roger Jahnke, O.M.D. to make tai chi accessible and fun for everyone. Harvard School of Integrative Medicine tells us that the slow meditative movements, deep breathing and relaxation that is characteristic of tai chi practice create a special biological state that activates our capacity for body/ mind wellness and healing. Great for stress relief, post-illness or managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure, and helps maintain strong bones.



HOW TO REGISTER

Online (the first day of registration is online only)

Visit https://apm.activecommunities.com/cwpd/ to register. To expedite your registration, create an account prior to 10:00 a.m. on November 14. A valid email address is required. This site can be used for free programs and for fee-based programs using a debit or credit card. Payee will be shown as Active.com.

By Phone

Call us at (937) 433-5155 Monday – Friday between 8:00 a.m. and 4:30 p.m. Please have your credit card ready for fee-based programs. Phone registration begins one day later than online registration, November 14 for residents and November 21 for nonresidents.

In Person

Visit Park District headquarters at 221 N. Main Street Monday – Friday between 8:00 a.m. and 4:30 p.m. You may pay with cash, check or credit card. Make checks payable to CWPD or Centerville-Washington Park District. In-person registration begins one day later than online registration, November 14 for residents and November 21 for nonresidents.

Registration and Refund Policy

- Residents may register members of their family and one other resident family.
- Our intent is that program participants be completely satisfied with their experience! If participants are not satisfied with their program experience, or they are unable to participate in a program for any reason, they may repeat the program at no charge, receive credit toward future fees, or receive a refund.

Centerville-Washington Park District Program Release

When registering for or attending any Park District program, you are required to agree to the following statement:

In consideration of your accepting my entry or my child's entry, I hereby, for myself or my child, release, indemnify and hold harmless the Centerville-Washington Park District, its Commissioners, Agents, Employees and Assignees from any and all liability claims, actions, demands and judgments arising out of injury or loss sustained by me or my child while participating in activities or using facilities of the Centerville-Washington Park District.



Online **Resident** Registration Begins **Monday, November 14** at 10:00 a.m.





WINTER EVENTS AT-A-GLANCE

DECEMBER		JANUARY	
Fri, Dec 2	Ladies' Night Out:	Fri, Jan 6	Teddy Bear Hibernation
	Glass Etching	Sat, Jan 7	Chirp 'n Chatter
Sat, Dec 3	Chirp 'n Chatter	Sat, Jan 7	All About Owls
Sat, Dec 3	Wet Felting & Needle Felting	Thurs, Jan 12	Ice Sculpture Demonstrations
	Workshop	Sat, Jan 14	Glass Etching
Sat, Dec 3	Past and Present Nature and	Mon, Jan 23	Chat with a Naturalist:
	History Hike	i	Northern Cardinals
Sun, Dec 4	Move & Groove, Kids' Zumba	Thurs, Jan 26	Winter-Style Campfire
Mon, Dec 5	Winter Pop-Up Park	I .	Sing-Along
	Challenge Begins	Sat, Jan 28	Tracking Challenge
Mon, Dec 5	Intergenerational Grand Gifts	I .	
Mon, Dec 5	Glass Fusing:	I	
	Holiday Ornaments	FEBRUARY	
Tues, Dec 6	Jungle Ssssscales	Fri, Feb 3	Intergenerational Very Special
Thurs, Dec 8	Glass Fusing:	!	Valentine
	Holiday Ornaments	Sat, Feb 4	Glass Fusing:
Fri, Dec 9	Luminary Walk	:	Handprint Suncatchers
Sat, Dec 10	Glass Fusing:	Sat, Feb 11	BUZZ! Pollinators in the Garden
	Snowman and Holly Plates	Mon, Feb 20	Hike with a Manager
Sat, Dec 10	Hike with a Manager	Wed, Feb 22	Shoe Decorating Workshop
Thurs, Dec 15	Barter Bazaar:	Thurs, Feb 23	Glass Fusing:
	Crafting Supplies	I	Flower Garden Window
Sat, Dec 17	Ho! Ho! Ho!	Fri, Feb 24	Coloring & Confections
	Let's Play in the Snow!	Sat, Feb 25	Winter Birding
Mon, Dec 19	Jingle Bell Rec	L	
Wed, Dec 21	Build a Birdhouse		