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FOR IMMEDIATE RELEASE

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Subject: Opt Outside with Walk Off the Wobble!

CENTERVILLE, OH: The #OptOutside movement began in 2015 when REI, an outdoor recreation and sporting goods retailer, closed their stores on Black Friday and paid their employees to go outside and play! The movement grew beyond REI when the world took notice of their decision and began joining in. If you are looking for an alternative to Black Friday shopping this year, Centerville-Washington Park District has an event allowing you to opt outside! The Park District is sponsoring Walk Off the Wobble, a new event encouraging people to get some fresh air and exercise the day after Thanksgiving. To join in the fun, go to the paved Iron Horse Trail, 6161 Millshire Dr., Friday morning at 9:30 a.m. to walk off your delicious Thanksgiving feast. All ages are welcome! The trail is stroller friendly.

Preregistration is required for Walk Off the Wobble at www.cwpd.org.

The Centerville-Washington Park District operates eight community parks, nine nature parks, and 33 neighborhood parks encompassing more than 1,000 acres in Centerville and Washington Township. For more information about the Centerville-Washington Park District, please call (937) 433-5155 or visit www.cwpd.org.

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